

1 - ONMK 2024 lb Sessie 1

02-05-2024 - 12:30

Programmanr. 1
02-05-2024 - 12:30

Heren, 1500m vrije slag
Pauze na serie 4 / Break after heat 4

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Janne Englebert	Hieronymus	NED 200101561	17:24.30	+0.65			
	50m: 30.21	30.21	450m: 5:07.22	34.81	850m: 9:47.46	34.94	1250m: 14:28.81	34.90
	100m: 1:03.70	33.49	500m: 5:42.52	35.30	900m: 10:22.43	34.97	1300m: 15:04.16	35.35
	150m: 1:38.16	34.46	550m: 6:17.32	34.80	950m: 10:57.27	34.84	1350m: 15:38.95	34.79
	200m: 2:12.94	34.78	600m: 6:52.14	34.82	1000m: 11:32.73	35.46	1400m: 16:14.49	35.54
	250m: 2:47.82	34.88	650m: 7:27.03	34.89	1050m: 12:07.88	35.15	1450m: 16:49.65	35.16
	300m: 3:22.61	34.79	700m: 8:02.04	35.01	1100m: 12:43.38	35.50	1500m: 17:24.30	34.65
	350m: 3:57.62	35.01	750m: 8:37.05	35.01	1150m: 13:18.37	34.99		
	400m: 4:32.41	34.79	800m: 9:12.52	35.47	1200m: 13:53.91	35.54		
2.	Tenzin Tieman	Old Dutch	NED 200005549	17:59.26	+0.83			
	50m: 30.89	30.89	450m: 5:15.09	35.59	850m: 10:05.63	36.32	1250m: 14:57.63	36.84
	100m: 1:05.21	34.32	500m: 5:51.19	36.10	900m: 10:41.91	36.28	1300m: 15:35.08	37.45
	150m: 1:40.14	34.93	550m: 6:27.00	35.81	950m: 11:18.07	36.16	1350m: 16:11.42	36.34
	200m: 2:15.69	35.55	600m: 7:03.59	36.59	1000m: 11:54.37	36.30	1400m: 16:48.12	36.70
	250m: 2:51.53	35.84	650m: 7:39.76	36.17	1050m: 12:30.67	36.30	1450m: 17:24.45	36.33
	300m: 3:28.07	36.54	700m: 8:16.32	36.56	1100m: 13:07.01	36.34	1500m: 17:59.26	34.81
	350m: 4:03.74	35.67	750m: 8:52.70	36.38	1150m: 13:43.60	36.59		
	400m: 4:39.50	35.76	800m: 9:29.31	36.61	1200m: 14:20.79	37.19		
3.	Tom Balsen Versteeg	De Warande	NED 200005673	18:23.97	+0.59			
	50m: 30.53	30.53	450m: 5:15.81	35.97	850m: 10:11.96	37.96	1250m: 15:16.35	38.38
	100m: 1:04.84	34.31	500m: 5:51.91	36.10	900m: 10:49.52	37.56	1300m: 15:55.61	39.26
	150m: 1:39.70	34.86	550m: 6:28.11	36.20	950m: 11:27.65	38.13	1350m: 16:33.53	37.92
	200m: 2:15.19	35.49	600m: 7:04.65	36.54	1000m: 12:06.03	38.38	1400m: 17:11.82	38.29
	250m: 2:51.07	35.88	650m: 7:41.03	36.38	1050m: 12:43.79	37.76	1450m: 17:48.77	36.95
	300m: 3:27.39	36.32	700m: 8:18.27	37.24	1100m: 13:22.06	38.27	1500m: 18:23.97	35.20
	350m: 4:03.58	36.19	750m: 8:56.61	38.34	1150m: 13:59.93	37.87		
	400m: 4:39.84	36.26	800m: 9:34.00	37.39	1200m: 14:37.97	38.04		
4.	Leon Kloots	ZPC De Hof	NED 200001363	19:21.97	+0.81			
	50m: 33.03	33.03	450m: 5:35.71	38.55	850m: 10:47.92	38.72	1250m: 16:04.12	38.71
	100m: 1:09.26	36.23	500m: 6:14.69	38.98	900m: 11:28.04	40.12	1300m: 16:44.30	40.18
	150m: 1:45.96	36.70	550m: 6:53.27	38.58	950m: 12:07.00	38.96	1350m: 17:23.86	39.56
	200m: 2:23.86	37.90	600m: 7:32.57	39.30	1000m: 12:46.90	39.90	1400m: 18:03.65	39.79
	250m: 3:01.73	37.87	650m: 8:11.62	39.05	1050m: 13:26.01	39.11	1450m: 18:43.09	39.44
	300m: 3:39.88	38.15	700m: 8:51.08	39.46	1100m: 14:05.78	39.77	1500m: 19:21.97	38.88
	350m: 4:18.20	38.32	750m: 9:29.79	38.71	1150m: 14:45.21	39.43		
	400m: 4:57.16	38.96	800m: 10:09.20	39.41	1200m: 15:25.41	40.20		
5.	Jaimy Voogt	ZOB'66	NED 200005881	22:09.37	+0.78			
	50m: 32.93	32.93	450m: 6:22.82	44.68	850m: 12:28.55	44.42	1250m: 18:27.82	44.45
	100m: 1:12.01	39.08	500m: 7:08.08	45.26	900m: 13:14.35	45.80	1300m: 19:14.65	46.83
	150m: 1:54.22	42.21	550m: 7:53.58	45.50	950m: 13:58.26	43.91	1350m: 19:59.23	44.58
	200m: 2:38.36	44.14	600m: 8:39.48	45.90	1000m: 14:44.75	46.49	1400m: 20:45.13	45.90
	250m: 3:21.74	43.38	650m: 9:24.36	44.88	1050m: 15:28.92	44.17	1450m: 21:30.72	45.59
	300m: 4:07.30	45.56	700m: 10:11.68	47.32	1100m: 16:14.24	45.32	1500m: 22:09.37	38.65
	350m: 4:52.96	45.66	750m: 10:58.26	46.58	1150m: 16:57.99	43.75		
	400m: 5:38.14	45.18	800m: 11:44.13	45.87	1200m: 17:43.37	45.38		

Masters 25+

1.	Jeffrey Camphens	Team Noord Holland (SG)	NED 199503113	18:43.86	+0.73			
	50m: 34.14	34.14	450m: 5:35.06	37.98	850m: 10:37.68	38.05	1250m: 15:40.62	37.34
	100m: 1:11.32	37.18	500m: 6:12.26	37.20	900m: 11:15.45	37.77	1300m: 16:18.28	37.66
	150m: 1:49.11	37.79	550m: 6:49.81	37.55	950m: 11:53.60	38.15	1350m: 16:56.10	37.82
	200m: 2:26.12	37.01	600m: 7:27.28	37.47	1000m: 12:31.27	37.67	1400m: 17:32.92	36.82
	250m: 3:04.05	37.93	650m: 8:05.62	38.34	1050m: 13:09.57	38.30	1450m: 18:09.32	36.40
	300m: 3:41.46	37.41	700m: 8:43.60	37.98	1100m: 13:47.61	38.04	1500m: 18:43.86	34.54
	350m: 4:19.79	38.33	750m: 9:21.86	38.26	1150m: 14:25.45	37.84		
	400m: 4:57.08	37.29	800m: 9:59.63	37.77	1200m: 15:03.28	37.83		
2.	Jordy van Oel	WVZ	NED 199802003	19:25.74	+0.76			
	50m: 30.98	30.98	450m: 5:32.11	37.76	850m: 10:47.31	39.46	1250m: 16:06.75	40.54
	100m: 1:07.15	36.17	500m: 6:11.14	39.03	900m: 11:26.74	39.43	1300m: 16:46.97	40.22
	150m: 1:44.52	37.37	550m: 6:50.33	39.19	950m: 12:05.25	38.51	1350m: 17:27.23	40.26
	200m: 2:21.91	37.39	600m: 7:29.77	39.44	1000m: 12:45.08	39.83	1400m: 18:06.95	39.72
	250m: 2:59.86	37.95	650m: 8:09.00	39.23	1050m: 13:25.17	40.09	1450m: 18:46.56	39.61
	300m: 3:38.19	38.33	700m: 8:48.66	39.66	1100m: 14:05.28	40.11	1500m: 19:25.74	39.18
	350m: 4:15.95	37.76	750m: 9:27.95	39.29	1150m: 14:45.30	40.02		
	400m: 4:54.35	38.40	800m: 10:07.85	39.90	1200m: 15:26.21	40.91		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
3.	Lars Jacobsen	DWK	19:38.06	+0.78	661			
	50m: 31.39	31.39	450m: 5:33.51	32.78	850m: 11:01.66	39.77	1250m: 16:23.52	39.37
	100m: 1:07.32	35.93	500m: 6:19.70	46.19	900m: 11:42.90	41.24	1300m: 17:04.22	40.70
	150m: 1:44.91	37.59	550m: 6:59.62	39.92	950m: 12:22.57	39.67	1350m: 17:44.38	40.16
	200m: 2:23.50	38.59	600m: 7:40.93	41.31	1000m: 13:02.51	39.94	1400m: 18:24.58	40.20
	250m: 3:02.80	39.30	650m: 8:20.70	39.77	1050m: 13:41.94	39.43	1450m: 19:02.39	37.81
	300m: 3:42.41	39.61	700m: 9:01.52	40.82	1100m: 14:22.82	40.88	1500m: 19:38.06	35.67
	350m: 4:21.36	38.95	750m: 9:41.49	39.97	1150m: 15:02.59	39.77		
	400m: 5:00.73	39.37	800m: 10:21.89	40.40	1200m: 15:44.15	41.56		
4.	Colin Degenars	ZPCH	20:09.38	+0.80	611			
	50m: 32.94	32.94	450m: 5:53.91	40.24	850m: 11:20.59	40.83	1250m: 16:50.08	41.29
	100m: 1:10.64	37.70	500m: 6:34.58	40.67	900m: 12:02.04	41.45	1300m: 17:31.59	41.51
	150m: 1:50.45	39.81	550m: 7:15.19	40.61	950m: 12:42.61	40.57	1350m: 18:12.25	40.66
	200m: 2:30.52	40.07	600m: 7:56.41	41.22	1000m: 13:23.42	40.81	1400m: 18:53.41	41.16
	250m: 3:10.75	40.23	650m: 8:37.31	40.90	1050m: 14:05.38	41.96	1450m: 19:32.24	38.83
	300m: 3:51.68	40.93	700m: 9:18.14	40.83	1100m: 14:46.44	41.06	1500m: 20:09.38	37.14
	350m: 4:32.46	40.78	750m: 9:58.94	40.80	1150m: 15:27.43	40.99		
	400m: 5:13.67	41.21	800m: 10:39.76	40.82	1200m: 16:08.79	41.36		
5.	Sven Dubbeld	De Schotejil	21:00.68	+0.85				
	50m: 34.90	34.90	450m: 6:09.70	42.93	850m: 11:52.95	42.74	1250m: 17:36.61	42.22
	100m: 1:14.57	39.67	500m: 6:53.01	43.31	900m: 12:35.71	42.76	1300m: 18:19.06	42.45
	150m: 1:56.15	41.58	550m: 7:35.60	42.59	950m: 13:18.82	43.11	1350m: 19:01.36	42.30
	200m: 2:38.36	42.21	600m: 8:18.78	43.18	1000m: 14:01.95	43.13	1400m: 19:43.27	41.91
	250m: 3:20.52	42.16	650m: 9:02.11	43.33	1050m: 14:45.39	43.44	1450m: 20:25.28	42.01
	300m: 4:02.46	41.94	700m: 9:44.91	42.80	1100m: 15:28.95	43.56	1500m: 21:00.68	35.40
	350m: 4:44.47	42.01	750m: 10:27.33	42.42	1150m: 16:11.97	43.02		
	400m: 5:26.77	42.30	800m: 11:10.21	42.88	1200m: 16:54.39	42.42		

Masters 30+

1.	Tim Bunnik	Triton	19:26.11	+0.80				
	50m: 33.84	33.84	450m: 5:49.87	39.33	850m: 11:02.81	38.89	1250m: 16:16.48	39.49
	100m: 1:12.51	38.67	500m: 6:29.23	39.36	900m: 11:41.88	39.07	1300m: 16:55.93	39.45
	150m: 1:51.59	39.08	550m: 7:08.18	38.95	950m: 12:20.91	39.03	1350m: 17:34.90	38.97
	200m: 2:31.21	39.62	600m: 7:47.17	38.99	1000m: 13:00.42	39.51	1400m: 18:13.90	39.00
	250m: 3:11.10	39.89	650m: 8:26.32	39.15	1050m: 13:39.97	39.55	1450m: 18:51.38	37.48
	300m: 3:51.20	40.10	700m: 9:05.85	39.53	1100m: 14:19.45	39.48	1500m: 19:26.11	34.73
	350m: 4:31.05	39.85	750m: 9:44.59	38.74	1150m: 14:58.13	38.68		
	400m: 5:10.54	39.49	800m: 10:23.92	39.33	1200m: 15:36.99	38.86		
2.	Patrick Creemers	Patrick-De Roersoppers (SG)	19:45.73	+0.77				
	50m: 31.42	31.42	450m: 5:37.93	39.44	850m: 10:58.73	40.31	1250m: 16:23.45	40.22
	100m: 1:07.28	35.86	500m: 6:18.46	40.53	900m: 11:39.28	40.55	1300m: 17:04.23	40.78
	150m: 1:44.58	37.30	550m: 6:58.64	40.18	950m: 12:20.21	40.93	1350m: 17:45.19	40.96
	200m: 2:22.83	38.25	600m: 7:39.02	40.38	1000m: 13:00.57	40.36	1400m: 18:25.79	40.60
	250m: 3:01.62	38.79	650m: 8:19.31	40.29	1050m: 13:40.96	40.39	1450m: 19:06.25	40.46
	300m: 3:40.38	38.76	700m: 8:58.97	39.66	1100m: 14:20.80	39.84	1500m: 19:45.73	39.48
	350m: 4:19.30	38.92	750m: 9:38.78	39.81	1150m: 15:01.50	40.70		
	400m: 4:58.49	39.19	800m: 10:18.42	39.64	1200m: 15:43.23	41.73		
3.	Jeroen Matthijssen	AZC	20:43.84	+0.72				
	50m: 30.98	30.98	450m: 5:47.29	41.88	850m: 11:24.98	43.01	1250m: 17:06.85	43.13
	100m: 1:06.26	35.28	500m: 6:29.80	42.51	900m: 12:07.74	42.76	1300m: 17:50.04	43.19
	150m: 1:43.49	37.23	550m: 7:11.27	41.47	950m: 12:50.87	43.13	1350m: 18:33.50	43.46
	200m: 2:22.92	39.43	600m: 7:53.41	42.14	1000m: 13:33.07	42.20	1400m: 19:15.95	42.45
	250m: 3:02.80	39.88	650m: 8:35.61	42.20	1050m: 14:15.81	42.74	1450m: 19:59.59	43.64
	300m: 3:42.90	40.10	700m: 9:17.82	42.21	1100m: 14:58.55	42.74	1500m: 20:43.84	44.25
	350m: 4:23.92	41.02	750m: 9:59.59	41.77	1150m: 15:40.83	42.28		
	400m: 5:05.41	41.49	800m: 10:41.97	42.38	1200m: 16:23.72	42.89		
4.	Niels Bent	WS Twente	21:18.58	+0.85				
	50m: 35.00	35.00	450m: 6:10.47	42.95	850m: 11:55.00	43.09	1250m: 17:45.06	43.41
	100m: 1:14.04	39.04	500m: 6:53.62	43.15	900m: 12:38.36	43.36	1300m: 18:28.80	43.74
	150m: 1:54.77	40.73	550m: 7:36.79	43.17	950m: 13:22.37	44.01	1350m: 19:12.05	43.25
	200m: 2:37.19	42.42	600m: 8:19.94	43.15	1000m: 14:06.35	43.98	1400m: 19:54.91	42.86
	250m: 3:20.14	42.95	650m: 9:03.18	43.24	1050m: 14:50.68	44.33	1450m: 20:37.18	42.27
	300m: 4:02.48	42.34	700m: 9:46.43	43.25	1100m: 15:33.80	43.12	1500m: 21:18.58	41.40
	350m: 4:44.93	42.45	750m: 10:29.07	42.64	1150m: 16:17.51	43.71		
	400m: 5:27.52	42.59	800m: 11:11.91	42.84	1200m: 17:01.65	44.14		
5.	Marc Hoogendam	Blue Marlins	21:54.91	+0.71				
	50m: 33.61	33.61	450m: 6:16.19	45.10	850m: 12:15.98	45.59	1250m: 18:21.19	45.22
	100m: 1:13.07	39.46	500m: 7:00.56	44.37	900m: 13:01.75	45.77	1300m: 19:05.18	43.99
	150m: 1:54.22	41.15	550m: 7:44.79	44.23	950m: 13:46.74	44.99	1350m: 19:48.74	43.56
	200m: 2:36.19	41.97	600m: 8:29.65	44.86	1000m: 14:33.03	46.29	1400m: 20:31.62	42.88
	250m: 3:18.69	42.50	650m: 9:14.27	44.62	1050m: 15:18.77	45.74	1450m: 21:14.17	42.55
	300m: 4:02.86	44.17	700m: 9:59.68	45.41	1100m: 16:04.76	45.99	1500m: 21:54.91	40.74
	350m: 4:46.44	43.58	750m: 10:44.52	44.84	1150m: 16:50.68	45.92		
	400m: 5:31.09	44.65	800m: 11:30.39	45.87	1200m: 17:35.97	45.29		





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag

Masters 35+

1. Ozkan Dizar		Uskudar su sporlari kulubu		TUR		19:12.89		+0.76			
<i>Turkish Masters Redord</i>											
50m:	33.13	33.13	450m:	5:35.94	38.69	850m:	10:46.59	38.87	1250m:	15:59.76	39.43
100m:	1:09.68	36.55	500m:	6:14.41	38.47	900m:	11:25.67	39.08	1300m:	16:39.00	39.24
150m:	1:46.95	37.27	550m:	6:53.61	39.20	950m:	12:04.87	39.20	1350m:	17:18.65	39.65
200m:	2:24.72	37.77	600m:	7:32.42	38.81	1000m:	12:43.84	38.97	1400m:	17:57.95	39.30
250m:	3:02.64	37.92	650m:	8:11.36	38.94	1050m:	13:22.90	39.06	1450m:	18:36.86	38.91
300m:	3:40.56	37.92	700m:	8:50.05	38.69	1100m:	14:01.92	39.02	1500m:	19:12.89	36.03
350m:	4:18.88	38.32	750m:	9:28.98	38.93	1150m:	14:41.21	39.29			
400m:	4:57.25	38.37	800m:	10:07.72	38.74	1200m:	15:20.33	39.12			
2. Niels Albrechts		De Schotejil		NED 198800039		19:25.36		+0.83			
50m:	33.67	33.67	450m:	5:40.60	38.74	850m:	10:54.07	39.02	1250m:	16:09.49	39.15
100m:	1:10.96	37.29	500m:	6:20.05	39.45	900m:	11:33.34	39.27	1300m:	16:50.19	40.70
150m:	1:48.98	38.02	550m:	6:58.99	38.94	950m:	12:12.64	39.30	1350m:	17:30.21	40.02
200m:	2:27.10	38.12	600m:	7:38.18	39.19	1000m:	12:52.23	39.59	1400m:	18:10.28	40.07
250m:	3:05.28	38.18	650m:	8:16.98	38.80	1050m:	13:31.60	39.37	1450m:	18:49.31	39.03
300m:	3:44.12	38.84	700m:	8:56.32	39.34	1100m:	14:10.91	39.31	1500m:	19:25.36	36.05
350m:	4:22.86	38.74	750m:	9:35.10	38.78	1150m:	14:49.99	39.08			
400m:	5:01.86	39.00	800m:	10:15.05	39.95	1200m:	15:30.34	40.35			
3. Wessel Everloo		WS Twente		NED 198906597		S14 19:35.82		+0.87		665	
50m:	33.45	33.45	450m:	5:42.36	39.77	850m:	10:57.77	39.78	1250m:	16:18.76	41.18
100m:	1:10.44	36.99	500m:	6:21.82	39.46	900m:	11:37.07	39.30	1300m:	16:59.13	40.37
150m:	1:48.80	38.36	550m:	7:01.03	39.21	950m:	12:16.64	39.57	1350m:	17:40.02	40.89
200m:	2:27.03	38.23	600m:	7:41.26	40.23	1000m:	12:57.40	40.76	1400m:	18:20.20	40.18
250m:	3:05.15	38.12	650m:	8:20.14	38.88	1050m:	13:36.63	39.23	1450m:	18:59.34	39.14
300m:	3:44.12	38.97	700m:	8:59.74	39.60	1100m:	14:16.46	39.83	1500m:	19:35.82	36.48
350m:	4:23.30	39.18	750m:	9:38.54	38.80	1150m:	14:56.33	39.87			
400m:	5:02.59	39.29	800m:	10:17.99	39.45	1200m:	15:37.58	41.25			
4. Mark Godwaldt		PSV		NED 198701039		21:55.52		+0.86			
50m:	34.36	34.36	450m:	6:17.39	43.94	850m:	12:16.35	44.63	1250m:	18:12.73	45.10
100m:	1:15.44	41.08	500m:	7:01.98	44.59	900m:	13:01.41	45.06	1300m:	18:57.72	44.99
150m:	1:56.79	41.35	550m:	7:46.20	44.22	950m:	13:46.52	45.11	1350m:	19:42.16	44.44
200m:	2:40.06	43.27	600m:	8:31.33	45.13	1000m:	14:31.78	45.26	1400m:	20:27.37	45.21
250m:	3:23.39	43.33	650m:	9:16.42	45.09	1050m:	15:15.79	44.01	1450m:	21:12.11	44.74
300m:	4:06.65	43.26	700m:	10:01.44	45.02	1100m:	16:00.18	44.39	1500m:	21:55.52	43.41
350m:	4:50.02	43.37	750m:	10:46.15	44.71	1150m:	16:42.80	42.62			
400m:	5:33.45	43.43	800m:	11:31.72	45.57	1200m:	17:27.63	44.83			
5. Sander van Tilburg		De Biesboschzwemmers		NED 198604609		22:21.13		+0.83			
50m:	38.83	38.83	450m:	6:37.77	45.33	850m:	12:40.46	44.96	1250m:	18:42.80	45.20
100m:	1:22.02	43.19	500m:	7:22.93	45.16	900m:	13:26.04	45.58	1300m:	19:28.35	45.55
150m:	2:06.85	44.83	550m:	8:08.25	45.32	950m:	14:11.40	45.36	1350m:	20:12.70	44.35
200m:	2:51.33	44.48	600m:	8:53.65	45.40	1000m:	14:56.94	45.54	1400m:	20:57.58	44.88
250m:	3:36.32	44.99	650m:	9:39.15	45.50	1050m:	15:42.29	45.35	1450m:	21:40.79	43.21
300m:	4:21.61	45.29	700m:	10:24.58	45.43	1100m:	16:27.99	45.70	1500m:	22:21.13	40.34
350m:	5:06.72	45.11	750m:	11:10.00	45.42	1150m:	17:12.75	44.76			
400m:	5:52.44	45.72	800m:	11:55.50	45.50	1200m:	17:57.60	44.85			
6. Rudi Butselaar		GoSwim		NED 198700577		25:16.38		+0.85			
50m:	38.18	38.18	450m:	7:06.79	50.90	850m:	13:59.83	52.15	1250m:	20:55.07	51.56
100m:	1:21.94	43.76	500m:	7:58.42	51.63	900m:	14:50.91	51.08	1300m:	21:46.94	51.87
150m:	2:07.75	45.81	550m:	8:49.96	51.54	950m:	15:43.56	52.65	1350m:	22:39.50	52.56
200m:	2:56.16	48.41	600m:	9:41.88	51.92	1000m:	16:35.38	51.82	1400m:	23:31.92	52.42
250m:	3:44.48	48.32	650m:	10:33.32	51.44	1050m:	17:28.06	52.68	1450m:	24:24.76	52.84
300m:	4:34.44	49.96	700m:	11:24.58	51.26	1100m:	18:19.79	51.73	1500m:	25:16.38	51.62
350m:	5:25.56	51.12	750m:	12:16.43	51.85	1150m:	19:12.07	52.28			
400m:	6:15.89	50.33	800m:	13:07.68	51.25	1200m:	20:03.51	51.44			

Masters 40+

1. Frank v.d. Voordt		De Schotejil		NED 198302259		19:13.45		+0.80			
50m:	33.15	33.15	450m:	5:40.56	38.57	850m:	10:49.60	38.71	1250m:	15:59.89	38.47
100m:	1:10.14	36.99	500m:	6:19.49	38.93	900m:	11:28.67	39.07	1300m:	16:38.91	39.02
150m:	1:48.33	38.19	550m:	6:57.77	38.28	950m:	12:07.34	38.67	1350m:	17:18.16	39.25
200m:	2:27.19	38.86	600m:	7:36.57	38.80	1000m:	12:46.21	38.87	1400m:	17:57.43	39.27
250m:	3:05.97	38.78	650m:	8:15.07	38.50	1050m:	13:25.05	38.84	1450m:	18:35.75	38.32
300m:	3:44.84	38.87	700m:	8:53.74	38.67	1100m:	14:03.63	38.58	1500m:	19:13.45	37.70
350m:	4:22.98	38.14	750m:	9:32.17	38.43	1150m:	14:42.23	38.60			
400m:	5:01.99	39.01	800m:	10:10.89	38.72	1200m:	15:21.42	39.19			



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA
2.	Martin van Vaardegem	GoSwim	NED 198201767				23:32.18	+0.86	
	50m: 38.17	38.17	450m: 6:51.44	47.36	850m: 13:10.15	47.52	1250m: 19:33.54	48.19	
	100m: 1:22.04	43.87	500m: 7:39.34	47.90	900m: 13:57.90	47.75	1300m: 20:21.69	48.15	
	150m: 2:08.02	45.98	550m: 8:26.77	47.43	950m: 14:45.41	47.51	1350m: 21:09.87	48.18	
	200m: 2:54.64	46.62	600m: 9:13.99	47.22	1000m: 15:33.32	47.91	1400m: 21:58.32	48.45	
	250m: 3:41.97	47.33	650m: 10:00.92	46.93	1050m: 16:21.16	47.84	1450m: 22:46.38	48.06	
	300m: 4:28.93	46.96	700m: 10:48.06	47.14	1100m: 17:09.26	48.10	1500m: 23:32.18	45.80	
	350m: 5:16.56	47.63	750m: 11:35.49	47.43	1150m: 17:57.15	47.89			
	400m: 6:04.08	47.52	800m: 12:22.63	47.14	1200m: 18:45.35	48.20			
3.	Arne-Willem Kroonen	PSV	NED 198401297				23:43.18	+0.89	
	50m: 39.83	39.83	450m: 6:49.14	47.51	850m: 13:16.29	48.54	1250m: 19:50.78	50.18	
	100m: 1:24.52	44.69	500m: 7:37.17	48.03	900m: 14:05.28	48.99	1300m: 20:40.30	49.52	
	150m: 2:09.20	44.68	550m: 8:25.78	48.61	950m: 14:54.32	49.04	1350m: 21:30.12	49.82	
	200m: 2:55.11	45.91	600m: 9:14.00	48.22	1000m: 15:43.08	48.76	1400m: 22:17.43	47.31	
	250m: 3:41.02	45.91	650m: 10:02.25	48.25	1050m: 16:32.23	49.15	1450m: 23:02.84	45.41	
	300m: 4:27.46	46.44	700m: 10:50.86	48.61	1100m: 17:21.52	49.29	1500m: 23:43.18	40.34	
	350m: 5:14.62	47.16	750m: 11:39.50	48.64	1150m: 18:10.83	49.31			
	400m: 6:01.63	47.01	800m: 12:27.75	48.25	1200m: 19:00.60	49.77			

Masters 45+

1.	Ben Rutten	Flemish Ardennes Swimming Team	BEL FAST/1100676				18:52.00	+1.06	
	50m: 33.55	33.55	450m: 5:33.97	37.48	850m: 10:37.16	37.97	1250m: 15:41.68	38.16	
	100m: 1:11.20	37.65	500m: 6:11.45	37.48	900m: 11:15.14	37.98	1300m: 16:19.53	37.85	
	150m: 1:48.44	37.24	550m: 6:49.31	37.86	950m: 11:52.89	37.75	1350m: 16:57.80	38.27	
	200m: 2:26.23	37.79	600m: 7:27.21	37.90	1000m: 12:30.82	37.93	1400m: 17:35.74	37.94	
	250m: 3:03.73	37.50	650m: 8:05.23	38.02	1050m: 13:08.89	38.07	1450m: 18:14.24	38.50	
	300m: 3:41.38	37.65	700m: 8:43.33	38.10	1100m: 13:47.01	38.12	1500m: 18:52.00	37.76	
	350m: 4:18.80	37.42	750m: 9:21.06	37.73	1150m: 14:25.23	38.22			
	400m: 4:56.49	37.69	800m: 9:59.19	38.13	1200m: 15:03.52	38.29			
2.	Mark Sponeck	San Giljan ASC	MLT 388523M				19:53.89	+0.73	
	<i>Maltese Masters Record</i>								
	50m: 33.55	33.55	450m: 5:43.56	39.78	850m: 11:03.41	40.14	1250m: 16:29.16	41.53	
	100m: 1:09.83	36.28	500m: 6:23.57	40.01	900m: 11:43.77	40.36	1300m: 17:10.42	41.26	
	150m: 1:47.12	37.29	550m: 7:03.42	39.85	950m: 12:24.05	40.28	1350m: 17:51.46	41.04	
	200m: 2:26.21	39.09	600m: 7:43.37	39.95	1000m: 13:04.61	40.56	1400m: 18:33.12	41.66	
	250m: 3:05.18	38.97	650m: 8:23.11	39.74	1050m: 13:44.93	40.32	1450m: 19:14.34	41.22	
	300m: 3:44.69	39.51	700m: 9:03.20	40.09	1100m: 14:25.65	40.72	1500m: 19:53.89	39.55	
	350m: 4:23.87	39.18	750m: 9:43.00	39.80	1150m: 15:06.36	40.71			
	400m: 5:03.78	39.91	800m: 10:23.27	40.27	1200m: 15:47.63	41.27			
3.	Freddie Geerlings	Zwemsport Parkstad	NED 197900379				20:46.71	+0.90	
	50m: 34.68	34.68	450m: 6:03.23	41.90	850m: 11:41.50	42.41	1250m: 17:20.58	42.12	
	100m: 1:14.24	39.56	500m: 6:45.34	42.11	900m: 12:24.44	42.94	1300m: 18:02.78	42.20	
	150m: 1:54.69	40.45	550m: 7:27.24	41.90	950m: 13:07.02	42.58	1350m: 18:44.64	41.86	
	200m: 2:35.61	40.92	600m: 8:09.75	42.51	1000m: 13:49.72	42.70	1400m: 19:26.94	42.30	
	250m: 3:16.20	40.59	650m: 8:52.09	42.34	1050m: 14:32.45	42.73	1450m: 20:07.64	40.70	
	300m: 3:57.86	41.66	700m: 9:34.70	42.61	1100m: 15:14.82	42.37	1500m: 20:46.71	39.07	
	350m: 4:39.51	41.65	750m: 10:16.77	42.07	1150m: 15:56.38	41.56			
	400m: 5:21.33	41.82	800m: 10:59.09	42.32	1200m: 16:38.46	42.08			
4.	Ruud Holswilder	ZPCH	NED 197800435				21:00.51	+0.78	
	50m: 34.39	34.39	450m: 6:12.89	43.36	850m: 11:50.29	42.06	1250m: 17:33.50	43.49	
	100m: 1:14.20	39.81	500m: 6:54.86	41.97	900m: 12:32.48	42.19	1300m: 18:16.92	43.42	
	150m: 1:55.88	41.68	550m: 7:37.37	42.51	950m: 13:15.35	42.87	1350m: 19:00.33	43.41	
	200m: 2:37.62	41.74	600m: 8:19.12	41.75	1000m: 13:57.62	42.27	1400m: 19:43.12	42.79	
	250m: 3:20.56	42.94	650m: 9:02.33	43.21	1050m: 14:40.77	43.15	1450m: 20:24.83	41.71	
	300m: 4:03.36	42.80	700m: 9:44.04	41.71	1100m: 15:23.62	42.85	1500m: 21:00.51	35.68	
	350m: 4:46.95	43.59	750m: 10:26.84	42.80	1150m: 16:06.89	43.27			
	400m: 5:29.53	42.58	800m: 11:08.23	41.39	1200m: 16:50.01	43.12			
5.	Erwin Zuidervelt	AZ&PC De Futen	NED 197501015				22:16.12	+0.88	
	50m: 38.61	38.61	450m: 6:27.42	43.68	850m: 12:27.22	45.01	1250m: 18:31.58	46.71	
	100m: 1:20.96	42.35	500m: 7:11.64	44.22	900m: 13:12.17	44.95	1300m: 19:17.68	46.10	
	150m: 2:04.39	43.43	550m: 7:56.47	44.83	950m: 13:57.42	45.25	1350m: 20:03.36	45.68	
	200m: 2:47.93	43.54	600m: 8:41.30	44.83	1000m: 14:42.58	45.16	1400m: 20:48.72	45.36	
	250m: 3:31.38	43.45	650m: 9:27.01	45.71	1050m: 15:28.18	45.60	1450m: 21:34.71	45.99	
	300m: 4:15.42	44.04	700m: 10:11.76	44.75	1100m: 16:12.75	44.57	1500m: 22:16.12	41.41	
	350m: 4:59.55	44.13	750m: 10:57.46	45.70	1150m: 16:57.94	45.19			
	400m: 5:43.74	44.19	800m: 11:42.21	44.75	1200m: 17:44.87	46.93			



Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA	
6.	Bart Liekens	ShaRK - Swimming Region KemrBEL SHARK/10374/79	22:20.99	+0.83		
	50m: 37.69	37.69 450m: 6:37.82	45.64 850m: 12:40.34	45.42	1250m: 18:42.12	45.17
	100m: 1:21.90	44.21 500m: 7:23.02	45.20 900m: 13:25.76	45.42	1300m: 19:27.21	45.09
	150m: 2:07.44	45.54 550m: 8:08.58	45.56 950m: 14:11.32	45.56	1350m: 20:11.91	44.70
	200m: 2:52.71	45.27 600m: 8:53.64	45.06 1000m: 14:56.50	45.18	1400m: 20:56.76	44.85
	250m: 3:36.49	43.78 650m: 9:38.95	45.31 1050m: 15:41.76	45.26	1450m: 21:40.82	44.06
	300m: 4:21.28	44.79 700m: 10:24.48	45.53 1100m: 16:26.88	45.12	1500m: 22:20.99	40.17
	350m: 5:06.59	45.31 750m: 11:09.74	45.26 1150m: 17:11.94	45.06		
	400m: 5:52.18	45.59 800m: 11:54.92	45.18 1200m: 17:56.95	45.01		
7.	Tom Bandsma	PSV NED 197701625	24:23.92	+1.18		
	50m: 39.80	39.80 450m: 6:58.31	48.92 850m: 13:36.20	50.20	1250m: 20:20.04	50.37
	100m: 1:23.78	43.98 500m: 7:47.52	49.21 900m: 14:27.10	50.90	1300m: 21:10.57	50.53
	150m: 2:09.51	45.73 550m: 8:37.01	49.49 950m: 15:17.19	50.09	1350m: 21:59.59	49.02
	200m: 2:56.24	46.73 600m: 9:26.30	49.29 1000m: 16:07.93	50.74	1400m: 22:50.13	50.54
	250m: 3:44.35	48.11 650m: 10:15.97	49.67 1050m: 16:57.81	49.88	1450m: 23:38.30	48.17
	300m: 4:32.11	47.76 700m: 11:06.02	50.05 1100m: 17:49.00	51.19	1500m: 24:23.92	45.62
	350m: 5:20.84	48.73 750m: 11:55.67	49.65 1150m: 18:39.64	50.64		
	400m: 6:09.39	48.55 800m: 12:46.00	50.33 1200m: 19:29.67	50.03		

Masters 50+

1.	Ingmar de Gelder *200m	ZOB'66 NED 197000333	20:45.59	+1.01		
	50m: 35.22	35.22 450m: 6:05.06	42.22 850m: 11:43.33	41.88	1250m: 17:20.27	41.15
	100m: 1:13.73	38.51 500m: 6:47.11	42.05 900m: 12:25.91	42.58	1300m: 18:02.69	42.42
	150m: 1:53.47	39.74 550m: 7:29.46	42.35 950m: 13:07.59	41.68	1350m: 18:44.13	41.44
	200m: 2:34.87	41.40 600m: 8:11.90	42.44 1000m: 13:49.68	42.09	1400m: 19:26.93	42.80
	250m: 3:16.44	41.57 650m: 8:54.22	42.32 1050m: 14:31.91	42.23	1450m: 20:08.06	41.13
	300m: 3:58.68	42.24 700m: 9:36.79	42.57 1100m: 15:14.54	42.63	1500m: 20:45.59	37.53
	350m: 4:40.65	41.97 750m: 10:18.99	42.20 1150m: 15:56.69	42.15		
	400m: 5:22.84	42.19 800m: 11:01.45	42.46 1200m: 16:39.12	42.43		
2.	Paul Bosch	Team Noord Holland (SG) NED 197201533	21:10.83	+0.87		
	50m: 37.97	37.97 450m: 6:14.03	42.36 850m: 11:54.08	43.00	1250m: 17:39.60	43.00
	100m: 1:19.24	41.27 500m: 6:56.10	42.07 900m: 12:37.00	42.92	1300m: 18:23.05	43.45
	150m: 2:01.13	41.89 550m: 7:37.98	41.88 950m: 13:20.30	43.30	1350m: 19:05.30	42.25
	200m: 2:43.01	41.88 600m: 8:20.02	42.04 1000m: 14:03.39	43.09	1400m: 19:47.71	42.41
	250m: 3:25.21	42.20 650m: 9:02.59	42.57 1050m: 14:46.06	42.67	1450m: 20:29.89	42.18
	300m: 4:07.26	42.05 700m: 9:45.43	42.84 1100m: 15:29.13	43.07	1500m: 21:10.83	40.94
	350m: 4:49.50	42.24 750m: 10:28.05	42.62 1150m: 16:12.51	43.38		
	400m: 5:31.67	42.17 800m: 11:11.08	43.03 1200m: 16:56.60	44.09		
3.	Chris Kouwenhoven	De Grunte NED 197101669	21:31.15			
	50m: 36.39	36.39 450m: 6:17.25	43.07 850m: 12:03.69	43.51	1250m: 17:53.83	43.62
	100m: 1:17.82	41.43 500m: 7:00.71	43.46 900m: 12:46.90	43.21	1300m: 18:37.78	43.95
	150m: 1:59.62	41.80 550m: 7:44.07	43.36 950m: 13:30.60	43.70	1350m: 19:21.63	43.85
	200m: 2:42.04	42.42 600m: 8:27.62	43.55 1000m: 14:14.89	44.29	1400m: 20:05.41	43.78
	250m: 3:24.46	42.42 650m: 9:10.65	43.03 1050m: 14:58.55	43.66	1450m: 20:48.71	43.30
	300m: 4:07.41	42.95 700m: 9:53.56	42.91 1100m: 15:42.64	44.09	1500m: 21:31.15	42.44
	350m: 4:50.47	43.06 750m: 10:36.95	43.39 1150m: 16:26.08	43.44		
	400m: 5:34.18	43.71 800m: 11:20.18	43.23 1200m: 17:10.21	44.13		
4.	Eric Hoekman	WS Twente NED 197401531	21:56.54	+0.89		
	50m: 34.91	34.91 450m: 6:17.03	44.31 850m: 12:16.90	45.45	1250m: 18:17.64	45.66
	100m: 1:12.95	38.04 500m: 7:01.73	44.70 900m: 13:02.03	45.13	1300m: 19:02.36	44.72
	150m: 1:54.25	41.30 550m: 7:47.59	45.86 950m: 13:47.25	45.22	1350m: 19:46.83	44.47
	200m: 2:36.92	42.67 600m: 8:32.53	44.94 1000m: 14:30.70	43.45	1400m: 20:31.45	44.62
	250m: 3:20.68	43.76 650m: 9:17.12	44.59 1050m: 15:16.38	45.68	1450m: 21:15.40	43.95
	300m: 4:04.02	43.34 700m: 10:01.05	43.93 1100m: 16:01.22	44.84	1500m: 21:56.54	41.14
	350m: 4:48.68	44.66 750m: 10:46.60	45.55 1150m: 16:46.63	45.41		
	400m: 5:32.72	44.04 800m: 11:31.45	44.85 1200m: 17:31.98	45.35		
5.	Wouter van der Stelt	De Biesboschzwemmers NED 197200889	23:46.13	+1.01		
	50m: 38.20	38.20 450m: 6:52.05	47.12 850m: 13:16.16	48.58	1250m: 19:44.91	48.32
	100m: 1:22.10	43.90 500m: 7:40.25	48.20 900m: 14:04.84	48.68	1300m: 20:34.06	49.15
	150m: 2:07.94	45.84 550m: 8:27.42	47.17 950m: 14:53.09	48.25	1350m: 21:22.70	48.64
	200m: 2:54.78	46.84 600m: 9:15.36	47.94 1000m: 15:41.84	48.75	1400m: 22:10.86	48.16
	250m: 3:42.10	47.32 650m: 10:03.14	47.78 1050m: 16:30.12	48.28	1450m: 22:59.90	49.04
	300m: 4:29.46	47.36 700m: 10:50.86	47.72 1100m: 17:18.45	48.33	1500m: 23:46.13	46.23
	350m: 5:16.91	47.45 750m: 11:39.32	48.46 1150m: 18:07.14	48.69		
	400m: 6:04.93	48.02 800m: 12:27.58	48.26 1200m: 18:56.59	49.45		

Programmanr. 1, Heren, 1500m vrije slag

Masters 55+

1. Jan-Willem van den Berg	WVZ	NED	196801575	21:24.72	+0.76
50m: 36.01 36.01	450m: 6:15.11 42.65	850m: 11:57.37 42.66	1250m: 17:45.69 43.91		
100m: 1:16.82 40.81	500m: 6:57.87 42.76	900m: 12:40.42 43.05	1300m: 18:29.73 44.04		
150m: 1:59.00 42.18	550m: 7:40.49 42.62	950m: 13:23.28 42.86	1350m: 19:13.46 43.73		
200m: 2:41.75 42.75	600m: 8:23.34 42.85	1000m: 14:06.84 43.56	1400m: 19:57.59 44.13		
250m: 3:24.18 42.43	650m: 9:05.66 42.32	1050m: 14:49.95 43.11	1450m: 20:41.48 43.89		
300m: 4:07.13 42.95	700m: 9:48.63 42.97	1100m: 15:33.70 43.75	1500m: 21:24.72 43.24		
350m: 4:49.63 42.50	750m: 10:31.65 43.02	1150m: 16:16.95 43.25			
400m: 5:32.46 42.83	800m: 11:14.71 43.06	1200m: 17:01.78 44.83			
2. Leon Slingerland *100m	WVZ	NED	196801707	21:59.13	+0.90
50m: 36.79 36.79	450m: 6:30.54 44.68	850m: 12:25.86 44.04	1250m: 18:20.68 44.35		
100m: 1:18.98 42.19	500m: 7:15.66 45.12	900m: 13:10.03 44.17	1300m: 19:05.64 44.96		
150m: 2:02.54 43.56	550m: 8:00.27 44.61	950m: 13:53.94 43.91	1350m: 19:49.60 43.96		
200m: 2:46.53 43.99	600m: 8:45.09 44.82	1000m: 14:38.28 44.34	1400m: 20:34.94 45.34		
250m: 3:31.43 44.90	650m: 9:29.46 44.37	1050m: 15:21.98 43.70	1450m: 21:18.24 43.30		
300m: 4:16.27 44.84	700m: 10:13.76 44.30	1100m: 16:06.96 44.98	1500m: 21:59.13 40.89		
350m: 5:00.92 44.65	750m: 10:58.03 44.27	1150m: 16:51.36 44.40			
400m: 5:45.86 44.94	800m: 11:41.82 43.79	1200m: 17:36.33 44.97			
3. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	22:31.25	+0.87
50m: 38.55 38.55	450m: 6:42.87 45.65	850m: 12:48.30 45.20	1250m: 18:50.24 44.74		
100m: 1:22.74 44.19	500m: 7:29.24 46.37	900m: 13:33.69 45.39	1300m: 19:35.43 45.19		
150m: 2:07.51 44.77	550m: 8:14.83 45.59	950m: 14:18.91 45.22	1350m: 20:20.12 44.69		
200m: 2:53.16 45.65	600m: 9:00.86 46.03	1000m: 15:04.49 45.58	1400m: 21:05.48 45.36		
250m: 3:38.43 45.27	650m: 9:46.10 45.24	1050m: 15:49.72 45.23	1450m: 21:48.43 42.95		
300m: 4:24.77 46.34	700m: 10:32.16 46.06	1100m: 16:34.90 45.18	1500m: 22:31.25 42.82		
350m: 5:10.56 45.79	750m: 11:17.43 45.27	1150m: 17:19.85 44.95			
400m: 5:57.22 46.66	800m: 12:03.10 45.67	1200m: 18:05.50 45.65			
4. Marc van Groen	De Mors	NED	196601085	22:33.03	+1.33
50m: 38.54 38.54	450m: 6:37.11 45.84	850m: 12:42.25 45.83	1250m: 18:46.75 45.76		
100m: 1:21.66 43.12	500m: 7:22.89 45.78	900m: 13:28.22 45.97	1300m: 19:32.49 45.74		
150m: 2:04.97 43.31	550m: 8:08.14 45.25	950m: 14:12.90 44.68	1350m: 20:17.77 45.28		
200m: 2:49.95 44.98	600m: 8:54.19 46.05	1000m: 14:58.73 45.83	1400m: 21:03.75 45.98		
250m: 3:35.23 45.28	650m: 9:39.45 45.26	1050m: 15:43.67 44.94	1450m: 21:48.46 44.71		
300m: 4:20.07 44.84	700m: 10:25.13 45.68	1100m: 16:29.59 45.92	1500m: 22:33.03 44.57		
350m: 5:05.22 45.15	750m: 11:10.26 45.13	1150m: 17:15.45 45.86			
400m: 5:51.27 46.05	800m: 11:56.42 46.16	1200m: 18:00.99 45.54			
5. Eduard Leusink	De Mors	NED	196901573	22:39.17	+0.82
50m: 40.60 40.60	450m: 6:42.03 45.33	850m: 12:42.11 45.77	1250m: 18:50.41 45.81		
100m: 1:24.43 43.83	500m: 7:27.06 45.03	900m: 13:28.50 46.39	1300m: 19:37.58 47.17		
150m: 2:09.02 44.59	550m: 8:11.80 44.74	950m: 14:14.69 46.19	1350m: 20:24.11 46.53		
200m: 2:54.35 45.33	600m: 8:56.56 44.76	1000m: 15:01.01 46.32	1400m: 21:10.23 46.12		
250m: 3:40.17 45.82	650m: 9:41.33 44.77	1050m: 15:46.83 45.82	1450m: 21:56.34 46.11		
300m: 4:25.89 45.72	700m: 10:26.27 44.94	1100m: 16:32.95 46.12	1500m: 22:39.17 42.83		
350m: 5:11.40 45.51	750m: 11:11.17 44.90	1150m: 17:18.63 45.68			
400m: 5:56.70 45.30	800m: 11:56.34 45.17	1200m: 18:04.60 45.97			

Masters 60+

1. Jon Christensen	Luxembourg Sharks Swimming CLUX	10008	20:51.23	+0.80	
<i>Luxembourg Masters Record</i>					
50m: 36.78 36.78	450m: 6:01.05 40.06	850m: 11:30.22 40.72	1250m: 17:12.93 43.62		
100m: 1:16.91 40.13	500m: 6:41.14 40.09	900m: 12:11.71 41.49	1300m: 17:56.45 43.52		
150m: 1:57.57 40.66	550m: 7:21.47 40.33	950m: 12:54.05 42.34	1350m: 18:41.13 44.68		
200m: 2:38.15 40.58	600m: 8:01.69 40.22	1000m: 13:38.50 44.45	1400m: 19:25.08 43.95		
250m: 3:18.94 40.79	650m: 8:44.22 42.53	1050m: 14:20.77 42.27	1450m: 20:08.77 43.69		
300m: 4:00.21 41.27	700m: 9:24.38 40.16	1100m: 15:02.93 42.16	1500m: 20:51.23 42.46		
350m: 4:40.67 40.46	750m: 10:05.86 41.48	1150m: 15:45.70 42.77			
400m: 5:20.99 40.32	800m: 10:49.50 43.64	1200m: 16:29.31 43.61			
2. Kees-Jan van Overbeeke	WVW Winterswijk	NED	196200489	21:12.56	+0.87
50m: 37.57 37.57	450m: 6:17.74 42.88	850m: 12:00.95 42.39	1250m: 17:44.27 42.89		
100m: 1:18.16 40.59	500m: 7:01.04 43.30	900m: 12:44.36 43.41	1300m: 18:26.27 42.00		
150m: 2:00.82 42.66	550m: 7:43.72 42.68	950m: 13:27.01 42.65	1350m: 19:09.14 42.87		
200m: 2:44.40 43.58	600m: 8:26.90 43.18	1000m: 14:10.23 43.22	1400m: 19:51.03 41.89		
250m: 3:27.19 42.79	650m: 9:09.27 42.37	1050m: 14:52.64 42.41	1450m: 20:32.91 41.88		
300m: 4:09.79 42.60	700m: 9:52.74 43.47	1100m: 15:35.62 42.98	1500m: 21:12.56 39.65		
350m: 4:52.24 42.45	750m: 10:35.48 42.74	1150m: 16:17.97 42.35			
400m: 5:34.86 42.62	800m: 11:18.56 43.08	1200m: 17:01.38 43.41			

Programmanr. 1, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging	tijd	RT	PARA			
3.	Karol Lacko	Vysokoskolsky klub Univerzity kcSVKskeSVK16793	21:31.29	+0.86				
	<i>Slovakian Masters Record, *400m</i>							
	50m: 39.76	39.76	450m: 6:20.35	42.25	850m: 12:07.14	42.97	1250m: 17:56.51	
	100m: 1:21.87	42.11	500m: 7:03.51	43.16	900m: 12:51.43	44.29	1300m: 18:40.52	44.01
	150m: 2:04.60	42.73	550m: 7:46.85	43.34	950m: 13:34.99	43.56	1350m: 19:23.62	43.10
	200m: 2:47.44	42.84	600m: 8:30.65	43.80	1000m: 14:18.80	43.81	1400m: 20:07.54	43.92
	250m: 3:30.04	42.60	650m: 9:14.17	43.52	1050m: 15:02.08	43.28	1450m: 20:50.84	43.30
	300m: 4:12.82	42.78	700m: 9:57.39	43.22	1100m: 15:46.03	43.95	1500m: 21:31.29	40.45
	350m: 4:55.11	42.29	750m: 10:40.90	43.51	1150m: 16:28.99	42.96		
	400m: 5:38.10	42.99	800m: 11:24.17	43.27	1200m: 17:12.21			
4.	Axel Sondermann	Lone Star Masters USA	21:37.04	+0.86				
	50m: 37.48	37.48	450m: 6:20.06	42.46	850m: 12:05.93	42.76	1250m: 17:56.75	44.54
	100m: 1:19.78	42.30	500m: 7:03.21	43.15	900m: 12:49.30	43.37	1300m: 18:40.59	43.84
	150m: 2:02.45	42.67	550m: 7:45.99	42.78	950m: 13:32.66	43.36	1350m: 19:24.67	44.08
	200m: 2:45.92	43.47	600m: 8:29.72	43.73	1000m: 14:16.68	44.02	1400m: 20:09.36	44.69
	250m: 3:29.42	43.50	650m: 9:12.77	43.05	1050m: 14:59.74	43.06	1450m: 20:53.55	44.19
	300m: 4:13.02	43.60	700m: 9:56.81	44.04	1100m: 15:44.45	44.71	1500m: 21:37.04	43.49
	350m: 4:54.80	41.78	750m: 10:39.76	42.95	1150m: 16:28.26	43.81		
	400m: 5:37.60	42.80	800m: 11:23.17	43.41	1200m: 17:12.21	43.95		
5.	Menno Lomans	PSV NED 196101071	23:01.26	+0.65				
	50m: 38.09	38.09	450m: 6:43.05	45.82	850m: 12:55.28	46.22	1250m: 19:09.97	47.07
	100m: 1:22.27	44.18	500m: 7:29.78	46.73	900m: 13:42.14	46.86	1300m: 19:57.31	47.34
	150m: 2:07.20	44.93	550m: 8:16.15	46.37	950m: 14:28.52	46.38	1350m: 20:44.10	46.79
	200m: 2:53.02	45.82	600m: 9:02.64	46.49	1000m: 15:15.27	46.75	1400m: 21:31.88	47.78
	250m: 3:38.91	45.89	650m: 9:49.21	46.57	1050m: 16:02.10	46.83	1450m: 22:17.72	45.84
	300m: 4:25.18	46.27	700m: 10:36.08	46.87	1100m: 16:49.26	47.16	1500m: 23:01.26	43.54
	350m: 5:11.12	45.94	750m: 11:22.45	46.37	1150m: 17:36.04	46.78		
	400m: 5:57.23	46.11	800m: 12:09.06	46.61	1200m: 18:22.90	46.86		
6.	Joost de Kroon	AquAmigos NED 196400999	23:26.28	+1.02				
	50m: 41.44	41.44	450m: 6:56.43	46.95	850m: 13:17.78	47.36	1250m: 19:40.15	47.33
	100m: 1:26.79	45.35	500m: 7:43.85	47.42	900m: 14:06.06	48.28	1300m: 20:27.64	47.49
	150m: 2:12.74	45.95	550m: 8:31.49	47.64	950m: 14:53.48	47.42	1350m: 21:14.36	46.72
	200m: 2:59.91	47.17	600m: 9:18.94	47.45	1000m: 15:41.37	47.89	1400m: 22:00.11	45.75
	250m: 3:46.64	46.73	650m: 10:06.79	47.85	1050m: 16:28.81	47.44	1450m: 22:44.46	44.35
	300m: 4:33.95	47.31	700m: 10:54.89	48.10	1100m: 17:17.03	48.22	1500m: 23:26.28	41.82
	350m: 5:21.34	47.39	750m: 11:42.47	47.58	1150m: 18:04.65	47.62		
	400m: 6:09.48	48.14	800m: 12:30.42	47.95	1200m: 18:52.82	48.17		
DIS	Casper Dollekamp	Steenwijk 1934 NED 196301341						+0.79
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							

Masters 65+

1.	Marten de Groot	HZ&PC Heerenveen NED 195800149	20:36.49	+0.83				
	<i>Nederlands Masters Record</i>							
	50m: 36.07	36.07	450m: 6:04.39	41.10	850m: 11:36.12	42.22	1250m: 17:10.52	41.96
	100m: 1:16.40	40.33	500m: 6:45.05	40.66	900m: 12:17.56	41.44	1300m: 17:52.49	41.97
	150m: 1:57.69	41.29	550m: 7:26.68	41.63	950m: 12:59.50	41.94	1350m: 18:33.77	41.28
	200m: 2:38.97	41.28	600m: 8:07.46	40.78	1000m: 13:41.46	41.96	1400m: 19:15.48	41.71
	250m: 3:20.09	41.12	650m: 8:49.48	42.02	1050m: 14:23.19	41.73	1450m: 19:57.08	41.60
	300m: 4:00.97	40.88	700m: 9:30.61	41.13	1100m: 15:05.12	41.93	1500m: 20:36.49	39.41
	350m: 4:42.41	41.44	750m: 10:12.06	41.45	1150m: 15:47.32	42.20		
	400m: 5:23.29	40.88	800m: 10:53.90	41.84	1200m: 16:28.56	41.24		
2.	Otto Zeijveld	De Berkelduikers NED 195800497	22:32.74	+0.91				
	50m: 39.92	39.92	450m: 6:51.98	45.17	850m: 12:53.75	45.11	1250m: 18:54.62	44.82
	100m: 1:26.45	46.53	500m: 7:37.38	45.40	900m: 13:39.15	45.40	1300m: 19:39.71	45.09
	150m: 2:14.93	48.48	550m: 8:22.26	44.88	950m: 14:24.42	45.27	1350m: 20:24.17	44.46
	200m: 3:02.93	48.00	600m: 9:07.61	45.35	1000m: 15:09.70	45.28	1400m: 21:08.59	44.42
	250m: 3:49.48	46.55	650m: 9:52.94	45.33	1050m: 15:54.50	44.80	1450m: 21:51.56	42.97
	300m: 4:35.71	46.23	700m: 10:38.33	45.39	1100m: 16:39.77	45.27	1500m: 22:32.74	41.18
	350m: 5:21.25	45.54	750m: 11:23.39	45.06	1150m: 17:24.59	44.82		
	400m: 6:06.81	45.56	800m: 12:08.64	45.25	1200m: 18:09.80	45.21		
3.	Jan Preuter	De Mors NED 195600245	23:43.81	+1.38				
	50m: 40.20	40.20	450m: 6:56.08	48.09	850m: 13:19.21	47.84	1250m: 19:44.57	48.08
	100m: 1:25.25	45.05	500m: 7:43.74	47.66	900m: 14:07.41	48.20	1300m: 20:33.32	48.75
	150m: 2:12.58	47.33	550m: 8:31.76	48.02	950m: 14:55.12	47.71	1350m: 21:21.82	48.50
	200m: 2:58.42	45.84	600m: 9:20.05	48.29	1000m: 15:43.44	48.32	1400m: 22:10.42	48.60
	250m: 3:45.56	47.14	650m: 10:08.31	48.26	1050m: 16:31.60	48.16	1450m: 22:57.55	47.13
	300m: 4:32.97	47.41	700m: 10:55.61	47.30	1100m: 17:19.80	48.20	1500m: 23:43.81	46.26
	350m: 5:20.10	47.13	750m: 11:43.09	47.48	1150m: 18:07.57	47.77		
	400m: 6:07.99	47.89	800m: 12:31.37	48.28	1200m: 18:56.49	48.92		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 1, Heren, 1500m vrije slag, Masters 65+

rang	naam	vereniging					tijd	RT	PARA
4.	Jaap Vis	TriVia	NED 195600515				24:29.37	+1.67	
	50m: 43.82	43.82	450m: 7:25.72	50.12	850m: 14:01.01	48.75	1250m: 20:32.88	49.47	
	100m: 1:33.26	49.44	500m: 8:15.70	49.98	900m: 14:48.86	47.85	1300m: 21:20.70	47.82	
	150m: 2:24.67	51.41	550m: 9:05.56	49.86	950m: 15:38.22	49.36	1350m: 22:08.08	47.38	
	200m: 3:15.57	50.90	600m: 9:54.39	48.83	1000m: 16:26.99	48.77	1400m: 22:56.40	48.32	
	250m: 4:05.77	50.20	650m: 10:44.14	49.75	1050m: 17:15.86	48.87	1450m: 23:43.64	47.24	
	300m: 4:55.85	50.08	700m: 11:34.17	50.03	1100m: 18:05.41	49.55	1500m: 24:29.37	45.73	
	350m: 5:46.05	50.20	750m: 12:23.53	49.36	1150m: 18:54.42	49.01			
	400m: 6:35.60	49.55	800m: 13:12.26	48.73	1200m: 19:43.41	48.99			
5.	André Pantekoek	PSV	NED 195800321				31:21.49	+1.08	
	50m: 52.49	52.49	450m: 9:02.94	1:01.77	850m: 17:23.65	1:05.07	1250m: 26:04.10	1:04.06	
	100m: 1:53.27	1:00.78	500m: 10:04.47	1:01.53	900m: 18:28.87	1:05.22	1300m: 27:10.88	1:06.78	
	150m: 2:54.78	1:01.51	550m: 11:06.13	1:01.66	950m: 19:33.50	1:04.63	1350m: 28:15.70	1:04.82	
	200m: 3:56.37	1:01.59	600m: 12:07.05	1:00.92	1000m: 20:39.29	1:05.79	1400m: 29:21.58	1:05.88	
	250m: 4:57.90	1:01.53	650m: 13:08.06	1:01.01	1050m: 21:44.27	1:04.98	1450m: 30:24.81	1:03.23	
	300m: 5:58.91	1:01.01	700m: 14:09.77	1:01.71	1100m: 22:49.58	1:05.31	1500m: 31:21.49	56.68	
	350m: 7:00.11	1:01.20	750m: 15:13.62	1:03.85	1150m: 23:54.31	1:04.73			
	400m: 8:01.17	1:01.06	800m: 16:18.58	1:04.96	1200m: 25:00.04	1:05.73			

Masters 70+

1.	Karl-Heinz Nottrodt	SG Mönchengladbach	GER 123148				21:20.45	+0.99	
	<i>German Masters Record</i>								
	50m: 38.08	38.08	450m: 6:20.10	42.70	850m: 12:06.89	43.21	1250m: 17:50.23	42.60	
	100m: 1:19.88	41.80	500m: 7:03.59	43.49	900m: 12:49.81	42.92	1300m: 18:32.75	42.52	
	150m: 2:02.40	42.52	550m: 7:47.22	43.63	950m: 13:33.35	43.54	1350m: 19:15.53	42.78	
	200m: 2:45.52	43.12	600m: 8:30.71	43.49	1000m: 14:16.04	42.69	1400m: 20:00.44	42.55	
	250m: 3:27.81	42.29	650m: 9:13.73	43.02	1050m: 14:58.86	42.82	1450m: 20:39.74	41.66	
	300m: 4:11.19	43.38	700m: 9:57.14	43.41	1100m: 15:42.02	43.16	1500m: 21:20.45	40.71	
	350m: 4:53.78	42.59	750m: 10:40.33	43.19	1150m: 16:24.76	42.74			
	400m: 5:37.40	43.62	800m: 11:23.68	43.35	1200m: 17:07.63	42.87			
DIS	Frans Heus	UZSC	NED 195100067					+1.11	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>								

Masters 75+

1.	Wout Hemmes	De Plons	NED 194800059				26:22.21	+1.18	
	50m: 46.50	46.50	450m: 7:54.56	52.96	850m: 15:05.77	53.89	1250m: 22:09.07	51.76	
	100m: 1:40.01	53.51	500m: 8:49.21	54.65	900m: 15:59.88	54.11	1300m: 23:00.44	51.37	
	150m: 2:32.74	52.73	550m: 9:42.11	52.90	950m: 16:53.38	53.50	1350m: 23:51.78	51.34	
	200m: 3:26.77	54.03	600m: 10:36.29	54.18	1000m: 17:47.10	53.72	1400m: 24:42.96	51.18	
	250m: 4:20.00	53.23	650m: 11:30.95	54.66	1050m: 18:40.48	53.38	1450m: 25:34.02	51.06	
	300m: 5:14.63	54.63	700m: 12:24.88	53.93	1100m: 19:33.30	52.82	1500m: 26:22.21	48.19	
	350m: 6:07.09	52.46	750m: 13:17.48	52.60	1150m: 20:25.78	52.48			
	400m: 7:01.60	54.51	800m: 14:11.88	54.40	1200m: 21:17.31	51.53			
2.	Guenter Mitlewski	SV Blau-Weiß Bochum	GER 081309				29:03.60 *	+1.14	
	50m: 48.75	48.75	450m: 8:26.07	57.31	850m: 16:14.95	59.09	1250m: 24:09.58	59.57	
	100m: 1:43.71	54.96	500m: 9:24.13	58.06	900m: 17:13.92	58.97	1300m: 25:08.46	58.88	
	150m: 2:39.81	56.10	550m: 10:22.15	58.02	950m: 18:12.30	58.38	1350m: 26:08.45	59.99	
	200m: 3:37.20	57.39	600m: 11:20.92	58.77	1000m: 19:11.69	59.39	1400m: 27:07.67	59.22	
	250m: 4:34.63	57.43	650m: 12:19.53	58.61	1050m: 20:11.08	59.39	1450m: 28:06.48	58.81	
	300m: 5:32.70	58.07	700m: 13:18.47	58.94	1100m: 21:10.24	59.16	1500m: 29:03.60	57.12	
	350m: 6:30.56	57.86	750m: 14:16.85	58.38	1150m: 22:09.83	59.59			
	400m: 7:28.76	58.20	800m: 15:15.86	59.01	1200m: 23:10.01	1:00.18			

Masters 80+

1.	Geza Kaltenecker	AZC	NED 194200065				31:13.23	+0.97	
	50m: 52.77	52.77	450m: 9:01.97	51.51	850m: 17:38.22	1:02.34	1250m: 26:04.78	1:02.39	
	100m: 1:53.76	1:00.99	500m: 10:16.83	1:14.86	900m: 18:42.52	1:04.30	1300m: 27:09.36	1:04.58	
	150m: 2:55.63	1:01.87	550m: 11:19.27	1:02.44	950m: 19:44.52	1:02.00	1350m: 28:11.47	1:02.11	
	200m: 3:58.28	1:02.65	600m: 12:23.04	1:03.77	1000m: 20:48.15	1:03.63	1400m: 29:14.68	1:03.21	
	250m: 5:00.03	1:01.75	650m: 13:24.83	1:01.79	1050m: 21:50.81	1:02.66	1450m: 30:14.82	1:00.14	
	300m: 6:03.09	1:03.06	700m: 14:28.82	1:03.99	1100m: 22:55.74	1:04.93	1500m: 31:13.23	58.41	
	350m: 7:06.09	1:03.00	750m: 15:31.55	1:02.73	1150m: 23:57.95	1:02.21			
	400m: 8:10.46	1:04.37	800m: 16:35.88	1:04.33	1200m: 25:02.39	1:04.44			



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Programmanr. 1, Heren, 1500m vrije slag, Masters 80+

rang	naam	vereniging					tijd	RT	PARA
2.	Rob Hanou	PSV	NED		194300109		32:26.92	+1.15	
	50m: 55.12	55.12	450m: 9:33.71	1:04.26	850m: 18:16.43	1:05.08	1250m: 27:01.76	1:05.33	
	100m: 1:58.71	1:03.59	500m: 10:39.70	1:05.99	900m: 19:22.70	1:06.27	1300m: 28:07.89	1:06.13	
	150m: 3:02.86	1:04.15	550m: 11:44.85	1:05.15	950m: 20:28.44	1:05.74	1350m: 29:12.94	1:05.05	
	200m: 4:07.37	1:04.51	600m: 12:50.34	1:05.49	1000m: 21:33.16	1:04.72	1400m: 30:19.44	1:06.50	
	250m: 5:12.22	1:04.85	650m: 13:54.51	1:04.17	1050m: 22:38.56	1:05.40	1450m: 31:25.07	1:05.63	
	300m: 6:18.07	1:05.85	700m: 14:59.99	1:05.48	1100m: 23:45.15	1:06.59	1500m: 32:26.92	1:01.85	
	350m: 7:23.47	1:05.40	750m: 16:05.02	1:05.03	1150m: 24:49.82	1:04.67			
	400m: 8:29.45	1:05.98	800m: 17:11.35	1:06.33	1200m: 25:56.43	1:06.61			

Masters 85+

DIS	Nic Geers	PSV	NED		193800007			+1.13	
<i>AF - De aangegeven afstand niet uitgezwommen.</i>									

Programmanr. 2
02-05-2024 - 15:15

Dames, 1500m vrije slag
Pauze na serie 2 / Break after heat 2

Masters Open
Resultaten

rang	naam	vereniging					tijd	RT	PARA
1.	Roos Englebort	Hieronymus	NED		200200606		18:35.79	+0.73	
	50m: 32.98	32.98	450m: 5:30.14	37.54	850m: 10:28.76	37.36	1250m: 15:29.17	37.74	
	100m: 1:09.30	36.32	500m: 6:07.50	37.36	900m: 11:06.03	37.27	1300m: 16:07.13	37.96	
	150m: 1:46.18	36.88	550m: 6:44.86	37.36	950m: 11:43.30	37.27	1350m: 16:44.63	37.50	
	200m: 2:23.06	36.88	600m: 7:22.16	37.30	1000m: 12:20.85	37.55	1400m: 17:22.37	37.74	
	250m: 3:00.33	37.27	650m: 7:59.48	37.32	1050m: 12:58.54	37.69	1450m: 17:59.63	37.26	
	300m: 3:37.77	37.44	700m: 8:36.72	37.24	1100m: 13:36.14	37.60	1500m: 18:35.79	36.16	
	350m: 4:15.34	37.57	750m: 9:14.17	37.45	1150m: 14:13.83	37.69			
	400m: 4:52.60	37.26	800m: 9:51.40	37.23	1200m: 14:51.43	37.60			

2.	Cynthia Koolman	ZPC Hoogeveen	NED		200300232		19:59.01	+0.52	
	50m: 35.50	35.50	450m: 5:46.87	39.77	850m: 11:07.51	40.61	1250m: 16:34.23	40.84	
	100m: 1:13.15	37.65	500m: 6:26.40	39.53	900m: 11:47.74	40.23	1300m: 17:15.59	41.36	
	150m: 1:51.78	38.63	550m: 7:06.41	40.01	950m: 12:28.36	40.62	1350m: 17:56.78	41.19	
	200m: 2:30.37	38.59	600m: 7:46.13	39.72	1000m: 13:08.57	40.21	1400m: 18:38.09	41.31	
	250m: 3:09.36	38.99	650m: 8:26.33	40.20	1050m: 13:49.41	40.84	1450m: 19:19.10	41.01	
	300m: 3:48.37	39.01	700m: 9:06.42	40.09	1100m: 14:30.66	41.25	1500m: 19:59.01	39.91	
	350m: 4:27.86	39.49	750m: 9:46.43	40.01	1150m: 15:11.82	41.16			
	400m: 5:07.10	39.24	800m: 10:26.90	40.47	1200m: 15:53.39	41.57			

Masters 25+

1.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED		199506824		19:42.87	+0.79	
	50m: 34.39	34.39	450m: 5:48.06	39.57	850m: 11:06.50	39.81	1250m: 16:25.67	40.22	
	100m: 1:12.56	38.17	500m: 6:28.09	40.03	900m: 11:46.22	39.72	1300m: 17:05.97	40.30	
	150m: 1:51.25	38.69	550m: 7:07.65	39.56	950m: 12:25.98	39.76	1350m: 17:45.69	39.72	
	200m: 2:30.33	39.08	600m: 7:47.33	39.68	1000m: 13:05.87	39.89	1400m: 18:25.91	40.22	
	250m: 3:09.84	39.51	650m: 8:27.02	39.69	1050m: 13:45.39	39.52	1450m: 19:04.80	38.89	
	300m: 3:49.29	39.45	700m: 9:07.17	40.15	1100m: 14:25.76	40.37	1500m: 19:42.87	38.07	
	350m: 4:28.71	39.42	750m: 9:46.94	39.77	1150m: 15:05.04	39.28			
	400m: 5:08.49	39.78	800m: 10:26.69	39.75	1200m: 15:45.45	40.41			
2.	Fiona Meuffels	PSV	NED		199504366		20:31.66		
	50m: 35.86	35.86	450m: 6:02.55	41.58	850m: 11:37.23	42.02	1250m: 17:09.99	42.13	
	100m: 1:15.64	39.78	500m: 6:44.36	41.81	900m: 12:18.73	41.50	1300m: 17:50.49	40.50	
	150m: 1:56.22	40.58	550m: 7:25.87	41.51	950m: 13:00.66	41.93	1350m: 18:31.11	40.62	
	200m: 2:36.67	40.45	600m: 8:07.44	41.57	1000m: 13:42.25	41.59	1400m: 19:12.12	41.01	
	250m: 3:17.61	40.94	650m: 8:49.83	42.39	1050m: 14:24.15	41.90	1450m: 19:52.92	40.80	
	300m: 3:58.21	40.60	700m: 9:31.25	41.42	1100m: 15:05.12	40.97	1500m: 20:31.66	38.74	
	350m: 4:39.59	41.38	750m: 10:13.25	42.00	1150m: 15:46.33	41.21			
	400m: 5:20.97	41.38	800m: 10:55.21	41.96	1200m: 16:27.86	41.53			
3.	Diane Schoenmaker	PSV	NED		199502920		20:58.38	+0.70	
	50m: 36.47	36.47	450m: 6:08.82	41.57	850m: 11:45.08	42.42	1250m: 17:25.59	42.04	
	100m: 1:16.71	40.24	500m: 6:50.57	41.75	900m: 12:27.06	41.98	1300m: 18:08.74	43.15	
	150m: 1:57.68	40.97	550m: 7:32.25	41.68	950m: 13:09.47	42.41	1350m: 18:51.76	43.02	
	200m: 2:38.98	41.30	600m: 8:14.34	42.09	1000m: 13:52.96	43.49	1400m: 19:34.50	42.74	
	250m: 3:20.67	41.69	650m: 8:56.42	42.08	1050m: 14:35.21	42.25	1450m: 20:16.87	42.37	
	300m: 4:02.97	42.30	700m: 9:38.43	42.01	1100m: 15:17.82	42.61	1500m: 20:58.38	41.51	
	350m: 4:44.81	41.84	750m: 10:20.57	42.14	1150m: 16:00.40	42.58			
	400m: 5:27.25	42.44	800m: 11:02.66	42.09	1200m: 16:43.55	43.15			



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Programmanr. 2, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
4.	Larissa Jansen	PSV	21:15.68	+0.85				
	50m: 37.33	37.33	450m: 6:07.35	41.70	850m: 11:47.85	42.96	1250m: 17:38.64	44.98
	100m: 1:18.26	40.93	500m: 6:49.39	42.04	900m: 12:30.77	42.92	1300m: 18:22.65	44.01
	150m: 1:59.34	41.08	550m: 7:31.85	42.46	950m: 13:14.47	43.70	1350m: 19:07.32	44.67
	200m: 2:40.53	41.19	600m: 8:14.22	42.37	1000m: 13:58.17	43.70	1400m: 19:50.81	43.49
	250m: 3:21.85	41.32	650m: 8:57.05	42.83	1050m: 14:41.83	43.66	1450m: 20:34.37	43.56
	300m: 4:03.08	41.23	700m: 9:39.20	42.15	1100m: 15:25.56	43.73	1500m: 21:15.68	41.31
	350m: 4:44.40	41.32	750m: 10:22.10	42.90	1150m: 16:09.76	44.20		
	400m: 5:25.65	41.25	800m: 11:04.89	42.79	1200m: 16:53.66	43.90		
5.	Selina Janssen	Neptunus'58	21:26.00	+0.63				
	50m: 35.68	35.68	450m: 6:09.28	42.38	850m: 11:56.28	43.23	1250m: 17:47.82	43.45
	100m: 1:15.34	39.66	500m: 6:52.40	43.12	900m: 12:40.55	44.27	1300m: 18:32.48	44.66
	150m: 1:55.94	40.60	550m: 7:34.96	42.56	950m: 13:23.89	43.34	1350m: 19:16.42	43.94
	200m: 2:37.52	41.58	600m: 8:18.77	43.81	1000m: 14:08.31	44.42	1400m: 20:00.90	44.48
	250m: 3:19.08	41.56	650m: 9:01.58	42.81	1050m: 14:51.75	43.44	1450m: 20:44.13	43.23
	300m: 4:01.43	42.35	700m: 9:45.53	43.95	1100m: 15:36.30	44.55	1500m: 21:26.00	41.87
	350m: 4:43.76	42.33	750m: 10:28.59	43.06	1150m: 16:19.76	43.46		
	400m: 5:26.90	43.14	800m: 11:13.05	44.46	1200m: 17:04.37	44.61		
6.	Laura ter Stege	SG CWW Swim Team	23:15.71	+0.74				
	50m: 36.48	36.48	450m: 6:35.51	45.86	850m: 12:52.50	47.13	1250m: 19:19.01	49.32
	100m: 1:18.64	42.16	500m: 7:22.05	46.54	900m: 13:40.26	47.76	1300m: 20:08.34	49.33
	150m: 2:02.01	43.37	550m: 8:08.85	46.80	950m: 14:27.62	47.36	1350m: 20:56.28	47.94
	200m: 2:46.90	44.89	600m: 8:57.01	48.16	1000m: 15:15.56	47.94	1400m: 21:43.86	47.58
	250m: 3:32.21	45.31	650m: 9:43.94	46.93	1050m: 16:04.32	48.76	1450m: 22:31.15	47.29
	300m: 4:17.67	45.46	700m: 10:31.63	47.69	1100m: 16:53.48	49.16	1500m: 23:15.71	44.56
	350m: 5:03.72	46.05	750m: 11:18.12	46.49	1150m: 17:41.21	47.73		
	400m: 5:49.65	45.93	800m: 12:05.37	47.25	1200m: 18:29.69	48.48		
7.	Marenne Huigh	Scheldestroom	23:47.12	+0.78				
	50m: 37.71	37.71	450m: 6:49.59	48.35	850m: 13:16.43	48.59	1250m: 19:47.35	49.62
	100m: 1:20.48	42.77	500m: 7:37.75	48.16	900m: 14:04.82	48.39	1300m: 20:37.73	50.38
	150m: 2:06.38	45.90	550m: 8:26.32	48.57	950m: 14:53.82	49.00	1350m: 21:26.72	48.99
	200m: 2:52.54	46.16	600m: 9:14.39	48.07	1000m: 15:42.05	48.23	1400m: 22:15.12	48.40
	250m: 3:39.08	46.54	650m: 10:02.64	48.25	1050m: 16:30.96	48.91	1450m: 23:02.70	47.58
	300m: 4:25.70	46.62	700m: 10:50.50	47.86	1100m: 17:19.54	48.58	1500m: 23:47.12	44.42
	350m: 5:13.14	47.44	750m: 11:38.95	48.45	1150m: 18:08.87	49.33		
	400m: 6:01.24	48.10	800m: 12:27.84	48.89	1200m: 18:57.73	48.86		

Masters 30+

1.	Maaïke Vooren	DAW	19:04.72	+0.82				
	50m: 34.51	34.51	450m: 5:40.58	38.48	850m: 10:47.09	38.45	1250m: 15:53.93	38.52
	100m: 1:11.78	37.27	500m: 6:18.78	38.20	900m: 11:25.39	38.30	1300m: 16:32.38	38.45
	150m: 1:50.00	38.22	550m: 6:57.09	38.31	950m: 12:03.71	38.32	1350m: 17:10.79	38.41
	200m: 2:28.40	38.40	600m: 7:35.35	38.26	1000m: 12:42.02	38.31	1400m: 17:49.27	38.48
	250m: 3:07.03	38.63	650m: 8:13.92	38.57	1050m: 13:20.24	38.22	1450m: 18:27.78	38.51
	300m: 3:45.20	38.17	700m: 8:52.00	38.08	1100m: 13:58.51	38.27	1500m: 19:04.72	36.94
	350m: 4:23.85	38.65	750m: 9:30.41	38.41	1150m: 14:36.90	38.39		
	400m: 5:02.10	38.25	800m: 10:08.64	38.23	1200m: 15:15.41	38.51		
2.	Nienke Smidt	WS Twente	20:52.87	+1.05				
	50m: 36.20	36.20	450m: 6:11.81	42.19	850m: 11:51.60	42.86	1250m: 17:30.32	42.33
	100m: 1:16.37	40.17	500m: 6:53.26	41.45	900m: 12:34.44	42.84	1300m: 18:11.97	41.65
	150m: 1:58.01	41.64	550m: 7:35.10	41.84	950m: 13:17.03	42.59	1350m: 18:53.65	41.68
	200m: 2:40.54	42.53	600m: 8:16.84	41.74	1000m: 13:59.20	42.17	1400m: 19:34.46	40.81
	250m: 3:23.32	42.78	650m: 8:59.56	42.72	1050m: 14:41.54	42.34	1450m: 20:15.41	40.95
	300m: 4:05.83	42.51	700m: 9:42.64	43.08	1100m: 15:23.25	41.71	1500m: 20:52.87	37.46
	350m: 4:48.12	42.29	750m: 10:25.70	43.06	1150m: 16:05.52	42.27		
	400m: 5:29.62	41.50	800m: 11:08.74	43.04	1200m: 16:47.99	42.47		
3.	Elmi Roelofsen	Octopus-ZVV (SG)	21:45.62	+0.90				
	50m: 35.40	35.40	450m: 6:11.80	42.35	850m: 12:02.29	44.31	1250m: 18:02.23	44.68
	100m: 1:16.66	41.26	500m: 6:54.52	42.72	900m: 12:47.46	45.17	1300m: 18:47.60	45.37
	150m: 1:58.45	41.79	550m: 7:37.80	43.28	950m: 13:32.59	45.13	1350m: 19:32.54	44.94
	200m: 2:40.63	42.18	600m: 8:21.22	43.42	1000m: 14:17.75	45.16	1400m: 20:18.15	45.61
	250m: 3:22.72	42.09	650m: 9:05.00	43.78	1050m: 15:02.29	44.54	1450m: 21:01.94	43.79
	300m: 4:05.13	42.41	700m: 9:48.99	43.99	1100m: 15:47.40	45.11	1500m: 21:45.62	43.68
	350m: 4:47.41	42.28	750m: 10:33.55	44.56	1150m: 16:32.02	44.62		
	400m: 5:29.45	42.04	800m: 11:17.98	44.43	1200m: 17:17.55	45.53		
4.	Irmgard van Weeghel	ESCA Zwemmen	24:28.81	+0.86				
	50m: 39.74	39.74	450m: 7:03.59	49.06	850m: 13:40.19	49.82	1250m: 20:18.77	49.76
	100m: 1:23.59	43.85	500m: 7:53.55	49.96	900m: 14:29.88	49.69	1300m: 21:09.13	50.36
	150m: 2:09.97	46.38	550m: 8:42.43	48.88	950m: 15:19.07	49.19	1350m: 21:58.31	49.18
	200m: 2:58.04	48.07	600m: 9:32.29	49.86	1000m: 16:09.24	50.17	1400m: 22:49.06	50.75
	250m: 3:46.48	48.44	650m: 10:21.43	49.14	1050m: 16:58.85	49.61	1450m: 23:39.03	49.97
	300m: 4:35.45	48.97	700m: 11:10.89	49.46	1100m: 17:49.16	50.31	1500m: 24:28.81	49.78
	350m: 5:24.63	49.18	750m: 12:00.71	49.82	1150m: 18:38.45	49.29		
	400m: 6:14.53	49.90	800m: 12:50.37	49.66	1200m: 19:29.01	50.56		

Programmanr. 2, Dames, 1500m vrije slag, Masters 30+

rang	naam	vereniging				tijd		RT	PARA
5.	Marjan Rikken	Octopus-ZVV (SG)				NED 199206114		25:57.66	
	50m:	42.24	42.24	450m:	7:26.29	52.01	850m:	14:29.42	52.76
	100m:	1:29.27	47.03	500m:	8:18.61	52.32	900m:	15:22.24	52.82
	150m:	2:18.38	49.11	550m:	9:11.37	52.76	950m:	16:15.44	53.20
	200m:	3:07.97	49.59	600m:	10:03.91	52.54	1000m:	17:08.88	53.44
	250m:	3:58.99	51.02	650m:	10:58.02	54.11	1050m:	18:02.19	53.31
	300m:	4:50.04	51.05	700m:	11:50.91	52.89	1100m:	18:55.97	53.78
	350m:	5:42.00	51.96	750m:	12:43.74	52.83	1150m:	19:49.62	53.65
	400m:	6:34.28	52.28	800m:	13:36.66	52.92	1200m:	20:44.31	54.69

Masters 35+

1.	Sabine Zimmermann	Aachener SV 06				GER 101578		18:55.28		+0.79		
	50m:	33.59	33.59	450m:	5:32.19	38.13	850m:	10:39.15	38.83	1250m:	15:47.34	38.85
	100m:	1:09.75	36.16	500m:	6:10.07	37.88	900m:	11:17.12	37.97	1300m:	16:25.55	38.21
	150m:	1:46.76	37.01	550m:	6:48.42	38.35	950m:	11:56.02	38.90	1350m:	17:04.29	38.74
	200m:	2:23.79	37.03	600m:	7:26.64	38.22	1000m:	12:34.50	38.48	1400m:	17:41.79	37.50
	250m:	3:01.35	37.56	650m:	8:04.96	38.32	1050m:	13:13.58	39.08	1450m:	18:19.32	37.53
	300m:	3:38.64	37.29	700m:	8:43.63	38.67	1100m:	13:51.80	38.22	1500m:	18:55.28	35.96
	350m:	4:16.79	38.15	750m:	9:22.66	39.03	1150m:	14:30.82	39.02			
	400m:	4:54.06	37.27	800m:	10:00.32	37.66	1200m:	15:08.49	37.67			
2.	Viktória Háden-Felföldi	Iron Swim				HUN		19:11.65		+0.74		
	50m:	34.14	34.14	450m:	5:39.24	38.45	850m:	10:47.45	38.59	1250m:	15:58.25	39.01
	100m:	1:11.91	37.77	500m:	6:17.71	38.47	900m:	11:26.33	38.88	1300m:	16:37.56	39.31
	150m:	1:49.88	37.97	550m:	6:56.31	38.60	950m:	12:04.98	38.65	1350m:	17:16.36	38.80
	200m:	2:28.08	38.20	600m:	7:34.65	38.34	1000m:	12:43.85	38.87	1400m:	17:55.49	39.13
	250m:	3:06.04	37.96	650m:	8:13.37	38.72	1050m:	13:22.57	38.72	1450m:	18:34.29	38.80
	300m:	3:44.18	38.14	700m:	8:51.85	38.48	1100m:	14:01.40	38.83	1500m:	19:11.65	37.36
	350m:	4:22.59	38.41	750m:	9:30.30	38.45	1150m:	14:40.26	38.86			
	400m:	5:00.79	38.20	800m:	10:08.86	38.56	1200m:	15:19.24	38.98			
3.	Jenny Schouten	PSV				NED 198703674		19:33.28		+0.77		
	50m:	33.39	33.39	450m:	5:42.93	39.59	850m:	10:58.02	39.12	1250m:	16:17.06	40.01
	100m:	1:10.53	37.14	500m:	6:22.38	39.45	900m:	11:37.88	39.86	1300m:	16:57.47	40.41
	150m:	1:49.26	38.73	550m:	7:01.11	38.73	950m:	12:17.89	40.01	1350m:	17:37.26	39.79
	200m:	2:27.64	38.38	600m:	7:40.57	39.46	1000m:	12:57.32	39.43	1400m:	18:16.96	39.70
	250m:	3:06.45	38.81	650m:	8:19.69	39.12	1050m:	13:37.27	39.95	1450m:	18:55.72	38.76
	300m:	3:45.57	39.12	700m:	8:59.74	40.05	1100m:	14:16.85	39.58	1500m:	19:33.28	37.56
	350m:	4:24.72	39.15	750m:	9:39.14	39.40	1150m:	14:57.36	40.51			
	400m:	5:03.34	38.62	800m:	10:18.90	39.76	1200m:	15:37.05	39.69			
4.	Gilda Marussich	ASD Life Academy - Hadria NuotITA				67277		20:29.93		+0.78		
	50m:	35.60	35.60	450m:	6:00.32	40.70	850m:	11:29.76	41.08	1250m:	17:03.30	41.18
	100m:	1:15.06	39.46	500m:	6:41.69	41.37	900m:	12:11.69	41.93	1300m:	17:45.27	41.97
	150m:	1:55.42	40.36	550m:	7:22.38	40.69	950m:	12:52.90	41.21	1350m:	18:26.70	41.43
	200m:	2:36.37	40.95	600m:	8:03.70	41.32	1000m:	13:34.74	41.84	1400m:	19:09.00	42.30
	250m:	3:16.84	40.47	650m:	8:44.29	40.59	1050m:	14:16.02	41.28	1450m:	19:49.84	40.84
	300m:	3:57.82	40.98	700m:	9:25.65	41.36	1100m:	14:58.44	42.42	1500m:	20:29.93	40.09
	350m:	4:38.44	40.62	750m:	10:06.86	41.21	1150m:	15:40.11	41.67			
	400m:	5:19.62	41.18	800m:	10:48.68	41.82	1200m:	16:22.12	42.01			
5.	Relinda Baas	TriVia				NED 198900144		21:16.71		+0.83		
	50m:	36.71	36.71	450m:	6:15.21	42.79	850m:	11:59.38	43.22	1250m:	17:43.65	43.24
	100m:	1:17.61	40.90	500m:	6:58.63	43.42	900m:	12:42.27	42.89	1300m:	18:26.83	43.18
	150m:	1:59.11	41.50	550m:	7:41.15	42.52	950m:	13:24.99	42.72	1350m:	19:09.89	43.06
	200m:	2:41.38	42.27	600m:	8:24.27	43.12	1000m:	14:07.88	42.89	1400m:	19:52.92	43.03
	250m:	3:23.73	42.35	650m:	9:06.91	42.64	1050m:	14:50.68	42.80	1450m:	20:35.27	42.35
	300m:	4:06.80	43.07	700m:	9:50.27	43.36	1100m:	15:33.99	43.31	1500m:	21:16.71	41.44
	350m:	4:49.71	42.91	750m:	10:33.23	42.96	1150m:	16:17.15	43.16			
	400m:	5:32.42	42.71	800m:	11:16.16	42.93	1200m:	17:00.41	43.26			
6.	Nanda van Heteren	PSV				NED 198901728		21:32.74				
	50m:	37.35	37.35	450m:	6:22.29	43.41	850m:	12:09.27	43.53	1250m:	18:00.11	43.20
	100m:	1:19.44	42.09	500m:	7:06.07	43.78	900m:	12:53.15	43.88	1300m:	18:44.61	44.50
	150m:	2:02.02	42.58	550m:	7:49.23	43.16	950m:	13:36.89	43.74	1350m:	19:28.00	43.39
	200m:	2:45.57	43.55	600m:	8:32.90	43.67	1000m:	14:20.47	43.58	1400m:	20:10.59	42.59
	250m:	3:28.77	43.20	650m:	9:15.94	43.04	1050m:	15:04.00	43.53	1450m:	20:52.46	41.87
	300m:	4:12.38	43.61	700m:	9:59.50	43.56	1100m:	15:48.05	44.05	1500m:	21:32.74	40.28
	350m:	4:55.50	43.12	750m:	10:42.33	42.83	1150m:	16:32.62	44.57			
	400m:	5:38.88	43.38	800m:	11:25.74	43.41	1200m:	17:16.91	44.29			
7.	Liesbeth van Mill	Zwemlust- den Hommel				NED 198702786		22:39.65		+0.95		
	50m:	38.94	38.94	450m:	6:33.80	45.03	850m:	12:38.49	45.40	1250m:	18:47.77	46.19
	100m:	1:21.91	42.97	500m:	7:19.43	45.63	900m:	13:24.93	46.44	1300m:	19:34.38	46.61
	150m:	2:05.66	43.75	550m:	8:05.05	45.62	950m:	14:10.67	45.74	1350m:	20:20.71	46.33
	200m:	2:50.15	44.49	600m:	8:50.65	45.60	1000m:	14:56.99	46.32	1400m:	21:07.44	46.73
	250m:	3:34.47	44.32	650m:	9:36.28	45.63	1050m:	15:43.04	46.05	1450m:	21:53.91	46.47
	300m:	4:19.26	44.79	700m:	10:22.04	45.76	1100m:	16:29.60	46.56	1500m:	22:39.65	45.74
	350m:	5:03.82	44.56	750m:	11:07.03	44.99	1150m:	17:15.19	45.59			
	400m:	5:48.77	44.95	800m:	11:53.09	46.06	1200m:	18:01.58	46.39			

Programmanr. 2, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging					tijd	RT	PARA
8.	Sandra Schellekens	Neptunus'58	NED		198503416		23:34.73	+0.88	
	50m: 38.59	38.59	450m: 6:50.33	47.63	850m: 13:13.76	47.44	1250m: 19:38.61	48.13	
	100m: 1:22.92	44.33	500m: 7:38.08	47.75	900m: 14:01.82	48.06	1300m: 20:27.13	48.52	
	150m: 2:08.29	45.37	550m: 8:25.94	47.86	950m: 14:49.64	47.82	1350m: 21:15.19	48.06	
	200m: 2:54.34	46.05	600m: 9:14.31	48.37	1000m: 15:37.85	48.21	1400m: 22:04.05	48.86	
	250m: 3:41.27	46.93	650m: 10:02.35	48.04	1050m: 16:25.88	48.03	1450m: 22:51.24	47.19	
	300m: 4:27.91	46.64	700m: 10:50.59	48.24	1100m: 17:14.05	48.17	1500m: 23:34.73	43.49	
	350m: 5:15.27	47.36	750m: 11:38.38	47.79	1150m: 18:01.97	47.92			
	400m: 6:02.70	47.43	800m: 12:26.32	47.94	1200m: 18:50.48	48.51			
9.	Esther Boerdam-Delfos	AZC	NED		198705256		23:40.01	+0.79	
	50m: 39.11	39.11	450m: 6:51.76	47.55	850m: 13:15.87	48.22	1250m: 19:43.94	48.71	
	100m: 1:22.86	43.75	500m: 7:39.69	47.93	900m: 14:04.93	49.06	1300m: 20:32.33	48.39	
	150m: 2:08.45	45.59	550m: 8:27.48	47.79	950m: 14:52.84	47.91	1350m: 21:20.77	48.44	
	200m: 2:55.53	47.08	600m: 9:15.27	47.79	1000m: 15:41.11	48.27	1400m: 22:09.42	48.65	
	250m: 3:42.46	46.93	650m: 10:02.97	47.70	1050m: 16:29.76	48.65	1450m: 22:55.52	46.10	
	300m: 4:29.80	47.34	700m: 10:51.29	48.32	1100m: 17:18.46	48.70	1500m: 23:40.01	44.49	
	350m: 5:16.64	46.84	750m: 11:39.06	47.77	1150m: 18:06.85	48.39			
	400m: 6:04.21	47.57	800m: 12:27.65	48.59	1200m: 18:55.23	48.38			

Masters 40+

1.	Ann Wanter <i>Belgisch Masters Record</i>	Zwemclub Geel	BEL		ZGEEL/21082/82		19:19.08	+0.78	
	50m: 33.90	33.90	450m: 5:42.40	38.85	850m: 10:53.41	39.06	1250m: 16:06.95	39.02	
	100m: 1:10.90	37.00	500m: 6:21.05	38.65	900m: 11:32.75	39.34	1300m: 16:46.16	39.21	
	150m: 1:49.58	38.68	550m: 6:59.59	38.54	950m: 12:11.99	39.24	1350m: 17:25.52	39.36	
	200m: 2:28.46	38.88	600m: 7:38.59	39.00	1000m: 12:51.61	39.62	1400m: 18:04.64	39.12	
	250m: 3:06.79	38.33	650m: 8:17.45	38.86	1050m: 13:30.84	39.23	1450m: 18:43.47	38.83	
	300m: 3:45.93	39.14	700m: 8:56.50	39.05	1100m: 14:10.01	39.17	1500m: 19:19.08	35.61	
	350m: 4:24.76	38.83	750m: 9:35.45	38.95	1150m: 14:48.89	38.88			
	400m: 5:03.55	38.79	800m: 10:14.35	38.90	1200m: 15:27.93	39.04			
2.	Maïke Zeterberg	Zehlendorfer TSV 1888	GER		066680		19:24.09		
	50m: 33.81	33.81	450m: 5:40.05	38.53	850m: 10:53.29	39.02	1250m: 16:08.15	39.07	
	100m: 1:11.49	37.68	500m: 6:19.36	39.31	900m: 11:32.93	39.64	1300m: 16:47.91	39.76	
	150m: 1:49.68	38.19	550m: 6:58.19	38.83	950m: 12:12.06	39.13	1350m: 17:27.14	39.23	
	200m: 2:27.92	38.24	600m: 7:37.43	39.24	1000m: 12:51.86	39.80	1400m: 18:06.98	39.84	
	250m: 3:06.09	38.17	650m: 8:16.35	38.92	1050m: 13:30.93	39.07	1450m: 18:45.55	38.57	
	300m: 3:44.49	38.40	700m: 8:55.72	39.37	1100m: 14:10.45	39.52	1500m: 19:24.09	38.54	
	350m: 4:22.72	38.23	750m: 9:34.77	39.05	1150m: 14:49.47	39.02			
	400m: 5:01.52	38.80	800m: 10:14.27	39.50	1200m: 15:29.08	39.61			
3.	Heather Frees	Lone Star Masters	USA				19:42.13	+0.67	
	50m: 34.39	34.39	450m: 5:46.19	39.84	850m: 11:05.23	40.33	1250m: 16:25.94	40.16	
	100m: 1:11.92	37.53	500m: 6:25.94	39.75	900m: 11:45.44	40.21	1300m: 17:06.05	40.11	
	150m: 1:50.34	38.42	550m: 7:05.76	39.82	950m: 12:25.29	39.85	1350m: 17:45.83	39.78	
	200m: 2:29.10	38.76	600m: 7:45.41	39.24	1000m: 13:05.27	39.98	1400m: 18:25.45	39.62	
	250m: 3:08.27	39.17	650m: 8:25.39	39.98	1050m: 13:45.39	40.12	1450m: 19:04.82	39.37	
	300m: 3:47.58	39.31	700m: 9:05.14	39.75	1100m: 14:26.09	40.70	1500m: 19:42.13	37.31	
	350m: 4:27.03	39.45	750m: 9:45.06	39.92	1150m: 15:05.85	39.76			
	400m: 5:06.35	39.32	800m: 10:24.90	39.84	1200m: 15:45.78	39.93			
4.	Steffi Krul- Meinhold	d'ELFT	NED		198001542		20:39.20	+0.84	
	50m: 36.05	36.05	450m: 6:07.05	41.41	850m: 11:40.65	41.76	1250m: 17:13.84	41.95	
	100m: 1:16.46	40.41	500m: 6:48.62	41.57	900m: 12:22.05	41.40	1300m: 17:55.18	41.34	
	150m: 1:57.36	40.90	550m: 7:30.67	42.05	950m: 13:03.55	41.50	1350m: 18:36.57	41.39	
	200m: 2:38.85	41.49	600m: 8:12.48	41.81	1000m: 13:45.00	41.45	1400m: 19:17.86	41.29	
	250m: 3:20.27	41.42	650m: 8:54.37	41.89	1050m: 14:26.71	41.71	1450m: 19:59.08	41.22	
	300m: 4:01.92	41.65	700m: 9:35.85	41.48	1100m: 15:08.16	41.45	1500m: 20:39.20	40.12	
	350m: 4:43.89	41.97	750m: 10:17.52	41.67	1150m: 15:50.12	41.96			
	400m: 5:25.64	41.75	800m: 10:58.89	41.37	1200m: 16:31.89	41.77			
5.	Ramona Linting	AZC	NED		198301274		22:08.00	+0.58	
	50m: 37.24	37.24	450m: 6:25.13	43.94	850m: 12:21.00	44.70	1250m: 18:21.41	45.14	
	100m: 1:18.65	41.41	500m: 7:09.62	44.49	900m: 13:06.20	45.20	1300m: 19:07.40	45.99	
	150m: 2:01.32	42.67	550m: 7:53.99	44.37	950m: 13:50.84	44.64	1350m: 19:52.32	44.92	
	200m: 2:45.30	43.98	600m: 8:38.28	44.29	1000m: 14:36.09	45.25	1400m: 20:37.61	45.29	
	250m: 3:29.18	43.88	650m: 9:22.29	44.01	1050m: 15:20.78	44.69	1450m: 21:22.42	44.81	
	300m: 4:13.10	43.92	700m: 10:06.82	44.53	1100m: 16:06.10	45.32	1500m: 22:08.00	45.58	
	350m: 4:56.98	43.88	750m: 10:51.29	44.47	1150m: 16:50.67	44.57			
	400m: 5:41.19	44.21	800m: 11:36.30	45.01	1200m: 17:36.27	45.60			



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	RT	PARA
6.	Sabrina Boekhout	De Biesboschzwermmers	22:31.52	+0.84	
	50m: 37.49	37.49 450m: 6:35.46 44.89	850m: 12:38.68 45.43	1250m: 18:46.02 46.26	
	100m: 1:19.91	42.42 500m: 7:20.23 44.77	900m: 13:24.52 45.84	1300m: 19:31.83 45.81	
	150m: 2:03.94	44.03 550m: 8:05.18 44.95	950m: 14:10.37 45.85	1350m: 20:16.91 45.08	
	200m: 2:48.55	44.61 600m: 8:50.68 45.50	1000m: 14:56.42 46.05	1400m: 21:02.35 45.44	
	250m: 3:33.53	44.98 650m: 9:35.98 45.30	1050m: 15:42.06 45.64	1450m: 21:47.11 44.76	
	300m: 4:19.09	45.56 700m: 10:22.20 46.22	1100m: 16:28.03 45.97	1500m: 22:31.52 44.41	
	350m: 5:04.86	45.77 750m: 11:07.52 45.32	1150m: 17:14.25 46.22		
	400m: 5:50.57	45.71 800m: 11:53.25 45.73	1200m: 17:59.76 45.51		
7.	Linda Hoogendam	WVZ	23:46.03	+0.91	
	50m: 39.56	39.56 450m: 6:57.69 47.76	850m: 13:25.30 48.45	1250m: 19:53.32 48.12	
	100m: 1:25.37	45.81 500m: 7:46.46 48.77	900m: 14:13.72 48.42	1300m: 20:41.59 48.27	
	150m: 2:11.51	46.14 550m: 8:33.91 47.45	950m: 15:02.45 48.73	1350m: 21:28.60 47.01	
	200m: 2:58.60	47.09 600m: 9:22.22 48.31	1000m: 15:51.31 48.86	1400m: 22:16.05 47.45	
	250m: 3:46.17	47.57 650m: 10:10.74 48.52	1050m: 16:39.02 47.71	1450m: 23:02.19 46.14	
	300m: 4:33.52	47.35 700m: 10:59.38 48.64	1100m: 17:27.52 48.50	1500m: 23:46.03 43.84	
	350m: 5:21.62	48.10 750m: 11:48.05 48.67	1150m: 18:16.57 49.05		
	400m: 6:09.93	48.31 800m: 12:36.85 48.80	1200m: 19:05.20 48.63		

Masters 45+

1.	Liselotte Joling	PSV	19:51.73	+0.84	
	50m: 35.54	35.54 450m: 5:52.77 40.15	850m: 11:10.77 39.85	1250m: 16:32.29 40.43	
	100m: 1:14.88	39.34 500m: 6:32.62 39.85	900m: 11:51.00 40.23	1300m: 17:12.53 40.24	
	150m: 1:54.12	39.24 550m: 7:11.31 38.69	950m: 12:31.52 40.52	1350m: 17:53.08 40.55	
	200m: 2:34.00	39.88 600m: 7:50.94 39.63	1000m: 13:11.26 39.74	1400m: 18:33.89 40.81	
	250m: 3:13.79	39.79 650m: 8:31.39 40.45	1050m: 13:51.94 40.68	1450m: 19:13.66 39.77	
	300m: 3:53.38	39.59 700m: 9:11.23 39.84	1100m: 14:31.89 39.95	1500m: 19:51.73 38.07	
	350m: 4:33.26	39.88 750m: 9:51.15 39.92	1150m: 15:11.44 39.55		
	400m: 5:12.62	39.36 800m: 10:30.92 39.77	1200m: 15:51.86 40.42		
2.	Chantal Verhoeff	Old Dutch	22:23.77	+0.79	
	50m: 37.48	37.48 450m: 6:34.43 45.06	850m: 12:33.88 45.31	1250m: 18:37.55 45.59	
	100m: 1:20.19	42.71 500m: 7:19.06 44.63	900m: 13:19.01 45.13	1300m: 19:23.29 45.74	
	150m: 2:04.55	44.36 550m: 8:03.82 44.76	950m: 14:04.20 45.19	1350m: 20:08.73 45.44	
	200m: 2:49.12	44.57 600m: 8:48.70 44.88	1000m: 14:49.91 45.71	1400m: 20:54.16 45.43	
	250m: 3:34.17	45.05 650m: 9:33.88 45.18	1050m: 15:35.37 45.46	1450m: 21:39.44 45.28	
	300m: 4:18.96	44.79 700m: 10:18.63 44.75	1100m: 16:20.99 45.62	1500m: 22:23.77 44.33	
	350m: 5:04.40	45.44 750m: 11:03.57 44.94	1150m: 17:06.41 45.42		
	400m: 5:49.37	44.97 800m: 11:48.57 45.00	1200m: 17:51.96 45.55		
3.	Jessica Venema	GZC DONK	22:44.53	+0.80	
	50m: 36.43	36.43 450m: 6:31.94 45.54	850m: 12:42.17 47.39	1250m: 18:56.66 46.44	
	100m: 1:18.58	42.15 500m: 7:17.13 45.19	900m: 13:28.85 46.68	1300m: 19:43.41 46.75	
	150m: 2:02.06	43.48 550m: 8:03.31 46.18	950m: 14:15.83 46.98	1350m: 20:30.36 46.95	
	200m: 2:46.42	44.36 600m: 8:48.62 45.31	1000m: 15:02.84 47.01	1400m: 21:16.96 46.60	
	250m: 3:31.41	44.99 650m: 9:34.85 46.23	1050m: 15:50.03 47.19	1450m: 22:02.69 45.73	
	300m: 4:16.34	44.93 700m: 10:21.27 46.42	1100m: 16:37.20 47.17	1500m: 22:44.53 41.84	
	350m: 5:01.33	44.99 750m: 11:07.74 46.47	1150m: 17:23.85 46.65		
	400m: 5:46.40	45.07 800m: 11:54.78 47.04	1200m: 18:10.22 46.37		

Masters 50+

1.	Carla Geurts	PSV	19:33.69	+0.72	
	50m: 34.27	34.27 450m: 5:45.97 39.10	850m: 10:59.59 38.74	1250m: 16:15.30 39.61	
	100m: 1:12.11	37.84 500m: 6:25.36 39.39	900m: 11:39.15 39.56	1300m: 16:54.89 39.59	
	150m: 1:50.65	38.54 550m: 7:04.48 39.12	950m: 12:18.41 39.26	1350m: 17:34.51 39.62	
	200m: 2:29.81	39.16 600m: 7:43.81 39.33	1000m: 12:58.35 39.94	1400m: 18:14.68 40.17	
	250m: 3:08.56	38.75 650m: 8:22.75 38.94	1050m: 13:37.73 39.38	1450m: 18:54.25 39.57	
	300m: 3:48.15	39.59 700m: 9:02.30 39.55	1100m: 14:17.00 39.27	1500m: 19:33.69 39.44	
	350m: 4:27.40	39.25 750m: 9:41.16 38.86	1150m: 14:56.47 39.47		
	400m: 5:06.87	39.47 800m: 10:20.85 39.69	1200m: 15:35.69 39.22		
2.	Bianca Groot	MSV-Zeemacht	21:19.27	+0.87	
	50m: 36.77	36.77 450m: 6:11.84 42.44	850m: 11:53.05 43.20	1250m: 17:41.47 43.38	
	100m: 1:18.03	41.26 500m: 6:54.34 42.50	900m: 12:36.40 43.35	1300m: 18:24.77 43.30	
	150m: 1:59.81	41.78 550m: 7:36.65 42.31	950m: 13:19.94 43.54	1350m: 19:08.07 43.30	
	200m: 2:41.57	41.76 600m: 8:19.16 42.51	1000m: 14:03.70 43.76	1400m: 19:51.62 43.55	
	250m: 3:23.52	41.95 650m: 9:01.51 42.35	1050m: 14:46.59 42.89	1450m: 20:34.91 43.29	
	300m: 4:05.32	41.80 700m: 9:44.31 42.80	1100m: 15:30.23 43.64	1500m: 21:19.27 44.36	
	350m: 4:47.21	41.89 750m: 10:26.84 42.53	1150m: 16:13.92 43.69		
	400m: 5:29.40	42.19 800m: 11:09.85 43.01	1200m: 16:58.09 44.17		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA	
3.	Karin Stein	ZVVS	21:35.77	+0.85		
	50m: 38.20	38.20 450m: 6:22.67	43.26 850m: 12:10.60	43.25	1250m: 17:58.82	43.73
	100m: 1:19.82	41.62 500m: 7:06.03	43.36 900m: 12:54.21	43.61	1300m: 18:43.13	44.31
	150m: 2:02.71	42.89 550m: 7:49.40	43.37 950m: 13:37.76	43.55	1350m: 19:26.98	43.85
	200m: 2:45.88	43.17 600m: 8:32.72	43.32 1000m: 14:21.16	43.40	1400m: 20:10.73	43.75
	250m: 3:29.06	43.18 650m: 9:16.14	43.42 1050m: 15:04.64	43.48	1450m: 20:54.44	43.71
	300m: 4:12.25	43.19 700m: 9:59.97	43.83 1100m: 15:47.96	43.32	1500m: 21:35.77	41.33
	350m: 4:55.84	43.59 750m: 10:43.42	43.45 1150m: 16:31.37	43.41		
	400m: 5:39.41	43.57 800m: 11:27.35	43.93 1200m: 17:15.09	43.72		
4.	Marleen Vos	Batavia Swim	21:38.42	+0.83		
	50m: 37.41	37.41 450m: 6:18.66	43.24 850m: 12:06.65	43.42	1250m: 17:58.98	44.30
	100m: 1:19.02	41.61 500m: 7:01.75	43.09 900m: 12:50.53	43.88	1300m: 18:43.58	44.60
	150m: 2:01.11	42.09 550m: 7:45.33	43.58 950m: 13:34.66	44.13	1350m: 19:28.01	44.43
	200m: 2:43.71	42.60 600m: 8:28.82	43.49 1000m: 14:18.34	43.68	1400m: 20:11.97	43.96
	250m: 3:26.53	42.82 650m: 9:12.13	43.31 1050m: 15:02.38	44.04	1450m: 20:56.03	44.06
	300m: 4:09.48	42.95 700m: 9:55.64	43.51 1100m: 15:46.69	44.31	1500m: 21:38.42	42.39
	350m: 4:52.20	42.72 750m: 10:39.27	43.63 1150m: 16:30.20	43.51		
	400m: 5:35.42	43.22 800m: 11:23.23	43.96 1200m: 17:14.68	44.48		
5.	Nicole Warnier	Zwemclub Eijsden	21:58.16	+0.89		
	50m: 38.68	38.68 450m: 6:24.70	43.62 850m: 12:16.59	44.65	1250m: 18:15.26	45.08
	100m: 1:20.61	41.93 500m: 7:08.25	43.55 900m: 13:01.17	44.58	1300m: 19:00.17	44.91
	150m: 2:03.87	43.26 550m: 7:51.74	43.49 950m: 13:45.95	44.78	1350m: 19:45.16	44.99
	200m: 2:47.15	43.28 600m: 8:35.30	43.56 1000m: 14:30.57	44.62	1400m: 20:29.99	44.83
	250m: 3:30.54	43.39 650m: 9:19.04	43.74 1050m: 15:15.37	44.80	1450m: 21:14.57	44.58
	300m: 4:13.87	43.33 700m: 10:02.73	43.69 1100m: 16:00.35	44.98	1500m: 21:58.16	43.59
	350m: 4:57.54	43.67 750m: 10:47.48	44.75 1150m: 16:45.31	44.96		
	400m: 5:41.08	43.54 800m: 11:31.94	44.46 1200m: 17:30.18	44.87		
6.	Mariska van Doorn	Arethusa	22:48.41	+0.94		
	50m: 38.13	38.13 450m: 6:35.80	45.53 850m: 12:44.55	45.50	1250m: 18:57.43	46.75
	100m: 1:20.77	42.64 500m: 7:21.50	45.70 900m: 13:30.90	46.35	1300m: 19:44.30	46.87
	150m: 2:05.02	44.25 550m: 8:07.10	45.60 950m: 14:17.32	46.42	1350m: 20:31.05	46.75
	200m: 2:49.69	44.67 600m: 8:53.36	46.26 1000m: 15:04.12	46.80	1400m: 21:16.97	45.92
	250m: 3:34.23	44.54 650m: 9:39.85	46.49 1050m: 15:50.87	46.75	1450m: 22:03.68	46.71
	300m: 4:19.45	45.22 700m: 10:25.93	46.08 1100m: 16:37.61	46.74	1500m: 22:48.41	44.73
	350m: 5:04.68	45.23 750m: 11:12.47	46.54 1150m: 17:23.83	46.22		
	400m: 5:50.27	45.59 800m: 11:59.05	46.58 1200m: 18:10.68	46.85		
7.	Inken Wemheuer	Team Noord Holland (SG)	23:00.45	+0.79		
	50m: 38.66	38.66 450m: 6:48.00	46.59 850m: 13:01.72	46.68	1250m: 19:12.70	46.37
	100m: 1:22.50	43.84 500m: 7:35.26	47.26 900m: 13:48.20	46.48	1300m: 19:59.22	46.52
	150m: 2:08.34	45.84 550m: 8:21.94	46.68 950m: 14:33.95	45.75	1350m: 20:45.99	46.77
	200m: 2:54.63	46.29 600m: 9:08.74	46.80 1000m: 15:20.07	46.12	1400m: 21:33.04	47.05
	250m: 3:41.01	46.38 650m: 9:55.29	46.55 1050m: 16:06.37	46.30	1450m: 22:18.16	45.12
	300m: 4:27.77	46.76 700m: 10:42.13	46.84 1100m: 16:53.17	46.80	1500m: 23:00.45	42.29
	350m: 5:14.41	46.64 750m: 11:28.39	46.26 1150m: 17:39.52	46.35		
	400m: 6:01.41	47.00 800m: 12:15.04	46.65 1200m: 18:26.33	46.81		
8.	Pascalie Janssen	Patrick-De Roersoppers (SG)	23:33.81	+0.98		
	50m: 39.09	39.09 450m: 6:52.18	47.53 850m: 13:14.07	48.03	1250m: 19:38.07	48.50
	100m: 1:23.32	44.23 500m: 7:39.89	47.71 900m: 14:01.78	47.71	1300m: 20:26.10	48.03
	150m: 2:09.40	46.08 550m: 8:27.45	47.56 950m: 14:49.95	48.17	1350m: 21:14.38	48.28
	200m: 2:55.89	46.49 600m: 9:14.81	47.36 1000m: 15:37.61	47.66	1400m: 22:02.66	48.28
	250m: 3:42.90	47.01 650m: 10:02.56	47.75 1050m: 16:25.48	47.87	1450m: 22:50.09	47.43
	300m: 4:30.04	47.14 700m: 10:50.09	47.53 1100m: 17:13.29	47.81	1500m: 23:33.81	43.72
	350m: 5:17.38	47.34 750m: 11:38.02	47.93 1150m: 18:01.53	48.24		
	400m: 6:04.65	47.27 800m: 12:26.04	48.02 1200m: 18:49.57	48.04		
9.	Annette Spies	Link	25:36.06	+0.92		
	50m: 44.03	44.03 450m: 7:33.73	51.47 850m: 14:26.52	50.25	1250m: 21:19.59	50.58
	100m: 1:33.06	49.03 500m: 8:25.20	51.47 900m: 15:19.10	52.58	1300m: 22:11.92	52.33
	150m: 2:24.12	51.06 550m: 9:17.99	52.79 950m: 16:09.64	50.54	1350m: 23:03.03	51.11
	200m: 3:15.19	51.07 600m: 10:09.92	51.93 1000m: 17:02.23	52.59	1400m: 23:54.97	51.94
	250m: 4:06.45	51.26 650m: 11:01.27	51.35 1050m: 17:53.78	51.55	1450m: 24:46.35	51.38
	300m: 4:58.71	52.26 700m: 11:52.88	51.61 1100m: 18:45.58	51.80	1500m: 25:36.06	49.71
	350m: 5:50.59	51.88 750m: 12:44.36	51.48 1150m: 19:36.51	50.93		
	400m: 6:42.26	51.67 800m: 13:36.27	51.91 1200m: 20:29.01	52.50		
10.	Annet Kootstra	SWOL 1894	26:25.16	+1.02		
	50m: 43.45	43.45 450m: 7:34.26	52.68 850m: 14:39.90	53.96	1250m: 21:53.27	54.51
	100m: 1:32.59	49.14 500m: 8:26.40	52.14 900m: 15:33.48	53.58	1300m: 22:47.54	54.27
	150m: 2:22.59	50.00 550m: 9:19.33	52.93 950m: 16:28.13	54.65	1350m: 23:42.75	55.21
	200m: 3:13.71	51.12 600m: 10:12.34	53.01 1000m: 17:21.43	53.30	1400m: 24:37.04	54.29
	250m: 4:05.08	51.37 650m: 11:05.56	53.22 1050m: 18:15.90	54.47	1450m: 25:32.04	55.00
	300m: 4:56.63	51.55 700m: 11:58.57	53.01 1100m: 19:09.94	54.04	1500m: 26:25.16	53.12
	350m: 5:48.68	52.05 750m: 12:52.78	54.21 1150m: 20:04.72	54.78		
	400m: 6:41.58	52.90 800m: 13:45.94	53.16 1200m: 20:58.76	54.04		





Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA	
11.	Marita Pongers	ZPC De Hof	27:15.23			
	50m: 45.17	45.17	450m: 8:00.38	55.84	850m: 15:19.67	55.73
	100m: 1:36.10	50.93	500m: 8:54.22	53.84	900m: 16:14.86	55.19
	150m: 2:29.04	52.94	550m: 9:48.61	54.39	950m: 17:11.19	56.33
	200m: 3:23.64	54.60	600m: 10:43.61	55.00	1000m: 18:05.06	53.87
	250m: 4:18.40	54.76	650m: 11:37.84	54.23	1050m: 18:59.50	54.44
	300m: 5:15.01	56.61	700m: 12:34.40	56.56	1100m: 19:56.06	56.56
	350m: 6:09.89	54.88	750m: 13:29.18	54.78	1150m: 20:51.79	55.73
	400m: 7:04.54	54.65	800m: 14:23.94	54.76	1200m: 21:47.00	55.21
					1250m: 22:42.71	55.71
					1300m: 23:38.22	55.51
					1350m: 24:34.19	55.97
					1400m: 25:30.55	56.36
					1450m: 26:24.01	53.46
					1500m: 27:15.23	51.22

Masters 55+

1.	Iris van Aurich	DWK	22:56.01	*	+0.80	
	50m: 38.07	38.07	450m: 6:45.35	46.34	850m: 12:57.26	47.48
	100m: 1:21.49	43.42	500m: 7:30.91	45.56	900m: 13:44.05	46.79
	150m: 2:06.84	45.35	550m: 8:17.53	46.62	950m: 14:30.91	46.86
	200m: 2:52.99	46.15	600m: 9:03.94	46.41	1000m: 15:17.40	46.49
	250m: 3:39.88	46.89	650m: 9:49.54	45.60	1050m: 16:04.03	46.63
	300m: 4:26.38	46.50	700m: 10:35.70	46.16	1100m: 16:50.94	46.91
	350m: 5:13.20	46.82	750m: 11:23.15	47.45	1150m: 17:37.72	46.78
	400m: 5:59.01	45.81	800m: 12:09.78	46.63	1200m: 18:23.89	46.17
					1250m: 19:10.11	46.22
					1300m: 19:56.34	46.23
					1350m: 20:43.08	46.74
					1400m: 21:28.75	45.67
					1450m: 22:14.12	45.37
					1500m: 22:56.01	41.89
2.	Laura Staal	Oceanus	23:03.53		+0.89	
	50m: 40.27	40.27	450m: 6:46.70	45.84	850m: 12:57.64	46.63
	100m: 1:24.73	44.46	500m: 7:32.99	46.29	900m: 13:44.23	46.59
	150m: 2:10.55	45.82	550m: 8:19.41	46.42	950m: 14:30.75	46.52
	200m: 2:56.72	46.17	600m: 9:05.75	46.34	1000m: 15:17.11	46.36
	250m: 3:42.54	45.82	650m: 9:51.92	46.17	1050m: 16:03.82	46.71
	300m: 4:28.50	45.96	700m: 10:38.24	46.32	1100m: 16:50.47	46.65
	350m: 5:14.79	46.29	750m: 11:24.26	46.02	1150m: 17:37.53	47.06
	400m: 6:00.86	46.07	800m: 12:11.01	46.75	1200m: 18:24.26	46.73
					1250m: 19:11.12	46.86
					1300m: 19:58.10	46.98
					1350m: 20:44.58	46.48
					1400m: 21:31.29	46.71
					1450m: 22:17.84	46.55
					1500m: 23:03.53	45.69
3.	K. van Nassau-van den Heuvel	Old Dutch	25:01.02		+1.08	
	50m: 44.58	44.58	450m: 7:23.69	50.22	850m: 14:06.83	50.35
	100m: 1:33.47	48.89	500m: 8:14.07	50.38	900m: 14:57.88	51.05
	150m: 2:22.83	49.36	550m: 9:03.87	49.80	950m: 15:47.76	49.88
	200m: 3:12.64	49.81	600m: 9:54.36	50.49	1000m: 16:38.69	50.93
	250m: 4:02.66	50.02	650m: 10:44.64	50.28	1050m: 17:29.85	51.16
	300m: 4:52.89	50.23	700m: 11:35.42	50.78	1100m: 18:20.84	50.99
	350m: 5:42.93	50.04	750m: 12:25.65	50.23	1150m: 19:10.86	50.02
	400m: 6:33.47	50.54	800m: 13:16.48	50.83	1200m: 20:01.40	50.54
					1250m: 20:51.41	50.01
					1300m: 21:42.25	50.84
					1350m: 22:31.97	49.72
					1400m: 23:22.33	50.36
					1450m: 24:12.41	50.08
					1500m: 25:01.02	48.61
4.	Kristien Van de Moortel	ShaRK - Zwemvereniging Region KemrBEL	26:43.38		+0.88	
	50m: 46.30	46.30	450m: 7:50.67	53.32	850m: 14:56.93	53.73
	100m: 1:38.89	52.59	500m: 8:43.28	52.61	900m: 15:51.41	54.48
	150m: 2:32.26	53.37	550m: 9:36.54	53.26	950m: 16:46.10	54.69
	200m: 3:25.66	53.40	600m: 10:29.86	53.32	1000m: 17:40.45	54.35
	250m: 4:18.61	52.95	650m: 11:23.24	53.38	1050m: 18:34.95	54.50
	300m: 5:11.54	52.93	700m: 12:16.40	53.16	1100m: 19:28.99	54.04
	350m: 6:04.69	53.15	750m: 13:09.98	53.58	1150m: 20:23.59	54.60
	400m: 6:57.35	52.66	800m: 14:03.20	53.22	1200m: 21:18.22	54.63
					1250m: 22:12.96	54.74
					1300m: 23:08.42	55.46
					1350m: 24:03.37	54.95
					1400m: 24:58.10	54.73
					1450m: 25:52.62	54.52
					1500m: 26:43.38	50.76

Masters 60+

1.	Katrin Pennings	PSV	22:11.74		+0.78	
	<i>Nederlands Masters Record</i>					
	50m: 37.58	37.58	450m: 6:30.26	45.00	850m: 12:27.76	44.79
	100m: 1:19.60	42.02	500m: 7:14.89	44.63	900m: 13:12.34	44.58
	150m: 2:03.02	43.42	550m: 7:59.52	44.63	950m: 13:57.10	44.76
	200m: 2:46.99	43.97	600m: 8:44.09	44.57	1000m: 14:41.95	44.85
	250m: 3:31.40	44.41	650m: 9:28.76	44.67	1050m: 15:27.29	45.34
	300m: 4:15.74	44.34	700m: 10:13.55	44.79	1100m: 16:11.84	44.55
	350m: 5:00.47	44.73	750m: 10:58.15	44.60	1150m: 16:56.80	44.96
	400m: 5:45.26	44.79	800m: 11:42.97	44.82	1200m: 17:41.57	44.77
					1250m: 18:27.08	45.51
					1300m: 19:12.14	45.06
					1350m: 19:57.62	45.48
					1400m: 20:42.77	45.15
					1450m: 21:28.22	45.45
					1500m: 22:11.74	43.52
2.	Wilna Heijman	Steenwijk 1934	22:37.78		+0.83	
	50m: 39.24	39.24	450m: 6:33.57	44.39	850m: 12:36.95	45.40
	100m: 1:22.30	43.06	500m: 7:19.07	45.50	900m: 13:22.74	45.79
	150m: 2:05.82	43.52	550m: 8:03.99	44.92	950m: 14:08.02	45.28
	200m: 2:50.33	44.51	600m: 8:49.57	45.58	1000m: 14:53.88	45.86
	250m: 3:34.58	44.25	650m: 9:34.94	45.37	1050m: 15:39.84	45.96
	300m: 4:19.61	45.03	700m: 10:20.67	45.73	1100m: 16:26.16	46.32
	350m: 5:03.74	44.13	750m: 11:05.98	45.31	1150m: 17:12.07	45.91
	400m: 5:49.18	45.44	800m: 11:51.55	45.57	1200m: 17:58.76	46.69
					1250m: 18:45.00	46.24
					1300m: 19:31.41	46.41
					1350m: 20:17.71	46.30
					1400m: 21:05.13	47.42
					1450m: 21:51.41	46.28
					1500m: 22:37.78	46.37



Programmanr. 2, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging					tijd	RT	PARA
3.	Monique Kroeze	De Mors	NED 196400546		23:29.79		+0.95		
	50m: 39.32	39.32	450m: 6:50.87	47.21	850m: 13:10.97	47.58	1250m: 19:32.76	47.99	
	100m: 1:23.05	43.73	500m: 7:38.22	47.35	900m: 13:58.66	47.69	1300m: 20:20.61	47.85	
	150m: 2:08.84	45.79	550m: 8:25.26	47.04	950m: 14:46.43	47.77	1350m: 21:08.13	47.52	
	200m: 2:55.57	46.73	600m: 9:13.09	47.83	1000m: 15:34.21	47.78	1400m: 21:57.19	49.06	
	250m: 3:42.22	46.65	650m: 10:00.41	47.32	1050m: 16:21.76	47.55	1450m: 22:44.54	47.35	
	300m: 4:29.19	46.97	700m: 10:47.55	47.14	1100m: 17:09.10	47.34	1500m: 23:29.79	45.25	
	350m: 5:15.88	46.69	750m: 11:35.49	47.94	1150m: 17:57.13	48.03			
	400m: 6:03.66	47.78	800m: 12:23.39	47.90	1200m: 18:44.77	47.64			
4.	P. Tossings-van de Hooven	GZC DONK	NED 196100376		23:38.38		+0.86		
	50m: 40.80	40.80	450m: 6:56.66	47.56	850m: 13:18.00	47.65	1250m: 19:41.35	48.06	
	100m: 1:26.22	45.42	500m: 7:44.29	47.63	900m: 14:05.82	47.82	1300m: 20:29.49	48.14	
	150m: 2:12.48	46.26	550m: 8:31.66	47.37	950m: 14:53.62	47.80	1350m: 21:17.69	48.20	
	200m: 2:59.82	47.34	600m: 9:19.52	47.86	1000m: 15:41.58	47.96	1400m: 22:06.07	48.38	
	250m: 3:46.45	46.63	650m: 10:07.23	47.71	1050m: 16:29.27	47.69	1450m: 22:54.12	48.05	
	300m: 4:33.83	47.38	700m: 10:54.93	47.70	1100m: 17:17.51	48.24	1500m: 23:38.38	44.26	
	350m: 5:21.26	47.43	750m: 11:42.71	47.78	1150m: 18:05.34	47.83			
	400m: 6:09.10	47.84	800m: 12:30.35	47.64	1200m: 18:53.29	47.95			
5.	Riny Zeijveld-Meuleman	De Berkelduikers	NED 196000204		25:24.31		+0.81		
	50m: 42.72	42.72	450m: 7:26.57	51.32	850m: 14:17.29	50.42	1250m: 21:08.87	51.32	
	100m: 1:30.70	47.98	500m: 8:18.13	51.56	900m: 15:09.10	51.81	1300m: 22:00.90	52.03	
	150m: 2:20.02	49.32	550m: 9:08.90	50.77	950m: 16:00.31	51.21	1350m: 22:51.83	50.93	
	200m: 3:10.25	50.23	600m: 10:00.77	51.87	1000m: 16:52.10	51.79	1400m: 23:43.71	51.88	
	250m: 4:00.67	50.42	650m: 10:51.89	51.12	1050m: 17:42.92	50.82	1450m: 24:34.82	51.11	
	300m: 4:52.36	51.69	700m: 11:43.81	51.92	1100m: 18:34.32	51.40	1500m: 25:24.31	49.49	
	350m: 5:44.08	51.72	750m: 12:35.23	51.42	1150m: 19:25.78	51.46			
	400m: 6:35.25	51.17	800m: 13:26.87	51.64	1200m: 20:17.55	51.77			
6.	Jennie Resink-lindeboom	DWK	NED 196000142		26:47.78		+1.03		
	50m: 45.23	45.23	450m: 7:47.09	53.65	850m: 15:00.58	54.93	1250m: 22:18.73	55.09	
	100m: 1:35.37	50.14	500m: 8:40.82	53.73	900m: 15:54.78	54.20	1300m: 23:14.01	55.28	
	150m: 2:27.54	52.17	550m: 9:35.30	54.48	950m: 16:49.44	54.66	1350m: 24:09.54	55.53	
	200m: 3:19.92	52.38	600m: 10:28.74	53.44	1000m: 17:43.94	54.50	1400m: 25:04.06	54.52	
	250m: 4:13.46	53.54	650m: 11:22.43	53.69	1050m: 18:39.02	55.08	1450m: 25:56.94	52.88	
	300m: 5:06.25	52.79	700m: 12:16.51	54.08	1100m: 19:33.22	54.20	1500m: 26:47.78	50.84	
	350m: 6:00.52	54.27	750m: 13:10.99	54.48	1150m: 20:28.47	55.25			
	400m: 6:53.44	52.92	800m: 14:05.65	54.66	1200m: 21:23.64	55.17			
7.	Kirsten Stamer	SC Janus Köln	GER 247144		27:56.97		+0.57		
	50m: 48.54	48.54	450m: 8:09.94	55.31	850m: 15:39.97	56.25	1250m: 23:13.69	56.30	
	100m: 1:42.30	53.76	500m: 9:06.35	56.41	900m: 16:37.49	57.52	1300m: 24:10.69	57.00	
	150m: 2:36.43	54.13	550m: 10:02.06	55.71	950m: 17:33.84	56.35	1350m: 25:07.82	57.13	
	200m: 3:32.24	55.81	600m: 10:58.59	56.53	1000m: 18:31.26	57.42	1400m: 26:05.25	57.43	
	250m: 4:27.39	55.15	650m: 11:55.18	56.59	1050m: 19:28.10	56.84	1450m: 27:01.40	56.15	
	300m: 5:23.44	56.05	700m: 12:51.30	56.12	1100m: 20:24.00	55.90	1500m: 27:56.97	55.57	
	350m: 6:18.83	55.39	750m: 13:47.33	56.03	1150m: 21:20.75	56.75			
	400m: 7:14.63	55.80	800m: 14:43.72	56.39	1200m: 22:17.39	56.64			

Masters 65+

1.	Patty Verhagen	PSV	NED 195900146		23:37.67		+0.88	
	50m: 43.35	43.35	450m: 6:57.90	47.05	850m: 13:18.79	47.45	1250m: 19:40.53	47.74
	100m: 1:29.17	45.82	500m: 7:45.48	47.58	900m: 14:06.43	47.64	1300m: 20:28.53	48.00
	150m: 2:15.18	46.01	550m: 8:32.78	47.30	950m: 14:53.70	47.27	1350m: 21:16.21	47.68
	200m: 3:02.24	47.06	600m: 9:20.84	48.06	1000m: 15:41.52	47.82	1400m: 22:04.47	48.26
	250m: 3:49.08	46.84	650m: 10:08.09	47.25	1050m: 16:29.33	47.81	1450m: 22:51.74	47.27
	300m: 4:36.51	47.43	700m: 10:55.87	47.78	1100m: 17:17.25	47.92	1500m: 23:37.67	45.93
	350m: 5:23.42	46.91	750m: 11:43.59	47.72	1150m: 18:05.00	47.75		
	400m: 6:10.85	47.43	800m: 12:31.34	47.75	1200m: 18:52.79	47.79		

Masters 70+

1.	Ineke Weekers	PSV	NED 195300050		23:31.09		+0.80	
	<i>Europees Masters Record, EMR 800m</i>							
	50m: 43.51	43.51	450m: 6:57.35	46.07	850m: 13:13.88	47.08	1250m: 19:33.10	47.24
	100m: 1:30.49	46.98	500m: 7:44.94	47.59	900m: 14:01.15	47.27	1300m: 20:21.33	48.23
	150m: 2:17.60	47.11	550m: 8:31.34	46.40	950m: 14:48.06	46.91	1350m: 21:08.82	47.49
	200m: 3:04.74	47.14	600m: 9:18.63	47.29	1000m: 15:35.65	47.59	1400m: 21:57.09	48.27
	250m: 3:51.09	46.35	650m: 10:05.56	46.93	1050m: 16:22.95	47.30	1450m: 22:44.50	47.41
	300m: 4:38.07	46.98	700m: 10:53.04	47.48	1100m: 17:10.36	47.41	1500m: 23:31.09	46.59
	350m: 5:24.21	46.14	750m: 11:39.42	46.38	1150m: 17:57.79	47.43		
	400m: 6:11.28	47.07	800m: 12:26.80	47.38	1200m: 18:45.86	48.07		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 2, Dames, 1500m vrije slag, Masters 70+

rang	naam	vereniging	tijd	RT	PARA			
2.	Carla Hensen	PSV	28:14.51	+1.00				
	50m: 48.50	48.50	450m: 8:22.34	56.62	850m: 15:55.90	57.06	1250m: 23:31.42	56.80
	100m: 1:44.08	55.58	500m: 9:19.05	56.71	900m: 16:52.86	56.96	1300m: 24:28.74	57.32
	150m: 2:40.95	56.87	550m: 10:15.25	56.20	950m: 17:50.04	57.18	1350m: 25:25.52	56.78
	200m: 3:38.10	57.15	600m: 11:12.10	56.85	1000m: 18:46.78	56.74	1400m: 26:23.03	57.51
	250m: 4:35.09	56.99	650m: 12:08.48	56.38	1050m: 19:43.69	56.91	1450m: 27:19.75	56.72
	300m: 5:32.29	57.20	700m: 13:05.27	56.79	1100m: 20:41.13	57.44	1500m: 28:14.51	54.76
	350m: 6:28.92	56.63	750m: 14:01.81	56.54	1150m: 21:37.58	56.45		
	400m: 7:25.72	56.80	800m: 14:58.84	57.03	1200m: 22:34.62	57.04		
3.	Gonnie Bak	PSV	33:09.33	+1.05				
	50m: 55.36	55.36	450m: 9:35.63	1:06.23	850m: 18:29.65	1:07.07	1250m: 27:30.30	1:07.48
	100m: 1:59.46	1:04.10	500m: 10:42.19	1:06.56	900m: 19:37.30	1:07.65	1300m: 28:38.85	1:08.55
	150m: 3:03.32	1:03.86	550m: 11:47.58	1:05.39	950m: 20:43.77	1:06.47	1350m: 29:46.16	1:07.31
	200m: 4:08.62	1:05.30	600m: 12:54.84	1:07.26	1000m: 21:51.93	1:08.16	1400m: 30:54.37	1:08.21
	250m: 5:12.77	1:04.15	650m: 14:00.80	1:05.96	1050m: 22:58.90	1:06.97	1450m: 32:01.58	1:07.21
	300m: 6:19.01	1:06.24	700m: 15:08.58	1:07.78	1100m: 24:07.35	1:08.45	1500m: 33:09.33	1:07.75
	350m: 7:22.71	1:03.70	750m: 16:14.79	1:06.21	1150m: 25:14.71	1:07.36		
	400m: 8:29.40	1:06.69	800m: 17:22.58	1:07.79	1200m: 26:22.82	1:08.11		

Masters 85+

1.	Marie Smits	Old Dutch	37:25.94	+1.17				
	50m: 1:00.13	1:00.13	450m: 10:50.10	1:15.09	850m: 20:52.92	1:15.89	1250m: 31:05.27	1:16.66
	100m: 2:10.91	1:10.78	500m: 12:04.59	1:14.49	900m: 22:10.03	1:17.11	1300m: 32:21.72	1:16.45
	150m: 3:24.20	1:13.29	550m: 13:19.39	1:14.80	950m: 23:25.67	1:15.64	1350m: 33:38.93	1:17.21
	200m: 4:37.32	1:13.12	600m: 14:34.64	1:15.25	1000m: 24:43.14	1:17.47	1400m: 34:55.17	1:16.24
	250m: 5:51.13	1:13.81	650m: 15:49.85	1:15.21	1050m: 25:59.36	1:16.22	1450m: 36:12.08	1:16.91
	300m: 7:05.26	1:14.13	700m: 17:05.58	1:15.73	1100m: 27:15.72	1:16.36	1500m: 37:25.94	1:13.86
	350m: 8:19.76	1:14.50	750m: 18:20.90	1:15.32	1150m: 28:32.25	1:16.53		
	400m: 9:35.01	1:15.25	800m: 19:37.03	1:16.13	1200m: 29:48.61	1:16.36		

2 - ONMK 2024 lb Sessie 2

03-05-2024 - 9:00

Programmanr. 3
03-05-2024 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Luc Mul	DAW	4:22.90	+0.70				
	50m: 28.80	28.80	150m: 1:35.42	33.82	250m: 2:45.07	34.40	350m: 3:51.59	32.30
	100m: 1:01.60	32.80	200m: 2:10.67	35.25	300m: 3:19.29	34.22	400m: 4:22.90	31.31
2.	Guus Hoogduin	ZVL-1886 Center	4:32.39	+0.69				
	50m: 29.20	29.20	150m: 1:35.78	33.81	250m: 2:46.10	35.18	350m: 3:56.96	35.52
	100m: 1:01.97	32.77	200m: 2:10.92	35.14	300m: 3:21.44	35.34	400m: 4:32.39	35.43
3.	Leon Kloots	ZPC De Hof	4:50.74	+0.79				
	50m: 31.73	31.73	150m: 1:44.50	36.96	250m: 2:58.81	37.16	350m: 4:14.85	37.91
	100m: 1:07.54	35.81	200m: 2:21.65	37.15	300m: 3:36.94	38.13	400m: 4:50.74	35.89
4.	Rik Stahlie	TriVia	5:08.13	+0.74				
	50m: 31.86	31.86	150m: 1:47.41	40.06	250m: 3:09.72	41.45	350m: 4:31.11	39.68
	100m: 1:07.35	35.49	200m: 2:28.27	40.86	300m: 3:51.43	41.71	400m: 5:08.13	37.02
Masters 25+								
1.	Nicko Kamphuis	De Warande	4:23.93	+0.59				
	50m: 28.28	28.28	150m: 1:35.80	34.00	250m: 2:45.18	34.60	350m: 3:53.08	32.98
	100m: 1:01.80	33.52	200m: 2:10.58	34.78	300m: 3:20.10	34.92	400m: 4:23.93	30.85
2.	Jeffrey Roest	Zwemvereniging Hoogland	4:43.93	+0.77				
	50m: 31.67	31.67	150m: 1:42.10	35.72	250m: 2:55.75	36.82	350m: 4:08.81	35.92
	100m: 1:06.38	34.71	200m: 2:18.93	36.83	300m: 3:32.89	37.14	400m: 4:43.93	35.12
3.	Tom van Gils	ZPC De Zeeuwse Kust	4:49.44	+0.67				
	50m: 32.78	32.78	150m: 1:44.90	36.68	250m: 2:59.32	37.15	350m: 4:13.62	37.08
	100m: 1:08.22	35.44	200m: 2:22.17	37.27	300m: 3:36.54	37.22	400m: 4:49.44	35.82

Programmanr. 3, Heren, 400m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA			
4.	Jordy van Oel	WVZ	4:52.79	+0.75				
	50m: 32.18	32.18	150m: 1:46.77	37.62	250m: 3:02.49	37.10	350m: 4:16.73	37.03
	100m: 1:09.15	36.97	200m: 2:25.39	38.62	300m: 3:39.70	37.21	400m: 4:52.79	36.06
5.	Wesley van der Luit	Sassenheim	4:54.16	+0.77				
	50m: 32.31	32.31	150m: 1:45.82	37.36	250m: 3:01.56	37.90	350m: 4:18.00	37.80
	100m: 1:08.46	36.15	200m: 2:23.66	37.84	300m: 3:40.20	38.64	400m: 4:54.16	36.16
6.	Lars Jacobsen	DWK	4:54.42	+0.78	629			
	50m: 31.25	31.25	150m: 1:44.49	37.64	250m: 3:00.75	38.04	350m: 4:18.34	38.52
	100m: 1:06.85	35.60	200m: 2:22.71	38.22	300m: 3:39.82	39.07	400m: 4:54.42	36.08
7.	Erik Baalbergen	ZVL-1886 Center	4:57.14	+0.80				
	50m: 30.71	30.71	150m: 1:44.32	37.56	250m: 3:02.14	38.94	350m: 4:20.57	38.84
	100m: 1:06.76	36.05	200m: 2:23.20	38.88	300m: 3:41.73	39.59	400m: 4:57.14	36.57
8.	Patrick Wyrdeман	Westland Swimming Stars	4:59.42	+0.70				
	50m: 31.95	31.95	150m: 1:44.86	36.89	250m: 3:01.27	38.31	350m: 4:20.14	39.51
	100m: 1:07.97	36.02	200m: 2:22.96	38.10	300m: 3:40.63	39.36	400m: 4:59.42	39.28
9.	John Smit	Poseidon'56	5:00.25	+0.67				
	50m: 32.92	32.92	150m: 1:48.72	38.21	250m: 3:05.29	37.94	350m: 4:22.03	38.55
	100m: 1:10.51	37.59	200m: 2:27.35	38.63	300m: 3:43.48	38.19	400m: 5:00.25	38.22
10.	Colin Degenars	ZPCH	5:03.99	+0.83	571			
	50m: 32.84	32.84	150m: 1:46.98	37.90	250m: 3:06.15	40.07	350m: 4:26.75	40.64
	100m: 1:09.08	36.24	200m: 2:26.08	39.10	300m: 3:46.11	39.96	400m: 5:03.99	37.24

Masters 30+

1.	Mike Schel	ESCA Zwemmen	4:33.95	+0.71				
	50m: 31.08	31.08	150m: 1:39.83	34.50	250m: 2:50.04	34.99	350m: 4:00.12	34.37
	100m: 1:05.33	34.25	200m: 2:15.05	35.22	300m: 3:25.75	35.71	400m: 4:33.95	33.83
2.	Raoni Schrijvers	Tempo	4:38.41	+0.60				
	50m: 29.43	29.43	150m: 1:38.18	35.20	250m: 2:50.78	36.44	350m: 4:03.47	36.19
	100m: 1:02.98	33.55	200m: 2:14.34	36.16	300m: 3:27.28	36.50	400m: 4:38.41	34.94
3.	Patrick Creemers	Patrick-De Roersoppers (SG)	4:44.02	+0.74				
	50m: 30.37	30.37	150m: 1:42.76	37.35	250m: 2:55.67	35.29	350m: 4:07.33	36.17
	100m: 1:05.41	35.04	200m: 2:20.38	37.62	300m: 3:31.16	35.49	400m: 4:44.02	36.69
4.	Jean Terver	Club Nautique Val de Fensch	4:45.68	+0.86				
	50m: 32.21	32.21	150m: 1:44.50	36.29	250m: 2:57.85	36.14	350m: 4:10.69	36.03
	100m: 1:08.21	36.00	200m: 2:21.71	37.21	300m: 3:34.66	36.81	400m: 4:45.68	34.99
5.	Tim Bunnik	Triton	4:49.88	+0.79				
	50m: 31.72	31.72	150m: 1:42.94	36.08	250m: 2:57.48	37.10	350m: 4:12.81	37.49
	100m: 1:06.86	35.14	200m: 2:20.38	37.44	300m: 3:35.32	37.84	400m: 4:49.88	37.07
6.	Jeroen Matthijssen	AZC	4:50.93	+0.74				
	50m: 29.02	29.02	150m: 1:38.52	35.97	250m: 2:54.39	37.91	350m: 4:12.42	38.73
	100m: 1:02.55	33.53	200m: 2:16.48	37.96	300m: 3:33.69	39.30	400m: 4:50.93	38.51
7.	Koen van der Wallen	Nederweert	4:54.36	+0.78				
	50m: 32.15	32.15	150m: 1:45.28	36.96	250m: 3:00.41	37.37	350m: 4:16.28	38.02
	100m: 1:08.32	36.17	200m: 2:23.04	37.76	300m: 3:38.26	37.85	400m: 4:54.36	38.08
8.	Niels Bent	WS Twente	5:05.39	+0.80				
	50m: 31.80	31.80	150m: 1:45.00	37.71	250m: 3:04.96	40.02	350m: 4:25.76	40.26
	100m: 1:07.29	35.49	200m: 2:24.94	39.94	300m: 3:45.50	40.54	400m: 5:05.39	39.63
9.	Jacco Doest	DWK	5:10.99	+0.83				
	50m: 33.32	33.32	150m: 1:49.21	38.71	250m: 3:09.60	40.51	350m: 4:31.38	40.58
	100m: 1:10.50	37.18	200m: 2:29.09	39.88	300m: 3:50.80	41.20	400m: 5:10.99	39.61
10.	Ruben de Boer	Zwemvereniging Hoogland	5:34.37	+0.73				
	50m: 37.82	37.82	150m: 2:03.03	42.95	250m: 3:28.98	43.00	350m: 4:53.13	41.67
	100m: 1:20.08	42.26	200m: 2:45.98	42.95	300m: 4:11.46	42.48	400m: 5:34.37	41.24
DIS	Marc Hoogendam	Blue Marlins		+0.68				
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							



Open Nederlandse Masters
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Programmanr. 3, Heren, 400m vrije slag

Masters 35+

1.	Niels Albrechts	De Schotejil	NED	198800039		4:55.65	+0.81	
	50m: 34.09	34.09	150m: 1:48.85	38.06	250m: 3:05.01	38.13	350m: 4:20.94	37.45
	100m: 1:10.79	36.70	200m: 2:26.88	38.03	300m: 3:43.49	38.48	400m: 4:55.65	34.71
2.	Wessel Everloo	WS Twente	NED	198906597	S14	4:56.15	+0.89	618
	50m: 33.62	33.62	150m: 1:48.41	37.12	250m: 3:04.98	37.81	350m: 4:20.75	37.79
	100m: 1:11.29	37.67	200m: 2:27.17	38.76	300m: 3:42.96	37.98	400m: 4:56.15	35.40
3.	Robert Braad	Steenwijk 1934	NED	198600407		5:00.91	+0.80	
	50m: 32.76	32.76	150m: 1:47.88	38.09	250m: 3:04.93	37.75	350m: 4:22.33	39.29
	100m: 1:09.79	37.03	200m: 2:27.18	39.30	300m: 3:43.04	38.11	400m: 5:00.91	38.58
4.	Rick Driezen	Steenwijk 1934	NED	198600713		5:19.67	+0.82	
	50m: 33.24	33.24	150m: 1:49.21	38.96	250m: 3:10.39	41.02	350m: 4:36.45	43.04
	100m: 1:10.25	37.01	200m: 2:29.37	40.16	300m: 3:53.41	43.02	400m: 5:19.67	43.22
5.	Sander van Tilburg	De Biesboschzwemmers	NED	198604609		5:34.31	+0.86	
	50m: 36.34	36.34	150m: 2:00.65	42.99	250m: 3:27.56	43.27	350m: 4:54.30	42.96
	100m: 1:17.66	41.32	200m: 2:44.29	43.64	300m: 4:11.34	43.78	400m: 5:34.31	40.01
6.	Robert Spekhorst	De Mors	NED	198703141		6:06.19	+0.83	
	50m: 40.14	40.14	150m: 2:09.57	45.49	250m: 3:42.68	46.35	350m: 5:18.60	48.40
	100m: 1:24.08	43.94	200m: 2:56.33	46.76	300m: 4:30.20	47.52	400m: 6:06.19	47.59

Masters 40+

1.	Pieter Pickhardt	ZPC De Hof	NED	198301657		4:44.10	+0.80	
	50m: 31.96	31.96	150m: 1:42.38	35.62	250m: 2:54.34	36.00	350m: 4:07.64	36.87
	100m: 1:06.76	34.80	200m: 2:18.34	35.96	300m: 3:30.77	36.43	400m: 4:44.10	36.46
2.	Frank v.d. Voordt	De Schotejil	NED	198302259		4:53.33	+0.81	
	50m: 33.35	33.35	150m: 1:46.91	36.84	250m: 3:01.73	37.31	350m: 4:16.85	37.59
	100m: 1:10.07	36.72	200m: 2:24.42	37.51	300m: 3:39.26	37.53	400m: 4:53.33	36.48
3.	Kristiaan Lenos	ZVL-1886 Center	NED	198301331		4:59.56	+0.78	
	50m: 30.46	30.46	150m: 1:41.22	36.43	250m: 2:58.89	39.39	350m: 4:19.98	40.73
	100m: 1:04.79	34.33	200m: 2:19.50	38.28	300m: 3:39.25	40.36	400m: 4:59.56	39.58
4.	Wagner Augusto Camargo	ZZ&PC De Devel	NED	198002547		5:15.85	+0.91	
	50m: 34.74	34.74	150m: 1:51.79	39.14	250m: 3:12.84	40.48	350m: 4:35.24	41.10
	100m: 1:12.65	37.91	200m: 2:32.36	40.57	300m: 3:54.14	41.30	400m: 5:15.85	40.61
5.	Oscar Monge	IJZPC	NED	198102599		5:26.74	+0.66	
	50m: 34.11	34.11	150m: 1:53.23	39.99	250m: 3:16.57	42.19	350m: 4:43.21	43.98
	100m: 1:13.24	39.13	200m: 2:34.38	41.15	300m: 3:59.23	42.66	400m: 5:26.74	43.53
6.	Arne-Willem Kroonen	PSV	NED	198401297		5:39.86	+0.92	
	50m: 36.90	36.90	150m: 1:59.04	41.46	250m: 3:25.88	43.88	350m: 4:56.54	45.57
	100m: 1:17.58	40.68	200m: 2:42.00	42.96	300m: 4:10.97	45.09	400m: 5:39.86	43.32
7.	Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627		5:50.90	+0.75	
	50m: 36.55	36.55	150m: 2:01.26	43.77	250m: 3:31.50	45.43	350m: 5:04.38	46.46
	100m: 1:17.49	40.94	200m: 2:46.07	44.81	300m: 4:17.92	46.42	400m: 5:50.90	46.52
8.	Cetin Cetiner	AZ&PC De Futen	NED	198303155		5:57.37	+0.71	
	50m: 38.99	38.99	150m: 2:08.62	45.32	250m: 3:40.54	46.08	350m: 5:13.65	45.94
	100m: 1:23.30	44.31	200m: 2:54.46	45.84	300m: 4:27.71	47.17	400m: 5:57.37	43.72

Masters 45+

1.	Dennis Brouwers	HZPC	NED	197800167		4:40.10	+0.72	
	50m: 31.62	31.62	150m: 1:42.61	36.10	250m: 2:54.63	35.27	350m: 4:05.05	34.90
	100m: 1:06.51	34.89	200m: 2:19.36	36.75	300m: 3:30.15	35.52	400m: 4:40.10	35.05
2.	Ivo Roozeboom	WVZ	NED	197700801		4:43.32	+0.82	
	50m: 30.52	30.52	150m: 1:43.39	36.77	250m: 2:56.91	36.55	350m: 4:09.04	35.92
	100m: 1:06.62	36.10	200m: 2:20.36	36.97	300m: 3:33.12	36.21	400m: 4:43.32	34.28
3.	Mark Sponneck <i>Maltese Masters Record</i>	San Giljan ASC	MLT	388523M		4:54.65	+0.69	
	50m: 31.71	31.71	150m: 1:42.73	36.25	250m: 2:58.81	38.50	350m: 4:16.96	39.13
	100m: 1:06.48	34.77	200m: 2:20.31	37.58	300m: 3:37.83	39.02	400m: 4:54.65	37.69
4.	Jonathan Fiene	SAS Swiss Alumni Swimming	SUI	#45997		5:03.70	+0.79	
	50m: 33.61	33.61	150m: 1:52.01	39.47	250m: 3:10.75	38.83	350m: 4:28.01	38.31
	100m: 1:12.54	38.93	200m: 2:31.92	39.91	300m: 3:49.70	38.95	400m: 5:03.70	36.69
5.	Bart Siczynski	Masters Krasnik (LKR)	POL			5:24.04	+0.79	
	50m: 36.76	36.76	150m: 1:57.72	40.71	250m: 3:20.30	41.29	350m: 4:43.86	41.39
	100m: 1:17.01	40.25	200m: 2:39.01	41.29	300m: 4:02.47	42.17	400m: 5:24.04	40.18



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Programmanr. 3, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	tijd	RT	PARA
6.	Tom Bandsma	PSV	6:01.44	+1.10	
	50m: 37.62	37.62 150m: 2:03.97	44.67	250m: 3:39.14	48.29
	100m: 1:19.30	41.68 200m: 2:50.85	46.88	300m: 4:26.87	47.73
				350m: 5:15.78	48.91
				400m: 6:01.44	45.66

Masters 50+

1.	Richard Rickson	Hellas-Glana	5:01.66	+0.86	
	50m: 33.70	33.70 150m: 1:48.39	37.79	250m: 3:05.75	38.79
	100m: 1:10.60	36.90 200m: 2:26.96	38.57	300m: 3:44.91	39.16
				350m: 4:24.15	39.24
				400m: 5:01.66	37.51
2.	Ingmar de Gelder	ZOB'66	5:09.33	+0.93	
	50m: 33.70	33.70 150m: 1:49.78	39.10	250m: 3:09.59	40.27
	100m: 1:10.68	36.98 200m: 2:29.32	39.54	300m: 3:50.25	40.66
				350m: 4:30.70	40.45
				400m: 5:09.33	38.63
3.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	5:12.08	+0.79	
	50m: 35.23	35.23 150m: 1:53.23	39.28	250m: 3:12.89	39.65
	100m: 1:13.95	38.72 200m: 2:33.24	40.01	300m: 3:52.95	40.06
				350m: 4:32.86	39.91
				400m: 5:12.08	39.22
4.	Paul Bosch	Team Noord Holland (SG)	5:23.75	+0.91	
	50m: 36.54	36.54 150m: 1:57.51	41.47	250m: 3:20.28	41.45
	100m: 1:16.04	39.50 200m: 2:38.83	41.32	300m: 4:01.89	41.61
				350m: 4:43.46	41.57
				400m: 5:23.75	40.29
5.	Chris Kouwenhoven	De Grunte	5:25.15	+0.95	
	50m: 36.18	36.18 150m: 1:59.65	41.78	250m: 3:22.83	41.59
	100m: 1:17.87	41.69 200m: 2:41.24	41.59	300m: 4:04.84	42.01
				350m: 4:46.60	41.76
				400m: 5:25.15	38.55
6.	Wouter van der Stelt	De Biesboschzwemmers	5:51.83	+0.85	
	50m: 38.02	38.02 150m: 2:05.21	44.46	250m: 3:35.39	45.40
	100m: 1:20.75	42.73 200m: 2:49.99	44.78	300m: 4:20.42	45.03
				350m: 5:06.59	46.17
				400m: 5:51.83	45.24
7.	Jeroen Hoeksels	ZVVS	6:18.41	+1.01	
	50m: 40.99	40.99 150m: 2:14.94	47.78	250m: 3:51.58	48.46
	100m: 1:27.16	46.17 200m: 3:03.12	48.18	300m: 4:40.29	48.71
				350m: 5:29.96	49.67
				400m: 6:18.41	48.45

Masters 55+

1.	Glen Le Clercq	De Rog	5:05.10	+0.82	
	50m: 33.91	33.91 150m: 1:51.01	38.72	250m: 3:09.41	39.41
	100m: 1:12.29	38.38 200m: 2:30.00	38.99	300m: 3:48.99	39.58
				350m: 4:27.10	38.11
				400m: 5:05.10	38.00
2.	Erlend Alstad	Oslo I.L.	5:09.08	+0.89	
	50m: 34.82	34.82 150m: 1:52.89	39.59	250m: 3:11.04	39.30
	100m: 1:13.30	38.48 200m: 2:31.74	38.85	300m: 3:50.59	39.55
				350m: 4:31.58	40.99
				400m: 5:09.08	37.50
3.	Frank van Nobelen	Sassenheim	5:12.36	+0.83	
	50m: 34.37	34.37 150m: 1:51.94	39.28	250m: 3:12.58	40.55
	100m: 1:12.66	38.29 200m: 2:32.03	40.09	300m: 3:53.20	40.62
				350m: 4:33.54	40.34
				400m: 5:12.36	38.82
4.	Henri Michels	De Amstel	5:21.89	+0.86	
	50m: 35.82	35.82 150m: 1:55.70	40.82	250m: 3:19.23	41.87
	100m: 1:14.88	39.06 200m: 2:37.36	41.66	300m: 4:00.47	41.24
				350m: 4:41.45	40.98
				400m: 5:21.89	40.44
5.	Gerko Versluis	Zuiderzeezwemmers	5:24.88	+0.94	
	50m: 33.79	33.79 150m: 1:53.17	40.93	250m: 3:18.85	42.94
	100m: 1:12.24	38.45 200m: 2:35.91	42.74	300m: 4:02.29	43.44
				350m: 4:44.59	42.30
				400m: 5:24.88	40.29
6.	Edwin Petri	De Otters Het Gooi	5:25.47	+0.87	
	50m: 37.16	37.16 150m: 2:00.66	42.84	250m: 3:24.44	40.53
	100m: 1:17.82	40.66 200m: 2:43.91	43.25	300m: 4:05.58	41.14
				350m: 4:45.60	40.02
				400m: 5:25.47	39.87
7.	Francis Roosen	VZV Njord	5:31.18	+0.71	
	50m: 36.10	36.10 150m: 1:58.13	41.66	250m: 3:23.35	43.24
	100m: 1:16.47	40.37 200m: 2:40.11	41.98	300m: 4:06.95	43.60
				350m: 4:50.64	43.69
				400m: 5:31.18	40.54
8.	Jan-Willem van den Berg	WVZ	5:32.96	+0.78	
	50m: 34.99	34.99 150m: 1:57.74	42.53	250m: 3:23.88	43.16
	100m: 1:15.21	40.22 200m: 2:40.72	42.98	300m: 4:07.83	43.95
				350m: 4:50.83	43.00
				400m: 5:32.96	42.13
9.	Leon Slingerland	WVZ	5:35.00	+0.92	
	50m: 35.77	35.77 150m: 1:59.22	42.54	250m: 3:26.87	43.84
	100m: 1:16.68	40.91 200m: 2:43.03	43.81	300m: 4:11.28	44.41
				350m: 4:54.03	42.75
				400m: 5:35.00	40.97
10.	Eric Dumas	Patrick-De Roersoppers (SG)	5:48.70	+0.80	
	50m: 38.62	38.62 150m: 2:07.40	44.55	250m: 3:37.45	44.97
	100m: 1:22.85	44.23 200m: 2:52.48	45.08	300m: 4:21.29	43.84
				350m: 5:05.77	44.48
				400m: 5:48.70	42.93
11.	Jeroen Wilmer	Vichy Val D'Allier Natation	5:56.03	+1.04	
	50m: 39.96	39.96 150m: 2:09.47	45.23	250m: 3:41.75	46.19
	100m: 1:24.24	44.28 200m: 2:55.56	46.09	300m: 4:27.30	45.55
				350m: 5:13.45	46.15
				400m: 5:56.03	42.58

Programmanr. 3, Heren, 400m vrije slag

Masters 60+

1.	Johan Remmits	ZPC AMERSFOORT	NED	196201159		4:59.46	+0.80	
	50m: 34.05	34.05	150m: 1:50.37	38.44	250m: 3:07.29	38.06	350m: 4:22.92	37.64
	100m: 1:11.93	37.88	200m: 2:29.23	38.86	300m: 3:45.28	37.99	400m: 4:59.46	36.54
2.	Jon Christensen	Luxembourg Sharks Swimming CLUX		10008		5:03.44	+0.78	
	50m: 35.48	35.48	150m: 1:52.49	39.08	250m: 3:09.85	38.49	350m: 4:26.21	38.45
	100m: 1:13.41	37.93	200m: 2:31.36	38.87	300m: 3:47.76	37.91	400m: 5:03.44	37.23
3.	Jan Brink	ZPC De Zeeuwse Kust	NED	196200091		5:06.75	+0.78	
	50m: 33.10	33.10	150m: 1:50.49	39.24	250m: 3:10.14	39.37	350m: 4:29.18	39.43
	100m: 1:11.25	38.15	200m: 2:30.77	40.28	300m: 3:49.75	39.61	400m: 5:06.75	37.57
4.	Karol Lacko	Vysokoskolsky klub Univerzity kcSVKskeSVK16793				5:23.45	+0.84	
	50m: 37.81	37.81	150m: 2:00.09	41.28	250m: 3:21.94	40.48	350m: 4:44.27	40.59
	100m: 1:18.81	41.00	200m: 2:41.46	41.37	300m: 4:03.68	41.74	400m: 5:23.45	39.18
5.	Axel Sondermann	Lone Star Masters	USA			5:30.40	+0.84	
	50m: 36.02	36.02	150m: 1:57.67	41.04	250m: 3:22.86	42.74	350m: 4:48.72	43.08
	100m: 1:16.63	40.61	200m: 2:40.12	42.45	300m: 4:05.64	42.78	400m: 5:30.40	41.68
6.	Richard Tiemstra	De Biesboschzwemmers	NED	196301397		6:03.98	+1.02	
	50m: 39.29	39.29	150m: 2:10.65	46.00	250m: 3:46.19	47.56	350m: 5:20.61	46.46
	100m: 1:24.65	45.36	200m: 2:58.63	47.98	300m: 4:34.15	47.96	400m: 6:03.98	43.37

Masters 65+

1.	Marten de Groot	HZ&PC Heerenveen	NED	195800149		5:09.18	+0.76	
	50m: 34.24	34.24	150m: 1:52.25	39.34	250m: 3:12.16	40.08	350m: 4:31.59	39.61
	100m: 1:12.91	38.67	200m: 2:32.08	39.83	300m: 3:51.98	39.82	400m: 5:09.18	37.59
2.	Dirk Zeterberg	Zehlendorfer TSV 1888	GER	101339		5:24.16	+0.97	
	50m: 37.54	37.54	150m: 1:58.76	40.61	250m: 3:23.72	42.26	350m: 4:45.94	40.50
	100m: 1:18.15	40.61	200m: 2:41.46	42.70	300m: 4:05.44	41.72	400m: 5:24.16	38.22
3.	Paul Bunnik	Triton	NED	195600413		6:03.19	+0.83	
	50m: 36.71	36.71	150m: 2:06.75	46.84	250m: 3:41.96	47.51	350m: 5:20.03	49.28
	100m: 1:19.91	43.20	200m: 2:54.45	47.70	300m: 4:30.75	48.79	400m: 6:03.19	43.16
4.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541		6:37.00	+1.02	
	50m: 40.61	40.61	150m: 2:15.83	48.95	250m: 3:57.95	51.26	350m: 5:43.49	52.72
	100m: 1:26.88	46.27	200m: 3:06.69	50.86	300m: 4:50.77	52.82	400m: 6:37.00	53.51
5.	Peter Coffeng	GZC DONK	NED	195700063		7:01.47	+0.97	
	50m: 46.04	46.04	150m: 2:30.48	53.75	250m: 4:20.00	54.45	350m: 6:09.81	54.04
	100m: 1:36.73	50.69	200m: 3:25.55	55.07	300m: 5:15.77	55.77	400m: 7:01.47	51.66

Masters 75+

1.	Wout Hemmes	De Plons	NED	194800059		6:48.85	+1.13	
	50m: 44.83	44.83	150m: 2:27.68	52.06	250m: 4:12.49	52.41	350m: 5:56.48	51.50
	100m: 1:35.62	50.79	200m: 3:20.08	52.40	300m: 5:04.98	52.49	400m: 6:48.85	52.37
2.	Willem Putter	ZVVS	NED	194500135		7:08.32	+1.06	
	50m: 47.10	47.10	150m: 2:35.78	54.96	250m: 4:27.17	55.32	350m: 6:17.37	54.70
	100m: 1:40.82	53.72	200m: 3:31.85	56.07	300m: 5:22.67	55.50	400m: 7:08.32	50.95
3.	Gunter Mitlewski	SV Blau-Weiß Bochum	GER	081309		7:28.53	+1.10	
	50m: 48.26	48.26	150m: 2:41.84	57.30	250m: 4:37.78	57.80	350m: 6:34.31	57.84
	100m: 1:44.54	56.28	200m: 3:39.98	58.14	300m: 5:36.47	58.69	400m: 7:28.53	54.22

Masters 80+

1.	Geza Kaltenecker	AZC	NED	194200065		7:59.25	+0.89	
	50m: 53.00	53.00	150m: 2:54.19	1:01.14	250m: 4:59.28	1:02.79	350m: 7:03.99	1:01.75
	100m: 1:53.05	1:00.05	200m: 3:56.49	1:02.30	300m: 6:02.24	1:02.96	400m: 7:59.25	55.26
2.	Rob Hanou	PSV	NED	194300109		8:30.75	+1.05	
	50m: 55.78	55.78	150m: 3:08.20	1:06.35	250m: 5:20.44	1:05.70	350m: 7:30.12	1:03.51
	100m: 2:01.85	1:06.07	200m: 4:14.74	1:06.54	300m: 6:26.61	1:06.17	400m: 8:30.75	1:00.63



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Programmanr. 3, Heren, 400m vrije slag

Masters 85+

1. Nic Geers			PSV			NED	193800007		9:29.84	+1.04	
50m:	1:00.22	1:00.22	150m:	3:26.29	1:13.22	250m:	5:56.24	1:13.90	350m:	8:25.68	1:13.51
100m:	2:13.07	1:12.85	200m:	4:42.34	1:16.05	300m:	7:12.17	1:15.93	400m:	9:29.84	1:04.16

Programmanr. 4
03-05-2024 - 9:51

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam		vereniging						tijd	RT	PARA	
Masters 20+												
1.	Laura Setz		Bubble			NED	200000130		4:34.58	+0.94		
	50m:	30.47	30.47	150m:	1:38.19	34.59	250m:	2:48.68	35.36	350m:	4:00.12	35.78
	100m:	1:03.60	33.13	200m:	2:13.32	35.13	300m:	3:24.34	35.66	400m:	4:34.58	34.46
2.	Amber van der Kruk		MSV-Zeemacht			NED	200102730	S14	4:43.44	+0.85	939	
	50m:	30.96	30.96	150m:	1:40.11	35.43	250m:	2:52.92	35.94	350m:	4:06.76	37.02
	100m:	1:04.68	33.72	200m:	2:16.98	36.87	300m:	3:29.74	36.82	400m:	4:43.44	36.68
3.	Michelle van Wijk		WWV Winterswijk			NED	200204746		4:44.52	+0.70		
	50m:	31.86	31.86	150m:	1:43.68	36.18	250m:	2:56.84	36.49	350m:	4:10.01	36.39
	100m:	1:07.50	35.64	200m:	2:20.35	36.67	300m:	3:33.62	36.78	400m:	4:44.52	34.51
4.	Kirsten Walraven		ZPC De Zeeuwse Kust			NED	200001358		4:51.05	+0.80		
	50m:	31.79	31.79	150m:	1:44.15	36.83	250m:	2:58.58	37.14	350m:	4:14.05	37.53
	100m:	1:07.32	35.53	200m:	2:21.44	37.29	300m:	3:36.52	37.94	400m:	4:51.05	37.00
5.	Marte Vlieg		Aqua-Novio '94			NED	200304996		5:05.51	+0.75		
	50m:	33.07	33.07	150m:	1:48.45	38.17	250m:	3:07.31	39.82	350m:	4:27.18	39.86
	100m:	1:10.28	37.21	200m:	2:27.49	39.04	300m:	3:47.32	40.01	400m:	5:05.51	38.33
6.	Cynthia Koolman		ZPC Hoogeveen			NED	200300232		5:11.86	+0.69		
	50m:	34.30	34.30	150m:	1:51.02	38.82	250m:	3:11.38	40.70	350m:	4:32.49	40.28
	100m:	1:12.20	37.90	200m:	2:30.68	39.66	300m:	3:52.21	40.83	400m:	5:11.86	39.37
7.	Romée Jabben		Dedemvaart-AC			NED	200404426		5:33.85	+0.90		
	50m:	36.06	36.06	150m:	1:59.66	42.46	250m:	3:25.73	43.12	350m:	4:52.23	42.81
	100m:	1:17.20	41.14	200m:	2:42.61	42.95	300m:	4:09.42	43.69	400m:	5:33.85	41.62
8.	Nasca van Dijk		De Marlijn (SG)			NED	200300816		5:44.68	+0.81		
	50m:	36.22	36.22	150m:	2:01.29	44.41	250m:	3:31.41	45.33	350m:	5:00.93	45.01
	100m:	1:16.88	40.66	200m:	2:46.08	44.79	300m:	4:15.92	44.51	400m:	5:44.68	43.75
9.	Esther de Laat		De Biesboschzwemmers			NED	200000174		5:46.51	+0.76		
	50m:	34.70	34.70	150m:	1:57.41	42.88	250m:	3:28.23	46.13	350m:	5:02.06	47.17
	100m:	1:14.53	39.83	200m:	2:42.10	44.69	300m:	4:14.89	46.66	400m:	5:46.51	44.45
10.	Marieke Speijer		Bubble			NED	200401154		5:50.98	+0.83		
	50m:	37.12	37.12	150m:	2:03.05	44.32	250m:	3:33.66	45.77	350m:	5:05.40	45.67
	100m:	1:18.73	41.61	200m:	2:47.89	44.84	300m:	4:19.73	46.07	400m:	5:50.98	45.58
11.	Esmeralda Elbers		Blue Marlins			NED	200404888		6:40.24	+0.80		
	50m:	41.14	41.14	150m:	2:18.36	50.38	250m:	4:02.75	52.80	350m:	5:48.75	51.98
	100m:	1:27.98	46.84	200m:	3:09.95	51.59	300m:	4:56.77	54.02	400m:	6:40.24	51.49

Masters 25+

1.	Tamara Grove		De Dolfijn			NED	199601266		4:42.61	+0.74		
	50m:	31.67	31.67	150m:	1:42.39	35.84	250m:	2:55.17	36.36	350m:	4:07.10	35.76
	100m:	1:06.55	34.88	200m:	2:18.81	36.42	300m:	3:31.34	36.17	400m:	4:42.61	35.51
2.	Marijke Drent		Bubble			NED	199906232		4:48.57	+0.76		
	50m:	32.29	32.29	150m:	1:44.47	36.47	250m:	2:58.13	36.73	350m:	4:12.85	37.33
	100m:	1:08.00	35.71	200m:	2:21.40	36.93	300m:	3:35.52	37.39	400m:	4:48.57	35.72
3.	Moniek van Langevelde		ESCA Zwemmen			NED	199803160		4:52.04	+0.76		
	50m:	32.72	32.72	150m:	1:46.47	36.73	250m:	3:00.36	36.77	350m:	4:15.17	37.31
	100m:	1:09.74	37.02	200m:	2:23.59	37.12	300m:	3:37.86	37.50	400m:	4:52.04	36.87
4.	Bénédicte Yax		Club Nautique Val de Fensch			FRA	997232		4:54.71	+0.66		
	50m:	31.95	31.95	150m:	1:44.92	36.96	250m:	3:00.41	37.81	350m:	4:18.26	38.73
	100m:	1:07.96	36.01	200m:	2:22.60	37.68	300m:	3:39.53	39.12	400m:	4:54.71	36.45
5.	Manon Kloosterman		Zwemlust- den Hommel			NED	199702082		5:00.39	+0.72		
	50m:	32.76	32.76	150m:	1:46.79	37.46	250m:	3:03.90	38.74	350m:	4:22.12	39.13
	100m:	1:09.33	36.57	200m:	2:25.16	38.37	300m:	3:42.99	39.09	400m:	5:00.39	38.27



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Programmanr. 4, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	tijd	RT	PARA
6.	Anne-Irene Ducheine	Zwemvereniging Hoogland	5:04.59	+0.60	
	50m: 33.80	150m: 1:49.92	38.41	250m: 3:07.67	39.03
	100m: 1:11.51	200m: 2:28.64	38.72	300m: 3:47.40	39.73
				350m: 4:26.29	38.89
				400m: 5:04.59	38.30
7.	Fiona Meuffels	PSV	5:04.87	+0.71	
	50m: 33.92	150m: 1:50.07	38.38	250m: 3:09.05	39.50
	100m: 1:11.69	200m: 2:29.55	39.48	300m: 3:48.91	39.86
				350m: 4:28.77	39.86
				400m: 5:04.87	36.10
8.	Larissa Jansen	PSV	5:14.94	+0.75	
	50m: 35.40	150m: 1:55.11	40.18	250m: 3:15.30	39.94
	100m: 1:14.93	200m: 2:35.36	40.25	300m: 3:55.30	40.00
				350m: 4:35.59	40.29
				400m: 5:14.94	39.35
9.	Floor Weijmans	HZPC	5:17.41	+0.79	
	50m: 34.80	150m: 1:52.13	38.79	250m: 3:13.51	40.89
	100m: 1:13.34	200m: 2:32.62	40.49	300m: 3:54.99	41.48
				350m: 4:36.29	41.30
				400m: 5:17.41	41.12
10.	Anouk van der Lans	Westland Swimming Stars	5:34.09	+0.84	
	50m: 36.62	150m: 1:59.75	42.01	250m: 3:26.03	43.03
	100m: 1:17.74	200m: 2:43.00	43.25	300m: 4:09.35	43.32
				350m: 4:52.07	42.72
				400m: 5:34.09	42.02
11.	Ageeth de Haan	Steenwijk 1934	5:40.89	+0.82	
	50m: 36.41	150m: 2:01.56	43.59	250m: 3:30.42	44.60
	100m: 1:17.97	200m: 2:45.82	44.26	300m: 4:15.18	44.76
				350m: 4:58.32	43.14
				400m: 5:40.89	42.57
12.	Marenne Huigh	Scheldestroom	5:51.65	+0.60	
	50m: 38.80	150m: 2:07.05	44.74	250m: 3:36.53	45.03
	100m: 1:22.31	200m: 2:51.50	44.45	300m: 4:22.39	45.86
				350m: 5:07.82	45.43
				400m: 5:51.65	43.83
13.	Cynthia van Veen	ZVL-1886 Center	6:31.25	+0.76	
	50m: 40.30	150m: 2:17.60	49.88	250m: 4:00.65	52.00
	100m: 1:27.72	200m: 3:08.65	51.05	300m: 4:52.03	51.38
				350m: 5:42.87	50.84
				400m: 6:31.25	48.38
14.	Franziska Wierig	SSF Bonn	6:47.05	+0.68	
	50m: 43.94	150m: 2:26.57	52.12	250m: 4:12.17	53.64
	100m: 1:34.45	200m: 3:18.53	51.96	300m: 5:05.07	52.90
				350m: 5:58.29	53.22
				400m: 6:47.05	48.76

Masters 30+

1.	Leonie van Noort	WVZ	4:36.45	+0.82	
	50m: 32.34	150m: 1:40.79	34.55	250m: 2:51.14	35.09
	100m: 1:06.24	200m: 2:16.05	35.26	300m: 3:26.51	35.37
				350m: 4:01.56	35.05
				400m: 4:36.45	34.89
2.	Lotte Coenen	DES	5:01.23	+0.81	
	50m: 33.42	150m: 1:48.82	37.91	250m: 3:06.04	38.47
	100m: 1:10.91	200m: 2:27.57	38.75	300m: 3:45.03	38.99
				350m: 4:23.91	38.88
				400m: 5:01.23	37.32
3.	Lucie Terver *300m	Club Nautique Val de Fensch	5:12.75	+0.83	
	50m: 35.36	150m: 1:52.37	38.94	250m: 3:11.19	39.35
	100m: 1:13.43	200m: 2:31.84	39.47	300m: 3:50.75	39.56
				350m: 4:32.75	42.00
				400m: 5:12.75	40.00
4.	Marijke Kommers	Niemo Barracuda	5:15.47	+0.84	
	50m: 35.23	150m: 1:55.03	40.66	250m: 3:16.55	40.50
	100m: 1:14.37	200m: 2:36.05	41.02	300m: 3:57.19	40.64
				350m: 4:37.26	40.07
				400m: 5:15.47	38.21
5.	Getrude Corporaal	Steenwijk 1934	5:29.22	+0.82	
	50m: 34.77	150m: 1:56.15	41.50	250m: 3:21.21	42.64
	100m: 1:14.65	200m: 2:38.57	42.42	300m: 4:04.72	43.51
				350m: 4:47.73	43.01
				400m: 5:29.22	41.49
6.	Daphne Kievit	ZPC AMERSFOORT	5:37.30	+0.82	
	50m: 36.41	150m: 1:59.87	42.25	250m: 3:25.60	43.12
	100m: 1:17.62	200m: 2:42.48	42.61	300m: 4:09.48	43.88
				350m: 4:53.15	43.67
				400m: 5:37.30	44.15
7.	Marloes Manni	Zwemvereniging Hoogland	5:39.04	+0.73	
	50m: 35.60	150m: 2:00.18	43.12	250m: 3:27.43	43.97
	100m: 1:17.06	200m: 2:43.46	43.28	300m: 4:11.76	44.33
				350m: 4:56.33	44.57
				400m: 5:39.04	42.71
8.	Joëlle Vaes	DIO	5:47.53	+0.68	
	50m: 37.79	150m: 2:05.06	44.74	250m: 3:35.49	45.55
	100m: 1:20.32	200m: 2:49.94	44.88	300m: 4:21.61	46.12
				350m: 5:05.74	44.13
				400m: 5:47.53	41.79
9.	Esther Kwebeman	TriVia	6:00.26	+0.82	
	50m: 38.40	150m: 2:08.16	46.08	250m: 3:41.43	46.90
	100m: 1:22.08	200m: 2:54.53	46.37	300m: 4:28.12	46.69
				350m: 5:14.48	46.36
				400m: 6:00.26	45.78
10.	Irmgard van Weeghel	ESCA Zwemmen	6:12.26	+0.83	
	50m: 39.22	150m: 2:10.00	46.80	250m: 3:46.47	48.77
	100m: 1:23.20	200m: 2:57.70	47.70	300m: 4:35.61	49.14
				350m: 5:24.71	49.10
				400m: 6:12.26	47.55
11.	Marjan Rikken	Octopus-ZVV (SG)	6:22.88	+0.87	
	50m: 40.29	150m: 2:15.22	48.61	250m: 3:54.36	49.75
	100m: 1:26.61	200m: 3:04.61	49.39	300m: 4:44.35	49.99
				350m: 5:34.56	50.21
				400m: 6:22.88	48.32





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Programmanr. 4, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	land	nummer	tijd	RT	PARA	
12.	Jacoline van den Beukel	Niemo Barracuda	NED	199100238	6:32.67	+0.80		
	50m: 39.42	39.42	150m: 2:11.80	47.48	250m: 3:52.21	50.90	350m: 4:16.51	53.53
	100m: 1:24.32	44.90	200m: 3:01.31	49.51	300m: 4:45.63	53.42	400m: 6:32.67	53.51

Masters 35+

1.	Viktória Háden-Felföldi	Iron Swim	HUN		4:53.76	+0.71		
	50m: 33.11	33.11	150m: 1:46.76	37.01	250m: 3:01.47	37.23	350m: 4:16.51	37.40
	100m: 1:09.75	36.64	200m: 2:24.24	37.48	300m: 3:39.11	37.64	400m: 4:53.76	37.25
2.	Jenny Schouten	PSV	NED	198703674	4:59.29	+0.63		
	50m: 32.51	32.51	150m: 1:47.65	38.35	250m: 3:04.85	38.70	350m: 4:22.18	38.71
	100m: 1:09.30	36.79	200m: 2:26.15	38.50	300m: 3:43.47	38.62	400m: 4:59.29	37.11
3.	Lisanne Andeweg	Zuiderzeezwemmers	NED	198800092	5:09.30	+0.86		
	50m: 34.63	34.63	150m: 1:52.44	39.23	250m: 3:11.96	39.61	350m: 4:31.37	39.08
	100m: 1:13.21	38.58	200m: 2:32.35	39.91	300m: 3:52.29	40.33	400m: 5:09.30	37.93
4.	Jana Vanden Broeck	Cercle Royal De Natation De BruBELs ACNBA/012311/89			5:16.65	+0.80		
	50m: 33.88	33.88	150m: 1:52.13	39.88	250m: 3:14.15	41.23	350m: 4:36.43	40.85
	100m: 1:12.25	38.37	200m: 2:32.92	40.79	300m: 3:55.58	41.43	400m: 5:16.65	40.22
5.	Relinda Baas	TriVia	NED	198900144	5:18.59	+0.79		
	50m: 34.42	34.42	150m: 1:52.43	39.84	250m: 3:13.90	40.82	350m: 4:37.12	41.69
	100m: 1:12.59	38.17	200m: 2:33.08	40.65	300m: 3:55.43	41.53	400m: 5:18.59	41.47
6.	Nanda van Heteren	PSV	NED	198901728	5:30.51	+0.89		
	50m: 36.74	36.74	150m: 2:00.19	42.22	250m: 3:26.18	42.78	350m: 5:07.10	42.17
	100m: 1:17.97	41.23	200m: 2:43.40	43.21	300m: 4:08.90	42.72	400m: 5:30.51	39.44
7.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	5:47.66	+0.76		
	50m: 37.41	37.41	150m: 2:03.74	43.67	250m: 3:32.41	44.84	350m: 5:03.11	45.97
	100m: 1:20.07	42.66	200m: 2:47.57	43.83	300m: 4:17.14	44.73	400m: 5:47.66	44.55
8.	Esther Boerdam-Delfos	AZC	NED	198705256	5:51.59	+0.77		
	50m: 37.57	37.57	150m: 2:03.51	43.63	250m: 3:34.05	45.17	350m: 5:07.10	46.20
	100m: 1:19.88	42.31	200m: 2:48.88	45.37	300m: 4:20.90	46.85	400m: 5:51.59	44.49
9.	Sandra Schellekens	Neptunus'58	NED	198503416	5:56.61	+0.85		
	50m: 38.27	38.27	150m: 2:07.55	45.65	250m: 3:39.39	46.10	350m: 5:12.19	46.63
	100m: 1:21.90	43.63	200m: 2:53.29	45.74	300m: 4:25.56	46.17	400m: 5:56.61	44.42
10.	Ingrid Johannes	De Kempvis	NED	198907370	6:47.72	+0.85		
	50m: 42.95	42.95	150m: 2:25.61	52.13	250m: 4:11.35	52.45	350m: 5:56.52	52.84
	100m: 1:33.48	50.53	200m: 3:18.90	53.29	300m: 5:03.68	52.33	400m: 6:47.72	51.20

Masters 40+

1.	Maike Zeterberg	Zehlendorfer TSV 1888	GER	066680	4:56.95	+0.64		
	50m: 33.41	33.41	150m: 1:47.79	37.62	250m: 3:03.02	37.47	350m: 4:19.49	38.22
	100m: 1:10.17	36.76	200m: 2:25.55	37.76	300m: 3:41.27	38.25	400m: 4:56.95	37.46
2.	Ann Wanter	Zwemclub Geel	BEL	ZGEEL/21082/82	4:59.42	+0.78		
	50m: 33.41	33.41	150m: 1:48.74	38.16	250m: 3:05.32	37.92	350m: 4:22.23	38.15
	100m: 1:10.58	37.17	200m: 2:27.40	38.66	300m: 3:44.08	38.76	400m: 4:59.42	37.19
3.	Heather Frees	Lone Star Masters	USA		5:01.43	+0.63		
	50m: 33.75	33.75	150m: 1:47.75	37.45	250m: 3:04.89	38.75	350m: 4:23.24	39.30
	100m: 1:10.30	36.55	200m: 2:26.14	38.39	300m: 3:43.94	39.05	400m: 5:01.43	38.19
4.	Debbie van Rooijen	IJZPC	NED	198201402	5:04.99	+0.77		
	50m: 34.00	34.00	150m: 1:50.32	38.64	250m: 3:08.18	38.74	350m: 4:27.50	39.30
	100m: 1:11.68	37.68	200m: 2:29.44	39.12	300m: 3:48.20	40.02	400m: 5:04.99	37.49
5.	Ramona Linting	AZC	NED	198301274	5:46.99	+0.72		
	50m: 37.28	37.28	150m: 2:02.98	43.80	250m: 3:32.84	44.92	350m: 5:03.05	44.97
	100m: 1:19.18	41.90	200m: 2:47.92	44.94	300m: 4:18.08	45.24	400m: 5:46.99	43.94
6.	Linda Hoogendam	WVZ	NED	198300892	5:58.53	+0.81		
	50m: 38.66	38.66	150m: 2:09.84	46.04	250m: 3:41.52	45.39	350m: 5:14.85	45.94
	100m: 1:23.80	45.14	200m: 2:56.13	46.29	300m: 4:28.91	47.39	400m: 5:58.53	43.68
7.	Charmaine Cutajar	San Giljan ASC	MLT	144984M	7:33.43	+0.89		
	50m: 47.00	47.00	150m: 2:43.17	56.91	250m: 4:40.65	58.31	350m: 6:41.29	59.61
	100m: 1:46.26	59.26	200m: 3:42.34	59.17	300m: 5:41.68	1:01.03	400m: 7:33.43	52.14



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Programmanr. 4, Dames, 400m vrije slag

Masters 45+

1. Liselotte Joling	PSV	NED	197500268	5:01.80	+0.84
50m: 35.89	35.89	150m: 1:53.26	38.15	250m: 3:09.83	37.23
100m: 1:15.11	39.22	200m: 2:32.60	39.34	300m: 3:48.26	38.43
350m: 4:25.46	37.20	400m: 5:01.80	36.34		
2. Chantal Verhoeff	Old Dutch	NED	197900912	5:38.36	+0.78
50m: 36.69	36.69	150m: 2:02.63	44.07	250m: 3:30.33	43.49
100m: 1:18.56	41.87	200m: 2:46.84	44.21	300m: 4:13.59	43.26
350m: 4:56.58	42.99	400m: 5:38.36	41.78		
3. Petra Guijt	Aqua-Novio '94	NED	197600978	5:45.03	+0.70
50m: 37.55	37.55	150m: 2:04.15	43.89	250m: 3:33.10	44.62
100m: 1:20.26	42.71	200m: 2:48.48	44.33	300m: 4:17.74	44.64
350m: 5:02.27	44.53	400m: 5:45.03	42.76		
4. Jessica Venema	GZC DONK	NED	197901526	5:45.19	+0.82
50m: 36.11	36.11	150m: 2:03.20	45.06	250m: 3:34.83	45.96
100m: 1:18.14	42.03	200m: 2:48.87	45.67	300m: 4:20.06	45.23
350m: 5:04.30	44.24	400m: 5:45.19	40.89		
5. Ilonka van der Meer	LinK	NED	197601168	6:27.34	+0.95
50m: 43.34	43.34	150m: 2:19.21	48.58	250m: 4:00.14	50.27
100m: 1:30.63	47.29	200m: 3:09.87	50.66	300m: 4:50.77	50.63
350m: 5:40.48	49.71	400m: 6:27.34	46.86		
6. Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	7:06.11	+0.91
50m: 44.97	44.97	150m: 2:29.80	53.04	250m: 4:19.58	55.73
100m: 1:36.76	51.79	200m: 3:23.85	54.05	300m: 5:15.30	55.72
350m: 6:11.76	56.46	400m: 7:06.11	54.35		
7. Jessica van Velzen	SWOL 1894	NED	197601122	7:39.57	+1.06
50m: 50.46	50.46	150m: 2:42.87	57.04	250m: 4:42.30	59.62
100m: 1:45.83	55.37	200m: 3:42.68	59.81	300m: 5:42.93	1:00.63
350m: 6:43.23	1:00.30	400m: 7:39.57	56.34		

Masters 50+

1. Carla Geurts	PSV	NED	197100178	4:58.83	+0.75
50m: 33.01	33.01	150m: 1:48.22	38.17	250m: 3:04.43	38.21
100m: 1:10.05	37.04	200m: 2:26.22	38.00	300m: 3:43.02	38.59
350m: 4:21.46	38.44	400m: 4:58.83	37.37		
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	5:10.80	+0.80
50m: 35.45	35.45	150m: 1:54.54	39.85	250m: 3:14.66	39.47
100m: 1:14.69	39.24	200m: 2:35.19	40.65	300m: 3:53.98	39.32
350m: 4:33.41	39.43	400m: 5:10.80	37.39		
3. Bianca Groot	MSV-Zeemacht	NED	197000652	5:21.06	+0.80
50m: 35.54	35.54	150m: 1:55.28	40.02	250m: 3:16.89	40.52
100m: 1:15.26	39.72	200m: 2:36.37	41.09	300m: 3:58.68	41.79
350m: 4:39.91	41.23	400m: 5:21.06	41.15		
4. Annette de Visser	Oceanus	NED	197100602	5:26.19	+0.82
50m: 35.30	35.30	150m: 1:55.65	41.00	250m: 3:19.78	41.97
100m: 1:14.65	39.35	200m: 2:37.81	42.16	300m: 4:02.41	42.63
350m: 4:44.62	42.21	400m: 5:26.19	41.57		
5. Inken Wemheuer	Team Noord Holland (SG)	NED	197101016	5:45.24	+0.80
50m: 37.17	37.17	150m: 2:02.83	44.12	250m: 3:33.24	45.43
100m: 1:18.71	41.54	200m: 2:47.81	44.98	300m: 4:18.13	44.89
350m: 5:03.18	45.05	400m: 5:45.24	42.06		
6. Cherry Bas-Ott	DAW	NED	197100464	6:13.26	+0.74
50m: 38.14	38.14	150m: 2:10.16	47.41	250m: 3:47.16	48.12
100m: 1:22.75	44.61	200m: 2:59.04	48.88	300m: 4:36.70	49.54
350m: 5:25.59	48.89	400m: 6:13.26	47.67		
7. Karin Sagonas-Koolen	VZV Njord	NED	197000964	6:29.09	+0.91
50m: 40.21	40.21	150m: 2:15.28	49.88	250m: 3:57.34	51.53
100m: 1:25.40	45.19	200m: 3:05.81	50.53	300m: 4:48.89	51.55
350m: 5:40.69	51.80	400m: 6:29.09	48.40		
8. Annet Kootstra	SWOL 1894	NED	197100344	6:34.54	+1.10
50m: 42.95	42.95	150m: 2:21.48	50.11	250m: 4:03.03	50.55
100m: 1:31.37	48.42	200m: 3:12.48	51.00	300m: 4:54.77	51.74
350m: 5:45.11	50.34	400m: 6:34.54	49.43		
9. Annette Spies	LinK	NED	197001110	6:36.18	+0.90
50m: 43.73	43.73	150m: 2:22.62	50.22	250m: 4:05.26	51.71
100m: 1:32.40	48.67	200m: 3:13.55	50.93	300m: 4:56.88	51.62
350m: 5:48.13	51.25	400m: 6:36.18	48.05		
10. Elise Kenworthy	LinK	NED	197101126	6:50.50	+0.85
50m: 43.46	43.46	150m: 2:24.38	51.59	250m: 4:11.57	54.12
100m: 1:32.79	49.33	200m: 3:17.45	53.07	300m: 5:05.14	53.57
350m: 5:59.30	54.16	400m: 6:50.50	51.20		

Masters 55+

1. Claudia Thielemann	SG Bayer	GER	333958	5:05.03	+0.76
50m: 34.54	34.54	150m: 1:50.71	38.61	250m: 3:08.04	38.71
100m: 1:12.10	37.56	200m: 2:29.33	38.62	300m: 3:47.16	39.12
350m: 4:26.32	39.16	400m: 5:05.03	38.71		
2. Carol Hollemans	ACZ	NED	196900252	5:28.90	+0.72
50m: 34.77	34.77	150m: 1:54.86	40.90	250m: 3:20.15	42.84
100m: 1:13.96	39.19	200m: 2:37.31	42.45	300m: 4:03.95	43.80
350m: 4:47.47	43.52	400m: 5:28.90	41.43		



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Programmanr. 4, Dames, 400m vrije slag, Masters 55+

rang	naam	vereniging						tijd	RT	PARA
3.	Iris van Aurich	DWK	NED	196900866				5:46.56	+0.70	
	50m: 36.86	36.86	150m: 2:03.31	43.58	250m: 3:31.98	44.30	350m: 5:02.93	45.43		
	100m: 1:19.73	42.87	200m: 2:47.68	44.37	300m: 4:17.50	45.52	400m: 5:46.56	43.63		
4.	Laura Staal	Oceanus	NED	196700358				5:58.15	+0.85	
	50m: 39.70	39.70	150m: 2:08.54	45.28	250m: 3:39.99	45.68	350m: 5:12.95	46.59		
	100m: 1:23.26	43.56	200m: 2:54.31	45.77	300m: 4:26.36	46.37	400m: 5:58.15	45.20		
5.	Anita Steijger	WVZ	NED	196500628				6:08.66	+0.87	
	50m: 42.08	42.08	150m: 2:13.38	46.04	250m: 3:46.73	46.76	350m: 5:21.92	47.54		
	100m: 1:27.34	45.26	200m: 2:59.97	46.59	300m: 4:34.38	47.65	400m: 6:08.66	46.74		
6.	Sandra Daamen-Posma	AZC	NED	196800854				6:37.27	+0.85	
	50m: 40.93	40.93	150m: 2:15.11	48.70	250m: 3:57.18	51.67	350m: 5:44.44	54.40		
	100m: 1:26.41	45.48	200m: 3:05.51	50.40	300m: 4:50.04	52.86	400m: 6:37.27	52.83		
7.	José Bodde	LinK	NED	196901104				6:45.82 *		
	50m: 44.02	44.02	150m: 2:25.64	52.16	250m: 4:11.06	52.58	350m: 5:55.62	52.03		
	100m: 1:33.48	49.46	200m: 3:18.48	52.84	300m: 5:03.59	52.53	400m: 6:45.82	50.20		
8.	Kristien Van de Moortel	ShaRK - Swimming Region Kemr	BEL	SHARK/20315/69				6:47.40	+0.87	
	50m: 44.78	44.78	150m: 2:28.31	52.24	250m: 4:12.54	52.26	350m: 5:58.21	53.28		
	100m: 1:36.07	51.29	200m: 3:20.28	51.97	300m: 5:04.93	52.39	400m: 6:47.40	49.19		
9.	Fulya Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu	TUR					7:16.18	+1.25	
	50m: 50.71	50.71	150m: 2:40.12	55.09	250m: 4:31.24	55.42	350m: 6:22.44	55.43		
	100m: 1:45.03	54.32	200m: 3:35.82	55.70	300m: 5:27.01	55.77	400m: 7:16.18	53.74		
10.	Annette van Dok	MSV-Zeemacht	NED	196800742				7:23.73	+1.17	
	50m: 47.72	47.72	150m: 2:39.01	56.18	250m: 4:32.11	56.63	350m: 6:27.28	57.49		
	100m: 1:42.83	55.11	200m: 3:35.48	56.47	300m: 5:29.79	57.68	400m: 7:23.73	56.45		
11.	Cora Smulders	ESCA Zwemmen	NED	196600668				7:31.51	+0.81	
	50m: 47.37	47.37	150m: 2:41.33	58.04	250m: 4:38.52	58.50	350m: 6:36.06	58.33		
	100m: 1:43.29	55.92	200m: 3:40.02	58.69	300m: 5:37.73	59.21	400m: 7:31.51	55.45		
12.	Ann Vandembrouck	ROSC	BEL	ROSC/20321/65				9:00.89	+1.13	
	50m: 57.56	57.56	150m: 3:14.12	1:09.20	250m: 5:33.46	1:08.72	350m: 7:52.59	1:09.92		
	100m: 2:04.92	1:07.36	200m: 4:24.74	1:10.62	300m: 6:42.67	1:09.21	400m: 9:00.89	1:08.30		

Masters 60+

1.	Jacqueline Rolloos-Bakkers	Niemo Barracuda	NED	196300222				6:14.96	+0.83	
	50m: 40.31	40.31	150m: 2:16.28	48.72	250m: 3:54.30	48.74	350m: 5:30.89	47.66		
	100m: 1:27.56	47.25	200m: 3:05.56	49.28	300m: 4:43.23	48.93	400m: 6:14.96	44.07		
2.	Maud Peuten-Evers	Mosa-Regio	NED	196400584				6:17.84	+1.03	
	50m: 41.32	41.32	150m: 2:15.65	47.92	250m: 3:52.04	48.03	350m: 5:29.19	48.54		
	100m: 1:27.73	46.41	200m: 3:04.01	48.36	300m: 4:40.65	48.61	400m: 6:17.84	48.65		
3.	Lia Bijkerk	GZC DONK	NED	196000014				6:47.70	+0.84	
	50m: 45.38	45.38	150m: 2:29.66	52.26	250m: 4:14.79	52.35	350m: 5:59.60	52.05		
	100m: 1:37.40	52.02	200m: 3:22.44	52.78	300m: 5:07.55	52.76	400m: 6:47.70	48.10		
4.	Erica Muller	De Geul	NED	196400412				7:00.58	+0.80	
	50m: 46.56	46.56	150m: 2:32.79	53.64	250m: 4:20.24	53.97	350m: 6:08.56	54.11		
	100m: 1:39.15	52.59	200m: 3:26.27	53.48	300m: 5:14.45	54.21	400m: 7:00.58	52.02		
5.	Kirsten Stamer	SC Janus Köln	GER	247144				7:24.48		
	50m: 45.34	45.34	150m: 2:31.77	54.42	250m: 4:26.98	58.47	350m: 6:26.11	1:00.15		
	100m: 1:37.35	52.01	200m: 3:28.51	56.74	300m: 5:25.96	58.98	400m: 7:24.48	58.37		
6.	Marie-Jeanne Vandormael	Genker Zwemvereniging Neptun	BEL	GZVN/21035/63				8:10.25	+0.62	
	50m: 51.73	51.73	150m: 2:53.32	1:02.98	250m: 4:59.99	1:03.49	350m: 7:07.09	1:03.85		
	100m: 1:50.34	58.61	200m: 3:56.50	1:03.18	300m: 6:03.24	1:03.25	400m: 8:10.25	1:03.16		

Masters 65+

1.	Esther van Lohuizen <i>Kampioenschapsrecord</i>	PSV	NED	195900300				5:41.46	+0.77	
	50m: 38.27	38.27	150m: 2:05.78	44.61	250m: 3:34.42	44.68	350m: 5:01.94	43.72		
	100m: 1:21.17	42.90	200m: 2:49.74	43.96	300m: 4:18.22	43.80	400m: 5:41.46	39.52		
2.	Lies Hartman	PSV	NED	195600116				10:41.52	+1.15	
	50m: 1:04.74	1:04.74	150m: 3:47.52	1:22.80	250m: 6:37.29	1:27.00	350m: 9:22.05	1:21.91		
	100m: 2:24.72	1:19.98	200m: 5:10.29	1:22.77	300m: 8:00.14	1:22.85	400m: 10:41.52	1:19.47		



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Programmanr. 4, Dames, 400m vrije slag

Masters 70+

1. Ineke Weekers	PSV	NED	195300050	6:02.42	+0.83
<i>Europees Masters Record</i>					
50m:	42.07	42.07	150m:	2:13.91	46.02
100m:	1:27.89	45.82	200m:	2:59.90	45.99
250m:	3:45.92	46.02	350m:	5:17.60	45.84
300m:	4:31.76	45.84	400m:	6:02.42	44.82
2. Carla Hensen	PSV	NED	195300062	7:23.07 *	+1.09
50m:	48.08	48.08	150m:	2:39.57	56.72
100m:	1:42.85	54.77	200m:	3:36.58	57.01
250m:	4:33.25	56.67	350m:	6:27.35	56.90
300m:	5:30.45	57.20	400m:	7:23.07	55.72
3. Gonnie Bak	PSV	NED	195100064	8:20.98	+0.94
50m:	54.97	54.97	150m:	3:02.32	1:04.37
100m:	1:57.95	1:02.98	200m:	4:06.45	1:04.13
250m:	5:11.28	1:04.83	350m:	7:19.25	1:04.22
300m:	6:15.03	1:03.75	400m:	8:20.98	1:01.73
4. Geerdien Meerwaldt	De Geul	NED	195200058	9:10.66	
50m:	1:01.44	1:01.44	150m:	3:18.96	1:09.30
100m:	2:09.66	1:08.22	200m:	4:29.79	1:10.83
250m:	5:40.10	1:10.31	350m:	8:04.38	1:12.48
300m:	6:51.90	1:11.80	400m:	9:10.66	1:06.28

Masters 75+

1. Corrie Verhoeven	PSV	NED	194600026	7:01.70	+0.71
<i>Nederlands Masters Record</i>					
50m:	45.66	45.66	150m:	2:33.61	55.62
100m:	1:37.99	52.33	200m:	3:28.44	54.83
250m:	4:23.41	54.97	350m:	6:11.12	54.70
300m:	5:16.42	53.01	400m:	7:01.70	50.58
2. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	9:20.66	+1.08
50m:	1:02.87	1:02.87	150m:	3:25.99	1:12.98
100m:	2:13.01	1:10.14	200m:	4:36.80	1:10.81
250m:	5:47.74	1:10.94	350m:	8:12.04	1:11.71
300m:	7:00.33	1:12.59	400m:	9:20.66	1:08.62
RES Denise Cortis	San Giljan ASC	MLT	14886M	8:13.61	+0.77
50m:	48.29	48.29	150m:	2:51.04	1:02.79
100m:	1:48.25	59.96	200m:	3:55.33	1:04.29
250m:	4:59.84	1:04.51	350m:	7:11.90	1:05.88
300m:	6:06.02	1:06.18	400m:	8:13.61	1:01.71

Programmanr. 5
03-05-2024 - 11:16

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Lucas Douwma	ZPCH	NED	200401337	1:08.94	+0.67		32.65	1:08.94
2. Dave van den Nieuwendijk	De Columbiaan	NED	200100475	1:10.72	+0.76		32.76	1:10.72
3. Benjamin Vermeulen	De Bevelanders	NED	200003721	1:10.92	+0.81		31.54	1:10.92
4. Thomas Hesper	Niemo Barracuda	NED	200004181	1:12.24	+0.79		33.64	1:12.24
5. Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	1:12.57	+0.65		33.02	1:12.57
6. Robin Schols	ACZ	NED	200400433	1:13.90	+0.63		33.67	1:13.90
7. Tim Speijer	Bubble	NED	200301661	1:14.26	+0.67		34.56	1:14.26
8. Bas van den Akker	PSV	NED	200204651	1:14.37	+0.68		33.52	1:14.37
9. Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	1:14.88	+0.66		33.89	1:14.88
10. Robin van Peenen	ZVL-1886 Center	NED	200201059	1:14.89	+0.80		32.79	1:14.89
11. Esper Paans	ZZ&PC De Devel	NED	200100607	1:18.40	+0.75		34.97	1:18.40
12. Nino van Krimpen	ZOB'66	NED	200004611	1:19.09	+0.68		36.87	1:19.09
13. Boaz Troost	ZOB'66	NED	200100371	1:19.73	+0.69		36.81	1:19.73
14. Rens Hoogenboom	Neptunus'58	NED	200403893	1:27.04	+0.62		40.33	1:27.04
Masters 25+								
1. Bas Dries	Zwemvereniging Hoogland	NED	199505177	1:09.26	+0.63		31.62	1:09.26
2. Bert Duivenvoorde	De Columbiaan	NED	199701805	1:09.58	+0.68		32.49	1:09.58
3. Sander Kirillova	WVZ	NED	199800121	1:10.80	+0.64		32.72	1:10.80
4. Nick Sijmons	De Amstel	NED	199500491	1:10.92	+0.68		32.90	1:10.92
5. Ryan van den Ouden	Poseidon'56	NED	199900377	1:11.86	+0.82		32.98	1:11.86
6. Nick Bongers	SBC2000	NED	199800843	1:13.56	+0.67		34.22	1:13.56
7. Kevin Kingma	ACZ	NED	199700559	1:14.41	+0.71		34.10	1:14.41
8. Jarick Stoop	Zuiderzeezwemmers	NED	199604181	1:15.69	+0.70		34.64	1:15.69



Open Nederlandse Masters
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Programmanr. 5, Heren, 100m schoolslag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Richard van der Horst	De Meer	NED	199700179	1:15.75	+0.81		36.02	1:15.75
10. Sam Beer	Poseidon'56	NED	199605521	1:20.98	+0.70		36.26	1:20.98
11. Edoardo De Santis	Fonte Meravigliosa Sport	ITA		1:21.71	+0.74		36.40	1:21.71
12. Jeroen van Dinther	Neptunus'58	NED	199701569	1:24.58	+0.71		39.24	1:24.58
13. Kien Vuong	De Kempvis	NED	199506173	1:34.73	+0.79		42.60	1:34.73
DIS Mike van der Sanden	PSV	NED	199506349		+1.03			

SL - Het keer- en/of eindpunt met één hand aangetikt.

Masters 30+

1. Stefan Petersen	Blue Marlins	NED	199403067	1:09.40	+0.66		31.74	1:09.40
2. Kevin Panoet	Blue Marlins	NED	199307253	1:11.35	+0.66		33.54	1:11.35
3. Patrick Creemers	Patrick-De Roersoppers (SG)	NED	199000579	1:14.32	+0.77		35.17	1:14.32
4. Olaf Achterberg	VZC	NED	199000011	1:15.96	+0.76		34.82	1:15.96
5. Bram Siebers	EZCL (SG)	NED	199302241	1:18.74	+0.83		36.44	1:18.74
6. Bart van der Zwaan	BZ&PC	NED	199005149	1:20.08	+0.67		36.45	1:20.08
7. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	1:20.45	+0.82		37.86	1:20.45
8. Lars Duijnhouwer	De Biesboschzwemmers	NED	199107161	1:20.69	+0.74		36.62	1:20.69
9. Jose Horcas Nieto	ZVL-1886 Center	NED	199307445	1:23.53	+0.79		38.15	1:23.53
10. Karlo Kok	Zwemvereniging Hoogland	NED	199101265	1:26.14	+0.72		39.53	1:26.14
11. Owen Louwes	BZ&PC	NED	199101487	1:29.32	+0.78		39.83	1:29.32
12. Patrick Wobben	Steenwijk 1934	NED	199300559	1:31.45	+0.87		41.69	1:31.45
NG.ZA Fabian Tristan Niessen	SSF Bonn	GER	343535					

Masters 35+

1. Sander de Vrught	ESCA Zwemmen	NED	198903499	1:10.70	+0.62		32.98	1:10.70
2. Yuri van Ommen	Zwemvereniging Hoogland	NED	198501887	1:11.43	+0.79		32.96	1:11.43
3. Hans van Wijk	BZ&PC	NED	198903605	1:13.45	+0.70		34.19	1:13.45
4. Dennis Kraakman	DAW	NED	198705325	1:19.22	+0.72		35.55	1:19.22
5. Pim Loef	ZVDO'74	NED	198705429	1:23.15	+0.79		37.62	1:23.15
6. Robert Spekhorst	De Mors	NED	198703141	1:29.97	+0.80		40.86	1:29.97

Masters 40+

1. Ivan van Ommen	De Geul	NED	198201263	1:15.19	+0.70		35.15	1:15.19
2. Simon van Ravesteijn	WVZ	NED	198002263	1:15.80	+0.76		34.05	1:15.80
3. Kristiaan Lenos	ZVL-1886 Center	NED	198301331	1:16.16	+0.76		34.54	1:16.16
4. Jim Geestman	Poseidon'56	NED	198300699	1:16.93	+0.81		34.85	1:16.93
5. Pieter Pickhardt	ZPC De Hof	NED	198301657	1:18.02	+0.81		36.87	1:18.02
6. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:18.31	+0.82		36.73	1:18.31
7. Albert van Piekeren	SWOL 1894	NED	198401767	1:18.37	+0.79		36.08	1:18.37
8. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	1:20.30	+0.74		36.30	1:20.30
9. Nicolas Gheis	Cercle De Natation Sportcity	VBELwe	CNSW/013638/84	1:29.14	+0.74		42.16	1:29.14
10. Jonathan Gatt Colerio	San Giljan ASC	MLT	174981M	1:31.40	+0.84		41.78	1:31.40
<i>Maltese Masters Record</i>								
11. Arne-Willem Kroonen	PSV	NED	198401297	1:33.33	+0.86		42.76	1:33.33

Masters 45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	1:13.45	+0.73		33.80	1:13.45
2. Maarten van der Zwan	Scheldestroom	NED	197501017	1:16.91	+0.77		34.31	1:16.91
3. László Jüllich	ZPCH	NED	197801893	1:20.26	+0.89		37.08	1:20.26
4. Edgar Thimister	ZEPS	NED	197501511	1:20.71	+0.66		37.94	1:20.71
5. Freddie Geerlings	Zwemsport Parkstad	NED	197900379	1:21.19	+0.90		37.31	1:21.19
6. Sandy Pleyte	ZPC De Zeeuwse Kust	NED	197501559	1:21.63	+0.79		38.24	1:21.63
7. Mark Sponneck	San Giljan ASC	MLT	388523M	1:22.49	+0.71		38.10	1:22.49
<i>Maltese Masters Record</i>								
8. Bogdan Androne	Sassenheim	NED	197701783	1:24.06	+0.82		38.21	1:24.06
9. Arjan Buijssse	Sassenheim	NED	197901767	1:25.45	+0.73		39.62	1:25.45
10. Pieter Broek	Westland Swimming Stars	NED	197701637	1:25.68	+0.73		40.03	1:25.68
11. Emiel Volker	ZVL-1886 Center	NED	197601605	1:29.05	+0.75		41.59	1:29.05



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Programmanr. 5, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging			tijd	RT	PARA	50m	100m
12. Christiaan Bouwmeester	SBC2000	NED	197600127	1:29.37	+0.87		40.74	1:29.37
13. Alfonso Verkerk	SCOM/De Zeehond'73 (SG)	NED	197601665	1:31.69	+0.75		42.23	1:31.69
14. Peter van Velzen	SWOL 1894	NED	197801945	1:42.55	+0.73		46.71	1:42.55
15. Marco Broenink	Batavia Swim	NED	197801987	1:46.60	+0.92		50.00	1:46.60

Masters 50+

1. Matthias Millers	SG Wuppertal	GER	113799	1:16.80	+0.86		35.07	1:16.80
2. Antwan van Engen	SG CWW Swim Team	NED	197101577	1:17.45	+0.72		35.77	1:17.45
3. Harry Cornet	De Biesboschzwemmers	NED	197100175	1:18.83	+0.72		35.75	1:18.83
4. Paul van den Heuvel	Arethusa	NED	197000441	1:22.25	+0.82		39.00	1:22.25
5. Martijn de Jong	DWK	NED	197101659	1:24.25	+0.86		39.25	1:24.25
6. Bas Kremers	TRB-RES	NED	197201611	1:24.78	+0.72		39.63	1:24.78
7. Rob van de Ven	Neptunus'58	NED	197101695	1:29.30	+0.74		41.20	1:29.30
8. Paul Bosch	Team Noord Holland (SG)	NED	197201533	1:30.98	+0.84		42.40	1:30.98
9. Bruno Nahon	Cercle De Natation Sportcity VBELwe CNSW/000390/70	NED	197201533	1:32.33	+0.66		42.91	1:32.33

Masters 55+

1. Glen Le Clercq	De Rog	NED	196800177	1:18.94	+0.82		36.10	1:18.94
2. Harold Matla	PSV	NED	196800591	1:21.33	+0.89		38.40	1:21.33
3. Hugues Herman	Cercle De Natation Sportcity VBELwe CNSW/009743/66	NED	196800591	1:22.86	+0.68		39.12	1:22.86
4. Hans Schoenmakers	DAW	NED	196900863	1:26.08	+0.70		40.20	1:26.08
5. Mathieu Rikken	De Duinkickers	NED	196701777	1:27.15	+0.80		40.55	1:27.15
6. Henri Michels	De Amstel	NED	196501587	1:30.25	+0.88		41.99	1:30.25
7. Gertjan van der Vaart	ZVVS	NED	196801529	1:38.60	+0.72		45.84	1:38.60
8. Hans Bijleveld	HHZV Plons	NED	196601649	1:46.68	+0.83		50.36	1:46.68
9. Maarten Koolman	Steenwijk 1934	NED	196801649	1:57.11	+0.91		51.20	1:57.11

Masters 60+

1. Theo Bakker	TriVia	NED	196401231	1:25.23	+0.77		40.62	1:25.23
2. Fred Ketting	PSV	NED	196000289	1:27.09	+0.78		40.26	1:27.09
3. Arthur van Strien	WVZ	NED	196301401	1:27.97	+0.90		41.43	1:27.97
4. Ronald Grove	Triton	NED	196100161	1:31.60	+0.72		41.71	1:31.60
5. Pierre de Groot	GZC DONK	NED	196401431	1:40.66	+0.88		47.67	1:40.66
6. Jan Willem Heuten	WS Twente	NED	196000883	1:51.38	+1.13		51.61	1:51.38

Masters 65+

1. Wim de Lange	AZC	NED	195800533	1:34.09	+0.71		42.96	1:34.09
2. Paul Bunnik	Triton	NED	195600413	1:34.38	+0.95		43.00	1:34.38
3. Christian Schoenaers	Cercle De Natation Sportcity VBELwe CNSW/007131/59	NED	195800533	1:35.85	+0.96		43.78	1:35.85
4. Philippe Godbille	Cercle De Natation Sportcity VBELwe CNSW/000230/57	NED	195800533	1:41.54	+0.94		45.45	1:41.54
5. Peter Coffeng	GZC DONK	NED	195700063	1:45.16	+0.97		49.35	1:45.16
6. André Pantekoek	PSV	NED	195800321	1:55.35	+1.04		54.77	1:55.35
7. Klaas Paulusse	Tempo	NED	195900817	1:56.60	+0.89		54.75	1:56.60

Masters 70+

1. Harry Dokter	SWOL 1894	NED	195100037	1:33.58	+0.84		42.70	1:33.58
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	1:55.10	+1.09		55.76	1:55.10
2. Nico Baay	Old Dutch	NED	194200053	2:01.30	+0.81		54.83	2:01.30

Programmanr. 6
03-05-2024 - 11:40

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Kim Jansen van Galen	PSV	NED	200201594	1:15.12	+0.74		35.63	1:15.12
2. Valesca van den Bogert	Hieronymus	NED	200102138	1:15.57	+0.70		35.63	1:15.57
3. Serina Damen	De Rog	NED	200100228	1:18.77	+0.64		36.66	1:18.77
4. Lisanne Boets	ZPC De Kanaalstreek	NED	200200346	1:19.09	+0.71		36.25	1:19.09
5. Esther Tiemersma	Nayade	NED	200202962	1:19.43	+0.67		37.56	1:19.43
6. Lisanne Seising	VZC	NED	200002084	1:22.12	+0.73		38.07	1:22.12
7. Christel Brugmans	Hieronymus	NED	200005602	1:22.45	+0.72		38.35	1:22.45
8. Tara Schuurman	Deltasteur	NED	200400386	1:23.91	+0.69		37.53	1:23.91
9. Sanne Kloezen	Bubble	NED	200204644	1:24.28	+0.73		38.40	1:24.28
10. Iris Le Clercq	De Rog	NED	200401404	1:24.50	+0.67		39.85	1:24.50
11. Lauren van IJll	WVZ	NED	200001064	1:24.97	+0.71		39.50	1:24.97
12. Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	1:26.13	+0.72		39.90	1:26.13
Mirelle de Kort	Neptunus'58	NED	200005546	1:26.13	+0.74		40.50	1:26.13
14. Esmée van Peer	TriVia	NED	200201114	1:26.24	+0.77		40.57	1:26.24
15. Michelle van Wijhe	ZPC AMERSFOORT	NED	200402196	1:26.84	+0.72		40.82	1:26.84
16. Esmee Kloezen	Bubble	NED	200204646	1:29.07	+0.81		41.41	1:29.07
17. Annemarie Hoving	De Rijn	NED	200000248	1:29.24	+0.81		40.17	1:29.24
18. Maddy van der Hoeven	ZPC AMERSFOORT	NED	200401298	1:29.41	+0.83		42.34	1:29.41
19. Kim de Jong	Westland Swimming Stars	NED	200401522	1:29.89	+0.69		40.95	1:29.89
20. Lieke van Hofwegen	De Rijn	NED	200105144	1:30.63	+0.63		41.13	1:30.63
21. Ilse Kramer	TriVia	NED	200403072	1:30.97	+0.74		42.79	1:30.97
22. Melissa Schuurman	EZCL (SG)	NED	200006800	1:31.18	+0.65		41.42	1:31.18
23. Merel van den Heuvel	De Meer	NED	200201784	1:32.67	+0.78		41.03	1:32.67
24. Romée Jabben	Dedemsvaart-AC	NED	200404426	1:33.77	+0.86		43.21	1:33.77
25. Cynthia Koolman	ZPC Hoogeveen	NED	200300232	1:34.12	+0.64		44.23	1:34.12

Masters 25+

1. Selene Wortel	Hieronymus	NED	199700654	1:16.60	+0.66		35.92	1:16.60
2. Nadja Roovers	Hieronymus	NED	199800798	1:20.71	+0.67		38.48	1:20.71
3. Eva van Elsen	ZPC De Zeeuwse Kust	NED	199903026	1:22.96	+0.71		38.68	1:22.96
4. Sanne van de Pol	De Biesboschwemmers	NED	199800722	1:23.17	+0.67		38.11	1:23.17
5. Lonneke Graansma	ZVL-1886 Center	NED	199900936	1:23.70	+0.75		39.09	1:23.70
6. Manon Kloosterman	Zwemlust- den Hommel	NED	199702082	1:23.91	+0.73		38.70	1:23.91
7. Fiona Meuffels	PSV	NED	199504366	1:25.49	+0.71		40.13	1:25.49
8. Mandy Swart	De Biesboschwemmers	NED	199904916	1:25.72	+0.72		39.85	1:25.72
9. Daphne Dols	ZPC Woerden	NED	199904622	1:26.91	+0.63		39.63	1:26.91
10. Gaby Zittersteijn	Zuiderzeezwemmers	NED	199700104	1:27.16	+0.82		41.04	1:27.16
11. Maartje Hids	ZVL-1886 Center	NED	199903042	1:28.91	+0.83		42.75	1:28.91
12. Ageeth de Haan	Steenwijk 1934	NED	199901022	1:29.00	+0.84		42.23	1:29.00
13. Sabien Timmers	Vivalo	NED	199904440	1:29.47	+0.73		41.35	1:29.47
14. Jelita van Esseveld	ZPC De Zeeuwse Kust	NED	199806716	1:29.95	+0.79		41.95	1:29.95
15. Sheila ten Voorde	Octopus-ZVV (SG)	NED	199904538	1:30.83	+0.78		42.22	1:30.83
16. Annemarie ten Have	Zuiderzeezwemmers	NED	199802662	1:31.46	+0.71		42.30	1:31.46
17. Yvette Meijer	Zwemvereniging Hoogland	NED	199706590	1:31.60	+0.91		43.04	1:31.60
18. Laura Compagner	Dedemsvaart-AC	NED	199804602	1:32.17	+0.77		41.79	1:32.17
19. Amy Kieboom	AquAmigos	NED	199502580	1:35.31	+0.68		43.61	1:35.31
20. Kim van Rossum	SBC2000	NED	199706374	1:48.37	+1.10		51.79	1:48.37

Masters 30+

1. Marjolein Delho	VZC	NED	199400024	1:16.51	+0.76		35.62	1:16.51
2. Lisa van Milt	ZZ&PC De Devel	NED	199201228	1:22.81	+0.68		37.44	1:22.81
3. Chantal van der Horst	De Meer	NED	199400616	1:23.91	+0.80		39.64	1:23.91
4. Karin Verbeek	Nautilus	NED	199201848	1:24.47	+0.70		39.24	1:24.47
5. Roxanne van Bavel	Poseidon'56	NED	199407378	1:27.68	+0.69		41.37	1:27.68
6. Marie Tigges	SSF Bonn	GER	178462	1:27.97	+0.69		39.99	1:27.97
7. Ines Muilwijk	MNC Dordrecht	NED	199202858	1:28.05	+0.66		42.34	1:28.05
8. Marijke Kommers	Niemo Barracuda	NED	199305334	1:29.48	+0.81		41.84	1:29.48



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Programmanr. 6, Dames, 100m schoolslag, Masters 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
9. Leontine Groeneveldt	De Duck	NED	199303526	1:29.84	+0.78		42.05	1:29.84
10. Rolijn van Vught	PSV	NED	199004110	1:41.02	+0.79		47.53	1:41.02
11. Elke Schellekens	Neptunus'58	NED	199301550	1:42.96	+0.80		47.17	1:42.96
12. Yvette Senden	De Rog	NED	199307812	1:52.41	+0.76		52.24	1:52.41

Masters 35+

1. Daniëlle Reijnders	AquAmigos	NED	198504234	1:19.98	+0.68		37.69	1:19.98
2. Jenny Schouten	PSV	NED	198703674	1:25.39	+0.80		39.96	1:25.39
3. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	1:30.49	+0.80		41.40	1:30.49
4. Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786	1:34.64	+0.90		45.12	1:34.64
5. Ilana Iskander	Zwemvereniging Hoogland	NED	198907606	1:38.02	+0.89		46.88	1:38.02
6. Janna Brummel	SwimGym	NED	198807018	1:38.38	+0.80		46.04	1:38.38
7. Monique Kok	Octopus-ZVV (SG)	NED	198605398	1:43.80	+0.80		49.06	1:43.80

Masters 40+

1. Laura Badoux	DAW	NED	198200038	1:21.60	+0.81		38.01	1:21.60
2. Elke Popma - Blox	Tiamat	NED	198200154	1:31.08	+0.69		41.48	1:31.08
3. Tonia Ruybroek	Poseidon'56	NED	198101290	1:31.86	+0.90		43.69	1:31.86
4. Renee de Kok-Meeusen	VZV Njord	NED	198403350	1:34.52	+0.70		44.79	1:34.52
5. Michelle de Villiers	Hellas-Glana	NED	198302944	1:35.54	+0.78		45.07	1:35.54
6. Ieva Karpaviciute	Kauno Takas	LTU		1:37.75	+0.79		45.40	1:37.75
7. Angela Giezen	Zwemvereniging Hoogland	NED	198302796	1:38.68	+0.76		47.62	1:38.68

Masters 45+

1. Jeanette Seitz	SSV Ulm 1846	GER	066368	1:23.09	+0.78		39.33	1:23.09
2. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	1:31.00	+0.78		42.68	1:31.00
3. Inge Roskam	De Duinkickers	NED	197801296	1:31.11	+0.74		43.60	1:31.11
4. Laura de Pazos Ortega	SSF Bonn	GER	444685	1:35.84	+0.60		45.79	1:35.84
5. Patricia Brooijmans	Old Dutch	NED	197901608	1:37.05	+0.82		46.54	1:37.05
6. Monica Korndewal	ZPC AMERSFOORT	NED	197701258	1:37.89	+0.82		44.90	1:37.89
7. Marian Nederlof	De Geul	NED	197600950	1:41.95	+0.80		47.57	1:41.95
8. Simone Weijland	Deltasteur	NED	197901610	1:44.66	+0.97		48.56	1:44.66
9. A. Knecht-Bessebinders	De Spatters	NED	197601064	1:45.64	+0.75		48.44	1:45.64
10. Margriet Leeffers	Deltasteur	NED	197800448	1:46.38	+0.97		49.94	1:46.38

Masters 50+

1. Trudy Ketting	PSV	NED	197000268	1:25.79	+0.72		39.87	1:25.79
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:28.25	+0.82		42.36	1:28.25
3. Karin Stein	ZVVS	NED	197100554	1:31.95	+0.79		43.28	1:31.95
4. Bianca Groot	MSV-Zeemacht	NED	197000652	1:33.09	+0.82		45.11	1:33.09
5. Annette de Visser	Oceanus	NED	197100602	1:33.34	+0.79		44.51	1:33.34
6. Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	1:34.18	+0.89		43.26	1:34.18
7. Valérie Rolland	Cercle De Natation Sportcity VBELwe CNSW/004276/71			1:36.70	+0.72		45.85	1:36.70
8. Regine Beckers-Stribos	De Rog	NED	197000492	1:37.29	+0.89		43.92	1:37.29
9. Hilly Brugmans	Hieronymus	NED	197001112	1:39.10	+0.84		47.01	1:39.10
10. Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	1:40.65	+0.80		47.76	1:40.65
11. Martine Stahlie-Bos	TriVia	NED	197401054	1:53.30	+0.98		53.11	1:53.30
12. Judith Sijbers	PSV	NED	197301030	1:57.80	+0.85		54.55	1:57.80
13. Petra Ellul Mercer	San Giljan ASC	MLT	545873M	1:58.75	+0.74		55.36	1:58.75

Maltese Masters Record



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 6, Dames, 100m schoolslag

Masters 55+

1. Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	1:24.35	+0.76	38.67	1:24.35
<i>Nederlands Masters Record</i>							
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	1:29.36	+0.76	42.06	1:29.36
3. Jacqueline Tuin	DAW	NED	196600690	1:29.84	+0.77	42.45	1:29.84
4. Iris van Aurich	DWK	NED	196900866	1:32.48	+0.80	43.91	1:32.48
5. Annette Korving-Leijenaar	Aqualero	NED	196700662	1:34.96	+0.83	45.29	1:34.96
6. Marion Bach	TSV Gruiten 1884 e.V	GER	353051	1:36.54	+0.93	45.58	1:36.54
7. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	1:46.36	+0.96	49.83	1:46.36
8. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	1:47.81	+0.85	50.37	1:47.81
9. Monique Berentse	Batavia Swim	NED	196901066	2:13.73	+1.07	1:04.42	2:13.73
10. F. Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu	TUR		2:17.39	+1.15	1:04.73	2:17.39
Ann Vandenbrouck	ROSC	BEL	ROSC/20321/65	2:17.39	+1.07	1:02.58	2:17.39

Masters 60+

1. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:38.28	+0.83	45.56	1:38.28
2. Lia Bijkerk	GZC DONK	NED	196000014	1:54.62	+0.94	54.55	1:54.62
3. Jenny Westervarder	H2Oldambt	NED	196200424	2:00.21	+0.93	57.22	2:00.21

Masters 65+

1. Liudmila Skopina	Cercle De Natation Sportcity VBELwe	CNSW/010673/57		1:43.29	+0.97	48.87	1:43.29
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	1:45.54	+0.74	50.05	1:45.54
3. Hannie Poletiek	TriVia	NED	195900278	1:52.59	+0.98	53.53	1:52.59
4. W. Schoenmaker-ter Veer	DWK	NED	195900254	1:57.18	+0.97	54.84	1:57.18
5. Karien Musters	Old Dutch	NED	195800236	2:29.44	+0.67	1:10.30	2:29.44

Masters 70+

1. Ineke Weekers	PSV	NED	195300050	1:41.33	+0.81	49.05	1:41.33
<i>Nederlands Masters Record</i>							
2. Gonnie Bak	PSV	NED	195100064	2:08.39	+0.97	1:02.93	2:08.39
3. Geerdien Meerwaldt	De Geul	NED	195200058	2:16.51	+0.80	1:05.78	2:16.51
4. N. van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	2:50.25	+1.54	1:20.40	2:50.25

Masters 75+

1. A. Verhoeven - Steggerda	De Duinkickers	NED	194600024	2:11.91		59.55	2:11.91
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Masters 85+

1. Marie Smits	Old Dutch	NED	193800004	2:33.17	+1.18	1:13.28	2:33.17
<i>Nederlands Masters Record, NMR 50m</i>							

Masters 95+

1. Marianne Maandonks	PSV	NED	192600004	5:04.23		2:17.24	5:04.23
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3 - ONMK 2024 lb Sessie 3

03-05-2024 - 13:15

Programmanr. 7
03-05-2024 - 13:15

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Luuk van Rooij	PSV	NED 200400581	2:06.37	+0.68	27.15	59.19	1:36.51	2:06.37
<i>Kampioenschapsrecord</i>								
2. Guus Hoogduin	ZVL-1886 Center	NED 200201069	2:19.85	+0.69	29.09	1:05.37	1:46.99	2:19.85
3. Jasper Breugem	WVZ	NED 200000303	2:22.17	+0.71	30.05	1:05.50	1:48.30	2:22.17
4. Yuri Wasser	PSV	NED 200301327	2:24.81	+0.67	29.61	1:08.47	1:51.88	2:24.81
5. Ian Terlouw	ZPC Woerden	NED 200002345	2:28.49	+0.68	28.45	1:04.97	1:52.34	2:28.49
6. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	2:29.85	+0.66	30.55	1:12.19	1:53.96	2:29.85
7. D. van den Nieuwendijk	De Columbiaan	NED 200100475	2:30.78	+0.77	31.05	1:10.14	1:53.00	2:30.78
8. Sven Doezen	RZ	NED 200400403	2:41.61	+0.67	33.59	1:17.66	2:05.87	2:41.61
9. Rik Stahlie	TriVia	NED 200201915	2:41.71	+0.79	31.32	1:13.35	2:05.70	2:41.71
DIS Tim Speijer	Bubble	NED 200301661		+0.67				

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 25+

1. Nicko Kamphuis	De Warande	NED 199900887	2:13.86	+0.60	28.00	1:03.68	1:42.59	2:13.86
2. Bert Duivenvoorde	De Columbiaan	NED 199701805	2:20.18	+0.71	28.53	1:06.96	1:49.07	2:20.18
3. Rik Hofland	Team Noord Holland (SG)	NED 199701737	2:20.82	+0.70	28.08	1:04.97	1:47.53	2:20.82
4. Nick Sijmons	De Amstel	NED 199500491	2:22.69	+0.69	28.60	1:07.31	1:48.88	2:22.69
5. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	2:25.13	+0.72	30.08	1:08.77	1:52.59	2:25.13
6. David Kievit	De Schotejil	NED 199900325	2:27.79	+0.80	30.72	1:08.48	1:52.18	2:27.79
7. Jeroen Louwinger	De Rijn	NED 199900583	2:31.43	+0.71	32.73	1:10.39	1:57.57	2:31.43
8. Nick Bongers	SBC2000	NED 199800843	2:32.11	+0.69	32.93	1:13.84	1:56.26	2:32.11
9. Tom van Gils	ZPC De Zeeuwse Kust	NED 199501799	2:36.31	+0.74	33.01	1:15.62	2:00.93	2:36.31
10. Patrick Wyrdean	Westland Swimming Stars	NED 199702475	2:39.23	+0.73	32.34	1:14.47	2:03.26	2:39.23
11. Wesley van der Luit	Sassenheim	NED 199701895	2:39.83	+0.75	33.33	1:16.29	2:05.10	2:39.83
12. Tim van Grunsven	De Treffers	NED 199804535	2:42.40	+0.78	30.88	1:12.38	2:02.73	2:42.40
13. Jeroen van Dinther	Neptunus'58	NED 199701569	2:44.51	+0.74	34.77	1:15.72	2:04.53	2:44.51
14. Remco Visser	ZPC Woerden	NED 199503185	2:57.52	+0.73	36.55	1:19.86	2:16.90	2:57.52

Masters 30+

1. Bas Braun	ZPC AMERSFOORT	NED 199106545	2:27.82	+0.80	29.57	1:07.45	1:52.39	2:27.82
2. Olaf Achterberg	VZC	NED 199000011	2:28.52	+0.81	30.10	1:10.22	1:54.45	2:28.52
3. Patrick Creemers	Patrick-De Roersoppers (SG)	NED 199000579	2:28.58	+0.73	32.03	1:14.13	1:55.85	2:28.58
4. Tim Bunnik	Triton	NED 199000505	2:29.26	+0.77	31.42	1:10.29	1:56.00	2:29.26
5. Tim de Vrugt	ESCA Zwemmen	NED 199306719	2:35.25	+0.69	31.30	1:12.94	2:01.23	2:35.25
6. Bram Siebers	EZCL (SG)	NED 199302241	2:38.75	+0.87	32.25	1:14.44	2:01.17	2:38.75
7. Jean Terver	Club Nautique Val de Fensch	FRA 314113	2:48.46	+0.88	37.97	1:26.21	2:14.27	2:48.46

Masters 35+

1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:29.34	+0.81	31.85	1:12.26	1:53.33	2:29.34
2. Roel van der Kruijs	De Gelenberg	NED 198501491	2:33.08	+0.74	31.74	1:12.86	1:57.63	2:33.08
3. Rick Driezen	Steenwijk 1934	NED 198600713	2:36.93	+0.86	30.27	1:08.58	1:57.98	2:36.93
4. Wessel Everloo	WS Twente	NED 198906597	2:46.48	+0.90	35.70	1:18.11	2:10.40	2:46.48
5. Nicky Valentijn	AquAmigos	NED 198806175	2:59.96	+0.75	36.21	1:26.15	2:14.71	2:59.96
6. Dirk de Vree	De Biesboschzwemmers	NED 198806361	3:27.34	+0.75	46.57	1:46.45	2:44.86	3:27.34



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 7, Heren, 200m wisselslag

Masters 40+

1. Kristiaan Lenos	ZVL-1886 Center	NED 198301331	2:29.13	+0.79	30.63	1:10.40	1:53.61	2:29.13
2. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:29.99	+0.82	31.19	1:11.60	1:54.26	2:29.99
3. Heijmen van Vliet	De Geul	NED 198001637	2:31.74	+0.72	31.71	1:10.91	1:57.13	2:31.74
4. Frank v.d. Voordt	De Schotejil	NED 198302259	2:34.56	+0.80	32.12	1:12.35	1:57.93	2:34.56
5. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED 198202627	2:51.25	+0.83	39.49	1:23.68	2:11.92	2:51.25
6. Arne-Willem Kroonen	PSV	NED 198401297	3:00.93	+0.88	34.65	1:21.98	2:17.07	3:00.93
7. Cetin Cetiner	AZ&PC De Futen	NED 198303155	3:09.04	+0.68	39.65	1:28.08	2:25.20	3:09.04

Masters 45+

1. Ivo Roozeboom	WVZ	NED 197700801	2:28.31	+0.75	31.88	1:09.59	1:56.09	2:28.31
2. Dennis Brouwers	HZPC	NED 197800167	2:28.79	+0.77	33.49	1:09.68	1:54.28	2:28.79
3. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	2:31.33	+0.74	32.77	1:13.63	1:56.60	2:31.33
4. Edgar Thimister	ZEPS	NED 197501511	2:36.12	+0.70	30.22	1:15.06	2:02.59	2:36.12
5. Alex Damen	DAW	NED 197501371	2:36.99	+0.74	33.00	1:14.15	2:00.53	2:36.99
6. Sandy Pleyte	ZPC De Zeeuwse Kust	NED 197501559	2:42.63	+0.77	33.70	1:18.39	2:04.45	2:42.63
7. Freddie Geerlings	Zwemsport Parkstad	NED 197900379	2:45.04	+0.90	35.78	1:20.04	2:07.37	2:45.04
8. Markus van Rest	WVZ	NED 197701197	2:51.05	+0.78	32.55	1:16.85	2:11.16	2:51.05

Masters 50+

1. Antwan van Engen	SG CWW Swim Team	NED 197101577	2:37.37	+0.80	31.75	1:14.92	2:00.93	2:37.37
2. Richard Ricksen	Hellas-Glana	NED 197000841	2:43.05	+0.91	33.66	1:18.08	2:06.12	2:43.05
3. Pieter Veenstra	DZ&PC	NED 197301345	2:45.40	+0.86	35.49	1:19.85	2:08.00	2:45.40
4. Bruno Nahon	Cercle De Natation Sportcity	BELuCNSW/000390/70	2:51.20	+0.83	36.64	1:21.19	2:12.35	2:51.20
5. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:55.71	+0.88	38.15	1:23.61	2:15.60	2:55.71
6. Martijn de Jong	DWK	NED 197101659	3:02.65	+0.95	39.67	1:31.10	2:19.58	3:02.65
7. Paul Bosch	Team Noord Holland (SG)	NED 197201533	3:03.63	+0.91	42.16	1:30.75	2:23.47	3:03.63

Masters 55+

1. Erlend Alstad	Oslo I.L.	NOR	2:39.59	+0.93	33.23	1:16.70	2:03.26	2:39.59
2. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/009743/66	2:44.10	+0.64	36.60	1:19.39	2:07.59	2:44.10
3. Frank van Nobelen	Sassenheim	NED 196900753	2:46.81	+0.81	34.65	1:18.94	2:09.85	2:46.81
4. Eymert van Rooij	PSV	NED 196601631	2:57.49	+0.87	36.21	1:22.65	2:17.35	2:57.49

Masters 60+

1. Arnold de Rover	De Berkelduikers	NED 196400645	2:42.46	+0.84	34.20	1:16.33	2:05.04	2:42.46
2. Jon Christensen	Luxembourg Sharks Swimmir	LUXir10008	2:44.18	+0.71	34.01	1:22.04	2:06.50	2:44.18
<i>Luxembourg Masters Record</i>								
3. Jan Brink	ZPC De Zeeuwse Kust	NED 196200091	2:46.55	+0.69	36.43	1:18.97	2:08.63	2:46.55
4. Ronald Grove	Triton	NED 196100161	3:05.09	+0.80	39.92	1:31.33	2:24.09	3:05.09
5. Robert de Brauwer	De Duinkickers	NED 196401383	3:07.55	+0.90	38.18	1:25.95	2:22.00	3:07.55
6. Richard Tiemstra	De Biesboschzwemmers	NED 196301397	3:14.05	+1.18	39.95	1:34.11	2:30.19	3:14.05

Masters 65+

1. Paul Bunnik	Triton	NED 195600413	3:11.93	+0.91	38.15	1:32.40	2:28.63	3:11.93
2. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	3:37.54	+0.98	46.92	1:47.36	2:44.58	3:37.54

Masters 80+

1. Geza Kaltenecker	AZC	NED 194200065	4:20.83	+0.89	1:02.52	2:07.54	3:21.58	4:20.83
2. Rob Hanou	PSV	NED 194300109	4:33.18	+1.11	1:11.31	2:22.01	3:33.58	4:33.18



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 8
03-05-2024 - 13:44

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Kim Jansen van Galen	PSV	NED 200201594	2:24.92	+0.70	30.14	1:09.40	1:50.77	2:24.92
<i>Nederlands Masters Record</i>								
2. V. van den Bogert	Hieronymus	NED 200102138	2:31.98	+0.57	32.04	1:12.42	1:55.57	2:31.98
3. Lianne Boets	ZPC De Kanaalstreek	NED 200200346	2:35.01	+0.76	32.33	1:13.37	1:58.14	2:35.01
4. Julia Notenboom	De Columbiaan	NED 200302596	2:36.41	+0.78	32.47	1:11.22	1:58.94	2:36.41
5. Christel Brugmans	Hieronymus	NED 200005602	2:39.30	+0.73	33.45	1:15.83	2:01.89	2:39.30
6. Rozemarijn van Haaff	ZOB'66	NED 200201852	2:41.89	+0.53	33.24	1:15.62	2:02.60	2:41.89
7. Kim van Dongen	De Gelenberg	NED 200400140	2:43.65	+0.66	32.85	1:12.49	2:02.67	2:43.65
8. Amber van der Kruk	MSV-Zeemacht	NED 200102730	2:43.93	+0.69	38.12	1:18.49	2:08.03	2:43.93
9. Cerisa van Kesteren	ZPCH	NED 200105934	2:44.33	+0.75	34.50	1:16.86	2:05.88	2:44.33
10. Vivian Gravemaker	De Rijn	NED 200400058	2:44.79	+0.71	33.66	1:16.56	2:05.23	2:44.79
11. Iris Le Clercq	De Rog	NED 200401404	2:46.30	+0.67	35.08	1:20.77	2:07.20	2:46.30
12. Annemarie Hoving	De Rijn	NED 200000248	2:46.49	+0.71	35.15	1:19.10	2:08.26	2:46.49
13. Mirelle de Kort	Neptunus'58	NED 200005546	2:47.54	+0.73	35.60	1:19.90	2:08.02	2:47.54
14. Lianne Seising	VZC	NED 200002084	2:48.53	+0.75	34.10	1:19.79	2:07.77	2:48.53
15. Tara Schuurman	Deltasteur	NED 200400386	2:53.81	+0.66	35.94	1:19.94	2:09.09	2:53.81
16. M. van der Hoeven	ZPC AMERSFOORT	NED 200401298	2:57.74	+0.82	36.56	1:25.59	2:18.13	2:57.74
17. Inge Hertogh	ZVZ Njord	NED 200101052	3:02.10	+0.77	36.79	1:26.60	2:19.29	3:02.10
18. Cynthia Koolman	ZPC Hoogeveen	NED 200300232	3:02.76	+0.69	43.09	1:28.44	2:22.67	3:02.76
19. Nasca van Dijk	De Marlijn (SG)	NED 200300816	3:09.27	+0.80	37.31	1:28.36	2:25.95	3:09.27
NG Gwen Eygendaal	De Warande	NED 200404680						
Masters 25+								
1. Angelique van Vark	GZC DONK	NED 199701478	2:26.28	+0.68	32.07	1:09.12	1:52.90	2:26.28
2. Selene Wortel	Hieronymus	NED 199700654	2:30.79	+0.68	31.08	1:12.81	1:57.07	2:30.79
3. Tamara Grove	De Dolfijn	NED 199601266	2:32.15	+0.71	32.24	1:13.19	1:59.08	2:32.15
4. Nadja Roovers	Hieronymus	NED 199800798	2:35.98	+0.66	32.59	1:13.52	1:58.38	2:35.98
5. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	2:44.91	+0.78	33.95	1:14.99	2:07.71	2:44.91
6. M. van Langevelde	ESCA Zwemmen	NED 199803160	2:45.69	+0.75	37.39	1:21.26	2:08.96	2:45.69
7. Larissa Jansen	PSV	NED 199500660	2:46.92	+0.75	34.21	1:19.56	2:08.55	2:46.92
8. Floor Weijmans	HZPC	NED 199502522	2:48.12	+0.79	36.04	1:18.96	2:10.21	2:48.12
9. Ageeth de Haan	Steenwijk 1934	NED 199901022	2:54.50	+0.77	39.21	1:27.94	2:18.18	2:54.50
10. Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	2:54.84	+0.81	36.34	1:21.55	2:12.59	2:54.84
11. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	2:55.52	+0.70	32.66	1:16.29	2:10.85	2:55.52
12. Janine de Groot	NDD	NED 199500092	2:56.55	+0.83	39.25	1:24.56	2:15.64	2:56.55
13. Lotte Eising	ZPC AMERSFOORT	NED 199502098	3:03.66	+0.73	36.81	1:21.74	2:15.97	3:03.66
14. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	3:03.95	+0.84	38.95	1:31.18	2:21.43	3:03.95
15. Marenne Huigh	Scheldestroom	NED 199900852	3:04.97	+0.80	38.87	1:27.87	2:23.25	3:04.97
16. Amy Kieboom	AquAmigos	NED 199502580	3:11.22	+0.71	41.31	1:35.17	2:29.49	3:11.22
Masters 30+								
1. Marjolein Delno	VZC	NED 199400024	2:26.23	+0.78	31.57	1:09.64	1:53.03	2:26.23
<i>Nederlands Masters Record</i>								
2. Denise Boereboom	Niemo Barracuda	NED 199202144	2:36.00	+0.68	31.45	1:12.23	1:59.36	2:36.00
3. Whitney van Hoeckel	DIO	NED 199402390	2:45.76	+0.76	35.51	1:18.99	2:08.22	2:45.76
4. Lucie Terver	Club Nautique Val de Fensch	FRA 412372	2:48.71	+0.82	35.21	1:20.69	2:10.16	2:48.71
5. Jisca Majolée	ZPC AMERSFOORT	NED 199403570	2:49.28	+0.97	35.46	1:19.91	2:09.94	2:49.28
6. Wendy de Bruin	ZOB'66	NED 199206320	2:50.65	+0.66	35.45	1:19.48	2:08.40	2:50.65
7. Daphne Kievit	ZPC AMERSFOORT	NED 199207058	3:00.25	+0.81	37.14	1:24.48	2:18.35	3:00.25
8. Joëlle Vaes	DIO	NED 199007576	3:00.44	+0.60	37.89	1:25.68	2:17.55	3:00.44
9. Leonor Babo	PSV	NED 199308000	3:02.28	+0.70	34.98	1:23.35	2:18.94	3:02.28
10. Marjan Rikken	Octopus-ZVV (SG)	NED 199206114	3:13.93	+0.86	43.03	1:31.93	2:29.68	3:13.93
11. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	3:25.26	+0.86	46.69	1:40.10	2:38.94	3:25.26



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 8, Dames, 200m wisselslag

Masters 35+

1. Sabine Zimmermann	Aachener SV 06	GER 101578	2:39.39	+0.77	35.86	1:17.99	2:03.98	2:39.39
2. Jenny Schouten	PSV	NED 198703674	2:42.85	+0.74	34.40	1:17.05	2:05.06	2:42.85
3. Anna Maria Rijkens	TRI-X-Kufstein	AUT 48398	2:45.74	+0.75	33.02	1:16.61	2:07.04	2:45.74
4. Rianne Hofland	Sassenheim	NED 198801820	2:46.98	+0.73	33.88	1:17.17	2:07.13	2:46.98
5. I. van den Wijngaard	ZPC Woerden	NED 198904736	2:51.79	* +0.83	36.84	1:19.93	2:12.02	2:51.79
6. Monique van Huizen	AZC	NED 198706236	2:53.13	+0.75	35.09	1:21.04	2:13.37	2:53.13
7. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	2:57.26	+0.77	37.44	1:22.63	2:14.46	2:57.26
8. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	3:02.69	+0.87	40.53	1:28.79	2:19.63	3:02.69
9. Kim Visser	H2Oldambt	NED 198704350	3:14.66	+0.86	41.33	1:33.20	2:29.22	3:14.66
10. Ilana Iskander	Zwemvereniging Hoogland	NED 198907606	3:15.36	+0.74	43.10	1:34.68	2:31.89	3:15.36
11. M. van der Poel	De Warande	NED 198703212	3:19.75	+0.78	38.43	1:26.01	2:28.56	3:19.75

Masters 40+

1. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	2:43.95	+0.76	33.69	1:16.76	2:07.92	2:43.95
2. Heather Frees	Lone Star Masters	USA	2:53.77	+0.69	36.43	1:23.43	2:15.74	2:53.77
3. E. Poortvliet - Koedam	De Duinkickers	NED 198001824	2:58.94	+0.89	37.98	1:24.08	2:19.28	2:58.94
4. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	3:03.92	+0.78	41.54	1:26.78	2:22.05	3:03.92

Masters 45+

1. Nathalie Blondeel	Cercle De Natation Sportcity	BELuCNSW/004784/77	2:51.43	+0.60	36.57	1:24.36	2:14.15	2:51.43
2. Mirjan den Drijver	Westland Swimming Stars	NED 197500884	2:56.97	+0.79	35.19	1:22.07	2:13.96	2:56.97
3. Jolanda van Gendt	PSV	NED 197800266	3:02.33	+0.71	40.09	1:25.50	2:19.71	3:02.33
4. K. de Reus-Trompetter	DZ&PC	NED 197600520	3:06.40	+0.93	38.70	1:29.06	2:24.16	3:06.40
5. Chantal Verhoeff	Old Dutch	NED 197900912	3:06.56	+0.76	36.62	1:27.99	2:25.49	3:06.56
6. Leontine Loeber	SwimGym	NED 197701010	3:07.49	+0.88	40.57	1:30.11	2:23.36	3:07.49

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:46.88	+0.82	35.81	1:22.53	2:09.48	2:46.88
2. Ilona Hogerheyde	DAW	NED 197400224	2:54.76	+0.59	35.25	1:22.07	2:12.65	2:54.76
3. Valérie Rolland	Cercle De Natation Sportcity	BELuCNSW/004276/71	2:56.99	+0.74	37.41	1:22.09	2:16.21	2:56.99
4. Jeanne Petit	PSV	NED 197001020	3:00.40	+0.81	34.54	1:25.54	2:18.49	3:00.40
5. Bianca Groot	MSV-Zeemacht	NED 197000652	3:19.42	+0.82	39.18	1:31.03	2:35.29	3:19.42
6. B. Hertogh - Buijsse	Scheldestroom	NED 197400910	3:22.07	+0.83	40.71	1:34.07	2:33.19	3:22.07
7. Nathasja Konijn	GZC DONK	NED 197100992	3:32.12	+0.85	45.86	1:39.06	2:41.07	3:32.12
8. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	3:38.41	+0.99	53.14	1:50.06	2:51.31	3:38.41

Masters 55+

1. Claudia Thielemann	SG Bayer	GER 333958	2:47.94	+0.73	35.40	1:19.14	2:09.80	2:47.94
2. Allie Price	Bridgend Swim Club	GBR 547582	2:54.22	+0.71	35.65	1:19.12	2:11.25	2:54.22
3. Iris van Aurich	DWK	NED 196900866	3:09.31	+0.73	44.93	1:34.83	2:27.30	3:09.31
4. Anita Steijger	WVZ	NED 196500628	3:18.46	+0.90	44.59	1:35.50	2:32.64	3:18.46
5. K. van Nassau-van den	IOld Dutch	NED 196600188	3:38.11	+0.93	52.23	1:51.58	2:49.61	3:38.11
6. Annette van Dok	MSV-Zeemacht	NED 196800742	3:47.97	+1.06	54.14	1:50.56	2:56.80	3:47.97

Masters 60+

1. Pierrette Michel	Cercle De Natation Sportcity	BELuCNSW/000835/62	2:56.22	+0.93	37.22	1:21.77	2:14.94	2:56.22
2. P. Tossings-van de Hoo	GZC DONK	NED 196100376	3:15.86	+0.85	41.91	1:34.36	2:32.24	3:15.86
3. Lia Bijkerk	GZC DONK	NED 196000014	3:37.76	+0.92	50.07	1:49.42	2:52.08	3:37.76

Masters 65+

1. Hannie Poletiek	TriVia	NED 195900278	3:39.79	+0.94	50.71	1:48.13	2:51.55	3:39.79
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Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 8, Dames, 200m wisselslag

Masters 70+

1. C. Nieuwenhuis	SWOL 1894	NED 195100022	3:31.19	+0.79	42.62	1:39.19	2:43.43	3:31.19
2. F. Blondeel-Gourmet	Cercle De Natation Sportcity	BELuCNSW/004901/52	4:26.99	+0.89	54.84	2:01.51	3:24.19	4:26.99
3. A. Gilding-Tussaud	WS Twente	NED 195000038	4:29.55	+0.79	1:05.25	2:08.96	3:26.09	4:29.55

Masters 85+

1. Marie Smits	Old Dutch	NED 193800004	5:15.55	+1.08	1:16.09	2:40.63	4:09.35	5:15.55
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Kampioenschapsrecord

Programmanr. 9
03-05-2024 - 14:18

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Daan Hogerhuis	De Columbiaan	NED	200300317	28.60	+0.65	
2.	Louis Kappler	Zwemlust- den Hommel	NED	200205067	29.32	+0.72	
3.	Thijn Damen	PSV	NED	200300973	29.37	+0.69	
4.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	30.41	+0.61	
5.	Ian Terlouw	ZPC Woerden	NED	200002345	30.63	+0.74	
6.	Nino van Krimpen	ZOB'66	NED	200004611	30.78	+0.73	
	Stijn den Otter	ZZ&PC De Devel	NED	200200225	30.78	+0.54	
8.	Mart de Koning	ZOB'66	NED	200203253	31.10	+0.72	
9.	Wessel Haverkamp	ESCA Zwemmen	NED	200204755	31.69	+0.74	
10.	Jochem Janssen	De Gelenberg	NED	200003653	31.93	+0.67	
11.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	32.10	+0.65	
12.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	32.70	+0.78	
13.	Robin Schols	ACZ	NED	200400433	32.81	+0.67	
14.	Nigel Werring	Zwemlust- den Hommel	NED	200301503	34.40	+0.77	
15.	Mees Minneboo	MSV-Zeemacht	NED	200203465	34.78	+0.65	
16.	Boaz Troost	ZOB'66	NED	200100371	36.64	+0.58	
17.	Ryan van der Sluijs	De Duck	NED	200105571	39.75	+0.80	

Masters 25+

1.	Melvin Prins	Feijenoord Albion Zwemclub	NED	199500201	28.10	+0.68	
2.	Nicko Kamphuis	De Warande	NED	199900887	28.21	+0.56	
3.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	29.17	+0.57	
4.	Robin van Beek	ZVL-1886 Center	NED	199704023	29.97	+0.58	
5.	John Smit	Poseidon'56	NED	199500613	30.81	+0.64	
6.	David Kievit	De Schotejil	NED	199900325	31.82	+0.88	
7.	Jeffrey Roest	Zwemvereniging Hoogland	NED	199703401	32.86	+0.66	
8.	Ian van Mullem	ZOB'66	NED	199602545	33.11	+0.62	
9.	Sam Beer	Poseidon'56	NED	199605521	34.42	+0.66	
10.	Lars Jacobsen	DWK	NED	199705453	34.55	+0.70	515
11.	Tim van Grunsven	De Treffers	NED	199804535	34.71	+0.68	
12.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	34.81	+0.70	
13.	Mike van der Sanden	PSV	NED	199506349	48.16	+0.67	

Masters 30+

1.	Jesper Oranje	De Duck	NED	199200997	28.62	+0.61	
2.	Jeroen Matthijssen	AZC	NED	199103751	30.55	+0.77	
3.	Olaf Achterberg	VZC	NED	199000011	30.90	+0.69	
4.	Johan Krakou	De Rijn	NED	199101311	32.44	+0.67	
5.	Patrick Brouwer	AZC	NED	199303715	33.72	+0.78	
6.	Marijn van Baaren	De Gelenberg	NED	199203535	34.08	+0.81	
7.	Lars Duijnhouwer	De Biesboschzwemmers	NED	199107161	36.08	+0.78	
8.	Eric Kalee	Zwemvereniging Hoogland	NED	199005307	38.31	+0.90	
9.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	39.41	+0.68	
10.	Ruben de Boer	Zwemvereniging Hoogland	NED	199301419	39.45	+0.69	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 9, Heren, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
AFGEM	Rick van Hamond	Z&PC Zegenwerp	NED	199205873			

Masters 35+

1.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813		30.36	+0.77	
2.	Nicolas Collard	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000240/89		30.79	+0.70	
3.	Hans van Wijk	BZ&PC	NED	198903605		31.15	+0.71	
4.	Robert Braad	Steenwijk 1934	NED	198600407		31.39	+0.71	
5.	Remco van der Graaf	PSV	NED	198704007		34.96	+0.77	
6.	Wessel Everloo	WS Twente	NED	198906597	S14	36.08	+1.05	453
7.	Rudi Butselaar	GoSwim	NED	198700577		37.82	+0.71	
8.	Robert Spekhorst	De Mors	NED	198703141		38.49	+0.75	
9.	Nicky Valentijn	AquAmigos	NED	198806175		39.90	+0.70	

Masters 40+

1.	Ivan van Omme	De Geul	NED	198201263		31.28	+0.74	
2.	Albert van Piekeren	SWOL 1894	NED	198401767		32.16	+0.74	
3.	Tjeerd Visser	ACZ	NED	198001631		32.43	+0.77	
4.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897		36.09	+0.92	
5.	Jonathan Gatt Colerio	San Giljan ASC	MLT	174981M		37.60	+0.75	

Masters 45+

1.	Ruud Holswilder	ZPCH	NED	197800435		30.49	+0.75	
2.	Jasper van Heijst	ZPCH	NED	197601699		31.12	+0.65	
3.	Dennis Brouwers	HZPC	NED	197800167		31.41	+0.75	
4.	Ivo Roozeboom	WVZ	NED	197700801		31.88	+0.71	
5.	Erwin Buist	ZPC AMERSFOORT	NED	197800183		33.50	+0.77	
6.	Pieter Broek	Westland Swimming Stars	NED	197701637		34.55	+0.63	
7.	Markus van Rest	WVZ	NED	197701197		34.65	+0.72	
8.	Gino Martijn	RZ	NED	197901865		34.78	+0.60	
9.	Christiaan Bouwmeester	SBC2000	NED	197600127		36.21	+0.87	
10.	Mark Sponneck	San Giljan ASC	MLT	388523M		38.53	+0.79	

Masters 50+

1.	Rogier Vissers	PSV	NED	197300935		34.36	+0.86	
2.	Henri Verschoor	De Biesboschzwemmers	NED	197001041		36.71	+0.76	
3.	Paul van den Heuvel	Arethusa	NED	197000441		37.89	+0.76	
4.	Jeroen Hoeksel	ZVVS	NED	197401533		44.55	+0.87	
5.	Xavier Schuster	Club Nautique Val de Fensch	FRA	877605		54.94	+0.83	
AFGEM	Axel Werkhausen	SSF Bonn	GER	451927				

Masters 55+

1.	Chester Marsman <i>Kampioenschapsrecord</i>	ZPC AMERSFOORT	NED	196900671		30.48	+0.69	
2.	Jan-Willem van den Berg	WVZ	NED	196801575		32.75	+0.71	
3.	Arjan Bellaart	Oceanus	NED	196900079		33.36	+0.75	
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709		34.00	+0.70	
5.	Ralf Dillig	Duisburger ST	GER	060769		36.24	+0.79	
6.	Mathieu Rikken	De Duinkickers	NED	196701777		37.06	+0.71	
7.	Nico Swart	De Biesboschzwemmers	NED	196801475		37.62	+0.82	
8.	Erik Saan	De Duck	NED	196500769		38.03	+0.82	
9.	Jeroen Wilmer	Vichy Val D'Allier Natation	FRA	2169893		38.48	+0.83	
10.	Erik Zoethout	Aqualero	NED	196901157		41.17	+0.83	
11.	Fred Dijkshoorn	Westland Swimming Stars	NED	196501539		42.01	+0.93	
12.	Pieter-Sjoerd de Wijn	DES	NED	196501027		43.93	+0.89	
13.	Hans Bijleveld	HHZV Plons	NED	196601649		44.64	+0.79	



Open Nederlandse Masters
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Programmanr. 9, Heren, 50m rugslag

Masters 60+

1.	Peter Bernsen	De Rog	NED	196301119	32.58	+0.63
2.	Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	33.73	+0.86
3.	Martin Grapentin <i>Swiss Masters Record</i>	SAS Swiss Alumni Swimming	SUI	#29177	35.05	+0.77
4.	Erik Kamphuis	De Rog	NED	196001035	35.08	+0.74
5.	Axel Sondermann	Lone Star Masters	USA		38.86	+0.87
6.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	39.00	+0.72
7.	Casper Dollekamp	Steenwijk 1934	NED	196301341	39.67	+0.69
8.	Richard Tiemstra	De Biesboschzwemmers	NED	196301397	42.09	+0.76

Masters 65+

1.	Albert Boonstra	Aqua-Novio '94	NED	195700425	35.33	+0.65
2.	Wim de Lange	AZC	NED	195800533	42.69	+0.75
3.	André Pantekoek	PSV	NED	195800321	44.56	+0.73

Masters 70+

1.	Ronald Blankenstein	Aqua-Novio '94	NED	195000013	47.09	+0.86
2.	Sjoerd Van de Berg	De Rog	NED	195400355	50.85	+0.97

Masters 75+

1.	Willem Putter	ZVVS	NED	194500135	48.40	+0.91
2.	Jan Nuijten	PSV	NED	194900175	49.15	+0.94
3.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	1:06.22	+1.11

Masters 80+

1.	Nico Baay	Old Dutch	NED	194200053	55.67	+1.16
2.	Kevork Boyrazian	Cercle De Natation Sportcity WolBEL	CNSW	002620/44	1:11.35	+0.98
DIS	Rob Hanou	PSV	NED	194300109		

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

Masters 85+

1.	Nic Geers	PSV	NED	193800007	54.00	+0.71
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Nederlands Masters Record

Programmanr. 10
03-05-2024 - 14:34

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Julia Notenboom	De Columbiaan	NED	200302596	31.85	+0.60	
2.	Guusje van Lent	Aqua-Novio '94	NED	200203898	31.97	+0.69	
3.	Kim van Dongen	De Gelenberg	NED	200400140	32.77	+0.64	
4.	Michelle van Wijk	WWV Winterswijk	NED	200204746	33.00	+0.74	
5.	Inge Dekker	HZ&PC Heerenveen	NED	200200476	33.15	+0.64	
6.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED	200001358	33.25	+0.80	
7.	Carmen Lems	ACZ	NED	200402632	33.80	+0.65	
8.	Lauren van IJll	WVZ	NED	200001064	33.86	+0.66	
9.	Robin Pienaar	Niemo Barracuda	NED	200102236	34.18	+0.69	
10.	Femke de Wit	Nederweert	NED	200102184	34.38	+0.58	
11.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	35.00	+0.71	
12.	Rozemarijn van Haaff	ZOB'66	NED	200201852	35.24	+0.69	
13.	Esmée van Peer	TriVia	NED	200201114	35.51	+0.69	



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Programmanr. 10, Dames, 50m rugslag, Masters 20+

rang	naam	vereniging		tijd	RT	PARA
14.	Sophie Stekelenburg	Zwemlust- den Hommel	NED 200400166	35.75	+0.72	
15.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	35.86	+0.57	
16.	Redine van Breugel	De Biesboschzwemmers	NED 200004404	35.91 *	+0.65	
17.	Merel van den Heuvel	De Meer	NED 200201784	35.97	+0.71	
18.	Esmee Wijnmaalen	De Geul	NED 200100298	36.27	+0.76	
19.	Cerisa van Kesteren	ZPCH	NED 200105934	36.28	+0.77	
20.	Anouk Vis	De Columbiaan	NED 200203322	36.48	+0.67	
21.	Vivian Gravemaker	De Rijn	NED 200400058	36.71	+0.76	
22.	Esther de Laat	De Biesboschzwemmers	NED 200000174	36.84	+0.69	
23.	Ester Schuurman	Deltasteur	NED 200201106	36.97	+0.76	
24.	Monica Faber	Deltasteur	NED 200400388	37.04	+0.73	
25.	Melissa Schuurman	EZCL (SG)	NED 200006800	37.09	+0.62	
26.	Daniëlle Vis	De Columbiaan	NED 200401044	37.30	+0.67	
27.	Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	37.78	+0.63	
28.	Daphne van Rees	Octopus-ZVV (SG)	NED 200301766	38.09	+0.78	
29.	Michelle van Wijhe	ZPC AMERSFOORT	NED 200402196	38.65	+0.82	
30.	Hannah Elting	ESCA Zwemmen	NED 200402702	39.03	+0.82	
31.	Amber Hopman	De Aalscholver	NED 200106384	39.97	+1.00	
32.	Maaïke van Houten	Zwemvereniging Hoogland	NED 200206266	40.22	+0.63	
33.	Laura Folkers	VZV Njord	NED 200101670	40.94	+0.75	
34.	Juliette Boon	ZZ&PC De Devel	NED 200401908	41.13	+0.65	
35.	Marieke Speijer	Bubble	NED 200401154	42.32	+0.87	
36.	Ymke van Dongen	AquAmigos	NED 200202662	42.85	+0.79	
37.	Nana Dekkers	Neptunus'58	NED 200206220	43.54	+1.18	

Masters 25+

1.	Babette van der Kaaij	Blue Marlins	NED 199902234	31.80	+0.64	
2.	Nadja Roovers	Hieronimus	NED 199800798	31.97	+0.73	
3.	Marre Zandringa	Orca	NED 199701136	32.59	+0.67	
4.	Lieke Smits	Tempo	NED 199604646	32.78	+0.59	
5.	Estée Grandidier	ZPC AMERSFOORT	NED 199906654	33.05	+0.67	
6.	Alisha Vieira	Blue Marlins	NED 199904554	33.41	+0.62	
7.	Jamilla van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	33.68	+0.69	
8.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	34.08	+0.55	
9.	Gaby Zittersteijn	Zuiderzeewemmers	NED 199700104	34.20	+0.71	
10.	Laura Compagner	Dedemsvaart-AC	NED 199804602	34.80	+0.80	
11.	Rosalie Baarda	Orca	NED 199903460	35.95	+0.67	
12.	Sabien Timmers	Vivalo	NED 199904440	36.05	+0.63	
13.	Annemarie ten Have	Zuiderzeewemmers	NED 199802662	36.14	+0.66	
14.	Fiona Meuffels	PSV	NED 199504366	36.81	+0.79	
15.	Janine de Groot	NDD	NED 199500092	36.91	+0.65	
16.	Anouk van der Lans	Westland Swimming Stars	NED 199801614	37.11	+0.77	
17.	Jet Kleine	MSV-Zeemacht	NED 199903384	37.17	+0.73	
18.	Mandy Swart	De Biesboschzwemmers	NED 199904916	37.45	+0.71	
19.	Lotte Eising	ZPC AMERSFOORT	NED 199502098	37.49	+0.68	
20.	Maria Antonella Zuccaro	DAW	NED 199606894	38.77	+0.76	
21.	Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	39.54	+0.70	
22.	Eva Velthuijs	PSV	NED 199906644	42.81	+0.77	
23.	Kim Hamakers	De Rog	NED 199803214	43.57	+0.72	
24.	Mylène Wildeboer-Kok	H2Oldambt	NED 199602674	44.05	+0.78	
25.	Michela Scicluna	San Giljan ASC	MLT 0277695M	44.84	+0.74	
26.	Sylvia Hidding	H2Oldambt	NED 199603886	55.58	+0.88	

Masters 30+

1.	Miranda Nijenhuis	De Columbiaan	NED 199204076	32.53	+0.76	
2.	Marcha Admiraal	De Geul	NED 199300012	34.28	+0.84	
3.	Lotte Coenen	DES	NED 199301518	34.70	+0.74	
4.	Désirée Emmen	De Warande	NED 199204862	34.71	+0.77	
5.	Maike Korthout	TRB-RES	NED 199406034	35.72	+0.63	
6.	Ines Muilwijk	MNC Dordrecht	NED 199202858	35.95	+0.68	
7.	Adela Vázquez García	ZVL-1886 Center	NED 199307952	36.42	+0.56	
8.	Getrude Corporaal	Steenwijk 1934	NED 199200380	37.58	+0.85	
9.	Anne Aarts	DES	NED 199207942	37.80	+0.85	



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Programmanr. 10, Dames, 50m rugslag, Masters 30+

rang	naam	vereniging		tijd	RT	PARA
10.	Tessa van Dijk-Mosch	MSV-Zeemacht	NED 199102172	37.89	+0.69	
11.	Marijke Kommers	Niemo Barracuda	NED 199305334	39.21	+0.71	
12.	Esther Kwebeman	TriVia	NED 199106374	39.72	+0.91	
13.	Kimberley van Buren	De Duck	NED 199304136	39.86	+0.75	
14.	Nanda Wobben-de Vries	Steenwijk 1934	NED 199204328	40.60	+0.83	
15.	Margot van de Rakt	VZV Njord	NED 199300618	41.70	+0.84	
16.	Eline Molle	De Geul	NED 199404276	42.90	+0.79	
17.	Elke Schellekens	Neptunus'58	NED 199301550	43.27	+0.64	

Masters 35+

1.	Jenny Schouten	PSV	NED 198703674	33.45	+0.71	
2.	Jana Vanden Broeck	Cercle Royal De Natation De Bru	BELs ACNBA/012311/89	33.96	+0.66	
3.	Daphne Robijn-Jongedijk	EZCL (SG)	NED 198903520	36.29	+0.78	
4.	Marije Jansen	ZPC AMERSFOORT	NED 198504088	36.30	+0.82	
5.	Janneke Koolen-Kaptheijns	Tempo	NED 198706288	37.19	+0.72	
6.	Linda Bultstra	De Spatters	NED 198600656	39.60	+0.85	
7.	Desiree Groot	SwimGym	NED 198601310	40.83	+0.75	
8.	Janna Brummel	SwimGym	NED 198807018	46.67	+0.74	

Masters 40+

1.	Roos van Esch	ACZ	NED 198200468	35.01	+0.76	
2.	Tonia Ruybroek	Poseidon'56	NED 198101290	35.92	+0.77	
3.	Anne-Marie Verschoor-Vos	De Biesboschzweimmers	NED 198102300	36.58	+0.74	
4.	Hanneke Heymen	WS Twente	NED 198400968	36.85	+0.70	
5.	Elke Popma - Blox	Tiamat	NED 198200154	36.96	+0.71	
6.	Miranda Pijnenburg	De Treffers	NED 198301216	37.49	+0.73	
7.	Angela Giezen	Zwemvereniging Hoogland	NED 198302796	37.78	+0.83	
8.	Esther Poortvliet - Koedam	De Duinkickers	NED 198001824	38.84	+0.76	
9.	Tessa Zwart-Piek	DZ&PC	NED 198102360	44.90	+0.95	
10.	Charmaine Cutajar	San Giljan ASC	MLT 144984M	51.23	+1.05	

Masters 45+

1.	Janneke Harmsen-Bakker	PSV	NED 197700938	34.42	+0.70	
2.	Monique Boets	ZPC De Kanaalstreek	NED 197600230	35.57	+0.77	
3.	Mirjan den Drijver	Westland Swimming Stars	NED 197500884	37.28	+0.78	
4.	Jessica Venema	GZC DONK	NED 197901526	39.24	+0.79	
5.	Jolanda van Gendt	PSV	NED 197800266	39.83	+0.72	
6.	Leonie Scholten	Steenwijk 1934	NED 197901560	40.26	+0.79	
7.	Esther Vergeest	De Rog	NED 197700012	42.05	+0.87	
8.	Alma Knegt-Bessembinders	De Spatters	NED 197601064	43.85	+0.78	
9.	Margriet Leeffers	Deltasteur	NED 197800448	45.39	+1.14	
10.	Jessica van Velzen	SWOL 1894	NED 197601122	49.76	+0.98	

Masters 50+

1.	Johanna van Wijnen	De Biesboschzweimmers	NED 197201072	36.28	+0.77	
2.	Edith Janssen-Koolen	TRB-RES	NED 197300898	36.68	+0.93	
3.	Valérie Rolland	Cercle De Natation Sportcity Wol	BELs CNSW/004276/71	38.29	+0.71	
4.	Trudie van Nijenhuis	TZC-Vahalis	NED 197100444	38.84	+0.78	
5.	Marjolein Klunne	Hieronymus	NED 197101098	40.96	+0.82	
6.	Elise Kenworthy	LinK	NED 197101126	42.83	+0.89	
7.	Cherry Bas-Ott	DAW	NED 197100464	43.57	+0.96	
8.	Linda Kerkmeester	GoSwim	NED 197400980	46.13	+0.80	
9.	Nathasja Konijn	GZC DONK	NED 197100992	46.98	+0.79	
10.	Danielle Schipper	ZOB'66	NED 197001078	47.48	+0.90	
11.	Hilly Brugmans	Hieronymus	NED 197001112	48.39	+0.85	
12.	Judith Sijbers	PSV	NED 197301030	52.39	+0.82	



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Programmanr. 10, Dames, 50m rugslag

Masters 55+

1.	Allie Price <i>Kampioenschapsrecord</i>	Bridgend Swim Club	GBR	547582	35.17	+0.70
2.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	36.68	+0.61
3.	Jacqueline Tuin	DAW	NED	196600690	38.67	+0.71
4.	Marinka vd Zwet	Sassenheim	NED	196500346	39.60	+0.69
5.	Annette Wijnga-Visser	De Biesboschzwemmers	NED	196700528	40.39	+0.78
6.	Annette Korving-Leijenaar	Aqualero	NED	196700662	44.10	+0.79
7.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	47.87	+0.77
8.	Cora Smulders	ESCA Zwemmen	NED	196600668	52.88	+0.79

Masters 60+

1.	Judith Cromjongh	De Zwoer	NED	196400054	38.15	+0.78
2.	Christine Buist	De Duinkickers	NED	196400608	42.82	+0.84
3.	Maud Peuten-Evers	Mosa-Regio	NED	196400584	43.18	+0.98
4.	Jacqueline Rolloos-Bakkers	Niemo Barracuda	NED	196300222	43.58	+0.78
5.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	46.39	+0.83
6.	Jenny Westervaarder	H2Oldambt	NED	196200424	52.06	+0.85
7.	Romea Joemman	Feijenoord Albion Zwemclub	NED	196300574	1:16.07	+0.95

Masters 65+

1.	Claire Anthony <i>Belgisch Masters Record</i>	Cercle De Natation Sportcity WolBEL	CNSW/001353/57		46.88	+0.85
2.	Lies Hartman	PSV	NED	195600116	1:02.61	+0.79
3.	Karien Musters	Old Dutch	NED	195800236	1:14.06	+0.64

Masters 70+

1.	Carla Hensen	PSV	NED	195300062	50.41	+0.84
2.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	53.50	+0.97
3.	Gonnie Bak	PSV	NED	195100064	59.26	+0.84
4.	Geerdien Meerwaldt	De Geul	NED	195200058	1:03.14	+0.95
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:11.56	+0.97
DIS	Maryse Van Cant	Brabo Zwemclub Antwerpen	BEL	BRABO/20389/54		

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

Masters 75+

1.	Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	1:05.12	+0.85
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	1:07.50	+0.86

Masters 80+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:05.48	+0.68
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Masters 85+

1.	Lottie Geurts	PSV	NED	193500006	1:10.44	
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Open Nederlandse Masters
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Programmanr. 11
03-05-2024 - 15:12

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Luuk van Rooij	PSV	NED	200400581	51.40	+0.65		24.81	51.40
<i>Nederlands Masters Record</i>								
2. Luc Mul	DAW	NED	200201025	53.52	+0.70		25.71	53.52
3. Daan Hogerhuis	De Columbiaan	NED	200300317	53.98	+0.74		26.25	53.98
4. Benjamin Vermeulen	De Bevelanders	NED	200003721	55.12	+0.82		26.54	55.12
5. Louis Kappler	Zwemlust- den Hommel	NED	200205067	55.24	+0.71		26.31	55.24
6. Saviël Armand	ACZ	NED	200204461	55.46	+0.70		25.95	55.46
7. Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	55.83	+0.62		26.52	55.83
8. Erik van Gemert	Poseidon'56	NED	200300587	56.42	+0.74		26.94	56.42
9. Tom Balsen Versteeg	De Warande	NED	200005673	56.69	+0.58		26.97	56.69
10. Tim Speijer	Bubble	NED	200301661	56.77	+0.68		27.26	56.77
11. Kevin Roest	Zwemvereniging Hoogland	NED	200001223	56.89	+0.71		27.66	56.89
12. Luuk Kresin	Patrick-De Roersoppers (SG)	NED	200303275	56.94	+0.67		27.22	56.94
13. Stijn den Otter	ZZ&PC De Devel	NED	200200225	57.30	+0.62		27.18	57.30
14. Hendrik Broekema	Bubble	NED	200002205	57.48	+0.69		27.22	57.48
15. Yuri Wasser	PSV	NED	200301327	57.53	+0.67		26.98	57.53
16. Mitchell van der Mooren	ZVDO'74	NED	200200953	57.79	+0.74		27.43	57.79
17. Junior Vermeulen	De Bevelanders	NED	200103363	58.15	+0.66		27.58	58.15
18. Fayssal Lanterna	Zwemlust- den Hommel	NED	200101379	58.45	+0.72		28.03	58.45
19. Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	58.68	+0.51		27.83	58.68
20. Mart de Koning	ZOB'66	NED	200203253	58.88	+0.70		28.24	58.88
21. Jochem Janssen	De Gelenberg	NED	200003653	59.47	+0.70		28.44	59.47
Bas van den Akker	PSV	NED	200204651	59.47	+0.67		28.17	59.47
23. Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	59.66	+0.70		27.47	59.66
24. Milan de Roo	ZPC Woerden	NED	200102215	59.74	+0.61		28.48	59.74
25. Nino van Krimpen	ZOB'66	NED	200004611	59.80	+0.64		28.25	59.80
26. Wessel Haverkamp	ESCA Zwemmen	NED	200204755	59.84	+0.55		28.41	59.84
27. Mees Minneboo	MSV-Zeemacht	NED	200203465	1:00.13	+0.63		28.32	1:00.13
28. Esper Paans	ZZ&PC De Devel	NED	200100607	1:00.23	+0.72		28.61	1:00.23
29. Sven Doezen	RZ	NED	200400403	1:00.39	+0.68		29.03	1:00.39
30. Dave van den Nieuwendijk	De Columbiaan	NED	200100475	1:00.62	+0.74		28.19	1:00.62
31. Robin Schols	ACZ	NED	200400433	1:01.21	+0.64		29.10	1:01.21
32. Robin van Peenen	ZVL-1886 Center	NED	200201059	1:01.43	+0.78		28.75	1:01.43
33. Kevin Vermeulen	Bubble	NED	200203849	1:01.51	+0.73		29.30	1:01.51
34. Thomas Hesper	Niemo Barracuda	NED	200004181	1:02.10	+0.76		29.76	1:02.10
35. Leon Kloots	ZPC De Hof	NED	200001363	1:02.15	+0.78		29.67	1:02.15
36. Rik Stahlie	TriVia	NED	200201915	1:02.31	+0.57		29.66	1:02.31
37. Boaz Troost	ZOB'66	NED	200100371	1:04.73	+0.61		30.07	1:04.73
38. Wout Wilens	EZCL (SG)	NED	200001431	1:06.23	+0.80		31.35	1:06.23
39. Rens Hoogenboom	Neptunus'58	NED	200403893	1:06.48	*+0.64		29.96	1:06.48
40. Ryan van der Sluijs	De Duck	NED	200105571	1:07.32	+0.81		31.59	1:07.32
41. Basem Rashed	PSV	NED	200305111	1:10.10	+0.46		32.04	1:10.10
DIS Jaimy Voogt	ZOB'66	NED	200005881					
<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>								

Masters 25+

1. Felix Geenen	DAW	NED	199501085	53.05	+0.71		24.70	53.05
2. Bas Dries	Zwemvereniging Hoogland	NED	199505177	55.08	+0.64		26.31	55.08
3. Rik Hofland	Team Noord Holland (SG)	NED	199701737	55.70	+0.68		26.38	55.70
4. Ryan van den Ouden	Poseidon'56	NED	199900377	56.18	+0.79		26.82	56.18
5. Bert Duivenvoorde	De Columbiaan	NED	199701805	56.37	+0.72		27.47	56.37
6. Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	56.42	+0.71		26.98	56.42
7. Robin van Beek	ZVL-1886 Center	NED	199704023	56.59	+0.68		27.47	56.59
8. Sander Kirillova	WVZ	NED	199800121	57.21	+0.65		27.08	57.21
9. Jordi de Nijs	MSV-Zeemacht	NED	199801851	58.22	+0.69		27.13	58.22
10. Bas van Tintelen	OZ&PC	NED	199800455	59.47	+0.79		28.65	59.47
11. Erik Baalbergen	ZVL-1886 Center	NED	199805775	1:00.42	+0.83		29.25	1:00.42



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Programmanr. 11, Heren, 100m vrije slag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
12. Jordy van Oel	WVZ	NED	199802003	1:00.61	+0.74		29.38	1:00.61
13. Patrick Wyrdeyman	Westland Swimming Stars	NED	199702475	1:01.09	+0.52		29.39	1:01.09
14. Ian van Mullem	ZOB'66	NED	199602545	1:01.15	+0.70		29.16	1:01.15
15. Martijn Bartels	ZPC AMERSFOORT	NED	199603493	1:01.43	+0.71		28.68	1:01.43
16. Wesley van der Luit	Sassenheim	NED	199701895	1:01.58	+0.76		30.44	1:01.58
17. Jorrik Kerdijk	Bubble	NED	199602135	1:01.87	+0.67		29.24	1:01.87
18. Kevin Kingma	ACZ	NED	199700559	1:01.91	+0.76		29.58	1:01.91
19. Jeroen van Dinther	Neptunus'58	NED	199701569	1:02.84	+0.80		30.12	1:02.84
20. Lars Jacobsen	DWK	NED	199705453	1:02.89	+0.82	422	30.29	1:02.89
21. Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	1:02.91	+0.68		29.93	1:02.91
22. Rob van Wier	HZ&PC Heerenveen	NED	199900697	1:03.67	+0.72		30.44	1:03.67
23. Auke Sijperda	AZC	NED	199905115	1:04.06	+0.65		29.27	1:04.06
24. Edoardo De Santis	Fonte Meravigliosa Sport	ITA		1:04.89	+0.72		29.85	1:04.89
25. Ids de Klerk	Niemo Barracuda	NED	199803237	1:07.37			31.36	1:07.37
26. Remco Visser	ZPC Woerden	NED	199503185	1:09.01	+0.74		32.58	1:09.01
27. Job Esink	ESCA Zwemmen	NED	199801699	1:09.52	+0.65		32.48	1:09.52
28. Kien Vuong	De Kempvis	NED	199506173	1:15.76	+0.82		34.85	1:15.76
29. Mike van der Sanden	PSV	NED	199506349	1:28.58			43.10	1:28.58

Masters 30+

1. Jeroen Baars	Niemo Barracuda	NED	199200031	52.57	+0.71		25.24	52.57
2. Jesper Oranje	De Duck	NED	199200997	56.31	+0.67		26.81	56.31
3. Koen van der Wallen	Nederweert	NED	199405561	56.93	+0.84		27.04	56.93
4. Bas Braun	ZPC AMERSFOORT	NED	199106545	57.47	+0.79		27.84	57.47
5. Jeroen Matthijssen	AZC	NED	199103751	58.27	+0.69		27.41	58.27
6. Stefan Petersen	Blue Marlins	NED	199403067	59.61	+0.68		28.26	59.61
7. Jean Terver	Club Nautique Val de Fensch	FRA	314113	1:01.36	+0.87		29.57	1:01.36
8. Bram Siebers	EZCL (SG)	NED	199302241	1:01.48	+0.73		29.41	1:01.48
9. Bart van der Zwaan	BZ&PC	NED	199005149	1:01.75	+0.69		28.90	1:01.75
10. Marijn van Baaren	De Gelenberg	NED	199203535	1:02.52	+0.81		29.95	1:02.52
11. Jacco Doest	DWK	NED	199400711	1:03.00	+0.85		29.78	1:03.00
12. Niels Bent	WS Twente	NED	199400465	1:03.16	+0.76		29.20	1:03.16
13. Johan Krakou	De Rijn	NED	199101311	1:03.38	+0.70		29.62	1:03.38
Andrea Guzzon	PSV	NED	199207431	1:03.38	+0.70		30.65	1:03.38
15. Patrick Brouwer	AZC	NED	199303715	1:03.52	+0.79		30.31	1:03.52
16. Gerald van de Riet	De Mors	NED	199307161	1:05.99	+0.84		30.98	1:05.99
17. Karlo Kok	Zwemvereniging Hoogland	NED	199101265	1:07.60			31.11	1:07.60
18. Eric Kalee	Zwemvereniging Hoogland	NED	199005307	1:08.23	+0.87		32.07	1:08.23
19. Owen Louwes	BZ&PC	NED	199101487	1:08.99	+0.69		31.34	1:08.99
20. Marten Ettema	HZ&PC Heerenveen	NED	199007703	1:09.71	+0.71		32.55	1:09.71
21. Patrick Wobben	Steenwijk 1934	NED	199300559	1:19.72	+0.83		37.22	1:19.72

Masters 35+

1. Sander de Vrught	ESCA Zwemmen	NED	198903499	57.63	+0.49		27.22	57.63
2. Pascal van Haren	Niemo Barracuda	NED	198704101	59.02	+0.68		28.02	59.02
3. Koen Woestenborghs	Nuenen	NED	198806193	59.13	+0.73		27.89	59.13
4. Nicolas Collard	Cercle De Natation Sportcity VBELwe CNSW/000240/89			59.80	+0.84		29.79	59.80
5. Robert Braad	Steenwijk 1934	NED	198600407	1:00.34	+0.78		28.61	1:00.34
6. Rick Driezen	Steenwijk 1934	NED	198600713	1:00.69	+0.85		28.38	1:00.69
7. Remco van der Graaf	PSV	NED	198704007	1:05.68	+0.80		32.07	1:05.68
8. Dennis Kraakman	DAW	NED	198705325	1:07.60	+0.71		31.43	1:07.60
9. Dirk de Vree	De Biesboschzwemmers	NED	198806361	1:13.02	+0.71		33.70	1:13.02

Masters 40+

1. Kristiaan Lenos	ZVL-1886 Center	NED	198301331	58.85	+0.75		28.22	58.85
2. Jim Geestman	Poseidon'56	NED	198300699	59.67	+0.80		28.26	59.67
3. Federico Cappello	Luxembourg Sharks Swimming Club	LUX	9598	59.78	+0.70		27.92	59.78
<i>Luxembourg Masters Record</i>								
4. Julien Marquet	Cercle De Natation Sportcity VBELwe CNSW/010569/82			1:00.20	+0.76		28.95	1:00.20
5. Ivan van Ommen	De Geul	NED	198201263	1:00.95	+0.68		29.10	1:00.95





Open Nederlandse Masters
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Programmanr. 11, Heren, 100m vrije slag, Masters 40+

rang naam	vereniging		tijd	RT	PARA	50m	100m
5. Heijmen van Vliet	De Geul	NED 198001637	1:00.95	+0.52		29.66	1:00.95
7. Björn Fuchs	SV Albatros Letmathe	GER 118440	1:02.07	+0.79		29.73	1:02.07
8. Tjeerd Visser	ACZ	NED 198001631	1:03.60	+0.82		30.08	1:03.60
9. Oscar Monge	IJZPC	NED 198102599	1:04.60	+0.54		29.84	1:04.60
10. Jonathan Gatt Colerio	San Giljan ASC	MLT 174981M	1:08.39	+0.80		31.33	1:08.39
11. Peter van de Bor	Team Noord Holland (SG)	NED 198402897	1:08.42	+0.88		30.54	1:08.42
12. Cetin Cetiner	AZ&PC De Futen	NED 198303155	1:13.14	+0.76		35.30	1:13.14
13. Nicolas Gheis	Cercle De Natation Sportcity VBELwe	CNSW/013638/84	1:13.20	+0.71		35.56	1:13.20
14. Arne-Willem Kroonen	PSV	NED 198401297	1:13.43	+0.78		30.03	1:13.43

Masters 45+

1. Jeroen Zelsmann	ZPC AMERSFOORT	NED 197701551	58.29	+0.72		26.74	58.29
2. Ruud Holswilder	ZPCH	NED 197800435	59.74	+0.77		28.93	59.74
3. Jasper van Heijst	ZPCH	NED 197601699	1:01.19	+0.73		28.92	1:01.19
4. Edgar Thimister	ZEPS	NED 197501511	1:01.37	+0.65		29.45	1:01.37
5. Erwin Buist	ZPC AMERSFOORT	NED 197800183	1:02.03	+0.73		28.90	1:02.03
6. Alex Damen	DAW	NED 197501371	1:02.11	+0.75		29.77	1:02.11
7. Mark Sponneck	San Giljan ASC	MLT 388523M	1:02.64	+0.67		30.18	1:02.64
<i>Maltese Masters Record</i>							
8. Pieter Broek	Westland Swimming Stars	NED 197701637	1:04.97	+0.73		30.23	1:04.97
9. Arjan Buijsse	Sassenheim	NED 197901767	1:05.65	+0.77		31.07	1:05.65
10. Sandy Pleyte	ZPC De Zeeuwse Kust	NED 197501559	1:06.14	+0.77		30.88	1:06.14
11. Emiel Volker	ZVL-1886 Center	NED 197601605	1:08.17	+0.84		32.36	1:08.17
12. Bogdan Androne	Sassenheim	NED 197701783	1:12.03	+0.73		33.02	1:12.03
13. Tom Bandsma	PSV	NED 197701625	1:12.41	+1.06		34.61	1:12.41
14. Marco Broenink	Batavia Swim	NED 197801987	1:26.47	+0.92		41.00	1:26.47
AFGEM Jonathan Fiene	SAS Swiss Alumni Swimming	SUI #45997					

Masters 50+

1. Harry Cornet	De Biesboschwemmers	NED 197100175	1:01.95	+0.78		29.62	1:01.95
2. Arjan Verheij	De Rog	NED 197101617	1:03.62	+0.74		30.02	1:03.62
3. Richard Rickson	Hellas-Glana	NED 197000841	1:03.90	+0.83		30.92	1:03.90
4. Pieter Veenstra	DZ&PC	NED 197301345	1:06.15	+0.84		31.11	1:06.15
5. Rogier Vissers	PSV	NED 197300935	1:06.35			31.36	1:06.35
6. Ingmar de Gelder	ZOB'66	NED 197000333	1:06.43	+0.83		31.07	1:06.43
7. Henri Verschoor	De Biesboschwemmers	NED 197001041	1:06.48			31.59	1:06.48
8. Peter Meijer	DZ&PC	NED 197300613	1:08.41	+0.67		31.30	1:08.41
9. Bruno Nahon	Cercle De Natation Sportcity VBELwe	CNSW/000390/70	1:10.99	+0.83		34.94	1:10.99
10. Bas Kremers	TRB-RES	NED 197201611	1:11.46	+0.73		34.09	1:11.46
11. Martijn de Jong	DWK	NED 197101659	1:12.27	+1.05		33.42	1:12.27
12. Paul Bosch	Team Noord Holland (SG)	NED 197201533	1:12.45	+0.90		35.47	1:12.45
13. Wouter van der Stelt	De Biesboschwemmers	NED 197200889	1:12.63	+0.82		34.43	1:12.63
14. Rob van de Ven	Neptunus'58	NED 197101695	1:18.25	+0.73		35.54	1:18.25
15. Jeroen Hoeksel	ZVVS	NED 197401533	1:20.43	+1.02		38.13	1:20.43
16. Maxim Hardziyenka	SWOL 1894	NED 197201723	1:25.27	+0.84		40.55	1:25.27
17. Xavier Schuster	Club Nautique Val de Fensch	FRA 877605	1:30.58	+1.02		41.28	1:30.58
AFGEM Axel Werkhausen	SSF Bonn	GER 451927					

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	59.91	+0.72		28.82	59.91
2. Glen Le Clercq	De Rog	NED 196800177	1:01.41	+0.78		29.45	1:01.41
3. Hugues Herman	Cercle De Natation Sportcity VBELwe	CNSW/009743/66	1:02.21	+0.63		30.06	1:02.21
4. Arjan Bellaart	Oceanus	NED 196900079	1:04.03	+0.75		30.48	1:04.03
5. Gerko Versluis	Zuiderzeezwemmers	NED 196901439	1:05.03	+0.77		30.24	1:05.03
6. Marcel Vroegindewei	Poseidon'56	NED 196801709	1:05.59	+0.65		30.65	1:05.59
7. Henri Michels	De Amstel	NED 196501587	1:07.54	+0.80		32.00	1:07.54
8. Francis Roosen	VZV Njord	NED 196801581	1:08.70	+0.78		32.76	1:08.70
9. Ralf Dillig	Duisburger ST	GER 060769	1:09.21	+0.85		33.30	1:09.21
10. Leon Slingerland	WVZ	NED 196801707	1:10.04	+0.89		33.21	1:10.04
11. Jeroen Wilmer	Vichy Val D'Allier Natation	FRA 2169893	1:10.67	+0.67		33.89	1:10.67

Programmanr. 11, Heren, 100m vrije slag, Masters 55+

rang naam	vereniging			tijd	RT	PARA	50m	100m
12. Wijnand Vergeest	De Rog	NED	196800949	1:11.44	+0.77		33.54	1:11.44
13. Erik Saan	De Duck	NED	196500769	1:11.68	+1.00		33.18	1:11.68
14. Pieter-Sjoerd de Wijn	DES	NED	196501027	1:13.10	+0.86		34.58	1:13.10
15. Taco Eikelenboom	AZ&PC De Futen	NED	196900275	1:13.61	+0.92		33.84	1:13.61
16. Eric Dumas	Patrick-De Roersoppers (SG)	NED	196901397	1:16.30	+0.79		35.47	1:16.30
17. René Speelman	De Spatters	NED	196601521	1:19.64	+0.77		37.70	1:19.64
18. Gertjan van der Vaart	ZVVS	NED	196801529	1:21.23	+0.79		38.28	1:21.23
19. Wim Donkersloot	Hieronymus	NED	196801715	1:22.51	+0.89		38.96	1:22.51
20. Hans Bijleveld	HHZV Plons	NED	196601649	1:25.29	+0.83		40.56	1:25.29
21. Maarten Koolman	Steenwijk 1934	NED	196801649	1:57.42	+1.05		50.72	1:57.42
DIS Javier Van Engelen	AZ&PC De Futen	NED	196801697					

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 60+

1. Arnold de Rover	De Berkelduikers	NED	196400645	1:02.32	+0.80		29.76	1:02.32
2. Peter Bernsen	De Rog	NED	196301119	1:02.95	+0.56		30.18	1:02.95
3. Fred Ketting	PSV	NED	196000289	1:04.09	+0.78		30.61	1:04.09
4. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	1:05.25	+0.74		31.48	1:05.25
5. Jan Brink	ZPC De Zeeuwse Kust	NED	196200091	1:05.33	+0.77		31.25	1:05.33
6. Jon Christensen	Luxembourg Sharks Swimming	LUX	10008	1:06.10	+0.60		31.48	1:06.10
<i>Luxembourg Masters Record</i>								
7. Arthur van Strien	WVZ	NED	196301401	1:06.27	+0.89		32.04	1:06.27
8. Rob Spetter	De Rog	NED	196201239	1:08.51	+0.68		32.68	1:08.51
9. André Jovet	Swimming Luxembourg	LUX	13225	1:09.02	+0.80		33.02	1:09.02
10. Paul Wijnja	De Biesboschzwemmers	NED	196301403	1:09.29	+0.78		32.37	1:09.29
11. Henk Kuipers	ZPC AMERSFOORT	NED	196201207	1:12.35	+0.73		33.48	1:12.35
12. Robert de Brauwer	De Duinkkikers	NED	196401383	1:12.38	+0.84		34.56	1:12.38
13. Menno Lomans	PSV	NED	196101071	1:12.95	+0.67		34.20	1:12.95
14. Roy Le Clercq	De Rog	NED	196401041	1:14.04	+0.91		35.00	1:14.04
15. Mario van der Veen	Feijenoord Albion Zwemclub	NED	196101161	1:22.55	+0.92		38.14	1:22.55
16. Pierre de Groot	GZC DONK	NED	196401431	1:23.63	+0.88		40.39	1:23.63

Masters 65+

1. Albert Boonstra	Aqua-Novio '94	NED	195700425	1:04.21	+0.85		31.21	1:04.21
2. Marten de Groot	HZ&PC Heerenveen	NED	195800149	1:04.25	+0.76		30.71	1:04.25
3. Dirk Zeterberg	Zehlendorfer TSV 1888	GER	101339	1:07.97	+0.88		33.12	1:07.97
4. Paul Bunnik	Triton	NED	195600413	1:13.94	+0.84		34.86	1:13.94
5. Philippe Godbille	Cercle De Natation Sportcity	BEL	000230/57	1:21.78	+0.97		36.52	1:21.78
6. Klaas Paulusse	Tempo	NED	195900817	1:23.79	+0.90		37.80	1:23.79
7. Lex Hoogendam	ZZ&PC De Devel	NED	195700541	1:25.21	+0.94		39.32	1:25.21
8. Peter Coffeng	GZC DONK	NED	195700063	1:25.46	+1.06		40.56	1:25.46

Masters 70+

1. Harry Dokter	SWOL 1894	NED	195100037	1:13.63	+0.86		33.48	1:13.63
2. Fred Zanting	TriVia	NED	195400323	1:16.69	+0.71		36.14	1:16.69
3. Rolf Peltzer	SG Erkelenz - Hüchelhoven	GER	160057	1:23.48			38.79	1:23.48
4. Sjoerd Van de Berg	De Rog	NED	195400355	1:46.13	+0.90		49.70	1:46.13

Masters 75+

1. Wout Hemmes	De Plons	NED	194800059	1:23.29			38.42	1:23.29
2. Willem Putter	ZVVS	NED	194500135	1:26.01	+1.06		41.89	1:26.01
3. Jan Nuijten	PSV	NED	194900175	1:29.94	+0.92		42.67	1:29.94
4. Nico van Dongen	ZZ&PC De Devel	NED	194800159	1:57.91	+1.26		53.09	1:57.91



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Programmanr. 11, Heren, 100m vrije slag

Masters 80+

1. Geza Kaltenecker	AZC	NED	194200065	1:34.34	+0.87	43.87	1:34.34
2. Kevork Boyrazian	Cercle De Natation Sportcity VBELwe	CNSW/002620/44		1:59.73	+1.28	56.33	1:59.73

Masters 85+

1. Nic Geers	PSV	NED	193800007	1:45.69	+1.08	52.81	1:45.69
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Programmanr. 12
03-05-2024 - 15:50

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Laura Setz	Bubble	NED	200000130	1:00.56	+0.85		28.96	1:00.56
2. Amber Hesper	Niemo Barracuda	NED	200202188	1:01.50	+0.78		29.63	1:01.50
3. Robin Pienaar	Niemo Barracuda	NED	200102236	1:02.32	+0.74		29.58	1:02.32
4. Marte Vlieg	Aqua-Novio '94	NED	200304996	1:02.64	+0.75		29.95	1:02.64
5. Leonie van Wier	HZ&PC Heerenveen	NED	200200436	1:02.78	+0.70		30.11	1:02.78
6. Christel Brugmans	Hieronymus	NED	200005602	1:03.36	+0.72		30.34	1:03.36
7. Dyonne Klomp	Nederweert	NED	200400642	1:03.40	+0.73		29.93	1:03.40
8. Esmée van Peer	TriVia	NED	200201114	1:03.66	+0.76		30.39	1:03.66
9. Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	1:03.96	+0.79		29.97	1:03.96
10. Amber van der Kruk	MSV-Zeemacht	NED	200102730	1:04.22	+0.84	802	30.12	1:04.22
11. Lianne van Wier	HZ&PC Heerenveen	NED	200200438	1:04.39	+0.67		30.79	1:04.39
12. Sanne Kloezen	Bubble	NED	200204644	1:05.18	+0.71		30.43	1:05.18
13. Guusje van Lent	Aqua-Novio '94	NED	200203898	1:05.24	+0.51		31.27	1:05.24
14. Carmen Lems	ACZ	NED	200402632	1:05.35	+0.70		30.88	1:05.35
15. Inge Dekker	HZ&PC Heerenveen	NED	200200476	1:05.75	+0.77		31.23	1:05.75
16. Faustine Mussig	De Geul	NED	200202080	1:05.86	+0.71		31.34	1:05.86
17. Lotte van Gessel	Team Noord Holland (SG)	NED	200300900	1:06.25	+0.73		32.12	1:06.25
18. Kim de Jong	Westland Swimming Stars	NED	200401522	1:06.58	+0.70		31.93	1:06.58
19. Annemarie Hoving	De Rijn	NED	200000248	1:06.91	+0.72		31.87	1:06.91
20. Mirelle de Kort	Neptunus'58	NED	200005546	1:07.34	+0.74		32.29	1:07.34
21. Esmee Kloezen	Bubble	NED	200204646	1:07.35	+0.81		32.04	1:07.35
22. Iris Le Clercq	De Rog	NED	200401404	1:07.37	+0.67		32.40	1:07.37
23. Maddy van der Hoeven	ZPC AMERSFOORT	NED	200401298	1:08.27	+0.83		32.65	1:08.27
24. Jessica Braat	AZC	NED	200205684	1:08.45	+0.71		31.88	1:08.45
25. Anouk Vis	De Columbiaan	NED	200203322	1:08.50	+0.80		31.87	1:08.50
26. Kyra Wesemann	MSV-Zeemacht	NED	200201440	1:09.00	+0.82		33.47	1:09.00
27. Monica Faber	Deltasteur	NED	200400388	1:09.36	+0.73		33.47	1:09.36
28. Kim de Jong	De Columbiaan	NED	200301026	1:09.53	+0.78		33.28	1:09.53
29. Romée Jabben	Dedemsvaart-AC	NED	200404426	1:09.66	+0.81		33.04	1:09.66
30. Tara Schuurman	Deltasteur	NED	200400386	1:09.74	+0.68		33.19	1:09.74
31. Michelle van Wijhe	ZPC AMERSFOORT	NED	200402196	1:09.91	+0.81		32.95	1:09.91
32. Lianne Seising	VZC	NED	200002084	1:10.47	+0.73		32.86	1:10.47
33. Merel van den Heuvel	De Meer	NED	200201784	1:10.74	+0.80		33.10	1:10.74
34. Romy Jalving	HZ&PC Heerenveen	NED	200000616	1:10.90	+0.71		33.37	1:10.90
35. Redine van Breugel	De Biesboschzwemmers	NED	200004404	1:10.94	+0.68		33.66	1:10.94
36. Lieke van Hofwegen	De Rijn	NED	200105144	1:10.95	+0.67		33.97	1:10.95
37. Ester Schuurman	Deltasteur	NED	200201106	1:11.14	+0.73		33.76	1:11.14
38. Ilse Kramer	TriVia	NED	200403072	1:11.42	+0.73		33.96	1:11.42
39. Daphne van Rees	Octopus-ZVV (SG)	NED	200301766	1:12.19	+0.71		34.02	1:12.19
40. Esther de Laat	De Biesboschzwemmers	NED	200000174	1:12.61	+0.80		33.25	1:12.61
41. Hannah Elting	ESCA Zwemmen	NED	200402702	1:12.97	+0.74		34.88	1:12.97
42. Maaïke van Houten	Zwemvereniging Hoogland	NED	200206266	1:15.36	+0.72		35.99	1:15.36
43. Juliette Boon	ZZ&PC De Devel	NED	200401908	1:16.43	+0.75		36.07	1:16.43
44. Marieke Speijer	Bubble	NED	200401154	1:16.44	+0.85		36.09	1:16.44
45. Ymke van Dongen	AquAmigos	NED	200202662	1:20.77	+0.82		38.26	1:20.77
46. Laura Folkers	VZV Njord	NED	200101670	1:22.09	+0.86		38.91	1:22.09
NG Gwen Eygendaal	De Warande	NED	200404680					





Open Nederlandse Masters
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Programmanr. 12, Dames, 100m vrije slag

Masters 25+

1. Tamara Grove	De Dolfijn	NED	199601266	59.05	+0.72	28.76	59.05
2. Angelique van Vark	GZC DONK	NED	199701478	1:00.23	+0.68	29.35	1:00.23
3. Marre Zandringa	Orca	NED	199701136	1:00.85	+0.67	29.31	1:00.85
4. Babette van der Kaaij	Blue Marlins	NED	199902234	1:01.23	+0.69	29.62	1:01.23
5. Susan Teijken	Nuenen	NED	199504592	1:02.67	+0.71	29.63	1:02.67
6. Bénédicte Yax	Club Nautique Val de Fens	FRA	997232	1:03.11	+0.65	29.91	1:03.11
7. Manon Kloosterman	Zwemlust- den Hommel	NED	199702082	1:03.28	+0.70	30.45	1:03.28
8. Marijke Drent	Bubble	NED	199906232	1:04.61	+0.81	30.97	1:04.61
9. Eva van Elsen	ZPC De Zeeuwse Kust	NED	199903026	1:04.82	+0.71	30.24	1:04.82
10. Estée Grandidier	ZPC AMERSFOORT	NED	199906654	1:04.84	+0.81	31.20	1:04.84
11. Alisha Vieira	Blue Marlins	NED	199904554	1:05.04	+0.67	30.25	1:05.04
12. Sanne van de Pol	De Biesboschzwemmers	NED	199800722	1:06.03	+0.50	31.49	1:06.03
13. Sabien Timmers	Vivalo	NED	199904440	1:06.64	+0.74	31.32	1:06.64
14. Larissa Jansen	PSV	NED	199500660	1:07.12	+0.70	32.43	1:07.12
15. Ageeth de Haan	Steenwijk 1934	NED	199901022	1:07.42	+0.79	32.24	1:07.42
16. Sanne Domensino	De Gelenberg	NED	199903708	1:07.94	+0.70	32.82	1:07.94
17. Laura Compagner	Dedemsvaart-AC	NED	199804602	1:08.12	+0.76	32.16	1:08.12
18. Jet Kleine	MSV-Zeemacht	NED	199903384	1:08.57	+0.65	33.23	1:08.57
19. Lonneke Graansma	ZVL-1886 Center	NED	199900936	1:08.58	+0.74	32.63	1:08.58
20. Maria Antonella Zuccaro	DAW	NED	199606894	1:08.73	+0.82	32.21	1:08.73
21. Annemarie ten Have	Zuiderzeezwemmers	NED	199802662	1:09.78	+0.70	32.18	1:09.78
22. Jelita van Esseveld	ZPC De Zeeuwse Kust	NED	199806716	1:10.03	+0.74	33.09	1:10.03
23. Amy Kieboom	AquAmigos	NED	199502580	1:10.23	+0.68	33.06	1:10.23
24. Rosalie Baarda	Orca	NED	199903460	1:10.76	*+0.80	33.73	1:10.76
25. Anouk van der Lans	Westland Swimming Stars	NED	199801614	1:12.90	+0.81	34.37	1:12.90
26. Daphne Dols	ZPC Woerden	NED	199904622	1:13.81	+0.67	33.95	1:13.81
27. Eva Velthuijs	PSV	NED	199906644	1:17.96		36.61	1:17.96
28. Maartje Hids	ZVL-1886 Center	NED	199903042	1:18.51	+0.87	37.89	1:18.51
29. Cynthia van Veen	ZVL-1886 Center	NED	199606736	1:23.26	+0.58	37.43	1:23.26
30. Kim van Rossum	SBC2000	NED	199706374	1:32.27	+1.19	43.01	1:32.27
31. Mylène Wildeboer-Kok	H2Oldambt	NED	199602674	1:33.31	+0.82	43.29	1:33.31
32. Sylvia Hidding	H2Oldambt	NED	199603886	1:44.17	+1.01	49.69	1:44.17

Masters 30+

1. Marcha Admiraal	De Geul	NED	199300012	1:03.21	+0.72	30.20	1:03.21
Denise Boereboom	Niemo Barracuda	NED	199202144	1:03.21	+0.65	30.22	1:03.21
3. Lotte Coenen	DES	NED	199301518	1:03.23	+0.62	30.51	1:03.23
4. Melissa Zwaan	DAW	NED	199103666	1:06.97	+0.75	31.77	1:06.97
5. Jisca Majolée	ZPC AMERSFOORT	NED	199403570	1:07.14	+0.86	32.24	1:07.14
6. Ines Muilwijk	MNC Dordrecht	NED	199202858	1:07.21	+0.67	32.92	1:07.21
7. Fraukje Puts	HZ&PC Heerenveen	NED	199206470	1:07.36	+0.78	32.42	1:07.36
8. Whitney van Hoeckel	DIO	NED	199402390	1:07.43	+0.73	32.99	1:07.43
9. Maike Korthout	TRB-RES	NED	199406034	1:08.78	+0.67	33.06	1:08.78
10. Wendy de Bruin	ZOB'66	NED	199206320	1:09.26	+0.64	33.06	1:09.26
11. Adela Vázquez García	ZVL-1886 Center	NED	199307952	1:09.93	+0.78	32.45	1:09.93
12. Leontine Groeneveldt	De Duck	NED	199303526	1:09.95	+0.74	33.53	1:09.95
13. Marijke Kommers	Niemo Barracuda	NED	199305334	1:10.00	+0.82	33.44	1:10.00
14. Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	1:10.51	+0.68	32.91	1:10.51
15. Marie Tigges	SSF Bonn	GER	178462	1:11.78	+0.68	33.61	1:11.78
16. Daphne Kievit	ZPC AMERSFOORT	NED	199207058	1:12.96	+0.84	34.69	1:12.96
17. Kimberley van Buren	De Duck	NED	199304136	1:13.22	+0.83	34.82	1:13.22
18. Roxanne van Bavel	Poseidon'56	NED	199407378	1:15.04	+0.68	35.26	1:15.04
19. Margot van de Rakt	VZV Njord	NED	199300618	1:16.81	+0.72	36.29	1:16.81
20. Elke Schellekens	Neptunus'58	NED	199301550	1:21.95	+0.78	38.22	1:21.95
21. Vera Peek	GoSwim	NED	199407610	1:32.19	+0.99	42.76	1:32.19
22. Yvette Senden	De Rog	NED	199307812	1:33.37	+0.77	42.59	1:33.37

Programmanr. 12, Dames, 100m vrije slag

Masters 35+

1. Anneloes Peulen	Nuenen	NED	198502314	1:01.45	+0.63	29.01	1:01.45
<i>Nederlands Masters Record</i>							
2. Anna Maria Rijkens	TRI-X-Kufstein	AUT	48398	1:04.91	+0.77	30.90	1:04.91
3. Jana Vanden Broeck	Cercle Royal De Natation De EBEL	BEL	1189	1:05.04	+0.73	30.59	1:05.04
4. Marlijn Hendriksen	DIO	NED	198806828	1:05.20	+0.74	31.53	1:05.20
5. Marije Jansen	ZPC AMERSFOORT	NED	198504088	1:06.50	+0.70	31.25	1:06.50
6. Sabine Zimmermann	Aachener SV 06	GER	101578	1:06.57	+0.80	32.47	1:06.57
7. Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	1:06.92	+0.74	31.83	1:06.92
8. Monique van Huizen	AZC	NED	198706236	1:07.09	+0.86	32.02	1:07.09
9. Rianne Hofland	Sassenheim	NED	198801820	1:07.12	+0.68	31.79	1:07.12
10. Lisanne Andeweg	Zuiderzeezwemmers	NED	198800092	1:08.98	+0.81	33.07	1:08.98
11. Renske Eilers	Zwemvereniging Hoogland	NED	198806072	1:11.43	+0.77	33.99	1:11.43
12. Esther Boerdam-Delfos	AZC	NED	198705256	1:16.31	+0.80	36.30	1:16.31
13. Kim Visser	H2Oldambt	NED	198704350	1:17.51	+0.82	36.74	1:17.51
14. Desiree Groot	SwimGym	NED	198601310	1:18.38	+0.67	37.23	1:18.38
15. Marjolein van der Poel	De Warande	NED	198703212	1:19.00	+0.77	36.24	1:19.00
16. Ingrid Johannes	De Kempvis	NED	198907370	1:25.14	+0.84	40.35	1:25.14
17. Janna Brummel	SwimGym	NED	198807018	1:26.32	+0.82	38.92	1:26.32
18. Monique Kok	Octopus-ZVV (SG)	NED	198605398	1:30.57	+0.77	42.33	1:30.57
19. Denise Cortis	San Giljan ASC	MLT	14886M	1:42.86	+0.76	46.36	1:42.86

Masters 40+

1. Delia Badoux	WVZ	NED	198000042	1:01.27	+0.74	29.21	1:01.27
<i>Kampioenschapsrecord</i>							
2. Maike Zeterberg	Zehlendorfer TSV 1888	GER	066680	1:02.67	+0.70	30.36	1:02.67
3. Anke Lambooj	De Vliet (SG)	NED	198001182	1:04.89	+0.77	30.12	1:04.89
4. A. Verschoor-Vos	De Biesboschzwemmers	NED	198102300	1:07.66	+0.81	31.88	1:07.66
5. Miranda Pijnenburg	De Treffers	NED	198301216	1:08.88	+0.79	33.15	1:08.88
6. Michelle de Villiers	Hellas-Glana	NED	198302944	1:12.19	+0.80	34.56	1:12.19
7. Elke Popma - Blox	Tiamat	NED	198200154	1:12.90	+0.65	33.91	1:12.90
8. Marianne de Bruin	Sassenheim	NED	198400448	1:13.07	+0.72	35.18	1:13.07
9. Renee de Kok-Meeusen	VZV Njord	NED	198403350	1:13.90	+0.73	34.51	1:13.90
10. Tessa Zwart-Piek	DZ&PC	NED	198102360	1:18.01	+0.80	36.87	1:18.01
11. Charmaine Cutajar	San Giljan ASC	MLT	144984M	1:35.03	+0.80	45.13	1:35.03

Masters 45+

1. Janneke Harmsen-Bakker	PSV	NED	197700938	1:06.25	+0.80	31.29	1:06.25
2. Nathalie Blondeel	Cercle De Natation Sportcity VBELwe	BEL	CNSW/004784/77	1:06.69	+0.71	32.14	1:06.69
3. Patricia Brooijmans	Old Dutch	NED	197901608	1:07.58	+0.79	31.60	1:07.58
4. Claudia van Druenen	AquAmigos	NED	197700810	1:08.28	+0.73	32.17	1:08.28
5. Monique Boets	ZPC De Kanaalstreek	NED	197600230	1:10.07	+0.74	33.52	1:10.07
6. Petra Guijt	Aqua-Novio '94	NED	197600978	1:10.70	+0.84	34.32	1:10.70
7. Krista de Reus-Trompetter	DZ&PC	NED	197600520	1:10.77	+0.90	34.10	1:10.77
8. Chantal Verhoeff	Old Dutch	NED	197900912	1:11.20	+0.76	33.81	1:11.20
9. Marian Nederlof	De Geul	NED	197600950	1:13.13	+0.78	35.62	1:13.13
10. Katharina Zihler	SAS Swiss Alumni Swimming	SUI	#7332	1:13.31	+0.84	35.09	1:13.31
11. Jessica Venema	GZC DONK	NED	197901526	1:13.38	+0.76	34.27	1:13.38
12. Inge Roskam	De Duinkickers	NED	197801296	1:18.76	+0.75	37.19	1:18.76
13. Esther Vergeest	De Rog	NED	197700012	1:19.58	*+0.78	38.10	1:19.58
14. Saskia op den Velde	De Duinkickers	NED	197901530	1:20.68	+0.91	36.94	1:20.68
15. A. Knegt-Besseminders	De Spatters	NED	197601064	1:20.81		35.84	1:20.81
16. Margriet Leeffers	Deltasteur	NED	197800448	1:20.84	+0.92	38.49	1:20.84
17. Ilonka van der Meer	LinK	NED	197601168	1:21.34	+0.81	38.64	1:21.34
18. Leonie Scholten	Steenwijk 1934	NED	197901560	1:24.38	+0.73	39.36	1:24.38
19. Sandra Van der Helm	De Rog	NED	197801340	1:26.79		41.19	1:26.79
20. Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	1:30.05	+0.83	42.12	1:30.05
21. Jessica van Velzen	SWOL 1894	NED	197601122	1:37.53	+0.99	45.48	1:37.53
22. Simone Weijland	Deltasteur	NED	197901610	1:40.49	+1.04	44.21	1:40.49
23. Inge Geel	Batavia Swim	NED	197701208	1:55.46	+1.08	51.80	1:55.46

Programmanr. 12, Dames, 100m vrije slag

Masters 50+

1. Carla Geurts	PSV	NED	197100178	1:05.93	+0.68	31.90	1:05.93
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:08.01	+0.77	32.80	1:08.01
3. Yvette Ratering	SG CWW Swim Team	NED	197200990	1:08.43	+0.84	32.67	1:08.43
4. Ilona Hogerheyde	DAW	NED	197400224	1:09.26	+0.74	32.40	1:09.26
5. Annette de Visser	Oceanus	NED	197100602	1:10.24	+0.79	33.65	1:10.24
6. Jeanne Petit	PSV	NED	197001020	1:11.22	+0.77	33.46	1:11.22
7. Inken Wemheuer	Team Noord Holland (SG)	NED	197101016	1:12.65	+0.74	34.58	1:12.65
8. Marjolein Klunne	Hieronymus	NED	197101098	1:15.52	+0.81	34.45	1:15.52
9. Karin Sagonas-Koolen	VZV Njord	NED	197000964	1:18.75	+0.76	37.55	1:18.75
10. Elise Kenworthy	LinK	NED	197101126	1:27.02	+0.86	39.84	1:27.02
11. Danielle Schipper	ZOB'66	NED	197001078	1:27.41	+0.77	40.82	1:27.41
12. Hilly Brugmans	Hieronymus	NED	197001112	1:29.90	+0.84	42.29	1:29.90
13. Petra Ellul Mercer	San Giljan ASC	MLT	545873M	1:31.72	+0.85	40.86	1:31.72
<i>Maltese Masters Record</i>							
14. Martine Stahlie-Bos	TriVia	NED	197401054	1:35.49	+0.81	44.51	1:35.49
15. Judith Sijbers	PSV	NED	197301030	1:41.73		46.51	1:41.73

Masters 55+

1. Carol Hollemans	ACZ	NED	196900252	1:08.71	+0.76	32.20	1:08.71
2. Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	1:09.57	+0.61	32.89	1:09.57
3. Jacqueline Tuin	DAW	NED	196600690	1:15.89	+0.75	35.49	1:15.89
4. Marijke Campfens	De Geul	NED	196900960	1:18.89	+0.63	38.16	1:18.89
5. Roelien Speelman-Tigelaar	De Spatters	NED	196600664	1:21.69	+0.77	37.78	1:21.69
6. Cancia Leirissa	Feijenoord Albion Zwemclub	NED	196700748	1:22.85	+0.84	38.10	1:22.85
7. Sandra Daamen-Posma	AZC	NED	196800854	1:24.22	+0.64	39.43	1:24.22
8. José Bodde	LinK	NED	196901104	1:27.61	+0.83	41.82	1:27.61
9. Annette van Dok	MSV-Zeemacht	NED	196800742	1:31.84	+0.93	43.63	1:31.84
10. F. Gumusburun-De Moor	Istanbul Yuzme Ihtisas Kulubu TUR			1:40.97	+0.85	49.38	1:40.97
11. Ann Vandenbrouck	ROSC	BEL	ROSC/20321/65	2:00.66	+1.08	54.84	2:00.66
AFGEM Kristien Van de Moortel	ShaRK - Swimming Region KeBELn		SHARK/20315/69				

Masters 60+

1. Netty Burik-Geijssen	Westland Swimming Stars	NED	196300048	1:10.33	+0.78	33.68	1:10.33
2. Christine Buist	De Duinkickers	NED	196400608	1:27.44	+1.00	40.43	1:27.44
3. Lia Bijkerk	GZC DONK	NED	196000014	1:29.10	+0.97	43.36	1:29.10
4. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:32.15	+0.82	43.59	1:32.15
5. Jenny Westervaarder	H2Oldambt	NED	196200424	1:32.36	+0.87	44.51	1:32.36
6. Erica Muller	De Geul	NED	196400412	1:35.06	+0.79	43.82	1:35.06
7. Marie-Jeanne Vandormael	Genker Zwemvereniging NeptBELs		GZVN/21035/63	1:42.48	+0.72	46.89	1:42.48

Masters 65+

1. Esther van Lohuizen	PSV	NED	195900300	1:13.56	+0.79	36.02	1:13.56
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	1:18.87	+0.81	37.55	1:18.87
3. Karien Musters	Old Dutch	NED	195800236	2:00.65		56.31	2:00.65
4. Lies Hartman	PSV	NED	195600116	2:25.70	+1.10	1:05.47	2:25.70

Masters 70+

1. Christine Nieuwenhuis	SWOL 1894	NED	195100022	1:19.78		36.75	1:19.78
2. F. Blondeel-Gourmet	Cercle De Natation Sportcity VBELwe		CNSW/004901/52	1:47.36	+0.90	51.53	1:47.36
3. Geerdien Meerwaldt	De Geul	NED	195200058	2:01.07	+0.94	55.65	2:01.07
4. N. van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	2:42.61	+1.36	1:12.50	2:42.61

Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	2:05.36		59.83	2:05.36
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Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 12, Dames, 100m vrije slag

Masters 85+

1. Marie Smits	Old Dutch	NED	193800004	2:00.36	+1.09	56.56	2:00.36
2. Lottie Geurts	PSV	NED	193500006	2:04.39	+1.16	1:01.77	2:04.39

Programmanr. 13
03-05-2024 - 16:29

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
Masters 20+									
1. Guus Hoogduin	ZVL-1886 Center	NED	200201069	2:13.42	+0.70	29.56	1:02.96	1:37.85	2:13.42
2. Tim Haimé	Blue Marlins	NED	200403567	2:24.79	+0.76	31.97	1:08.38	1:45.65	2:24.79
3. Jesper Pas	VZV Njord	NED	200200967	2:32.53	+0.72	31.55	1:10.11	1:50.43	2:32.53
4. Lars Hilkens	RZ	NED	200201165	2:38.53	+0.74	33.21	1:12.66	1:56.16	2:38.53
5. Nigel Werring	Zwemlust- den Hommel	NED	200301503	2:45.65	+0.88	35.57	1:18.44	2:02.59	2:45.65
Masters 25+									
1. Nick Sijmons	De Amstel	NED	199500491	2:22.72	+0.77	32.48	1:09.69	1:45.53	2:22.72
2. Jeroen Louwinger	De Rijn	NED	199900583	2:33.43	+0.59	34.04	1:12.35	1:52.12	2:33.43
3. Richard van der Horst	De Meer	NED	199700179	2:34.35	+0.87	34.00	1:13.99	1:53.31	2:34.35
4. Koen Wijnands	Patrick-De Roersoppers (SG)	NED	199800247	2:39.77	+0.69	33.76	1:13.85	1:56.85	2:39.77
5. Bas van Tintelen	OZ&PC	NED	199800455	2:40.28	+0.77	33.37	1:14.58	1:58.23	2:40.28
6. Colin Degenars	ZPCH	NED	199505951	2:50.66	+0.83	33.74	1:16.31	2:03.47	2:50.66
7. Ids de Klerk	Niemo Barracuda	NED	199803237	2:56.60	+0.83	36.63	1:20.41	2:07.44	2:56.60
NG Abdelmajid Hassine	Blue Marlins	NED	199805885						
Masters 30+									
1. Koen van der Wallen	Nederweert	NED	199405561	2:32.07	+0.91	31.90	1:08.63	1:48.16	2:32.07
2. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	2:40.23	+0.85	34.75	1:16.85	1:58.58	2:40.23
3. Tim Bunnik	Triton	NED	199000505	2:40.42	+0.80	33.79	1:13.62	1:57.07	2:40.42
4. R. van Nieuwenhuizen	De Rijn	NED	199002097	3:20.78	+0.83	37.45	1:28.50	2:24.11	3:20.78
DIS Marc Hoogendam	Blue Marlins	NED	199007713						
<i>VP - Met handen over elkaar keerpunt of eindpunt aangetikt.</i>									
DIS M. de Maesschalck	DAW	NED	199101525		+0.75				
<i>VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.</i>									
Masters 35+									
1. Roel van der Kruijs	De Gelsenberg	NED	198501491	2:36.04	+0.74	32.63	1:11.22	1:53.10	2:36.04
Masters 40+									
1. Pieter Pickhardt	ZPC De Hof	NED	198301657	2:34.86	+0.85	34.10	1:13.75	1:54.81	2:34.86
2. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	3:30.98	+0.94	44.59	1:39.14	2:35.85	3:30.98
Masters 45+									
1. Dennis Dortland	Niemo Barracuda	NED	197800261	2:41.09	+0.84	34.69	1:16.68	1:59.06	2:41.09
2. Freddie Geerlings	Zwemsport Parkstad	NED	197900379	3:06.22	+0.86	38.00	1:26.69	2:16.39	3:06.22
DIS László Jüllich	ZPCH	NED	197801893		+0.91				
<i>VN - Niet gehele race aan het wateroppervlak gebleven (geldt niet voor keerpunt en 1e 15 m na start en keerpunt)</i>									
NG Bas Spoelstra	AZ&PC De Futen	NED	197701573						



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 13, Heren, 200m vlinderslag

Masters 50+

1. Frederic Tonus	Luxembourg Sharks SwimmirLUXi10449		2:19.45	+0.68	29.88	1:03.77	1:40.45	2:19.45
<i>Luxembourg Masters Record</i>								
2. Antwan van Engen	SG CWW Swim Team	NED 197101577	2:34.93	+0.88	34.23	1:14.90	1:55.56	2:34.93
3. Paul van den Heuvel	Arethusa	NED 197000441	3:03.37	+0.92	42.55	1:29.86	2:17.06	3:03.37
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	3:18.83	+0.89	39.89	1:29.72	2:23.67	3:18.83

Masters 55+

1. Eymert van Rooij	PSV	NED 196601631	3:04.06	+0.73	41.16	1:30.78	2:18.26	3:04.06
2. Hans Schoenmakers	DAW	NED 196900863	3:11.79	+0.76	38.19	1:28.28	2:21.82	3:11.79
3. Francis Roosen	VZV Njord	NED 196801581	3:19.05	+0.77	38.79	1:23.81	2:13.59	3:19.05
4. Vincent Eijt	WVZ	NED 196701735	3:44.97	+0.86	46.68	1:43.43	2:45.34	3:44.97

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	2:49.95	+0.95	36.23	1:18.41	2:03.48	2:49.95
2. Ronald Grove	Triton	NED 196100161	3:25.63	+0.80	41.90	1:33.56	2:28.89	3:25.63

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Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Roos Englebort	Hieronymus	NED 200200606	2:29.95	+0.75	33.61	1:12.36	1:51.15	2:29.95
2. Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	2:53.48	+0.68	35.75	1:20.21	2:06.28	2:53.48
3. Nasca van Dijk	De Marlijn (SG)	NED 200300816	3:13.47	+0.78	37.68	1:25.25	2:18.24	3:13.47
4. Nina Bellaart	Oceanus	NED 200400756	3:17.80	+0.78	37.65	1:26.43	2:21.52	3:17.80
5. Cynthia Koolman	ZPC Hoogeveen	NED 200300232	3:17.81	+0.66	41.98	1:32.70	2:26.54	3:17.81
6. Isabelle Janssen	De Geul	NED 200006318	3:20.67	+0.79	43.33	1:34.11	2:27.29	3:20.67
7. Esmeralda Elbers	Blue Marlins	NED 200404888	3:58.53	+0.77	44.43	1:41.40	2:47.98	3:58.53
Masters 25+								
1. Floor Weijmans	HZPC	NED 199502522	2:52.94	+0.79	38.64	1:21.90	2:06.34	2:52.94
2. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	2:57.15	+0.73	36.35	1:20.19	2:09.05	2:57.15
3. Djamari Oetringer	Aqua-Novio '94	NED 199600546	3:30.81	+0.73	45.01	1:39.23	2:34.75	3:30.81
4. Franziska Wierig	SSF Bonn	GER 410575	3:39.73	+0.70	44.19	1:40.89	2:41.54	3:39.73
Masters 30+								
1. Lisa Dreesens	Blue Marlins	NED 199105798	2:27.06	+0.85	31.88	1:09.56	1:48.48	2:27.06
<i>Nederlands Masters Record</i>								
2. Leonie van Noort	WVZ	NED 199301752	2:29.93	+0.80	32.47	1:10.55	1:50.02	2:29.93
3. Melissa Zwaan	DAW	NED 199103666	2:51.44	+0.80	37.96	1:21.96	2:06.90	2:51.44
4. Nienke Smidt	WS Twente	NED 199407596	2:54.02	+0.96	37.57	1:22.48	2:08.65	2:54.02
5. Chantal van der Horst	De Meer	NED 199400616	2:55.83	+0.83	39.22	1:24.30	2:10.18	2:55.83
6. D. van den Hoogenband	Nuenen	NED 199001558	3:04.72	+0.76	37.63	1:22.98	2:12.09	3:04.72
7. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	3:37.31	+0.87	44.93	1:38.50	2:36.69	3:37.31
AFGEM Mariska Scheel	ACZ	NED 199306344						
Masters 35+								
1. V. Hádén-Felföldi	Iron Swim	HUN	2:30.56	+0.72	33.11	1:12.27	1:51.63	2:30.56
2. Marlijn Hendriksen	DIO	NED 198806828	2:44.75	+0.77	35.89	1:17.22	2:00.80	2:44.75



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Programmanr. 14, Dames, 200m vlinderslag

Masters 40+

1. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	2:41.87	+0.81	35.61	1:16.78	1:59.27	2:41.87
<i>Belgisch Masters Record</i>								
2. Heather Frees	Lone Star Masters	USA	2:46.01	+0.71	37.98	1:19.51	2:02.31	2:46.01
3. Roos van Esch	ACZ	NED 198200468	2:48.73	+0.85	37.51	1:21.39	2:06.45	2:48.73
4. Linda Hoogendam	WVZ	NED 198300892	3:35.70	+0.86	46.37	1:41.83	2:39.64	3:35.70
5. Marloes Rebel	WS Twente	NED 198403474	4:01.94	+1.12	53.36	1:54.90	3:00.16	4:01.94

Masters 45+

1. Liselotte Joling	PSV	NED 197500268	2:49.03	+0.85	38.03	1:21.27	2:05.28	2:49.03
2. Leontine Loeber	SwimGym	NED 197701010	3:30.36	+0.67	43.33	1:37.17	2:33.93	3:30.36

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:45.72	+0.91	36.34	1:17.56	2:01.31	2:45.72
DIS Bianca Groot	MSV-Zeemacht	NED 197000652						
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								

Masters 55+

1. Claudia Thielemann	SG Bayer	GER 333958	2:44.91	+0.63	36.08	1:17.72	2:01.09	2:44.91
2. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:28.42	+0.81	41.19	1:31.08	2:25.69	3:28.42
3. Laura Staal	Oceanus	NED 196700358	3:39.55	+0.84	45.88	1:39.77	2:38.09	3:39.55
4. Anita Steijger	WVZ	NED 196500628	3:40.91	+0.89	46.60	1:42.69	2:41.67	3:40.91
5. K. van Nassau-van den IJold	Dutch	NED 196600188	3:41.89	+0.92	51.03	1:46.56	2:46.11	3:41.89
6. Iris van Aurich	DWK	NED 196900866	3:43.25	+0.83	48.34	1:45.24	2:45.56	3:43.25

Masters 60+

1. P. Tossings-van de Hoo	GZC DONK	NED 196100376	3:29.36	+0.95	44.51	1:38.21	2:34.13	3:29.36
2. M. Grove-Lingeman	Triton	NED 196200080	3:30.18	* +0.83	42.91	1:33.55	2:29.51	3:30.18

Masters 65+

1. Claire Anthony	Cercle De Natation Sportcity	BELuCNSW/001353/57	3:50.44	+0.88	45.50	1:41.10	2:47.51	3:50.44
<i>Belgisch Masters Record</i>								
2. Patty Verhagen	PSV	NED 195900146	4:03.65	+0.96	51.56	1:49.05	2:53.87	4:03.65
<i>Nederlands Masters Record</i>								

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4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging						tijd	RT	PARA
80+, Heren									
1.	PSV 1	PSV	NED				8:05.25	+0.68	
<i>Nederlands Masters Record, voor startzwemmer</i>									
	Luuk van Rooij	04	+0.68	25.89	54.20	1:23.42	1:52.34	1:52.34	
	David Groenewegen	04	+0.58	27.47	58.66	1:32.40	2:08.02	2:08.02	
	Yuri Wasser	03	+0.22	28.11	1:00.43	1:33.97	2:07.87	2:07.87	
	Thijn Damen	03	+0.51	26.35	55.69	1:26.62	1:57.02	1:57.02	
2.	MSV-Zeemacht 2	MSV-Zeemacht	NED				9:34.76	+0.72	
	Jordi de Nijs	98	+0.72	28.60	1:01.73	1:36.33	2:11.85	2:11.85	
	Boyd Wijkman	01	+0.76	31.72	1:08.63	1:47.26	2:24.54	2:24.54	
	Mees Minneboo	02	+0.39	31.20	1:08.78	1:48.55	2:29.77	2:29.77	
	Jip Duursema	04	+0.45	29.50	1:04.86	1:46.39	2:28.60	2:28.60	



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Programmanr. 15, 4 x 200m vrije slag

100+, Heren

1. ZVL-1886 Center 1	ZVL-1886 Center		NED				8:58.86	+0.72
Robin van Beek	97	+0.72	29.02	1:00.95	1:33.92	2:06.95	2:06.95	
Kristiaan Lenos	83	+0.49	29.74	1:02.99	1:38.50	2:14.38	2:14.38	
Erik Baalbergen	98	+0.38	30.01	1:04.41	1:41.20	2:17.43	2:17.43	
Robin van Peenen	02	+0.63	29.07	1:02.94	1:41.19	2:20.10	2:20.10	

120+, Heren

1. ESCA Zwemmen 1	ESCA Zwemmen		NED				8:43.65	+0.73
Mike Schel	94	+0.73	29.49	1:02.33	1:36.13	2:10.10	2:10.10	
Sander de Vrugt	89	+0.27	28.38	1:00.82	1:34.85	2:08.82	2:08.82	
Tim de Vrugt	93	+0.44	29.69	1:03.97	1:39.66	2:14.29	2:14.29	
Jurre Stammes	97	+0.34	28.21	1:01.31	1:35.87	2:10.44	2:10.44	
2. ZPC AMERSFOORT 3	ZPC AMERSFOORT		NED				9:01.24	+0.81
Bas Braun	91	+0.81	29.10	1:01.81	1:35.92	2:10.16	2:10.16	
Jelle Opmeer	01	+0.23	28.90	1:02.90	1:39.00	2:14.76	2:14.76	
Rob van Vliet	84	+0.25	29.88	1:04.70	1:41.23	2:18.63	2:18.63	
Martijn Bartels	96	+0.52	30.77	1:05.30	1:41.58	2:17.69	2:17.69	
3. De Schotejil 1	De Schotejil		NED				9:02.51	+0.70
Jacob Mackloet	00	+0.70	28.55	1:01.22	1:34.25	2:05.92	2:05.92	
Frank v.d. Voordt	83	+0.49	31.50	1:06.94	1:44.38	2:21.98	2:21.98	
Niels Albrechts	88	+0.30	31.16	1:06.87	1:43.44	2:18.68	2:18.68	
David Kievit	99	+0.37	29.79	1:04.00	1:39.80	2:15.93	2:15.93	
4. Poseidon'56 1	Poseidon'56		NED				9:15.55	+0.83
Jim Geestman	83	+0.83	31.26	1:06.92	1:44.86	2:21.86	2:21.86	
Sam Beer	96	+0.60	31.33	1:08.33	1:47.25	2:24.57	2:24.57	
John Smit	95	+0.48	31.37	1:06.53	1:41.94	2:17.96	2:17.96	
Ryan van den Ouden	99	+0.44	27.91	1:01.68	1:37.34	2:11.16	2:11.16	
5. Zuiderzeezwemmers 1	Zuiderzeezwemmers		NED				9:19.55	+0.67
Ilmar Stoop	01	+0.67	29.40	1:03.28	1:39.31	2:15.39	2:15.39	
Gerko Versluis	69	+0.49	33.88	1:12.85	1:52.79	2:31.60	2:31.60	
Jarick Stoop	96	+0.12	30.23	1:05.16	1:41.79	2:18.80	2:18.80	
Bram van Heuven	96	+0.21	30.61	1:04.62	1:40.19	2:13.76	2:13.76	
6. ZOB'66 1	ZOB'66		NED				9:56.11	+0.73
Jaimy Vooigt	00	+0.73	31.98	1:09.04	1:48.00	2:25.07	2:25.07	
Ferry Blangé	83	+0.43	30.69	1:07.69	1:48.65	2:31.01	2:31.01	
Boaz Troost	01	+0.34	31.59	1:10.08	1:51.55	2:32.98	2:32.98	
Ingmar de Gelder	70	+0.72	33.10	1:10.40	1:49.35	2:27.05	2:27.05	

160+, Heren

1. ZPCH 1	ZPCH		NED				9:21.43	+0.77
Ruud Holswilder	78	+0.77	30.11	1:04.29	1:40.18	2:14.98	2:14.98	
László Jüllich	78	+0.65	32.90	1:08.99	1:46.57	2:22.81	2:22.81	
Jasper van Heijst	76	+0.41	32.18	1:08.60	1:45.86	2:22.28	2:22.28	
Colin Degenaaers	95	+0.43	31.00	1:06.54	1:44.19	2:21.36	2:21.36	
2. WVZ 2	WVZ		NED				9:24.37	+0.71
Jordy van Oel	98	+0.71	29.98	1:04.17	1:38.90	2:14.49	2:14.49	
Jan-Willem van den Berg	68	+0.43	31.74	1:08.45	1:46.61	2:22.68	2:22.68	
Markus van Rest	77	+0.48	33.30	1:13.44	1:54.99	2:35.73	2:35.73	
Ivo Roozeboom	77	+0.29	29.56	1:03.95	1:38.43	2:11.47	2:11.47	
3. Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)		NED				9:52.87	+0.85
Eric Dumas	69	+0.85	36.80	1:19.42	2:03.25	2:46.73	2:46.73	
Arno Schrauwen	65	+0.38	33.90	1:14.46	1:57.48	2:40.13	2:40.13	
Patrick Creemers	90	+0.36	28.62	1:02.22	1:37.32	2:11.94	2:11.94	
Luuk Kresin	03	+0.39	29.37	1:03.03	1:38.60	2:14.07	2:14.07	

Programmanr. 15, 4 x 200m vrije slag

200+, Heren

1.	Oslo I.L. 1 <i>Europees Masters Record</i>	Oslo I.L.	NOR				8:38.50	+0.85
	Øivind Martin Hasle	77	+0.85	28.49	59.25	1:32.06	2:05.34	2:05.34
	Håkon Skaarud Karlsen	79	+0.14	28.57	59.84	1:32.18	2:04.61	2:04.61
	Erlend Alstad	67	+0.35	31.99	1:06.61	1:41.79	2:17.28	2:17.28
	Jarl Inge Melberg	70	+0.42	29.61	1:02.14	1:36.64	2:11.27	2:11.27
2.	SG Wuppertal 1	SG Wuppertal	GER				8:59.65	+0.80
	Tobias Höfs	86	+0.80	29.44	1:02.55	1:36.75	2:10.32	2:10.32
	Matthias Millers	70	+0.34	29.95	1:04.24	1:38.50	2:11.32	2:11.32
	Uwe Skutnik	65	+0.42	32.60	1:08.63	1:45.57	2:23.42	2:23.42
	Jochen Bruha	69	+0.57	30.01	1:04.43	1:39.59	2:14.59	2:14.59
3.	ZPC AMERSFOORT 1 <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED				9:05.80	+0.73
	Chester Marsman	69	+0.73	29.95	1:04.33	1:40.26	2:14.96	2:14.96
	Johan Remmits	62		31.35	1:07.76	1:44.51	2:20.61	2:20.61
	Edwin v. Norden	63	+0.12	33.16	1:10.09	1:48.00	2:24.80	2:24.80
	Jelle Blankestijn	98	+0.37	28.13	59.95	1:32.86	2:05.43	2:05.43
4.	Steenwijk 1934 2	Steenwijk 1934	NED				10:48.01	+0.92
	Huyb Stegeman	67	+0.92	36.81	1:17.52	2:01.09	2:43.59	2:43.59
	Casper Dollekamp	63	+0.54	36.88	1:20.88	2:08.24	2:55.51	2:55.51
	Korstaan de Boer	71	+0.52	38.72	1:21.37	2:07.31	2:50.53	2:50.53
	Robert Braad	86	+0.45	29.84	1:05.46	1:42.38	2:18.38	2:18.38

240+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog	NED				10:04.01	
	Rob Spetter	62		34.20	1:12.74	1:52.68	2:33.24	2:33.24
	Erik Kamphuis	60	+0.50	36.66	1:17.84	1:59.30	2:37.95	2:37.95
	Peter Bensen	63	+0.52	34.18	1:11.97	1:50.55	2:27.35	2:27.35
	Glen Le Clercq	68	+0.37	32.24	1:09.17	1:47.02	2:25.47	2:25.47

80+, Dames

1.	Bubble 1	Bubble	NED				9:23.93	+0.81
	Marijke Drent	99	+0.81	31.81	1:06.68	1:42.31	2:17.36	2:17.36
	Esmee Kloezen	02	+0.61	33.52	1:11.04	1:50.91	2:31.13	2:31.13
	Sanne Kloezen	02	+0.38	31.67	1:07.28	1:45.01	2:23.59	2:23.59
	Laura Setz	00	+0.64	29.23	1:02.10	1:36.68	2:11.85	2:11.85
2.	Neptunus'58 1	Neptunus'58	NED				10:38.12	+0.75
	Mirelle de Kort	00	+0.75	35.43	1:15.40	1:55.83	2:35.02	2:35.02
	Nana Dekkers	02	+0.65	38.39	1:21.79	2:06.57	2:50.15	2:50.15
	Naomi Janssen	04	+0.59	36.26	1:17.41	1:59.91	2:42.44	2:42.44
	Selina Janssen	99	+0.51	33.44	1:11.41	1:51.02	2:30.51	2:30.51

100+, Dames

1.	Niemo Barracuda 1	Niemo Barracuda	NED				10:17.21	+0.75
	Robin Pienaar	01	+0.75	31.90	1:08.30	1:45.85	2:22.79	2:22.79
	Jacoline van den Beukel	91	+0.23	37.95	1:23.14	2:12.27	3:02.80	3:02.80
	Marijke Kommers	93	+0.42	34.02	1:12.40	1:52.56	2:31.95	2:31.95
	Denise Boereboom	92	+0.56	30.27	1:05.18	1:42.13	2:19.67	2:19.67
2.	De Geul 1	De Geul	NED				10:21.82	+0.70
	Faustine Mussig	02	+0.70	33.23	1:11.20	1:51.35	2:31.48	2:31.48
	Esmee Wijnmaalen	01		34.68	1:14.38	1:56.93	2:37.89	2:37.89
	Isabelle Janssen	00	+0.67	38.43	1:20.58	2:04.41	2:46.57	2:46.57
	Marcha Admiraal	93	+0.52	32.58	1:09.09	1:47.88	2:25.88	2:25.88



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120+, Dames

1.	PSV 5	PSV		NED				9:46.77	+0.77
	Jenny Schouten	87	+0.77	32.17	1:08.79	1:46.44	2:23.73	2:23.73	
	Larissa Jansen	95	+0.54	34.01	1:11.60	1:50.49	2:29.26	2:29.26	
	Diane Schoenmaker	95	+0.52	32.81	1:09.75	1:48.89	2:28.83	2:28.83	
	Fiona Meuffels	95	+0.41	32.19	1:09.64	1:48.17	2:24.95	2:24.95	
2.	MSV-Zeemacht 1	MSV-Zeemacht		NED				9:50.67	+0.85
	Amber van der Kruk	01	+0.85	30.89	1:04.90	1:39.78	2:15.74	2:15.74	
	Bianca Groot	70	+0.50	35.35	1:14.78	1:55.14	2:35.40	2:35.40	
	Kyra Wesemann	02	+0.28	34.54	1:12.37	1:52.13	2:31.37	2:31.37	
	Jet Kleine	99	+0.26	33.88	1:11.01	1:49.08	2:28.16	2:28.16	
3.	ZPC AMERSFOORT 2	ZPC AMERSFOORT		NED				9:57.28	+0.80
	Estée Grandidier	99	+0.80	33.83	1:11.63	1:49.90	2:26.90	2:26.90	
	Lidia v. Bon-Rosenbrand	70	+0.28	32.68	1:09.98	1:48.33	2:26.45	2:26.45	
	Jisca Majolée	94	+0.52	34.39	1:12.55	1:52.46	2:30.97	2:30.97	
	Maddy van der Hoeven	04	+0.59	34.37	1:13.15	1:53.28	2:32.96	2:32.96	
4.	ESCA Zwemmen 2	ESCA Zwemmen		NED				11:54.83	+0.73
	Moniek van Langevelde	98	+0.73	32.47	1:08.12	1:44.47	2:19.31	2:19.31	
	Rachel Verburgt	02	+0.27	37.55	1:22.83	2:12.78	3:02.84	3:02.84	
	Cora Smulders	66		46.32	1:41.26	2:38.64	3:34.19	3:34.19	
	Irmgard van Weeghel	92		38.81	1:24.07	2:11.53	2:58.49	2:58.49	
5.	De Rog 3 * 200m	De Rog		NED				12:14.13	+0.86
	Ageeth Westenbrink	67	+0.86	46.62	1:38.68	2:33.03	3:23.44	3:23.44	
	Karin Vermeer	83		48.18	1:41.30	2:34.38	3:25.83	3:25.83	
	Kim Hamakers	98	+0.67	39.39	1:23.92	2:09.60	2:53.83	2:53.83	
	Iris Le Clercq	04	+0.60	34.63	1:13.21	1:52.28	2:31.03	2:31.03	

160+, Dames

1.	GZC DONK 1	GZC DONK		NED				11:06.92	+0.91
	Petra Tossings-van de Hooven	61	+0.91	40.43	1:25.29	2:10.55	2:54.34	2:54.34	
	Nathasja Konijn	71	+0.69	42.54	1:30.33	2:21.16	3:12.55	3:12.55	
	Jessica Venema	79	+0.67	37.21	1:19.36	2:03.96	2:46.86	2:46.86	
	Angelique van Vark	97	+0.45	30.16	1:03.75	1:38.54	2:13.17	2:13.17	
2.	De Geul 2	De Geul		NED				12:06.46	+0.68
	Marijke Campfens	69	+0.68	39.57	1:23.88	2:10.05	2:55.31	2:55.31	
	Erica Muller	64	+0.52	46.36	1:39.32	2:32.26	3:24.53	3:24.53	
	Marian Nederlof	76	+0.34	39.10	1:22.87	2:07.61	2:51.34	2:51.34	
	Eline Molle	94	+0.51	38.28	1:22.42	2:08.91	2:55.28	2:55.28	

200+, Dames

1.	PSV 3	PSV		NED				9:26.26	+0.70
	<i>Wereld Masters Record, WMR startzwemster</i>								
	Kirsten Cameron	73	+0.70	31.20	1:04.09	1:37.65	2:11.40	2:11.40	
	Janneke Harmsen-Bakker	77	+0.53	30.94	1:07.69	1:47.72	2:28.89	2:28.89	
	Liselotte Joling	75	+0.61	33.83	1:11.17	1:49.60	2:25.26	2:25.26	
	Carla Geurts	71	+0.28	31.78	1:07.59	1:44.23	2:20.71	2:20.71	
2.	LinK 1	LinK		NED				12:47.87	+0.86
	Annette Spijs	70	+0.86	42.65	1:30.42	2:20.19	3:08.68	3:08.68	
	Ilonka van der Meer	76	+0.44	40.73	1:27.42	2:16.60	3:04.07	3:04.07	
	José Bodde	69	+0.25	45.02	1:35.10	2:26.76	3:16.29	3:16.29	
	Elise Kenworthy	71	+0.66	43.09	1:32.94	2:26.42	3:18.83	3:18.83	

280+, Dames

1.	PSV 2	PSV		NED				12:37.94	+0.81
	<i>Nederlands Masters Record, voor startzwemster</i>								
	Ineke Weekers	53	+0.81	40.47	1:24.51	2:09.66	2:54.77	2:54.77	
	Carla Hensen	53	+0.56	47.36	1:42.53	2:39.28	3:34.59	3:34.59	
	Corrie Verhoeven	46	+0.33	42.93	1:36.38	2:30.53	3:22.69	3:22.69	
	Esther van Lohuizen	59	+0.52	38.64	1:21.04	2:04.90	2:45.89	2:45.89	



Open Nederlandse Masters
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Programmanr. 15, 4 x 200m vrije slag

80+, Gemengd

1.	De Columbiaan 1	De Columbiaan	NED				9:24.37	+0.81
	Kim de Jong	03	+0.81	34.36	1:12.31	1:52.93	2:34.01	2:34.01
	Dave van den Nieuwendijk	01	+0.69	29.43	1:03.90	1:39.83	2:16.60	2:16.60
	Anouk Vis	02	+0.47	32.92	1:10.02	1:49.61	2:31.08	2:31.08
	Daan Hogerhuis	03	+0.55	27.69	57.79	1:29.85	2:02.68	2:02.68
2.	Westland Swimming Stars 1	Westland Swimming Stars	NED				9:47.82	+0.63
	Nick Boekestijn	99	+0.63	31.44	1:06.45	1:42.55	2:17.06	2:17.06
	Anouk van der Lans	98	+0.41	34.98	1:14.40	1:55.96	2:38.33	2:38.33
	Kim de Jong	04	+0.50	33.42	1:12.80	1:54.13	2:33.79	2:33.79
	Patrick Wyrdean	97	+0.38	30.60	1:05.56	1:42.05	2:18.64	2:18.64

100+, Gemengd

1.	ZV Hoogland 1	Zwemvereniging Hoogland	NED				9:11.39	+0.72
	Anne-Irene Ducheine	95	+0.72	32.44	1:09.57	1:48.68	2:27.14	2:27.14
	Jamilla van Omme - van Veen	96	+0.54	31.25	1:07.09	1:44.38	2:21.13	2:21.13
	Jeffrey Roest	97	+0.46	31.14	1:05.46	1:40.74	2:15.83	2:15.83
	Bas Dries	95	+0.36	27.43	59.32	1:32.66	2:07.29	2:07.29
2.	De Warande 1	De Warande	NED				9:40.19	+0.60
	Tom Balsen Versteeg	00	+0.60	29.07	1:01.14	1:33.75	2:06.32	2:06.32
	Marjolein van der Poel	87	+0.34	36.93	1:22.83	2:12.67	3:03.42	3:03.42
	Désirée Emmen	92	+0.43	32.28	1:09.21	1:49.50	2:30.10	2:30.10
	Nicko Kamphuis	99	+0.29	26.64	57.46	1:29.39	2:00.35	2:00.35
3.	De Gelenberg 1	De Gelenberg	NED				9:41.48	+0.85
	Marijn van Baaren	92	+0.85	32.35	1:08.70	1:46.95	2:23.84	2:23.84
	Kim van Dongen	04	+0.45	32.36	1:09.76	1:48.42	2:26.74	2:26.74
	Sanne Dornensino	99	+0.61	35.93	1:15.62	1:56.53	2:35.83	2:35.83
	Jochem Janssen	00	+0.25	29.67	1:05.45	1:40.74	2:15.07	2:15.07
4.	De Rijn 1	De Rijn	NED				10:15.25	+0.74
	Annemarie Hoving	00	+0.74	32.95	1:10.17	1:48.56	2:27.81	2:27.81
	Lieke van Hofwegen	01	+0.16	36.44	1:19.25	2:03.98	2:48.32	2:48.32
	Rick van Nieuwenhuizen	90	+0.30	34.68	1:16.61	2:01.09	2:43.62	2:43.62
	Jeroen Louwinger	99	+0.37	29.31	1:03.90	1:39.52	2:15.50	2:15.50
5.	ZV Hoogland 2	Zwemvereniging Hoogland	NED				10:33.39	+0.80
	Renske Eilers	88	+0.80	37.77	1:19.49	2:03.24	2:47.04	2:47.04
	Yvette Meijer	97	+0.92	37.99	1:21.23	2:05.50	2:49.39	2:49.39
	Ruben de Boer	93	+0.18	36.86	1:18.35	2:00.04	2:41.74	2:41.74
	Kevin Roest	00	+0.44	30.18	1:04.62	1:40.13	2:15.22	2:15.22

120+, Gemengd

1.	WVZ 1	WVZ	NED				8:44.89	+0.76
	<i>Nederlands Masters Record</i>							
	Delia Badoux	80	+0.76	30.75	1:05.47	1:41.73	2:18.25	2:18.25
	Sander Kirillova	98	+0.05	29.12	1:02.54	1:36.96	2:11.15	2:11.15
	Leonie van Noort	93	+0.34	29.34	1:01.57	1:34.88	2:07.98	2:07.98
	Jasper Breugem	00	+0.42	27.97	59.71	1:33.58	2:07.51	2:07.51
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED				9:25.56	+0.66
	Jorian Darwinkel	03	+0.66	28.14	1:00.69	1:35.85	2:10.82	2:10.82
	Marten de Groot	58	+0.40	32.61	1:09.25	1:46.97	2:24.88	2:24.88
	Lianne van Wier	02	+0.35	31.77	1:08.83	1:47.26	2:25.39	2:25.39
	Inge Dekker	02	+0.36	31.23	1:08.14	1:46.74	2:24.47	2:24.47
3.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED				9:26.71	
	Jan Brink	62		32.62	1:09.75	1:48.72	2:27.42	2:27.42
	Eva van Elsen	99	+0.56	32.88	1:08.99	1:46.80	2:25.19	2:25.19
	Kirsten Walraven	00		30.79	1:05.51	1:41.65	2:17.74	2:17.74
	Tom van Gils	95	+0.29	31.27	1:06.01	1:41.83	2:16.36	2:16.36
4.	DAW 1	DAW	NED				9:28.52	+0.78
	Ilona Hogerheyde	74	+0.78	33.80	1:12.71	1:53.80	2:35.84	2:35.84
	Alex Damen	75	+0.56	31.74	1:07.92	1:45.51	2:22.04	2:22.04
	Melissa Zwaan	91	+0.62	33.31	1:11.44	1:50.84	2:29.71	2:29.71
	Luc Mul	02	+0.38	27.28	58.13	1:29.72	2:00.93	2:00.93
5.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED				9:38.81	+0.70
	Vincent Versteeg	77	+0.70	30.31	1:05.36	1:41.82	2:17.01	2:17.01
	Sophie Stekelenburg	04	+0.40	31.88	1:08.91	1:46.85	2:24.94	2:24.94
	Liesbeth van Mill	87	+0.54	36.20	1:17.65	2:01.05	2:44.30	2:44.30
	Fayssal Lantema	01	+0.41	29.88	1:02.70	1:37.77	2:12.56	2:12.56



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Programmanr. 15, Gemengd, 4 x 200m vrije slag, 120+

rang	vereniging					tijd	RT	PARA
6.	Team Noord Holland (SG) 1	Team Noord Holland (SG)	NED			9:51.76	+0.74	
	Rik Hofland	97	+0.74	27.50	59.21	1:33.78	2:08.32	2:08.32
	Peter van de Bor	84	+0.44	31.96	1:10.04	1:51.19	2:32.40	2:32.40
	Inken Wernheuer	71	+0.30	35.37	1:15.58	1:58.56	2:40.72	2:40.72
	Lotte van Gessel	03	+0.61	35.61	1:13.62	1:53.63	2:30.32	2:30.32
7.	AZC 2	AZC	NED			10:00.19	+0.79	
	Monique van Huizen	87	+0.79	33.78	1:13.06	1:55.72	2:39.62	2:39.62
	Jeroen Matthijssen	91	+0.56	29.96	1:04.66	1:41.24	2:16.03	2:16.03
	Jessica Braat	02	+0.51	34.30	1:13.86	1:54.41	2:34.37	2:34.37
	Patrick Brouwer	93	+0.64	32.75	1:10.71	1:50.83	2:30.17	2:30.17
8.	VZV Njord 1	VZV Njord	NED			10:30.27	+0.72	
	Erik Keukens	75	+0.72	32.36	1:09.02	1:47.38	2:23.35	2:23.35
	Margot van de Rakt	93	+0.18	37.01	1:21.37	2:09.27	2:57.76	2:57.76
	Inge Hertogh	01	+0.03	35.40	1:17.33	2:00.75	2:42.12	2:42.12
	Francis Roosen	68	+0.39	33.95	1:11.06	1:49.91	2:27.04	2:27.04
9.	De Biesboschwimmers 1	De Biesboschwimmers	NED			10:36.56	+0.73	
	Wouter van der Stelt	72	+0.73	36.50	1:17.60	2:00.01	2:42.84	2:42.84
	Nico Swart	68	+0.08	34.30	1:15.78	2:00.13	2:43.69	2:43.69
	Mandy Swart	99	+0.46	34.67	1:14.77	1:57.12	2:38.86	2:38.86
	Sanne van de Pol	98	+0.33	32.33	1:10.36	1:50.61	2:31.17	2:31.17
10.	PSV 7	PSV	NED			10:39.82	+0.83	
	Nanda van Heteren	89	+0.83	36.34	1:16.66	1:57.81	2:37.18	2:37.18
	Jolanda van Gendt	78	+0.43	36.90	1:20.38	2:06.04	2:51.32	2:51.32
	Mark Godwaldt	87	+0.51	32.73	1:10.95	1:51.42	2:31.94	2:31.94
	Arne-Willem Kroonen	84	+0.31	33.20	1:11.63	1:54.24	2:39.38	2:39.38
11.	Steenwijk 1934 1	Steenwijk 1934	NED			10:56.53	+0.89	
	Nanda Wobben-de Vries	92	+0.89	38.41	1:22.33	2:07.89	2:54.01	2:54.01
	Patrick Wobben	93	+0.75	39.60	1:25.21	2:14.22	3:03.31	3:03.31
	Getrude Corporaal	92	+0.62	34.21	1:13.31	1:54.64	2:35.87	2:35.87
	Rick Driezen	86	+0.52	32.40	1:08.01	1:45.11	2:23.34	2:23.34

160+, Gemengd

1.	Sassenheim 1	Sassenheim	NED			10:24.39	+0.51	
	Marianne de Bruin	84	+0.51	37.07	1:19.05	2:03.70	2:46.07	2:46.07
	Arjan Buijsse	79	+0.41	32.42	1:09.96	1:49.82	2:30.32	2:30.32
	Marinka vd Zwet	65	+0.48	36.27	1:19.27	2:04.05	2:47.44	2:47.44
	Wesley van der Luit	97	+0.32	32.88	1:08.86	1:45.57	2:20.56	2:20.56
2.	DWK 1	DWK	NED			11:06.63	+0.81	
	Martijn de Jong	71	+0.81	36.53	1:19.16	2:03.13	2:46.45	2:46.45
	Lars Jacobsen	97	+0.64	30.50	1:06.66	1:44.27	2:19.95	2:19.95
	Jennie Resink-lindeboom	60	+0.66	44.70	1:34.57	2:25.33	3:13.78	3:13.78
	Iris van Aurich	69	+0.72	36.76	1:19.12	2:03.69	2:46.45	2:46.45

200+, Gemengd

1.	De Biesboschwimmers 2	De Biesboschwimmers	NED			10:01.90	+0.77	
	Harry Cornet	71	+0.77	32.66	1:08.95	1:45.82	2:21.60	2:21.60
	Henri Verschoor	70	+0.78	35.20	1:14.99	1:55.31	2:35.10	2:35.10
	Johanna van Wijnen	72	+0.18	35.03	1:13.23	1:51.79	2:31.07	2:31.07
	Anne-Marie Verschoor-Vos	81	+0.70	33.45	1:12.69	1:53.74	2:34.13	2:34.13
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL					10:04.60	+0.70	
	Hugues Herman	66	+0.70	33.18	1:10.12	1:46.93	2:22.20	2:22.20
	Julien Marquet	82	+0.24	32.38	1:10.17	1:50.31	2:28.63	2:28.63
	Valérie Rolland	71	+0.48	36.37	1:15.61	1:56.53	2:35.54	2:35.54
	Nathalie Blondeel	77	+0.34	36.46	1:17.12	1:58.36	2:38.23	2:38.23
3.	Westland Swimming Stars 2	Westland Swimming Stars	NED			10:51.61	+0.81	
	Fred Dijkshoorn	65	+0.81	39.02	1:25.03	2:11.80	2:57.25	2:57.25
	Mirjan den Drijver	75	+0.44	36.27	1:18.75	2:01.16	2:42.81	2:42.81
	Netty Burik-Geijssen	63	+0.31	35.60	1:16.06	1:57.91	2:37.72	2:37.72
	Pieter Broek	77	+0.50	32.12	1:09.42	1:50.81	2:33.83	2:33.83
4.	De Rog 2	De Rog	NED			11:43.68	+0.83	
	Esther Vergeest	77	+0.83	40.29	1:24.26	2:09.69	2:54.40	2:54.40
	Sandra Van der Helm	78	+0.62	44.56	1:33.50	2:26.51	3:19.45	3:19.45
	Wijnand Vergeest	68	+0.49	37.34	1:20.96	2:05.08	2:45.89	2:45.89
	Roy Le Clercq	64	+0.58	36.09	1:17.55	2:01.49	2:43.94	2:43.94
5.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED			12:08.25	+0.85	
	Mario van der Veen	61	+0.85	41.07	1:28.38	2:20.29	3:09.23	3:09.23
	Clementine van Bruxvoort	77	+0.62	43.68	1:35.20	2:29.23	3:22.35	3:22.35
	Cancia Leirissa	67	+0.69	41.78	1:28.86	2:18.15	3:05.27	3:05.27
	Rob van Wanrooy	82	+0.11	31.93	1:09.16	1:49.47	2:31.40	2:31.40



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Programmanr. 15, Gemengd, 4 x 200m vrije slag, 200+

rang	vereniging						tijd	RT	PARA
6.	SWOL 1894 1			NED			12:10.95	+0.93	
	Annet Kootstra	71	+0.93	42.55	1:30.74	2:20.54	3:09.86	3:09.86	
	Maxim Hardziyenka	72	+0.76	44.37	1:36.83	2:32.69	3:24.60	3:24.60	
	Christine Nieuwenhuis	51	+0.39	42.57	1:32.41	2:22.63	3:10.54	3:10.54	
	Albert van Plekeren	84	+0.43	32.56	1:10.07	1:48.53	2:25.95	2:25.95	

240+, Gemengd

1.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL						12:23.00	+0.80	
	Olivier Bresoux	69	+0.80	36.95	1:19.08	2:01.65	2:43.03	2:43.03	
	Claire Anthony	57	+0.51	42.74	1:33.04	2:23.19	3:10.01	3:10.01	
	Bruno Nahon	70	+0.56	34.52	1:13.23	1:52.76	2:32.20	2:32.20	
	Fernande Blondeel-Gourmet	52	+0.54	53.94	1:54.79	2:55.69	3:57.76	3:57.76	
2.	AZC 1			NED			12:49.11	+0.77	
	Esther Boerdam-Delfos	87	+0.77	37.92	1:20.82	2:05.51	2:49.43	2:49.43	
	Geza Kaltenecker	42	+0.61	49.69	1:48.82	2:47.82	3:45.34	3:45.34	
	Sandra Daamen-Posma	68	+0.63	43.50	1:31.86	2:22.90	3:13.43	3:13.43	
	Wim de Lange	58	+0.61	39.70	1:24.86	2:12.71	3:00.91	3:00.91	

320+, Gemengd

1.	PSV 4			NED			16:10.16	+1.29	
	Lottie Geurts	35	+1.29	1:03.02	2:16.44	3:29.69	4:36.19	4:36.19	
	Rob Hanou	43	+0.76	53.03	1:59.46	3:06.68	4:07.49	4:07.49	
	Nic Geers	38	+0.84	59.80	2:09.76	3:23.86	4:28.30	4:28.30	
	Patty Verhagen	59		42.49	1:27.79	2:13.31	2:58.18	2:58.18	



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4 - ONMK 2024 lb Sessie 4

04-05-2024 - 9:30

Programmanr. 16
04-05-2024 - 9:30

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA			
Masters 20+								
1.	Laura Setz	Bubble	NED 200000130	9:25.93	+0.89			
	50m: 30.46	30.46	250m: 2:49.48	35.16	450m: 5:12.78	35.88	650m: 7:38.05	36.34
	100m: 1:04.28	33.82	300m: 3:24.92	35.44	500m: 5:48.88	36.10	700m: 8:14.61	36.56
	150m: 1:38.99	34.71	350m: 4:00.65	35.73	550m: 6:24.90	36.02	750m: 8:50.39	35.78
	200m: 2:14.32	35.33	400m: 4:36.90	36.25	600m: 7:01.71	36.81	800m: 9:25.93	35.54
2.	Roos Englebort	Hieronymus	NED 200200606	9:47.83	+0.74			
	50m: 32.64	32.64	250m: 2:59.80	36.85	450m: 5:28.84	37.08	650m: 7:58.25	37.22
	100m: 1:08.79	36.15	300m: 3:37.10	37.30	500m: 6:06.41	37.57	700m: 8:35.71	37.46
	150m: 1:45.65	36.86	350m: 4:14.20	37.10	550m: 6:43.37	36.96	750m: 9:12.26	36.55
	200m: 2:22.95	37.30	400m: 4:51.76	37.56	600m: 7:21.03	37.66	800m: 9:47.83	35.57
3.	Amber van der Kruk <i>PARA record (NED)</i>	MSV-Zeemacht	NED 200102730	S14 9:51.50	+0.87	936		
	50m: 32.00	32.00	250m: 3:02.27	38.06	450m: 5:33.90	38.14	650m: 8:04.98	37.82
	100m: 1:08.02	36.02	300m: 3:40.17	37.90	500m: 6:11.61	37.71	700m: 8:42.40	37.42
	150m: 1:46.00	37.98	350m: 4:18.37	38.20	550m: 6:49.41	37.80	750m: 9:12.69	34.29
	200m: 2:24.21	38.21	400m: 4:55.76	37.39	600m: 7:27.16	37.75	800m: 9:51.50	34.81
4.	Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	10:10.32	+0.78			
	50m: 32.74	32.74	250m: 3:04.16	38.14	450m: 5:37.52	38.65	650m: 8:13.51	39.01
	100m: 1:09.85	37.11	300m: 3:42.30	38.14	500m: 6:16.33	38.81	700m: 8:53.11	39.60
	150m: 1:47.64	37.79	350m: 4:20.45	38.15	550m: 6:55.32	38.99	750m: 9:31.97	38.86
	200m: 2:26.02	38.38	400m: 4:58.87	38.42	600m: 7:34.50	39.18	800m: 10:10.32	38.35
5.	Marte Vlieg	Aqua-Novio '94	NED 200304996	10:29.42	+0.78			
	50m: 34.80	34.80	250m: 3:14.15	40.37	450m: 5:54.74	40.00	650m: 8:34.40	39.73
	100m: 1:13.56	38.76	300m: 3:54.42	40.27	500m: 6:34.59	39.85	700m: 9:14.07	39.67
	150m: 1:53.61	40.05	350m: 4:34.83	40.41	550m: 7:14.65	40.06	750m: 9:52.94	38.87
	200m: 2:33.78	40.17	400m: 5:14.74	39.91	600m: 7:54.67	40.02	800m: 10:29.42	36.48
6.	Cynthia Koolman	ZPC Hoogeveen	NED 200300232	10:38.82	+0.68			
	50m: 35.03	35.03	250m: 3:11.62	39.67	450m: 5:55.12	41.19	650m: 8:39.45	40.81
	100m: 1:13.56	38.53	300m: 3:51.84	40.22	500m: 6:36.23	41.11	700m: 9:19.92	40.47
	150m: 1:52.26	38.70	350m: 4:32.54	40.70	550m: 7:17.80	41.57	750m: 10:00.26	40.34
	200m: 2:31.95	39.69	400m: 5:13.93	41.39	600m: 7:58.64	40.84	800m: 10:38.82	38.56
7.	Manou Blokhorst	WWV Winterswijk	NED 200402554	10:56.01 *	+0.74			
	50m: 35.38	35.38	250m: 3:16.29	40.90	450m: 6:02.93	41.78	650m: 8:52.44	41.92
	100m: 1:14.92	39.54	300m: 3:57.93	41.64	500m: 6:45.29	42.36	700m: 9:34.74	42.30
	150m: 1:54.30	39.38	350m: 4:39.41	41.48	550m: 7:27.43	42.14	750m: 10:16.11	41.37
	200m: 2:35.39	41.09	400m: 5:21.15	41.74	600m: 8:10.52	43.09	800m: 10:56.01	39.90
8.	Eline Hoekstra	OEZA	NED 200301280	11:03.14	+0.90			
	50m: 33.84	33.84	250m: 3:16.39	41.57	450m: 6:06.45	42.62	650m: 8:57.72	42.38
	100m: 1:12.48	38.64	300m: 3:58.86	42.47	500m: 6:49.14	42.69	700m: 9:40.62	42.90
	150m: 1:53.24	40.76	350m: 4:40.93	42.07	550m: 7:32.11	42.97	750m: 10:22.22	41.60
	200m: 2:34.82	41.58	400m: 5:23.83	42.90	600m: 8:15.34	43.23	800m: 11:03.14	40.92
9.	Jet van Oudheusden	ZOB'66	NED 200401012	11:13.72	+0.79			
	50m: 34.95	34.95	250m: 3:19.42	42.37	450m: 6:11.09	43.26	650m: 9:04.41	43.72
	100m: 1:14.02	39.07	300m: 4:02.23	42.81	500m: 6:54.12	43.03	700m: 9:48.37	43.96
	150m: 1:55.13	41.11	350m: 4:45.07	42.84	550m: 7:37.33	43.21	750m: 10:31.31	42.94
	200m: 2:37.05	41.92	400m: 5:27.83	42.76	600m: 8:20.69	43.36	800m: 11:13.72	42.41
10.	Vivian Gravemaker	De Rijn	NED 200400058	11:29.34	+0.72			
	50m: 37.96	37.96	250m: 3:32.75	44.15	450m: 6:29.44	43.92	650m: 9:25.73	44.41
	100m: 1:20.50	42.54	300m: 4:16.63	43.88	500m: 7:13.81	44.37	700m: 10:08.05	42.32
	150m: 2:04.46	43.96	350m: 5:00.85	44.22	550m: 7:57.50	43.69	750m: 10:50.37	42.32
	200m: 2:48.60	44.14	400m: 5:45.52	44.67	600m: 8:41.32	43.82	800m: 11:29.34	38.97

Masters 25+

1.	Marijke Drent	Bubble	NED 199906232	9:55.64	+0.78			
	50m: 32.80	32.80	250m: 3:03.22	38.07	450m: 5:34.71	37.53	650m: 8:05.45	37.48
	100m: 1:09.31	36.51	300m: 3:41.38	38.16	500m: 6:12.54	37.83	700m: 8:42.97	37.52
	150m: 1:47.06	37.75	350m: 4:19.11	37.73	550m: 6:50.20	37.66	750m: 9:19.76	36.79
	200m: 2:25.15	38.09	400m: 4:57.18	38.07	600m: 7:27.97	37.77	800m: 9:55.64	35.88



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Programmanr. 16, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	GER	195679	tijd	RT	PARA	
2.	Sarah Strack	SG Aumund - Vegesack	GER	195679	10:16.96	+0.77		
	50m: 33.45	33.45	250m: 3:04.77	38.38	450m: 5:40.56	39.38	650m: 8:20.23	39.79
	100m: 1:10.51	37.06	300m: 3:43.20	38.43	500m: 6:20.61	40.05	700m: 9:00.30	40.07
	150m: 1:48.46	37.95	350m: 4:22.08	38.88	550m: 7:00.33	39.72	750m: 9:39.41	39.11
	200m: 2:26.39	37.93	400m: 5:01.18	39.10	600m: 7:40.44	40.11	800m: 10:16.96	37.55
3.	Fiona Meuffels	PSV	NED	199504366	10:31.48	+0.74		
	50m: 34.71	34.71	250m: 3:10.58	39.40	450m: 5:53.53	41.15	650m: 8:35.31	40.32
	100m: 1:12.65	37.94	300m: 3:50.81	40.23	500m: 6:33.73	40.20	700m: 9:14.95	39.64
	150m: 1:51.61	38.96	350m: 4:31.84	41.03	550m: 7:14.76	41.03	750m: 9:54.05	39.10
	200m: 2:31.18	39.57	400m: 5:12.38	40.54	600m: 7:54.99	40.23	800m: 10:31.48	37.43
4.	Floor Weijmans	HZPC	NED	199502522	10:52.83	+0.81		
	50m: 35.79	35.79	250m: 3:15.91	40.94	450m: 6:02.84	41.49	650m: 8:50.72	41.05
	100m: 1:14.69	38.90	300m: 3:57.72	41.81	500m: 6:45.33	42.49	700m: 9:31.90	41.18
	150m: 1:54.42	39.73	350m: 4:39.47	41.75	550m: 7:27.30	41.97	750m: 10:12.56	40.66
	200m: 2:34.97	40.55	400m: 5:21.35	41.88	600m: 8:09.67	42.37	800m: 10:52.83	40.27
5.	Ageeth de Haan	Steenwijk 1934	NED	199901022	11:44.95	+0.79		
	50m: 36.48	36.48	250m: 3:34.18	45.39	450m: 6:36.12	45.94	650m: 9:36.70	44.31
	100m: 1:18.98	42.50	300m: 4:19.42	45.24	500m: 7:21.61	45.49	700m: 10:20.50	43.80
	150m: 2:03.17	44.19	350m: 5:04.96	45.54	550m: 8:07.79	46.18	750m: 11:03.61	43.11
	200m: 2:48.79	45.62	400m: 5:50.18	45.22	600m: 8:52.39	44.60	800m: 11:44.95	41.34
6.	Aniek Garritsen	De IJsselmeeuwen	NED	199504290	12:04.27	+0.76		
	50m: 39.07	39.07	250m: 3:37.40	45.64	450m: 6:44.39	47.02	650m: 9:50.74	46.04
	100m: 1:22.19	43.12	300m: 4:24.06	46.66	500m: 7:30.90	46.51	700m: 10:36.16	45.42
	150m: 2:06.65	44.46	350m: 5:10.24	46.18	550m: 8:17.78	46.88	750m: 11:21.09	44.93
	200m: 2:51.76	45.11	400m: 5:57.37	47.13	600m: 9:04.70	46.92	800m: 12:04.27	43.18
7.	Marenne Huigh	Scheldestroom	NED	199900852	12:17.12	+0.79		
	50m: 38.67	38.67	250m: 3:40.10	46.22	450m: 6:49.26	47.88	650m: 9:59.59	47.18
	100m: 1:22.99	44.32	300m: 4:26.60	46.50	500m: 7:36.98	47.72	700m: 10:46.39	46.80
	150m: 2:08.41	45.42	350m: 5:13.62	47.02	550m: 8:25.09	48.11	750m: 11:32.62	46.23
	200m: 2:53.88	45.47	400m: 6:01.38	47.76	600m: 9:12.41	47.32	800m: 12:17.12	44.50

Masters 30+

1.	Leonie van Noort	WVZ	NED	199301752	9:28.74	+0.82		
	<i>Nederlands Masters Record</i>							
	50m: 31.38	31.38	250m: 2:52.98	35.98	450m: 5:17.36	36.06	650m: 7:42.80	36.11
	100m: 1:05.84	34.46	300m: 3:28.84	35.86	500m: 5:53.85	36.49	700m: 8:18.98	36.18
	150m: 1:41.35	35.51	350m: 4:05.13	36.29	550m: 6:30.20	36.35	750m: 8:54.90	35.92
	200m: 2:17.00	35.65	400m: 4:41.30	36.17	600m: 7:06.69	36.49	800m: 9:28.74	33.84
2.	Nienke Smidt	WS Twente	NED	199407596	10:48.80	+0.88		
	50m: 35.98	35.98	250m: 3:20.07	42.27	450m: 6:06.55	41.18	650m: 8:52.58	41.14
	100m: 1:15.32	39.34	300m: 4:02.10	42.03	500m: 6:48.84	42.29	700m: 9:33.14	40.56
	150m: 1:56.16	40.84	350m: 4:43.63	41.53	550m: 7:30.21	41.37	750m: 10:13.10	39.96
	200m: 2:37.80	41.64	400m: 5:25.37	41.74	600m: 8:11.44	41.23	800m: 10:48.80	35.70
3.	Lucie Terver	Club Nautique Val de Fensch	FRA	412372	10:48.90	+0.80		
	50m: 35.86	35.86	250m: 3:14.51	39.72	450m: 5:56.77	40.30	650m: 8:43.74	42.14
	100m: 1:14.82	38.96	300m: 3:55.33	40.82	500m: 6:38.24	41.47	700m: 9:26.32	42.58
	150m: 1:54.19	39.37	350m: 4:35.29	39.96	550m: 7:19.59	41.35	750m: 10:08.52	42.20
	200m: 2:34.79	40.60	400m: 5:16.47	41.18	600m: 8:01.60	42.01	800m: 10:48.90	40.38
4.	Marijke Kommers	Niemo Barracuda	NED	199305334	10:49.00	+0.85		
	50m: 35.26	35.26	250m: 3:18.76	42.03	450m: 6:05.55	41.56	650m: 8:51.14	40.89
	100m: 1:14.82	39.56	300m: 4:00.75	41.99	500m: 6:47.33	41.78	700m: 9:31.41	40.27
	150m: 1:55.50	40.68	350m: 4:42.25	41.50	550m: 7:29.03	41.70	750m: 10:11.61	40.20
	200m: 2:36.73	41.23	400m: 5:23.99	41.74	600m: 8:10.25	41.22	800m: 10:49.00	37.39
5.	Anouk Kuijlaars	PSV	NED	199401700	10:55.65	+0.75		
	50m: 36.65	36.65	250m: 3:18.35	41.24	450m: 6:03.88	41.64	650m: 8:51.99	42.09
	100m: 1:16.06	39.41	300m: 3:59.71	41.36	500m: 6:45.93	42.05	700m: 9:33.71	41.72
	150m: 1:56.58	40.52	350m: 4:40.76	41.05	550m: 7:27.77	41.84	750m: 10:15.22	41.51
	200m: 2:37.11	40.53	400m: 5:22.24	41.48	600m: 8:09.90	42.13	800m: 10:55.65	40.43
6.	Elmi Roelofsen	Octopus-ZVV (SG)	NED	199008198	11:10.90	+0.87		
	50m: 33.82	33.82	250m: 3:15.88	41.35	450m: 6:06.24	43.20	650m: 9:01.49	44.28
	100m: 1:12.54	38.72	300m: 3:57.56	41.68	500m: 6:49.40	43.16	700m: 9:45.50	44.01
	150m: 1:53.39	40.85	350m: 4:40.21	42.65	550m: 7:33.40	44.00	750m: 10:29.21	43.71
	200m: 2:34.53	41.14	400m: 5:23.04	42.83	600m: 8:17.21	43.81	800m: 11:10.90	41.69
7.	Jisca Majolée	ZPC AMERSFOORT	NED	199403570	11:22.46	+0.88		
	50m: 37.04	37.04	250m: 3:29.26	43.44	450m: 6:23.16	43.45	650m: 9:17.73	43.22
	100m: 1:19.13	42.09	300m: 4:12.54	43.28	500m: 7:06.83	43.67	700m: 10:01.44	43.71
	150m: 2:02.23	43.10	350m: 4:56.01	43.47	550m: 7:50.47	43.64	750m: 10:43.78	42.34
	200m: 2:45.82	43.59	400m: 5:39.71	43.70	600m: 8:34.51	44.04	800m: 11:22.46	38.68



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Programmanr. 16, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging					tijd	RT	PARA
8.	Leontine Groeneveldt	De Duck	NED	199303526			11:55.74	+0.75	
	50m: 38.01	38.01	250m: 3:37.17	45.83	450m: 6:41.83	46.53	650m: 9:45.34	45.86	
	100m: 1:21.13	43.12	300m: 4:22.57	45.40	500m: 7:28.00	46.17	700m: 10:30.68	45.34	
	150m: 2:06.19	45.06	350m: 5:09.14	46.57	550m: 8:14.46	46.46	750m: 11:15.33	44.65	
	200m: 2:51.34	45.15	400m: 5:55.30	46.16	600m: 8:59.48	45.02	800m: 11:55.74	40.41	
9.	Irmgard van Weeghel	ESCA Zwemmen	NED	199204834			12:40.39	+0.84	
	50m: 40.68	40.68	250m: 3:48.38	48.15	450m: 7:02.27	49.05	650m: 10:17.33	48.87	
	100m: 1:25.29	44.61	300m: 4:36.29	47.91	500m: 7:50.85	48.58	700m: 11:05.55	48.22	
	150m: 2:12.10	46.81	350m: 5:25.00	48.71	550m: 8:39.86	49.01	750m: 11:53.75	48.20	
	200m: 3:00.23	48.13	400m: 6:13.22	48.22	600m: 9:28.46	48.60	800m: 12:40.39	46.64	
10.	Marjan Rikken	Octopus-ZVV (SG)	NED	199206114			13:17.86	+0.86	
	50m: 42.13	42.13	250m: 3:58.25	50.48	450m: 7:24.06	51.29	650m: 10:49.84	51.40	
	100m: 1:29.34	47.21	300m: 4:49.38	51.13	500m: 8:15.23	51.17	700m: 11:40.86	51.02	
	150m: 2:18.33	48.99	350m: 5:41.06	51.68	550m: 9:06.83	51.60	750m: 12:31.19	50.33	
	200m: 3:07.77	49.44	400m: 6:32.77	51.71	600m: 9:58.44	51.61	800m: 13:17.86	46.67	

Masters 35+

1.	Sabine Zimmermann	Aachener SV 06	GER	101578			9:54.62	+0.76	
	50m: 33.21	33.21	250m: 3:02.50	37.77	450m: 5:34.33	38.32	650m: 8:06.01	37.73	
	100m: 1:09.44	36.23	300m: 3:40.35	37.85	500m: 6:12.36	38.03	700m: 8:42.93	36.92	
	150m: 1:47.03	37.59	350m: 4:18.41	38.06	550m: 6:50.51	38.15	750m: 9:19.85	36.92	
	200m: 2:24.73	37.70	400m: 4:56.01	37.60	600m: 7:28.28	37.77	800m: 9:54.62	34.77	
2.	Jenny Schouten	PSV	NED	198703674			10:04.37	+0.80	
	50m: 33.10	33.10	250m: 3:03.38	37.71	450m: 5:37.27	38.72	650m: 8:12.73	38.91	
	100m: 1:10.34	37.24	300m: 3:41.72	38.34	500m: 6:15.77	38.50	700m: 8:50.76	38.03	
	150m: 1:47.93	37.59	350m: 4:20.05	38.33	550m: 6:54.47	38.70	750m: 9:28.39	37.63	
	200m: 2:25.67	37.74	400m: 4:58.55	38.50	600m: 7:33.82	39.35	800m: 10:04.37	35.98	
3.	Viktória Háden-Felföldi	Iron Swim	HUN				10:04.64	+0.72	
	50m: 33.42	33.42	250m: 3:02.58	37.40	450m: 5:35.21	38.01	650m: 8:10.01	38.72	
	100m: 1:10.48	37.06	300m: 3:40.84	38.26	500m: 6:13.69	38.48	700m: 8:49.06	39.05	
	150m: 1:47.46	36.98	350m: 4:18.61	37.77	550m: 6:52.38	38.69	750m: 9:27.48	38.42	
	200m: 2:25.18	37.72	400m: 4:57.20	38.59	600m: 7:31.29	38.91	800m: 10:04.64	37.16	
4.	Lisanne Andeweg	Zuiderzeewimmers	NED	198800092			10:33.32	+0.84	
	50m: 35.04	35.04	250m: 3:14.89	40.17	450m: 5:56.45	40.39	650m: 8:36.79	39.98	
	100m: 1:14.30	39.26	300m: 3:55.36	40.47	500m: 6:36.40	39.95	700m: 9:16.48	39.69	
	150m: 1:54.49	40.19	350m: 4:35.72	40.36	550m: 7:16.62	40.22	750m: 9:55.66	39.18	
	200m: 2:34.72	40.23	400m: 5:16.06	40.34	600m: 7:56.81	40.19	800m: 10:33.32	37.66	
5.	Relinda Baas	TriVia	NED	198900144			10:56.30	+0.83	
	50m: 35.44	35.44	250m: 3:17.68	41.74	450m: 6:04.54	41.89	650m: 8:51.71	41.46	
	100m: 1:14.26	38.82	300m: 3:59.46	41.78	500m: 6:46.64	42.10	700m: 9:33.72	42.01	
	150m: 1:54.50	40.24	350m: 4:41.04	41.58	550m: 7:28.37	41.73	750m: 10:15.35	41.63	
	200m: 2:35.94	41.44	400m: 5:22.65	41.61	600m: 8:10.25	41.88	800m: 10:56.30	40.95	
6.	Nanda van Heteren	PSV	NED	198901728			11:22.86	+0.85	
	50m: 38.07	38.07	250m: 3:32.21	43.72	450m: 6:27.73	43.67	650m: 9:20.94	42.85	
	100m: 1:20.71	42.64	300m: 4:16.53	44.32	500m: 7:11.56	43.83	700m: 10:02.93	41.99	
	150m: 2:04.59	43.88	350m: 4:59.80	43.27	550m: 7:54.92	43.36	750m: 10:44.02	41.09	
	200m: 2:48.49	43.90	400m: 5:44.06	44.26	600m: 8:38.09	43.17	800m: 11:22.86	38.84	
7.	Liesbeth van Mill	Zwemlust- den Hommel	NED	198702786			11:56.55	+0.94	
	50m: 39.03	39.03	250m: 3:37.40	45.04	450m: 6:37.83	44.95	650m: 9:39.93	45.31	
	100m: 1:22.73	43.70	300m: 4:22.86	45.46	500m: 7:23.56	45.73	700m: 10:26.21	46.28	
	150m: 2:07.07	44.34	350m: 5:07.48	44.62	550m: 8:08.85	45.29	750m: 11:11.89	45.68	
	200m: 2:52.36	45.29	400m: 5:52.88	45.40	600m: 8:54.62	45.77	800m: 11:56.55	44.66	
8.	Sandra Schellekens	Neptunus'58	NED	198503416			12:12.92	+0.82	
	50m: 39.07	39.07	250m: 3:41.69	47.13	450m: 6:49.56	47.17	650m: 9:56.67	47.09	
	100m: 1:22.90	43.83	300m: 4:28.60	46.91	500m: 7:36.39	46.83	700m: 10:43.02	46.35	
	150m: 2:08.72	45.82	350m: 5:15.79	47.19	550m: 8:23.05	46.66	750m: 11:29.46	46.44	
	200m: 2:54.56	45.84	400m: 6:02.39	46.60	600m: 9:09.58	46.53	800m: 12:12.92	43.46	

Masters 40+

1.	Ann Wanter	Zwemclub Geel	BEL	ZGEEEL/21082/82			10:23.94	+0.77	
	50m: 34.00	34.00	250m: 3:08.76	39.22	450m: 5:48.08	39.93	650m: 8:26.81	39.34	
	100m: 1:11.80	37.80	300m: 3:48.66	39.90	500m: 6:27.87	39.79	700m: 9:06.65	39.84	
	150m: 1:50.17	38.37	350m: 4:28.29	39.63	550m: 7:07.72	39.85	750m: 9:46.15	39.50	
	200m: 2:29.54	39.37	400m: 5:08.15	39.86	600m: 7:47.47	39.75	800m: 10:23.94	37.79	
2.	Heather Frees	Lone Star Masters	USA				10:27.86	+0.67	
	50m: 34.96	34.96	250m: 3:10.41	39.25	450m: 5:49.05	39.78	650m: 8:28.78	40.05	
	100m: 1:12.86	37.90	300m: 3:49.98	39.57	500m: 6:28.89	39.84	700m: 9:08.66	39.88	
	150m: 1:51.82	38.96	350m: 4:29.80	39.82	550m: 7:08.76	39.87	750m: 9:48.93	40.27	
	200m: 2:31.16	39.34	400m: 5:09.27	39.47	600m: 7:48.73	39.97	800m: 10:27.86	38.93	

Programmanr. 16, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging					tijd	RT	PARA
3.	Steffi Krul- Meinhold	d'ELFT	NED 198001542				10:57.34	+0.84	
	50m: 36.05	36.05	250m: 3:22.81	42.57	450m: 6:10.97	42.12	650m: 8:57.50	41.34	
	100m: 1:16.26	40.21	300m: 4:04.84	42.03	500m: 6:53.05	42.08	700m: 9:38.35	40.85	
	150m: 1:58.36	42.10	350m: 4:46.91	42.07	550m: 7:34.83	41.78	750m: 10:18.67	40.32	
	200m: 2:40.24	41.88	400m: 5:28.85	41.94	600m: 8:16.16	41.33	800m: 10:57.34	38.67	
4.	Ramona Linting	AZC	NED 198301274				12:09.47	+0.77	
	50m: 38.16	38.16	250m: 3:36.84	45.99	450m: 6:43.03	46.86	650m: 9:50.53	46.80	
	100m: 1:21.23	43.07	300m: 4:22.89	46.05	500m: 7:29.48	46.45	700m: 10:36.99	46.46	
	150m: 2:05.40	44.17	350m: 5:09.49	46.60	550m: 8:16.85	47.37	750m: 11:24.01	47.02	
	200m: 2:50.85	45.45	400m: 5:56.17	46.68	600m: 9:03.73	46.88	800m: 12:09.47	45.46	
5.	Linda Hoogendam	WVZ	NED 198300892				12:25.07	+0.84	
	50m: 39.93	39.93	250m: 3:44.31	46.50	450m: 6:52.74	47.22	650m: 10:05.74	47.85	
	100m: 1:25.45	45.52	300m: 4:31.00	46.69	500m: 7:41.01	48.27	700m: 10:54.19	48.45	
	150m: 2:11.60	46.15	350m: 5:17.94	46.94	550m: 8:29.57	48.56	750m: 11:40.73	46.54	
	200m: 2:57.81	46.21	400m: 6:05.52	47.58	600m: 9:17.89	48.32	800m: 12:25.07	44.34	

Masters 45+

1.	Liselotte Joling	PSV	NED 197500268				10:18.66	+0.82	
	50m: 35.87	35.87	250m: 3:12.89	38.59	450m: 5:49.40	37.77	650m: 8:25.41	39.10	
	100m: 1:15.38	39.51	300m: 3:52.68	39.79	500m: 6:28.47	39.07	700m: 9:04.66	39.25	
	150m: 1:54.34	38.96	350m: 4:31.57	38.89	550m: 7:06.93	38.46	750m: 9:42.74	38.08	
	200m: 2:34.30	39.96	400m: 5:11.63	40.06	600m: 7:46.31	39.38	800m: 10:18.66	35.92	
2.	Petra Guijt	Aqua-Novio '94	NED 197600978				11:36.89	+0.86	
	50m: 37.95	37.95	250m: 3:35.68	44.85	450m: 6:33.57	44.36	650m: 9:29.75	44.16	
	100m: 1:21.12	43.17	300m: 4:20.24	44.56	500m: 7:17.81	44.24	700m: 10:13.68	43.93	
	150m: 2:05.81	44.69	350m: 5:04.90	44.66	550m: 8:02.11	44.30	750m: 10:56.27	42.59	
	200m: 2:50.83	45.02	400m: 5:49.21	44.31	600m: 8:45.59	43.48	800m: 11:36.89	40.62	
3.	Chantal Verhoeff	Old Dutch	NED 197900912				11:41.29	+0.79	
	50m: 37.32	37.32	250m: 3:35.07	45.01	450m: 6:33.86	44.98	650m: 9:31.33	44.34	
	100m: 1:19.98	42.66	300m: 4:19.45	44.38	500m: 7:18.17	44.31	700m: 10:15.27	43.94	
	150m: 2:05.17	45.19	350m: 5:04.89	45.44	550m: 8:02.90	44.73	750m: 10:59.16	43.89	
	200m: 2:50.06	44.89	400m: 5:48.88	43.99	600m: 8:46.99	44.09	800m: 11:41.29	42.13	
4.	Jessica Venema	GZC DONK	NED 197901526				11:52.77	+0.86	
	50m: 37.24	37.24	250m: 3:33.35	44.82	450m: 6:36.02	45.29	650m: 9:39.11	45.04	
	100m: 1:19.50	42.26	300m: 4:18.94	45.59	500m: 7:22.16	46.14	700m: 10:25.68	46.57	
	150m: 2:03.27	43.77	350m: 5:04.27	45.33	550m: 8:08.44	46.28	750m: 11:10.81	45.13	
	200m: 2:48.53	45.26	400m: 5:50.73	46.46	600m: 8:54.07	45.63	800m: 11:52.77	41.96	

Masters 50+

1.	Carla Geurts	PSV	NED 197100178				10:14.51	+0.73	
	50m: 33.27	33.27	250m: 3:06.88	38.31	450m: 5:42.62	38.65	650m: 8:18.88	39.11	
	100m: 1:10.94	37.67	300m: 3:45.80	38.92	500m: 6:21.82	39.20	700m: 8:57.26	38.38	
	150m: 1:49.54	38.60	350m: 4:25.14	39.34	550m: 7:00.83	39.01	750m: 9:36.76	39.50	
	200m: 2:28.57	39.03	400m: 5:03.97	38.83	600m: 7:39.77	38.94	800m: 10:14.51	37.75	
2.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054				10:52.90	+0.89	
	50m: 36.32	36.32	250m: 3:22.04	42.06	450m: 6:08.71	40.31	650m: 8:52.66	40.85	
	100m: 1:16.51	40.19	300m: 4:04.08	42.04	500m: 6:49.80	41.09	700m: 9:33.63	40.97	
	150m: 1:58.08	41.57	350m: 4:46.53	42.45	550m: 7:30.91	41.11	750m: 10:14.37	40.74	
	200m: 2:39.98	41.90	400m: 5:28.40	41.87	600m: 8:11.81	40.90	800m: 10:52.90	38.53	
3.	Bianca Groot	MSV-Zeemacht	NED 197000652				11:05.77	+0.84	
	50m: 37.25	37.25	250m: 3:25.82	42.52	450m: 6:15.21	42.20	650m: 9:01.46	41.18	
	100m: 1:18.37	41.12	300m: 4:08.48	42.66	500m: 6:56.75	41.54	700m: 9:43.16	41.70	
	150m: 2:01.23	42.86	350m: 4:50.99	42.51	550m: 7:38.71	41.96	750m: 10:24.70	41.54	
	200m: 2:43.30	42.07	400m: 5:33.01	42.02	600m: 8:20.28	41.57	800m: 11:05.77	41.07	
4.	Karin Stein	ZVVS	NED 197100554				11:19.52	+0.79	
	50m: 38.01	38.01	250m: 3:25.57	42.46	450m: 6:16.11	42.77	650m: 9:09.91	43.92	
	100m: 1:19.11	41.10	300m: 4:07.98	42.41	500m: 6:58.89	42.78	700m: 9:53.66	43.75	
	150m: 2:01.00	41.89	350m: 4:50.79	42.81	550m: 7:42.31	43.42	750m: 10:37.46	43.80	
	200m: 2:43.11	42.11	400m: 5:33.34	42.55	600m: 8:25.99	43.68	800m: 11:19.52	42.06	
5.	Annette de Visser	Oceanus	NED 197100602				11:20.06	+0.82	
	50m: 36.53	36.53	250m: 3:26.95	43.48	450m: 6:20.99	43.48	650m: 9:13.15	43.17	
	100m: 1:17.26	40.73	300m: 4:10.24	43.29	500m: 7:04.29	43.30	700m: 9:56.18	43.03	
	150m: 2:00.09	42.83	350m: 4:54.06	43.82	550m: 7:47.28	42.99	750m: 10:38.73	42.55	
	200m: 2:43.47	43.38	400m: 5:37.51	43.45	600m: 8:29.98	42.70	800m: 11:20.06	41.33	
6.	Mariska van Doorn	Arethusa	NED 197200444				11:56.53	+0.95	
	50m: 37.86	37.86	250m: 3:34.14	44.86	450m: 6:36.51	45.50	650m: 9:40.01	45.77	
	100m: 1:20.34	42.48	300m: 4:19.97	45.83	500m: 7:22.22	45.71	700m: 10:26.47	46.46	
	150m: 2:04.29	43.95	350m: 5:05.38	45.41	550m: 8:08.19	45.97	750m: 11:12.30	45.83	
	200m: 2:49.28	44.99	400m: 5:51.01	45.63	600m: 8:54.24	46.05	800m: 11:56.53	44.23	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 16, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging	tijd	RT	PARA
7.	Cherry Bas-Ott	DAW	12:38.30	+0.76	
	50m: 42.23	250m: 3:53.64	48.37	450m: 7:05.57	47.83
	100m: 1:28.65	300m: 4:41.75	48.11	500m: 7:53.97	48.40
	150m: 2:17.08	350m: 5:29.59	47.84	550m: 8:42.53	48.56
	200m: 3:05.27	400m: 6:17.74	48.15	600m: 9:30.64	48.11
8.	Kathy Van Lindt	Cercle De Natation Sportcity WolBEL	13:25.27	+0.98	
	50m: 46.32	250m: 4:12.69	50.94	450m: 7:35.56	49.77
	100m: 1:37.81	300m: 5:04.47	51.78	500m: 8:26.21	50.65
	150m: 2:29.26	350m: 5:54.67	50.20	550m: 9:16.91	50.70
	200m: 3:21.75	400m: 6:45.79	51.12	600m: 10:08.31	51.40
9.	Annet Kootstra	SWOL 1894	13:32.67	+0.87	
	50m: 43.89	250m: 4:06.11	51.29	450m: 7:33.50	52.20
	100m: 1:32.94	300m: 4:57.78	51.67	500m: 8:25.64	52.14
	150m: 2:23.85	350m: 5:49.72	51.94	550m: 9:17.72	52.08
	200m: 3:14.82	400m: 6:41.30	51.58	600m: 10:08.93	51.21
10.	Annette Spies *200m, 800m	LinK	13:42.74	+0.74	
	50m: 44.92	250m: 4:07.35	50.79	450m: 7:38.06	52.79
	100m: 1:34.44	300m: 4:59.70	52.35	500m: 8:30.94	52.88
	150m: 2:25.46	350m: 5:51.96	52.26	550m: 9:23.15	52.21
	200m: 3:16.56	400m: 6:45.27	53.31	600m: 10:15.74	52.59
11.	Britta Fritz	SC Janus Köln	13:53.78	+0.92	
	50m: 47.16	250m: 4:12.37	51.90	450m: 7:42.19	52.80
	100m: 1:38.12	300m: 5:04.35	51.98	500m: 8:35.93	53.74
	150m: 2:28.65	350m: 5:56.71	52.36	550m: 9:28.92	52.99
	200m: 3:20.47	400m: 6:49.39	52.68	600m: 10:23.71	54.79

Masters 55+

1.	Claudia Thielemann	SG Bayer	10:24.44	+0.76	
	50m: 35.91	250m: 3:13.59	39.62	450m: 5:51.44	39.36
	100m: 1:14.92	300m: 3:52.91	39.32	500m: 6:30.56	39.12
	150m: 1:54.51	350m: 4:32.39	39.48	550m: 7:09.64	39.08
	200m: 2:33.97	400m: 5:12.08	39.69	600m: 7:48.76	39.12
2.	Iris van Aurich	DWK	11:54.53	+0.68	
	50m: 39.68	250m: 3:38.27	44.93	450m: 6:41.24	46.08
	100m: 1:24.23	300m: 4:23.41	45.14	500m: 7:27.26	46.02
	150m: 2:09.40	350m: 5:09.62	46.21	550m: 8:13.88	46.62
	200m: 2:53.34	400m: 5:55.16	45.54	600m: 8:58.49	44.61
3.	Laura Staal	Oceanus	12:13.16	+0.73	
	50m: 41.17	250m: 3:44.72	46.54	450m: 6:51.23	46.48
	100m: 1:26.03	300m: 4:31.47	46.75	500m: 7:37.82	46.59
	150m: 2:11.31	350m: 5:17.84	46.37	550m: 8:23.77	45.95
	200m: 2:58.18	400m: 6:04.75	46.91	600m: 9:10.26	46.49
4.	Anita Steijger	WVZ	12:54.55	+0.91	
	50m: 43.04	250m: 3:54.49	48.63	450m: 7:11.53	48.86
	100m: 1:30.05	300m: 4:43.63	49.14	500m: 8:01.18	49.65
	150m: 2:17.54	350m: 5:33.11	49.48	550m: 8:50.42	49.24
	200m: 3:05.86	400m: 6:22.67	49.56	600m: 9:39.69	49.27

Masters 60+

1.	Wilna Heijman	Steenwijk 1934	11:44.37	+0.73	
	50m: 39.34	250m: 3:35.20	44.10	450m: 6:33.57	44.59
	100m: 1:22.79	300m: 4:20.15	44.95	500m: 7:18.38	44.81
	150m: 2:06.64	350m: 5:04.35	44.20	550m: 8:03.02	44.64
	200m: 2:51.10	400m: 5:48.98	44.63	600m: 8:48.36	45.34
2.	Katrin Pennings	PSV	11:48.03	+0.73	
	50m: 37.51	250m: 3:35.06	45.01	450m: 6:35.00	45.16
	100m: 1:20.43	300m: 4:20.14	45.08	500m: 7:20.31	45.31
	150m: 2:05.03	350m: 5:04.92	44.78	550m: 8:05.65	45.34
	200m: 2:50.05	400m: 5:49.84	44.92	600m: 8:50.91	45.26
3.	P. Tossings-van de Hooven	GZC DONK	12:22.29	+0.92	
	50m: 41.97	250m: 3:47.73	47.00	450m: 6:56.58	46.94
	100m: 1:27.97	300m: 4:35.33	47.60	500m: 7:43.68	47.10
	150m: 2:13.89	350m: 5:22.19	46.86	550m: 8:30.49	46.81
	200m: 3:00.73	400m: 6:09.64	47.45	600m: 9:17.47	46.98



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 16, Dames, 800m vrije slag, Masters 60+

rang	naam	vereniging					tijd	RT	PARA
4.	Erica Muller	De Geul	NED 196400412				14:20.34	+0.77	
	50m: 48.68	48.68	250m: 4:24.63	54.17	450m: 8:02.41	54.28	650m: 11:40.43	54.86	
	100m: 1:42.25	53.57	300m: 5:18.95	54.32	500m: 8:56.71	54.30	700m: 12:34.58	54.15	
	150m: 2:36.34	54.09	350m: 6:13.52	54.57	550m: 9:51.38	54.67	750m: 13:29.30	54.72	
	200m: 3:30.46	54.12	400m: 7:08.13	54.61	600m: 10:45.57	54.19	800m: 14:20.34	51.04	
5.	Kirsten Stamer	SC Janus Köln	GER 247144				14:27.01		
	50m: 46.68	46.68	250m: 4:19.66	54.76	450m: 7:59.04	55.15	650m: 11:40.71	55.12	
	100m: 1:38.25	51.57	300m: 5:14.80	55.14	500m: 8:54.67	55.63	700m: 12:36.83	56.12	
	150m: 2:30.48	52.23	350m: 6:08.92	54.12	550m: 9:49.70	55.03	750m: 13:32.70	55.87	
	200m: 3:24.90	54.42	400m: 7:03.89	54.97	600m: 10:45.59	55.89	800m: 14:27.01	54.31	

Masters 65+

1.	Esther van Lohuizen <i>Nederlands Masters Record</i>	PSV	NED 195900300				11:36.25	+0.79	
	50m: 38.97	38.97	250m: 3:36.85	45.33	450m: 6:34.76	44.89	650m: 9:31.04	44.19	
	100m: 1:22.10	43.13	300m: 4:20.90	44.05	500m: 7:18.70	43.94	700m: 10:14.58	43.54	
	150m: 2:07.42	45.32	350m: 5:05.94	45.04	550m: 8:03.12	44.42	750m: 10:57.55	42.97	
	200m: 2:51.52	44.10	400m: 5:49.87	43.93	600m: 8:46.85	43.73	800m: 11:36.25	38.70	
2.	Patty Verhagen	PSV	NED 195900146				12:23.60	+0.89	
	50m: 43.77	43.77	250m: 3:49.69	46.62	450m: 6:58.11	47.18	650m: 10:05.50	46.64	
	100m: 1:29.48	45.71	300m: 4:36.87	47.18	500m: 7:45.06	46.95	700m: 10:52.23	46.73	
	150m: 2:16.02	46.54	350m: 5:23.73	46.86	550m: 8:31.86	46.80	750m: 11:38.82	46.59	
	200m: 3:03.07	47.05	400m: 6:10.93	47.20	600m: 9:18.86	47.00	800m: 12:23.60	44.78	
3.	Linda Wibbelink	Steenwijk 1934	NED 195900158				13:21.25	+0.87	
	50m: 44.33	44.33	250m: 4:04.89	50.64	450m: 7:30.58	51.85	650m: 10:52.85	50.54	
	100m: 1:33.62	49.29	300m: 4:56.29	51.40	500m: 8:20.39	49.81	700m: 11:43.13	50.28	
	150m: 2:23.78	50.16	350m: 5:47.51	51.22	550m: 9:11.23	50.84	750m: 12:33.45	50.32	
	200m: 3:14.25	50.47	400m: 6:38.73	51.22	600m: 10:02.31	51.08	800m: 13:21.25	47.80	
4.	Hannie Poletiek	TriVia	NED 195900278				14:20.16	+1.04	
	50m: 47.11	47.11	250m: 4:21.45	54.19	450m: 8:01.11	54.68	650m: 11:40.95	54.36	
	100m: 1:38.96	51.85	300m: 5:17.16	55.71	500m: 8:56.18	55.07	700m: 12:35.29	54.34	
	150m: 2:32.64	53.68	350m: 6:11.28	54.12	550m: 9:51.36	55.18	750m: 13:28.89	53.60	
	200m: 3:27.26	54.62	400m: 7:06.43	55.15	600m: 10:46.59	55.23	800m: 14:20.16	51.27	

Masters 70+

1.	Ineke Weekers <i>Europees Masters Record</i>	PSV	NED 195300050				12:26.48	+0.79	
	50m: 43.37	43.37	250m: 3:52.72	47.99	450m: 7:00.86	47.65	650m: 10:08.26	47.14	
	100m: 1:30.39	47.02	300m: 4:39.40	46.68	500m: 7:47.03	46.17	700m: 10:55.04	46.78	
	150m: 2:17.77	47.38	350m: 5:26.37	46.97	550m: 8:34.47	47.44	750m: 11:42.22	47.18	
	200m: 3:04.73	46.96	400m: 6:13.21	46.84	600m: 9:21.12	46.65	800m: 12:26.48	44.26	
2.	Gonnie Bak	PSV	NED 195100064				17:22.27	+0.95	
	50m: 56.47	56.47	250m: 5:17.65	1:05.51	450m: 9:40.31	1:06.18	650m: 14:07.67	1:07.16	
	100m: 2:00.70	1:04.23	300m: 6:23.07	1:05.42	500m: 10:46.37	1:06.06	700m: 15:13.24	1:05.57	
	150m: 3:06.80	1:06.10	350m: 7:29.26	1:06.19	550m: 11:54.48	1:08.11	750m: 16:18.59	1:05.35	
	200m: 4:12.14	1:05.34	400m: 8:34.13	1:04.87	600m: 13:00.51	1:06.03	800m: 17:22.27	1:03.68	

Programmanr. 17
04-05-2024 - 11:14

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging					tijd	RT	PARA
Masters 20+									
1.	Guus Hoogduin	ZVL-1886 Center	NED 200201069				5:01.49	+0.70	
	50m: 29.66	29.66	150m: 1:43.18	39.31	250m: 3:05.04	43.58	350m: 4:26.54	37.14	
	100m: 1:03.87	34.21	200m: 2:21.46	38.28	300m: 3:49.40	44.36	400m: 5:01.49	34.95	
2.	Tom Balsen Versteeg	De Warande	NED 200005673				5:13.57	+0.61	
	50m: 30.44	30.44	150m: 1:48.66	41.55	250m: 3:16.04	44.81	350m: 4:37.97	36.02	
	100m: 1:07.11	36.67	200m: 2:31.23	42.57	300m: 4:01.95	45.91	400m: 5:13.57	35.60	

Programmanr. 17, Heren, 400m wisselslag

Masters 25+

1. Nicko Kamphuis	De Warande	NED	199900887	4:50.97	+0.60
50m: 29.26	29.26	150m: 1:43.90	39.68	250m: 3:03.94	40.91
100m: 1:04.22	34.96	200m: 2:23.03	39.13	300m: 3:45.71	41.77
				350m: 4:19.92	34.21
				400m: 4:50.97	31.05
2. Bas van Tintelen	OZ&PC	NED	199800455	5:29.55	+0.79
50m: 33.62	33.62	150m: 1:57.41	44.23	250m: 3:28.43	49.02
100m: 1:13.18	39.56	200m: 2:39.41	42.00	300m: 4:16.75	48.32
				350m: 4:54.43	37.68
				400m: 5:29.55	35.12
3. Koen Wijnands	Patrick-De Roersoppers (SG)	NED	199800247	5:39.18	+0.70
50m: 31.90	31.90	150m: 1:58.39	46.56	250m: 3:32.32	49.26
100m: 1:11.83	39.93	200m: 2:43.06	44.67	300m: 4:21.70	49.38
				350m: 5:01.45	39.75
				400m: 5:39.18	37.73
4. Patrick Wyrdean	Westland Swimming Stars	NED	199702475	5:48.67	+0.73
50m: 34.84	34.84	150m: 2:05.15	46.01	250m: 3:40.47	51.14
100m: 1:19.14	44.30	200m: 2:49.33	44.18	300m: 4:31.48	51.01
				350m: 5:10.98	39.50
				400m: 5:48.67	37.69

Masters 30+

1. Mike Schel	ESCA Zwemmen	NED	199403279	5:13.62	+0.73
50m: 31.05	31.05	150m: 1:53.24	42.13	250m: 3:18.80	46.12
100m: 1:11.11	40.06	200m: 2:32.68	39.44	300m: 4:04.53	45.73
				350m: 4:39.79	35.26
				400m: 5:13.62	33.83
2. Tim Bunnik	Triton	NED	199000505	5:21.38	+0.80
50m: 33.28	33.28	150m: 1:54.31	41.58	250m: 3:22.21	47.29
100m: 1:12.73	39.45	200m: 2:34.92	40.61	300m: 4:11.35	49.14
				350m: 4:46.75	35.40
				400m: 5:21.38	34.63
3. Patrick Creemers	Patrick-De Roersoppers (SG)	NED	199000579	5:25.97	+0.78
50m: 34.23	34.23	150m: 2:03.60	44.52	250m: 3:32.01	44.68
100m: 1:19.08	44.85	200m: 2:47.33	43.73	300m: 4:16.11	44.10
				350m: 4:51.76	35.65
				400m: 5:25.97	34.21
4. Jeroen Matthijssen	AZC	NED	199103751	5:38.13	+0.63
50m: 31.03	31.03	150m: 1:52.69	42.44	250m: 3:27.12	51.52
100m: 1:10.25	39.22	200m: 2:35.60	42.91	300m: 4:20.90	53.78
				350m: 5:01.20	40.30
				400m: 5:38.13	36.93

Masters 35+

1. Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	5:21.62	+0.82
50m: 33.86	33.86	150m: 1:57.77	42.97	250m: 3:22.81	42.80
100m: 1:14.80	40.94	200m: 2:40.01	42.24	300m: 4:06.56	43.75
				350m: 4:44.34	37.78
				400m: 5:21.62	37.28
2. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	5:45.34	+0.80
50m: 33.53	33.53	150m: 2:03.02	45.53	250m: 3:36.46	49.81
100m: 1:17.49	43.96	200m: 2:46.65	43.63	300m: 4:25.87	49.41
				350m: 5:06.18	40.31
				400m: 5:45.34	39.16
3. Wessel Everloo	WS Twente	NED	198906597	6:00.19	+0.85
50m: 37.16	37.16	150m: 2:10.23	46.13	250m: 3:47.29	53.55
100m: 1:24.10	46.94	200m: 2:53.74	43.51	300m: 4:42.86	55.57
				SM14	
				350m: 5:23.02	40.16
				400m: 6:00.19	37.17

Masters 40+

1. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	5:27.18	+0.83
50m: 33.34	33.34	150m: 1:57.85	43.86	250m: 3:25.78	45.58
100m: 1:13.99	40.65	200m: 2:40.20	42.35	300m: 4:12.08	46.30
				350m: 4:49.86	37.78
				400m: 5:27.18	37.32
2. Frank v.d. Voordt	De Schotejil	NED	198302259	5:28.63	+0.76
50m: 32.96	32.96	150m: 1:55.39	43.68	250m: 3:25.88	48.03
100m: 1:11.71	38.75	200m: 2:37.85	42.46	300m: 4:13.58	47.70
				350m: 4:51.62	38.04
				400m: 5:28.63	37.01
3. Kristiaan Lenos	ZVL-1886 Center	NED	198301331	5:31.23	+0.74
50m: 32.56	32.56	150m: 1:55.50	44.54	250m: 3:26.51	46.58
100m: 1:10.96	38.40	200m: 2:39.93	44.43	300m: 4:14.09	47.58
				350m: 4:52.95	38.86
				400m: 5:31.23	38.28
4. Luc Steijvers	ZVL-1886 Center	NED	198201661	6:00.70	+0.77
50m: 34.80	34.80	150m: 2:08.57	49.39	250m: 3:47.36	50.50
100m: 1:19.18	44.38	200m: 2:56.86	48.29	300m: 4:38.20	50.84
				350m: 5:20.04	41.84
				400m: 6:00.70	40.66
5. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	6:19.78	+0.82
50m: 40.51	40.51	150m: 2:18.87	47.46	250m: 4:00.43	53.48
100m: 1:31.41	50.90	200m: 3:06.95	48.08	300m: 4:55.64	55.21
				350m: 5:36.84	41.20
				400m: 6:19.78	42.94

Masters 45+

1. Mark Hensen	Niemo Barracuda	NED	197900497	5:14.28	+0.84
50m: 31.04	31.04	150m: 1:48.21	40.87	250m: 3:14.19	46.35
100m: 1:07.34	36.30	200m: 2:27.84	39.63	300m: 4:00.56	46.37
				350m: 4:37.77	37.21
				400m: 5:14.28	36.51



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 17, Heren, 400m wisselslag, Masters 45+

rang	naam	vereniging		NED				tijd	RT	PARA
2.	Dennis Brouwers	HZPC		197800167				5:20.34	+0.80	
	50m: 34.88	34.88	150m: 1:56.84	38.78	250m: 3:21.38	46.80	350m: 4:44.53	35.97		
	100m: 1:18.06	43.18	200m: 2:34.58	37.74	300m: 4:08.56	47.18	400m: 5:20.34	35.81		
3.	Vincent Versteeg	Zwemlust- den Hommel		197701003				5:22.81	+0.76	
	50m: 34.68	34.68	150m: 1:59.31	42.81	250m: 3:25.48	43.64	350m: 4:46.99	36.43		
	100m: 1:16.50	41.82	200m: 2:41.84	42.53	300m: 4:10.56	45.08	400m: 5:22.81	35.82		

Masters 50+

1.	Bruno Nahon	Cercle De Natation Sportcity WolBEL		CNSW/000390/70				6:05.32		
	50m: 39.05	39.05	150m: 2:14.59	46.48	250m: 3:52.20	52.08	350m: 5:26.32	39.79		
	100m: 1:28.11	49.06	200m: 3:00.12	45.53	300m: 4:46.53	54.33	400m: 6:05.32	39.00		

Masters 55+

1.	Erlend Alstad	Oslo I.L.		NOR				5:33.88	+0.82	
	50m: 34.36	34.36	150m: 2:01.36	46.24	250m: 3:30.92	46.29	350m: 4:56.64	38.28		
	100m: 1:15.12	40.76	200m: 2:44.63	43.27	300m: 4:18.36	47.44	400m: 5:33.88	37.24		
2.	Hugues Herman	Cercle De Natation Sportcity WolBEL		CNSW/009743/66				5:55.35	+0.74	
	50m: 39.12	39.12	150m: 2:12.24	46.18	250m: 3:49.37	51.86	350m: 5:19.75	38.68		
	100m: 1:26.06	46.94	200m: 2:57.51	45.27	300m: 4:41.07	51.70	400m: 5:55.35	35.60		
3.	Jan-Willem van den Berg	WVZ		NED 196801575				6:02.30	+0.76	
	50m: 35.56	35.56	150m: 2:07.13	47.42	250m: 3:42.06	50.34	350m: 5:18.37	45.19		
	100m: 1:19.71	44.15	200m: 2:51.72	44.59	300m: 4:33.18	51.12	400m: 6:02.30	43.93		
4.	Eymert van Rooij	PSV		NED 196601631				6:18.21	+0.82	
	50m: 40.24	40.24	150m: 2:17.42	48.32	250m: 3:58.64	53.54	350m: 5:36.14	43.00		
	100m: 1:29.10	48.86	200m: 3:05.10	47.68	300m: 4:53.14	54.50	400m: 6:18.21	42.07		

Masters 60+

1.	Rob Spetter	De Rog		NED 196201239				6:23.88	+0.81	
	50m: 43.71	43.71	150m: 2:22.81	48.07	250m: 4:06.35	56.28	350m: 5:43.76	40.06		
	100m: 1:34.74	51.03	200m: 3:10.07	47.26	300m: 5:03.70	57.35	400m: 6:23.88	40.12		
2.	Ronald Grove	Triton		NED 196100161				6:39.25	+0.82	
	50m: 40.75	40.75	150m: 2:27.76	54.42	250m: 4:16.03	53.85	350m: 5:55.55	43.68		
	100m: 1:33.34	52.59	200m: 3:22.18	54.42	300m: 5:11.87	55.84	400m: 6:39.25	43.70		

Masters 65+

1.	Paul Bunnik	Triton		NED 195600413				7:17.70	+0.80	
	50m: 41.00	41.00	150m: 2:38.98	1:04.30	250m: 4:40.90	1:02.07	350m: 6:30.34	45.77		
	100m: 1:34.68	53.68	200m: 3:38.83	59.85	300m: 5:44.57	1:03.67	400m: 7:17.70	47.36		

Masters 80+

1.	Rob Hanou	PSV		NED 194300109				9:38.55	+1.12	
	<i>Nederlands Masters Record</i>									
	50m: 1:14.00	1:14.00	150m: 3:57.42	1:12.94	250m: 6:23.28	1:14.87	350m: 8:38.91	1:01.51		
	100m: 2:44.48	1:30.48	200m: 5:08.41	1:10.99	300m: 7:37.40	1:14.12	400m: 9:38.55	59.64		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18
04-05-2024 - 11:42

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	tijd	RT	PARA	
80+, Heren					
1.	Poseidon'56 Gerard Willighagen Sam Beer	Poseidon'56 +0.66 26.64 56.60 +0.45 28.11 1:00.56	NED Ryan van den Ouden Erik van Gemert	3:47.43 +0.35 25.72 55.13 +0.44 26.83 56.14	+0.66
2.	HZ&PC Heerenveen 1 Jorian Darwinkel Rob van Wier	HZ&PC Heerenveen +0.68 26.94 56.09 +0.43 28.96 1:01.34	NED Remco Dijkstra Richard Kuipers	3:52.84 +0.30 27.13 57.81 +0.42 26.57 57.60	+0.68
3.	Bubble 1 Hendrik Broekema Tim Speijer	Bubble +0.66 27.28 57.29 +0.39 26.61 55.84	NED Jorrik Kerdijk Kevin Vermeulen	3:53.60 +0.39 28.35 1:00.69 +0.37 27.88 59.78	+0.66
4.	MSV-Zeemacht 2 Jordi de Nijs Boyd Wijkman	MSV-Zeemacht +0.67 27.17 57.84 +0.40 27.79 1:00.00	NED Collin Schouten Mees Minneboo	3:59.33 +0.29 29.21 1:01.31 +0.45 27.04 1:00.18	+0.67
5.	ZOB'66 2 Boaz Troost Jaimy Voogt	ZOB'66 +0.72 29.88 1:04.66 +0.19 29.57 1:03.81	NED Julian Mes Nino van Krimpen	4:08.52 +0.43 28.31 1:00.56 +0.36 28.04 59.49	+0.72
100+, Heren					
1.	De Warande 1 Tom Balsen Versteeg Marijn in 't Veld	De Warande +0.59 27.44 56.58 +0.36 26.34 56.97	NED Craig Frankum Nicko Kamphuis	3:46.82 +0.33 27.88 59.77 +0.42 25.68 53.50	+0.59
2.	ZV Hoogland 1 Bas Dries Yuri van Omme	Zwemvereniging Hoogland +0.64 25.01 54.33 +0.35 28.91 1:00.93	NED Jeffrey Roest Kevin Roest	3:51.30 +0.29 28.18 58.77 +0.32 27.28 57.27	+0.64
3.	ESCA Zwemmen 2 Mees Laar Job Esink	ESCA Zwemmen +0.71 28.98 1:01.45 +0.31 31.89 1:07.85	NED Wessel Haverkamp Mike Schel	4:08.74 +0.22 27.60 59.40 +0.29 28.03 1:00.04	+0.71
120+, Heren					
1.	DAW 1 Luc Mul Paul Oudendijk	DAW +0.69 25.58 53.31 +0.56 29.66 1:03.26	NED Alex Damen Felix Geenen	3:49.86 +0.47 28.84 1:01.03 +0.30 24.60 52.26	+0.69
2.	ESCA Zwemmen 3 Jurje Stammes Sander de Vrugt	ESCA Zwemmen +0.72 27.49 57.28 +0.29 27.45 57.64	NED Tim de Vrugt Peter Rothengatter	3:50.71 +0.41 27.71 58.97 +0.37 27.29 56.82	+0.72
3.	Zuiderzeezwemmers 1 Bram van Heuven Gerko Versluis	Zuiderzeezwemmers +0.76 27.89 58.56 +0.31 29.76 1:04.65	NED Ilmar Stoop Jarick Stoop	4:00.43 +0.59 28.05 59.12 +0.10 27.28 58.10	+0.76
4.	De Schotejil 1 Jacob Mackloet Niels Albrechts	De Schotejil +0.68 27.17 56.81 +0.36 29.86 1:02.27	NED Frank v.d. Voordt David Kievit	4:03.16 +0.61 30.99 1:04.52 +0.33 28.10 59.56	+0.68
5.	Niemo Barracuda 2 Mark Hensen Thomas Hesper	Niemo Barracuda +0.82 28.24 58.84 +0.49 29.59 1:02.58	NED Robin van Beusekom Dennis Dortland	4:06.90 +0.38 30.02 1:03.46 +0.42 29.78 1:02.02	+0.82
6.	PSV 7 Basem Rashed Harold Matla	PSV +0.63 31.98 1:10.48 34.04 1:11.30	NED Andrea Guzzon Bas van den Akker	4:23.80 29.41 1:02.90 28.12 59.12	+0.63



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, 4 x 100m vrije slag

160+, Heren

1. ZPCH 1 Thomas Vastenhout Jasper van Heijst	ZPCH +0.64 26.31 56.23 +0.29 28.42 1:00.32	NED László Jüllich Ruud Holswilder	3:57.97 +0.48 30.07 1:03.77 +0.15 27.74 57.65	+0.64
2. ZPC AMERSFOORT 2 Martijn Bartels Erwin Buist	ZPC AMERSFOORT +0.78 28.63 59.90 +0.30 28.83 1:01.45	NED Johan Remmits Jelle Blankestijn	4:01.73 +0.32 30.11 1:03.68 +0.31 26.80 56.70	+0.78
3. ZOB'66 3 Ferry Blangé Ian van Mullem	ZOB'66 +0.73 29.92 1:05.17 +0.27 28.83 1:01.57	NED Pascal Tourton Ingmar de Gelder	4:18.60 +0.26 32.33 1:07.17 +0.55 31.19 1:04.69	+0.73
4. ZVL-1886 Center 2 Kristiaan Lenos Luc Steijvers	ZVL-1886 Center +0.73 28.97 59.72 +0.28 29.67 1:03.47	NED Emiel Volker Ingmar Kooman	4:21.25 +0.43 31.67 1:06.83 +0.19 32.38 1:11.23	+0.73
5. Sassenheim 2 Wesley van der Luit Bogdan Androne	Sassenheim +0.74 30.60 1:02.18 +0.47 33.41 1:10.70	NED Frank van Nobelen Arjan Buijsse	4:26.92 +0.29 32.23 1:06.94 +0.49 31.09 1:07.10	+0.74
6. Patrick-De Roersoppers (SG) 1 Eric Dumas Arno Schrauwen	Patrick-De Roersoppers (SG) +0.84 34.81 1:14.69 +0.24 34.17 1:12.70	NED Patrick Creemers Mike Jansen	4:27.00 +0.23 29.18 59.54 +0.18 28.19 1:00.07	+0.84
7. PSV 9 Mark Godwaldt Remco van der Graaf	PSV +0.80 32.50 1:08.58 +0.48 31.50 1:05.37	NED Arne-Willem Kroonen Tom Bandsma	4:32.11 +0.40 30.30 1:06.13 +0.82 32.92 1:12.03	+0.80

200+, Heren

1. Oslo I.L. 1 <i>Norwegian Masters Record</i> Øivind Martin Hasle Håkon Skaarud Karlsen	Oslo I.L. +0.82 27.31 56.23 +0.13 26.92 57.04	NOR Jarl Inge Melberg Erlend Alstad	3:55.83 +0.23 27.58 58.89 +0.37 30.71 1:03.67	+0.82
2. De Rog 2 Roy Le Clercq Wijnand Vergeest	De Rog +0.93 35.01 1:14.94 +0.63 34.69 1:12.57	NED Mark Kuin Arjan Verheij	4:47.78 +0.31 32.40 1:11.17 +0.51 32.58 1:09.10	+0.93

240+, Heren

1. De Rog 1 Erik Kamphuis Rob Spetter	De Rog +0.80 33.99 1:08.78 33.90 1:10.70	NED Peter Bernsen Glen Le Clercq	4:28.38 30.53 1:03.28 30.86 1:05.62	+0.80
2. PSV 8 Soan Thung André Pantekoek	PSV +0.77 31.42 1:06.43 +0.62 39.75 1:23.45	NED Menno Lomans Eymert van Rooij	4:53.64 +0.57 36.33 1:15.85 +0.53 32.84 1:07.91	+0.77
3. AZC 2 Peter Bootsma Wim de Lange	AZC +0.90 37.69 1:18.08 +0.54 36.54 1:18.42	NED Michael Go Geza Kaltenecker	5:29.30 +0.51 34.37 1:14.36 +0.68 46.83 1:38.44	+0.90

280+, Heren

1. SWOL 1894 3 Jappie Kuiper Be van der Ziel	SWOL 1894 +0.85 38.31 1:24.02 +0.66 44.21 1:33.05	NED Rob Berkhof Harry Dokter	5:48.56 +0.62 44.90 1:34.95 +0.43 35.95 1:16.54	+0.85
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80+, Dames

1. Hieronymus 1 Nadja Roovers Christel Brugmans	Hieronymus +0.70 29.89 1:02.46 +0.30 29.70 1:02.70	NED Roos Englebert Selene Wortel	4:07.97 +0.35 30.03 1:02.27 +0.27 29.00 1:00.54	+0.70
2. HZ&PC Heerenveen 2 Leonie van Wier Simone Mus	HZ&PC Heerenveen +0.71 30.08 1:03.03 +0.33 30.58 1:05.09	NED Lianne van Wier Inge Dekker	4:16.02 +0.43 29.80 1:03.45 +0.45 30.46 1:04.45	+0.71
3. Nederweert 1 Danique Klomp Femke de Wit	Nederweert +0.70 30.04 1:04.17 +0.44 30.76 1:05.91	NED Tamara Bloemers Dyonne Klomp	4:20.35 +0.54 30.12 1:06.78 +0.38 29.32 1:03.49	+0.70



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 18, Dames, 4 x 100m vrije slag, 80+

rang	vereniging	tijd	RT	PARA
4.	ESCA Zwemmen Moniek van Langevelde Sanne Landman	ESCA Zwemmen +0.74 30.05 1:03.08 30.89 1:06.16	NED Rachel Verburgt 34.01 Ellen ter Stege 31.96	4:30.78 +0.74 1:13.38 1:08.16
5.	Bubble 2 Marieke Speijer Esmee Kloezen	Bubble +0.84 35.45 1:16.67 +0.51 31.46 1:07.74	NED Laura Setz 29.33 Sanne Kloezen 30.10	4:31.37 +0.84 1:02.23 1:04.73
6.	ZPC AMERSFOORT 3 Jisca Majolée Lotte Eising	ZPC AMERSFOORT +0.90 32.66 1:09.41 +0.26 32.10 1:10.61	NED Michelle van Wijhe 31.77 Maddy van der Hoeven 32.10	4:36.34 +0.90 1:08.57 1:07.75

100+, Dames

1.	Nuenen 1 Susan Teijken Robin Goossens	Nuenen +0.73 30.02 1:02.93 +0.17 28.80 1:00.51	NED Merel Phaff Anneloes Peulen	4:06.68 +0.73 1:02.15 1:01.09
2.	Niemo Barracuda 3 Robin Pienaar Marijke Kommers	Niemo Barracuda +0.74 29.54 1:02.82 +0.36 32.68 1:09.61	NED Melissa van der Heijden Tamara van den Brink	4:26.69 +0.74 1:03.80 1:10.46
3.	ZOB'66 1 Rozemarijn van Haaff Nina Tourton	ZOB'66 +0.74 30.73 1:05.18 +0.33 32.94 1:10.28	NED Jet van Oudheusden Wendy de Bruin	4:31.60 +0.74 1:08.42 1:07.72
4.	De Duck 1 Marcella van der Ent Leontine Groeneveldt	De Duck +0.71 30.15 1:07.40 32.97 1:10.09	NED Kimberley van Buren Noa de Bock	4:34.03 +0.71 1:11.34 1:05.20
5.	Zuiderzeewimmers 2 Annemarie ten Have Dagmar Kruik	Zuiderzeewimmers +0.69 32.42 1:09.80 +0.35 32.60 1:07.36	NED Gaby Zittersteijn Lisanne Andeweg	4:34.89 +0.69 1:09.21 1:08.52
6.	PSV 4 Fiona Meuffels Larissa Jansen	PSV +0.70 31.45 1:06.33 +0.45 32.70 1:09.06	NED Anouk Kuijlaars Leonor Babo	4:38.60 +0.70 1:10.83 1:12.38
7.	TriVia 1 Esther Kwebeman Ilse Kramer	TriVia +0.79 35.64 1:15.77 +0.48 33.57 1:10.44	NED Heleen Arends Wendan Poelstra	4:45.73 +0.79 1:11.12 1:08.40
8.	Neptunus'58 1 Sandra Schellekens Naomi Janssen	Neptunus'58 +0.81 35.72 1:14.36 +0.47 34.64 1:12.93	NED Nana Dekkers Mirelle de Kort	4:47.09 +0.81 1:13.01 1:06.79

120+, Dames

1.	ACZ 1 Carmen Lems Carol Hollemans	ACZ +0.70 30.81 1:05.92 31.38 1:07.82	NED Roos van Esch 32.73 Iris van Rossum 32.26	4:29.76 +0.70 1:08.10 1:07.92
2.	MSV-Zeemacht 1 Amber van der Kruk Bianca Groot	MSV-Zeemacht +0.85 30.35 1:04.83 +0.36 33.75 1:10.61	NED Kyra Wesemann 32.75 Tessa van Dijk-Mosch 31.25	4:30.74 +0.85 1:07.89 1:07.41
3.	ZV Hoogland 2 Anne-Irene Ducheine Maaïke van Houten	Zwemvereniging Hoogland +0.70 32.37 1:07.99 +0.27 38.21 1:18.92	NED Marloes Manni 32.65 Angela Giezen 34.18	4:48.86 +0.70 1:09.28 1:12.67
4.	VZV Njord 2 Renee de Kok-Meeusen Annelieke Verriet	VZV Njord +0.59 35.11 1:15.17 +0.57 40.58 1:25.20	NED Karin Sagonas-Koolen 37.12 Inge Hertogh 34.21	5:11.38 +0.59 1:18.29 1:12.72

160+, Dames

1.	Sassenheim 3 Marianne de Bruin Yvonne van Nobelen - Kampschreur	Sassenheim +0.61 35.21 1:12.67 +0.25 36.96 1:19.76	NED Marinka vd Zwet 33.96 Rianne Hofland 32.33	4:54.02 +0.61 1:13.59 1:08.00
2.	De Rog 3 Karin Vermeer Sandra Van der Helm	De Rog +0.84 41.73 1:28.32 +0.62 43.02 1:29.13	NED Esther Vergeest 37.78 Dajenne Hurkmans 32.87	5:26.37 +0.84 1:18.30 1:10.62



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 18, 4 x 100m vrije slag

200+, Dames

1.	PSV 3 <i>Nederlands Masters Record, voor startzwemster</i>	PSV	NED	4:28.42	+0.81
	Kirsten Cameron	+0.81 31.37	1:03.28	Jeanne Petit	+0.47 33.85 1:11.24
	Liselotte Joling	+0.54 32.72	1:08.48	Carla Geurts	+0.36 31.00 1:05.42
2.	PSV 10	PSV	NED	4:55.62	+0.64
	Jenny Schouten	+0.64 31.07	1:04.17	Gudule van der Meer	+0.52 33.25 1:11.02
	Jolanda van Gendt	+0.41 36.04	1:17.64	Patty Verhagen	40.59 1:22.79
3.	LinK 1	LinK	NED	5:44.20	+0.89
	Annette Spies	+0.89 40.98	1:26.87	José Bodde	+0.20 43.03 1:27.97
	Elise Kenworthy	+0.54 40.67	1:26.24	Ilonka van der Meer	+0.74 40.05 1:23.12
DIS	De Geul 1 <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>	De Geul	NED		
	Marian Nederlof, Geerdien Meerwaldt, Marijke Campfens, Marcha Admiraal				

240+, Dames

1.	Steenwijk 1934 1	Steenwijk 1934	NED	5:55.65	+0.92
	Linda Wibbelink	+0.92 40.37	1:25.43	Wiina Heijman	+0.61 37.88 1:19.21
	Inge Soeters	+0.58 46.05	1:35.69	Monica Bakker	+0.65 45.96 1:35.32
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			5:56.90	+0.72
	Chiho Shoji	+0.72 36.05	1:15.39	Claire Anthony	+0.45 41.03 1:23.98
	Kathy Van Lindt	+0.58 41.79	1:26.78	Fernande Blondeel-Gourmet	+0.54 53.62 1:50.75

280+, Dames

1.	PSV 6	PSV	NED	7:20.83	+0.94
	Anje Manuputty	+0.94 47.93	1:42.13	Ineke Brouwers	+0.43 56.71 2:01.53
	Carla Hensen	+0.90 47.86	1:41.73	Gonnie Bak	+0.64 52.66 1:55.44

80+, Gemengd

1.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	3:58.57	+0.68
	Louis Kappler	+0.68 26.20	54.42	Sophie Stekelenburg	+0.33 29.81 1:03.41
	Fayssal Lantema	+0.44 27.01	57.75	Manon Kloosterman	+0.36 29.57 1:02.99
2.	ZVL-1886 Center 1	ZVL-1886 Center	NED	4:03.91	+0.68
	Guus Hoogduin	+0.68 27.96	59.31	Robin van Beek	+0.28 26.98 56.22
	Silke Molendijk	+0.51 29.31	1:00.88	Lonneke Graansma	+0.45 31.56 1:07.50
3.	De Columbiaan 1	De Columbiaan	NED	4:07.72	+0.76
	Daniëlle Vis	+0.76 31.90	1:08.03	Daan Hogerhuis	+0.46 25.23 53.54
	Kim de Jong	+0.49 33.31	1:10.29	Bert Duivenvoorde	+0.54 26.42 55.86
4.	De Amstel 1	De Amstel	NED	4:15.01	+0.82
	Iris Bastiaansen	+0.82 32.79	1:09.99	Owen Michels	+0.34 28.23 1:00.17
	Iris van der Moolen	+0.39 32.19	1:08.06	Nick Sijmons	+0.40 26.33 56.79
5.	Westland Swimming Stars 1	Westland Swimming Stars	NED	4:22.25	+0.69
	Nick Boekestijn	+0.69 29.05	1:00.24	Anouk van der Lans	+0.45 33.82 1:11.96
	Patrick Wyrdeeman	+0.48 30.16	1:03.20	Kim de Jong	+0.42 31.31 1:06.85

100+, Gemengd

1.	VZC 1 <i>Nederlands Masters Record, NMR voor startzwemster</i>	VZC	NED	3:52.06	+0.74
	Marjolein Delno	+0.74 28.78	58.83	Olaf Achterberg	+0.43 27.02 56.46
	Jelle Nap	+0.53 26.69	56.07	Tess Panjer	+0.55 29.25 1:00.70
2.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	4:05.97	+0.68
	Tom van Gils	+0.68 29.69	1:02.49	Eva van Elsen	+0.52 30.56 1:05.39
	Babet de Voogd	+0.61 29.48	1:02.67	Kalle van Gemert	+0.34 26.01 55.42
3.	De Gellenberg 1	De Gellenberg	NED	4:17.46	+0.57
	Lisa Brouwer	+0.57 34.88	1:14.22	Kim van Dongen	29.78 1:03.55
	Roel van der Kruijs	28.83	1:00.75	Jochem Janssen	27.57 58.94
4.	ZPC Woerden 1	ZPC Woerden	NED	4:18.54	+0.63
	Milan de Roo	+0.63 28.36	59.85	Daphne Dols	33.45 1:12.62
	Ilse van den Wijngaard	32.43	1:08.45	Ian Terlouw	26.83 57.62

Programmanr. 18, Gemengd, 4 x 100m vrije slag, 100+

rang	vereniging				tijd	RT	PARA
5.	SWOL 1894 4	SWOL 1894	NED		4:21.52	+0.72	
	Lieke van Essen	+0.72 31.47	1:05.89	Huub Scholing	+0.37 30.10	1:02.97	
	Beau Rijpers	+0.30 32.30	1:08.68	Hugo Herbers	+0.48 29.63	1:03.98	
6.	Patrick-De Roersoppers (SG) 2	Patrick-De Roersoppers (SG)	NED		4:21.56	+0.91	
	Pascalie Janssen	+0.91 34.55	1:14.40	Daan Wijnands	+0.41 27.73	58.31	
	Senna Bongartz	+0.21 34.42	1:11.84	Luuk Kresin	+0.34 27.26	57.01	
7.	De Rijn 1	De Rijn	NED		4:28.50	+0.74	
	Vivian Gravemaker	+0.74 31.57	1:06.79	Rick van Nieuwenhuizen	32.61	1:11.35	
	Nienke Lammers	32.43	1:08.78	Jeroen Louwinger	28.95	1:01.58	

120+, Gemengd

1.	WVZ 3 <i>Nederlands Masters Record</i>	WVZ	NED		3:54.62	+0.66	
	Delia Badoux	+0.66 29.48	1:01.86	Jasper Breugem	+0.36 26.75	56.87	
	Leonie van Noort	+0.46 28.62	59.94	Sander Kirillova	+0.15 26.26	55.95	
2.	Niemo Barracuda 1	Niemo Barracuda	NED		3:56.51	+0.71	
	Jeroen Baars	+0.71 25.22	53.10	Amber Hesper	+0.39 29.17	1:02.52	
	Pascal van Haren	+0.36 27.36	57.98	Denise Boereboom	+0.32 29.38	1:02.91	
3.	Poseidon'56 2	Poseidon'56	NED		4:08.76	+0.74	
	Rianne Bresser	+0.74 31.35	1:06.75	Jim Geestman	+0.36 27.41	58.52	
	Kelly de Jonge	+0.38 30.54	1:05.18	John Smit	+0.47 27.10	58.31	
4.	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		4:12.08	+0.62	
	Tom van den Akker	+0.62 27.78	58.47	Marije Jansen	+0.25 30.02	1:04.56	
	Marjan Remmits-de Lange	+0.31 33.50	1:10.87	Jelle Opmeer	+0.20 27.26	58.18	
5.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL				4:19.09	+0.74	
	Joshua Da Silva Ferra	+0.74 28.32	1:01.28	Coralie Schoemans	+0.43 30.59	1:04.25	
	Olivier Bresoux	+0.47 34.54	1:10.92	Stéphanie Schoemans	+0.11 29.59	1:02.64	
6.	Steenwijk 1934 2	Steenwijk 1934	NED		4:19.71	+0.75	
	Robert Braad	+0.75 29.04	1:00.21	Rick Driezen	+0.42 28.58	1:01.32	
	Ageeth de Haan	+0.30 31.48	1:07.80	Getrude Corporaal	+0.59 33.40	1:10.38	
7.	Aqua-Novio '94 1	Aqua-Novio '94	NED		4:21.18	+0.75	
	Joey Papaioannou	+0.75 27.68	58.28	Steven Uijl	+0.30 26.89	58.07	
	Petra Guijt	+0.14 34.38	1:12.95	Djamari Oetringer	+0.40 33.74	1:11.88	
8.	AZC 1	AZC	NED		4:23.19	+0.68	
	Jeroen Matthijssen	+0.68 27.69	58.00	Monique van Huizen	+0.45 32.29	1:08.05	
	Jessica Braat	+0.38 33.26	1:09.75	Patrick Brouwer	+0.47 31.90	1:07.39	
9.	De Duck 2	De Duck	NED		4:28.77	+0.78	
	Judith Kleinjan	+0.78 34.40	1:13.20	Geraldine Trainor	35.15	1:13.43	
	Ryan van der Sluijs	31.93	1:06.44	Jesper Oranje	26.71	55.70	
10.	WVZ 4	WVZ	NED		4:30.14	+0.69	
	Lauren van IJl	+0.69 30.75	1:05.48	Markus van Rest	+0.30 30.79	1:06.08	
	Linda Hoogendam	+0.51 36.68	1:18.46	Jordy van Oel	+0.21 28.59	1:00.12	
11.	Club Nautique Val de Fensch 1	Club Nautique Val de Fensch	FRA		4:43.86	+0.55	
	Bénédicté Yax	+0.55 29.97	1:03.68	Lucie Terver	+0.42 32.92	1:08.50	
	Xavier Schuster	+0.62 41.32	1:30.90	Jean Terver	+0.27 28.81	1:00.78	

160+, Gemengd

1.	ZVVS 1	ZVVS	NED		4:37.94	+0.78	
	Bas van den Nouwelant	+0.78 31.38	1:04.91	Nadya Putter	+0.59 32.96	1:09.61	
	Karin Stein	+0.68 37.47	1:18.93	Bram Piederiet	+0.28 29.92	1:04.49	
2.	HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED		4:41.14	+0.71	
	Romy Jalving	+0.71 33.25	1:10.91	Peggy Hurenkamp	+0.64 36.52	1:18.54	
	Jan-Eggo Huininga	+0.60 31.15	1:06.70	Marten de Groot	+0.31 31.34	1:04.99	
3.	DES 1	DES	NED		4:41.70	+0.69	
	Bart Weiland	+0.69 27.38	57.35	Pieter-Sjoerd de Wijn	+0.03 34.53	1:12.93	
	Louise Schets	+0.75 36.43	1:19.67	Anne Aarts	+0.44 33.78	1:11.75	
4.	DWK 1	DWK	NED		4:55.08	+0.92	
	Jennie Resink-lindeboom	+0.92 41.76	1:28.19	Lars Jacobsen	+0.50 29.68	1:03.03	
	Martijn de Jong	+0.68 34.29	1:11.23	Iris van Aurich	+0.56 34.40	1:12.63	
5.	ESCA Zwemmen 4	ESCA Zwemmen	NED		5:09.41	+0.85	
	Wridzer Bakker	+0.85 33.61	1:12.17	Karin van der Star-Verhoeven	+0.16 37.13	1:18.95	
	Irmgard van Weeghel	+0.55 37.45	1:19.93	Paul Rutten	+0.46 36.42	1:18.36	

Programmanr. 18, 4 x 100m vrije slag

200+, Gemengd

1.	ZPC AMERSFOORT 1 <i>Nederlands Masters Record, NMR voor startzwemmer</i>	ZPC AMERSFOORT	NED	4:14.66	+0.75			
	Chester Marsman	+0.75	28.14	59.31	Lesley Cordial	+0.38	31.98	1:08.49
	Lidia v. Bon-Rosenbrand	+0.21	31.31	1:06.28	Rob van Vliet	+0.23	28.42	1:00.58
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity Wol	BEL	4:26.40	+0.65				
	Nathalie Blondeel	+0.65	33.02	1:08.90	Martin Mikolas	+0.29	29.55	1:03.50
	Valérie Rolland	+0.44	34.12	1:10.84	Hugues Herman	+0.51	30.10	1:03.16
3.	De Biesboschzwemmers 3	De Biesboschzwemmers	NED	4:26.98	+0.93			
	Henri Verschoor	+0.93	31.29	1:06.72	Marjo Goelema-Koek		32.25	1:09.93
	Harry Cornet		29.51	1:01.96	Anne-Marie Verschoor-Vos		31.63	1:08.37
4.	Westland Swimming Stars 2	Westland Swimming Stars	NED	4:41.36	+1.04			
	Mark Nuijten	+1.04	35.36	1:13.58	Mirjan den Drijver	+0.20	34.71	1:13.36
	Pieter Broek	+0.73	30.62	1:04.24	Netty Burik-Geijsen	+0.25	33.26	1:10.18
5.	De Duinkickers 1	De Duinkickers	NED	4:56.68	+0.85			
	Robert de Brauwer	+0.85	33.62	1:12.34	Esther Poortvliet - Koedam	+0.82	33.78	1:11.08
	Mathieu Rikken	+0.28	33.16	1:10.17	Saskia op den Velde	+0.48	38.73	1:23.09
6.	Old Dutch 1	Old Dutch	NED	5:05.27	+1.13			
	Pieter Huslage	+1.13	43.02	1:28.27	Patricia Brooijmans	+0.66	33.30	1:09.27
	Adriaan Kop	+0.53	36.92	1:15.94	Chantal Verhoeff	+0.52	33.91	1:11.79

280+, Gemengd

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV	NED	5:32.19	+0.84			
	Brend Brevé	+0.84	34.92	1:12.44	Katrin Pennings	+0.58	34.62	1:13.75
	Esther van Lohuizen	+0.50	35.24	1:12.92	Nic Geers	+0.65	55.49	1:53.08

320+, Gemengd

DIS	PSV 1	PSV	NED		
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>				
	Corrie Verhoeven, Lottje Geurts, Jan Nuijten, Rob Hanou				

5 - ONMK 2024 lb Sessie 5

04-05-2024 - 13:30

Programmanr. 20
04-05-2024 - 13:30

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Kim Jansen van Galen	PSV	NED 200201594	34.25	+0.70	
2.	Tessa Loos	Nuene	NED 200200608	35.48	+0.65	
3.	Silke Molendijk	ZVL-1886 Center	NED 200100178	35.52	+0.68	
4.	Lisanne Boets	ZPC De Kanaalstreek	NED 200200346	35.73	+0.75	
5.	Janice Provoost	De Bevelanders	NED 200303076	36.02	+0.69	
6.	Judith Houtvast	Hellas-Glana	NED 200300714	36.18	+0.65	
7.	Iris Le Clercq	De Rog	NED 200401404	36.49	+0.66	
8.	Kim van Dongen	De Gelenberg	NED 200400140	36.52	+0.67	
9.	Esther Tiemersma	Nayade	NED 200202962	36.72	+0.67	
10.	Tara Schuurman	Deltasteur	NED 200400386	36.98	+0.67	
11.	Lisanne Seising	VZC	NED 200002084	37.14	+0.73	
12.	Kim Zwinkels	ZPCH	NED 200300422	37.22	+0.73	
13.	Coralie Schoemans	Cercle De Natation Sportcity Wolbe	BEL CNSW/009350/02	37.43	+0.70	
14.	Sanne Kloezen	Bubble	NED 200204644	37.49	+0.75	
15.	Malin Beuse	SG Bayer	GER 262348	37.81	+0.70	
16.	Lauren van IJl	WVZ	NED 200001064	38.29	+0.69	
17.	Amber Hesper	Niemo Barracuda	NED 200202188	38.30	+0.79	
18.	Michelle van Wijhe	ZPC AMERSFOORT	NED 200402196	38.37	+0.72	
19.	Kim de Jong	De Columbiaan	NED 200301026	38.45	+0.77	
20.	Ilse Valk	Het Ravijn	NED 200000172	38.66	+0.66	
21.	Mirelle de Kort	Neptunus'58	NED 200005546	38.67	+0.75	
22.	Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	38.99	+0.75	
23.	Daniëlle Vis	De Columbiaan	NED 200401044	39.06	+0.73	
24.	Rozemarijn van Haaff	ZOB'66	NED 200201852	39.10	+0.73	
25.	Cerisa van Kesteren	ZPCH	NED 200105934	39.11	+0.70	
26.	Anna Tiemersma	Octopus-ZVV (SG)	NED 200400686	39.37	+0.74	
27.	Kim de Jong	Westland Swimming Stars	NED 200401522	39.39	+0.71	
28.	Vivian Gravemaker	De Rijn	NED 200400058	39.50	+0.71	
29.	Melissa Schuurman	EZCL (SG)	NED 200006800	39.51	+0.66	
30.	Esmée van Peer	TriVia	NED 200201114	39.83	+0.73	
31.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	39.96	+0.67	
32.	Inge Dekker	HZ&PC Heerenveen	NED 200200476	40.03	+0.74	
33.	Maddy van der Hoeven	ZPC AMERSFOORT	NED 200401298	40.23	+0.81	
34.	Romy van der Zwan	Scheldestroom	NED 200403826	40.36	+0.76	
35.	Jet van Oudheusden	ZOB'66	NED 200401012	40.60	+0.81	
36.	Marielle van der Vaart	ZVVS	NED 200000994	40.70	+0.74	
37.	Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	40.92	+0.69	
38.	Noa de Bock	De Duck	NED 200300318	40.94	+0.70	
39.	Nienke Lammers	De Rijn	NED 200200806	41.25	+0.84	
40.	Inge Hertogh	VZV Njord	NED 200101052	41.80	+0.77	
41.	Esmee Kloezen	Bubble	NED 200204646	41.94	+0.77	
42.	Romée Jabben	Dedemsvaart-AC	NED 200404426	42.18	+0.80	
43.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	42.36	+0.76	
44.	Ilse Kramer	TriVia	NED 200403072	43.41	+0.73	
45.	Lisa Brouwer	De Gelenberg	NED 200302384	44.29	+0.75	

Masters 25+

1.	Selene Wortel	Hieronymus	NED 199700654	34.57	+0.66	
2.	Hannah Schellekens	TRB-RES	NED 199706614	35.46	+0.63	
3.	Susan Teijken	Nuene	NED 199504592	35.67	+0.74	
4.	Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	35.93	+0.70	
5.	Lonneke Graansma	ZVL-1886 Center	NED 199900936	36.76	+0.72	
6.	Eva van Elsen	ZPC De Zeeuwse Kust	NED 199903026	37.11	+0.70	
7.	Nadja Roovers	Hieronymus	NED 199800798	37.20	+0.70	
8.	Marijke Drent	Bubble	NED 199906232	37.58	+0.79	
9.	Fiona Meuffels	PSV	NED 199504366	37.89	+0.67	



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Programmanr. 20, Dames, 50m schoolslag, Masters 25+

rang	naam	vereniging		tijd	RT	PARA
10.	Melissa van der Heijden	Niemo Barracuda	NED 199605226	38.13	+0.54	
11.	Karin Groen	ZPC De Kanaalstreek	NED 199502440	38.47	+0.64	
12.	Sabien Timmers	Vivalo	NED 199904440	38.67	+0.70	
13.	Katrin Diercks	SG Aumund - Vegesack	GER 197466	38.81	+0.71	
14.	Dagmar Kruik	Zuiderzeezwemmers	NED 199800008	38.98	+0.67	
15.	Gaby Zittersteijn	Zuiderzeezwemmers	NED 199700104	39.38	+0.71	
16.	Marre Zandringa	Orca	NED 199701136	39.76	+0.67	
17.	Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	39.96	+0.77	
18.	Daphne Dols	ZPC Woerden	NED 199904622	40.08	+0.68	
19.	Kelly Wigleven	Poseidon'56	NED 199500058	40.84	+0.79	
20.	Maartje Hids	ZVL-1886 Center	NED 199903042	40.89	+0.78	
21.	Tamara van den Brink	Niemo Barracuda	NED 199804182	41.11	+0.72	
22.	Ageeth de Haan	Steenwijk 1934	NED 199901022	41.56	+0.74	
23.	Annemarie ten Have	Zuiderzeezwemmers	NED 199802662	41.67	+0.70	
24.	Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	41.98	+0.68	
25.	Rianne Bresser	Poseidon'56	NED 199900690	42.24	+0.75	
26.	Lotte de Vente	Het Ravijn	NED 199905814	42.95	+0.86	
27.	Marit van Tilburg	SBC2000	NED 199701208	43.15	+0.79	
28.	Iris van der Moolen	De Amstel	NED 199902052	43.25	+0.83	
29.	Danique de Vegt	ESCA Zwemmen	NED 199802692	43.89	+0.82	
30.	Iris Bastiaansen	De Amstel	NED 199902006	46.02	+0.80	
31.	Michela Scicluna	San Giljan ASC	MLT 0277695M	46.67	+0.92	
32.	Catannia Nortan	ZPC AMERSFOORT	NED 199904400	48.01	+0.79	

Masters 30+

1.	Miranda Nijenhuis	De Columbiaan	NED 199204076	35.94	+0.76	
2.	Karin Verbeek	Nautilus	NED 199201848	38.07	+0.64	
3.	Marie Tigges	SSF Bonn	GER 178462	38.62	+0.66	
4.	Ines Muiwijk	MNC Dordrecht	NED 199202858	40.03	+0.64	
5.	Beau Rijpers	SWOL 1894	NED 199402638	40.35	+0.75	
6.	Roxanne van Bavel	Poseidon'56	NED 199407378	40.36	+0.69	
7.	Marijke Kommers	Niemo Barracuda	NED 199305334	40.57	+0.82	
8.	Simone Hendrikse	PSV	NED 199005446	40.92	+0.84	
9.	Jisca Majolée	ZPC AMERSFOORT	NED 199403570	41.49	+0.83	
10.	Elke Schellekens	Neptunus'58	NED 199301550	45.79	+0.80	

Masters 35+

1.	Daniëlle Reijnders	AquAmigos	NED 198504234	36.20	+0.65	
2.	Sabine Zimmermann	Aachener SV 06	GER 101578	38.88	+0.72	
3.	Anna Maria Rijkens	TRI-X-Kufstein	AUT 48398	39.91	+0.72	
4.	Esther van Maastrigt	Montferland	NED 198802836	40.86	+0.74	
5.	Ilse van den Wijngaard	ZPC Woerden	NED 198904736	41.78	+0.78	
6.	Marlies Jehoel-van As	PSV	NED 198500074	41.91	+0.73	
7.	Mariska Kroon-Zaal	AZC	NED 198806916	42.26	+0.76	
8.	Nanda van Heteren	PSV	NED 198901728	42.84	+0.89	
9.	Maaïke van Diggele	De Geul	NED 198700868	42.90	+0.85	
10.	Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	43.34	+0.86	
11.	Monique Kok	Octopus-ZVV (SG)	NED 198605398	47.94	+0.78	

Masters 40+

1.	Laura Badoux <i>Nederlands Masters Record</i>	DAW	NED 198200038	35.83	+0.76	
2.	Anne-Marie Verschoor-Vos	De Biesboschzwemmers	NED 198102300	39.98	+0.81	
3.	Renee de Kok-Meeusen	VZV Njord	NED 198403350	42.28	+0.68	
4.	Nadya Putter	ZVVS	NED 198301630	42.30	+0.74	
5.	Angela Giezen	Zwemvereniging Hoogland	NED 198302796	42.62	+0.76	
6.	Michelle de Villiers	Hellas-Glana	NED 198302944	43.27	+0.74	
7.	Ieva Karpaviciute	Kauno Takas	LTU	44.19	+0.84	
8.	Karin Vermeer	De Rog	NED 198302918	51.16	+0.94	

Programmanr. 20, Dames, 50m schoolslag

Masters 45+

1.	Jeanette Seitz	SSV Ulm 1846	GER	066368	37.57	+0.73
2.	Inge Roskam	De Duinkickers	NED	197801296	39.83	+0.70
3.	Geraldine Trainor	De Duck	NED	197500544	40.65	+0.77
4.	Rachel Trainor	De Duck	NED	197700670	42.44	+0.87
5.	Monica Korndewal	ZPC AMERSFOORT	NED	197701258	43.49	+0.90
6.	Laura de Pazos Ortega	SSF Bonn	GER	444685	44.01	+0.56
7.	Jessica Venema	GZC DONK	NED	197901526	44.26	+0.83
8.	Marian Nederlof	De Geul	NED	197600950	45.27	+0.82
9.	Ilonka van der Meer	Link	NED	197601168	46.39	+0.88
10.	Esther Vergeest	De Rog	NED	197700012	48.17	+0.81
11.	Nicolette Zuidema	SWOL 1894	NED	197500978	51.07	+0.78
12.	Jessica van Velzen	SWOL 1894	NED	197601122	53.24	+0.97
NG	Vanessa De Bleyser	Brabo Zwemclub Antwerpen	BEL	BRABO/2145777		

Masters 50+

1.	Katharina Schlipp	De Vliet (SG)	NED	197301004	39.91	+0.62
2.	Karin Stein	ZVVS	NED	197100554	41.22	+0.75
3.	Edith Janssen-Koolen	TRB-RES	NED	197300898	41.44	+0.72
4.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852	41.52	+0.89
5.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	42.39	+0.80
6.	Annette de Visser	Oceanus	NED	197100602	42.86	+0.83
7.	Hilly Brugmans	Hieronymus	NED	197001112	43.10	+0.82
8.	Regine Beckers-Stribos	De Rog	NED	197000492	43.24	+0.84
9.	Marjolein Klunne	Hieronymus	NED	197101098	49.55	+0.85
10.	Martine Stahlie-Bos	TriVia	NED	197401054	49.64	+0.86
11.	Evelien Naatje	WS Twente	NED	197200838	51.16	+0.94
12.	Ria Winters	Feijenoord Albion Zwemclub	NED	197001116	51.39 *	+0.70
13.	Petra Ellul Mercer	San Giljan ASC	MLT	545873M	52.24	+0.77
		<i>Maltese Masters Record</i>				
14.	Judith Sijbers	PSV	NED	197301030	52.34	+0.88
NG	Yvette Ratering	SG CWW Swim Team	NED	197200990		

Masters 55+

1.	Marjo Goelema-Koek	De Biesboschzweimmers	NED	196900192	37.10	+0.72
		<i>Nederlands Masters Record</i>				
2.	Jacqueline Tuin	DAW	NED	196600690	39.89	+0.76
3.	Annette Korving-Leijenaar	Aqualero	NED	196700662	44.18	+0.83
4.	Irna van der Molen	WS Twente	NED	196900938	47.47	+0.81
5.	Sandra Daamen-Posma	AZC	NED	196800854	50.54	+0.93

Masters 60+

1.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	43.19	+0.81
2.	Jacqueline Rolloos-Bakkers	Niemo Barracuda	NED	196300222	44.79	+0.82
3.	Wilna Heijman	Steenwijk 1934	NED	196400506	47.97	+0.83
4.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	49.90	+0.85
5.	Lia Bijkerk	GZC DONK	NED	196000014	50.16	+0.87
6.	Jenny Westervaarder	H2Oldambt	NED	196200424	55.01	+0.97

Masters 65+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	46.36	+0.77
2.	Linda Wibbelink	Steenwijk 1934	NED	195900158	47.03	+0.71
3.	Hannie Poletiek	TriVia	NED	195900278	51.82	+1.06
4.	Anje Manuputty	PSV	NED	195700176	58.73	+0.87
5.	Karien Musters	Old Dutch	NED	195800236	1:07.47	+0.60



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Programmanr. 20, Dames, 50m schoolslag

Masters 70+

1.	Gonnie Bak	PSV	NED	195100064	58.18	+0.93
2.	Ineke Brouwers	PSV	NED	195200070	1:00.08	+1.06
3.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WolBEL	BEL	CNSW/004901/52	1:07.80	+0.90
4.	Maryse Van Cant	Brabo Zwemclub Antwerpen	BEL	BRABO/20389/54	1:11.20	+0.96
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:20.42	+1.47

Masters 75+

1.	Corrie Verhoeven <i>Nederlands Masters Record</i>	PSV	NED	194600026	48.35	+0.89
2.	Bea Swijnenberg	SWOL 1894	NED	194900010	50.60	
3.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	56.95	

Masters 85+

1.	Marie Smits <i>Nederlands Masters Record</i>	Old Dutch	NED	193800004	1:12.14	+1.12
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Masters 95+

1.	Marianne Maandonks	PSV	NED	192600004	2:17.88 *	
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Programmanr. 21
04-05-2024 - 13:53

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Mart de Koning	ZOB'66	NED	200203253	30.91	+0.69	
2.	Lucas Douwma	ZPCH	NED	200401337	31.03	+0.64	
3.	Robin Schols	ACZ	NED	200400433	31.46	+0.65	
4.	Thomas Vastenhout	ZPCH	NED	200204545	31.54	+0.66	
5.	Erik van Gemert	Poseidon'56	NED	200300587	31.72	+0.70	
6.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	31.76	+0.63	
7.	Robin van Peenen	ZVL-1886 Center	NED	200201059	31.90	+0.77	
8.	Jelle Opmeer	ZPC AMERSFOORT	NED	200100269	32.25	+0.65	
9.	Bas van den Akker	PSV	NED	200204651	32.39	+0.65	
10.	Tim Speijer	Bubble	NED	200301661	32.58	+0.68	
11.	Luke Looymans	Z&PC Zegenwerp	NED	200203689	32.61	+0.68	
12.	Thijn Damen	PSV	NED	200300973	32.75	+0.69	
13.	Junior Vermeulen	De Bevelanders	NED	200103363	32.85	+0.66	
14.	Ilmar Stoop	Zuiderzeewemmers	NED	200100871	32.97	+0.66	
15.	Thomas Hesper	Niemo Barracuda	NED	200004181	33.00	+0.81	
16.	Tom van den Akker	ZPC AMERSFOORT	NED	200204653	33.71	+0.61	
17.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	34.05	+0.69	
18.	Esper Paans	ZZ&PC De Devel	NED	200100607	34.12	+0.70	
19.	Milan de Roo	ZPC Woerden	NED	200102215	34.27	+0.60	
20.	Marijn in 't Veld	De Warande	NED	200002907	34.40	+0.60	
21.	Rens Hoogenboom	Neptunus'58	NED	200403893	34.59	+0.63	
22.	Mees Minneboo	MSV-Zeemacht	NED	200203465	34.82	+0.64	
23.	Lucas Muntinga	ZPCH	NED	200300123	35.03	+0.64	
24.	Owen Michels	De Amstel	NED	200402293	35.07	+0.68	
25.	Nino van Krimpen	ZOB'66	NED	200004611	35.27	+0.63	
26.	Boaz Troost	ZOB'66	NED	200100371	35.42	+0.73	
27.	Julian Mes	ZOB'66	NED	200103755	36.04	+0.71	
28.	Lanco Manaf	Het Ravijn	NED	200402715	36.33	+0.69	
29.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	36.69	+0.70	
30.	Basem Rashed	PSV	NED	200305111	38.12	+0.62	
31.	Ryan van der Sluijs	De Duck	NED	200105571	40.31	+0.70	

Programmanr. 21, Heren, 50m schoolslag

Masters 25+

1.	Max Peters	Nuene	NED	199903123	29.37	+0.63
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	30.52	+0.67
3.	Bert Duivenvoorde	De Columbiaan	NED	199701805	30.88	+0.72
4.	Felix Geenen	DAW	NED	199501085	31.14	+0.72
5.	Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	31.18	+0.64
6.	Jurre Stammes	ESCA Zwemmen	NED	199701843	31.22	+0.76
7.	Nicko Kamphuis	De Warande	NED	199900887	31.47	+0.64
8.	Sander Kirillova	WVZ	NED	199800121	31.85	+0.65
9.	Mikel Mugarza Pascual	Cercle De Natation Sportcity WolBEL	CNSW	013888/99	32.06	+0.65
10.	Ryan van den Ouden	Poseidon'56	NED	199900377	32.12	+0.79
11.	Jarick Stoop	Zuiderzeezwemmers	NED	199604181	32.21	+0.70
12.	Nick Sijmons	De Amstel	NED	199500491	32.24	+0.72
13.	Jelle Nap	VZC	NED	199502875	32.62	+0.72
14.	Vladislavs Svarnovics	DES	NED	199605925	32.88	+0.79
15.	Kevin Kingma	ACZ	NED	199700559	32.90	+0.71
16.	Nick Bongers	SBC2000	NED	199800843	33.05	+0.70
17.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	33.32	+0.70
18.	Sam Beer	Poseidon'56	NED	199605521	34.05	+0.71
19.	John Smit	Poseidon'56	NED	199500613	34.17	+0.70
20.	Edoardo De Santis	Fonte Meravigliosa Sport	ITA		35.16	+0.76
21.	Laurens Spoelstra	WS Twente	NED	199901273	35.89	+0.77
22.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	36.83	+0.73
23.	Jorrik Kerdijk	Bubble	NED	199602135	37.26	+0.69
24.	Marijn Heetkamp	Het Ravijn	NED	199903407	37.72	+0.75
25.	Ian van Mullem	ZOB'66	NED	199602545	37.77	+0.70
26.	Jeroen van Dinther	Neptunus'58	NED	199701569	37.84	+0.71
27.	Tom van Gils	ZPC De Zeeuwse Kust	NED	199501799	37.93	+0.67
28.	Nick Boekestijn	Westland Swimming Stars	NED	199900291	38.24	+0.63
29.	Mathijs Krieger	EZCL (SG)	NED	199905361	38.36	+0.80
30.	Rob van Wier	HZ&PC Heerenveen	NED	199900697	39.13	+0.80
31.	Job Esink	ESCA Zwemmen	NED	199801699	41.66	+0.77

Masters 30+

1.	Simon Edenburg	Onderdak	NED	199301567	30.55	+0.70
2.	Jeroen Baars	Niemo Barracuda	NED	199200031	30.65	+0.70
3.	Kevin Panoet	Blue Marlins	NED	199307253	31.01	+0.69
4.	Stefan Petersen	Blue Marlins	NED	199403067	31.10	+0.66
5.	Daniel Castillo Montoya	ZVL-1886 Center	NED	199406779	31.38	+0.68
6.	Jesper Oranje	De Duck	NED	199200997	32.48	+0.69
7.	Patrick Creemers	Patrick-De Roersoppers (SG)	NED	199000579	33.69	+0.70
8.	Steven Uijl	Aqua-Novio '94	NED	199304075	34.32	+0.67
9.	Bram Siebers	EZCL (SG)	NED	199302241	34.37	+0.79
10.	Fabian Tristan Niessen	SSF Bonn	GER	343535	34.79	+0.78
11.	Robin van Beusekom	Niemo Barracuda	NED	199205841	35.96	+0.77
12.	Sonny Corré	Onderdak	NED	199303615	36.10	+0.78
13.	Marten Ettema	HZ&PC Heerenveen	NED	199007703	36.41	+0.75
14.	Jose Horcas Nieto	ZVL-1886 Center	NED	199307445	36.49	+0.77
15.	Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	36.94	+0.83
16.	Craig Frankum	De Warande	NED	199007759	36.95	+0.70
17.	Karlo Kok	Zwemvereniging Hoogland	NED	199101265	38.02	+0.69
18.	Ruben Stolk	ZOB'66	NED	199005665	39.14	+0.73
19.	Jean Terver	Club Nautique Val de Fensch	FRA	314113	39.41	+0.88
20.	Rutger Curfs	SWOL 1894	NED	199402893	41.71	+0.83

Masters 35+

1.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	31.37	+0.62
2.	Ievgenii Gerasimenko	Swimming Luxembourg	LUX	15841	32.23	+0.72
	<i>Luxembourg Masters Record</i>					
3.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	32.65	+0.73
4.	Ricardo van Dam	AZC	NED	198503965	33.92	+0.72
5.	Roel van der Kruijs	De Gelenberg	NED	198501491	35.74	+0.75
6.	Arthur Bukkems	MZ&PC Maastricht	NED	198604749	36.43	+0.71



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Programmanr. 21, Heren, 50m schoolslag

Masters 40+

1.	Ivan van Omme	De Geul	NED	198201263	32.85	+0.67
2.	Simon van Ravesteijn	WVZ	NED	198002263	33.30	+0.76
3.	Kristiaan Lenos	ZVL-1886 Center	NED	198301331	33.64	+0.74
4.	Jim Geestman	Poseidon'56	NED	198300699	34.43	+0.80
5.	Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	34.87	+0.75
6.	William Kruithof	Het Ravijn	NED	198000857	36.85	+0.84
7.	Jan-Eggo Huininga	HZ&PC Heerenveen	NED	198401001	37.10	+0.98
8.	Jonathan Gatt Colerio	San Giljan ASC	MLT	174981M	40.29	+0.79
9.	Nicolas Gheis	Cercle De Natation Sportcity WolBEL	BEL	CNSW/013638/84	42.12	+0.78
10.	Sander de Velde	Deltasteur	NED	198302165	42.17	+0.81

Masters 45+

1.	Edgar Thimister	ZEPS	NED	197501511	33.52	+0.65
2.	Ruud Holswilder	ZPCH	NED	197800435	33.53	+0.73
3.	Vincent Versteeg	Zwemlust- den Hommel	NED	197701003	33.55	+0.75
4.	Kees Bakker	Gay Swim Amsterdam	NED	197501055	33.61	+0.60
5.	Maarten van der Zwan	Scheldestroom	NED	197501017	33.71	+0.78
6.	Mark Zwart	Zwemlust- den Hommel	NED	197901461	35.44	+0.78
7.	Klaas Poelstra	H2Oldambt	NED	197800825	35.68	+0.96
8.	Mark Sponneck	San Giljan ASC	MLT	388523M	35.99	+0.68
	<i>Maltese Masters Record</i>					
9.	Dennis Dortland	Niemo Barracuda	NED	197800261	36.02	+0.88
10.	Bogdan Androne	Sassenheim	NED	197701783	36.18	+0.73
11.	Pieter Broek	Westland Swimming Stars	NED	197701637	37.78	+0.73
12.	Christiaan Bouwmeester	SBC2000	NED	197600127	38.46	+0.76
13.	Arjan Buijsse	Sassenheim	NED	197901767	38.51	+0.79
14.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	38.56	+0.73
15.	Tom Bandsma	PSV	NED	197701625	39.64	+1.03
16.	Alfonso Verkerk	SCOM/De Zeehond'73 (SG)	NED	197601665	41.43	+0.78
17.	Peter van Velzen	SWOL 1894	NED	197801945	43.97	+0.59

Masters 50+

1.	Antwan van Engen	SG CWW Swim Team	NED	197101577	33.78	+0.69
2.	Harry Cornet	De Biesboschzwemmers	NED	197100175	34.33	+0.72
3.	Richard Rickens	Hellas-Glana	NED	197000841	34.40	+0.79
4.	Arjan Verheij	De Rog	NED	197101617	36.61	+0.73
5.	Rob van de Ven	Neptunus'58	NED	197101695	38.29	+0.71
6.	Bas Kremers	TRB-RES	NED	197201611	38.31	+0.73
7.	Martijn de Jong	DWK	NED	197101659	38.42	+0.97
8.	Pieter Veenstra	DZ&PC	NED	197301345	38.93	+0.88
9.	Ingmar de Gelder	ZOB'66	NED	197000333	39.78	+0.81
10.	Kai Kremer	SG Erkelenz - Hüchelhoven	GER	468899	40.06	+0.81
11.	Maxim Hardziyenka	SWOL 1894	NED	197201723	49.97	+0.81

Masters 55+

1.	Harold Matla	PSV	NED	196800591	34.16	+0.78
2.	Glen Le Clercq	De Rog	NED	196800177	34.91	+0.78
3.	Darius Andrzejczak	SG Erkelenz - Hüchelhoven	GER	26924	35.48	+0.69
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709	38.31	+0.76
5.	Nico Swart	De Biesboschzwemmers	NED	196801475	38.34	+0.75
6.	Wridzer Bakker	ESCA Zwemmen	NED	196701711	38.50	+0.85
7.	Mathieu Rikken	De Duinkickers	NED	196701777	39.71	+0.84
8.	Henri Michels	De Amstel	NED	196501587	40.58	+0.84
9.	Gertjan van der Vaart	ZVVS	NED	196801529	41.37	+0.75
10.	Marcel Brittijn	De Duinkickers	NED	196900159	41.39	+0.65
11.	Pieter-Sjoerd de Wijn	DES	NED	196501027	42.42	+0.86
12.	Eric Dumas	Patrick-De Roersoppers (SG)	NED	196901397	43.09	+0.87
13.	Erik Zoethout	Aqualero	NED	196901157	44.22	+0.88
14.	Peter Bootsma	AZC	NED	196901869	44.62	+0.84
15.	Maarten Koolman	Steenwijk 1934	NED	196801649	49.12	+0.94



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Programmanr. 21, Heren, 50m schoolslag, Masters 55+

rang	naam	vereniging			tijd	RT	PARA
16.	Andre Exter	Poseidon'56	NED	196601585	53.87	+0.85	

Masters 60+

1.	Edwin v. Norden <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	196300563	36.89	+0.73	
2.	Theo Bakker	TriVia	NED	196401231	37.07	+0.84	
3.	Peter van Maurik	MSV-Zeemacht	NED	196301425	39.13	+0.80	
4.	Rob Hemesath	PSV	NED	196100189	41.16	+0.93	
5.	Robert de Brauwer	De Duinkickers	NED	196401383	41.95	+0.95	
6.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	43.57	+0.75	
7.	Pierre de Groot	GZC DONK	NED	196401431	44.02	+0.90	
8.	Adriaan Kop	Old Dutch	NED	196101135	45.53	+0.81	
9.	Bob Lookermans	Poseidon'56	NED	196201295	49.08	+1.20	

Masters 65+

1.	Paul Bunnik	Triton	NED	195600413	39.77	+0.84	
2.	Wim de Lange	AZC	NED	195800533	41.77	+0.75	
3.	Peter Coffeng	GZC DONK	NED	195700063	45.17	+0.91	
4.	André Pantekoek	PSV	NED	195800321	48.83	+1.02	

Masters 70+

1.	Harry Dokter	SWOL 1894	NED	195100037	41.28	+0.86	
2.	Rob Berkhof	SWOL 1894	NED	195200245	56.81	+1.14	

Masters 75+

DIS	Nico van Dongen	ZZ&PC De Devel	NED	194800159			
	<i>SC - De bewegingen van de armen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.</i>						

Masters 80+

1.	Nico Baay	Old Dutch	NED	194200053	50.11	+0.83	
2.	Rob Hanou	PSV	NED	194300109	50.83	+1.09	

Programmanr. 22
04-05-2024 - 14:14

Dames, 200m rugslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA	50m	100m	150m	200m
Masters 20+											
1.	Isa Schellekens	Z&PC Zegenwerp	NED	200002330	2:26.36	+0.72		34.73	1:11.52	1:49.55	2:26.36
2.	Robin Goossens	Nuenen	NED	200003128	2:27.94	+0.84		35.58	1:13.42	1:51.28	2:27.94
3.	Tess Panjer	VZC	NED	200403060	2:30.73	* +0.68		36.08	1:14.44	1:53.12	2:30.73
4.	Michelle van Wijk	WWV Winterswijk	NED	200204746	2:32.56	+0.72		36.27	1:15.17	1:54.43	2:32.56
5.	Babet de Voogd	ZPC De Zeeuwse Kust	NED	200301362	2:34.07	+0.72		35.20	1:14.81	1:55.50	2:34.07
6.	Roos Englebert	Hieronymus	NED	200200606	2:35.10	+0.62		36.33	1:15.97	1:55.53	2:35.10
7.	Kim van Dongen	De Gelenberg	NED	200400140	2:39.78	+0.68		36.56	1:17.27	1:58.71	2:39.78
8.	Lauren van IJll	WVZ	NED	200001064	2:42.59	+0.66		36.62	1:17.80	2:00.73	2:42.59
9.	Carmen Lems	ACZ	NED	200402632	2:42.64	+0.66		37.10	1:19.35	2:02.63	2:42.64
10.	Guusje van Lent	Aqua-Novio '94	NED	200203898	2:43.66	+0.71		37.23	1:18.97	2:02.47	2:43.66
11.	Rozemarijn van Haaff	ZOB'66	NED	200201852	2:44.32	+0.68		38.70	1:20.41	2:02.68	2:44.32
12.	Anouk Vis	De Columbiaan	NED	200203322	2:45.37	+0.64		37.33	1:18.44	2:02.23	2:45.37
13.	Cynthia Koolman	ZPC Hoogeveen	NED	200300232	2:45.85	+0.67		38.74	1:20.49	2:03.65	2:45.85
14.	Eline Hoekstra	OEZA	NED	200301280	2:47.68	+0.70		37.23	1:19.04	2:03.29	2:47.68
15.	Femke de Wit	Nederweert	NED	200102184	2:49.16	+0.58		38.11	1:20.87	2:05.33	2:49.16



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Programmanr. 22, Dames, 200m rugslag, Masters 20+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
16. Esmee Wijnmaalen	De Geul	NED 200100298	2:49.31	+0.77	39.31	1:22.52	2:07.01	2:49.31
17. Monica Faber	Deltasteur	NED 200400388	2:51.98	8 +0.71	39.07	1:21.29	2:06.02	2:51.98

Masters 25+

1. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	2:36.65	+0.56	36.65	1:16.33	1:58.01	2:36.65
2. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	2:36.66	+0.68	35.39	1:14.56	1:55.58	2:36.66
3. Nadja Roovers	Hieronymus	NED 199800798	2:36.92	+0.75	36.85	1:17.37	1:58.40	2:36.92
4. Jade Broek	OEZA	NED 199702300	2:40.52	+0.72	35.39	1:15.24	1:57.51	2:40.52
5. M. van Langevelde	ESCA Zwemmen	NED 199803160	2:43.58	+0.68	38.35	1:20.41	2:02.30	2:43.58
6. Anne Groen	OEZA	NED 199505996	2:49.45	+0.92	38.04	1:20.56	2:04.58	2:49.45
7. Rosalie Baarda	Orca	NED 199903460	2:49.52	+0.65	38.12	1:20.25	2:04.12	2:49.52
8. Selina Janssen	Neptunus'58	NED 199905974	2:50.18	+0.74	38.55	1:21.60	2:06.24	2:50.18
9. Jet Kleine	MSV-Zeemacht	NED 199903384	2:51.02	+0.68	39.46	1:22.32	2:06.88	2:51.02
10. Aniek Garritsen	De IJsselmeeuwen	NED 199504290	2:52.83	+0.68	40.21	1:23.17	2:08.65	2:52.83
11. Lieke van Essen	SWOL 1894	NED 199502814	2:53.65	+0.70	40.74	1:24.41	2:08.95	2:53.65
12. Janine de Groot	NDD	NED 199500092	2:54.96	+0.69	38.84	1:23.41	2:08.70	2:54.96
13. D. van den Bosch	Zwemlust- den Hommel	NED 199801122	3:01.70	+0.77	42.36	1:28.33	2:15.36	3:01.70
14. Judith Kleinjan	De Duck	NED 199802710	3:06.94	+0.76	44.99	1:33.56	2:20.83	3:06.94
15. Cynthia van Veen	ZVL-1886 Center	NED 199606736	3:23.33	+0.77	45.30	1:37.10	2:31.90	3:23.33
DIS Anouk van der Lans	Westland Swimming Stars	NED 199801614						

AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.

Masters 30+

1. Mabel Suli	WVZ	NED 199307964	2:37.56	* +0.72	36.77	1:16.70	1:57.31	2:37.56
2. Lotte Coenen	DES	NED 199301518	2:41.08	+0.74	36.87	1:17.23	1:59.83	2:41.08
3. Désirée Emmen	De Warande	NED 199204862	2:43.33	+0.72	36.46	1:16.80	1:59.81	2:43.33
4. Elmi Roelofsen	Octopus-ZVV (SG)	NED 199008198	2:48.95	+0.89	37.90	1:20.90	2:04.80	2:48.95
5. Marloes Manni	Zwemvereniging Hoogland	NED 199003078	2:50.29	+0.80	39.49	1:22.48	2:07.25	2:50.29
6. Nienke Smidt	WS Twente	NED 199407596	2:52.81	+0.87	41.61	1:26.29	2:10.86	2:52.81
7. Wendy de Bruin	ZOB'66	NED 199206320	2:55.95	+0.57	40.80	1:24.80	2:10.33	2:55.95
8. Jisca Majolée	ZPC AMERSFOORT	NED 199403570	2:56.88	+0.96	43.22	1:27.89	2:13.63	2:56.88
9. Adela Vázquez García	ZVL-1886 Center	NED 199307952	2:57.63	+0.57	39.06	1:23.38	2:10.30	2:57.63
10. Alma Janssen	Z&PC Zegenwerp	NED 199401078	2:58.33	+0.72	42.65	1:28.11	2:13.98	2:58.33
11. Marijke Kommers	Niemo Barracuda	NED 199305334	2:58.79	+0.71	42.18	1:27.13	2:13.87	2:58.79
12. Joëlle Vaes	DIO	NED 199007576	2:59.14	+0.84	42.38	1:28.03	2:14.83	2:59.14
13. Getrude Corporaal	Steenwijk 1934	NED 199200380	2:59.83	+0.80	40.25	1:24.93	2:12.06	2:59.83
14. Marjan Rikken	Octopus-ZVV (SG)	NED 199206114	3:08.71	+0.92	44.12	1:32.01	2:20.80	3:08.71
15. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	3:15.06	+0.90	44.99	1:33.97	2:24.75	3:15.06
16. Elke Schellekens	Neptunus'58	NED 199301550	3:21.14	+0.67	46.04	1:37.03	2:29.48	3:21.14

Masters 35+

1. V. Háden-Felföldi	Iron Swim	HUN	2:36.44	+0.76	36.49	1:15.88	1:56.30	2:36.44
2. Jana Vanden Broeck	Cercle Royal De Natation De	BEL«CNBA/012311/89	2:37.43	+0.68	35.33	1:14.06	1:55.20	2:37.43
3. Jenny Schouten	PSV	NED 198703674	2:40.43	+0.75	36.48	1:17.79	1:59.78	2:40.43
4. Rianne Hofland	Sassenheim	NED 198801820	2:46.38	+0.83	39.18	1:20.79	2:04.13	2:46.38
5. J. Koolen-Kaptheijns	Tempo	NED 198706288	2:52.96	+0.83	39.31	1:23.34	2:08.71	2:52.96
6. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	2:54.89	+0.63	41.05	1:24.52	2:09.46	2:54.89
7. Nanda van Heteren	PSV	NED 198901728	3:02.49	+0.72	44.05	1:31.03	2:17.83	3:02.49
8. Esther van Maastrigt	Montferland	NED 198802836	3:06.77	+0.64	43.89	1:30.47	2:19.19	3:06.77
9. Sandra Schellekens	Neptunus'58	NED 198503416	3:08.24	+0.75	42.76	1:30.56	2:19.23	3:08.24
10. M. van der Poel	De Warande	NED 198703212	3:12.20	+0.79	43.62	1:32.14	2:22.67	3:12.20



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Programmanr. 22, Dames, 200m rugslag

Masters 40+

1. Maike Zeterberg	Zehlendorfer TSV 1888	GER 066680	2:39.90	+0.63	36.63	1:16.90	1:57.94	2:39.90
2. Debbie van Rooijen	IJZPC	NED 198201402	2:42.11	+0.76	38.48	1:19.23	2:01.03	2:42.11
3. Tonia Ruybroek	Poseidon'56	NED 198101290	2:54.18	+0.72	39.04	1:22.96	2:09.30	2:54.18
4. Elke Popma - Blox	Tiamat	NED 198200154	2:55.52	+0.68	40.84	1:25.26	2:10.84	2:55.52
5. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	2:57.31	+0.78	42.34	1:26.90	2:13.64	2:57.31
6. E. Poortvliet - Koedam	De Duinkickers	NED 198001824	2:57.49	+0.74	42.16	1:27.05	2:13.61	2:57.49
7. Anke Lambooi	De Vliet (SG)	NED 198001182	2:58.99	+0.75	40.04	1:24.19	2:11.32	2:58.99
8. Hanneke Heymen	WS Twente	NED 198400968	3:03.62	+0.60	43.47	1:30.39	2:18.81	3:03.62

Masters 45+

1. Mirjan den Drijver	Westland Swimming Stars	NED 197500884	2:58.45	+0.83	40.69	1:25.59	2:12.24	2:58.45
2. Monique Boets	ZPC De Kanaalstreek	NED 197600230	2:59.50	+0.77	41.52	1:27.93	2:14.87	2:59.50
3. Jolanda van Gendt	PSV	NED 197800266	3:00.20	* +0.75	42.35	1:27.80	2:15.08	3:00.20
4. Louise Schets	DES	NED 197901580	3:20.18	+0.86	46.22	1:37.67	2:29.90	3:20.18
DIS Petra Guijt	Aqua-Novio '94	NED 197600978		+0.95				

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Masters 50+

1. Johanna van Wijnen	De Biesboschzwemmers	NED 197201072	2:48.92	+0.68	39.75	1:21.92	2:04.84	2:48.92
2. Chiho Shoji	Cercle De Natation Sportcity	BELuCNSW/006146/70	2:52.06	+0.76	40.60	1:23.47	2:08.08	2:52.06
3. Valérie Rolland	Cercle De Natation Sportcity	BELuCNSW/004276/71	2:54.07	+0.76	40.89	1:24.05	2:09.23	2:54.07
4. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	3:05.30	+0.73	44.96	1:31.80	2:19.59	3:05.30
5. Bianca Groot	MSV-Zeemacht	NED 197000652	3:11.13	* +1.03	46.19	1:35.53	2:24.89	3:11.13
6. Elise Kenworthy	Link	NED 197101126	3:26.08	+1.04	49.57	1:41.45	2:35.21	3:26.08
7. B. Hertogh - Buijsse	Scheldestroom	NED 197400910	3:27.73	+0.85	47.40	1:40.86	2:35.47	3:27.73
8. Nathasja Konijn	GZC DONK	NED 197100992	3:35.98	+0.83	49.43	1:44.70	2:39.96	3:35.98

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR 547582	2:52.82	+0.67	38.83	1:21.42	2:07.65	2:52.82
2. Laura Staal	Oceanus	NED 196700358	3:06.93	+0.75	43.54	1:31.94	2:19.74	3:06.93
3. Petra Blum	SG Bayer	GER 274174	3:10.67	+0.87	43.36	1:31.19	2:21.55	3:10.67
4. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	3:11.40	+0.79	44.08	1:33.18	2:23.20	3:11.40
5. Marinka vd Zwet	Sassenheim	NED 196500346	3:14.33	+0.69	45.33	1:35.41	2:25.91	3:14.33
6. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:17.33	+0.77	44.75	1:34.91	2:25.93	3:17.33
DIS Annette van Dok	MSV-Zeemacht	NED 196800742						

AF - De aangegeven afstand niet uitgezwommen.

Masters 60+

1. Judith Cromjongh	De Zwoer	NED 196400054	2:52.32	+0.79	40.03	1:23.19	2:08.36	2:52.32
<i>Nederlands Masters Record, *50m, 100m</i>								
2. M. Grove-Lingeman	Triton	NED 196200080	3:14.64	+0.82	44.38	1:33.07	2:23.49	3:14.64
3. Maud Peuten-Evers	Mosa-Regio	NED 196400584	3:17.02	+0.89	46.38	1:35.81	2:26.84	3:17.02
4. W. Lammers-Wigman	Montferland	NED 196400614	3:35.55	+0.85	48.97	1:42.87	2:40.10	3:35.55
5. J. Resink-lindeboom	DWK	NED 196000142	3:39.07	+0.93	51.96	1:48.57	2:44.48	3:39.07
6. Lia Bijkerk	GZC DONK	NED 196000014	3:45.95	+0.83	54.19	1:53.14	2:50.78	3:45.95

Masters 65+

1. Patty Verhagen	PSV	NED 195900146	3:16.89	+0.97	48.11	1:38.96	2:28.80	3:16.89
2. Margriet Pasma	TriVia	NED 195500088	3:31.03	+0.79	49.96	1:43.99	2:38.42	3:31.03



Open Nederlandse Masters
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Programmanr. 22, Dames, 200m rugslag

Masters 70+

1. C. Nieuwenhuis	SWOL 1894	NED 195100022	3:36.81	+0.80	50.20	1:46.19	2:42.39	3:36.81
<i>Nederlands Masters Record</i>								
2. Carla Hensen	PSV	NED 195300062	3:57.61	+0.80	54.18	1:54.80	2:56.08	3:57.61
3. A. Gilding-Tussaud	WS Twente	NED 195000038	4:14.45	* +0.93	59.76	2:04.69	3:11.63	4:14.45

Masters 75+

1. L. van Huissteden	ZPC AMERSFOORT	NED 194500002	5:03.44	+0.86	1:10.79	2:32.37	3:50.51	5:03.44
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Masters 85+

1. Lottie Geurts	PSV	NED 193500006	5:05.46	+0.71	1:13.96	2:32.84	3:53.44	5:05.46
<i>Kampioenschapsrecord, *50m, 100m</i>								

Programmanr. 23
04-05-2024 - 14:53

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Jasper Breugem	WVZ	NED 200000303	2:18.61	+0.76	32.34	1:07.22	1:43.16	2:18.61
2. Thijn Damen	PSV	NED 200300973	2:18.99	+0.75	32.07	1:07.37	1:43.68	2:18.99
3. Guus Hoogduin	ZVL-1886 Center	NED 200201069	2:21.70	+0.69	32.89	1:08.33	1:45.38	2:21.70
4. Marc Hoogveen	DZ&PC	NED 200101585	2:25.03	+0.71	33.49	1:09.96	1:47.96	2:25.03
5. Ian Terlouw	ZPC Woerden	NED 200002345	2:29.28	+0.77	34.10	1:12.20	1:51.65	2:29.28
6. Lars Hilkens	RZ	NED 200201165	2:30.13	+0.73	34.68	1:12.73	1:52.35	2:30.13
7. Collin Schouten	MSV-Zeemacht	NED 200400697	2:32.02	+0.74	35.90	1:14.62	1:54.19	2:32.02
8. Mart de Koning	ZOB'66	NED 200203253	2:32.47	+0.72	34.45	1:13.95	1:54.55	2:32.47
9. Nigel Werring	Zwemlust- den Hommel	NED 200301503	2:32.80	+0.71	35.40	1:14.92	1:54.46	2:32.80
10. Mike Jansen	Patrick-De Roersoppers (SG)	NED 200200151	2:33.74	+0.68	36.26	1:15.27	1:55.47	2:33.74
11. Rik Stahlie	TriVia	NED 200201915	2:39.73	+0.70	37.19	1:17.61	1:58.87	2:39.73
12. Kevin Vermeulen	Bubble	NED 200203849	2:39.79	+0.69	37.52	1:17.37	1:58.58	2:39.79
13. Milan de Roo	ZPC Woerden	NED 200102215	2:56.16	+0.74	38.74	1:23.22	2:10.45	2:56.16
Masters 25+								
1. Jordy van Oel	WVZ	NED 199802003	2:27.33	+0.74	34.24	1:11.06	1:49.26	2:27.33
2. David Kievit	De Schotejil	NED 199900325	2:29.77	+0.87	34.17	1:12.14	1:51.41	2:29.77
3. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	2:31.33	+0.69	35.37	1:13.46	1:52.33	2:31.33
4. Jeroen Louwinger	De Rijn	NED 199900583	2:32.41	+0.65	35.68	1:13.78	1:53.16	2:32.41
5. Joey Papaioannou	Aqua-Novio '94	NED 199802269	2:33.13	+0.66	34.05	1:12.90	1:53.61	2:33.13
6. Patrick Wyrdeman	Westland Swimming Stars	NED 199702475	2:43.48	+0.78	37.88	1:19.34	2:00.97	2:43.48
7. Laurens Spoelstra	WS Twente	NED 199901273	2:46.36	+0.79	38.23	1:20.03	2:04.08	2:46.36
8. Colin Degenars	ZPCH	NED 199505951	2:48.14	+0.78	39.62	1:23.13	2:07.51	2:48.14
<i>*100m</i>								
Masters 30+								
1. Jos de Graaf	PSV	NED 199106095	2:28.30	+0.78	34.02	1:11.68	1:50.70	2:28.30
2. Mike Schel	ESCA Zwemmen	NED 199403279	2:28.67	+0.70	35.22	1:12.98	1:51.71	2:28.67
3. Olaf Achterberg	VZC	NED 199000011	2:28.77	+0.72	34.85	1:13.28	1:52.61	2:28.77
4. Jeroen Matthijssen	AZC	NED 199103751	2:29.73	+0.71	33.80	1:12.49	1:51.29	2:29.73
5. Stefan Roovers	Onderdak	NED 199102753	2:33.19	+0.75	34.46	1:12.90	1:53.36	2:33.19
6. R. van Doeselaar	Scheldestroom	NED 199200261	2:37.04	+0.75	35.62	1:15.20	1:56.89	2:37.04
7. Patrick Brouwer	AZC	NED 199303715	2:41.71	+0.75	36.44	1:17.26	1:59.48	2:41.71



Open Nederlandse Masters
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Programmanr. 23, Heren, 200m rugslag

Masters 35+

1. Robert Braad	Steenwijk 1934	NED 198600407	2:26.34	+0.73	34.24	1:10.95	1:48.91	2:26.34
2. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	2:31.44	+0.85	34.52	1:12.72	1:52.41	2:31.44
3. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:37.05	+0.81	36.52	1:16.12	1:57.06	2:37.05
4. Wessel Everloo	WS Twente	NED 198906597	2:39.19	+1.02	38.07	1:18.95	2:00.31	2:39.19
5. Niels Albrechts	De Schoteijl	NED 198800039	2:42.51	+0.76	38.52	1:20.28	2:01.99	2:42.51
6. Remco van der Graaf	PSV	NED 198704007	2:45.34	+0.76	39.79	1:22.27	2:05.33	2:45.34

Masters 40+

1. Paul Oudendijk	DAW	NED 198101287	2:30.48	+0.80	34.85	1:12.01	1:50.86	2:30.48
2. Heijmen van Vliet	De Geul	NED 198001637	2:33.69	+0.62	36.68	1:15.74	1:55.40	2:33.69
3. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:37.65	+0.82	37.43	1:17.21	1:58.36	2:37.65
4. Oscar Monge	IJZPC	NED 198102599	2:57.52	+0.70	41.19	1:25.98	2:12.47	2:57.52
5. Arne-Willem Kroonen	PSV	NED 198401297	3:19.11	+0.72	43.32	1:32.51	2:26.51	3:19.11

Masters 45+

1. Dennis Brouwers	HZPC	NED 197800167	2:19.29	+0.75	33.71	1:09.02	1:44.29	2:19.29
<i>Nederlands Masters Record</i>								
2. Mark Hensen	Niemo Barracuda	NED 197900497	2:26.96	+0.82	34.37	1:11.50	1:49.75	2:26.96
3. Ivo Roozeboom	WVZ	NED 197700801	2:27.30	+0.70	34.31	1:12.16	1:50.07	2:27.30
4. Kees Bakker	Gay Swim Amsterdam	NED 197501055	2:40.50	+0.65	37.07	1:17.63	1:59.15	2:40.50
5. Alex Damen	DAW	NED 197501371	2:41.70	+0.80	37.40	1:17.80	2:00.12	2:41.70
6. Ruud Holswilder	ZPCH	NED 197800435	2:44.60	+0.73	36.64	1:18.13	2:01.52	2:44.60
7. Markus van Rest	WVZ	NED 197701197	2:46.39	+0.78	39.87	1:23.19	2:06.76	2:46.39
8. Pieter Broek	Westland Swimming Stars	NED 197701637	2:51.84	+0.65	39.36	1:22.22	2:08.15	2:51.84
9. Gino Martijn	RZ	NED 197901865	3:01.94	+0.63	42.46	1:29.26	2:17.00	3:01.94
<i>*50m</i>								

Masters 50+

1. Rogier Vissers	PSV	NED 197300935	2:42.08	+0.84	37.00	1:17.09	1:59.28	2:42.08
2. Bruno Nahon	Cercle De Natation Sportcity	BELuCNSW/000390/70	2:49.12	+0.85	39.87	1:22.48	2:05.86	2:49.12
3. Henri Verschoor	De Biesboschzwemmers	NED 197001041	2:57.05	+0.78	42.26	1:28.09	2:13.59	2:57.05
4. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:57.44	+0.82	42.09	1:26.90	2:12.92	2:57.44
5. Jacques Verriet	VZV Njord	NED 197001039	3:04.04	+0.75	43.09	1:28.90	2:16.86	3:04.04
6. Jeroen Hoeksel	ZVVS	NED 197401533	3:31.99	+0.84	48.17	1:43.36	2:37.66	3:31.99

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	2:29.99	+0.74	33.74	1:11.51	1:51.31	2:29.99
<i>Kampioenschapsrecord</i>								
2. J. van den Berg	WVZ	NED 196801575	2:39.17	+0.72	35.83	1:15.83	1:57.35	2:39.17
3. Erlend Alstad	Oslo I.L.	NOR	2:39.60	+0.93	38.93	1:19.92	1:59.67	2:39.60
4. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/009743/66	2:46.18	+0.68	38.94	1:20.95	2:03.74	2:46.18
5. Marcel Vroegindewei	Poseidon'56	NED 196801709	2:49.53	+0.75	39.36	1:21.99	2:06.67	2:49.53
6. Frank van Nobelen	Sassenheim	NED 196900753	2:51.15	+0.79	39.94	1:23.30	2:07.41	2:51.15
7. Pascal Tourton	ZOB'66	NED 196601343	2:51.59	+0.97	40.41	1:23.47	2:07.49	2:51.59
8. Nico Swart	De Biesboschzwemmers	NED 196801475	2:58.60	+0.75	41.03	1:27.54	2:13.56	2:58.60

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	2:37.95	+0.75	35.97	1:16.11	1:57.29	2:37.95
2. Erik Kamphuis	De Rog	NED 196001035	2:56.42	+0.85	41.48	1:26.60	2:12.79	2:56.42
3. Hans Vloedgraven	Old Dutch	NED 196400917	2:59.85	+0.69	42.68	1:28.04	2:14.71	2:59.85
4. Menno Lomans	PSV	NED 196101071	3:08.89	+0.89	46.48	1:34.66	2:23.18	3:08.89
5. Eric Langhorst	RZC	NED 196201299	3:17.58	+0.87	45.29	1:35.64	2:27.66	3:17.58
6. Bart van Calker	WS Twente	NED 196100067	3:29.02	+0.79	50.15	1:42.93	2:35.61	3:29.02
<i>*100m</i>								

AFGEM Casper Dollekamp Steenwijk 1934 NED 196301341



Open Nederlandse Masters
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Programmanr. 23, Heren, 200m rugslag

Masters 65+

1. Wim de Lange	AZC	NED 195800533	3:24.25	+0.75	48.70	1:41.62	2:35.15	3:24.25
2. André Pantekoek	PSV	NED 195800321	3:52.51	+0.79	53.47	1:54.02	2:55.64	3:52.51
3. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	3:55.46	+0.82	54.18	1:53.67	2:55.50	3:55.46

Masters 70+

1. Brend Brevé *50m, 100m	PSV	NED 195200265	3:07.51	+0.79	45.01	1:33.00	2:21.96	3:07.51
2. Pieter Husslage *100m	Old Dutch	NED 195300091	3:30.03	+0.76	51.04	1:43.71	2:38.15	3:30.03
3. Ronald Blankenstein	Aqua-Novio '94	NED 195000013	3:56.30	+0.89	52.18	1:54.58	2:58.10	3:56.30
4. Rob Berkhof	SWOL 1894	NED 195200245	3:56.90	+0.98	55.23	1:56.45	2:58.09	3:56.90

Masters 80+

1. Nico Baay	Old Dutch	NED 194200053	4:33.29	+1.12	58.20	2:07.71	3:20.54	4:33.29
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04-05-2024 - 15:38

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Silke Molendijk	ZVL-1886 Center	NED	200100178	1:05.70	+0.67		30.65	1:05.70
2. Kim Zwinkels	ZPCH	NED	200300422	1:07.17	+0.72		31.35	1:07.17
3. Merel Phaff	Nuenen	NED	200100434	1:08.89	+0.71		31.75	1:08.89
4. Christel Brugmans	Hieronymus	NED	200005602	1:10.28	+0.74		32.33	1:10.28
5. Babet de Voogd	ZPC De Zeeuwse Kust	NED	200301362	1:11.18	+0.70		33.50	1:11.18
6. Esther Tiemersma	Nayade	NED	200202962	1:13.78	+0.64		34.04	1:13.78
7. Lianne Seising	VZC	NED	200002084	1:13.80	+0.74		33.43	1:13.80
8. Cerisa van Kesteren	ZPCH	NED	200105934	1:14.04	+0.70		34.18	1:14.04
9. Dyonne Klomp	Nederweert	NED	200400642	1:15.36	+0.69		32.20	1:15.36
10. Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	1:15.71	+0.75		32.94	1:15.71
11. Mirelle de Kort	Neptunus'58	NED	200005546	1:16.17	+0.60		35.57	1:16.17
12. Lianne van Wier	HZ&PC Heerenveen	NED	200200438	1:16.20	+0.70		35.09	1:16.20
13. Vivian Gravemaker	De Rijn	NED	200400058	1:16.31	+0.71		35.64	1:16.31
14. Manon de Man	Deltasteur	NED	200201458	1:16.68	+0.62		34.99	1:16.68
15. Welmoed Doornbos	De IJsselmeeuwen	NED	200203352	1:17.06	+0.66		34.76	1:17.06
16. Ilse Valk	Het Ravijn	NED	200000172	1:17.25	+0.68		34.28	1:17.25
17. Jessica Braat	AZC	NED	200205684	1:17.55	+0.72		34.91	1:17.55
18. Anouk Vis	De Columbiaan	NED	200203322	1:18.01	+0.79		34.81	1:18.01
19. Amber Hesper	Niemo Barracuda	NED	200202188	1:18.39	+0.77		33.53	1:18.39
20. Romée Beverdam	WS Twente	NED	200100158	1:18.59	+0.86		35.79	1:18.59
21. Noa de Bock	De Duck	NED	200300318	1:18.88	+0.66		35.62	1:18.88
22. Ester Schuurman	Deltasteur	NED	200201106	1:21.21	+0.75		35.45	1:21.21
23. Lonke van Veen	De Duinkickers	NED	200104170	1:22.54	+0.77		36.89	1:22.54
24. Jet van Oudheusden	ZOB'66	NED	200401012	1:23.94	+0.77		37.20	1:23.94
25. Inge Hertogh	VZV Njord	NED	200101052	1:26.01	+0.71		36.92	1:26.01
26. Shira de Haan	OEZA	NED	200001130	1:27.43	+0.87		36.83	1:27.43
NG Gwen Eyendaal	De Warande	NED	200404680					

Masters 25+

1. Selene Wortel	Hieronymus	NED	199700654	1:07.49	+0.65		31.17	1:07.49
2. Hannah Schellekens	TRB-RES	NED	199706614	1:07.76	+0.63		30.58	1:07.76
3. Babette van der Kaaij	Blue Marlins	NED	199902234	1:08.25	+0.70		30.87	1:08.25
4. Melissa van der Heijden	Niemo Barracuda	NED	199605226	1:09.65	+0.69		32.05	1:09.65
5. Selina Janssen	Neptunus'58	NED	199905974	1:12.81	+0.74		34.19	1:12.81
6. Britt Bogers	Nuenen	NED	199905072	1:12.93	+0.68		33.02	1:12.93

Programmanr. 24, Dames, 100m vlinderslag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Floor Weijmans	HZPC	NED	199502522	1:13.28	+0.80		34.05	1:13.28
8. Marcella van der Ent	De Duck	NED	199600174	1:14.25	+0.74		33.20	1:14.25
9. Aniek Garritsen	De IJsselmeeuwen	NED	199504290	1:15.01	+0.70		34.26	1:15.01
10. Katrin Diercks	SG Aumund - Vegesack	GER	197466	1:16.03	+0.72		35.29	1:16.03
11. Jade Broek	OEZA	NED	199702300	1:16.54	+0.67		34.07	1:16.54
12. Sabien Timmers	Vivalo	NED	199904440	1:18.26	+0.74		34.97	1:18.26
13. Odette Holster	SBC2000	NED	199900586	1:19.40	+0.72		35.18	1:19.40
14. Jet Kleine	MSV-Zeemacht	NED	199903384	1:20.70	+0.67		36.62	1:20.70
15. Iris van der Moolen	De Amstel	NED	199902052	1:21.29	+0.77		36.25	1:21.29
16. Alisha Vieira	Blue Marlins	NED	199904554	1:21.78	+0.69		34.33	1:21.78
17. Nina Tourton	ZOB'66	NED	199603612	1:22.27	+0.84		35.18	1:22.27
18. Lotte Eising	ZPC AMERSFOORT	NED	199502098	1:22.88	+0.70		36.14	1:22.88
19. Ellen ter Stege	ESCA Zwemmen	NED	199900604	1:24.60	+0.75		36.76	1:24.60
20. Sheila ten Voorde	Octopus-ZVV (SG)	NED	199904538	1:25.19	+0.79		36.75	1:25.19

Masters 30+

1. Lisa Dreesens	Blue Marlins	NED	199105798	1:05.58	+0.81		30.59	1:05.58
2. Denise Boereboom	Niemo Barracuda	NED	199202144	1:10.86	+0.68		32.42	1:10.86
3. Marcha Admiraal	De Geul	NED	199300012	1:10.89	+0.74		32.98	1:10.89
4. Lisa Klatten	WVZ	NED	199203628	1:13.18	+0.73		32.71	1:13.18
5. Whitney van Hoeckel	DIO	NED	199402390	1:15.13	+0.75		34.02	1:15.13
6. Karin Verbeek	Nautilus	NED	199201848	1:15.69	+0.69		34.58	1:15.69
7. Anne Aarts	DES	NED	199207942	1:17.38	+0.84		35.74	1:17.38
8. Leonor Babo	PSV	NED	199308000	1:17.65	+0.67		35.44	1:17.65
9. D. van den Hoogenband	Nuenen	NED	199001558	1:21.46	+0.72		36.56	1:21.46
10. Wendy de Bruin	ZOB'66	NED	199206320	1:22.56	+0.64		37.30	1:22.56

Masters 35+

1. Viktória Háden-Felföldi	Iron Swim	HUN		1:08.47	+0.70		31.92	1:08.47
2. Anneloes Peulen	Nuenen	NED	198502314	1:10.20	+0.67		30.45	1:10.20
3. Daniëlle Reijnders	AquAmigos	NED	198504234	1:11.33	+0.66		32.88	1:11.33
4. Anna Maria Rijkens	TRI-X-Kufstein	AUT	48398	1:13.79	+0.74		33.13	1:13.79
5. Marije Jansen	ZPC AMERSFOORT	NED	198504088	1:16.67	+0.68		35.20	1:16.67
6. Maaïke van Diggele	De Geul	NED	198700868	1:19.18	+0.86		36.88	1:19.18
7. Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	1:19.98	+0.79		35.80	1:19.98
8. Linda van Klei	GZC DONK	NED	198802088	1:22.76	+0.88		37.67	1:22.76
9. Monique van Huizen	AZC	NED	198706236	1:22.84	+0.84		36.51	1:22.84
10. Marjolein van der Poel	De Warande	NED	198703212	1:29.27	+0.77		38.55	1:29.27

Masters 40+

1. Ann Wanter <i>Belgisch Masters Record</i>	Zwemclub Geel	BEL	ZGEEL/21082/82	1:12.20	+0.76		33.83	1:12.20
2. Heather Frees	Lone Star Masters	USA		1:12.32	+0.67		33.95	1:12.32
3. Roos van Esch	ACZ	NED	198200468	1:14.28	+0.83		34.49	1:14.28
4. Elke Popma - Blox	Tiamat	NED	198200154	1:20.46	+0.63		36.81	1:20.46
5. Michelle de Villiers	Hellas-Glana	NED	198302944	1:23.38	+0.80		37.36	1:23.38

Masters 45+

1. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	1:21.82	*+0.65		36.26	1:21.82
2. Katharina Zihler	SAS Swiss Alumni Swimming	SUI	#7332	1:23.62			38.30	1:23.62
3. Geraldine Trainor	De Duck	NED	197500544	1:25.46	+0.77		36.78	1:25.46
4. Rachel Trainor	De Duck	NED	197700670	1:27.31	+0.76		39.12	1:27.31



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Programmanr. 24, Dames, 100m vlinderslag

Masters 50+

1. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:14.19	+0.78	35.09	1:14.19
2. Jeanne Petit	PSV	NED	197001020	1:16.73	+0.78	35.04	1:16.73
3. Olivia Lorton	Luxembourg Sharks Swimming	LUX	9981	1:16.89	+0.75	34.80	1:16.89
<i>Luxembourg Masters Record</i>							
4. Valérie Rolland	Cercle De Natation Sportcity VBELwe	CNSW/004276/71		1:20.07	+0.74	36.87	1:20.07
5. Marjolein Klunne	Hieronymus	NED	197101098	1:31.53		41.09	1:31.53
6. Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	1:33.04	+0.96	40.62	1:33.04

Masters 55+

1. Claudia Thielemann	SG Bayer	GER	333958	1:14.47	+0.62	34.85	1:14.47
2. Petra Blum	SG Bayer	GER	274174	1:24.57	+0.87	38.45	1:24.57
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	1:29.74	+0.81	41.57	1:29.74
4. Anita Steijger	WVZ	NED	196500628	1:37.13	+0.83	43.27	1:37.13
5. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	1:44.30	+0.91	50.32	1:44.30

Masters 60+

1. P. Tossings-van de Hooven	GZC DONK	NED	196100376	1:30.66	+0.83	42.14	1:30.66
2. Margriet Grove-Lingeman	Triton	NED	196200080	1:33.73	+0.83	42.42	1:33.73

Masters 65+

1. Claire Anthony	Cercle De Natation Sportcity VBELwe	CNSW/001353/57		1:36.44	+0.83	43.01	1:36.44
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Programmanr. 25
04-05-2024 - 15:56

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Alexander Nijst	Nuenen	NED	200104869	57.07	+0.66		26.87	57.07
2. Gerard Willighagen	Poseidon'56	NED	200103663	59.35	+0.67		27.43	59.35
3. Louis Kappler	Zwemlust- den Hommel	NED	200205067	1:00.17	+0.71		27.96	1:00.17
4. Kevin Roest	Zwemvereniging Hoogland	NED	200001223	1:02.00	+0.67		29.17	1:02.00
5. Tom Balsen Versteeg	De Warande	NED	200005673	1:02.47	+0.58		28.80	1:02.47
6. Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	1:02.82	+0.65		28.57	1:02.82
7. Tim Haimé	Blue Marlins	NED	200403567	1:03.20	+0.74		29.89	1:03.20
8. Benjamin Vermeulen	De Bevelanders	NED	200003721	1:03.22	+0.85		28.40	1:03.22
9. Yuri Wasser	PSV	NED	200301327	1:03.25	+0.67		28.97	1:03.25
10. Ilmar Stoop	Zuiderzeezwemmers	NED	200100871	1:04.63	+0.64		28.71	1:04.63
11. Jacob Mackloet	De Schotejil	NED	200001171	1:04.83	+0.68		28.97	1:04.83
12. Thomas Vastenhouw	ZPCH	NED	200204545	1:04.85	+0.65		30.09	1:04.85
13. Jesper Pas	VZV Njord	NED	200200967	1:05.85	+0.70		29.80	1:05.85
14. Tom van den Akker	ZPC AMERSFOORT	NED	200204653	1:06.20	+0.63		29.55	1:06.20
15. Daan Wijnands	Patrick-De Roersoppers (SG)	NED	200200127	1:07.12	+0.70		31.20	1:07.12
16. Lars Hilken	RZ	NED	200201165	1:07.27	+0.72		30.10	1:07.27
17. Maxim Wouters	ShaRK - Swimming Region KeBELen	SHARK/10458/02		1:07.58	+0.72		29.62	1:07.58
18. Wessel Haverkamp	ESCA Zwemmen	NED	200204755	1:07.68	+0.69		30.73	1:07.68
19. Ian Terlouw	ZPC Woerden	NED	200002345	1:08.02	+0.70		29.80	1:08.02
20. Julian Mes	ZOB'66	NED	200103755	1:08.50	+0.72		32.03	1:08.50
21. Laurens Hofstede	Arethusa	NED	200300417	1:08.89	+0.68		29.28	1:08.89
22. Esper Paans	ZZ&PC De Devel	NED	200100607	1:09.14	+0.64		30.93	1:09.14
23. Luuk Kresin	Patrick-De Roersoppers (SG)	NED	200303275	1:11.38	+0.64		28.09	1:11.38
24. Pascal Knein	SG Erkelenz - Hüchelhoven	GER	336293	1:11.92	+0.80		31.97	1:11.92
25. Thomas Hesper	Niemo Barracuda	NED	200004181	1:13.36	+0.81		32.05	1:13.36



Programmanr. 25, Heren, 100m vlinderslag

Masters 25+

1. Nicko Kamphuis	De Warande	NED	199900887	59.02	+0.60	27.38	59.02
2. Nick Sijmons	De Amstel	NED	199500491	1:00.04	+0.56	27.80	1:00.04
3. Bert Duivenvoorde	De Columbiaan	NED	199701805	1:00.32	+0.70	27.53	1:00.32
4. Sander Kirillova	WVZ	NED	199800121	1:00.63	+0.65	28.63	1:00.63
5. Felix Geenen	DAW	NED	199501085	1:01.69	+0.70	26.93	1:01.69
6. Robin van Beek	ZVL-1886 Center	NED	199704023	1:02.08	+0.72	28.76	1:02.08
7. Jeroen Jongert	OEZA	NED	199600445	1:02.43	+0.66	28.54	1:02.43
8. Jordi de Nijs	MSV-Zeemacht	NED	199801851	1:03.38	+0.70	28.68	1:03.38
9. Daan Siebenheller	ZOB'66	NED	199804955	1:04.34	+0.73	29.28	1:04.34
10. Bas Dries	Zwemvereniging Hoogland	NED	199505177	1:04.62	+0.68	28.10	1:04.62
11. Bart Weiland	DES	NED	199700777	1:04.73	+0.66	30.01	1:04.73
12. Jelle Nap	VZC	NED	199502875	1:05.08	+0.71	29.10	1:05.08
13. Richard Kuipers	HZ&PC Heerenveen	NED	199704171	1:06.32	+0.74	29.46	1:06.32
14. Jordy van Oel	WVZ	NED	199802003	1:06.77	+0.78	30.49	1:06.77
15. Ian van Mullem	ZOB'66	NED	199602545	1:08.31	+0.68	31.33	1:08.31
16. David Kievit	De Schotejil	NED	199900325	1:09.80	+0.78	31.25	1:09.80
17. Bas van Tintelen	OZ&PC	NED	199800455	1:09.99	+0.63	32.65	1:09.99
18. Nick Boekestijn	Westland Swimming Stars	NED	199900291	1:12.00	+0.63	31.36	1:12.00
19. Kevin Kingma	ACZ	NED	199700559	1:12.03	+0.71	32.42	1:12.03
20. Stefan de Leeuw	Nederweert	NED	199503483	1:12.42	+0.83	31.80	1:12.42
21. Hugo Herbers	SWOL 1894	NED	199500507	1:12.67	+0.76	33.19	1:12.67
22. Ids de Klerk	Niemo Barracuda	NED	199803237	1:13.34	+0.86	33.01	1:13.34
23. Wesley van der Luit	Sassenheim	NED	199701895	1:14.11	+0.74	33.32	1:14.11
24. Auke Sijperda	AZC	NED	199905115	1:18.88	+0.72	33.84	1:18.88

Masters 30+

1. Jeroen Baars	Niemo Barracuda	NED	199200031	59.25	+0.73	27.25	59.25
2. Jesper Oranje	De Duck	NED	199200997	59.53	+0.68	27.16	59.53
3. Koen van der Wallen	Nederweert	NED	199405561	1:02.52	+0.77	28.90	1:02.52
4. Michel de Maesschalck	DAW	NED	199101525	1:04.00	+0.70	29.30	1:04.00
5. Joeri van Wallenburg	Onderdak	NED	199004875	1:04.40	+0.71	28.80	1:04.40
6. Jeroen Matthijssen	AZC	NED	199103751	1:07.03	+0.74	30.79	1:07.03
7. Bram Siebers	EZCL (SG)	NED	199302241	1:08.65	+0.77	31.19	1:08.65
8. Marc Hoogendam	Blue Marlins	NED	199007713	1:08.94	+0.71	30.79	1:08.94
9. Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	1:09.35	+0.86	32.49	1:09.35
10. Huub Scholing	SWOL 1894	NED	199301179	1:09.38	+0.75	32.30	1:09.38
11. Tim Bunnik	Triton	NED	199000505	1:09.86	+0.79	30.40	1:09.86
12. Sander Riezebos	WS Twente	NED	199400467	1:12.55	+0.70	32.31	1:12.55
13. Robin van Beusekom	Niemo Barracuda	NED	199205841	1:17.77	+0.83	33.84	1:17.77
14. Marten Ettema	HZ&PC Heerenveen	NED	199007703	1:20.10	+0.76	34.89	1:20.10

Masters 35+

1. Niek de Ridder	Onderdak	NED	198802819	1:03.69	+0.75	28.68	1:03.69
2. Rick Driezen	Steenwijk 1934	NED	198600713	1:05.98	+0.85	29.79	1:05.98
3. Roel van der Kruijs	De Gelenberg	NED	198501491	1:08.13	+0.76	30.77	1:08.13
4. Arthur Bukkems	MZ&PC Maastricht	NED	198604749	1:15.58	+0.74	34.01	1:15.58

Masters 40+

1. Heijmen van Vliet	De Geul	NED	198001637	1:08.29	+0.72	31.90	1:08.29
2. Pieter Pickhardt	ZPC De Hof	NED	198301657	1:09.40	+0.80	32.41	1:09.40
3. Frank v.d. Voordt	De Schotejil	NED	198302259	1:09.58	+0.69	32.56	1:09.58
4. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:11.10	+0.80	32.05	1:11.10
5. William Kruithof	Het Ravijn	NED	198000857	1:16.22	+0.86	32.70	1:16.22
6. Luc Steijvers	ZVL-1886 Center	NED	198201661	1:18.19	+0.69	32.46	1:18.19
7. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	1:18.21	+0.80	35.63	1:18.21



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 25, Heren, 100m vlinderslag

Masters 45+

1. Edgar Thimister	ZEPS	NED	197501511	1:03.84	+0.64	29.02	1:03.84
2. Dennis Dortland	Niemo Barracuda	NED	197800261	1:09.21	+0.80	31.90	1:09.21
3. Mark Hensen	Niemo Barracuda	NED	197900497	1:09.70	+0.80	30.56	1:09.70
4. László Jüllich	ZPCH	NED	197801893	1:09.81	+0.90	32.31	1:09.81
5. Jasper van Heijst	ZPCH	NED	197601699	1:10.30	+0.71	31.59	1:10.30
6. Maarten van der Zwan	Scheldestroom	NED	197501017	1:11.22	+0.86	32.29	1:11.22
7. Markus van Rest	WVZ	NED	197701197	1:11.70	+0.82	31.72	1:11.70
8. Erwin Buist	ZPC AMERSFOORT	NED	197800183	1:16.12	+0.70	30.35	1:16.12

Masters 50+

1. Frederic Tonus	Luxembourg Sharks Swimming	LUX	10449	59.16	+0.69	27.48	59.16
<i>Luxembourg Masters Record</i>							
2. Antwan van Engen	SG CWW Swim Team	NED	197101577	1:04.67	+0.74	29.79	1:04.67
3. Harry Cornet	De Biesboschzwemmers	NED	197100175	1:09.77	+0.75	31.91	1:09.77
4. Bruno Nahon	Cercle De Natation Sportcity	VBE	CNSW/000390/70	1:17.97	+0.84	35.09	1:17.97
5. Martijn de Jong	DWK	NED	197101659	1:28.96	+0.85	40.06	1:28.96

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:06.24	+0.75	30.21	1:06.24
2. John Hardeman	Zwemlust- den Hommel	NED	196601615	1:09.54	+0.78	32.56	1:09.54
3. Olivier Bresoux	Cercle De Natation Sportcity	VBE	CNSW/004898/69	1:18.28	+0.79	37.67	1:18.28
4. Eymert van Rooij	PSV	NED	196601631	1:18.83	+0.84	36.88	1:18.83
5. Frank Schasfoort	ZC'90	NED	196501291	1:19.77	+0.85	33.29	1:19.77
6. Soan Thung	PSV	NED	196601633	1:22.09	+0.85	33.16	1:22.09
7. Gerko Versluis	Zuiderzeezwemmers	NED	196901439	1:27.58	+0.83	42.34	1:27.58

Masters 60+

1. Martin Grapentin	SAS Swiss Alumni Swimming	SUI	#29177	1:10.74	+0.89	33.15	1:10.74
<i>Swiss Masters Record</i>							
2. Hans Vloedgraven	Old Dutch	NED	196400917	1:20.96	+0.89	37.99	1:20.96
3. Robert de Brauwer	De Duinkickers	NED	196401383	1:25.57	+0.80	39.64	1:25.57

Masters 65+

1. Paul Bunnik	Triton	NED	195600413	1:30.52	+0.92	38.37	1:30.52
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Masters 70+

1. Fred Zanting	TriVia	NED	195400323	1:40.23	+0.86	41.80	1:40.23
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	2:40.84	+1.14	1:13.36	2:40.84
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Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 26
04-05-2024 - 16:16

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Laura Setz	Bubble	NED 200000130	2:11.55	+0.87	30.25	1:03.42	1:37.60	2:11.55
2. Isa Schellekens	Z&PC Zegenwerp	NED 200002330	2:15.39	+0.85	31.55	1:06.26	1:41.08	2:15.39
3. Kirsten Walraven	ZPC De Zeeuwse Kust	NED 200001358	2:18.98	+0.81	32.11	1:07.34	1:43.63	2:18.98
4. Stéphanie Schoemans	Cercle De Natation Sportcity	BELuCNSW/009655/00	2:19.95	+0.62	31.61	1:07.64	1:44.66	2:19.95
5. Robin Pienaar	Niemo Barracuda	NED 200102236	2:20.62	+0.76	31.67	1:07.34	1:44.20	2:20.62
6. Marte Vlieg	Aqua-Novio '94	NED 200304996	2:20.72	+0.76	31.84	1:07.82	1:45.09	2:20.72
7. Christel Brugmans	Hieronimus	NED 200005602	2:22.31	+0.73	32.52	1:08.84	1:46.89	2:22.31
8. Carmen Lems	ACZ	NED 200402632	2:25.87	+0.78	32.37	1:09.68	1:48.21	2:25.87
9. Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	2:28.04	+0.74	33.74	1:09.89	1:48.97	2:28.04
10. Iris Le Clercq	De Rog	NED 200401404	2:28.18	+0.63	34.80	1:12.42	1:50.89	2:28.18
11. Manou Blokhorst	WWV Winterswijk	NED 200402554	2:29.10	+0.74	33.53	1:10.52	1:49.98	2:29.10
12. Cynthia Koolman	ZPC Hoogeveen	NED 200300232	2:30.85	+0.65	34.25	1:12.25	1:51.43	2:30.85
13. Romée Beverdam	WS Twente	NED 200100158	2:31.98	+0.88	35.25	1:13.65	1:53.05	2:31.98
14. Iris van Rossum	ACZ	NED 200004858	2:33.44	+0.73	34.05	1:13.29	1:53.39	2:33.44
15. M. van der Hoeven	ZPC AMERSFOORT	NED 200401298	2:33.54	+0.82	34.31	1:12.99	1:53.48	2:33.54
16. Lonneke van Veen	De Duinkickers	NED 200104170	2:33.95	+0.67	36.28	1:16.02	1:56.10	2:33.95
17. Kim de Jong	De Columbiaan	NED 200301026	2:35.12	+0.80	35.00	1:14.23	1:54.79	2:35.12
18. Anna Tiemersma	Octopus-ZVV (SG)	NED 200400686	2:35.99	+0.68	36.12	1:16.25	1:57.18	2:35.99
19. Romy van der Zwan	Scheldestroom	NED 200403826	2:36.93	+0.73	34.22	1:13.84	1:55.53	2:36.93
20. Nienke Lammers	De Rijn	NED 200200806	2:37.93	+0.87	35.75	1:15.63	1:57.23	2:37.93
21. Romée Jabben	Dedemsvaart-AC	NED 200404426	2:38.51	+0.83	34.95	1:15.85	1:57.58	2:38.51
22. Lieke Stoker	WS Twente	NED 200301412	2:38.63	+0.80	34.88	1:14.80	1:56.75	2:38.63
23. Berinda van Dijk	Blue Marlins	NED 200104186	2:38.80	+0.79	36.65	1:18.50	2:00.53	2:38.80
24. Kim de Jong	Westland Swimming Stars	NED 200401522	2:39.09	+0.68	34.46	1:14.20	1:57.54	2:39.09
25. Esther de Laat	De Biesboschzwemmers	NED 200000174	2:39.54	+0.77	34.48	1:14.88	1:57.13	2:39.54
26. Jessica Braat	AZC	NED 200205684	2:40.49	+0.76	35.61	1:16.75	1:59.48	2:40.49
27. Rosa Huntjens	EZCL (SG)	NED 200301402	2:41.61	+0.80	36.27	1:16.96	2:00.39	2:41.61
28. Naomi Janssen	Neptunus'58	NED 200401816	2:43.90	+0.77	37.34	1:18.97	2:02.15	2:43.90
29. Daphne van Rees	Octopus-ZVV (SG)	NED 200301766	2:47.68	+0.72	36.46	1:20.21	2:05.20	2:47.68
30. Noa Esman	Montferland	NED 200000158	2:51.16	+0.85	39.59	1:23.08	2:07.62	2:51.16
NG Gwen Eygendaal	De Warande	NED 200404680						

Masters 25+

1. Tamara Grove	De Dolfijn	NED 199601266	2:12.01	+0.71	30.06	1:03.46	1:37.53	2:12.01
2. Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	2:16.72	+0.73	31.76	1:07.00	1:42.44	2:16.72
3. Bénédicte Yax	Club Nautique Val de Fensch	FRA 997232	2:19.13	+0.69	31.98	1:07.97	1:44.74	2:19.13
4. Marijke Drent	Bubble	NED 199906232	2:19.18	+0.83	31.80	1:06.97	1:43.41	2:19.18
5. J. van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192	2:19.24	+0.72	31.60	1:07.49	1:43.74	2:19.24
6. M. van Langevelde	ESCA Zwemmen	NED 199803160	2:22.00	+0.77	32.60	1:08.97	1:46.00	2:22.00
7. Sarah Strack	SG Aumund - Vegesack	GER 195679	2:22.07	+0.67	32.64	1:08.99	1:45.68	2:22.07
8. Eva van Elsen	ZPC De Zeeuwse Kust	NED 199903026	2:23.30	+0.70	31.79	1:07.60	1:45.56	2:23.30
9. Larissa Jansen	PSV	NED 199500660	2:25.86	+0.74	33.75	1:10.97	1:48.60	2:25.86
10. Lieke van Essen	SWOL 1894	NED 199502814	2:26.04	+0.76	33.00	1:09.91	1:47.95	2:26.04
11. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	2:26.38	+0.69	34.00	1:11.58	1:49.45	2:26.38
12. Floor Weijmans	HZPC	NED 199502522	2:26.47	+0.81	33.87	1:10.57	1:48.35	2:26.47
13. A. Meulenbeld	Orca	NED 199506230	2:27.96	+0.76	32.95	1:09.94	1:48.44	2:27.96
14. Lonneke Graansma	ZVL-1886 Center	NED 199900936	2:32.02	+0.74	35.09	1:14.49	1:54.19	2:32.02
15. Janine de Groot	NDD	NED 199500092	2:32.65	+0.79	34.03	1:13.40	1:53.31	2:32.65
16. Iris Bastiaansen	De Amstel	NED 199902006	2:34.78	+0.77	35.36	1:14.57	1:55.41	2:34.78
17. Tamara van den Brink	Niemo Barracuda	NED 199804182	2:38.87	+0.77	35.81	1:15.82	1:57.61	2:38.87
18. Anouk van der Lans	Westland Swimming Stars	NED 199801614	2:39.05	+0.76	35.91	1:16.64	1:58.72	2:39.05
19. Ageeth de Haan	Steenwijk 1934	NED 199901022	2:40.06	+0.77	35.50	1:16.44	1:58.88	2:40.06
20. Lotte de Vente	Het Ravijn	NED 199905814	2:46.29	+0.64	35.99	1:18.08	2:02.52	2:46.29
21. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	2:46.32	+0.92	37.54	1:19.73	2:02.79	2:46.32
22. Judith Kleinjan	De Duck	NED 199802710	2:48.73	+0.80	37.27	1:21.07	2:05.49	2:48.73
23. Mirna Wolters	De Plons	NED 199802046	2:49.56	+0.77	37.07	1:19.89	2:04.91	2:49.56
24. D. van den Bosch	Zwemlust- den Hommel	NED 199801122	2:53.93	+0.85	37.27	1:20.21	2:06.32	2:53.93
25. Kim Hamakers	De Rog	NED 199803214	2:54.54	+0.79	39.48	1:23.82	2:10.72	2:54.54
26. Cynthia van Veen	ZVL-1886 Center	NED 199606736	3:03.28	+0.71	39.05	1:25.58	2:15.06	3:03.28





Programmanr. 26, Dames, 200m vrije slag

Masters 30+

1. Leonie van Noort	WVZ	NED 199301752	2:07.73	+0.80	30.12	1:02.10	1:35.35	2:07.73
<i>Nederlands Masters Record</i>								
2. Marcha Admiraal	De Geul	NED 199300012	2:19.12	+0.73	31.09	1:06.21	1:42.95	2:19.12
3. Lotte Coenen	DES	NED 199301518	2:20.12	+0.79	31.82	1:07.28	1:43.69	2:20.12
4. Denise Boereboom	Niemo Barracuda	NED 199202144	2:20.50	+0.64	31.96	1:07.58	1:44.39	2:20.50
5. Lucie Terver	Club Nautique Val de Fensch	FRA 412372	2:28.48	+0.81	34.99	1:12.57	1:51.60	2:28.48
6. Anouk Kuijlaars	PSV	NED 199401700	2:29.11	+0.78	35.43	1:13.83	1:51.60	2:29.11
7. Nienke Smidt	WS Twente	NED 199407596	2:30.74	+0.89	35.05	1:13.78	1:54.08	2:30.74
8. Fraukje Puts	HZ&PC Heerenveen	NED 199206470	2:32.51	+0.76	34.90	1:13.96	1:53.82	2:32.51
9. Wendan Poelstra	TriVia	NED 199102496	2:33.20	+0.73	34.56	1:12.52	1:52.89	2:33.20
10. Getrude Corporaal	Steenwijk 1934	NED 199200380	2:34.54	+0.79	34.78	1:13.86	1:53.99	2:34.54
11. Ines Muilwijk	MNC Dordrecht	NED 199202858	2:38.34	+0.68	36.35	1:17.60	1:59.29	2:38.34
12. Alma Janssen	Z&PC Zegenwerp	NED 199401078	2:40.91	+0.71	36.79	1:18.17	2:00.27	2:40.91
13. Daphne Kievit	ZPC AMERSFOORT	NED 199207058	2:41.12	+0.68	35.31	1:15.95	1:58.61	2:41.12
14. Joëlle Vaes	DIO	NED 199007576	2:43.94	+0.67	36.95	1:19.00	2:02.13	2:43.94
15. Heleen Arends	TriVia	NED 199404416	2:44.32	+0.66	36.59	1:17.88	2:01.35	2:44.32
16. Esther Kwebeman	TriVia	NED 199106374	2:47.28	+0.79	36.84	1:19.21	2:02.93	2:47.28
17. Roxanne van Bavel	Poseidon'56	NED 199407378	2:52.74	+0.68	39.32	1:24.57	2:10.42	2:52.74
18. Marjan Rikken	Octopus-ZVV (SG)	NED 199206114	2:56.39	+0.80	39.87	1:24.68	2:11.12	2:56.39
19. Irmgard van Weeghel	ESCA Zwemmen	NED 199204834	2:56.41	+0.81	38.54	1:22.70	2:09.37	2:56.41
20. Eline Molle	De Geul	NED 199404276	2:58.18	+0.82	38.99	1:23.81	2:10.73	2:58.18

Masters 35+

1. Sabine Zimmermann	Aachener SV 06	GER 101578	2:20.23	+0.71	32.73	1:08.69	1:45.13	2:20.23
2. Jenny Schouten	PSV	NED 198703674	2:20.88	+0.77	32.02	1:07.87	1:44.80	2:20.88
3. Lianne Andeweg	Zuiderzeewimmers	NED 198800092	2:27.94	+0.83	34.20	1:12.32	1:50.80	2:27.94
4. Relinda Baas	TriVia	NED 198900144	2:29.65	+0.78	34.23	1:11.56	1:50.46	2:29.65
5. D. Robijn-Jongedijk	EZCL (SG)	NED 198903520	2:32.41	+0.76	34.75	1:13.82	1:53.62	2:32.41
6. Rianne Hofland	Sassenheim	NED 198801820	2:32.77	+0.71	33.70	1:12.49	1:52.35	2:32.77
7. Linda van Klei	GZC DONK	NED 198802088	2:33.44		35.28	1:14.33	1:54.70	2:33.44
8. Monique van Huizen	AZC	NED 198706236	2:37.93	+0.80	34.76	1:14.75	1:56.70	2:37.93
9. Marlies Jehoel-van As	PSV	NED 198500074	2:41.51	+0.68	35.16	1:15.05	1:58.14	2:41.51
10. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	2:44.70	+0.81	37.33	1:19.35	2:02.52	2:44.70
11. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	2:45.37	+0.80	37.20	1:18.84	2:01.92	2:45.37
12. Kim Visser	H2Oldambt	NED 198704350	2:55.91	+0.72	39.83	1:24.54	2:10.82	2:55.91

Masters 40+

1. Delia Badoux	WVZ	NED 198000042	2:16.72	+0.74	31.32	1:06.28	1:41.61	2:16.72
<i>Nederlands Masters Record</i>								
2. Maike Zeterberg	Zehlendorfer TSV 1888	GER 066680	2:17.47	+0.70	32.04	1:07.65	1:43.80	2:17.47
3. Ann Wanter	Zwemclub Geel	BEL ZGEEL/21082/82	2:23.00	+0.75	33.70	1:10.40	1:47.25	2:23.00
4. Heather Frees	Lone Star Masters	USA	2:23.63		33.13	1:09.36	1:46.79	2:23.63
5. Debbie van Rooijen	IJZPC	NED 198201402	2:23.86	+0.73	32.45	1:08.44	1:46.43	2:23.86
6. Anke Lambooi	De Vliet (SG)	NED 198001182	2:29.32	+0.81	33.30	1:10.81	1:50.48	2:29.32
7. A. Verschoor-Vos	De Biesboschzwemmers	NED 198102300	2:32.90	+0.76	34.00	1:12.96	1:53.35	2:32.90
8. Marianne de Bruin	Sassenheim	NED 198400448	2:44.08	+0.62	37.08	1:18.95	2:02.79	2:44.08
9. Ramona Linting	AZC	NED 198301274	2:44.97	+0.79	36.65	1:18.07	2:01.45	2:44.97
10. Linda Hoogendam	WVZ	NED 198300892	2:52.77	+0.79	38.36	1:23.55	2:09.96	2:52.77
11. Ieva Karpaviciute	Kauno Takas	LTU	2:56.63	+0.91	38.83	1:22.56	2:09.16	2:56.63

Masters 45+

1. Jeanette Seitz	SSV Ulm 1846	GER 066368	2:24.85	+0.72	32.81	1:10.36	1:48.39	2:24.85
2. C. Kettenmeyer-Reuland	Swimming Club Le Dauphin	ELUXR2017	2:27.01	+0.73	34.39	1:12.09	1:49.64	2:27.01
3. Chantal Verhoeff	Old Dutch	NED 197900912	2:37.82	+0.75	35.47	1:16.03	1:57.55	2:37.82
4. Petra Guijt	Aqua-Novio '94	NED 197600978	2:38.99	+0.91	35.59	1:15.67	1:58.31	2:38.99
5. Jessica Venema	GZC DONK	NED 197901526	2:44.85	+0.81	35.43	1:16.54	2:00.98	2:44.85
6. Esther Vergeest	De Rog	NED 197700012	2:49.58	+0.76	38.44	1:21.37	2:05.45	2:49.58
7. Ilonka van der Meer	Link	NED 197601168	3:02.60	+0.83	41.35	1:27.75	2:16.07	3:02.60
8. Louise Schets	DES	NED 197901580	3:05.14	+0.85	39.70	1:27.07	2:16.66	3:05.14



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Masters 50+

1. Carla Geurts	PSV	NED 197100178	2:22.58	+0.73	32.40	1:08.75	1:45.93	2:22.58
2. Olivia Lorton	Luxembourg Sharks Swimmir	LUX19981	2:26.30	+0.69	34.14	1:11.35	1:49.24	2:26.30
<i>Luxembourg Masters Record</i>								
3. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:28.78	+0.78	33.88	1:11.33	1:50.17	2:28.78
4. Edith Janssen-Koolen	TRB-RES	NED 197300898	2:33.48	+0.61	34.09	1:13.09	1:53.11	2:33.48
5. Bianca Groot	MSV-Zeemacht	NED 197000652	2:35.03	* +0.86	36.30	1:16.17	1:55.85	2:35.03
6. Annette de Visser	Oceanus	NED 197100602	2:36.60	+0.74	34.54	1:13.50	1:54.91	2:36.60
7. Katharina Schlipp	De Vliet (SG)	NED 197301004	2:45.27	+0.65	36.65	1:17.57	2:01.82	2:45.27
8. Y. van Nobelen - Kamps	Sassenheim	NED 197200316	2:54.81	+0.73	39.39	1:24.17	2:09.94	2:54.81
9. Karin Sagonas-Koolen	VZV Njord	NED 197000964	2:56.51	+0.83	38.83	1:23.85	2:10.69	2:56.51
10. Evelien Naatje	WS Twente	NED 197200838	3:02.49	+0.91	39.42	1:27.36	2:17.42	3:02.49
11. Annette Spies	LinK	NED 197001110	3:09.65	+0.77	42.57	1:30.36	2:20.83	3:09.65
12. Elise Kenworthy	LinK	NED 197101126	3:14.51	+0.88	44.51	1:34.51	2:25.38	3:14.51
13. Britta Fritz	SC Janus Köln	GER 262038	3:17.68	+0.95	46.34	1:37.52	2:29.64	3:17.68
DIS Nathasja Konijn	GZC DONK	NED 197100992		+0.62				

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 55+

1. Claudia Thielemann	SG Bayer	GER 333958	2:26.50	+0.74	34.37	1:11.62	1:49.83	2:26.50
2. Carol Hollemans	ACZ	NED 196900252	2:31.85	+0.73	33.85	1:12.28	1:52.61	2:31.85
3. Iris van Aurich	DWK	NED 196900866	2:40.61	+0.74	37.03	1:19.20	2:01.87	2:40.61
4. Marinka vd Zwet	Sassenheim	NED 196500346	2:51.90	+0.70	39.14	1:24.47	2:09.63	2:51.90
5. Marijke Campfens	De Geul	NED 196900960	2:53.74	+0.64	39.28	1:23.46	2:09.18	2:53.74
6. Cancia Leirissa	Feijenoord Albion Zwemclub	NED 196700748	3:03.59	+0.90	41.99	1:29.12	2:18.01	3:03.59
7. Irna van der Molen	WS Twente	NED 196900938	3:08.36	+0.73	41.91	1:31.73	2:20.95	3:08.36
8. S. Daamen-Posma	AZC	NED 196800854	3:11.05	+0.85	41.57	1:27.82	2:20.02	3:11.05
9. José Bodde	LinK	NED 196901104	3:13.65	+0.67	43.90	1:32.84	2:23.28	3:13.65

Masters 60+

1. Netty Burik-Geijzen	Westland Swimming Stars	NED 196300048	2:37.56	+0.82	35.28	1:15.59	1:57.22	2:37.56
2. Katrin Pennings	PSV	NED 196400570	2:40.76	+0.75	36.60	1:18.32	2:01.19	2:40.76
3. Wilna Heijman	Steenwijk 1934	NED 196400506	2:45.23	+0.63	38.37	1:20.26	2:03.26	2:45.23
4. J. Rolloos-Bakkers	Niemo Barracuda	NED 196300222	2:57.25	+0.83	39.86	1:25.83	2:12.86	2:57.25
5. Maud Peuten-Evers	Mosa-Regio	NED 196400584	3:02.17	+0.97	41.17	1:27.48	2:15.03	3:02.17
6. J. Resink-lindeboom	DWK	NED 196000142	3:14.86	+1.10	45.38	1:35.62	2:27.36	3:14.86
7. M. Kolkman-Pluim	ESCA Zwemmen	NED 196000330	3:20.82	+0.88	43.44	1:32.99	2:27.24	3:20.82
8. Erica Muller	De Geul	NED 196400412	3:21.83	+0.60	45.28	1:37.33	2:30.26	3:21.83
9. Kirsten Stamer	SC Janus Köln	GER 247144	3:25.61	+0.43	45.17	1:36.55	2:31.14	3:25.61
10. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	3:26.12	+0.83	46.04	1:38.33	2:33.82	3:26.12
11. Jenny Westervaarder	H2Oldambt	NED 196200424	3:26.70	+0.84	46.25	1:38.08	2:32.46	3:26.70

Masters 65+

1. Esther van Lohuizen	PSV	NED 195900300	2:42.58	+0.79	37.34	1:19.72	2:02.73	2:42.58
2. Tordis Grüner	SSF Bonn	GER 451333	2:55.13	+0.86	40.08	1:25.09	2:10.02	2:55.13
3. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	2:58.51	+0.74	40.11	1:26.36	2:13.50	2:58.51
4. Linda Wibbelink	Steenwijk 1934	NED 195900158	3:06.21	+0.61	41.75	1:29.12	2:18.53	3:06.21

Masters 70+

1. C. Nieuwenhuis	SWOL 1894	NED 195100022	3:05.13	+0.65	40.40	1:28.31	2:17.13	3:05.13
2. Carla Hensen	PSV	NED 195300062	3:36.25	+0.97	48.50	1:43.93	2:40.68	3:36.25

Masters 75+

1. L. van Huissteden	ZPC AMERSFOORT	NED 194500002	4:27.44	+0.98	1:00.10	2:10.30	3:20.04	4:27.44
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Programmanr. 26, Dames, 200m vrije slag

Masters 85+

1. Marie Smits	Old Dutch	NED 193800004	4:23.17	+1.08	58.65	2:08.46	3:18.66	4:23.17
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Programmanr. 27
04-05-2024 - 17:07

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Luc Mul	DAW	NED 200201025	2:01.39	+0.69	28.18	59.28	1:30.90	2:01.39
2. Daan Hogerhuis	De Columbiaan	NED 200300317	2:03.69	+0.76	27.81	58.94	1:31.24	2:03.69
3. Benjamin Vermeulen	De Bevelanders	NED 200003721	2:06.46	+0.83	28.60	1:00.65	1:33.72	2:06.46
4. Yuri Wasser	PSV	NED 200301327	2:06.63	+0.67	28.47	1:01.05	1:34.25	2:06.63
5. Jasper Breugem	WVZ	NED 200000303	2:07.27	+0.73	28.97	1:01.55	1:34.71	2:07.27
Guus Hoogduin	ZVL-1886 Center	NED 200201069	2:07.27	+0.69	29.41	1:01.92	1:35.45	2:07.27
7. Jacob Mackloet	De Schotejil	NED 200001171	2:07.45	+0.68	28.43	1:00.84	1:34.66	2:07.45
8. Fayssal Lanterna	Zwemlust- den Hommel	NED 200101379	2:11.51	+0.71	29.32	1:04.30	1:39.52	2:11.51
9. Daan Wijnands	Patrick-De Roersoppers (SG)	NED 200200127	2:11.80	+0.66	29.17	1:02.05	1:37.30	2:11.80
10. Bas van den Akker	PSV	NED 200204651	2:11.86	+0.68	29.78	1:04.28	1:38.63	2:11.86
11. Hendrik Broekema	Bubble	NED 200002205	2:13.36	+0.67	29.35	1:03.06	1:38.38	2:13.36
12. Wessel Haverkamp	ESCA Zwemmen	NED 200204755	2:13.96	+0.71	30.60	1:04.25	1:39.00	2:13.96
13. Collin Schouten	MSV-Zeemacht	NED 200400697	2:15.86	+0.71	31.12	1:06.01	1:41.88	2:15.86
14. Jochem Janssen	De Gelenberg	NED 200003653	2:15.96	+0.72	30.40	1:05.28	1:40.65	2:15.96
15. Owen Michels	De Amstel	NED 200402293	2:16.12	+0.68	30.20	1:04.65	1:39.98	2:16.12
16. Leon Kloots	ZPC De Hof	NED 200001363	2:17.34	+0.76	31.02	1:05.78	1:41.94	2:17.34
17. Rik Stahlie	TriVia	NED 200201915	2:19.39	+0.71	30.92	1:05.99	1:42.90	2:19.39
18. Pascal Knein	SG Erkelenz - Hückelhoven	GER 336293	2:21.58	+0.77	32.70	1:08.89	1:46.25	2:21.58
19. D. van den Bosch	Zwemlust- den Hommel	NED 200200237	2:23.12	+0.77	31.81	1:08.31	1:45.93	2:23.12
20. Jaimy Voogt	ZOB'66	NED 200005881	2:23.33	+0.79	30.78	1:07.65	1:46.57	2:23.33
21. Lanco Manaf	Het Ravijn	NED 200402715	2:25.58	+0.68	31.63	1:08.44	1:47.10	2:25.58
22. Boaz Troost	ZOB'66	NED 200100371	2:28.92	+0.74	33.03	1:11.70	1:51.34	2:28.92

Masters 25+

1. Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	2:01.02	+0.66	27.28	57.96	1:29.80	2:01.02
2. Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	2:06.73	+0.76	28.67	1:00.58	1:33.77	2:06.73
3. Robin van Beek	ZVL-1886 Center	NED 199704023	2:07.41	+0.69	29.52	1:01.80	1:35.04	2:07.41
4. Bas van Tintelen	OZ&PC	NED 199800455	2:13.68	+0.79	30.17	1:04.56	1:39.79	2:13.68
5. Daan Siebenheller	ZOB'66	NED 199804955	2:15.34	+0.71	30.83	1:05.69	1:41.49	2:15.34
6. Martijn Bartels	ZPC AMERSFOORT	NED 199603493	2:16.01	+0.70	30.92	1:05.83	1:41.64	2:16.01
7. Wesley van der Luit	Sassenheim	NED 199701895	2:16.24	+0.62	32.92	1:08.05	1:43.78	2:16.24
8. Erik Baalbergen	ZVL-1886 Center	NED 199805775	2:16.72	+0.83	30.42	1:04.78	1:41.16	2:16.72
9. Jeroen Louwinger	De Rijn	NED 199900583	2:17.00	+0.70	31.55	1:06.37	1:41.70	2:17.00
10. Tom van Gils	ZPC De Zeeuwse Kust	NED 199501799	2:18.12	+0.68	31.40	1:05.95	1:41.94	2:18.12
11. Lars Jacobsen	DWK	NED 199705453	2:20.12	+0.77	30.94	1:07.15	1:44.75	2:20.12
12. Patrick Wyrdean	Westland Swimming Stars	NED 199702475	2:20.71	+0.71	31.31	1:06.82	1:43.79	2:20.71
13. Colin Degenaars	ZPCH	NED 199505951	2:21.56	+0.82	30.89	1:06.70	1:44.24	2:21.56
14. Jeroen van Dinther	Neptunus'58	NED 199701569	2:26.42	+0.72	33.16	1:10.15	1:49.16	2:26.42
15. Auke Sijperda	AZC	NED 199905115	2:29.84	+0.72	33.86	1:12.43	1:51.53	2:29.84
16. Ids de Klerk	Niemo Barracuda	NED 199803237	2:36.03	+0.82	33.70	1:14.26	1:56.27	2:36.03
17. Mathijs Krieger	EZCL (SG)	NED 199905361	2:44.69	+0.77	34.89	1:16.32	2:00.23	2:44.69

Masters 30+

1. Rick van Hamond	Z&PC Zegenwerp	NED 199205873	2:02.98	+0.67	27.98	59.15	1:31.51	2:02.98
2. Bas Braun	ZPC AMERSFOORT	NED 199106545	2:09.57	+0.78	29.13	1:01.48	1:35.30	2:09.57
3. Olaf Achterberg	VZC	NED 199000011	2:10.94	+0.80	29.38	1:02.69	1:37.13	2:10.94
4. Jean Terver	Club Nautique Val de Fensch	FRA 314113	2:12.00	+0.86	30.37	1:03.23	1:38.10	2:12.00
5. Joeri van Wallenburg	Onderdak	NED 199004875	2:13.45	+0.73	30.42	1:04.40	1:39.20	2:13.45
6. Stefan Petersen	Blue Marlins	NED 199403067	2:13.59	+0.71	30.18	1:03.53	1:38.29	2:13.59
7. Tim de Vrugt	ESCA Zwemmen	NED 199306719	2:15.31	+0.68	30.06	1:05.00	1:40.54	2:15.31
8. R. van Doeselaar	Scheldestroom	NED 199200261	2:15.61	+0.68	30.34	1:05.74	1:41.58	2:15.61



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rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
9. Tim Bunnik	Triton	NED 199000505	2:15.95	+0.82	31.49	1:06.32	1:41.12	2:15.95
10. Craig Frankum	De Warande	NED 199007759	2:20.99	+0.74	32.38	1:08.26	1:45.14	2:20.99
11. Joshua Da Silva Ferra	Cercle De Natation Sportcity	BELuCNSW/012562/94	2:21.60	+0.78	31.15	1:07.04	1:44.64	2:21.60
12. Niels Bent	WS Twente	NED 199400465	2:21.98	+0.78	30.62	1:06.19	1:43.76	2:21.98
13. Marc Hoogendam	Blue Marlins	NED 199007713	2:22.80	+0.72	31.43	1:07.77	1:45.42	2:22.80
14. Mark Legters	De Schelde	NED 199303361	2:28.28	+0.73	32.16	1:09.06	1:48.43	2:28.28

Masters 35+

1. Robert Braad	Steenwijk 1934	NED 198600407	2:15.53	+0.79	30.93	1:05.97	1:41.06	2:15.53
2. Niels Albrechts	De Schoteijl	NED 198800039	2:17.94	+0.80	31.72	1:07.52	1:43.92	2:17.94
3. Rick Driezen	Steenwijk 1934	NED 198600713	2:21.79	+0.87	32.16	1:07.97	1:44.53	2:21.79
4. Wessel Everloo	WS Twente	NED 198906597	2:24.36	+0.84	33.31	1:10.80	1:49.01	2:24.36
5. Sander van Tilburg	De Biesboschzwemmers	NED 198604609	2:33.60	+0.81	34.37	1:12.78	1:53.35	2:33.60

Masters 40+

1. Federico Cappello	Luxembourg Sharks SwimmirLUXi9598		2:12.42	+0.71	30.86	1:04.27	1:38.94	2:12.42
<i>Luxembourg Masters Record</i>								
2. Kristiaan Lenos	ZVL-1886 Center	NED 198301331	2:15.49	+0.73	29.85	1:03.29	1:39.07	2:15.49
3. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:16.11	+0.82	30.91	1:05.63	1:41.31	2:16.11
4. Paul Oudendijk	DAW	NED 198101287	2:21.24	+0.84	32.40	1:08.32	1:45.38	2:21.24
5. Oscar Monge	IJZPC	NED 198102599	2:27.32	+0.63	31.18	1:07.08	1:46.54	2:27.32
6. Ferry Blangé	ZOB'66	NED 198300185	2:27.94	+0.77	32.84	1:10.94	1:50.49	2:27.94
7. Luc Steijvers	ZVL-1886 Center	NED 198201661	2:30.28	+0.70	33.07	1:11.20	1:50.88	2:30.28
8. Arne-Willem Kroonen	PSV	NED 198401297	2:44.20	+0.83	35.48	1:15.83	1:58.95	2:44.20

Masters 45+

1. Øivind Martin Hasle	Oslo I.L.	NOR	2:05.47	+0.79	29.08	1:00.75	1:33.64	2:05.47
2. Ivo Roozeboom	WVZ	NED 197700801	2:11.90	+0.75	30.57	1:05.20	1:39.55	2:11.90
3. Dennis Brouwers	HZPC	NED 197800167	2:12.65	+0.85	31.15	1:05.07	1:39.36	2:12.65
4. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	2:16.34	+0.76	31.19	1:06.62	1:42.14	2:16.34
5. Mark Sponneck	San Giljan ASC	MLT 388523M	2:19.25	+0.67	32.47	1:07.83	1:44.42	2:19.25
<i>Maltese Masters Record</i>								
6. Alex Damen	DAW	NED 197501371	2:22.30	+0.79	31.66	1:08.68	1:46.68	2:22.30
7. Erik Keukens	VZV Njord	NED 197500445	2:22.37	+0.80	32.46	1:08.93	1:46.38	2:22.37
8. Martin Mikolas	Cercle De Natation Sportcity	BELuCNSW/011307/79	2:23.07	+0.86	33.78	1:10.44	1:47.38	2:23.07
9. Arjan Buijsse	Sassenheim	NED 197901767	2:28.00	+0.77	32.93	1:11.08	1:49.89	2:28.00
10. Emiel Volker	ZVL-1886 Center	NED 197601605	2:37.42	+0.77	34.36	1:14.18	1:55.82	2:37.42
11. Tom Bandsma	PSV	NED 197701625	2:45.38	+1.08	37.56	1:19.40	2:02.98	2:45.38

Masters 50+

1. Matthias Millers	SG Wuppertal	GER 113799	2:11.44	+0.82	30.70	1:04.89	1:39.33	2:11.44
2. Richard Rickson	Hellas-Glana	NED 197000841	2:21.35	+0.85	31.94	1:08.47	1:46.27	2:21.35
3. Pieter Veenstra	DZ&PC	NED 197301345	2:25.01	+0.80	32.92	1:09.48	1:46.97	2:25.01
4. Ingmar de Gelder	ZOB'66	NED 197000333	2:25.35	+0.89	33.42	1:10.92	1:49.49	2:25.35
5. Martin Berkhout	ZVL-1886 Center	NED 197101123	2:33.86	+0.75	33.79	1:13.39	1:55.13	2:33.86
<i>*100m</i>								
6. Henri Verschoor	De Biesboschzwemmers	NED 197001041	2:34.71	+0.95	35.11	1:13.88	1:55.00	2:34.71
7. Peter Meijer	DZ&PC	NED 197300613	2:37.33	+0.71	35.93	1:16.10	1:58.14	2:37.33
8. Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	2:42.38	+0.85	36.34	1:17.13	1:59.90	2:42.38
9. Bas Kremers	TRB-RES	NED 197201611	2:47.46	+0.77	35.84	1:17.60	2:03.79	2:47.46
10. Jeroen Hoeksel	ZVVS	NED 197401533	3:00.78	+0.99	39.04	1:25.33	2:13.67	3:00.78



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Programmanr. 27, Heren, 200m vrije slag

Masters 55+

1. Jochen Bruha	SG Wuppertal	GER 58762	2:14.79	+0.82	31.20	1:04.56	1:39.61	2:14.79
2. Erlend Alstad	Oslo I.L.	NOR	2:17.87	+0.90	32.84	1:08.21	1:43.76	2:17.87
3. John Hardeman	Zwemlust- den Hommel	NED 196601615	2:19.17	+0.79	31.99	1:07.80	1:44.10	2:19.17
4. Glen Le Clercq	De Rog	NED 196800177	2:20.35	+0.79	32.93	1:10.51	1:44.57	2:20.35
5. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/009743/66	2:23.61	+0.67	33.43	1:10.06	1:47.55	2:23.61
6. Francois Roosen	VZV Njord	NED 196801581	2:26.81	+0.77	32.36	1:08.45	1:47.42	2:26.81
7. Frank Schasfoort	ZC'90	NED 196501291	2:27.29	+0.84	33.89	1:11.05	1:50.02	2:27.29
8. Frank van Nobelen	Sassenheim	NED 196900753	2:27.43	+0.80	33.30	1:11.05	1:50.15	2:27.43
9. Gerko Versluis	Zuiderzeezwemmers	NED 196901439	2:29.94	+0.82	33.96	1:12.22	1:52.29	2:29.94
10. Henri Michels	De Amstel	NED 196501587	2:33.21	+0.79	34.12	1:12.52	1:52.69	2:33.21
11. Eymert van Rooij	PSV	NED 196601631	2:36.46	+0.88	35.82	1:16.55	1:58.14	2:36.46
12. Leon Slingerland	WVZ	NED 196801707	2:37.54	+0.89	34.00	1:13.20	1:56.51	2:37.54
13. Wijnand Vergeest	De Rog	NED 196800949	2:39.96	+0.69	35.59	1:16.37	1:59.62	2:39.96
14. Jeroen Wilmer	Vichy Val D'Allier Natation	FRA 2169893	2:40.77	+0.83	37.57	1:17.92	2:01.11	2:40.77
15. Pascal Tourton	ZOB'66	NED 196601343	2:41.30	+0.81	37.16	1:18.42	2:01.72	2:41.30
16. Eric Dumas	Patrick-De Roersoppers (SG)	NED 196901397	2:46.44	+0.85	36.92	1:19.52	2:04.19	2:46.44
17. Erik Saan	De Duck	NED 196500769	2:47.68	+1.04	34.26	1:16.60	2:02.27	2:47.68
18. Pieter-Sjoerd de Wijn	DES	NED 196501027	2:52.75	+0.91	38.55	1:22.78	2:08.07	2:52.75
19. Alfons Knein	SG Erkelenz - Hückelhoven	GER 389778	3:25.07	+1.10	42.73	1:33.21	2:28.77	3:25.07

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED 196201159	2:20.37	+0.82	32.34	1:08.22	1:44.98	2:20.37
2. Jon Christensen	Luxembourg Sharks SwimmirLUX	LUX10008	2:25.08	+0.72	34.32	1:10.63	1:47.87	2:25.08
<i>Luxembourg Masters Record</i>								
3. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:27.17	+0.75	32.83	1:10.20	1:48.90	2:27.17
4. Rob Spetter	De Rog	NED 196201239	2:32.46	+0.71	34.67	1:13.25	1:52.77	2:32.46
5. Axel Sondermann	Lone Star Masters	USA	2:33.55	+0.84	34.84	1:13.67	1:53.85	2:33.55
6. Paul Wijnja	De Biesboschzwemmers	NED 196301403	2:35.38	+0.78	35.01	1:15.19	1:56.23	2:35.38
7. Ronald Grove	Triton	NED 196100161	2:40.99	+0.79	36.24	1:17.52	2:00.32	2:40.99
8. Roy Le Clercq	De Rog	NED 196401041	2:43.75	+0.95	36.75	1:19.16	2:01.45	2:43.75
9. Adriaan Kop	Old Dutch	NED 196101135	2:53.14	+0.89	39.68	1:23.62	2:08.84	2:53.14
10. Bart van Calker	WS Twente	NED 196100067	3:04.52	+0.88	43.43	1:29.16	2:16.74	3:04.52
11. Jan Willem Heuten	WS Twente	NED 196000883	3:17.09	+0.97	42.89	1:34.33	2:27.89	3:17.09
AFGEM Casper Dollekamp	Steenwijk 1934	NED 196301341						

Masters 65+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	2:23.44	+0.77	32.83	1:09.23	1:46.26	2:23.44
2. Dirk Zeterberg	Zehlendorfer TSV 1888	GER 101339	2:30.69	+0.99	34.93	1:13.50	1:53.07	2:30.69
3. Lex Hoogendam	ZZ&PC De Devel	NED 195700541	3:11.99	+1.00	41.63	1:29.40	2:19.94	3:11.99
4. Peter Coffeng	GZC DONK	NED 195700063	3:13.48	+0.96	43.95	1:33.40	2:24.43	3:13.48

Masters 70+

1. Harry Dokter	SWOL 1894	NED 195100037	2:58.78	+0.87	38.38	1:23.15	2:10.35	2:58.78
2. Pieter Husslage	Old Dutch	NED 195300091	3:13.44	+1.11	45.83	1:36.71	2:27.67	3:13.44

Masters 75+

1. Wout Hemmes	De Plons	NED 194800059	3:02.76	+0.97	41.85	1:28.93	2:16.58	3:02.76
2. Willem Putter	ZVVS	NED 194500135	3:18.23	+1.12	44.32	1:35.78	2:28.78	3:18.23
3. Jan Nuijten	PSV	NED 194900175	3:35.42	+0.86	45.49	1:40.04	2:39.01	3:35.42

Masters 80+

1. Geza Kaltenecker	AZC	NED 194200065	3:48.67	+0.84	50.57	1:51.02	2:51.54	3:48.67
2. Kevork Boyrazian	Cercle De Natation Sportcity	BELuCNSW/002620/44	4:25.51	+1.08	58.25	2:06.05	3:16.47	4:25.51



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Programmanr. 27, Heren, 200m vrije slag

Masters 85+

1. Nic Geers PSV NED 193800007 **4:07.05** +1.01 58.43 2:03.02 3:10.36 4:07.05

Programmanr. 28
04-05-2024 - 17:54

4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	tijd	RT	PARA
80+, Heren				
1.	HZ&PC Heerenveen 1 Richard Kuipers Jorian Darwinkel	HZ&PC Heerenveen 97 +0.67 30.29 03 +0.20 31.91	NED Remco Dijkstra Rob van Wier	1:56.03 +0.67 01 +0.47 27.31 99 +0.28 26.52
2.	ZOB'66 2 Nino van Krimpen Mart de Koning	ZOB'66 00 +0.67 30.49 02 +0.38 31.46	NED Daan Siebenthaler Jaimy Voogt	1:57.17 +0.67 98 +0.31 27.50 00 +0.57 27.72
3.	Arethusa 1 Karsten van Doorn Mel van Gemert	Arethusa 03 +0.74 30.41 03 +0.34 33.37	NED Laurens Hofstede Jep van Gemeren	1:58.37 +0.74 03 +0.46 27.17 02 +0.34 27.42
4.	Bubble 1 Hendrik Broekema Tim Speijer	Bubble 00 +0.75 30.98 03 +0.43 32.27	NED Jorrik Kerdijk Kevin Vermeulen	1:58.62 +0.75 96 +0.31 29.13 02 +0.34 26.24
5.	MSV-Zeemacht 2 Collin Schouten Boyd Wijkman	MSV-Zeemacht 04 +0.71 32.85 01 +0.52 33.25	NED Jordi de Nijs Mees Minneboo	1:59.30 +0.71 98 +0.39 27.40 02 +0.26 25.80
100+, Heren				
1.	De Warande 1 Tom Balsen Versteeg Nicko Kamphuis	De Warande 00 +0.68 30.10 99 +0.16 30.56	NED Craig Frankum Marijn in 't Veld	1:53.19 +0.68 90 +0.41 28.08 00 +0.31 24.45
2.	ESCA Zwemmen 2 Mike Schel Jurje Stammes	ESCA Zwemmen 94 +0.71 30.77 97 +0.34 30.62	NED Wessel Haverkamp Peter Rothengatter	1:55.91 +0.71 02 +0.50 29.29 97 +0.26 25.23
3.	PSV 7 Jos de Graaf Bas van den Akker	PSV 91 +0.76 30.03 02 +0.27 32.67	NED Basem Rashed Andrea Guzzon	2:02.31 +0.76 03 +0.11 31.37 92 +0.29 28.24
120+, Heren				
1.	DAW 1 Paul Oudendijk Felix Geenen	DAW 81 +0.78 32.70 95 +0.48 31.34	NED Michel de Maesschalck Luc Mul	1:56.49 +0.78 91 +0.59 28.40 02 +0.24 24.05
2.	ZPC AMERSFOORT 3 Martijn Giezen Tom van den Akker	ZPC AMERSFOORT 85 +0.80 30.48 02 +0.06 32.66	NED Jelle Blankestijn Bas Braun	1:56.73 +0.80 98 +0.35 28.71 91 +0.04 24.88
3.	WVZ 6 Jasper Breugem Simon van Ravesteijn	WVZ 00 +0.72 31.20 80 +0.38 33.21	NED Sander Kirillova Ivo Roozeboom	1:57.30 +0.72 98 +0.32 26.76 77 +0.22 26.13
4.	Onderdak 1 Stefan Roovers Simon Edenburg	Onderdak 91 +0.73 31.56 93 +0.47 30.30	NED Joeri van Wallenburg Sonny Corré	1:57.50 +0.73 90 +0.27 27.82 93 +0.48 27.82
5.	Poseidon'56 1 John Smit Sam Beer	Poseidon'56 95 +0.67 30.82 96 +0.35 35.19	NED Ryan van den Ouden Jim Geestman	1:58.66 +0.67 99 +0.65 26.72 83 +0.30 25.93
6.	Zuiderzeezwemmers 1 Bram van Heuven Jarick Stoop	Zuiderzeezwemmers 96 +0.84 31.13 96 +0.23 32.09	NED Ilmar Stoop Gerko Verluis	1:58.90 +0.84 01 +0.48 27.32 69 +0.39 28.36
7.	ESCA Zwemmen 3 Tim de Vrugt Sander de Vrugt	ESCA Zwemmen 93 +0.71 33.95 89 +0.13 31.30	NED Mees Laar Job Esink	2:04.31 +0.71 96 +0.49 29.25 98 +0.14 29.81
8.	ZVL-1886 Center 2 Kristiaan Lenos Daniel Castillo Montoya	ZVL-1886 Center 83 +0.86 33.16 94 +0.33 30.96	NED Luc Steijvers Ingmar Kooman	2:05.88 +0.86 82 +0.25 31.17 79 +0.47 30.59



Programmanr. 28, Heren, 4 x 50m wisselslag, 120+

rang	vereniging	tijd	RT	PARA
9.	AZC	2:06.16	+0.73	
	Patrick Brouwer	93 +0.73	34.15	NED
	Ricardo van Dam	85 +0.45	33.95	Jeroen Matthijssen Auke Sijperda
				91 +0.40 28.81 99 +0.38 29.25
10.	ZOB'66 3	2:08.81	+0.95	
	Pascal Tourton	66 +0.95	35.59	NED
	Boaz Troost	01 +0.24	36.33	Julian Mes Ruben Stolk
				01 +0.45 28.71 90 +0.20 28.18
11.	WS Twente 2	2:09.98	+1.04	
	Wessel Everloo	89 +1.04	37.16	NED
	Laurens Spoelstra	99 +0.33	34.82	Sander Riezebos Cars Wiegmann
				94 +0.39 30.35 94 +0.16 27.65
12.	Neptunus'58 1	2:14.67	+0.70	
	Jeroen van Dinther	97 +0.70	34.81	NED
	Rob van de Ven	71 +0.48	39.41	Maarten vd Berkmortel Rens Hoogenboom
				80 +0.21 33.16 04 +0.33 27.29

160+, Heren

1.	ZPCH 1	1:57.63	+0.70	
	Ruud Holswilder	78 +0.70	30.43	NED
	Lucas Douwma	04 +0.32	30.59	László Jüllich Jasper van Heijst
				78 +0.61 30.94 76 +0.23 25.67
2.	Niemo Barracuda 4	2:06.19	+0.76	
	Mark Hensen	79 +0.76	32.46	NED
	Dennis Dortland	78 +0.32	35.80	Robin van Beusekom Pascal van Haren
				92 +0.37 31.98 87 +0.25 25.95
3.	Poseidon'56 2	2:11.67	+0.70	
	Marcel Vroegindewei	68 +0.70	33.85	NED
	Erik van Gemert	03 +0.38	31.30	Gerard Willighagen Bob Lookermans
				01 +0.54 26.77 62 +0.81 39.75
4.	VZV Njord 4	2:14.23	+0.58	
	Jesper Pas	02 +0.58	32.39	NED
	Jacques Verriet	70 +0.49	40.79	Erik Keukens Francis Roosen
				75 +0.37 31.92 68 +0.29 29.13
5.	Patrick-De Roersoppers (SG) 1	2:15.89	+0.74	
	Patrick Creemers	90 +0.74	32.83	NED
	Eric Dumas	69 +0.39	42.85	Luuk Kresin Arno Schrauwen
				03 +0.06 27.68 65 +0.09 32.53

200+, Heren

1.	Oslo I.L. 1 <i>Norwegian Masters Record</i>	2:01.64	+0.61	
	Håkon Skaarud Karlsen	79 +0.61	31.94	NOR
	Erlend Alstad	67 +0.09	36.08	Øivind Martin Hasle Jari Inge Melberg
				77 +0.42 27.02 70 +0.12 26.60
2.	De Biesboschzwemmers 4	2:14.47	+0.73	
	Nico Swart	68 +0.73	37.22	NED
	Harry Cornet	71 +0.08	34.15	Henri Verschoor Paul Wijnja
				70 +0.67 32.79 63 +0.15 30.31

240+, Heren

1.	ZPC AMERSFOORT 1 <i>Nederlands Masters Record, NMR voor startzwemmer</i>	2:08.03	+0.66	
	Chester Marsman	69 +0.66	30.43	NED
	Edwin v. Norden	63 +0.09	35.95	Johan Remmits Henk Kuipers
				62 +0.27 30.82 62 +0.08 30.83
2.	De Rog 1	2:13.19	+0.79	
	Erik Kamphuis	60 +0.79	35.86	NED
	Glen Le Clercq	68 +0.51	36.03	Peter Bensen Rob Spetter
				63 +0.29 30.66 62 +0.41 30.64
3.	PSV 6	2:24.70	+0.71	
	Ron Phaff	62 +0.71	40.00	NED
	Harold Matla	68 +0.43	34.20	Rob Hermesath Menno Lomans
				61 +0.24 38.09 61 +0.67 32.41

280+, Heren

1.	PSV 3 <i>Nederlands Masters Record</i>	2:46.68	+0.79	
	Eymert van Rooij	66 +0.79	37.23	NED
	Rob Hanou	43 +0.81	51.23	Soan Thung Nic Geers
				66 +0.49 31.33 38 +0.89 46.89
2.	SWOL 1894 6	2:55.36	+0.75	
	Be van der Ziel	52 +0.75	49.88	NED
	Harry Dokter	51 +0.43	41.70	Rob Berkhof Jappie Kuiper
				52 +0.59 48.54 55 +0.44 35.24



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Programmanr. 28, 4 x 50m wisselslag

80+, Dames

1.	HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	2:11.26	+0.67
	Inge Dekker	02 +0.67 33.43	Simone Mus	96 +0.42 31.61	
	Lianne van Wier	02 +0.17 38.46	Leonie van Wier	02 +0.34 27.76	
2.	Bubble 2	Bubble	NED	2:13.90	+0.74
	Laura Setz	00 +0.74 33.51	Marijke Drent	99 +0.58 32.21	
	Sanne Kloezen	02 +0.62 37.81	Esmee Kloezen	02 +0.48 30.37	
3.	ESCA Zwemmen 1	ESCA Zwemmen	NED	2:20.74	+0.67
	Sanne Landman	03 +0.67 33.38	Rose Lether	04 +0.23 33.17	
	Rachel Verburgt	02 +0.21 43.95	Hannah Elting	04 +0.33 30.24	
DIS	Deltasteur 1	Deltasteur	NED		+0.69
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>				
	Monica Faber	04 +0.69 36.44	Ester Schuurman	02 +0.34 32.72	
	Tara Schuurman	04 +0.49 37.03	Manon de Man	02 -0.13 30.24	

100+, Dames

1.	Niemo Barracuda 3	Niemo Barracuda	NED	2:14.60	+0.63
	Denise Boereboom	92 +0.63 32.91	Melissa van der Heijden	96 +0.37 30.06	
	Marijke Kommers	93 +0.44 40.41	Tamara van den Brink	98 +0.58 31.22	
2.	De Duck 4	De Duck	NED	2:19.86	+0.72
	Marcella van der Ent	96 +0.72 36.21	Noa de Bock	03 +0.56 32.45	
	Leontine Groeneveldt	93 +0.12 39.31	Kimberley van Buren	93 +0.13 31.89	
3.	Zuiderzeewimmers 2	Zuiderzeewimmers	NED	2:20.43	+0.62
	Annemarie ten Have	98 +0.62 35.73	Gaby Zittersteijn	97 +0.40 34.44	
	Dagmar Kruik	98 +0.39 39.12	Lisanne Andeweg	88 +0.02 31.14	
4.	Neptunus'58 1	Neptunus'58	NED	2:23.91	+0.58
	Naomi Janssen	04 +0.58 38.13	Selina Janssen	99 +0.57 31.06	
	Elke Schellekens	93 +0.40 45.22	Mirelle de Kort	00 +0.37 29.50	
5.	Octopus-ZVV (SG) 1	Octopus-ZVV (SG)	NED	2:28.55	+0.83
	Daphne van Rees	03 +0.83 38.78	Elmi Roelofsen	90 +0.68 31.96	
	Sheila ten Voorde	99 +0.65 42.65	Marjan Rikken	92 +0.53 35.16	

120+, Dames

1.	WVZ 7	WVZ	NED	2:09.29	+0.67
	Leonie van Noort	93 +0.67 33.27	Delia Badoux	80 +0.39 29.81	
	Lauren van IJl	00 +0.34 37.51	Lisa Klatten	92 +0.24 28.70	
2.	Nuene 1	Nuene	NED	2:09.90	+0.62
	Merel Phaff	01 +0.62 32.30	Anneloes Peulen	85 +0.11 30.43	
	Tessa Loos	02 +0.04 35.02	Monique Huizing	84 +0.34 32.15	
3.	TriVia 1	TriVia	NED	2:16.96	+0.68
	Heleen Arends	94 +0.68 36.21	Wendan Poelstra	91 +0.55 32.63	
	Esmée van Peer	02 +0.18 38.43	Relinda Baas	89 +0.15 29.69	
4.	PSV 5	PSV	NED	2:17.72	+0.78
	Jenny Schouten	87 +0.78 33.71	Leonor Babo	93 +0.39 32.69	
	Helena La	95 +0.22 39.02	Simone Hendrikse	90 +0.41 32.30	
5.	Poseidon'56 3	Poseidon'56	NED	2:19.53	+0.73
	Tonia Ruybroek	81 +0.73 35.86	Rianne Bresser	99 +0.44 32.73	
	Kelly Wigleven	95 +0.34 41.57	Kelly de Jonge	97 +0.51 29.37	
6.	ZPC AMERSFOORT 5	ZPC AMERSFOORT	NED	2:23.86	+0.94
	Henriëtte v. Norden	68 +0.94 40.26	Daphne Kievit	92 +0.55 34.57	
	Michelle van Wijhe	04 +0.47 37.93	Maddy van der Hoeven	04 +0.43 31.10	
7.	ZOB'66 1	ZOB'66	NED	2:30.61	+0.74
	Danielle Schipper	70 +0.74 46.97	Nina Tourton	96 +0.56 34.53	
	Rozemarijn van Haaff	02 +0.28 38.54	Wendy de Bruin	92 +0.46 30.57	
8.	MSV-Zeemacht 1	MSV-Zeemacht	NED	2:30.89	+0.99
	Annette van Dok	68 +0.99 45.63	Jet Kleine	99 +0.16 33.37	
	Kyra Wesemann	02 +0.13 41.81	Tessa van Dijk-Mosch	91 +0.15 30.08	
9.	PSV 9	PSV	NED	2:36.41	+0.71
	Nanda van Heteren	89 +0.71 38.16	Larissa Jansen	95 +0.47 33.42	
	Marlies Jehoel-van As	85 +0.52 41.86	Janine Wilbers	84 +0.93 42.97	
10.	Montferland 1	Montferland	NED	2:38.70	+0.72
	Noa Esman	00 +0.72 41.20	Maud Tempel	04 +0.67 35.76	
	Esther van Maastrigt	88 0.00 39.51	Wilma Lammers-Wigman	64 +0.59 42.23	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 28, Dames, 4 x 50m wisselslag, 120+

rang	vereniging				tijd	RT	PARA	
11.	De Rog 4	De Rog		NED	2:53.47	+0.74		
	Ageeth Westenbrink	67	+0.74	53.28	Iris Le Clercq	04	+0.49	32.85
	Karin Vermeer	83	+0.56	52.49	Kim Hamakers	98	+0.36	34.85
12.	H2Oldambt 1	H2Oldambt		NED	3:01.15	+0.76		
	Mylène Wildeboer-Kok	96	+0.76	44.41	Kim Visser	87	+0.34	39.87
	Sylvia Hidding	96	+0.37	54.57	Jenny Westervaarder	62	+0.30	42.30
DIS	VZV Njord 3	VZV Njord		NED		+0.65		
	<i>AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam., 4de zwemmer Horloge</i>							
	Annelieke Verriet	03	+0.65	45.00	Inge Hertogh	01	+0.65	37.51
	Renee de Kok-Meeusen	84	+0.21	41.62	Karin Sagonas-Koolen	70	+0.59	

160+, Dames

1.	ZPC AMERSFOORT 4	ZPC AMERSFOORT		NED	2:20.97	+0.58		
	Lotte Eising	95	+0.58	36.94	Jisca Majolée	94	+0.26	32.86
	Monica Komdewal	77	+0.25	41.60	Lidia v. Bon-Rosenbrand	70	+0.14	29.57
2.	Hieronymus 1	Hieronymus		NED	2:28.69	+0.75		
	Marjolein Klunne	71	+0.75	40.33	Christel Brugmans	00	+0.38	30.25
	Hilly Brugmans	70	+0.97	44.65	Amanda Westveer	91	+0.37	33.46
3.	ESCA Zwemmen 5	ESCA Zwemmen		NED	2:32.33	+0.58		
	Moniek van Langevelde	98	+0.58	34.22	Danique de Vegt	98	+0.49	34.44
	Yoka de Vegt-van Dijk	62	+0.58	43.03	Marion Kolkman-Pluim	60	+0.73	40.64
AFGEM	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub		NED				

200+, Dames

1.	De Biesboschzwemmers 5	De Biesboschzwemmers		NED	2:20.68	+0.76		
	Johanna van Wijnen	72	+0.76	36.98	Anne-Marie Verschoor-Vos	81	+0.38	33.77
	Marjo Goelma-Koek	69	+0.31	36.94	Annette Wijinja-Visser	67	+0.35	32.99
2.	GZC DONK 1	GZC DONK		NED	2:49.84	+0.82		
	Nathasja Konijn	71	+0.82	47.58	Petra Tossings-van de Hooven	61	+0.67	39.61
	Lia Bijkerk	60	+0.28	49.22	Jessica Venema	79	+0.64	33.43
3.	De Duinkickers 2	De Duinkickers		NED	2:53.11	+0.71		
	Christine Buist	64	+0.71	43.09	Inge Roskam	78	+0.58	36.74
	Annet Verhoeven - Steggerda	46		58.41	Saskia op den Velde	79	+0.33	34.87
4.	LinK 1	LinK		NED	2:59.89	+0.92		
	Elise Kenworthy	71	+0.92	42.63	Ilonka van der Meer	76	+0.73	44.83
	Annette Spijs	70	+0.57	52.44	José Bodde	69	+0.02	39.99
5.	De Geul 2	De Geul		NED	3:10.53	+0.85		
	Geerdien Meerwaldt	52	+0.85	1:01.93	Eline Molle	94	+0.50	37.98
	Marian Nederlof	76	+0.51	46.66	Erica Muller	64	+0.86	43.96

240+, Dames

1.	PSV 4	PSV		NED	2:39.60	+0.77		
	Carla Geurts	71	+0.77	35.56	Carla Hensen	53	+0.78	49.93
	Gudule van der Meer	72	+0.47	41.12	Esther van Lohuizen	59	+0.22	32.99
2.	SWOL 1894 8	SWOL 1894		NED	3:01.62	+0.88		
	Jessica van Velzen	76	+0.88	49.30	Annet Kootstra	71	+0.74	47.09
	Bea Swijnenberg	49		50.70	Christine Nieuwenhuis	51	+0.45	34.53

280+, Dames

1.	PSV 1	PSV		NED	2:58.46	+0.83		
	<i>Nederlands Masters Record</i>							
	Katrin Pennings	64	+0.83	43.98	Jeanne Petit	70	+0.60	32.99
	Corrie Verhoeven	46	+0.27	50.78	Lottie Geurts	35	+0.90	50.71
2.	PSV 8	PSV		NED	4:39.84 *	+0.79		
	Lies Hartman	56	+0.79	1:07.00	Gonnie Bak	51	+0.61	1:01.66
	Anje Manuputy	57		57.09	Marianne Maandonks	26		1:34.09

Programmanr. 28, 4 x 50m wisselslag

80+, Gemengd

1.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED	2:02.11	+0.70
	Louis Kappler	02 +0.70 29.33	Sophie Stekelenburg	04 +0.23 30.83	
	Manon Kloosterman	97 +0.39 36.45	Fayssal Lanterna	01 +0.25 25.50	
2.	ZVL-1886 Center 1	ZVL-1886 Center	NED	2:03.33	+0.60
	Robin van Beek	97 +0.60 30.14	Silke Molendijk	01 +0.44 29.51	
	Lonneke Graansma	99 +0.45 36.72	Robin van Peenen	02 +0.51 26.96	
3.	ZPCH 2	ZPCH	NED	2:05.65	+0.78
	Cerisa van Kesteren	01 +0.78 36.39	Kim Zwinkels	03 +0.53 30.55	
	Thomas Vastenhout	02 +0.51 31.36	Lucas Muntinga	03 +0.22 27.35	
4.	Westland Swimming Stars 1	Westland Swimming Stars	NED	2:14.90	+0.76
	Anouk van der Lans	98 +0.76 37.51	Nick Boekestijn	99 +0.45 30.11	
	Patrick Wyrdeeman	97 +0.51 37.06	Kim de Jong	04 +0.33 30.22	
DIS	Het Ravijn 1	Het Ravijn	NED		+0.64
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>				
	Noa Boerma	02 +0.64 41.18	Ilse Valk	00 +0.31 33.28	
	Lanco Manaf	04 +0.11 37.09	Marijn Heetkamp	99 -0.11	

100+, Gemengd

1.	De Columbiaan 1	De Columbiaan	NED	1:56.71	+0.59
	Julia Notenboom	03 +0.59 31.82	Bert Duivenvoorde	97 +0.35 25.54	
	Dave van den Nieuwendijk	01 +0.42 31.94	Miranda Nijenhuis	92 +0.23 27.41	
2.	Blue Marlins 1	Blue Marlins	NED	1:59.87	+0.64
	Babette van der Kaaij	99 +0.64 32.21	Maac Hoogendam	90 +0.13 28.77	
	Stefan Petersen	94 +0.17 30.76	Alisha Vieira	99 +0.44 28.13	
3.	Niemo Barracuda 1	Niemo Barracuda	NED	2:00.40	+0.68
	Robin Pienaar	01 +0.68 33.97	Jeroen Baars	92 +0.35 25.49	
	Thomas Hesper	00 +0.29 32.98	Amber Hesper	02 +0.38 27.96	
4.	VZC 2	VZC	NED	2:02.62	+0.69
	Olaf Achterberg	90 +0.69 30.77	Jelle Nap	95 +0.37 27.90	
	Lisanne Seising	00 +0.41 36.23	Tess Panjer	04 +0.16 27.72	
5.	ACZ 3	ACZ	NED	2:04.94	+0.60
	Carmen Lems	04 +0.60 33.37	Roos van Esch	82 +0.37 32.91	
	Kevin Kingma	97 +0.41 32.58	Robin Schols	04 +0.28 26.08	
6.	Nederweert 1	Nederweert	NED	2:05.54	+0.56
	Femke de Wit	01 +0.56 33.93	Stefan de Leeuw	95 +0.47 30.12	
	Koen van der Wallen	94 +0.37 33.50	Dyonne Klomp	04 +0.36 27.99	
7.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	2:05.62	+0.75
	Kirsten Walraven	00 +0.75 33.71	Kalle van Gemert	98 +0.38 26.27	
	Eva van Elsen	99 +0.40 37.37	Tom van Gils	95 +0.22 28.27	
8.	De Gelenberg 1	De Gelenberg	NED	2:11.11	+0.68
	Kim van Dongen	04 +0.68 32.51	Jochem Janssen	00 +0.31 29.61	
	Roel van der Kruijs	85 +0.23 35.86	Lisa Brouwer	03 +0.04 33.13	
9.	ZV Hoogland 2	Zwemvereniging Hoogland	NED	2:13.26	+0.76
	Marloes Manni	90 +0.76 35.64	Kevin Roest	00 +0.42 27.45	
	Karlo Kok	91 +0.37 37.94	Yvette Meijer	97 +0.76 32.23	
10.	ZPC Woerden 1	ZPC Woerden	NED	2:14.16 *	+0.77
	Ilse van den Wijngaard	89 +0.77 36.72	Milan de Roo	01 +0.31 28.25	
	Daphne Dols	99 +0.30 39.80	Remco Visser	95 +0.13 29.39	
11.	Patrick-De Roersoppers (SG) 2	Patrick-De Roersoppers (SG)	NED	2:16.02	+0.58
	Mike Jansen	02 +0.58 32.30	Daan Wijnands	02 +0.36 29.10	
	Pascalie Janssen	73 +0.40 42.42	Senna Bongartz	03 +0.19 32.20	
12.	SWOL 1894 5	SWOL 1894	NED	2:16.57	+0.69
	Hugo Herbers	95 +0.69 36.33	Huub Scholing	93 +0.46 29.41	
	Beau Rijpers	94 +0.20 41.10	Lieke van Essen	95 +0.24 29.73	
13.	De Rijn 1	De Rijn	NED	2:17.04	+0.68
	Jeroen Louwinger	99 +0.68 33.60	Vivian Gravemaker	04 +0.64 31.08	
	Nienke Lammers	02 +0.46 40.85	Rick van Nieuwenhuizen	90 +0.19 31.51	

Programmanr. 28, 4 x 50m wisselslag

120+, Gemengd

1. ZV Hoogland 1	Zwemvereniging Hoogland	NED	2:00.55	+0.52
Anne-Irene Ducheine	95 +0.52 33.33	Bas Dries	95 +0.34 26.06	
Yuri van Omme	85 +0.20 32.61	Jamilla van Omme - van Veen	96 +0.31 28.55	
2. Aqua-Novio '94 1	Aqua-Novio '94	NED	2:06.80	+0.64
Joey Papaioannou	98 +0.64 30.08	Steven Uijl	93 +0.46 28.70	
Guusje van Lent	02 +0.55 36.29	Petra Guijt	76 +0.24 31.73	
3. De Geul 1	De Geul	NED	2:07.99	+0.75
Esmee Wijnmaalen	01 +0.75 36.06	Heijmen van Vliet	80 +0.58 30.22	
Ivan van Omme	82 +0.33 33.61	Marcha Admiraal	93 +0.62 28.10	
4. Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			2:09.33	+0.69
Stéphanie Schoemans	00 +0.69 33.56	Joshua Da Silva Ferra	94 +0.18 29.85	
Coralie Schoemans	02 +0.21 37.14	Martin Mikolas	79 +0.29 28.78	
5. Scheldestroom 1	Scheldestroom	NED	2:13.66	+0.76
Bianca Hertogh - Buijsse	74 +0.76 40.66	Roderick van Doeselaar	92 +0.48 28.86	
Maarten van der Zwan	75 +0.29 33.26	Romy van der Zwan	04 +0.57 30.88	
6. Steenwijk 1934 2	Steenwijk 1934	NED	2:14.74	+0.70
Robert Braad	86 +0.70 31.61	Rick Driezen	86 +0.44 28.53	
Ageeth de Haan	99 +0.54 42.08	Getrude Corporaal	92 +0.42 32.52	
7. De Amstel 1	De Amstel	NED	2:14.95	+0.79
Iris Bastiaansen	99 +0.79 36.73	Nick Sijmons	95 +0.26 26.54	
Henri Michels	65 +0.40 40.62	Iris van der Moolen	99 +0.29 31.06	
8. SBC2000 1	SBC2000	NED	2:15.84	+0.79
Christiaan Bouwmeester	76 +0.79 35.41	Odette Holster	99 +0.57 32.92	
Nick Bongers	98 +0.30 33.17	Marit van Tilburg	97 +0.17 34.34	
9. Zwemlust- den Hommel 2	Zwemlust- den Hommel	NED	2:18.08	+0.79
Danique van den Bosch	98 +0.79 38.84	Delano van den Bosch	02 +0.52 31.18	
Mark Zwart	79 +0.31 34.48	Liesbeth van Mill	87 +0.23 33.58	
10. Sassenheim 4	Sassenheim	NED	2:24.94	+0.83
Rianne Hoffland	88 +0.83 37.52	Marianne de Bruin	84 +0.49 38.43	
Arjan Buijsse	79 +0.41 39.77	Wesley van der Luit	97 +0.52 29.22	

160+, Gemengd

1. ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	2:05.85	+0.61
Lesley Cordial	67 +0.61 36.87	Erwin Buist	78 +0.20 28.87	
Jelle Opmeer	01 31.33	Marrije Jansen	85 +0.03 28.78	
2. Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			2:11.90	+0.66
Valérie Rolland	71 +0.66 37.83	Olivier Bresoux	69 +0.35 32.04	
Mikel Mugarza Pascual	99 +0.28 31.83	Nathalie Blondeel	77 +0.36 30.20	
3. De Duck 3	De Duck	NED	2:16.22	+0.77
Geraldine Trainor	75 +0.77 38.69	Jesper Oranje	92 +0.52 25.42	
Rachel Trainor	77 +0.44 41.96	Erik Saan	65 +0.66 30.15	
4. ZVVS 1	ZVVS	NED	2:17.90	+0.85
Nadya Putter	83 +0.85 38.69	Bram Piederiet	90 +0.28 30.08	
Karin Stein	71 +0.24 41.60	Bas van den Nouwelant	80 +0.43 27.53	
5. HZ&PC Heerenveen 3	HZ&PC Heerenveen	NED	2:22.99	+0.72
Peggi Hurenkamp	69 +0.72 42.65	Romy Jalving	00 +0.38 34.72	
Jan-Eggo Huininga	84 +0.23 36.17	Marten de Groot	58 +0.12 29.45	
6. ZVL-1886 Center 3	ZVL-1886 Center	NED	2:23.87	+0.58
Adela Vázquez Garcia	93 +0.58 36.36	Margien Timmer	95 +0.54 36.27	
Emiel Volker	76 +0.35 40.26	Martin Berkhout	71 +0.43 30.98	
7. De Duinkickers 1	De Duinkickers	NED	2:25.27	+0.76
Esther Poortvliet - Koedam	80 +0.76 37.49	Mathieu Rikken	67 +0.37 34.12	
Robert de Brauwer	64 +0.52 42.87	Merel Visser	99 +0.51 30.79	
8. DWK 1	DWK	NED	2:28.48	+0.83
Jennie Resink-lindeboom	60 +0.83 46.04	Lars Jacobsen	97 +0.32 30.91	
Martijn de Jong	71 +0.48 38.36	Iris van Aurich	69 +0.48 33.17	
9. AZC 3	AZC	NED	2:28.70	+0.77
Monique van Huizen	87 +0.77 39.22	Jessica Braat	02 +0.67 33.14	
Peter Bootsma	69 +0.50 44.50	Michael Go	75 +0.49 31.84	
10. San Giljan ASC 1	San Giljan ASC	MLT	2:34.06	+0.69
<i>Maltese Masters Record</i>				
Jonathan Gatt Colerio	81 +0.69 37.49	Mark Sponneck	76 +0.44 31.71	
Petra Ellul Mercer	73 +0.25 51.22	Michela Scicluna	95 +0.22 33.64	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 28, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	tijd	RT	PARA
11.	ESCA Zwemmen 4	2:39.72	+0.76	
	Karin van der Star-Verhoeven	92 +0.63	45.48	
	Wridzer Bakker	80 +0.46	33.21	

200+, Gemengd

1.	Westland Swimming Stars 2	Westland Swimming Stars	NED	2:21.56	+0.84
	Mark Nuijten	60 +0.84	38.65	75 +0.48	33.38
	Pieter Broek	77 +0.32	36.81	63 +0.33	32.72
2.	Old Dutch 2	Old Dutch	NED	2:28.76	+0.68
	Hans Vloedgraven	64 +0.68	38.32	79 +0.42	35.13
	Adriaan Kop	61 +0.36	44.90	79 +0.57	30.41
3.	De Rog 2	De Rog	NED	2:30.05	+0.75
	Wijnand Vergeest	68 +0.75	41.04	77 +0.52	39.20
	Arjan Verheij	71 +0.36	35.47	68 +0.76	34.34
4.	WVZ 5	WVZ	NED	2:35.87	+0.94
	Anita Steijger	65 +0.94	44.03	83 +0.57	41.77
	Arthur van Strien	63 +0.44	38.76	68 +0.41	31.31
5.	AZC 2	AZC	NED	2:42.07	+0.71
	Wim de Lange	58 +0.71	42.20	83 +0.46	36.68
	Mariska Kroon-Zaal	88 +0.58	42.73	42 +0.60	40.46
6.	WS Twente 1	WS Twente	NED	2:46.62	+0.60
	Hanneke Heymen	84 +0.60	38.00	60 +0.33	40.72
	Ima van der Molen	69 +0.49	49.82	61 +0.36	38.08
7.	De Rog 3	De Rog	NED	2:50.81 *	+0.90
	Sjoerd Van de Berg	54 +0.90	50.46	78 +0.64	44.76
	Regine Beckers-Stribos	70 +0.18	42.05	64 +0.53	33.54
8.	PSV 10	PSV	NED	2:52.71	+0.83
	Mark Godwaldt	87 +0.83	36.66	84 +0.32	34.09
	Judith Sijbers	73	52.93	52	49.03
9.	Steenwijk 1934 1	Steenwijk 1934	NED	2:53.43	+0.80
	Wilna Heijman	64 +0.80	46.06	71 +0.71	36.08
	Maarten Koolman	68 +0.79	48.56	73 +0.63	42.73

DIS Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL
EA - Te vroeg overgenomen., 2de zwemmer +0.80

Chiho Shoji	70 +0.80	38.16	Claire Anthony	57
Nicolas Gheis	84 -0.04		Hugues Herman	66

DIS Sassenheim 5 Sassenheim NED +0.65
EA - Te vroeg overgenomen., 2de zwemmer

Marinka vd Zwet	65 +0.65	39.49	Frank van Nobelen	69
Bogdan Androne	77 -0.04		Yvonne van Nobelen - Kampschreur	72

240+, Gemengd

1.	TriVia 2	TriVia	NED	2:36.94	+0.80
	Margriet Pasma	55 +0.80	47.04	72 +0.50	33.71
	Theo Bakker	64 +0.63	38.26	59 +0.24	37.93
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			2:54.37	+0.81
	Bruno Nahon	70 +0.81	38.63	52 +0.52	56.32
	Christian Schoenaers	59 +0.64	41.62	71 +0.74	37.80

6 - ONMK 2024 lb Sessie 6

05-05-2024 - 9:30

Programmanr. 29
05-05-2024 - 9:30

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	RT	PARA	
Masters 20+						
1.	Guus Hoogduin	ZVL-1886 Center	9:22.09	+0.71		
	50m: 30.68	30.68	250m: 2:49.73	35.31	450m: 5:12.92	35.76
	100m: 1:04.82	34.14	300m: 3:25.10	35.37	500m: 5:48.89	35.97
	150m: 1:39.55	34.73	350m: 4:01.36	36.26	550m: 6:25.12	36.23
	200m: 2:14.42	34.87	400m: 4:37.16	35.80	600m: 7:01.26	36.14
650m:					7:37.02	35.76
700m:					8:13.02	36.00
750m:					8:48.45	35.43
800m:					9:22.09	33.64
2.	Tom Balsen Versteeg	De Warande	9:23.05	+0.59		
	50m: 30.23	30.23	250m: 2:52.06	36.23	450m: 5:17.62	36.21
	100m: 1:04.61	34.38	300m: 3:28.26	36.20	500m: 5:53.67	36.05
	150m: 1:40.00	35.39	350m: 4:04.79	36.53	550m: 6:29.89	36.22
	200m: 2:15.83	35.83	400m: 4:41.41	36.62	600m: 7:06.15	36.26
650m:					7:41.82	35.67
700m:					8:16.76	34.94
750m:					8:51.39	34.63
800m:					9:23.05	31.66
3.	Nathan Janssen	De Geul	9:25.87	+0.66		
	50m: 30.42	30.42	250m: 2:50.58	35.35	450m: 5:14.16	35.99
	100m: 1:04.98	34.56	300m: 3:26.20	35.62	500m: 5:50.75	36.59
	150m: 1:39.91	34.93	350m: 4:02.05	35.85	550m: 6:26.73	35.98
	200m: 2:15.23	35.32	400m: 4:38.17	36.12	600m: 7:03.27	36.54
650m:					7:39.48	36.21
700m:					8:15.81	36.33
750m:					8:51.19	35.38
800m:					9:25.87	34.68
4.	Tenzin Tieman	Old Dutch	9:50.09	+0.80		
	50m: 30.56	30.56	250m: 2:51.75	36.68	450m: 5:22.70	37.81
	100m: 1:03.79	33.23	300m: 3:29.52	37.77	500m: 6:00.96	38.26
	150m: 1:38.95	35.16	350m: 4:07.02	37.50	550m: 6:38.92	37.96
	200m: 2:15.07	36.12	400m: 4:44.89	37.87	600m: 7:17.64	38.72
650m:					7:55.78	38.14
700m:					8:34.44	38.66
750m:					9:12.46	38.02
800m:					9:50.09	37.63
5.	Owen Michels	De Amstel	10:16.57	+0.67		
	50m: 30.76	30.76	250m: 2:58.42	38.17	450m: 5:36.16	40.01
	100m: 1:05.88	35.12	300m: 3:37.58	39.16	500m: 6:16.76	40.60
	150m: 1:42.68	36.80	350m: 4:16.68	39.10	550m: 6:57.28	40.52
	200m: 2:20.25	37.57	400m: 4:56.15	39.47	600m: 7:38.06	40.78
650m:					8:18.95	40.89
700m:					8:57.98	39.03
750m:					9:37.52	39.54
800m:					10:16.57	39.05
6.	Pascal Knein	SG Erkelenz - Hückelhoven	10:22.37	+0.79		
	50m: 32.87	32.87	250m: 3:06.28	39.84	450m: 5:47.58	40.89
	100m: 1:08.91	36.04	300m: 3:46.17	39.89	500m: 6:27.60	40.02
	150m: 1:47.42	38.51	350m: 4:26.64	40.47	550m: 7:07.98	40.38
	200m: 2:26.44	39.02	400m: 5:06.69	40.05	600m: 7:47.19	39.21
650m:					8:26.86	39.67
700m:					9:06.08	39.22
750m:					9:45.35	39.27
800m:					10:22.37	37.02
Masters 25+						
1.	Jeffrey Camphens	Team Noord Holland (SG)	9:41.10	+0.69		
	50m: 33.10	33.10	250m: 2:59.32	37.07	450m: 5:26.45	37.26
	100m: 1:09.05	35.95	300m: 3:35.57	36.25	500m: 6:03.28	36.83
	150m: 1:45.79	36.74	350m: 4:12.51	36.94	550m: 6:40.59	37.31
	200m: 2:22.25	36.46	400m: 4:49.19	36.68	600m: 7:17.36	36.77
650m:					7:53.99	36.63
700m:					8:30.43	36.44
750m:					9:06.57	36.14
800m:					9:41.10	34.53
2.	Jelle Blankestijn	ZPC AMERSFOORT	9:41.55	+0.74		
	50m: 30.98	30.98	250m: 2:55.06	36.61	450m: 5:22.92	37.37
	100m: 1:05.82	34.84	300m: 3:31.67	36.61	500m: 6:00.19	37.27
	150m: 1:42.10	36.28	350m: 4:08.66	36.99	550m: 6:38.01	37.82
	200m: 2:18.45	36.35	400m: 4:45.55	36.89	600m: 7:15.15	37.14
650m:					7:52.65	37.50
700m:					8:29.87	37.22
750m:					9:07.26	37.39
800m:					9:41.55	34.29
3.	Jordy van Oel	WVZ	9:52.80	+0.73		
	50m: 31.71	31.71	250m: 2:58.50	37.05	450m: 5:26.63	37.06
	100m: 1:07.05	35.34	300m: 3:35.50	37.00	500m: 6:04.29	37.66
	150m: 1:44.15	37.10	350m: 4:12.31	36.81	550m: 6:42.02	37.73
	200m: 2:21.45	37.30	400m: 4:49.57	37.26	600m: 7:19.99	37.97
650m:					7:57.77	37.78
700m:					8:36.04	38.27
750m:					9:14.50	38.46
800m:					9:52.80	38.30
4.	Lars Jacobsen	DWK	10:06.31	+0.80	782	
	50m: 31.42	31.42	250m: 3:03.64	38.57	450m: 5:38.89	38.85
	100m: 1:07.35	35.93	300m: 3:42.73	39.09	500m: 6:17.86	38.97
	150m: 1:45.55	38.20	350m: 4:21.00	38.27	550m: 6:56.85	38.99
	200m: 2:25.07	39.52	400m: 5:00.04	39.04	600m: 7:36.64	39.79
650m:					8:15.95	39.31
700m:					8:55.05	39.10
750m:					9:32.37	37.32
800m:					10:06.31	33.94
5.	Koen Wijnands	Patrick-De Roersoppers (SG)	10:27.09	+0.68		
	50m: 33.77	33.77	250m: 3:07.65	39.53	450m: 5:48.01	40.16
	100m: 1:10.67	36.90	300m: 3:47.10	39.45	500m: 6:28.09	40.08
	150m: 1:49.49	38.82	350m: 4:27.64	40.54	550m: 7:09.39	41.30
	200m: 2:28.12	38.63	400m: 5:07.85	40.21	600m: 7:49.90	40.51
650m:					8:29.57	39.67
700m:					9:10.09	40.52
750m:					9:49.19	39.10
800m:					10:27.09	37.90



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging		NED		199805775	tijd	RT	PARA
6.	Erik Baalbergen *200m	ZVL-1886 Center		NED		199805775	10:29.19	+0.85	
	50m: 32.83	32.83	250m: 3:08.52	40.47	450m: 5:49.84	40.72	650m: 8:31.18	40.62	
	100m: 1:10.25	37.42	300m: 3:48.37	39.85	500m: 6:30.18	40.34	700m: 9:11.45	40.27	
	150m: 1:49.13	38.88	350m: 4:28.80	40.43	550m: 7:10.72	40.54	750m: 9:51.89	40.44	
	200m: 2:28.05	38.92	400m: 5:09.12	40.32	600m: 7:50.56	39.84	800m: 10:29.19	37.30	
7.	Colin Degenars	ZPCH		NED		199505951	S14 10:30.10	+0.81	697
	50m: 32.67	32.67	250m: 3:08.90	39.85	450m: 5:49.28	40.18	650m: 8:33.07	41.26	
	100m: 1:10.60	37.93	300m: 3:49.01	40.11	500m: 6:30.62	41.34	700m: 9:13.37	40.30	
	150m: 1:49.74	39.14	350m: 4:28.92	39.91	550m: 7:11.34	40.72	750m: 9:53.03	39.66	
	200m: 2:29.05	39.31	400m: 5:09.10	40.18	600m: 7:51.81	40.47	800m: 10:30.10	37.07	
8.	Patrick Wyrdean	Westland Swimming Stars		NED		199702475	10:33.22	+0.73	
	50m: 34.92	34.92	250m: 3:14.36	40.34	450m: 5:56.36	39.89	650m: 8:35.65	39.41	
	100m: 1:14.04	39.12	300m: 3:55.44	41.08	500m: 6:36.24	39.88	700m: 9:15.65	40.00	
	150m: 1:53.53	39.49	350m: 4:35.92	40.48	550m: 7:16.00	39.76	750m: 9:55.08	39.43	
	200m: 2:34.02	40.49	400m: 5:16.47	40.55	600m: 7:56.24	40.24	800m: 10:33.22	38.14	

Masters 30+

1.	Mike Schel	ESCA Zwemmen		NED		199403279	9:32.34	+0.76	
	50m: 32.03	32.03	250m: 2:54.78	35.99	450m: 5:20.00	36.55	650m: 7:45.81	36.73	
	100m: 1:07.22	35.19	300m: 3:30.91	36.13	500m: 5:56.28	36.28	700m: 8:22.17	36.36	
	150m: 1:43.05	35.83	350m: 4:07.13	36.22	550m: 6:32.68	36.40	750m: 8:58.49	36.32	
	200m: 2:18.79	35.74	400m: 4:43.45	36.32	600m: 7:09.08	36.40	800m: 9:32.34	33.85	
2.	Raoni Schrijvers	Tempo		NED		199302669	9:40.82	+0.61	
	50m: 30.79	30.79	250m: 2:55.59	37.16	450m: 5:25.18	37.41	650m: 7:54.24	36.51	
	100m: 1:05.52	34.73	300m: 3:33.02	37.43	500m: 6:02.85	37.67	700m: 8:31.16	36.92	
	150m: 1:41.48	35.96	350m: 4:10.32	37.30	550m: 6:40.32	37.47	750m: 9:07.17	36.01	
	200m: 2:18.43	36.95	400m: 4:47.77	37.45	600m: 7:17.73	37.41	800m: 9:40.82	33.65	
3.	Jean Terver	Club Nautique Val de Fensch		FRA		314113	9:55.56	+0.85	
	50m: 32.33	32.33	250m: 2:59.22	37.87	450m: 5:32.89	38.47	650m: 8:05.94	38.23	
	100m: 1:07.39	35.06	300m: 3:37.53	38.31	500m: 6:11.30	38.41	700m: 8:43.49	37.55	
	150m: 1:43.89	36.50	350m: 4:15.94	38.41	550m: 6:49.32	38.02	750m: 9:20.91	37.42	
	200m: 2:21.35	37.46	400m: 4:54.42	38.48	600m: 7:27.71	38.39	800m: 9:55.56	34.65	
4.	Matteo Viani	Zwemlust- den Hommel		NED		199007717	10:02.88	+0.83	
	50m: 32.54	32.54	250m: 2:58.89	37.95	450m: 5:32.39	38.95	650m: 8:08.34	39.38	
	100m: 1:07.86	35.32	300m: 3:36.60	37.71	500m: 6:10.92	38.53	700m: 8:46.50	38.16	
	150m: 1:44.28	36.42	350m: 4:15.54	38.94	550m: 6:50.64	39.72	750m: 9:25.13	38.63	
	200m: 2:20.94	36.66	400m: 4:53.44	37.90	600m: 7:28.96	38.32	800m: 10:02.88	37.75	
5.	Tim Bunnik	Triton		NED		199000505	10:20.90	+0.79	
	50m: 33.52	33.52	250m: 3:09.65	39.93	450m: 5:48.21	40.40	650m: 8:25.83	39.47	
	100m: 1:10.97	37.45	300m: 3:48.87	39.22	500m: 6:28.15	39.94	700m: 9:04.32	38.49	
	150m: 1:49.76	38.79	350m: 4:28.21	39.34	550m: 7:06.87	38.72	750m: 9:43.38	39.06	
	200m: 2:29.72	39.96	400m: 5:07.81	39.60	600m: 7:46.36	39.49	800m: 10:20.90	37.52	
6.	Niels Bent	WS Twente		NED		199400465	10:39.51	+0.86	
	50m: 35.61	35.61	250m: 3:14.16	40.74	450m: 5:57.99	41.24	650m: 8:41.47	40.03	
	100m: 1:13.90	38.29	300m: 3:54.87	40.71	500m: 6:39.09	41.10	700m: 9:21.63	40.16	
	150m: 1:53.43	39.53	350m: 4:35.70	40.83	550m: 7:20.15	41.06	750m: 10:00.93	39.30	
	200m: 2:33.42	39.99	400m: 5:16.75	41.05	600m: 8:01.44	41.29	800m: 10:39.51	38.58	
7.	Marc Hoogendam	Blue Marlins		NED		199007713	11:25.96	+0.76	
	50m: 34.54	34.54	250m: 3:22.34	43.52	450m: 6:21.32	46.35	650m: 9:21.45	44.57	
	100m: 1:14.09	39.55	300m: 4:05.43	43.09	500m: 7:06.62	45.30	700m: 10:04.72	43.27	
	150m: 1:56.47	42.38	350m: 4:50.13	44.70	550m: 7:52.49	45.87	750m: 10:47.37	42.65	
	200m: 2:38.82	42.35	400m: 5:34.97	44.84	600m: 8:36.88	44.39	800m: 11:25.96	38.59	

Masters 35+

1.	Wessel Everloo	WS Twente		NED		198906597	S14 10:04.71	+0.87	788
	50m: 34.22	34.22	250m: 3:07.39	37.65	450m: 5:38.92	37.80	650m: 8:13.06	37.79	
	100m: 1:12.35	38.13	300m: 3:45.36	37.97	500m: 6:17.11	38.19	700m: 8:51.86	38.80	
	150m: 1:50.43	38.08	350m: 4:23.08	37.72	550m: 6:55.95	38.84	750m: 9:30.36	38.50	
	200m: 2:29.74	39.31	400m: 5:01.12	38.04	600m: 7:35.27	39.32	800m: 10:04.71	34.35	
2.	Niels Albrechts	De Schotejil		NED		198800039	10:05.77	+0.77	
	50m: 33.85	33.85	250m: 3:05.06	38.05	450m: 5:39.15	38.66	650m: 8:13.69	38.56	
	100m: 1:11.11	37.26	300m: 3:43.53	38.47	500m: 6:17.85	38.70	700m: 8:52.73	39.04	
	150m: 1:49.00	37.89	350m: 4:22.00	38.47	550m: 6:56.27	38.42	750m: 9:30.83	38.10	
	200m: 2:27.01	38.01	400m: 5:00.49	38.49	600m: 7:35.13	38.86	800m: 10:05.77	34.94	

Programmanr. 29, Heren, 800m vrije slag, Masters 35+

rang	naam	vereniging	tijd	RT	PARA
3.	Jonathan Vaernewyck	Drie Zes Vijf	10:56.54	+0.80	
	50m: 35.32 35.32	250m: 3:14.33 40.93	450m: 5:58.91 41.61	650m: 8:50.29 43.83	
	100m: 1:13.45 38.13	300m: 3:54.94 40.61	500m: 6:40.42 41.51	700m: 9:33.66 43.37	
	150m: 1:53.19 39.74	350m: 4:36.16 41.22	550m: 7:23.32 42.90	750m: 10:16.98 43.32	
	200m: 2:33.40 40.21	400m: 5:17.30 41.14	600m: 8:06.46 43.14	800m: 10:56.54 39.56	

Masters 40+

1.	Frank v.d. Voordt	De Schotejil	10:05.21	+0.82	
	50m: 33.78 33.78	250m: 3:05.78 38.70	450m: 5:39.32 38.21	650m: 8:12.51 38.10	
	100m: 1:10.69 36.91	300m: 3:44.19 38.41	500m: 6:17.36 38.04	700m: 8:51.21 38.70	
	150m: 1:48.80 38.11	350m: 4:22.66 38.47	550m: 6:55.70 38.34	750m: 9:29.24 38.03	
	200m: 2:27.08 38.28	400m: 5:01.11 38.45	600m: 7:34.41 38.71	800m: 10:05.21 35.97	
2.	Stijn De Pauw	Drie Zes Vijf	10:36.52	+0.75	
	50m: 34.26 34.26	250m: 3:12.17 40.87	450m: 5:55.31 40.25	650m: 8:39.13 40.62	
	100m: 1:11.63 37.37	300m: 3:53.06 40.89	500m: 6:36.64 41.33	700m: 9:19.97 40.84	
	150m: 1:50.46 38.83	350m: 4:33.72 40.66	550m: 7:17.69 41.05	750m: 9:59.60 39.63	
	200m: 2:31.30 40.84	400m: 5:15.06 41.34	600m: 7:58.51 40.82	800m: 10:36.52 36.92	
3.	Arne-Willem Kroonen	PSV	12:15.77	+1.02	
	50m: 40.30 40.30	250m: 3:41.40 45.88	450m: 6:49.71 46.99	650m: 10:03.21 47.64	
	100m: 1:24.34 44.04	300m: 4:27.94 46.54	500m: 7:38.17 48.46	700m: 10:49.81 46.60	
	150m: 2:09.51 45.17	350m: 5:15.05 47.11	550m: 8:26.66 48.49	750m: 11:34.42 44.61	
	200m: 2:55.52 46.01	400m: 6:02.72 47.67	600m: 9:15.57 48.91	800m: 12:15.77 41.35	

Masters 45+

1.	Håkon Skaarud Karlsen <i>Norwegian Masters Record</i>	Oslo I.L.	9:20.46	+0.67	
	50m: 32.83 32.83	250m: 2:54.59 35.83	450m: 5:16.44 35.64	650m: 7:38.58 35.64	
	100m: 1:07.66 34.83	300m: 3:29.86 35.27	500m: 5:51.81 35.37	700m: 8:14.10 35.52	
	150m: 1:43.27 35.61	350m: 4:05.53 35.67	550m: 6:27.58 35.77	750m: 8:49.70 35.60	
	200m: 2:18.76 35.49	400m: 4:40.80 35.27	600m: 7:02.94 35.36	800m: 9:20.46 30.76	
2.	Martijn Butter <i>Nederlands Masters Record</i>	OEZA	9:38.93	+0.88	
	50m: 31.71 31.71	250m: 2:54.70 36.25	450m: 5:21.08 36.77	650m: 7:48.64 36.95	
	100m: 1:06.56 34.85	300m: 3:31.09 36.39	500m: 5:57.88 36.80	700m: 8:25.99 37.35	
	150m: 1:42.36 35.80	350m: 4:07.65 36.56	550m: 6:34.67 36.79	750m: 9:03.36 37.37	
	200m: 2:18.45 36.09	400m: 4:44.31 36.66	600m: 7:11.69 37.02	800m: 9:38.93 35.57	
3.	Ben Rutten	Flemish Ardennes Swimming TezBEL	9:56.49	+1.12	
	50m: 33.18 33.18	250m: 3:01.41 37.78	450m: 5:32.19 37.88	650m: 8:03.46 37.88	
	100m: 1:09.41 36.23	300m: 3:38.80 37.39	500m: 6:10.04 37.85	700m: 8:41.44 37.98	
	150m: 1:46.33 36.92	350m: 4:16.41 37.61	550m: 6:47.80 37.76	750m: 9:19.50 38.06	
	200m: 2:23.63 37.30	400m: 4:54.31 37.90	600m: 7:25.58 37.78	800m: 9:56.49 36.99	
4.	Ivo Roozeboom	WVZ	10:03.94	+0.80	
	50m: 32.90 32.90	250m: 3:08.32 39.49	450m: 5:44.43 38.74	650m: 8:17.03 38.12	
	100m: 1:11.17 38.27	300m: 3:47.56 39.24	500m: 6:22.52 38.09	700m: 8:54.69 37.66	
	150m: 1:49.86 38.69	350m: 4:26.86 39.30	550m: 7:00.97 38.45	750m: 9:32.14 37.45	
	200m: 2:28.83 38.97	400m: 5:05.69 38.83	600m: 7:38.91 37.94	800m: 10:03.94 31.80	
5.	Mark Sponneck <i>Maltese Masters Record</i>	San Giljan ASC	10:11.17	+0.74	
	50m: 35.19 35.19	250m: 3:07.70 39.32	450m: 5:43.69 39.02	650m: 8:19.69 39.08	
	100m: 1:11.87 36.68	300m: 3:46.76 39.06	500m: 6:22.67 38.98	700m: 8:58.33 38.64	
	150m: 1:49.89 38.02	350m: 4:25.73 38.97	550m: 7:01.73 39.06	750m: 9:36.22 37.89	
	200m: 2:28.38 38.49	400m: 5:04.67 38.94	600m: 7:40.61 38.88	800m: 10:11.17 34.95	
6.	Bas Broekhuis <i>*400m</i>	MZ&PC Maastricht	10:56.18	+0.86	
	50m: 35.90 35.90	250m: 3:20.02 41.64	450m: 6:07.19 41.84	650m: 8:53.90 41.72	
	100m: 1:16.06 40.16	300m: 4:01.64 41.62	500m: 6:48.97 41.78	700m: 9:35.62 41.72	
	150m: 1:56.97 40.91	350m: 4:43.25 41.61	550m: 7:30.41 41.44	750m: 10:16.46 40.84	
	200m: 2:38.38 41.41	400m: 5:25.35 42.10	600m: 8:12.18 41.77	800m: 10:56.18 39.72	

Programmanr. 29, Heren, 800m vrije slag

Masters 50+

1. Richard Ricksen	Hellas-Glana	NED	197000841	10:46.49	+0.91
50m: 34.72	34.72	250m: 3:13.73	40.45	450m: 6:00.05	42.27
100m: 1:12.96	38.24	300m: 3:54.56	40.83	500m: 6:41.81	41.76
150m: 1:52.77	39.81	350m: 4:36.60	42.04	550m: 7:23.12	41.31
200m: 2:33.28	40.51	400m: 5:17.78	41.18	600m: 8:04.75	41.63
650m: 8:46.24	41.49			700m: 9:27.25	41.01
750m: 10:07.57	40.32			800m: 10:46.49	38.92
2. Ingmar de Gelder	ZOB'66	NED	197000333	10:55.73	+1.01
50m: 35.63	35.63	250m: 3:18.53	41.39	450m: 6:04.45	41.45
100m: 1:14.79	39.16	300m: 4:00.02	41.49	500m: 6:46.13	41.68
150m: 1:55.61	40.82	350m: 4:41.37	41.35	550m: 7:28.51	42.38
200m: 2:37.14	41.53	400m: 5:23.00	41.63	600m: 8:10.34	41.83
650m: 8:52.58	42.24			700m: 9:35.47	42.89
750m: 10:16.85	41.38			800m: 10:55.73	38.88
3. Chris Kouwenhoven	De Grunte	NED	197101669	11:10.35	+0.96
50m: 37.38	37.38	250m: 3:25.70	42.61	450m: 6:14.78	42.61
100m: 1:18.90	41.52	300m: 4:07.49	41.79	500m: 6:57.63	42.85
150m: 2:01.15	42.25	350m: 4:49.87	42.38	550m: 7:40.04	42.41
200m: 2:43.09	41.94	400m: 5:32.17	42.30	600m: 8:22.61	42.57
650m: 9:05.29	42.68			700m: 9:47.50	42.21
750m: 10:29.65	42.15			800m: 11:10.35	40.70
4. Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	12:13.49	+0.88
50m: 38.39	38.39	250m: 3:39.40	46.02	450m: 6:45.95	46.04
100m: 1:22.28	43.89	300m: 4:26.28	46.88	500m: 7:32.97	47.02
150m: 2:07.61	45.33	350m: 5:13.01	46.73	550m: 8:19.50	46.53
200m: 2:53.38	45.77	400m: 5:59.91	46.90	600m: 9:06.61	47.11
650m: 9:53.33	46.72			700m: 10:40.91	47.58
750m: 11:27.68	46.77			800m: 12:13.49	45.81

Masters 55+

1. Erlend Alstad	Oslo I.L.	NOR		10:05.54	+0.87
50m: 33.64	33.64	250m: 3:06.72	38.93	450m: 5:39.09	38.16
100m: 1:11.42	37.78	300m: 3:44.52	37.80	500m: 6:17.63	38.54
150m: 1:49.41	37.99	350m: 4:23.00	38.48	550m: 6:55.98	38.35
200m: 2:27.79	38.38	400m: 5:00.93	37.93	600m: 7:34.61	38.63
650m: 8:12.78	38.17			700m: 8:51.09	38.31
750m: 9:29.13	38.04			800m: 10:05.54	36.41
2. Roland Klein-Bölting	Bocholter WSV	GER	74076	10:16.68	+0.82
50m: 34.60	34.60	250m: 3:10.06	39.14	450m: 5:46.21	38.87
100m: 1:12.45	37.85	300m: 3:49.19	39.13	500m: 6:24.78	38.57
150m: 1:51.56	39.11	350m: 4:28.21	39.02	550m: 7:03.78	39.00
200m: 2:30.92	39.36	400m: 5:07.34	39.13	600m: 7:43.17	39.39
650m: 8:22.09	38.92			700m: 9:01.36	39.27
750m: 9:40.23	38.87			800m: 10:16.68	36.45
3. John Hardeman	Zwemlust- den Hommel	NED	196601615	10:19.98	+0.77
50m: 34.46	34.46	250m: 3:10.55	39.57	450m: 5:47.64	39.17
100m: 1:13.05	38.59	300m: 3:49.92	39.37	500m: 6:27.19	39.55
150m: 1:51.58	38.53	350m: 4:29.01	39.09	550m: 7:06.35	39.16
200m: 2:30.98	39.40	400m: 5:08.47	39.46	600m: 7:45.83	39.48
650m: 8:25.59	39.76			700m: 9:05.20	39.61
750m: 9:43.69	38.49			800m: 10:19.98	36.29
4. Henri Michels	De Amstel	NED	196501587	11:06.35	+0.89
50m: 36.11	36.11	250m: 3:21.91	41.98	450m: 6:12.22	42.32
100m: 1:16.10	39.99	300m: 4:04.89	42.98	500m: 6:54.94	42.72
150m: 1:57.44	41.34	350m: 4:47.13	42.24	550m: 7:37.54	42.60
200m: 2:39.93	42.49	400m: 5:29.90	42.77	600m: 8:20.45	42.91
650m: 9:02.58	42.13			700m: 9:45.00	42.42
750m: 10:26.43	41.43			800m: 11:06.35	39.92
5. Jan-Willem van den Berg	WVZ	NED	196801575	11:30.99	+0.75
50m: 36.50	36.50	250m: 3:28.75	43.43	450m: 6:24.04	43.44
100m: 1:18.37	41.87	300m: 4:12.82	44.07	500m: 7:07.90	43.86
150m: 2:01.71	43.34	350m: 4:56.77	43.95	550m: 7:51.61	43.71
200m: 2:45.32	43.61	400m: 5:40.60	43.83	600m: 8:35.75	44.14
650m: 9:19.64	43.89			700m: 10:04.09	44.45
750m: 10:47.63	43.54			800m: 11:30.99	43.36
6. Eymert van Rooij	PSV	NED	196601631	11:36.86	+0.84
50m: 38.01	38.01	250m: 3:34.24	43.57	450m: 6:30.03	42.52
100m: 1:21.23	43.22	300m: 4:19.46	45.22	500m: 7:14.06	44.03
150m: 2:05.54	44.31	350m: 5:02.83	43.37	550m: 7:58.67	44.61
200m: 2:50.67	45.13	400m: 5:47.51	44.68	600m: 8:43.16	44.49
650m: 9:27.39	44.23			700m: 10:11.05	43.66
750m: 10:54.28	43.23			800m: 11:36.86	42.58
7. Pascal Tourton	ZOB'66	NED	196601343	11:41.59	+0.94
50m: 39.25	39.25	250m: 3:35.35	45.04	450m: 6:32.61	44.94
100m: 1:21.76	42.51	300m: 4:19.20	43.85	500m: 7:17.21	44.60
150m: 2:06.47	44.71	350m: 5:03.81	44.61	550m: 8:02.57	45.36
200m: 2:50.31	43.84	400m: 5:47.67	43.86	600m: 8:47.35	44.78
650m: 9:32.46	45.11			700m: 10:16.19	43.73
750m: 11:00.18	43.99			800m: 11:41.59	41.41
8. Leon Slingerland	WVZ	NED	196801707	11:58.34	+0.89
50m: 35.59	35.59	250m: 3:34.33	46.80	450m: 6:41.05	46.85
100m: 1:17.69	42.10	300m: 4:20.76	46.43	500m: 7:28.25	47.20
150m: 2:02.38	44.69	350m: 5:07.69	46.93	550m: 8:14.66	46.41
200m: 2:47.53	45.15	400m: 5:54.20	46.51	600m: 9:00.70	46.04
650m: 9:46.80	46.10			700m: 10:32.37	45.57
750m: 11:16.64	44.27			800m: 11:58.34	41.70



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag

Masters 60+

1. Johan Remmits	ZPC AMERSFOORT	NED	196201159	10:34.73	+0.83
50m: 35.52	35.52	250m: 3:13.93	39.98	450m: 5:54.30	39.91
100m: 1:14.54	39.02	300m: 3:54.51	40.58	500m: 6:35.42	41.12
150m: 1:53.88	39.34	350m: 4:34.38	39.87	550m: 7:15.50	40.08
200m: 2:33.95	40.07	400m: 5:14.39	40.01	600m: 7:56.52	41.02
				650m: 8:36.62	40.10
				700m: 9:17.39	40.77
				750m: 9:56.62	39.23
				800m: 10:34.73	38.11
2. Jon Christensen	Luxembourg Sharks Swimming CLUX		10008	10:34.98	+0.77
<i>Luxembourg Masters Record</i>					
50m: 36.26	36.26	250m: 3:17.25	40.36	450m: 5:56.35	39.56
100m: 1:15.99	39.73	300m: 3:56.72	39.47	500m: 6:35.78	39.43
150m: 1:56.60	40.61	350m: 4:37.01	40.29	550m: 7:15.42	39.64
200m: 2:36.89	40.29	400m: 5:16.79	39.78	600m: 7:55.11	39.69
				650m: 8:35.04	39.93
				700m: 9:15.18	40.14
				750m: 9:55.49	40.31
				800m: 10:34.98	39.49
3. Axel Sondermann	Lone Star Masters	USA		11:20.99	+0.91
50m: 38.91	38.91	250m: 3:30.40	42.94	450m: 6:24.10	42.83
100m: 1:21.25	42.34	300m: 4:14.42	44.02	500m: 7:07.38	43.28
150m: 2:04.46	43.21	350m: 4:57.81	43.39	550m: 7:50.13	42.75
200m: 2:47.46	43.00	400m: 5:41.27	43.46	600m: 8:32.88	42.75
				650m: 9:15.86	42.98
				700m: 9:58.86	43.00
				750m: 10:39.90	41.04
				800m: 11:20.99	41.09
4. Menno Lomans	PSV	NED	196101071	12:09.14	+0.83
50m: 38.18	38.18	250m: 3:41.43	46.69	450m: 6:48.67	46.24
100m: 1:22.87	44.69	300m: 4:28.63	47.20	500m: 7:35.34	46.67
150m: 2:08.55	45.68	350m: 5:15.77	47.14	550m: 8:21.97	46.63
200m: 2:54.74	46.19	400m: 6:02.43	46.66	600m: 9:08.50	46.53
				650m: 9:55.07	46.57
				700m: 10:40.82	45.75
				750m: 11:26.47	45.65
				800m: 12:09.14	42.67
5. Joost de Kroon	AquAmigos	NED	196400999	12:14.05	+1.02
50m: 41.68	41.68	250m: 3:47.17	47.13	450m: 6:56.81	47.66
100m: 1:27.02	45.34	300m: 4:34.53	47.36	500m: 7:43.49	46.68
150m: 2:13.51	46.49	350m: 5:21.98	47.45	550m: 8:30.01	46.52
200m: 3:00.04	46.53	400m: 6:09.15	47.17	600m: 9:16.62	46.61
				650m: 10:03.19	46.57
				700m: 10:48.88	45.69
				750m: 11:33.04	44.16
				800m: 12:14.05	41.01

Masters 65+

1. Marten de Groot	HZ&PC Heerenveen	NED	195800149	10:41.77	+0.78
50m: 35.42	35.42	250m: 3:18.36	41.06	450m: 6:02.15	40.34
100m: 1:15.26	39.84	300m: 3:59.50	41.14	500m: 6:42.53	40.38
150m: 1:56.15	40.89	350m: 4:40.79	41.29	550m: 7:23.08	40.55
200m: 2:37.30	41.15	400m: 5:21.81	41.02	600m: 8:03.75	40.67
				650m: 8:43.96	40.21
				700m: 9:24.39	40.43
				750m: 10:04.62	40.23
				800m: 10:41.77	37.15
2. Dirk Zeterberg	Zehlendorfer TSV 1888	GER	101339	11:20.14	+0.95
50m: 38.54	38.54	250m: 3:32.60	43.54	450m: 6:26.09	43.03
100m: 1:21.49	42.95	300m: 4:16.32	43.72	500m: 7:09.45	43.36
150m: 2:05.13	43.64	350m: 4:59.71	43.39	550m: 7:52.56	43.11
200m: 2:49.06	43.93	400m: 5:43.06	43.35	600m: 8:35.51	42.95
				650m: 9:18.19	42.68
				700m: 10:00.45	42.26
				750m: 10:42.09	41.64
				800m: 11:20.14	38.05
3. Andreas Wenning	Bocholter WSV	GER	99336	12:34.74	+1.47
50m: 42.32	42.32	250m: 3:49.56	47.52	450m: 7:00.48	47.55
100m: 1:28.01	45.69	300m: 4:37.03	47.47	500m: 7:48.72	48.24
150m: 2:14.47	46.46	350m: 5:24.61	47.58	550m: 8:36.49	47.77
200m: 3:02.04	47.57	400m: 6:12.93	48.32	600m: 9:24.68	48.19
				650m: 10:12.41	47.73
				700m: 11:00.72	48.31
				750m: 11:48.28	47.56
				800m: 12:34.74	46.46
4. Lex Hoogendam	ZZ&PC De Devel	NED	195700541	13:49.49	+1.02
50m: 41.28	41.28	250m: 4:01.81	52.49	450m: 7:34.34	53.30
100m: 1:28.02	46.74	300m: 4:54.65	52.84	500m: 8:28.01	53.67
150m: 2:17.81	49.79	350m: 5:47.98	53.33	550m: 9:20.89	52.88
200m: 3:09.32	51.51	400m: 6:41.04	53.06	600m: 10:14.82	53.93
				650m: 11:07.78	52.96
				700m: 12:01.16	53.38
				750m: 12:55.51	54.35
				800m: 13:49.49	53.98

Masters 70+

1. Frans Heus	UZSC	NED	195100067	14:36.42	
50m: 50.05	50.05	250m: 4:30.82	55.96	450m: 8:10.91	55.31
100m: 1:44.01	53.96	300m: 5:26.30	55.48	500m: 9:06.19	55.28
150m: 2:38.50	54.49	350m: 6:20.60	54.30	550m: 10:01.71	55.52
200m: 3:34.86	56.36	400m: 7:15.60	55.00	600m: 10:57.08	55.37
				650m: 11:52.71	55.63
				700m: 12:49.65	56.94
				750m: 13:45.13	55.48
				800m: 14:36.42	51.29

Masters 75+

1. Wout Hemmes	De Plons	NED	194800059	13:43.47	+0.93
50m: 44.63	44.63	250m: 4:14.01	51.80	450m: 7:42.85	51.68
100m: 1:36.79	52.16	300m: 5:06.67	52.66	500m: 8:35.58	52.73
150m: 2:28.53	51.74	350m: 5:58.69	52.02	550m: 9:27.63	52.05
200m: 3:22.21	53.68	400m: 6:51.17	52.48	600m: 10:20.18	52.55
				650m: 11:11.69	51.51
				700m: 12:03.51	51.82
				750m: 12:54.71	51.20
				800m: 13:43.47	48.76



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 29, Heren, 800m vrije slag, Masters 75+

rang	naam	vereniging	tijd						RT	PARA
2.	Willem Putter	ZVVS	14:57.70						+1.03	
	50m: 47.13	47.13	250m: 4:31.75	56.08	450m: 8:21.84	57.10	650m: 12:12.25	57.23		
	100m: 1:42.05	54.92	300m: 5:29.83	58.08	500m: 9:19.96	58.12	700m: 13:09.23	56.98		
	150m: 2:38.38	56.33	350m: 6:26.02	56.19	550m: 10:17.78	57.82	750m: 14:05.21	55.98		
	200m: 3:35.67	57.29	400m: 7:24.74	58.72	600m: 11:15.02	57.24	800m: 14:57.70	52.49		

Masters 80+

1.	Geza Kaltenecker	AZC	16:45.63						+0.89	
	50m: 54.27	54.27	250m: 5:09.55	1:05.72	450m: 9:28.33	1:05.56	650m: 13:45.09	1:04.44		
	100m: 1:54.89	1:00.62	300m: 6:13.50	1:03.95	500m: 10:31.84	1:03.51	700m: 14:47.43	1:02.34		
	150m: 2:59.85	1:04.96	350m: 7:19.08	1:05.58	550m: 11:36.98	1:05.14	750m: 15:50.98	1:03.55		
	200m: 4:03.83	1:03.98	400m: 8:22.77	1:03.69	600m: 12:40.65	1:03.67	800m: 16:45.63	54.65		
2.	Rob Hanou	PSV	17:20.64						+1.13	
	50m: 56.56	56.56	250m: 5:22.73	1:04.59	450m: 9:45.12	1:04.62	650m: 14:07.24	1:05.16		
	100m: 2:04.04	1:07.48	300m: 6:29.14	1:06.41	500m: 10:50.13	1:05.01	700m: 15:12.53	1:05.29		
	150m: 3:11.47	1:07.43	350m: 7:35.85	1:06.71	550m: 11:55.32	1:05.19	750m: 16:17.52	1:04.99		
	200m: 4:18.14	1:06.67	400m: 8:40.50	1:04.65	600m: 13:02.08	1:06.76	800m: 17:20.64	1:03.12		

Masters 85+

1.	Nic Geers	PSV	19:08.69						+1.07	
	50m: 1:01.55	1:01.55	250m: 5:54.35	1:15.05	450m: 10:50.22	1:14.10	650m: 15:46.76	1:13.72		
	100m: 2:11.96	1:10.41	300m: 7:07.84	1:13.49	500m: 12:04.70	1:14.48	700m: 16:58.52	1:11.76		
	150m: 3:24.15	1:12.19	350m: 8:21.52	1:13.68	550m: 13:18.54	1:13.84	750m: 18:08.59	1:10.07		
	200m: 4:39.30	1:15.15	400m: 9:36.12	1:14.60	600m: 14:33.04	1:14.50	800m: 19:08.69	1:00.10		

Programmanr. 30
05-05-2024 - 11:00

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd						RT	PARA
Masters 20+										
1.	Roos Englebort	Hieronymus	5:15.83						+0.74	
	50m: 32.88	32.88	150m: 1:53.72	42.76	250m: 3:19.74	44.62	350m: 4:41.37	36.73		
	100m: 1:10.96	38.08	200m: 2:35.12	41.40	300m: 4:04.64	44.90	400m: 5:15.83	34.46		
2.	Valesca van den Bogert	Hieronymus	5:24.80						+0.73	
	50m: 34.27	34.27	150m: 1:54.52	42.43	250m: 3:22.17	45.38	350m: 4:45.42	39.19		
	100m: 1:12.09	37.82	200m: 2:36.79	42.27	300m: 4:06.23	44.06	400m: 5:24.80	39.38		
3.	Eline Hoekstra	OEZA	5:51.04						+0.81	
	50m: 34.70	34.70	150m: 2:03.05	44.23	250m: 3:38.30	50.88	350m: 5:10.48	40.39		
	100m: 1:18.82	44.12	200m: 2:47.42	44.37	300m: 4:30.09	51.79	400m: 5:51.04	40.56		
4.	Ilse Valk	Het Ravijn	6:05.16						+0.69	
	50m: 37.30	37.30	150m: 2:12.19	49.74	250m: 3:52.53	51.35	350m: 5:25.62	40.70		
	100m: 1:22.45	45.15	200m: 3:01.18	48.99	300m: 4:44.92	52.39	400m: 6:05.16	39.54		
5.	Cynthia Koolman	ZPC Hoogeveen	6:06.97						+0.66	
	50m: 40.88	40.88	150m: 2:16.18	45.75	250m: 3:54.59	53.44	350m: 5:28.19	40.64		
	100m: 1:30.43	49.55	200m: 3:01.15	44.97	300m: 4:47.55	52.96	400m: 6:06.97	38.78		
6.	Senna Bongartz	Patrick-De Roersoppers (SG)	6:23.30						+0.72	
	50m: 41.16	41.16	150m: 2:23.08	53.21	250m: 4:07.21	55.33	350m: 5:43.69	41.69		
	100m: 1:29.87	48.71	200m: 3:11.88	48.80	300m: 5:02.00	54.79	400m: 6:23.30	39.61		
7.	Isabelle Janssen	De Geul	6:39.84						+0.77	
	50m: 42.19	42.19	150m: 2:23.33	50.47	250m: 4:12.72	57.68	350m: 5:56.42	43.99		
	100m: 1:32.86	50.67	200m: 3:15.04	51.71	300m: 5:12.43	59.71	400m: 6:39.84	43.42		
8.	Nasca van Dijk	De Marlijn (SG)	6:40.56						+0.68	
	50m: 38.49	38.49	150m: 2:23.39	53.57	250m: 4:12.28	58.12	350m: 5:56.40	45.24		
	100m: 1:29.82	51.33	200m: 3:14.16	50.77	300m: 5:11.16	58.88	400m: 6:40.56	44.16		

Programmanr. 30, Dames, 400m wisselslag

Masters 25+

1. Tamara Grove	De Dolfijn	NED	199601266	5:29.36	+0.72
50m: 33.66	33.66	150m: 1:58.04	44.18	250m: 3:28.03	47.13
100m: 1:13.86	40.20	200m: 2:40.90	42.86	300m: 4:16.79	48.76
				350m: 4:53.06	36.27
				400m: 5:29.36	36.30
2. Moniek van Langevelde	ESCA Zwemmen	NED	199803160	5:48.49	+0.74
50m: 37.64	37.64	150m: 2:10.49	46.12	250m: 3:43.64	48.75
100m: 1:24.37	46.73	200m: 2:54.89	44.40	300m: 4:33.39	49.75
				350m: 5:12.28	38.89
				400m: 5:48.49	36.21
3. Fiona Meuffels	PSV	NED	199504366	5:51.68	+0.71
50m: 38.65	38.65	150m: 2:10.45	46.14	250m: 3:44.65	48.87
100m: 1:24.31	45.66	200m: 2:55.78	45.33	300m: 4:34.43	49.78
				350m: 5:13.14	38.71
				400m: 5:51.68	38.54
4. Floor Weijmans	HZPC	NED	199502522	5:58.04	+0.78
50m: 38.66	38.66	150m: 2:07.04	44.67	250m: 3:44.33	52.84
100m: 1:22.37	43.71	200m: 2:51.49	44.45	300m: 4:39.25	54.92
				350m: 5:19.11	39.86
				400m: 5:58.04	38.93
5. Larissa Jansen	PSV	NED	199500660	6:00.83	+0.77
50m: 38.09	38.09	150m: 2:11.38	47.94	250m: 3:48.37	50.94
100m: 1:23.44	45.35	200m: 2:57.43	46.05	300m: 4:39.71	51.34
				350m: 5:20.91	41.20
				400m: 6:00.83	39.92
6. Diane Schoenmaker	PSV	NED	199502920	6:07.92	+0.82
50m: 36.94	36.94	150m: 2:10.24	47.25	250m: 3:48.76	52.55
100m: 1:22.99	46.05	200m: 2:56.21	45.97	300m: 4:43.10	54.34
				350m: 5:26.80	43.70
				400m: 6:07.92	41.12
7. Selina Janssen	Neptunus'58	NED	199905974	6:10.47	+0.76
50m: 34.99	34.99	150m: 2:03.42	47.32	250m: 3:48.21	57.60
100m: 1:16.10	41.11	200m: 2:50.61	47.19	300m: 4:47.48	59.27
				350m: 5:29.78	42.30
				400m: 6:10.47	40.69
8. Anouk van der Lans	Westland Swimming Stars	NED	199801614	6:27.46	+0.77
50m: 41.12	41.12	150m: 2:22.26	48.25	250m: 4:04.63	55.54
100m: 1:34.01	52.89	200m: 3:09.09	46.83	300m: 5:01.07	56.44
				350m: 5:46.43	45.36
				400m: 6:27.46	41.03
9. Djamari Oetringer	Aqua-Novio '94	NED	199600546	6:36.76	+0.77
50m: 44.26	44.26	150m: 2:27.26	50.28	250m: 4:09.33	52.70
100m: 1:36.98	52.72	200m: 3:16.63	49.37	300m: 5:01.82	52.49
				350m: 5:49.96	48.14
				400m: 6:36.76	46.80

Masters 30+

1. Lisa Dreesens	Blue Marlins	NED	199105798	5:15.63	+0.82
<i>Nederlands Masters Record</i>					
50m: 30.98	30.98	150m: 1:50.97	42.80	250m: 3:17.75	45.09
100m: 1:08.17	37.19	200m: 2:32.66	41.69	300m: 4:03.84	46.09
				350m: 4:40.30	36.46
				400m: 5:15.63	35.33
2. Lucie Terver	Club Nautique Val de Fensch	FRA	412372	6:06.09	+0.81
50m: 37.09	37.09	150m: 2:10.39	49.82	250m: 3:49.82	51.65
100m: 1:20.57	43.48	200m: 2:58.17	47.78	300m: 4:43.27	53.45
				350m: 5:25.79	42.52
				400m: 6:06.09	40.30
3. Nienke Smidt	WS Twente	NED	199407596	6:09.08	+0.95
50m: 38.13	38.13	150m: 2:11.62	49.21	250m: 3:53.02	55.35
100m: 1:22.41	44.28	200m: 2:57.67	46.05	300m: 4:51.03	58.01
				350m: 5:32.01	40.98
				400m: 6:09.08	37.07
4. Alma Janssen	Z&PC Zegenwerp	NED	199401078	6:31.19	+0.67
50m: 38.67	38.67	150m: 2:15.37	50.52	250m: 4:03.62	58.22
100m: 1:24.85	46.18	200m: 3:05.40	50.03	300m: 5:02.11	58.49
				350m: 5:47.86	45.75
				400m: 6:31.19	43.33

Masters 35+

1. Viktória Háden-Felföldi	Iron Swim	HUN		5:28.42	+0.66
50m: 33.32	33.32	150m: 1:54.98	42.56	250m: 3:25.79	49.01
100m: 1:12.42	39.10	200m: 2:36.78	41.80	300m: 4:15.14	49.35
				350m: 4:52.40	37.26
				400m: 5:28.42	36.02
2. Sabine Zimmermann	Aachener SV 06	GER	101578	5:33.37	+0.75
50m: 37.21	37.21	150m: 2:03.99	44.71	250m: 3:33.32	47.49
100m: 1:19.28	42.07	200m: 2:45.83	41.84	300m: 4:20.11	46.79
				350m: 4:57.39	37.28
				400m: 5:33.37	35.98
3. Jenny Schouten	PSV	NED	198703674	5:37.91	+0.79
<i>Nederlands Masters Record</i>					
50m: 35.20	35.20	150m: 2:01.26	44.24	250m: 3:32.87	49.18
100m: 1:17.02	41.82	200m: 2:43.69	42.43	300m: 4:22.47	49.60
				350m: 5:01.80	39.33
				400m: 5:37.91	36.11
4. Marlijn Hendriksen	DIO	NED	198806828	5:44.59	+0.73
50m: 35.70	35.70	150m: 2:02.47	45.30	250m: 3:36.11	48.51
100m: 1:17.17	41.47	200m: 2:47.60	45.13	300m: 4:25.02	48.91
				350m: 5:05.72	40.70
				400m: 5:44.59	38.87

Programmanr. 30, Dames, 400m wisselslag

Masters 40+

1. Heather Frees	Lone Star Masters	USA	5:54.02	+0.65
50m: 35.21 35.21	150m: 2:03.39 47.96	250m: 3:42.79 51.69	350m: 5:14.91 40.12	
100m: 1:15.43 40.22	200m: 2:51.10 47.71	300m: 4:34.79 52.00	400m: 5:54.02 39.11	
2. Michelle de Villiers	Hellas-Glana	NED 198302944	6:41.31	+0.80
50m: 37.96 37.96	150m: 2:19.27 53.95	250m: 4:10.07 57.78	350m: 5:55.66 47.76	
100m: 1:25.32 47.36	200m: 3:12.29 53.02	300m: 5:07.90 57.83	400m: 6:41.31 45.65	
3. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	6:45.05	+0.73
50m: 44.41 44.41	150m: 2:29.24 50.30	250m: 4:15.80 58.38	350m: 6:00.97 46.95	
100m: 1:38.94 54.53	200m: 3:17.42 48.18	300m: 5:14.02 58.22	400m: 6:45.05 44.08	
4. Linda Hoogendam	WVZ	NED 198300892	7:06.10	+0.86
50m: 45.56 45.56	150m: 2:36.34 55.46	250m: 4:34.41 1:03.64	350m: 6:24.13 45.90	
100m: 1:40.88 55.32	200m: 3:30.77 54.43	300m: 5:38.23 1:03.82	400m: 7:06.10 41.97	

Masters 45+

1. Carole Kettenmeyer-Reuland	Swimming Club Le Dauphin EtteltLUX:	2017	5:47.66	+0.75
50m: 37.02 37.02	150m: 2:05.42 45.32	250m: 3:38.63 49.87	350m: 5:07.78 39.88	
100m: 1:20.10 43.08	200m: 2:48.76 43.34	300m: 4:27.90 49.27	400m: 5:47.66 39.88	
2. Liselotte Joling	PSV	NED 197500268	6:05.75	+0.80
50m: 37.27 37.27	150m: 2:11.58 49.78	250m: 3:51.28 51.82	350m: 5:26.73 41.17	
100m: 1:21.80 44.53	200m: 2:59.46 47.88	300m: 4:45.56 54.28	400m: 6:05.75 39.02	
3. Jolanda van Gendt	PSV	NED 197800266	6:29.16	+0.74
50m: 41.49 41.49	150m: 2:20.07 48.63	250m: 4:03.43 55.95	350m: 5:44.13 45.03	
100m: 1:31.44 49.95	200m: 3:07.48 47.41	300m: 4:59.10 55.67	400m: 6:29.16 45.03	
4. Leontine Loeber	SwimGym	NED 197701010	6:42.72	+0.83
50m: 43.03 43.03	150m: 2:27.73 52.27	250m: 4:14.29 53.92	350m: 5:58.41 47.11	
100m: 1:35.46 52.43	200m: 3:20.37 52.64	300m: 5:11.30 57.01	400m: 6:42.72 44.31	

Masters 50+

1. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	6:07.34	+0.79
50m: 36.36 36.36	150m: 2:10.00 51.55	250m: 3:52.62 50.61	350m: 5:26.18 41.72	
100m: 1:18.45 42.09	200m: 3:02.01 52.01	300m: 4:44.46 51.84	400m: 6:07.34 41.16	
2. Bianca Groot	MSV-Zeemacht	NED 197000652	6:35.73	+0.86
50m: 43.50 43.50	150m: 2:30.10 53.15	250m: 4:15.90 53.82	350m: 5:53.67 43.07	
100m: 1:36.95 53.45	200m: 3:22.08 51.98	300m: 5:10.60 54.70	400m: 6:35.73 42.06	
3. Annet Kootstra	SWOL 1894	NED 197100344	7:37.03	+0.90
50m: 51.16 51.16	150m: 2:49.64 1:00.72	250m: 4:50.12 1:02.23	350m: 6:46.35 51.07	
100m: 1:48.92 57.76	200m: 3:47.89 58.25	300m: 5:55.28 1:05.16	400m: 7:37.03 50.68	

Masters 55+

1. Claudia Thielemann	SG Bayer	GER 333958	5:49.93	+0.61
50m: 36.56 36.56	150m: 2:04.08 45.87	250m: 3:40.26 51.19	350m: 5:11.73 39.94	
100m: 1:18.21 41.65	200m: 2:49.07 44.99	300m: 4:31.79 51.53	400m: 5:49.93 38.20	
2. Iris van Aurich	DWK	NED 196900866	6:32.70	+0.71
50m: 44.76 44.76	150m: 2:30.08 50.58	250m: 4:13.54 54.47	350m: 5:50.90 44.00	
100m: 1:39.50 54.74	200m: 3:19.07 48.99	300m: 5:06.90 53.36	400m: 6:32.70 41.80	
3. Laura Staal	Oceanus	NED 196700358	6:45.22	+0.79
50m: 44.94 44.94	150m: 2:29.42 52.57	250m: 4:17.46 56.92	350m: 6:01.20 45.86	
100m: 1:36.85 51.91	200m: 3:20.54 51.12	300m: 5:15.34 57.88	400m: 6:45.22 44.02	
4. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	6:58.23	+0.82
50m: 42.05 42.05	150m: 2:27.35 54.30	250m: 4:21.21 59.03	350m: 6:11.03 49.38	
100m: 1:33.05 51.00	200m: 3:22.18 54.83	300m: 5:21.65 1:00.44	400m: 6:58.23 47.20	
5. Anita Steijger	WVZ	NED 196500628	7:05.82	+0.88
50m: 45.76 45.76	150m: 2:38.02 56.41	250m: 4:31.69 59.73	350m: 6:19.53 47.79	
100m: 1:41.61 55.85	200m: 3:31.96 53.94	300m: 5:31.74 1:00.05	400m: 7:05.82 46.29	
6. K. van Nassau-van den Heuvel	Old Dutch	NED 196600188	7:20.52	+0.95
50m: 52.73 52.73	150m: 2:48.99 59.79	250m: 4:43.84 57.26	350m: 6:30.53 49.64	
100m: 1:49.20 56.47	200m: 3:46.58 57.59	300m: 5:40.89 57.05	400m: 7:20.52 49.99	



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Programmanr. 30, Dames, 400m wisselslag

Masters 60+

1.	Pierrette Michel	Cercle De Natation Sportcity WoilBEL	CNSW/000835/62	6:13.19	+0.93
	50m: 38.32 38.32	150m: 2:09.23 45.65	250m: 3:50.54 54.52	350m: 5:29.87 43.35	
	100m: 1:23.58 45.26	200m: 2:56.02 46.79	300m: 4:46.52 55.98	400m: 6:13.19 43.32	
2.	P. Tossings-van de Hooven	GZC DONK	NED 196100376	6:53.44	+0.89
	50m: 43.87 43.87	150m: 2:32.36 54.73	250m: 4:23.69 58.10	350m: 6:08.78 45.55	
	100m: 1:37.63 53.76	200m: 3:25.59 53.23	300m: 5:23.23 59.54	400m: 6:53.44 44.66	
3.	Margriet Grove-Lingeman	Triton	NED 196200080	7:04.23 *	+0.81
	50m: 42.82 42.82	150m: 2:28.84 55.29	250m: 4:23.80 1:01.38	350m: 6:15.24 49.90	
	100m: 1:33.55 50.73	200m: 3:22.42 53.58	300m: 5:25.34 1:01.54	400m: 7:04.23 48.99	
4.	Lia Bijkerk	GZC DONK	NED 196000014	7:56.86	+0.99
	50m: 51.61 51.61	150m: 3:01.58 1:04.74	250m: 5:05.85 1:04.00	350m: 7:05.65 52.62	
	100m: 1:56.84 1:05.23	200m: 4:01.85 1:00.27	300m: 6:13.03 1:07.18	400m: 7:56.86 51.21	

Masters 65+

1.	Patty Verhagen	PSV	NED 195900146	7:07.60	+0.87
	50m: 51.80 51.80	150m: 2:43.91 53.63	250m: 4:36.81 1:00.83	350m: 6:23.70 46.06	
	100m: 1:50.28 58.48	200m: 3:35.98 52.07	300m: 5:37.64 1:00.83	400m: 7:07.60 43.90	
2.	Margriet Pasma	TriVia	NED 195500088	7:32.95	+1.02
	50m: 55.20 55.20	150m: 2:53.57 56.72	250m: 4:51.81 1:02.20	350m: 6:44.99 48.56	
	100m: 1:56.85 1:01.65	200m: 3:49.61 56.04	300m: 5:56.43 1:04.62	400m: 7:32.95 47.96	
3.	Hannie Poletiek	TriVia	NED 195900278	7:58.88	+0.93
	50m: 54.36 54.36	150m: 3:03.42 1:02.43	250m: 5:10.46 1:04.27	350m: 7:07.32 52.09	
	100m: 2:00.99 1:06.63	200m: 4:06.19 1:02.77	300m: 6:15.23 1:04.77	400m: 7:58.88 51.56	

Masters 70+

1.	Antoinette Gilding-Tussaud	WS Twente	NED 195000038	9:49.32	
	50m: 1:13.25 1:13.25	150m: 3:51.76 1:08.51	250m: 6:19.48 1:19.94	350m: 8:43.89 1:05.25	
	100m: 2:43.25 1:30.00	200m: 4:59.54 1:07.78	300m: 7:38.64 1:19.16	400m: 9:49.32 1:05.43	

Programmanr. 31
05-05-2024 - 11:44

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	tijd	RT	PARA
80+, Heren				
1.	ZVL-1886 Center 1	4:21.28	+0.67	
	Guus Hoogduin +0.67 31.62 1:05.43	Robin van Beek +0.20 27.82 1:02.13		
	Robin van Peenen +0.63 32.84 1:13.68	Erik Baalbergen +0.27 28.05 1:00.04		
2.	ZVDO'74 1	4:28.12	+0.63	
	Sven Westerlaken +0.63 32.41 1:06.75	Damian Andel +0.61 28.71 1:09.02		
	Bart de Fijter +0.45 34.61 1:15.82	Mitchell van der Mooren +0.08 27.05 56.53		
3.	HZ&PC Heerenveen 1 *50m	4:29.76	+0.67	
	Remco Dijkstra +0.67 34.40 1:12.45	Jorian Darwinkel +0.10 27.71 1:03.21		
	Richard Kuipers +0.26 33.54 1:13.32	Rob van Wier +0.18 28.57 1:00.78		
4.	MSV-Zeemacht 2	4:36.18	+0.72	
	Marco van der Wulp +0.72 34.38 1:14.47	Jordi de Nijs +0.27 28.42 1:03.79		
	Boyd Wijkman +0.41 35.53 1:18.63	Mees Minneboo +0.39 28.35 59.29		



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Programmanr. 31, 4 x 100m wisselslag

100+, Heren

1.	Nuenen 1	Nuenen		NED	4:07.45	+0.61		
	Luuk Smits	+0.61	28.25	58.76	Wouter Sijmons	+0.46	28.97	1:03.52
	Lars Diesch	+0.46	30.23	1:05.51	Jeroen Schelling	+0.50	28.19	59.66
2.	ESCA Zwemmen 1	ESCA Zwemmen		NED	4:23.67	+0.68		
	Mike Schel	+0.68	33.42	1:07.88	Wessel Haverkamp	+0.45	30.41	1:08.74
	Jurre Stammes	+0.26	31.64	1:09.39	Peter Rothengatter	+0.37	27.34	57.66
3.	Poseidon'56 1	Poseidon'56		NED	4:27.16	+0.61		
	Gerard Willighagen	+0.61	31.01	1:04.60	Erik van Gemert	+0.26	27.45	1:03.46
	Jim Geestman	+0.43	34.11	1:17.04	Sam Beer	+0.55	29.03	1:02.06
4.	ZOB'66 2	ZOB'66		NED	4:43.30	+0.56		
	<i>*50m</i>							
	Ian van Mullem	+0.56	34.71	1:13.47	Daan Siebenheller	+0.24	29.22	1:06.07
	Boaz Troost	+0.33	36.40	1:20.40	Jaimy Voogt	+0.24	29.57	1:03.36

120+, Heren

1.	WVZ 10	WVZ		NED	4:20.09	+0.77		
	Jasper Breugem	+0.77	31.73	1:05.33	Jordy van Oel	+0.37	29.44	1:04.94
	Sander Kirillova	+0.32	32.60	1:10.94	Ivo Roozeboom	+0.35	28.01	58.88
2.	ZPC AMERSFOORT 4	ZPC AMERSFOORT		NED	4:39.07	+0.69		
	Jelle Blankestijn	+0.69	33.57	1:08.96	Rob van Vliet	+0.03	30.41	1:08.33
	Martijn Bartels	+0.64	37.34	1:21.28	Erwin Buist	+0.31	28.15	1:00.50
3.	De Schotejil 1	De Schotejil		NED	4:42.15	+0.85		
	David Kievit	+0.85	32.85	1:07.47	Frank v.d. Voordt	+0.67	32.08	1:09.27
	Sven Dubbeld		39.13	1:23.37	Niels Albrechts	+0.24	29.42	1:02.04
4.	RZ Roermond 1	RZ		NED	4:47.23	+0.63		
	Sven Doezen	+0.63	36.90	1:14.95	Lars Hilkens	+0.31	29.51	1:06.57
	Bert Schlicher	+0.48	38.09	1:20.52	Gino Martijn	+0.21	29.41	1:05.19
DIS	ESCA Zwemmen 2	ESCA Zwemmen		NED		+0.82		
	<i>VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken., 3e zwemmer</i>							
	Job Esink	+0.82	39.18	1:22.51	Tim de Vrught	+0.42		
	Sander de Vrught	+0.44	32.65	1:11.20	Mees Laar	+0.27		

160+, Heren

1.	ZPCH 1	ZPCH		NED	4:26.05	+0.68		
	Ruud Holswilder	+0.68	31.98	1:06.06	László Jüllich	+0.40	32.70	1:10.26
	Lucas Douwma	+0.18	32.14	1:08.64	Jasper van Heijst	+0.39	29.41	1:01.09
2.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)		NED	5:07.04	+0.55		
	Mike Jansen	+0.55	33.31	1:09.70	Koen Wijnands	+0.56	30.97	1:10.31
	Eric Dumas	+0.41	42.64	1:34.29	Arno Schrauwen	+0.11	34.56	1:12.74

200+, Heren

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	4:40.82	+0.74		
	<i>Nederlands Masters Record</i>							
	Johan Remmits	+0.74	35.07	1:13.37	Chester Marsman	+0.37	29.54	1:05.11
	Jelle Opmeer	+0.32	32.37	1:11.05	Henk Kuipers	+0.26	33.68	1:11.29
2.	PSV 5	PSV		NED	5:46.74	+0.71		
	Ron Phaff	+0.71	42.46	1:27.46	Tom Bandsma	+1.03	49.15	1:52.02
	Harold Matla	+0.58	37.73	1:20.97	Arne-Willem Kroonen	+0.45	31.45	1:06.29
DIS	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL					+0.80		
	<i>EA - Te vroeg overgenomen., 4e zwemmer</i>							
	Bruno Nahon	+0.80	38.74	1:20.57	Olivier Bresoux	+0.29	38.84	1:20.94
	Hugues Herman	+0.58	39.16	1:23.34	Julien Marquet	-0.07		



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 31, 4 x 100m wisselslag

240+, Heren

1. De Rog 1	De Rog	NED	5:01.43	+0.78
Erik Kamphuis	+0.78 39.03 1:17.52	Peter Bensen	+0.36 32.61 1:14.27	
Glen Le Clercq	+0.61 36.38 1:21.21	Rob Spetter	+0.45 32.23 1:08.43	

80+, Dames

1. Hieronymus 1	Hieronymus	NED	4:34.12	+0.72
<i>Nederlands Masters Record</i>				
Nadja Roovers	+0.72 33.51 1:09.67	Roos Englebort	+0.24 31.06 1:08.15	
Valesca van den Bogert	+0.44 35.82 1:16.12	Selene Wortel	+0.31 28.64 1:00.18	
2. Nederweert 1	Nederweert	NED	5:04.83	+0.58
Femke de Wit	+0.58 35.55 1:16.14	Dyonne Klomp	+0.34 32.78 1:15.28	
Daniëque Klomp	+0.37 41.06 1:27.29	Tamara Bloemers	+0.08 30.97 1:06.12	
3. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	5:11.50	+0.68
<i>*50m</i>				
Inge Dekker	+0.68 35.39 1:14.42	Lianne van Wier	+0.42 32.86 1:15.92	
Leonie van Wier	+0.37 41.16 1:30.01	Romy Jalving	+0.47 33.61 1:11.15	

100+, Dames

1. Nuenen 2	Nuenen	NED	4:38.17	+0.64
<i>Nederlands Masters Record</i>				
Merel Phaff	+0.64 33.56 1:11.24	Britt Bogers	+0.34 31.84 1:12.49	
Robin Goossens	+0.23 34.17 1:13.61	Anneloes Peulen	+0.36 28.75 1:00.83	
2. Niemo Barracuda 1	Niemo Barracuda	NED	4:54.74	+0.64
Robin Pienaar	+0.64 35.85 1:15.89	Denise Boereboom	+0.43 31.72 1:11.73	
Melissa van der Heijden	+0.27 38.84 1:23.88	Amber Hesper	+0.21 29.62 1:03.24	
3. OEZA 1	OEZA	NED	5:03.26	+0.73
Jade Broek	+0.73 33.50 1:11.81	Eline Hoekstra	+0.39 33.12 1:15.34	
Shira de Haan	+0.55 41.70 1:30.26	Anne Groen	+0.39 30.61 1:05.85	
4. PSV 6	PSV	NED	5:14.31	+0.75
Diane Schoenmaker	+0.75 39.69 1:21.10	Leonor Babo	+0.26 34.55 1:17.48	
Fiona Meuffels	+0.35 40.74 1:26.92	Larissa Jansen	+0.47 33.20 1:08.81	
5. De Duck 6	De Duck	NED	5:28.79	+0.72
<i>*50m</i>				
Kimberley van Buren	+0.72 43.25 1:28.47	Marcella van der Ent	+0.57 33.97 1:16.20	
Noa de Bock	+0.47 42.53 1:29.80	Judith Kleinjan	+0.26 34.76 1:14.32	
6. ZVL-1886 Center 2	ZVL-1886 Center	NED	5:44.05	+0.71
Cynthia van Veen	+0.71 45.09 1:34.03	Margien Timmer	+0.43 40.43 1:31.08	
Maartje Hids	+0.41 41.92 1:28.76	Adela Vázquez García	+0.56 33.21 1:10.18	

120+, Dames

1. WVZ 9	WVZ	NED	4:44.84	+0.74
Mabel Suij	+0.74 34.94 1:11.02	Delia Badoux	+0.29 31.01 1:10.53	
Lauren van IJl	+0.33 38.14 1:23.02	Leonie van Noord	+0.33 28.88 1:00.27	
2. Poseidon'56 2	Poseidon'56	NED	5:16.35	+0.75
Tonia Ruybroek	+0.75 39.29 1:22.75	Kelly de Jonge	+0.58 34.40 1:16.75	
Kelly Wiglevan	+0.55 41.97 1:29.90	Rianne Bresser	+0.41 31.25 1:06.95	
3. ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	5:19.57	+0.59
Lotte Eising	+0.59 38.48 1:20.55	Jisca Majolée	+0.57 36.21 1:20.53	
Marjan Remmits-de Lange	+0.35 43.07 1:33.75	Marije Jansen	+0.10 29.75 1:04.74	
4. De Geul 2	De Geul	NED	5:27.54	+0.75
Faustine Mussig	+0.75 38.73 1:21.09	Esmee Wijnmaalen	+0.25 32.98 1:14.21	
Aafke Groot	+0.18 44.91 1:35.22	Marijke Campfens	+0.32 36.53 1:17.02	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 31, 4 x 100m wisselslag

160+, Dames

1.	PSV 7	PSV		NED	5:22.10	+0.74		
	Nanda van Heteren	+0.74	41.49	1:24.86	Carla Geurts	+0.16	34.28	1:12.91
	Jolanda van Gendt	+0.59	46.54	1:39.70	Jenny Schouten	+0.51	31.25	1:04.63
2.	MSV-Zeemacht 1	MSV-Zeemacht		NED	5:44.95	+1.08		
	<i>*50m</i>							
	Annette van Dok	+1.08	48.81	1:41.54	Jet Kleine	+0.37	35.79	1:18.98
	Bianca Groot	+0.56	46.62	1:37.15	Tessa van Dijk-Mosch	+0.11	31.36	1:07.28
3.	Old Dutch 1	Old Dutch		NED	6:03.84	+1.01		
	Karin van Nassau-van den Heuvel	+1.01	51.26	1:45.46	Chantal Verhoeff		38.01	1:30.53
	Marleen Zantingh	+0.53	45.19	1:36.62	Patricia Brooijmans	+0.62	33.62	1:11.23

200+, Dames

1.	PSV 3	PSV		NED	5:08.51	+0.72		
	Gudule van der Meer	+0.72	37.17	1:17.20	Jeanne Petit	+0.43	34.66	1:16.92
	Liselotte Joling	+0.72	42.30	1:31.32	Kirsten Cameron	+0.33	30.49	1:03.07
2.	ESCA Zwemmen 4	ESCA Zwemmen		NED	5:55.71	+0.92		
	<i>*50m</i>							
	Karin van der Star-Verhoeven	+0.92	43.87	1:33.92	Arlette de Vegt	+0.22	31.54	1:09.29
	Yoka de Vegt-van Dijk	+0.78	47.10	1:42.68	Marien Kolkman-Pluim	+0.63	42.88	1:29.82
3.	Link 1	Link		NED	7:01.27	+0.84		
	Annette Spies	+0.84	55.77	1:54.13	Elise Kenworthy	+0.69	49.80	1:49.37
	Ilonka van der Meer	+0.42	49.86	1:47.88	José Bodde	+0.49	43.60	1:29.89

80+, Gemengd

1.	De Columbiaan 1	De Columbiaan		NED	4:36.79	+0.69		
	Daan Hogerhuis	+0.69	30.41	1:04.25	Julia Notenboom	+0.43	31.95	1:11.61
	Dave van den Nieuwendijk	+0.50	32.55	1:12.96	Anouk Vis	+0.37	31.68	1:07.97
2.	De Amstel 1	De Amstel		NED	4:45.99	+0.79		
	Iris Bastiaansen	+0.79	38.24	1:18.03	Nick Sijmons	+0.39	27.16	59.18
	Owen Michels	+0.46	37.49	1:21.04	Iris van der Moolen	+0.27	32.05	1:07.74
3.	Westland Swimming Stars 1	Westland Swimming Stars		NED	5:06.12	+0.74		
	<i>*50m</i>							
	Anouk van der Lans	+0.74	40.43	1:23.14	Nick Boekestijn	+0.62	32.82	1:11.80
	Patrick Wyrdean	+0.60	38.91	1:23.88	Kim de Jong	+0.48	32.29	1:07.30

100+, Gemengd

1.	De Warande 1	De Warande		NED	4:30.64	+0.75		
	Désirée Emmen	+0.75	35.85	1:14.91	Tom Balsen Versteeg	+0.63	28.68	1:01.59
	Nicko Kamphuis	+0.36	30.92	1:07.64	Gwen Eygendaal	+0.18	31.40	1:06.50
2.	DES 1	DES		NED	4:43.78	+0.78		
	Lotte Coenen	+0.78	35.25	1:14.40	Anne Aarts	+0.40	35.50	1:18.87
	Vladislavs Svarnovics	+0.49	33.99	1:13.72	Bart Weiland	+0.22	26.59	56.79
3.	ZPC Woerden 1	ZPC Woerden		NED	4:52.53	+0.75		
	Ilse van den Wijngaard	+0.75	37.65	1:18.10	Ian Terlouw	+0.40	29.48	1:07.19
	Daphne Dols	+0.27	39.85	1:28.07	Milan de Roo	+0.08	27.85	59.17
4.	De Geul 1	De Geul		NED	4:52.87	+0.64		
	Heijmen van Vliet	+0.64	34.66	1:11.01	Marcha Admiraal	+0.51	31.75	1:10.16
	Nathan Janssen	+0.24	35.84	1:16.78	Isabelle Janssen	+0.54	35.58	1:14.92
5.	ZOB'66 1	ZOB'66		NED	4:53.29	+0.70		
	Nina Tourton	+0.70	40.27	1:22.29	Nino van Krimpen	+0.40	30.94	1:06.70
	Mart de Koning	+0.39	34.27	1:16.67	Wendy de Bruin	+0.38	32.15	1:07.63
6.	Aqua-Novio '94 1	Aqua-Novio '94		NED	4:53.70	+0.71		
	Joey Papaioannou	+0.71	31.72	1:07.11	Steven Uijl	+0.50	29.67	1:14.91
	Guusje van Lent	+0.46	38.07	1:23.28	Natasja Snijders	+0.52	31.11	1:08.40
7.	Niemo Barracuda 3	Niemo Barracuda		NED	5:02.53	+0.79		
	Tamara van den Brink	+0.79	40.62	1:26.17	Ids de Klerk	+0.51	32.85	1:12.44
	Thomas Hesper	+0.60	34.09	1:13.74	Marijke Kommers	+0.54	33.35	1:10.18



Open Nederlandse Masters
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Eindhoven, 2-5 mei 2024



Programmanr. 31, Gemengd, 4 x 100m wisselslag, 100+

rang	vereniging				tijd	RT	PARA
8.	ZV Hoogland 2	Zwemvereniging Hoogland	NED		5:03.64	+0.85	
	Angela Giezen	+0.85	40.45	1:23.34	+0.38	31.45	1:10.65
	Yvette Meijer	+0.62	41.87	1:29.48	+0.42	29.30	1:00.17
9.	WS Twente 2	WS Twente	NED		5:17.41	+0.86	
	Lieke Stoker	+0.86	39.84	1:23.51	+0.29	31.74	1:13.32
	Romée Beverdam	+0.22	44.54	1:35.98	+0.33	29.93	1:04.60
DIS	Het Ravijn 1	Het Ravijn	NED			+0.84	
	<i>EA - Te vroeg overgenomen., 4e zwemmer</i>						
	William Kruithof	+0.84	38.63	1:21.67	+0.36	38.96	1:28.99
	Marijn Heetkamp	+0.51	39.52	1:25.59	-0.05		

120+, Gemengd

1.	ZV Hoogland 1	Zwemvereniging Hoogland	NED		4:28.38	+0.53	
	Anne-Irene Ducheine	+0.53	34.42	1:11.99	+1.28	28.95	1:03.26
	Yuri van Omme	+0.36	32.64	1:10.30	+0.41	29.56	1:02.83
2.	Zwemlust- den Hommel 1	Zwemlust- den Hommel	NED		4:38.64	+0.70	
	Sophie Stekelenburg	+0.70	37.30	1:18.13	+0.36	29.04	1:02.74
	Vincent Versteeg	+0.16	33.87	1:14.40	+0.33	30.29	1:03.37
3.	SG CWW Swim Team 1	SG CWW Swim Team	NED		4:40.62	+0.67	
	Lois van Oijen	+0.67	35.19	1:13.83	+0.30	29.59	1:04.86
	Dirk Zeelte	+0.59	33.41	1:13.01	+0.87	32.77	1:08.92
4.	De Treffers 1	De Treffers	NED		5:07.50	+0.67	
	Tim van Grunsven	+0.67	34.84	1:12.70	+0.52	37.86	1:21.91
	Danny Visser	+0.33	37.14	1:22.19	+0.38	33.52	1:10.70
5.	Patrick-De Roersoppers (SG) 2	Patrick-De Roersoppers (SG)	NED		5:13.36	+0.70	
	Patrick Creemers	+0.70	34.29	1:12.23	+0.31	31.08	1:13.82
	Pascal Janssen	+0.49	43.77	1:35.45	+0.16	34.34	1:11.86
6.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL				5:13.53	+0.67	
	<i>*100m</i>						
	Naïs Van Oudenhove	+0.67	38.59	1:19.04	0.00	31.58	1:11.32
	Nicolas Gheis		40.59	1:27.08	+0.38	34.93	1:16.09
7.	AZC 2	AZC	NED		5:15.07	+0.73	
	Patrick Brouwer	+0.73	36.49	1:15.58	+0.53	33.55	1:17.50
	Mariska Kroon-Zaal	+0.68	42.99	1:36.26	-0.03	30.56	1:05.73
8.	Neptunus'58 1	Neptunus'58	NED		5:17.13	+0.74	
	Sandra Schellekens	+0.74	41.48	1:27.16	+0.48	34.61	1:14.28
	Rob van de Ven	+0.43	41.48	1:30.64	+0.18	29.78	1:05.05
9.	VZV Njord 5	VZV Njord	NED		5:32.06	+0.79	
	Laura Folkers	+0.79	44.48	1:33.37	+0.38	30.57	1:06.20
	Jacques Verriet	+0.48	44.24	1:33.96	+0.52	37.02	1:18.53

160+, Gemengd

1.	ACZ 4	ACZ	NED		4:46.90	+0.80	
	Tjeerd Visser	+0.80	33.84	1:11.03	+0.47	33.90	1:13.78
	Kevin Kingma	+0.61	33.96	1:13.85	+0.16	31.68	1:08.24
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED		4:47.98	+0.81	
	Martijn Giezen	+0.81	32.35	1:07.87	+0.29	35.42	1:15.49
	Tom van den Akker	+0.13	33.65	1:15.95	+0.48	31.64	1:08.67
3.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL				4:52.69	+0.66	
	<i>Belgisch Masters Record</i>						
	Nicolas Collard	+0.66	31.89	1:06.69	+0.52	35.56	1:20.34
	Nathalie Blondeel	+0.44	42.06	1:28.83	+0.52	27.42	56.83
4.	ZVVS 1	ZVVS	NED		5:11.36	+0.87	
	Nadya Putter	+0.87	40.84	1:23.80	+0.48	31.79	1:12.61
	Karin Stein	+0.48	42.81	1:32.19	+0.53	29.60	1:02.76
5.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED		5:12.35	+0.54	
	Kalle van Gemert	+0.54	30.05	1:04.58	+0.41	33.30	1:12.65
	Marijke van Hoek	+0.52	50.05	1:45.70	+0.42	32.27	1:09.42
6.	WVZ 8	WVZ	NED		5:15.66	+0.81	
	Manon van Strien	+0.81	35.96	1:14.96	+0.17	31.34	1:10.61
	Arthur van Strien	+0.72	40.35	1:28.20	+0.59	39.49	1:21.89

Programmanr. 31, Gemengd, 4 x 100m wisselslag, 160+

rang	vereniging				tijd	RT	PARA	
7.	Niemo Barracuda 2 *50m	Niemo Barracuda		NED	5:23.36	+0.76		
	Mark Hensen	+0.76	34.16	1:09.50	Dennis Dortland	+0.28	32.67	1:10.83
	Jacqueline Rolloos-Bakkers	+0.36	46.04	1:42.08	Jacoline van den Beukel	+0.19	36.84	1:20.95
8.	De Duinkickers 1	De Duinkickers		NED	5:31.98	+0.78		
	Maaïke de Boer	+0.78	39.59	1:21.72	Mathieu Rikken	+0.60	35.69	1:26.82
	Inge Roskam	+0.30	42.09	1:33.48	Connor Elemans	+0.61	33.97	1:09.96
9.	De Duck 5	De Duck		NED	5:33.48	+0.84		
	Erik Saan	+0.84	40.13	1:25.89	Rachel Trainor	+0.48	39.14	1:28.64
	Geraldine Trainor	+0.73	43.51	1:33.58	Ryan van der Sluijs	+0.55	30.80	1:05.37

200+, Gemengd

1.	DAW 1	DAW		NED	5:09.04	+0.85		
	Paul Oudendijk	+0.85	33.89	1:09.80	Hans Schoenmakers	+0.48	35.89	1:21.24
	Jacqueline Tuin	+0.48	40.85	1:29.07	Ilna Hogerheyde	+0.53	32.49	1:08.93
2.	De Biesboschzwemmers 6	De Biesboschzwemmers		NED	5:09.30	+0.73		
	Johanna van Wijnen	+0.73	37.52	1:18.35	Paul Wijnja	+0.50	36.51	1:21.22
	Marjo Goelma-Koek	+0.43	38.26	1:23.27	Henri Verschoor	+0.66	31.92	1:06.46
3.	Westland Swimming Stars 2	Westland Swimming Stars		NED	5:16.54	+0.83		
	Mark Nuijten	+0.83	39.72	1:22.18	Mirjan den Drijver	+0.41	34.53	1:19.68
	Pieter Broek	+0.52	38.75	1:24.17	Netty Burik-Geijssen	-0.01	33.19	1:10.51
4.	AZC 1	AZC		NED	5:50.25	+0.73		
	Wim de Lange	+0.73	47.60	1:37.62	Ramona Linting	+0.60	40.12	1:29.35
	Ricardo van Dam	+0.70	37.79	1:17.95	Sandra Daamen-Posma	+0.35	40.23	1:25.33
5.	De Duinkickers 2	De Duinkickers		NED	5:55.52	+0.81		
	Esther Poortvliet - Koedam	+0.81	40.88	1:22.84	Saskia op den Velde	+0.63	45.09	1:44.36
	Robert de Brauwer	+0.42	43.29	1:33.21	Marcel Brittijn	+0.02	34.78	1:15.11
6.	SWOL 1894 9	SWOL 1894		NED	6:02.01	+0.73		
	Erik Wetsteijn	+0.73	40.85	1:23.17	Christine Nieuwenhuis	+0.60	45.32	1:45.56
	Albert van Piekeren	+0.16	35.89	1:17.52	Jessica van Velzen	+0.63	44.98	1:35.76
7.	De Rog 2 *50m	De Rog		NED	6:14.71	+0.78		
	Ageeth Westenbrink	+0.78	56.79	1:58.06	Esther Vergeest	+0.54	41.37	1:31.07
	Arjan Verheij	+0.53	42.88	1:31.58	Wijnand Vergeest	+0.42	34.35	1:14.00

240+, Gemengd

1.	GZC DONK 1	GZC DONK		NED	6:21.17	+0.82		
	Nathasja Konijn	+0.82	48.21	1:39.82	Petra Tossings-van de Hooven	+0.70	44.28	1:36.17
	Pierre de Groot	+0.60	46.92	1:41.07	Peter Coffeng	+0.57	39.41	1:24.11
DIS	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL: VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt., *3e zwemmer					+0.80		
	Pierrette Michel	+0.80	40.85	1:23.79	Claire Anthony	+0.26		
	Christian Schoenaers	+0.72	44.25	1:37.08	Philippe Godbille	+0.79		

280+, Gemengd

1.	PSV 1	PSV		NED	6:39.15	+0.75		
	Brend Brevé	+0.75	41.86	1:24.51	Patty Verhagen	+0.69	51.29	1:48.77
	Corrie Verhoeven	+0.56	52.57	1:55.50	Jan Nuijten	+0.77	41.83	1:30.37

320+, Gemengd

1.	PSV 2	PSV		NED	9:40.80	+1.86		
	Marianne Maandonks	+1.86	1:54.33	4:09.03	Soan Thung	+0.53	35.13	1:16.74
	Rob Hanou	+0.72	56.23	2:00.77	Lottie Geurts	+0.89	1:05.76	2:14.26

7 - ONMK 2024 lb Sessie 7

05-05-2024 - 13:30

Programmanr. 33
05-05-2024 - 13:30

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Luuk Smits	Nuenen	NED 200001015	24.12	+0.78	
2.	Daan Hogerhuis	De Columbiaan	NED 200300317	24.43	+0.72	
3.	Luc Mul	DAW	NED 200201025	24.50	+0.68	
4.	Marijn in 't Veld	De Warande	NED 200002907	25.18	+0.61	
5.	Hendrik Broekema	Bubble	NED 200002205	25.29	+0.64	
6.	Erik van Gemert	Poseidon'56	NED 200300587	25.30	+0.70	
7.	Gerard Willighagen	Poseidon'56	NED 200103663	25.31	+0.66	
8.	Jorian Darwinkel	HZ&PC Heerenveen	NED 200300565	25.36	+0.64	
9.	Thomas Vastenhout	ZPCH	NED 200204545	25.46	+0.66	
10.	Junior Vermeulen	De Bevelanders	NED 200103363	25.50	+0.65	
11.	Teun van der Schrier	Hieronymus	NED 200403627	25.71	+0.73	
12.	Mitchell van der Moeren	ZVDO'74	NED 200200953	25.86	+0.70	
13.	Kevin Roest	Zwemvereniging Hoogland	NED 200001223	26.01	+0.70	
14.	Tim Speijer	Bubble	NED 200301661	26.04	+0.70	
15.	Stijn den Otter	ZZ&PC De Devel	NED 200200225	26.09	+0.58	
16.	Luuk Kresin	Patrick-De Roersoppers (SG)	NED 200303275	26.23	+0.69	
17.	Remco Dijkstra	HZ&PC Heerenveen	NED 200100789	26.35	+0.69	
18.	Bas van den Akker	PSV	NED 200204651	26.44	+0.68	
19.	Mees Minneboo	MSV-Zeemacht	NED 200203465	26.45	+0.66	
20.	Yuri Wasser	PSV	NED 200301327	26.47	+0.65	
21.	Nino van Krimpen	ZOB'66	NED 200004611	26.51	+0.65	
22.	Fayssal Lantema	Zwemlust- den Hommel	NED 200101379	26.60	+0.73	
23.	Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	26.72	+0.64	
24.	Boyd Wijkman	MSV-Zeemacht	NED 200104759	26.75	+0.71	
25.	Tom van den Akker	ZPC AMERSFOORT	NED 200204653	26.77	+0.64	
26.	Milan de Roo	ZPC Woerden	NED 200102215	26.78	+0.61	
27.	Marc Hoogeveen	DZ&PC	NED 200101585	26.84	+0.69	
28.	Maxim Wouters	ShaRK - Swimming Region Kempen	BEL SHARK/10458/02	26.97	+0.74	
29.	Esper Paans	ZZ&PC De Devel	NED 200100607	27.11	+0.71	
30.	Mart de Koning	ZOB'66	NED 200203253	27.12	+0.71	
31.	Owen Michels	De Amstel	NED 200402293	27.46	+0.68	
32.	Sven Doezen	RZ	NED 200400403	27.64	+0.66	
	Rens Hoogenboom	Neptunus'58	NED 200403893	27.64	+0.61	
34.	Tenzin Tieman	Old Dutch	NED 200005549	27.73	+0.78	
35.	Kevin Vermeulen	Bubble	NED 200203849	27.92	+0.73	
36.	Wessel Haverkamp	ESCA Zwemmen	NED 200204755	27.94	+0.68	
37.	Rik Stahlie	TriVia	NED 200201915	28.17	+0.73	
38.	Jesper Pas	VZV Njord	NED 200200967	28.29	+0.71	
39.	Dion Staal	De Warande	NED 200200065	28.67	+0.70	
40.	Jaimy Voogt	ZOB'66	NED 200005881	28.75	+0.75	
	Thomas Hesper	Niemo Barracuda	NED 200004181	28.75	+0.80	
42.	Boaz Troost	ZOB'66	NED 200100371	28.94	+0.69	
43.	Lanco Manaf	Het Ravijn	NED 200402715	29.08	+0.69	
44.	Ivo Driehuis	De Amstel	NED 200204399	29.12	+0.75	
45.	Ryan van der Sluijs	De Duck	NED 200105571	29.82	+0.68	
46.	Nigel Werring	Zwemlust- den Hommel	NED 200301503	29.94	+0.78	
47.	Basem Rashed	PSV	NED 200305111	30.10	+0.63	

Masters 25+

1.	Felix Geenen	DAW	NED 199501085	23.71	+0.71	
2.	Bas Dries	Zwemvereniging Hoogland	NED 199505177	24.18	+0.66	
3.	Melvin Prins	Feijenoord Albion Zwemclub	NED 199500201	24.69	+0.67	
4.	Eric Rodríguez Ramos	Club Natació Swimfaster Salt	ESP	24.83	+0.63	
5.	Max Peters	Nuenen	NED 199903123	24.95	+0.65	
6.	Kalle van Gemert	ZPC De Zeeuwse Kust	NED 199801259	25.06	+0.65	
7.	Ryan van den Ouden	Poseidon'56	NED 199900377	25.14	+0.75	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 33, Heren, 50m vrije slag, Masters 25+

rang	naam	vereniging		tijd	RT	PARA
8.	Joey Papaioannou	Aqua-Novio '94	NED 199802269	25.86	+0.74	
9.	Bart Weiland	DES	NED 199700777	25.98	+0.67	
10.	Jelle Blankestijn	ZPC AMERSFOORT	NED 199803737	26.05	+0.71	
11.	Sander Kirillova	WVZ	NED 199800121	26.08	+0.64	
12.	Robin van Beek	ZVL-1886 Center	NED 199704023	26.32	+0.69	
13.	Jurre Stammes	ESCA Zwemmen	NED 199701843	26.61	+0.73	
14.	Richard Kuipers	HZ&PC Heerenveen	NED 199704171	26.68	+0.69	
15.	Jordi de Nijs	MSV-Zeemacht	NED 199801851	26.73	+0.67	
	Tim van Grunsven	De Treffers	NED 199804535	26.73	+0.76	
17.	Pieter Ytsma	De Aalscholver	NED 199501809	26.74	+0.72	
18.	Sam Beer	Poseidon'56	NED 199605521	26.82	+0.70	
19.	Jeroen Schelling	Nuenen	NED 199701837	26.88	+0.71	
20.	Nick Boekestijn	Westland Swimming Stars	NED 199900291	26.98	+0.65	
21.	Kevin Kingma	ACZ	NED 199700559	27.01	+0.68	
22.	Martijn Bartels	ZPC AMERSFOORT	NED 199603493	27.23	+0.74	
23.	Danny Visser	De Treffers	NED 199600381	27.30	+0.72	
24.	Jorrik Kerdijk	Bubble	NED 199602135	27.31	+0.67	
25.	Luke van Elst	VZV Njord	NED 199805903	27.46	+0.73	
26.	Ian van Mullem	ZOB'66	NED 199602545	27.68	+0.68	
27.	Patrick Wyrdean	Westland Swimming Stars	NED 199702475	27.69	+0.68	
28.	Rob van Wier	HZ&PC Heerenveen	NED 199900697	27.82	+0.73	
29.	Laurens Spoelstra	WS Twente	NED 199901273	27.91	+0.76	
30.	Vladislavs Svarnovics	DES	NED 199605925	27.99	+0.76	
31.	Stefan de Leeuw	Nederweert	NED 199503483	28.04	+0.83	
32.	Marijn Heetkamp	Het Ravijn	NED 199903407	28.20	+0.75	
33.	Jeroen van Dinther	Neptunus'58	NED 199701569	28.26	+0.71	
34.	Jeroen Louwinger	De Rijn	NED 199900583	28.51	+0.71	
35.	Auke Sijperda	AZC	NED 199905115	28.89	+0.64	
36.	Dave Weijers	Hydra	NED 199603335	29.03	+0.70	
37.	Jasper Strijp	De Rog	NED 199804399	29.06	+0.67	
38.	Sven Dubbeld	De Schotejil	NED 199601141	29.36	+0.85	
39.	Ids de Klerk	Niemo Barracuda	NED 199803237	29.57	+0.83	
40.	Tom Linsen	Nederweert	NED 199801553	29.92	+0.68	
41.	Remco Visser	ZPC Woerden	NED 199503185	30.14	+0.68	
42.	Job Esink	ESCA Zwemmen	NED 199801699	30.71	+0.79	
43.	Kien Vuong	De Kempvis	NED 199506173	31.62	+0.80	
44.	Mike van der Sanden	PSV	NED 199506349	37.98	+1.00	

Masters 30+

1.	Jeroen Baars	Niemo Barracuda	NED 199200031	23.80	+0.73	
2.	Marc Kremer	TriVia	NED 199004667	24.98	+0.65	
3.	Sébastien Francotte	Cercle De Natation Sportcity WolBEL	CNSW/013599/92	25.05	+0.70	
4.	Rick van Hamond	Z&PC Zegenwerp	NED 199205873	25.43	+0.63	
5.	Koen van der Wallen	Nederweert	NED 199405561	25.71	+0.78	
6.	Steven Uijl	Aqua-Novio '94	NED 199304075	26.01	+0.67	
7.	Wouter Sijmons	Nuenen	NED 199302695	26.18	+0.71	
8.	Michel de Maesschalck	DAW	NED 199101525	26.48	+0.69	
9.	Craig Frankum	De Warande	NED 199007759	26.52	+0.66	
10.	Joeri van Wallenburg	Onderdak	NED 199004875	26.72	+0.71	
11.	Stefan Petersen	Blue Marlins	NED 199403067	26.81	+0.66	
12.	Laurens de Nijn	ZPCH	NED 199107861	26.93	+0.73	
13.	Paul Koster	Hieronymus	NED 199304465	27.00	+0.70	
14.	Jelle Roks	De Blauwe Schuur	NED 199005145	27.06	+0.70	
15.	Marc Hoogendam	Blue Marlins	NED 199007713	27.70	+0.69	
16.	Niels Bent	WS Twente	NED 199400465	27.94	+0.76	
17.	Johan Krakou	De Rijn	NED 199101311	27.96	+0.78	
18.	Ruben Stolk	ZOB'66	NED 199005665	28.46	+0.68	
19.	Sander Riezebos	WS Twente	NED 199400467	28.61	+0.69	
20.	Wim Crielaard	ZVDO'74	NED 199205713	28.75	+0.74	
21.	Cars Wiegmann	WS Twente	NED 199401025	28.77	+0.70	
22.	Jean Terver	Club Nautique Val de Fensch	FRA 314113	28.84	+0.86	
23.	Robin van Beusekom	Niemo Barracuda	NED 199205841	28.86	+0.76	
24.	Andrea Guzzon	PSV	NED 199207431	28.92	+0.76	
25.	Fabian Tristan Niessen	SSF Bonn	GER 343535	29.51	+0.79	

Programmanr. 33, Heren, 50m vrije slag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
26.	Mark Legters	De Schelde	NED	199303361	29.92	+0.72	
27.	Matteo Viani	Zwemlust- den Hommel	NED	199007717	31.11	+0.71	
28.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	31.48	+0.78	
29.	Gerald van de Riet	De Mors	NED	199307161	31.51	+0.81	
30.	Arnold Hofman	DZ&PC	NED	199406759	31.71	+0.72	
DIS	Marten Ettema	HZ&PC Heerenveen	NED	199007703		+0.61	

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 35+

1.	Joan Kentrop	Zwemlust- den Hommel	NED	198503575	25.27	+0.76	
2.	Koen Woestenborghs	Nuene	NED	198806193	26.51	+0.69	
3.	Pascal van Haren	Niemo Barracuda	NED	198704101	26.52	+0.65	
4.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	26.61	+0.62	
5.	Rick Driezen	Steenwijk 1934	NED	198600713	27.03	+0.84	
6.	Ferdy van Mastrigt	Blue Marlins	NED	198802315	27.05	+0.63	
7.	Arthur Bukkems	MZ&PC Maastricht	NED	198604749	27.84	+0.70	
8.	Niek Kouwenberg	Hydra	NED	198601715	28.21	+0.69	
9.	Bjorn van de Goor	TRB-RES	NED	198906527	28.50	+0.80	
10.	Remco van der Graaf	PSV	NED	198704007	28.91	+0.76	
11.	Pim Loef	ZVDO'74	NED	198705429	30.35	+0.78	
12.	Michel Klomp	Z&PC Zegenwerp	NED	198604833	31.13	+0.88	

Masters 40+

1.	Jim Geestman	Poseidon'56	NED	198300699	26.38	+0.82	
2.	Ivan van Omme	De Geul	NED	198201263	26.76	+0.65	
3.	Federico Cappello	Luxembourg Sharks Swimming	CLUX	9598	26.86	+0.73	
<i>Luxembourg Masters Record</i>							
4.	Julien Marquet	Cercle De Natation Sportcity WolBEL	CNSW	010569/82	27.04	+0.75	
5.	Kristiaan Lenos	ZVL-1886 Center	NED	198301331	27.16	+0.72	
6.	Björn Fuchs	SV Albatros Letmathe	GER	118440	27.23	+0.74	
7.	Bas van den Nouwelant	ZVVS	NED	198001103	27.56	+0.80	
8.	William Kruithof	Het Ravijn	NED	198000857	28.14	+0.87	
9.	Gerwin Vonk	De Spatters	NED	198201907	28.17	+0.68	
10.	Tjeerd Visser	ACZ	NED	198001631	28.25	+0.86	
11.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897	28.75	+0.85	
12.	Oscar Monge	IJZPC	NED	198102599	28.85	+0.62	
13.	Arne-Willem Kroonen	PSV	NED	198401297	29.89	+0.73	
14.	Jonathan Gatt Colerio	San Giljan ASC	MLT	174981M	30.28	+0.76	
15.	Yury Trofimov	SwimGym	NED	198403407	31.18	+1.01	
16.	Nicolas Gheis	Cercle De Natation Sportcity WolBEL	CNSW	013638/84	31.81	+0.76	
17.	Marcel Reefhuis	WS Twente	NED	198101381	33.77 *	+0.64	
18.	Sander de Velde	Deltasteur	NED	198302165	33.85	+0.78	
19.	Paul Rutten	ESCA Zwemmen	NED	198001293	34.17	+0.77	

Masters 45+

1.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	25.59	+0.66	
2.	Ruud Holswilder	ZPCH	NED	197800435	26.17	+0.75	
3.	Jasper van Heijst	ZPCH	NED	197601699	26.52	+0.71	
4.	Edgar Thimister	ZEPS	NED	197501511	26.80	+0.71	
5.	Ivo Roozeboom	WVZ	NED	197700801	26.90	+0.72	
6.	Mark Hensen	Niemo Barracuda	NED	197900497	26.98	+0.75	
7.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	27.52	+0.69	
8.	Pieter Broek	Westland Swimming Stars	NED	197701637	27.89	+0.69	
9.	Mark Sponneck	San Giljan ASC	MLT	388523M	28.20	+0.64	
<i>Maltese Masters Record</i>							
10.	Jan Heijl	Lokerse Zwemvereniging	BEL	LZV/11010/79	28.47	+0.87	
11.	Gino Martijn	RZ	NED	197901865	28.63	+0.71	
12.	Klaas Poelstra	H2Oldambt	NED	197800825	28.86	+0.78	
13.	Michael van der Reijden	ZVVS	NED	197501575	29.26	+0.73	
14.	Markus van Rest	WVZ	NED	197701197	29.53	+0.79	



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Programmanr. 33, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging		tijd	RT	PARA
15.	Sandy Pleyte	ZPC De Zeeuwse Kust	NED 197501559	29.64	+0.79	
16.	Michael Go	AZC	NED 197501397	31.22	+0.72	
17.	Ingmar Kooman	ZVL-1886 Center	NED 197901517	31.49	+0.82	
18.	Tom Bandsma	PSV	NED 197701625	32.01	+1.01	
19.	Alfonso Verkerk	SCOM/De Zeehond'73 (SG)	NED 197601665	32.87	+0.77	
20.	Lené Wessels	Hieronymus	NED 197601707	37.62	+0.84	
21.	Peter van Velzen	SWOL 1894	NED 197801945	42.04	+0.76	
NG.ZA	Øivind Martin Hasle	Oslo I.L.	NOR			

Masters 50+

1.	Frederic Tonus	Luxembourg Sharks Swimming CLUX	10449	25.13	+0.68	
	<i>Luxembourg Masters Record</i>					
2.	Arjan Verheij	De Rog	NED 197101617	27.73	+0.73	
3.	Antwan van Engen	SG CWW Swim Team	NED 197101577	27.86	+0.71	
4.	Richard Ricksen	Hellas-Glana	NED 197000841	28.26	+0.86	
5.	Peter Meijer	DZ&PC	NED 197300613	29.11	+0.69	
6.	Henri Verschoor	De Biesboschzwemmers	NED 197001041	29.89	+0.92	
7.	Ingmar de Gelder	ZOB'66	NED 197000333	30.05	+0.79	
8.	Bas Kremers	TRB-RES	NED 197201611	30.82	+0.76	
9.	Mark Kuin	De Rog	NED 197100521	30.91	+0.82	
10.	Rob van de Ven	Neptunus'58	NED 197101695	33.21	+0.70	
11.	Coen de Ridder	De Marlijn (SG)	NED 197401439	33.78	+0.84	
12.	Jeroen Hoeksel	ZVVS	NED 197401533	34.17	+0.99	
13.	Maxim Hardziyenka	SWOL 1894	NED 197201723	38.12	+0.78	
14.	Xavier Schuster	Club Nautique Val de Fensch	FRA 877605	38.19	+0.95	

Masters 55+

1.	Chester Marsman	ZPC AMERSFOORT	NED 196900671	26.48	+0.71	
2.	Darius Andrzejczak	SG Erkelenz - Hückelhoven	GER 26924	27.18	+0.69	
3.	Javier Van Engelen	AZ&PC De Futen	NED 196801697	27.67	+0.78	
4.	Bob de Vries	Octopus-ZVV (SG)	NED 196601101	28.29	+0.66	
5.	Glen Le Clercq	De Rog	NED 196800177	28.44	+0.78	
6.	Francis Roosen	VZV Njord	NED 196801581	29.14	+0.77	
7.	Sandro Glasius	<td>NED 196600249</td> <td>29.49</td> <td>+0.82</td> <td></td>	NED 196600249	29.49	+0.82	
8.	Guido Keutgen	Steenwijk 1934	NED 196801551	29.87	+0.85	
9.	Pascal Tourton	ZOB'66	NED 196601343	30.20	+0.85	
10.	Erik Saan	De Duck	NED 196500769	30.51	+0.96	
11.	Henri Michels	De Amstel	NED 196501587	30.70	+0.81	
12.	Mathieu Rikken	De Duinkickers	NED 196701777	30.80	+0.81	
13.	Jeroen Wilmer	Vichy Val D'Allier Natation	FRA 2169893	31.07	+0.85	
14.	Eric de Haas	De Treffers	NED 196501275	31.09	+0.80	
15.	Andre de Bruijn	ZVDO'74	NED 196800165	31.17	+1.02	
16.	Wijnand Vergeest	De Rog	NED 196800949	31.36	+0.60	
17.	Taco Eikelenboom	AZ&PC De Futen	NED 196900275	31.67	+0.86	
18.	Ralf Dillig	Duisburger ST	GER 060769	31.90	+0.88	
19.	Leon Slingerland	WVZ	NED 196801707	32.33 *	+0.91	
20.	Pieter-Sjoerd de Wijn	DES	NED 196501027	32.35	+0.89	
21.	Erik Zoethout	Aqualero	NED 196901157	32.62	+1.02	
22.	Gertjan van der Vaart	ZVVS	NED 196801529	33.88	+0.72	
23.	Eric Dumas	Patrick-De Roersoppers (SG)	NED 196901397	34.07	+0.84	
24.	Wim Donkersloot	Hieronymus	NED 196801715	34.93	+0.84	
25.	Hans Bijleveld	HHZV Plons	NED 196601649	36.46	+0.80	
26.	Andre Exter	Poseidon'56	NED 196601585	43.43	+0.83	
27.	Maarten Koolman	Steenwijk 1934	NED 196801649	49.66	+0.95	



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Masters 60+

1.	Peter Bernsen	De Rog	NED	196301119	27.94	+0.64
2.	Lionel Godeaux	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000217/60	28.36	+0.66
3.	André Jovet	Swimming Luxembourg	LUX	13225	30.29	+0.70
	<i>Luxembourg Masters Record</i>					
4.	Paul Wijnja	De Biesboschzweimmers	NED	196301403	30.62	+0.79
5.	Robert de Brauwer	De Duinkickers	NED	196401383	30.81	+0.85
6.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	31.43 *	+0.72
7.	Peter van Maurik	MSV-Zeemacht	NED	196301425	32.31	+0.81
8.	Rob Hemesath	PSV	NED	196100189	32.69	+0.96
9.	Roy Le Clercq	De Rog	NED	196401041	33.37	+0.92
10.	Antonio Friz	Cercle De Natation Sportcity WolBEL	BEL	CNSW/005890/60	33.72	+0.71
11.	Pierre de Groot	GZC DONK	NED	196401431	36.10	+0.91
12.	Frank Kraus	ESCA Zwemmen	NED	196001055	38.84	+0.92
13.	Bob Lookermans	Poseidon'56	NED	196201295	40.20	+1.16
14.	Hans van Scheepen	Steenwijk 1934	NED	196201245	42.77	+0.87

Masters 65+

1.	Albert Boonstra	Aqua-Novio '94	NED	195700425	27.96	+0.81
	<i>Nederlands Masters Record</i>					
2.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	29.51	+0.74
3.	Philippe Godbille	Cercle De Natation Sportcity WolBEL	BEL	CNSW/000230/57	34.76	+0.96
4.	Thierry Schurmans	Cercle De Natation Sportcity WolBEL	BEL	CNSW/007944/58	34.97	+0.73
5.	Peter Coffeng	GZC DONK	NED	195700063	36.24	+0.95
6.	Klaas Paulusse	Tempo	NED	195900817	37.80	+0.84

Masters 70+

1.	Harry Dokter	SWOL 1894	NED	195100037	31.62	+0.81
2.	Fred Zanting	TriVia	NED	195400323	34.43	+0.83
3.	Rolf Peltzer	SG Erkelenz - Hückelhoven	GER	160057	35.73	+0.78
4.	Sjoerd Van de Berg	De Rog	NED	195400355	41.58	+0.89

Masters 75+

1.	Wout Hemmes	De Plons	NED	194800059	36.33	+0.92
2.	Willem Putter	ZVVS	NED	194500135	37.05	+1.09
3.	Jan Nuijten	PSV	NED	194900175	37.99	+0.92
4.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	49.75	+1.12
5.	Hans van Vastenhoven	Old Dutch	NED	194900141	1:07.06	

Masters 80+

1.	Geza Kaltenecker	AZC	NED	194200065	40.62	+0.83
2.	Kevork Boyrazian	Cercle De Natation Sportcity WolBEL	BEL	CNSW/002620/44	51.89	+1.21

Programmanr. 34
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Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	RT	PARA
Masters 20+						
1.	Michelle van Wijk	WWV Winterswijk	NED 200204746	27.44	+0.71	
2.	Femke van Wijk	WWV Winterswijk	NED 200403434	27.73	+0.80	
3.	Laura Setz	Bubble	NED 200000130	27.91	+0.80	
4.	Amber Hesper	Niemo Barracuda	NED 200202188	28.06	+0.75	
5.	Tessa Loos	Nuenen	NED 200200608	28.14	+0.64	
6.	Lisanne Boets	ZPC De Kanaalstreek	NED 200200346	28.16	+0.73	
7.	Dyonne Klomp	Nederweert	NED 200400642	28.18	+0.72	
8.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	28.35	+0.68	
9.	Guusje van Lent	Aqua-Novio '94	NED 200203898	28.38	+0.67	
10.	Lianne van Wier	HZ&PC Heerenveen	NED 200200438	28.54	+0.68	
11.	Janice Provoost	De Bevelanders	NED 200303076	28.65	+0.65	
12.	Stéphanie Schoemans	Cercle De Natation Sportcity WolBEL	CNSW/009655/00	28.77	+0.61	
	Esmée van Peer	TriVia	NED 200201114	28.77	+0.75	
14.	Ilse Verheij	De Rog	NED 200300456	28.82	+0.60	
15.	Danique Klomp	Nederweert	NED 200202912	28.90	+0.71	
16.	Christel Brugmans	Hieronymus	NED 200005602	28.98	+0.73	
17.	Marte Vlieg	Aqua-Novio '94	NED 200304996	29.00	+0.76	
18.	Robin Pienaar	Niemo Barracuda	NED 200102236	29.23	+0.75	
19.	Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	29.56	+0.79	
20.	Malin Beuse	SG Bayer	GER 262348	29.65	+0.68	
21.	Sophie Stekelenburg	Zwemlust- den Hommel	NED 200400166	29.72	+0.72	
22.	Carmen Lems	ACZ	NED 200402632	29.77	+0.69	
23.	Sanne Kloezen	Bubble	NED 200204644	29.82	+0.74	
24.	Iris Le Clercq	De Rog	NED 200401404	29.83	+0.62	
25.	Mirelle de Kort	Neptunus'58	NED 200005546	29.84	+0.75	
26.	Faustine Mussig	De Geul	NED 200202080	29.86	+0.74	
	Kim de Jong	Westland Swimming Stars	NED 200401522	29.86	+0.56	
28.	Femke de Wit	Nederweert	NED 200102184	29.88	+0.72	
29.	Jessica Braat	AZC	NED 200205684	30.05	+0.72	
30.	Inge Dekker	HZ&PC Heerenveen	NED 200200476	30.16	+0.73	
31.	Froukje Osinga	Orca	NED 200003090	30.22	+0.70	
32.	Eline Hoekstra	OEZA	NED 200301280	30.29	+0.83	
33.	Cerisa van Kesteren	ZPCH	NED 200105934	30.34	+0.71	
	Olivia Schalekamp	Oceanus	NED 200203732	30.34	+0.72	
35.	Silke van de Weijer	Hydra	NED 200300692	30.37	+0.72	
36.	Gwen Eygendaal	De Warande	NED 200404680	30.49	+0.75	
37.	Welmoed Doornbos	De IJsselmeeuwen	NED 200203352	30.50	+0.67	
38.	Rose Lether	ESCA Zwemmen	NED 200403330	30.53	+0.68	
39.	Hannah Elting	ESCA Zwemmen	NED 200402702	30.59	+0.69	
40.	Esmee Kloezen	Bubble	NED 200204646	30.85	+0.75	
41.	Iris van Rossum	ACZ	NED 200004858	30.90	+0.73	
42.	Melissa Schuurman	EZCL (SG)	NED 200006800	30.94	+0.67	
43.	Romy van der Zwan	Scheldestroom	NED 200403826	31.08	+0.75	
44.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	31.11	+0.76	
45.	Anouk Vis	De Columbiaan	NED 200203322	31.13	+0.66	
46.	Daniëlle Vis	De Columbiaan	NED 200401044	31.23	+0.71	
47.	Mariëlle van der Vaart	ZVVS	NED 200000994	31.50	+0.70	
48.	Kim de Jong	De Columbiaan	NED 200301026	31.60	+0.76	
49.	Esmee Wijnmaalen	De Geul	NED 200100298	31.64	+0.74	
50.	Daphne van Rees	Octopus-ZVV (SG)	NED 200301766	31.79	+0.74	
51.	Renske Haasbroek	OEZA	NED 200303752	32.04	+0.74	
52.	Romy Jalving	HZ&PC Heerenveen	NED 200000616	32.21	+0.70	
53.	Rosa Huntjens	EZCL (SG)	NED 200301402	32.97	+0.83	
54.	Vera Vergeest	De Rog	NED 200206010	32.98	+0.72	
55.	Juliette Boon	ZZ&PC De Devel	NED 200401908	33.05	+0.76	
56.	Noa Boerma	Het Ravijn	NED 200202736	33.24	+0.71	
57.	Amber Hopman	De Aalscholver	NED 200106384	33.27	+0.73	
58.	Tove Kienhuis	Aqua 68	NED 200203486	33.46	+0.73	
59.	Fleur de Ridder	De Marlijn (SG)	NED 200402052	33.55	+0.75	
60.	Leonie Smit	EZCL (SG)	NED 200301978	33.71	+0.80	
61.	Dieuwertje van den Heuvel	Arethusa	NED 200400098	33.74	+0.79	



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Programmanr. 34, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging		tijd	RT	PARA
62.	Ymke van Dongen	AquAmigos	NED 200202662	34.27	+0.81	
63.	Laura Folkers	VZV Njord	NED 200101670	35.37	+0.83	
64.	Kim de Laat	Z&PC Zegenwerp	NED 200102824	35.46	+0.66	
65.	Rebecca de Klein	DZ&PC	NED 200002812	36.24	+0.79	

Masters 25+

1.	Hannah Schellekens	TRB-RES	NED 199706614	27.21	+0.66	
2.	Babette van der Kaaij	Blue Marlins	NED 199902234	27.22	+0.62	
3.	Tamara Grove	De Dolfijn	NED 199601266	27.83	+0.71	
4.	Selene Wortel	Hieronymus	NED 199700654	27.90	+0.65	
5.	Marre Zandringa	Orca	NED 199701136	28.12	+0.69	
6.	Karin Groen	ZPC De Kanaalstreek	NED 199502440	28.54	+0.65	
	Alisha Vieira	Blue Marlins	NED 199904554	28.54	+0.71	
8.	Nadja Roovers	Hieronymus	NED 199800798	28.61	+0.70	
9.	Britt Bogers	Nuenen	NED 199905072	28.81	+0.72	
10.	Marjes Butz	RZC	NED 199901502	28.98	+0.70	
11.	Tamara Bloemers	Nederweert	NED 199801328	29.16	+0.82	
12.	Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	29.27	+0.75	
13.	Bénédicte Yax	Club Nautique Val de Fensch	FRA 997232	29.59	+0.54	
14.	Marcella van der Ent	De Duck	NED 199600174	29.62	+0.75	
	Fiona Meuffels	PSV	NED 199504366	29.62	+0.70	
16.	Sanne van de Pol	De Biesboschzwemmers	NED 199800722	29.74	+0.65	
17.	Melissa van der Heijden	Niemo Barracuda	NED 199605226	29.79	+0.68	
18.	Annemiek Meulenbeld	Orca	NED 199506230	30.42	+0.76	
19.	Anne Groen	OEZA	NED 199505996	30.54	+0.80	
	Lotte Eising	ZPC AMERSFOORT	NED 199502098	30.54	+0.68	
21.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED 199506824	30.84	+0.71	
	Laura ter Stege	SG CWW Swim Team	NED 199602364	30.84	+0.73	
23.	Rosanne Diepeveen	De Blauwe Schuur	NED 199906146	31.14	+0.68	
24.	Janine de Groot	NDD	NED 199500092	31.18	+0.81	
25.	Naïs Van Oudenhove	Cercle De Natation Sportcity WolBEL	CNSW/001686/99	31.30	+0.84	
26.	Dajenne Hurkmans	De Rog	NED 199806662	31.34	+0.70	
27.	Saartje Vermeulen	Z&PC Zegenwerp	NED 199900934	31.42	+0.64	
28.	Jelita van Esseveld	ZPC De Zeeuwse Kust	NED 199806716	31.57	+0.73	
29.	Iris Bastiaansen	De Amstel	NED 199902006	31.84	+0.74	
30.	Ayla Thiessen	De Rog	NED 199801088	32.00	+0.73	
31.	Iris van der Moolen	De Amstel	NED 199902052	32.04	+0.78	
32.	Margien Timmer	ZVL-1886 Center	NED 199506760	32.27	+0.70	
33.	Lisanne van Gennip	Hydra	NED 199701444	32.36	+0.74	
34.	Nina Tourton	ZOB'66	NED 199603612	32.66	+0.78	
35.	Tamara van den Brink	Niemo Barracuda	NED 199804182	32.69	+0.77	
36.	Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	32.97	+0.84	
37.	Anouk van der Lans	Westland Swimming Stars	NED 199801614	33.12	+0.76	
38.	Judith Kleinjan	De Duck	NED 199802710	33.40	+0.81	
39.	Lotte de Vente	Het Ravijn	NED 199905814	33.86	+0.82	
40.	Franziska Wierig	SSF Bonn	GER 410575	33.91	+0.64	
41.	Daniela Macetas	Cercle De Natation Sportcity WolBEL	CNSW/013891/95	35.35		
42.	Kim Hamakers	De Rog	NED 199803214	35.49	+0.78	
43.	Michela Scicluna	San Giljan ASC	MLT 0277695M	35.55	+0.79	
AFGEM	Cynthia van Veen	ZVL-1886 Center	NED 199606736			

Masters 30+

1.	Marcha Admiraal	De Geul	NED 199300012	28.27	+0.72	
2.	Denise Boereboom	Niemo Barracuda	NED 199202144	28.30	+0.68	
3.	Miranda Nijenhuis	De Columbiaan	NED 199204076	28.36	+0.75	
4.	Elmi Roelofsen	Octopus-ZVV (SG)	NED 199008198	28.52	+0.77	
5.	Lisa Klatten	WVZ	NED 199203628	28.89	+0.76	
6.	Natasja Snijders	Aqua-Novio '94	NED 199107966	29.01	+0.77	
7.	Ines Muilwijk	MNC Dordrecht	NED 199202858	29.13	+0.63	
8.	Mariska Scheel	ACZ	NED 199306344	29.17	+0.71	
9.	Karin Verbeek	Nautilus	NED 199201848	29.62	+0.68	
10.	Leontine Groeneveldt	De Duck	NED 199303526	30.58	+0.76	
11.	Jisca Majolée	ZPC AMERSFOORT	NED 199403570	30.62	+0.82	



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Programmanr. 34, Dames, 50m vrije slag, Masters 30+

rang	naam	vereniging		tijd	RT	PARA
12.	Tessa van Dijk-Mosch	MSV-Zeemacht	NED 199102172	30.64	+0.65	
13.	Lucie Terver	Club Nautique Val de Fensch	FRA 412372	30.96	+0.74	
14.	Fraukje Puts	HZ&PC Heerenveen	NED 199206470	31.00	+0.77	
15.	Erika Nyström	HHZV Plons	NED 199407592	31.17	+0.88	
16.	Adela Vázquez García	ZVL-1886 Center	NED 199307952	31.35	+0.77	
17.	Anne Aarts	DES	NED 199207942	31.40	+0.73	
18.	Whitley Rens	De Schotejil	NED 199007520	31.93	+0.82	
19.	Alma Janssen	Z&PC Zegenwerp	NED 199401078	31.97	+0.70	
20.	Nienke van Zoggel	De Treffers	NED 199004810	32.21	+0.70	
21.	Marijke Kommers	Niemo Barracuda	NED 199305334	32.25	+0.78	
22.	Getrude Corporaal	Steenwijk 1934	NED 199200380	32.26	+0.78	
23.	Celine Bakker	DAW	NED 199302562	32.82	+0.72	
24.	Daphne Kievit	ZPC AMERSFOORT	NED 199207058	32.84	+0.81	
25.	Danila van den Hoogenband	Nuenen	NED 199001558	33.18	+0.75	
26.	Margot van de Rakt	VZV Njord	NED 199300618	34.27	+0.64	
27.	Eline Molle	De Geul	NED 199404276	34.40	+0.84	
28.	Juliska Coenders-Peijnenburg	TRB-RES	NED 199008502	35.18	+0.86	
29.	Maaikje Karsten	Zwemvereniging Hoogland	NED 199103832	35.21	+0.85	
30.	Jacoline van den Beukel	Niemo Barracuda	NED 199100238	35.60	+0.80	
31.	Elke Schellekens	Neptunus'58	NED 199301550	35.90	+0.62	
32.	Rolijn van Vught	PSV	NED 199004110	36.04	+0.75	
33.	Yvette Senden	De Rog	NED 199307812	40.49	+0.72	
NG	Kimberley van Buren	De Duck	NED 199304136			

Masters 35+

1.	Anneloes Peulen	Nuenen	NED 198502314	27.71	+0.62	
	<i>Nederlands Masters Record</i>					
2.	Jenny Schouten	PSV	NED 198703674	29.17	+0.74	
3.	Anna Maria Rijkens	TRI-X-Kufstein	AUT 48398	29.37	+0.71	
4.	Monique van Huizen	AZC	NED 198706236	29.65	+0.69	
5.	Marije Jansen	ZPC AMERSFOORT	NED 198504088	29.80	+0.72	
6.	Daphne Robijn-Jongedijk	EZCL (SG)	NED 198903520	30.03	+0.75	
7.	Linda Koort	ZVDO'74	NED 198902404	30.35	+0.70	
8.	Relinda Baas	TriVia	NED 198900144	30.59	+0.75	
9.	Cristina Rodriguez Bouzo	De Treffers	NED 198806948	31.66	+0.72	
10.	Sandra Schellekens	Neptunus'58	NED 198503416	32.29	+0.78	
11.	Mariska Kroon-Zaal	AZC	NED 198806916	33.76	+0.82	
12.	Ilana Iskander	Zwemvereniging Hoogland	NED 198907606	35.49	+0.78	
13.	Ingrid Johannes	De Kempvis	NED 198907370	36.43	+0.78	

Masters 40+

1.	Maike Zeterberg	Zehlendorfer TSV 1888	GER 066680	28.66	+0.56	
2.	Anne-Marie Verschoor-Vos	De Biesboschzwemmers	NED 198102300	30.08	+0.84	
3.	Roos van Esch	ACZ	NED 198200468	30.13	+0.81	
4.	Miranda Pijnenburg	De Treffers	NED 198301216	30.60	+0.76	
5.	Monique Huizing	Nuenen	NED 198403418	31.98	+0.64	
6.	Michelle de Villiers	Hellas-Glana	NED 198302944	32.19	+0.76	
7.	Esther Poortvliet - Koedam	De Duinkickers	NED 198001824	32.42	+0.88	
8.	Ieva Karpaviciute	Kauno Takas	LTU	34.73	+0.85	
9.	Tessa Zwart-Piek	DZ&PC	NED 198102360	35.04	+0.85	
10.	Karin Vermeer	De Rog	NED 198302918	38.80	+0.87	
11.	Janine Wilbers	PSV	NED 198403572	43.17	+1.05	
NG.ZA	Charmaine Cutajar	San Giljan ASC	MLT 144984M			



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Programmanr. 34, Dames, 50m vrije slag

Masters 45+

1.	Claudia van Drunen	AquAmigos	NED	197700810	29.55	+0.67
2.	Patricia Brooijmans	Old Dutch	NED	197901608	30.42	+0.63
3.	Nathalie Blondeel	Cercle De Natation Sportcity WolBEL	CNSW/004784/77		30.53	+0.68
4.	Monique Boets	ZPC De Kanaalstreek	NED	197600230	30.64	+0.70
5.	Carole Kettenmeyer-Reuland	Swimming Club Le Dauphin EttelLUX	2017		31.00	+0.75
6.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	31.66	+0.83
7.	Chantal Verhoeff	Old Dutch	NED	197900912	32.21	+0.77
8.	Marleen Zantingh	Old Dutch	NED	197801378	32.41	+0.75
9.	Marian Nederlof	De Geul	NED	197600950	33.44	+0.74
10.	Alma Knegt-Bessembinders	De Spatters	NED	197601064	33.56	+0.76
11.	Laura de Pazos Ortega	SSF Bonn	GER	444685	33.97	+0.67
12.	Esther Vergeest	De Rog	NED	197700012	34.83	+0.76
13.	Saskia op den Velde	De Duinkickers	NED	197901530	35.45	+0.88
14.	Ilonka van der Meer	LinK	NED	197601168	35.89	+0.87
15.	Sandra Van der Helm	De Rog	NED	197801340	36.60	+0.86
16.	Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	39.37	+0.81
17.	Nicolette Zuidema	SWOL 1894	NED	197500978	39.66	+0.79
18.	Jessica van Velzen	SWOL 1894	NED	197601122	39.99	+0.97

Masters 50+

1.	Carla Geurts	PSV	NED	197100178	30.13	+0.71
2.	Olivia Lorton	Luxembourg Sharks Swimming CLUX	9981		30.58	+0.68
	<i>Luxembourg Masters Record</i>					
3.	Edith Janssen-Koolen	TRB-RES	NED	197300898	30.67	+0.70
4.	Yvette Ratering	SG CWW Swim Team	NED	197200990	30.74	+0.90
5.	Ingrid Boot-De Groot	De Aalscholver	NED	197000168	30.92	+0.68
6.	Ilona Hogerheyde	DAW	NED	197400224	31.63	+0.77
7.	Jeanne Petit	PSV	NED	197001020	32.05	+0.72
8.	Marjolein Klunne	Hieronymus	NED	197101098	33.27	+0.76
9.	Regine Beckers-Stribos	De Rog	NED	197000492	33.38	+0.81
10.	Karin Sagonas-Koolen	VZV Njord	NED	197000964	34.92	+0.79
11.	Evelien Naatje	WS Twente	NED	197200838	35.93	+0.92
12.	Elise Kenworthy	LinK	NED	197101126	36.22	+0.84
13.	Danielle Schipper	ZOB'66	NED	197001078	37.30	+0.79
14.	Nicole Millers	SV Wuppertal-Neuenhof 1930 e.GER	414983		37.49	+0.72
15.	Hilly Brugmans	Hieronymus	NED	197001112	37.51	+0.79
16.	Evelien Breman-Alers	Nautilus	NED	197200878	37.96	+0.86
17.	Tiffany Tsui	Zwemvereniging Hoogland	NED	197401110	38.84	+0.97
18.	Petra Ellul Mercer	San Giljan ASC	MLT	545873M	39.35	+0.72
	<i>Maltese Masters Record</i>					
19.	Judith Sijbers	PSV	NED	197301030	41.96	+0.82
20.	Martine Stahlie-Bos	TriVia	NED	197401054	42.03	+0.68

Masters 55+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	30.84	+0.78
2.	Carol Hollemans	ACZ	NED	196900252	30.88	+0.71
3.	Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	30.96	+0.74
4.	Jacqueline Tuin	DAW	NED	196600690	32.90	+0.74
5.	Marijke Campfens	De Geul	NED	196900960	35.87	+0.62
6.	Sandra Daamen-Posma	AZC	NED	196800854	37.33	+0.89
7.	José Bodde	LinK	NED	196901104	38.95	+0.81
8.	Annette van Dok	MSV-Zeemacht	NED	196800742	42.23	+0.79
9.	Cora Smulders	ESCA Zwemmen	NED	196600668	44.17	+0.75



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Programmanr. 34, Dames, 50m vrije slag

Masters 60+

1.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	34.31	+0.79
2.	Maud Peuten-Evers	Mosa-Regio	NED	196400584	36.99	+0.94
3.	Christine Buist	De Duinkickers	NED	196400608	37.50	+0.94
4.	Marleen Malais	ESCA Zwemmen	NED	196300542	38.24	+0.90
5.	Lia Bijkerk	GZC DONK	NED	196000014	39.72	+0.90
6.	Jenny Westervaarder	H2Oldambt	NED	196200424	40.71	+0.81
7.	Erica Muller	De Geul	NED	196400412	42.96	+0.78
8.	Marie-Jeanne Vandormael	Genker Zwemvereniging Neptun	BEL	GZVN/21035/63	44.41	+0.71
DIS	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330		

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Masters 65+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	35.52	+0.70
2.	Claire Anthony	Cercle De Natation Sportcity Wol	BEL	CNSW/001353/57	35.94	+0.80
	<i>Belgisch Masters Record</i>					
3.	Karien Musters	Old Dutch	NED	195800236	55.62	+0.83
4.	Lies Hartman	PSV	NED	195600116	1:04.67	+0.99

Masters 70+

1.	Christine Nieuwenhuis	SWOL 1894	NED	195100022	34.55	+0.73
2.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity Wol	BEL	CNSW/004901/52	47.04	+0.94
3.	Ineke Brouwers	PSV	NED	195200070	50.68	+1.02
4.	Geerdien Meerwaldt	De Geul	NED	195200058	53.85	
5.	Maryse Van Cant	Brabo Zwemclub Antwerpen	BEL	BRABO/20389/54	1:02.90	+0.88
6.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:12.93	+1.46
AFGEM	Gonnie Bak	PSV	NED	195100064		

Masters 75+

1.	Corrie Verhoeven	PSV	NED	194600026	38.16	+0.67
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Masters 80+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:05.08	+1.10
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Masters 85+

1.	Lottie Geurts	PSV	NED	193500006	52.68	+1.23
2.	Marie Smits	Old Dutch	NED	193800004	52.90	+1.09

Masters 95+

1.	Marianne Maandonks	PSV	NED	192600004	1:40.75	*
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Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 35
05-05-2024 - 14:29

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m	
Masters 20+									
1. Luuk Smits	Nuenen	NED 200001015	2:26.23	+0.71	33.31	1:11.84	1:49.50	2:26.23	
2. Lars Diesch	Nuenen	NED 200103189	2:27.75	+0.74	33.11	1:12.12	1:50.81	2:27.75	
3. D. van den Nieuwendijk	De Columbiaan	NED 200100475	2:33.37	+0.74	33.82	1:13.20	1:52.71	2:33.37	
4. Bram van Norel	RZC	NED 200301133	2:38.70	+0.71	34.51	1:15.34	1:56.43	2:38.70	
5. Jelle Opmeer	ZPC AMERSFOORT	NED 200100269	2:40.35	+0.68	35.07	1:15.66	1:57.80	2:40.35	
6. Tom Balsen Versteeg	De Warande	NED 200005673	2:40.81	+0.62	34.13	1:14.74	1:57.10	2:40.81	
7. Thijn Damen	PSV	NED 200300973	2:42.10	+0.70	35.90	1:17.04	1:59.56	2:42.10	
8. Tim Speijer	Bubble	NED 200301661	2:45.18	+0.69	36.97	1:19.05	2:01.94	2:45.18	
9. Nathan Janssen	De Geul	NED 200401565	2:47.75	+0.67	37.66	1:19.94	2:04.02	2:47.75	
10. Robin van Peenen	ZVL-1886 Center	NED 200201059	2:47.86	+0.77	35.65	1:18.26	2:02.74	2:47.86	
11. Brian van Gennip	Hydra	NED 200003573	2:48.91	+0.75	37.46	1:19.65	2:04.27	2:48.91	
12. Mike Jansen	Patrick-De Roersoppers (SG)	NED 200200151	2:57.92	+0.67	39.45	1:24.21	2:10.43	2:57.92	
13. Boaz Troost	ZOB'66	NED 200100371	2:58.33	+0.71	38.92	1:24.69	2:11.65	2:58.33	
Masters 25+									
1. Nicko Kamphuis	De Warande	NED 199900887	2:29.91	+0.59	32.49	1:11.63	1:51.48	2:29.91	
2. Bert Duivenvoorde	De Columbiaan	NED 199701805	2:35.59	+0.69	34.06	1:13.60	1:54.49	2:35.59	
3. Nick Sijmons	De Amstel	NED 199500491	2:40.14	+0.70	34.98	1:16.82	1:58.65	2:40.14	
4. Richard van der Horst	De Meer	NED 199700179	2:41.09	+0.81	36.54	1:18.10	1:59.73	2:41.09	
5. Nick Bongers	SBC2000	NED 199800843	2:43.76	+0.72	36.10	1:17.89	2:00.59	2:43.76	
6. David Kievit	De Schoteijl	NED 199900325	2:46.17	+0.79	36.75	1:18.69	2:02.02	2:46.17	
7. Laurens Spoelstra	WS Twente	NED 199901273	2:53.26	+0.81	37.60	1:21.51	2:07.34	2:53.26	
8. Jeroen van Dinther	Neptunus'58	NED 199701569	3:04.56	+0.71	41.36	1:28.75	2:16.96	3:04.56	
9. Mathijs Krieger	EZCL (SG)	NED 199905361	3:09.37	+0.75	41.05	1:28.56	2:19.42	3:09.37	
10. Colin Degenaars	ZPCH	NED 199505951	3:10.53	+0.84	456	41.62	1:31.92	2:21.52	3:10.53
Masters 30+									
1. Dirk Zeelte	SG CWW Swim Team	NED 199105911	2:36.77	+0.78	35.22	1:15.14	1:55.73	2:36.77	
2. Stefan Petersen	Blue Marlins	NED 199403067	2:37.16	+0.70	34.60	1:14.36	1:55.74	2:37.16	
3. D. Castillo Montoya	ZVL-1886 Center	NED 199406779	2:41.78	+0.66	33.98	1:13.45	1:55.79	2:41.78	
4. Patrick Creemers	Patrick-De Roersoppers (SG)	NED 199000579	2:47.97	+0.72	37.82	1:21.04	2:05.28	2:47.97	
5. Bram Siebers	EZCL (SG)	NED 199302241	2:53.08	+0.74	38.28	1:22.23	2:07.78	2:53.08	
6. Jeroen Burggraaf	De Blauwe Schuur	NED 199000467	2:54.93	+0.82	38.60	1:23.04	2:09.85	2:54.93	
7. Robin van Beusekom	Niemo Barracuda	NED 199205841	2:58.97	+0.76	38.72	1:24.51	2:11.71	2:58.97	
8. Gerben Rozie	MSV-Zeemacht	NED 199002507	3:04.32	+0.74	40.34	1:26.61	2:15.23	3:04.32	
9. Mark Legters	De Schelde	NED 199303361	3:07.43	+0.74	41.74	1:29.24	2:18.68	3:07.43	
Masters 35+									
1. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:37.30	+0.79	35.44	1:15.96	1:57.32	2:37.30	
2. Sander de Vrugt	ESCA Zwemmen	NED 198903499	2:39.88	+0.63	34.31	1:14.77	1:57.29	2:39.88	
3. Ricardo van Dam	AZC	NED 198503965	3:00.86	+0.70	41.16	1:29.85	2:19.53	3:00.86	
4. Nicky Valentijn	AquAmigos	NED 198806175	3:10.87	+0.77	41.79	1:29.46	2:19.15	3:10.87	
5. Michel Klomp	Z&PC Zegenwerp	NED 198604833	3:18.09	+0.86	43.43	1:34.41	2:27.03	3:18.09	
Masters 40+									
1. Albert van Piekeren	SWOL 1894	NED 198401767	2:49.30	+0.82	38.03	1:21.18	2:05.28	2:49.30	
2. Kristiaan Lenos	ZVL-1886 Center	NED 198301331	2:50.53	+0.77	36.36	1:19.05	2:04.92	2:50.53	
3. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:52.13	+0.79	38.72	1:22.22	2:06.87	2:52.13	
4. Paul Oudendijk	DAW	NED 198101287	2:54.77	+0.75	39.52	1:24.79	2:09.84	2:54.77	
5. Ferry Blangé	ZOB'66	NED 198300185	3:01.61	+0.73	41.28	1:29.29	2:16.48	3:01.61	
6. Rob van Wanrooy	Feijenoord Albion Zwemclub	NED 198202627	3:09.06	+0.79	42.54	1:31.00	2:21.32	3:09.06	
7. Nicolas Gheis	Cercle De Natation Sportcity	BELuCNSW/013638/84	3:17.78	+0.79	44.13	1:34.51	2:26.98	3:17.78	



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Programmanr. 35, Heren, 200m schoolslag

Masters 45+

1. Vincent Versteeg	Zwemlust- den Hommel	NED 197701003	2:43.19	+0.75	35.65	1:17.80	2:00.92	2:43.19
2. Dennis Brouwers	HZPC	NED 197800167	2:52.37	+0.80	39.44	1:23.39	2:07.55	2:52.37
3. M. van der Zwan	Scheldeestroom	NED 197501017	2:54.94	+0.80	37.31	1:21.06	2:06.82	2:54.94
4. Dennis Dortland	Niemo Barracuda	NED 197800261	2:58.19	+0.87	39.24	1:25.27	2:12.39	2:58.19
5. László Jüllich	ZPCH	NED 197801893	3:05.60	+0.90	43.25	1:31.59	2:21.55	3:05.60
6. Bogdan Androne	Sassenheim	NED 197701783	3:06.51	+0.73	40.58	1:26.69	2:15.49	3:06.51

Masters 50+

1. Matthias Millers	SG Wuppertal	GER 113799	2:50.27	+0.87	36.96	1:20.86	2:05.78	2:50.27
2. Paul van den Heuvel	Arethusa	NED 197000441	3:01.69	+0.87	40.25	1:26.57	2:14.06	3:01.69
3. Kai Kremer	SG Erkelenz - Hückelhoven	GER 468899	3:02.92	+0.84	40.34	1:26.28	2:14.07	3:02.92
4. Bas Kremers	TRB-RES	NED 197201611	3:10.04	+0.80	41.92	1:30.50	2:21.12	3:10.04
5. Jacques Verriet	VZV Njord	NED 197001039	3:15.62	+0.81	44.47	1:34.42	2:26.41	3:15.62
6. Coen de Ridder	De Marlijn (SG)	NED 197401439	3:18.73	+0.89	42.51	1:32.06	2:25.18	3:18.73
7. Rob van de Ven	Neptunus'58	NED 197101695	3:26.37	+0.65	46.20	1:39.20	2:33.77	3:26.37
8. Michiel Verschueren	De Marlijn (SG)	NED 197301583	4:30.77	+1.15	54.87	1:59.03	3:11.56	4:30.77

Masters 55+

1. Erlend Alstad	Oslo I.L.	NOR	2:53.80	+0.83	40.16	1:24.73	2:09.74	2:53.80
2. Hans Schoenmakers	DAW	NED 196900863	3:04.15	+0.79	40.67	1:28.83	2:17.84	3:04.15
3. Hugues Herman	Cercle De Natation Sportcity	BELuCNSW/009743/66	3:06.44	+0.66	42.21	1:29.03	2:18.39	3:06.44
4. Harold Matla	PSV	NED 196800591	3:07.02	+0.88	40.82	1:28.88	2:19.41	3:07.02
5. Nico Swart	De Biesboschzwemmers	NED 196801475	3:14.60	+0.80	43.79	1:34.31	2:25.16	3:14.60
6. Eric Dumas	Patrick-De Roersoppers (SG)	NED 196901397	3:32.40	+0.94	46.24	1:41.19	2:37.68	3:32.40
7. Gertjan van der Vaart	ZVVS	NED 196801529	3:47.65	+0.73	48.59	1:48.01	2:49.35	3:47.65
8. Hans Bijleveld	HHZV Plons	NED 196601649	3:50.80	+0.79	51.26	1:51.78	2:52.45	3:50.80
9. Maarten Koolman	Steenwijk 1934	NED 196801649	4:28.86	+0.95	55.96	2:02.25	3:15.91	4:28.86

Masters 60+

1. Bert Schlicher	RZ	NED 196400669	2:57.75	+0.72	40.82	1:27.16	2:14.05	2:57.75
2. Jan Vlasblom	HHZV Plons	NED 196100823	3:19.57	+0.95	45.26	1:34.31	2:26.85	3:19.57
3. Theo Bakker	TriVia	NED 196401231	3:28.57	+0.78	43.61	1:36.17	2:32.46	3:28.57
4. Pierre de Groot	GZC DONK	NED 196401431	3:49.42	+0.92	51.38	1:48.79	2:50.13	3:49.42
5. Hans van Scheepen	Steenwijk 1934	NED 196201245	4:07.41	+1.01	55.66	1:57.15	3:01.06	4:07.41

Masters 65+

1. Wim de Lange	AZC	NED 195800533	3:29.40	+0.73	45.25	1:37.82	2:32.43	3:29.40
2. Paul Bunnik	Triton	NED 195600413	3:39.03	+0.94	47.54	1:43.40	2:44.06	3:39.03
3. Christian Schoenaers	Cercle De Natation Sportcity	BELuCNSW/007131/59	3:49.35	+1.02	52.19	1:50.66	2:50.80	3:49.35
4. André Pantekoek	PSV	NED 195800321	4:38.17	+1.06	59.09	2:10.90	3:25.35	4:38.17

Masters 75+

1. Nico van Dongen	<td>NED 194800159</td> <td>5:33.34</td> <td>+1.24</td> <td>1:15.24</td> <td>2:43.99</td> <td>4:09.79</td> <td>5:33.34</td>	NED 194800159	5:33.34	+1.24	1:15.24	2:43.99	4:09.79	5:33.34
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Masters 80+

1. Rob Hanou	PSV	NED 194300109	4:23.98	+1.04	58.84	2:08.55	3:18.44	4:23.98
2. Nico Baay	Old Dutch	NED 194200053	4:24.30	+0.91	1:01.71	2:09.22	3:18.34	4:24.30



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Programmanr. 36
05-05-2024 - 15:01

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
Masters 20+								
1. Robin Goossens	Nuenen	NED 200003128	2:38.29	+0.79	36.99	1:17.35	1:58.24	2:38.29
<i>Nederlands Masters Record</i>								
2. V. van den Bogert	Hieronymus	NED 200102138	2:43.17	+0.69	37.90	1:19.39	2:01.53	2:43.17
3. Silke Molendijk	ZVL-1886 Center	NED 200100178	2:45.65	+0.66	38.36	1:20.51	2:02.99	2:45.65
4. Isa Schellekens	Z&PC Zegenwerp	NED 200002330	2:48.71	+0.74	38.75	1:22.29	2:05.07	2:48.71
5. Esther Tiemersma	Nayade	NED 200202962	2:52.57	+0.69	39.46	1:24.55	2:08.82	2:52.57
6. Serina Damen	De Rog	NED 200100228	2:54.36	+0.65	39.38	1:23.05	2:08.14	2:54.36
7. Lois van Oijen	SG CWW Swim Team	NED 200402054	2:55.26	+0.82	39.46	1:23.78	2:09.42	2:55.26
8. Iris Le Clercq	De Rog	NED 200401404	3:04.55	+0.63	42.02	1:29.91	2:18.26	3:04.55
9. Ilse Valk	Het Ravijn	NED 200000172	3:07.60	+0.69	42.09	1:30.37	2:19.11	3:07.60
10. Kim de Jong	De Columbiaan	NED 200301026	3:08.00	+0.76	40.79	1:27.57	2:16.71	3:08.00
11. Ilse Kramer	TriVia	NED 200403072	3:14.52	+0.74	44.56	1:34.43	2:24.93	3:14.52
12. Shira de Haan	OEZA	NED 200001130	3:16.51	+0.86	44.26	1:33.13	2:24.39	3:16.51
13. Romy van der Zwan	Scheldestroom	NED 200403826	3:17.78	+0.74	43.62	1:34.34	2:26.21	3:17.78
14. Romée Beverdam	WS Twente	NED 200100158	3:20.48	+0.79	45.68	1:36.58	2:28.69	3:20.48
15. Cynthia Koolman	ZPC Hoogeveen	NED 200300232	3:26.80	+0.65	46.44	1:38.73	2:32.33	3:26.80
16. Mouna Oudshoorn	De Amstel	NED 200002202	3:48.94	+0.96	52.37	1:51.21	2:50.51	3:48.94
NG.ZA Malin Beuse	SG Bayer	GER 262348						
AFGEM Anna Tiemersma	Octopus-ZVV (SG)	NED 200400686						
Masters 25+								
1. Sarah Strack	SG Aumund - Vegesack	GER 195679	2:58.39	+0.76	40.24	1:25.52	2:11.69	2:58.39
2. Lonneke Graansma	ZVL-1886 Center	NED 199900936	3:01.90	+0.73	40.02	1:27.30	2:14.60	3:01.90
3. Fiona Meuffels	PSV	NED 199504366	3:03.12	+0.72	41.24	1:27.91	2:16.18	3:03.12
4. Mandy Swart	De Biesboschzweimmers	NED 199904916	3:08.38	+0.72	41.74	1:30.46	2:20.07	3:08.38
5. Larissa Jansen	PSV	NED 199500660	3:08.80	+0.76	43.35	1:31.55	2:19.95	3:08.80
6. Katrin Diercks	SG Aumund - Vegesack	GER 197466	3:10.53	+0.71	42.65	1:32.13	2:21.40	3:10.53
7. Rosanne Diepeveen	De Blauwe Schuur	NED 199906146	3:12.02	+0.76	44.27	1:33.77	2:23.50	3:12.02
8. Daphne Dols	ZPC Woerden	NED 199904622	3:12.15	+0.76	41.09	1:29.77	2:20.91	3:12.15
9. Maartje Hids	ZVL-1886 Center	NED 199903042	3:12.18	+0.86	45.94	1:34.92	2:23.79	3:12.18
10. Jade Broek	OEZA	NED 199702300	3:12.52	+0.71	43.71	1:32.74	2:23.04	3:12.52
11. Diane Schoenmaker	PSV	NED 199502920	3:16.73	+0.78	44.52	1:34.54	2:25.62	3:16.73
12. Yvette Meijer	Zwemvereniging Hoogland	NED 199706590	3:17.90	+0.83	45.04	1:35.80	2:26.76	3:17.90
13. Kelly Wiglevan	Poseidon'56	NED 199500058	3:18.44	+0.80	43.77	1:33.42	2:25.50	3:18.44
14. Djamari Oetringer	Aqua-Novio '94	NED 199600546	3:20.35	+0.76	45.79	1:36.69	2:28.16	3:20.35
15. Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	3:23.07	+0.78	44.93	1:36.00	2:28.92	3:23.07
16. Lotte de Vente	Het Ravijn	NED 199905814	3:27.20	+0.82	45.29	1:38.31	2:32.61	3:27.20
17. Laura ter Stege	SG CWW Swim Team	NED 199602364	3:28.22	+0.76	44.92	1:38.40	2:32.84	3:28.22
18. Kim van Rossum	SBC2000	NED 199706374	3:55.36	+0.93	53.95	1:55.25	2:55.99	3:55.36
Masters 30+								
1. Chantal van der Horst	De Meer	NED 199400616	2:59.04	+0.81	41.53	1:28.10	2:13.97	2:59.04
2. Lisa van Milt	ZZ&PC De Devel	NED 199201228	2:59.52	+0.70	39.11	1:24.39	2:11.09	2:59.52
3. Marijke Kommers	Niemo Barracuda	NED 199305334	3:09.12	+0.81	42.92	1:31.69	2:20.74	3:09.12
4. Ines Muilwijk	MNC Dordrecht	NED 199202858	3:09.22	+0.66	42.32	1:30.31	2:19.44	3:09.22
5. Rolijn van Vught	PSV	NED 199004110	3:37.04	+0.83	49.04	1:45.05	2:41.87	3:37.04
6. Janneke Wynia	WS Twente	NED 199005500	3:45.50	+0.95	51.12	1:48.41	2:47.76	3:45.50
Masters 35+								
1. Sabine Zimmermann	Aachener SV 06	GER 101578	2:57.74	+0.74	41.27	1:27.21	2:13.01	2:57.74
2. Daniëlle Reijnders	AquAmigos	NED 198504234	3:00.40	+0.70	40.56	1:26.94	2:13.87	3:00.40
3. S. van der Linden	DIO	NED 198802736	3:04.90	+0.77	41.65	1:27.97	2:15.79	3:04.90
4. Linda van Klei	GZC DONK	NED 198802088	3:14.42	+0.86	43.26	1:32.25	2:23.34	3:14.42
5. Liesbeth van Mill	Zwemlust- den Hommel	NED 198702786	3:15.59	+0.79	44.58	1:34.00	2:24.34	3:15.59
6. I. van den Wijngaard	ZPC Woerden	NED 198904736	3:19.44	+0.78	43.81	1:33.48	2:26.32	3:19.44
7. Marlies Jehoel-van As	PSV	NED 198500074	3:20.86	+0.72	44.32	1:35.13	2:27.87	3:20.86



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Programmanr. 36, Dames, 200m schoolslag, Masters 35+

rang naam	vereniging		tijd	RT PARA	50m	100m	150m	200m
8. Monique Kok	Octopus-ZVV (SG)	NED 198605398	3:42.32	+0.76	50.12	1:46.19	2:43.61	3:42.32

Masters 40+

1. Laura Badoux	DAW	NED 198200038	2:58.16	+0.81	40.12	1:26.13	2:12.05	2:58.16
2. Joke De Temmerman	Lokerse Zwemvereniging	BEL LZV/21076/82	2:59.91	+0.75	39.91	1:25.69	2:13.06	2:59.91
3. Nadya Putter	ZVVS	NED 198301630	3:14.65	+0.71	43.99	1:31.85	2:22.23	3:14.65
4. Debbie van Rooijen	IJZPC	NED 198201402	3:17.68	+0.74	43.23	1:33.04	2:24.55	3:17.68
5. Tonia Ruybroek	Poseidon'56	NED 198101290	3:22.74	+0.95	45.56	1:37.12	2:29.75	3:22.74
6. Angela Giezen	Zwemvereniging Hoogland	NED 198302796	3:29.79	+0.70	47.77	1:41.46	2:35.67	3:29.79
7. Aafke Groot	De Geul	NED 198302748	3:30.19	+0.96	48.24	1:42.07	2:36.77	3:30.19
8. Ieva Karpaviciute	Kauno Takas	LTU	3:33.46	+0.81	47.71	1:42.17	2:38.57	3:33.46

Masters 45+

1. Jeanette Seitz	SSV Ulm 1846	GER 066368	3:07.30	+0.70	40.97	1:28.42	2:17.41	3:07.30
2. C. Kettenmeyer-Reuland	Swimming Club Le Dauphin	ELUXr2017	3:07.69	+0.79	43.63	1:31.58	2:19.88	3:07.69
3. Rachel Trainor	De Duck	NED 197700670	3:19.43	+0.82	44.54	1:35.05	2:27.89	3:19.43
4. Liselotte Joling	PSV	NED 197500268	3:20.20	+0.84	44.99	1:37.27	2:29.90	3:20.20
5. Marleen Zantingh	Old Dutch	NED 197801378	3:27.09	+0.83	48.02	1:40.98	2:35.51	3:27.09
NG Inge Roskam	De Duinkickers	NED 197801296						

Masters 50+

1. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	3:10.48	+0.81	43.22	1:31.40	2:21.05	3:10.48
2. Katharina Schlipp	De Vliet (SG)	NED 197301004	3:14.52	+0.79	42.53	1:31.14	2:22.68	3:14.52
3. Gudule van der Meer	PSV	NED 197200396	3:15.55	+0.79	44.17	1:33.94	2:25.24	3:15.55
4. Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	3:25.24	+0.94	47.06	1:39.79	2:33.11	3:25.24
5. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	3:26.53	+0.84	46.26	1:38.21	2:32.11	3:26.53
6. Martine Stahlie-Bos	TriVia	NED 197401054	3:59.85	+0.88	54.45	1:55.98	2:59.22	3:59.85
7. Kathy Van Lindt	Cercle De Natation Sportcity	BELuCNSW/007949/71	4:05.47	+0.83	56.40	2:01.14	3:04.28	4:05.47
DIS Bianca Groot	MSV-Zeemacht	NED 197000652						
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
NG Karin Stein	ZVVS	NED 197100554						

Masters 55+

1. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	3:16.52	+0.79	44.18	1:34.14	2:25.58	3:16.52
2. Iris van Aurich	DWK	NED 196900866	3:19.75	+0.84	45.90	1:37.34	2:28.67	3:19.75
3. A. Korving-Leijenaar	Aqualero	NED 196700662	3:24.35	+0.71	45.85	1:38.42	2:31.01	3:24.35
4. Marion Bach	TSV Gruiten 1884 e.V	GER 353051	3:31.48	+0.89	46.29	1:40.38	2:36.26	3:31.48
5. K. van Nassau-van den I	Old Dutch	NED 196600188	3:41.89	+0.96	51.52	1:48.60	2:45.62	3:41.89

Masters 60+

1. P. Tossings-van de Hoo	GZC DONK	NED 196100376	3:37.98	+0.85	50.25	1:46.42	2:43.26	3:37.98
2. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	3:43.43	+0.80	50.57	1:47.66	2:46.11	3:43.43
3. Lia Bijkerk	GZC DONK	NED 196000014	4:05.18	+0.83	53.97	1:57.76	3:03.96	4:05.18

Masters 65+

1. Liudmila Skopina	Cercle De Natation Sportcity	BELuCNSW/010673/57	3:45.17	+0.91	52.22	1:49.72	2:47.97	3:45.17
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED 195800050	3:49.45	+0.71	52.11	1:50.65	2:50.66	3:49.45
3. W. Schoenmaker-ter Ver	DWK	NED 195900254	4:15.07	+1.00	56.95	2:01.04	3:07.66	4:15.07

Masters 70+

1. Gonnie Bak	PSV	NED 195100064	4:40.34	+0.94	1:04.69	2:17.79	3:30.62	4:40.34
AFGEM Ineke Weekers	PSV	NED 195300050						



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 36, Dames, 200m schoolslag

Masters 75+

1. A. Verhoeven - Stegger	De Duinkickers	NED 194600024	4:56.22		1:03.83	2:19.73	3:39.43	4:56.22
2. L. van Huissteden	ZPC AMERSFOORT	NED 194500002	4:58.36	+0.98	1:09.37	2:27.31	3:43.35	4:58.36
DIS Corrie Verhoeven	PSV	NED 194600026		+0.92				

AF - De aangegeven afstand niet uitgezwommen.

Masters 85+

1. Marie Smits	Old Dutch	NED 193800004	5:54.81	+1.09	1:22.10	2:57.57	4:31.48	5:54.81
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Nederlands Masters Record

Programmanr. 37
05-05-2024 - 15:54

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Gerard Willighagen	Poseidon'56	NED	200103663	26.38	+0.66	
2.	Erik van Gemert	Poseidon'56	NED	200300587	26.52	+0.67	
3.	Kevin Roest	Zwemvereniging Hoogland	NED	200001223	26.93	+0.65	
4.	Luc Mul	DAW	NED	200201025	26.99	+0.69	
5.	Jorian Darwinkel	HZ&PC Heerenveen	NED	200300565	27.20	+0.62	
6.	Thomas Vastenhout	ZPCH	NED	200204545	27.29	+0.67	
7.	Tom Balsen Versteeg	De Warande	NED	200005673	27.36	+0.58	
8.	Remco Dijkstra	HZ&PC Heerenveen	NED	200100789	27.50	+0.69	
9.	Teun van der Schrier	Hieronymus	NED	200403627	27.65	+0.73	
10.	Ian Terlouw	ZPC Woerden	NED	200002345	27.71	+0.68	
11.	Lars Diesch	Nuenen	NED	200103189	27.73	+0.71	
12.	Stijn den Otter	ZZ&PC De Devel	NED	200200225	27.81	+0.55	
13.	Nino van Krimpen	ZOB'66	NED	200004611	27.83	+0.66	
14.	Hendrik Broekema	Bubble	NED	200002205	27.86	+0.67	
15.	Luuk Kresin	Patrick-De Roersoppers (SG)	NED	200303275	27.88	+0.68	
	Mick van Kempen	SG CWW Swim Team	NED	200203375	27.88	+0.71	
17.	Bas van den Akker	PSV	NED	200204651	28.05	+0.64	
18.	Lucas Douwma	ZPCH	NED	200401337	28.39	+0.65	
19.	Boyd Wijkman	MSV-Zeemacht	NED	200104759	28.48	+0.68	
20.	Yuri Wasser	PSV	NED	200301327	28.61	+0.71	
21.	Milan de Roo	ZPC Woerden	NED	200102215	28.69	+0.60	
22.	Tom van den Akker	ZPC AMERSFOORT	NED	200204653	28.70	+0.62	
23.	Bram van Norel	RZC	NED	200301133	28.80	+0.67	
24.	Mart de Koning	ZOB'66	NED	200203253	28.93	+0.71	
25.	Jon de Wit	SG CWW Swim Team	NED	200401969	28.97	+0.74	
26.	Marijn in 't Veld	De Warande	NED	200002907	29.04	+0.61	
27.	Lars Hilkens	RZ	NED	200201165	29.15	+0.68	
28.	Maxim Wouters	ShaRK - Swimming Region Kempen	BEL	SHARK/10458/02	29.20	+0.72	
29.	Gaspard Lammens	Club Nautique Val de Fensch	FRA	3533051	29.24	+0.65	
30.	Wessel Haverkamp	ESCA Zwemmen	NED	200204755	29.29	+0.66	
31.	Jesper Pas	VZV Njord	NED	200200967	29.31	+0.70	
32.	Mees Minneboo	MSV-Zeemacht	NED	200203465	29.49	+0.62	
33.	Esper Paans	ZZ&PC De Devel	NED	200100607	29.52	+0.64	
34.	Fayssal Lantema	Zwemlust- den Hommel	NED	200101379	29.87	+0.72	
35.	Marc Hoogeveen	DZ&PC	NED	200101585	30.23	+0.70	
36.	Rik Stahlie	TriVia	NED	200201915	30.54	+0.73	
37.	Dion Staal	De Warande	NED	200200065	30.96	+0.72	
38.	Rens Hoogenboom	Neptunus'58	NED	200403893	31.26	+0.62	
39.	Thomas Hesper	Niemo Barracuda	NED	200004181	31.47	+0.81	
40.	Sven Doezen	RZ	NED	200400403	31.67	+0.67	
41.	Jaimy Voogt	ZOB'66	NED	200005881	32.24	+0.76	
42.	Wout Wilens	EZCL (SG)	NED	200001431	32.95	+0.81	
43.	Lanco Manaf	Het Ravijn	NED	200402715	33.76	+0.71	

Programmanr. 37, Heren, 50m vlinderslag

Masters 25+

1.	Felix Geenen	DAW	NED	199501085	25.71	+0.71
2.	Bas Dries	Zwemvereniging Hoogland	NED	199505177	26.17	+0.64
3.	Bert Duivenvoorde	De Columbaan	NED	199701805	26.32	+0.68
4.	Eric Rodríguez Ramos	Club Natació Swimfaster Salt	ESP		26.35	+0.63
5.	Feijenoord Prins	Feijenoord Albion Zwemclub	NED	199500201	26.40	+0.65
6.	Sander Kirillova	WVZ	NED	199800121	26.97	+0.65
7.	Nick Sijmons	De Amstel	NED	199500491	27.04	+0.67
8.	Bart Weiland	DES	NED	199700777	27.31	+0.65
9.	Max Peters	Nuene	NED	199903123	27.32	+0.64
10.	Daan Siebenheller	ZOB'66	NED	199804955	27.82	+0.73
11.	Robin van Beek	ZVL-1886 Center	NED	199704023	27.88	+0.68
12.	Jordi de Nijs	MSV-Zeemacht	NED	199801851	28.01	+0.69
	Danny Visser	De Treffers	NED	199600381	28.01	+0.74
14.	Luke van Hamond	Z&PC Zegenwerp	NED	199600945	28.03	+0.66
15.	Sven Westerlaken	ZVDO'74	NED	199900271	28.32	+0.71
16.	Jelle Blankestijn	ZPC AMERSFOORT	NED	199803737	28.94	+0.73
17.	Jordy van Oel	WVZ	NED	199802003	29.26	+0.74
18.	Nick Boekestijn	Westland Swimming Stars	NED	199900291	29.48	+0.62
19.	Vladislavs Svarnovics	DES	NED	199605925	29.51	+0.73
20.	Jorrik Kerdijk	Bubble	NED	199602135	29.69	+0.67
21.	Sam Beer	Poseidon'56	NED	199605521	29.76	+0.69
22.	Kevin Kingma	ACZ	NED	199700559	29.81	+0.71
23.	Patrick Wyrdean	Westland Swimming Stars	NED	199702475	30.02	+0.70
24.	Stefan de Leeuw	Nederweert	NED	199503483	30.30	+0.81
25.	Martijn Bartels	ZPC AMERSFOORT	NED	199603493	30.47	+0.70
26.	Ids de Klerk	Niemo Barracuda	NED	199803237	30.72	+0.79
27.	Auke Sijperda	AZC	NED	199905115	32.57	+0.64
28.	Marijn Heetkamp	Het Ravijn	NED	199903407	32.70	+0.73
29.	Jasper Striijp	De Rog	NED	199804399	32.79	+0.73
30.	Tom Linsen	Nederweert	NED	199801553	33.37	+0.70
31.	Dave Weijers	Hydra	NED	199603335	34.82	+0.69
32.	Job Esink	ESCA Zwemmen	NED	199801699	35.15	+0.76
33.	Sven Dubbeld	De Schotejil	NED	199601141	35.19	+0.87
34.	Mathijs Krieger	EZCL (SG)	NED	199905361	36.37	+0.80

Masters 30+

1.	Jesper Oranje	De Duck	NED	199200997	25.49	+0.67
2.	Jeroen Baars	Niemo Barracuda	NED	199200031	25.56	+0.71
3.	Marc Kremer	TriVia	NED	199004667	25.89	+0.66
4.	Rick van Hamond	Z&PC Zegenwerp	NED	199205873	26.68	+0.67
5.	Koen van der Wallen	Nederweert	NED	199405561	27.95	+0.79
6.	Jeroen Matthijssen	AZC	NED	199103751	28.01	+0.68
7.	Craig Frankum	De Warande	NED	199007759	28.21	+0.65
8.	Joeri van Wallenburg	Onderdak	NED	199004875	28.50	+0.74
9.	Michel de Maesschalck	DAW	NED	199101525	28.84	+0.70
10.	Matteo Viani	Zwemlust- den Hommel	NED	199007717	29.25	+0.79
11.	Marc Hoogendam	Blue Marlins	NED	199007713	29.33	+0.70
12.	Paul Koster	Hieronymus	NED	199304465	29.47	+0.70
13.	Bram Siebers	EZCL (SG)	NED	199302241	29.50	+0.79
14.	Laurens de Nijl	ZPCH	NED	199107861	29.63	+0.69
15.	Steven Uijl	Aqua-Novio '94	NED	199304075	29.76	+0.65
16.	Jelle Roks	De Blauwe Schuur	NED	199005145	30.53	+0.71
17.	Gerald van de Riet	De Mors	NED	199307161	30.59	+0.77
18.	Dirk Zeelte	SG CWW Swim Team	NED	199105911	30.75	+0.77
19.	Ruben Stolk	ZOB'66	NED	199005665	31.38	+0.68
20.	Jeroen Burggraaf	De Blauwe Schuur	NED	199000467	31.44	+0.86
21.	Sander Riezebos	WS Twente	NED	199400467	31.55	+0.70
22.	Cars Wiegmann	WS Twente	NED	199401025	32.06	+0.70
23.	Leon Verschuren	SBC2000	NED	199304403	34.83	+0.76
24.	Gerben Rozie	MSV-Zeemacht	NED	199002507	35.20	+0.74
25.	Rick van Nieuwenhuizen	De Rijn	NED	199002097	35.90	+0.75

Programmanr. 37, Heren, 50m vlinderslag

Masters 35+

1.	Joan Kentrop	Zwemlust- den Hommel	NED	198503575	27.02	+0.77
2.	Ferdy van Mastrigt	Blue Marlins	NED	198802315	27.08	+0.63
3.	Rick Driezen	Steenwijk 1934	NED	198600713	28.54	+0.78
4.	Robert Braad	Steenwijk 1934	NED	198600407	29.53	+0.81
	Koen Woestenborghs	Nuenen	NED	198806193	29.53	+0.70
6.	Pascal van Haren	Niemo Barracuda	NED	198704101	30.02	+0.66
7.	Niek Kouwenberg	Hydra	NED	198601715	30.35	+0.70
8.	Nicky Valentijn	AquAmigos	NED	198806175	31.30	+0.75
9.	Bjorn van de Goor	TRB-RES	NED	198906527	31.58	+0.77
10.	Ricardo van Dam	AZC	NED	198503965	33.86	+0.76
NG.ZA	Arthur Bukkems	MZ&PC Maastricht	NED	198604749		

Masters 40+

1.	Julien Marquet	Cercle De Natation Sportcity WolBEL	CNSW/010569/82	29.17	+0.73	
2.	Jim Geestman	Poseidon'56	NED	198300699	29.48	+0.79
3.	Heijmen van Vliet	De Geul	NED	198001637	29.95	+0.66
4.	Gerwin Vonk	De Spatters	NED	198201907	30.72	+0.70
5.	Frank v.d. Voordt	De Schotejil	NED	198302259	30.96	+0.76
6.	Rob van Wanrooy	Feijenoord Albion Zwemclub	NED	198202627	31.05	+0.77
7.	Peter van de Bor	Team Noord Holland (SG)	NED	198402897	31.19	+0.87
8.	William Kruithof	Het Ravijn	NED	198000857	31.76	+0.89
9.	Jonathan Gatt Colerio	San Giljan ASC	MLT	174981M	33.80	+0.80

Masters 45+

1.	Edgar Thimister	ZEPS	NED	197501511	27.80	+0.62
2.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	28.90	+0.69
3.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	28.99	+0.72
4.	Jasper van Heijst	ZPCH	NED	197601699	29.12	+0.71
5.	Klaas Poelstra	H2Oldambt	NED	197800825	29.92	+0.77
6.	Maarten van der Zwan	Scheldestroom	NED	197501017	30.18	+0.80
7.	Markus van Rest	WVZ	NED	197701197	30.40	+0.84
8.	Mark Sponneck	San Giljan ASC	MLT	388523M	31.00	+0.70
	<i>Maltese Masters Record</i>					
9.	Sandy Pleyte	ZPC De Zeeuwse Kust	NED	197501559	32.23	+0.77
10.	Michael Go	AZC	NED	197501397	33.28	+0.68
11.	Ingmar Kooman	ZVL-1886 Center	NED	197901517	33.84	+0.83
12.	Alfonso Verkerk	SCOM/De Zeehond'73 (SG)	NED	197601665	35.65	+0.83
NG.ZA	Øivind Martin Hasle	Oslo I.L.	NOR			

Masters 50+

1.	Frederic Tonus	Luxembourg Sharks Swimming CLUX	10449	26.14	+0.65	
	<i>Luxembourg Masters Record</i>					
2.	Antwan van Engen	SG CWW Swim Team	NED	197101577	28.80	+0.71
3.	Peter Meijer	DZ&PC	NED	197300613	31.49	+0.75
4.	Richard Ricksen	Hellas-Glana	NED	197000841	31.52	+0.83
5.	Arjan Verheij	De Rog	NED	197101617	31.65	+0.73
6.	Bruno Nahon	Cercle De Natation Sportcity WolBEL	CNSW/000390/70	33.74	+0.83	

Masters 55+

1.	Darius Andrzejczak	SG Erkelenz - Hüchelhoven	GER	26924	29.26	+0.71
2.	Javier Van Engelen	AZ&PC De Futen	NED	196801697	31.79	+0.86
3.	Olivier Bresoux	Cercle De Natation Sportcity WolBEL	CNSW/004898/69	32.07	+0.77	
4.	Marcel Vroegindewei	Poseidon'56	NED	196801709	32.81	+0.74
5.	Pascal Tourton	ZOB'66	NED	196601343	33.66	+0.80
6.	Sandro Glasius	ZZ&PC De Devel	NED	196600249	34.04	+0.77
7.	Erik Wetsteijn	SWOL 1894	NED	196501019	34.09	+0.73
8.	Hans Schoenmakers	DAW	NED	196900863	34.40	+0.80
9.	Jeroen Wilmer	Vichy Val D'Allier Natation	FRA	2169893	34.43	+0.84
10.	Francis Roosen	VZV Njord	NED	196801581	34.67	+0.76



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 37, Heren, 50m vlinderslag, Masters 55+

rang	naam	vereniging			tijd	RT	PARA
11.	Marcel Brittijn	De Duinkickers	NED	196900159	35.05	+0.63	
12.	Eric de Haas	De Treffers	NED	196501275	36.71	+0.83	
13.	Taco Eikelenboom	AZ&PC De Futen	NED	196900275	37.68	+0.94	
14.	Pieter-Sjoerd de Wijn	DES	NED	196501027	37.96	+0.83	
15.	Henri Michels	De Amstel	NED	196501587	38.57	+0.82	
16.	Andre de Bruijn	ZVDO'74	NED	196800165	42.19	+0.91	
NG.ZA	Soan Thung	PSV	NED	196601633			

Masters 60+

1.	Martin Grapentin	SAS Swiss Alumni Swimming	SUI	#29177	29.53	+0.80	
2.	Lionel Godeaux	Cercle De Natation Sportcity Wol	BEL	CNSW/000217/60	30.72	+0.69	
3.	Paul Wijnja	De Biesboschzwemmers	NED	196301403	33.63	+0.79	
4.	Robert de Brauwer	De Duinkickers	NED	196401383	34.38	+0.86	
5.	Theo Bakker	TriVia	NED	196401231	35.53	+0.84	
6.	Henk Kuipers	ZPC AMERSFOORT	NED	196201207	35.82	+0.77	
7.	Frank Kraus	ESCA Zwemmen	NED	196001055	45.15	+0.91	

Masters 65+

1.	Albert Boonstra	Aqua-Novio '94	NED	195700425	32.10	+0.82	
2.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	33.79	+0.75	
3.	Thierry Schurmans	Cercle De Natation Sportcity Wol	BEL	CNSW/007944/58	46.75	+0.75	

Masters 70+

1.	Fred Zanting	TriVia	NED	195400323	36.12 *	+0.80	
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Masters 80+

1.	Geza Kaltenecker	AZC	NED	194200065	1:06.17	+0.83	
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Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	RT	PARA
Masters 20+							
1.	Judith Houtvast	Hellas-Glana	NED	200300714	28.92	+0.66	
2.	Femke van Wijk	WWV Winterswijk	NED	200403434	29.61	+0.81	
3.	Silke Molendijk	ZVL-1886 Center	NED	200100178	29.71	+0.69	
4.	Michelle van Wijk	WWV Winterswijk	NED	200204746	30.12	+0.71	
5.	Merel Phaff	Nuenen	NED	200100434	30.17	+0.69	
6.	Janice Provoost	De Bevelanders	NED	200303076	30.47	+0.69	
7.	Lisanne Boets	ZPC De Kanaalstreek	NED	200200346	30.52	+0.70	
8.	Stéphanie Schoemans	Cercle De Natation Sportcity Wol	BEL	CNSW/009655/00	30.56	+0.63	
9.	Ilse Verheij	De Rog	NED	200300456	30.99	+0.58	
	Sophie Stekelenburg	Zwemlust- den Hommel	NED	200400166	30.99	+0.76	
11.	Christel Brugmans	Hieronymus	NED	200005602	31.13	+0.72	
12.	Guusje van Lent	Aqua-Novio '94	NED	200203898	31.20	+0.66	
13.	Froukje Osinga	Orca	NED	200003090	31.43	+0.70	
14.	Lianne van Wier	HZ&PC Heerenveen	NED	200200438	31.52	+0.72	
15.	Julia Notenboom	De Columbiaan	NED	200302596	31.63	+0.75	
16.	Lauren van IJll	WVZ	NED	200001064	31.66	+0.66	
17.	Dyonne Klomp	Nederweert	NED	200400642	31.68	+0.75	
	Robin Pienaar	Niemo Barracuda	NED	200102236	31.68	+0.78	
19.	Cerisa van Kesteren	ZPCH	NED	200105934	31.79	+0.75	
20.	Amber Hesper	Niemo Barracuda	NED	200202188	32.02	+0.75	
21.	Eline Hoekstra	OEZA	NED	200301280	32.35	+0.81	
22.	Welmoed Doornbos	De IJsselmeeuwen	NED	200203352	32.38	+0.66	
23.	Silke van de Weijer	Hydra	NED	200300692	32.56	+0.76	
24.	Noa de Bock	De Duck	NED	200300318	32.68	+0.70	



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
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Programmanr. 38, Dames, 50m vlinderslag, Masters 20+

rang	naam	vereniging		tijd	RT	PARA
25.	Esther Tiemersma	Nayade	NED 200202962	32.82	+0.66	
26.	Esmee Wijnmaalen	De Geul	NED 200100298	32.88	+0.72	
27.	Iris van Rossum	ACZ	NED 200004858	33.10	+0.76	
28.	Olivia Schalekamp	Oceanus	NED 200203732	33.12	+0.67	
29.	Faustine Mussig	De Geul	NED 200202080	33.26	+0.76	
30.	Anouk Vis	De Columbiaan	NED 200203322	33.58	+0.76	
31.	Leonie van Wier	HZ&PC Heerenveen	NED 200200436	33.75	+0.67	
32.	Jessica Braat	AZC	NED 200205684	33.77	+0.76	
33.	Ilse Valk	Het Ravijn	NED 200000172	33.91	+0.69	
34.	Merel van den Heuvel	De Meer	NED 200201784	33.93	+0.78	
35.	Gwen Eygendaal	De Warande	NED 200404680	34.37	+0.79	
36.	Marielle van der Vaart	ZVVS	NED 200000994	34.38 *	+0.68	
37.	Lotte van Gessel	Team Noord Holland (SG)	NED 200300900	34.59	+0.75	
38.	Romy Jalving	HZ&PC Heerenveen	NED 200000616	34.77	+0.69	
39.	Noa Boerma	Het Ravijn	NED 200202736	35.78	+0.67	
40.	Rosa Huntjens	EZCL (SG)	NED 200301402	36.15	+0.76	
41.	Kyra Wesemann	MSV-Zeemacht	NED 200201440	36.41	+0.78	
42.	Nasca van Dijk	De Marlijn (SG)	NED 200300816	36.74	+0.77	

Masters 25+

1.	Selene Wortel	Hieronymus	NED 199700654	29.95	+0.70	
2.	Marre Zandringa	Orca	NED 199701136	30.32	+0.71	
3.	Karin Groen	ZPC De Kanaalstreek	NED 199502440	30.50	+0.64	
4.	Melissa van der Heijden	Niemo Barracuda	NED 199605226	30.57	+0.66	
5.	Britt Bogers	Nuenen	NED 199905072	30.63	+0.69	
6.	Arlette de Vegt	ESCA Zwemmen	NED 199505930	30.68	+0.74	
7.	Alisha Vieira	Blue Marlins	NED 199904554	31.01	+0.69	
8.	Selina Janssen	Neptunus'58	NED 199905974	31.42	+0.74	
9.	Jade Groeneveld	De Biesboschwemmers	NED 199900480	31.81	+0.60	
10.	Marjes Butz	RZC	NED 199901502	32.00 *	+0.70	
11.	Marcella van der Ent	De Duck	NED 199600174	32.18	+0.72	
12.	Manon Kloosterman	Zwemlust- den Hommel	NED 199702082	32.26	+0.76	
13.	Marijke Drent	Bubble	NED 199906232	32.31	+0.79	
14.	Rianne Bresser	Poseidon'56	NED 199900690	32.92	+0.77	
15.	Kelly de Jonge	Poseidon'56	NED 199701210	33.26	+0.76	
16.	Tamara Bloemers	Nederweert	NED 199801328	33.55	+0.74	
17.	Ellen ter Stege	ESCA Zwemmen	NED 199900604	33.65	+0.69	
18.	Jet Kleine	MSV-Zeemacht	NED 199903384	33.93	+0.65	
19.	Sanne van de Pol	De Biesboschwemmers	NED 199800722	34.15	+0.66	
20.	Iris van der Moolen	De Amstel	NED 199902052	34.52	+0.79	
21.	Rosalie Baarda	Orca	NED 199903460	34.68	+0.74	
22.	Lisanne van Gennip	Hydra	NED 199701444	34.72	+0.74	
23.	Jelita van Esseveld	ZPC De Zeeuwse Kust	NED 199806716	34.80	+0.76	
24.	Mandy Swart	De Biesboschwemmers	NED 199904916	35.16	+0.73	
25.	Katrin Diercks	SG Aumund - Vegesack	GER 197466	35.29	+0.71	
26.	Daphne Dols	ZPC Woerden	NED 199904622	35.32	+0.74	
27.	Sheila ten Voorde	Octopus-ZVV (SG)	NED 199904538	35.56	+0.79	
28.	Franziska Wierig	SSF Bonn	GER 410575	35.76	+0.60	
29.	Margien Timmer	ZVL-1886 Center	NED 199506760	36.94	+0.74	
30.	Judith Kleinjan	De Duck	NED 199802710	40.54	+0.79	
AFGEM	Jamilla van Omme - van Veen	Zwemvereniging Hoogland	NED 199603192			

Masters 30+

1.	Denise Boereboom	Niemo Barracuda	NED 199202144	30.65	+0.65	
2.	Lisa Klatten	WVZ	NED 199203628	30.70	+0.73	
3.	Marcha Admiraal	De Geul	NED 199300012	30.90	+0.72	
4.	Mariska Scheel	ACZ	NED 199306344	30.96	+0.72	
5.	Miranda Nijenhuis	De Columbiaan	NED 199204076	31.49	+0.74	
6.	Karin Verbeek	Nautilus	NED 199201848	32.26	+0.66	
7.	Leonor Babo	PSV	NED 199308000	32.52	+0.66	
8.	Natasja Snijders	Aqua-Novio '94	NED 199107966	32.76	+0.78	
9.	Leontine Groeneveldt	De Duck	NED 199303526	33.68	+0.77	
10.	Anne Aarts	DES	NED 199207942	33.72	+0.69	

Programmanr. 38, Dames, 50m vlinderslag, Masters 30+

rang	naam	vereniging			tijd	RT	PARA
11.	Lucie Terver	Club Nautique Val de Fensch	FRA	412372	34.05	+0.77	
12.	Erika Nyström	HHZV Plons	NED	199407592	34.23	+0.85	
13.	Daphne Kievit	ZPC AMERSFOORT	NED	199207058	34.27	+0.81	
14.	Jisca Majolée	ZPC AMERSFOORT	NED	199403570	34.35	+0.81	
15.	Alma Janssen	Z&PC Zegenwerp	NED	199401078	34.58	+0.70	
16.	Danila van den Hoogenband	Nuenen	NED	199001558	35.48	+0.75	
17.	Eline Molle	De Geul	NED	199404276	38.15	+0.79	
18.	Maaïke Karsten	Zwemvereniging Hoogland	NED	199103832	38.72	+0.85	
19.	Celine Bakker	DAW	NED	199302562	39.43	+0.63	

Masters 35+

1.	Anneloes Peulen	Nuenen	NED	198502314	30.59	+0.66	
2.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	31.27	+0.72	
3.	Anna Maria Rijkens <i>Austrian Masters Record</i>	TRI-X-Kufstein	AUT	48398	31.45	+0.78	
4.	Jana Vanden Broeck	Cercle Royal De Natation De Bru	BEL	ACNBA/012311/89	31.72	+0.72	
5.	Daniëlle Reijnders	AquAmigos	NED	198504234	31.73	+0.67	
6.	Daphne Robijn-Jongedijk	EZCL (SG)	NED	198903520	31.85	+0.73	
7.	Monique van Huizen	AZC	NED	198706236	33.18	+0.78	
8.	Cristina Rodriguez Bouzo	De Treffers	NED	198806948	34.10	+0.73	

Masters 40+

1.	Delia Badoux <i>Kampioenschapsrecord</i>	WVZ	NED	198000042	29.34	+0.72	
2.	Anne-Marie Verschoor-Vos	De Biesboschzwemmers	NED	198102300	32.90	+0.82	
3.	Miranda Pijnenburg	De Treffers	NED	198301216	33.03	+0.77	
4.	Laura Badoux	DAW	NED	198200038	33.45	+0.84	
5.	Michelle de Villiers	Hellas-Glana	NED	198302944	35.38	+0.78	
6.	Hoda Elridi	PSV	NED	198102382	39.59	+0.86	

Masters 45+

1.	Katharina Zihler	SAS Swiss Alumni Swimming	SUI	#7332	33.25	+0.69	
2.	Mirjan den Drijver	Westland Swimming Stars	NED	197500884	33.48	+0.75	
3.	Nathalie Blondeel	Cercle De Natation Sportcity Wol	BEL	CNSW/004784/77	34.32	+0.69	
4.	Chantal Verhoeff	Old Dutch	NED	197900912	35.11	+0.77	
5.	Geraldine Trainor	De Duck	NED	197500544	36.08	+0.76	
6.	Krista de Reus-Trompetter	DZ&PC	NED	197600520	36.64	+0.88	
7.	Marian Nederlof	De Geul	NED	197600950	36.96	+0.88	
8.	Inge Roskam	De Duinkickers	NED	197801296	37.65	+0.77	
9.	Rachel Trainor	De Duck	NED	197700670	38.74	+0.82	
10.	Saskia op den Velde	De Duinkickers	NED	197901530	45.44	+0.92	

Masters 50+

1.	Olivia Lorton <i>Luxembourg Masters Record</i>	Luxembourg Sharks Swimming	CLUX	9981	32.11	+0.70	
2.	Ingrid Boot-De Groot	De Aalscholver	NED	197000168	32.78	+0.70	
3.	Valérie Rolland	Cercle De Natation Sportcity Wol	BEL	CNSW/004276/71	34.52	+0.70	
4.	Ilona Hogerheyde	DAW	NED	197400224	34.76	+0.73	
5.	Yvette Ratering	SG CWW Swim Team	NED	197200990	35.44	+0.79	
6.	Evelien Naatje	WS Twente	NED	197200838	43.49	+0.89	
7.	Nathasja Konijn	GZC DONK	NED	197100992	43.70	+0.75	
AFGEM	Jeanne Petit	PSV	NED	197001020			



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Programmanr. 38, Dames, 50m vlinderslag

Masters 55+

1.	Lesley Cordial	ZPC AMERSFOORT	NED	196700684	32.97	+0.77
2.	Allie Price	Bridgend Swim Club	GBR	547582	33.76	+0.68
3.	Marjo Goelema-Koek	De Biesboschzweimmers	NED	196900192	34.62	+0.76
4.	Petra Blum	SG Bayer	GER	274174	36.44	+0.82
5.	Katja De Beer	De Rog	NED	196800888	37.29	+0.72
6.	Jacqueline Tuin	DAW	NED	196600690	38.85	+0.77
7.	Marijke Campfens	De Geul	NED	196900960	41.54	+0.60

Masters 60+

1.	Netty Burik-Geijssen	Westland Swimming Stars	NED	196300048	36.46	+0.83
2.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	43.16	+0.80

Masters 65+

1.	Claire Anthony	Cercle De Natation Sportcity WoIBEL	CNSW/001353/57	38.27	+0.74	
2.	Hannie Poletiek	TriVia	NED	195900278	47.95	+0.89
3.	Karien Musters	Old Dutch	NED	195800236	1:19.68	

Masters 70+

1.	Christine Nieuwenhuis <i>Nederlands Masters Record</i>	SWOL 1894	NED	195100022	40.15	+0.79
2.	Fernande Blondeel-Gourmet	Cercle De Natation Sportcity WoIBEL	CNSW/004901/52	54.71	+0.95	

Masters 75+

1.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	1:17.14	
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Masters 80+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:35.96	+1.19
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Programmanr. 39
05-05-2024 - 16:32

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1.	Daan Hogerhuis	De Columbiaan	NED	200300317	1:02.85	+0.66	30.25	1:02.85
2.	Thijn Damen	PSV	NED	200300973	1:03.45	+0.75	30.05	1:03.45
3.	Jasper Breugem	WVZ	NED	200000303	1:05.50	+0.73	32.01	1:05.50
4.	Ian Terlouw	ZPC Woerden	NED	200002345	1:06.64	+0.69	31.48	1:06.64
5.	Lars Hilkens	RZ	NED	200201165	1:08.80	+0.63	33.06	1:08.80
6.	Dave van den Nieuwendijk	De Columbiaan	NED	200100475	1:09.40	+0.72	33.33	1:09.40
7.	Mike Jansen	Patrick-De Roersoppers (SG)	NED	200200151	1:10.28	+0.61	33.96	1:10.28
8.	Gaspard Lammens	Club Nautique Val de Fensch	FRA	3533051	1:11.63	+0.77	35.82	1:11.63
9.	Nigel Werring	Zwemlust- den Hommel	NED	200301503	1:11.75	+0.68	34.84	1:11.75
10.	Owen Michels	De Amstel	NED	200402293	1:13.64	+0.73	35.51	1:13.64
11.	Wout Wilens	EZCL (SG)	NED	200001431	1:23.71	+0.79	39.58	1:23.71

Masters 25+

1.	Nicko Kamphuis	De Warande	NED	199900887	1:03.09	+0.56	30.52	1:03.09
2.	Kalle van Gemert	ZPC De Zeeuwse Kust	NED	199801259	1:03.87	+0.56	30.25	1:03.87
3.	Jeroen Jongert	OEZA	NED	199600445	1:06.44	+0.70	32.04	1:06.44
4.	Richard Kuipers	HZ&PC Heerenveen	NED	199704171	1:06.50	+0.69	32.43	1:06.50
5.	Sven Westerlaken	ZVDO'74	NED	199900271	1:06.90	+0.60	32.35	1:06.90
6.	Luke van Hamond	Z&PC Zegenwerp	NED	199600945	1:07.31	+0.71	32.01	1:07.31



Programmanr. 39, Heren, 100m rugslag, Masters 25+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Pieter Ytsma	De Aalscholver	NED	199501809	1:07.43	+0.68		32.69	1:07.43
8. David Kievit	De Schotejil	NED	199900325	1:07.88	+0.91		33.12	1:07.88
9. Jordy van Oel	WVZ	NED	199802003	1:09.21	+0.74		33.46	1:09.21
10. Joey Papaioannou	Aqua-Novio '94	NED	199802269	1:09.71	+0.68		33.76	1:09.71
11. Daan Siebenheller	ZOB'66	NED	199804955	1:10.31	+0.70		33.82	1:10.31
12. Jeroen Louwinger	De Rijn	NED	199900583	1:11.82	+0.71		35.31	1:11.82
13. Ian van Mullem	ZOB'66	NED	199602545	1:13.22	+0.65		35.25	1:13.22
14. Tim van Grunsvan	De Treffers	NED	199804535	1:13.50	+0.65		34.79	1:13.50
15. Remco Visser	ZPC Woerden	NED	199503185	1:18.92	+0.78		37.80	1:18.92

Masters 30+

1. Jesper Oranje	De Duck	NED	199200997	1:03.70	+0.62		30.91	1:03.70
2. Jeroen Matthijssen	AZC	NED	199103751	1:06.27	+0.70		31.43	1:06.27
3. Sébastien Francotte	Cercle De Natation Sportcity	VBELwe	CNSW/013599/92	1:09.45	+0.72		33.87	1:09.45
4. Johan Krakou	De Rijn	NED	199101311	1:11.23	+0.68		34.07	1:11.23
5. Patrick Brouwer	AZC	NED	199303715	1:12.86	+0.76		35.46	1:12.86
6. Niels Bent	WS Twente	NED	199400465	1:14.13	+0.90		35.05	1:14.13

Masters 35+

1. Nicolas Collard	Cercle De Natation Sportcity	VBELwe	CNSW/000240/89	1:06.85	+0.67		32.33	1:06.85
Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:06.85	+0.78		32.40	1:06.85
3. Robert Braad	Steenwijk 1934	NED	198600407	1:07.64	+0.77		32.69	1:07.64
4. Niels Albrechts	De Schotejil	NED	198800039	1:17.08	+0.70		37.98	1:17.08
5. Remco van der Graaf	PSV	NED	198704007	1:18.20	+0.74		37.70	1:18.20
*50m								
6. Wessel Everloo	WS Twente	NED	198906597	1:18.28	+1.04	453	38.20	1:18.28
AFGEM Yuri van Omme	Zwemvereniging Hoogland	NED	198501887					

Masters 40+

1. Heijmen van Vliet	De Geul	NED	198001637	1:10.45	+0.64		34.60	1:10.45
2. Paul Oudendijk	DAW	NED	198101287	1:10.47	+0.79		34.58	1:10.47
3. Tjeerd Visser	ACZ	NED	198001631	1:10.85	+0.78		33.97	1:10.85
4. Ivan van Omme	De Geul	NED	198201263	1:12.40	+0.75		35.06	1:12.40
5. Albert van Piekeren	SWOL 1894	NED	198401767	1:12.43	+0.73		34.82	1:12.43
6. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:13.45	+0.81		35.52	1:13.45
7. W. Camargo	ZZ&PC De Devel	NED	198002547	1:18.04	+0.79		35.61	1:18.04
8. Oscar Monge	IJZPC	NED	198102599	1:20.98	+0.60		38.80	1:20.98
9. Arne-Willem Kroonen	PSV	NED	198401297	1:27.55	+0.79		40.92	1:27.55

Masters 45+

1. Dennis Brouwers	HZPC	NED	197800167	1:05.89	+0.71		32.41	1:05.89
2. Ruud Holswilder	ZPCH	NED	197800435	1:06.43	+0.65		31.91	1:06.43
3. Ivo Roozeboom	WVZ	NED	197700801	1:09.36	+0.71		33.68	1:09.36
4. Mark Hensen	Niemo Barracuda	NED	197900497	1:16.00	+0.70		36.80	1:16.00
5. Pieter Broek	Westland Swimming Stars	NED	197701637	1:17.38	+0.63		37.45	1:17.38
6. Gino Martijn	RZ	NED	197901865	1:21.23	+0.64		39.61	1:21.23
*50m								
7. Jan Heijl	Lokerse Zwemvereniging	BEL	LZV/11010/79	1:21.26	+0.76		38.11	1:21.26
8. Tom Bandsma	PSV	NED	197701625	1:32.18	+0.77		45.33	1:32.18

Masters 50+

1. Rogier Vissers	PSV	NED	197300935	1:14.44	+0.84		36.59	1:14.44
2. Bruno Nahon	Cercle De Natation Sportcity	VBELwe	CNSW/000390/70	1:20.06	+0.81		38.65	1:20.06
3. Henri Verschoor	De Biesboschwemmers	NED	197001041	1:21.42	+0.80		40.00	1:21.42
4. Paul van den Heuvel	Arethusa	NED	197000441	1:21.81	+0.74		40.42	1:21.81
5. Jacques Verriet	VZV Njord	NED	197001039	1:27.29	+0.66		42.26	1:27.29
6. Jeroen Hoeksel	ZVVS	NED	197401533	1:40.18	+0.81		47.57	1:40.18



Open Nederlandse Masters
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Programmanr. 39, Heren, 100m rugslag

Masters 55+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:08.62	+0.75	32.71	1:08.62
<i>Kampioenschapsrecord</i>							
2. Jan-Willem van den Berg	WVZ	NED	196801575	1:11.38	+0.72	34.56	1:11.38
3. Marcel Vroegindewei	Poseidon'56	NED	196801709	1:15.11	+0.67	36.16	1:15.11
4. Hugues Herman	Cercle De Natation Sportcity VBELwe CNSW/009743/66			1:15.77	+0.70	36.68	1:15.77
5. Guido Keutgen	Steenwijk 1934	NED	196801551	1:15.81	+0.74	35.23	1:15.81
6. Ralf Dillig	Duisburger ST	GER	060769	1:19.73	+0.76	38.81	1:19.73
7. Nico Swart	De Biesboschzwemmers	NED	196801475	1:21.46	+0.78	40.03	1:21.46
8. Mathieu Rikken	De Duinkickers	NED	196701777	1:22.51	+0.76	40.36	1:22.51
9. Erik Wetsteijn	SWOL 1894	NED	196501019	1:22.86	+0.72	40.91	1:22.86
10. Erik Saan	De Duck	NED	196500769	1:26.02	+0.83	40.55	1:26.02

Masters 60+

1. Bert Schlicher	RZ	NED	196400669	1:13.59	+0.72	36.27	1:13.59
2. Peter Bernsen	De Rog	NED	196301119	1:14.28	+0.66	36.64	1:14.28
3. Erik Kamphuis	De Rog	NED	196001035	1:21.23	+0.77	40.90	1:21.23

Masters 65+

1. Paul Bunnik	Triton	NED	195600413	1:30.92	+0.80	44.13	1:30.92
2. Wim de Lange	AZC	NED	195800533	1:31.48	+0.73	45.04	1:31.48
3. André Pantekoek	PSV	NED	195800321	1:48.84	+0.79	53.86	1:48.84
NG.ZA Christian Schoenaers	Cercle De Natation Sportcity VBELwe CNSW/007131/59						

Masters 70+

1. Brend Brevé *50m	PSV	NED	195200265	1:24.21	+0.78	42.00	1:24.21
2. Ronald Blankenstein	Aqua-Novio '94	NED	195000013	1:47.63	+0.89	51.61	1:47.63
3. Sjoerd Van de Berg	De Rog	NED	195400355	1:59.49	+0.82	57.40	1:59.49

Masters 75+

1. Jan Nuijten	PSV	NED	194900175	1:55.33	+0.98	54.54	1:55.33
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Masters 80+

1. Rob Hanou	PSV	NED	194300109	2:01.18	+0.98	56.92	2:01.18
2. Nico Baay	Old Dutch	NED	194200053	2:04.29	+1.04	57.15	2:04.29

Masters 85+

1. Nic Geers	PSV	NED	193800007	2:02.52	+0.77	59.32	2:02.52
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Programmanr. 40
05-05-2024 - 16:52

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging			tijd	RT	PARA	50m	100m
Masters 20+								
1. Isa Schellekens <i>Kampioenschapsrecord</i>	Z&PC Zegenwerp	NED	200002330	1:07.46	+0.73		33.49	1:07.46
2. Julia Notenboom	De Columbiaan	NED	200302596	1:09.50	+0.58		32.89	1:09.50
3. Merel Phaff	Nuenen	NED	200100434	1:10.91	+0.64		34.90	1:10.91
4. Carmen Lems	ACZ	NED	200402632	1:12.47	+0.66		34.43	1:12.47
5. Marte Vlieg	Aqua-Novio '94	NED	200304996	1:13.06	+0.77		35.64	1:13.06
6. Inge Dekker	HZ&PC Heerenveen	NED	200200476	1:14.79	+0.71		35.67	1:14.79
7. Lauren van IJll	WVZ	NED	200001064	1:14.87	+0.67		36.05	1:14.87
8. Femke de Wit	Nederweert	NED	200102184	1:16.72	+0.55		37.32	1:16.72
9. Esmée van Peer	TriVia	NED	200201114	1:18.53	+0.71		37.68	1:18.53
10. Merel van den Heuvel	De Meer	NED	200201784	1:18.55	+0.67		36.65	1:18.55
11. Mirelle de Kort	Neptunus'58	NED	200005546	1:19.00	+0.65		37.84	1:19.00
12. Daniëlle Vis	De Columbiaan	NED	200401044	1:19.03	+0.65		37.84	1:19.03
13. Cynthia Koolman	ZPC Hoogeveen	NED	200300232	1:20.23	+0.65		39.64	1:20.23
14. Melissa Schuurman	EZCL (SG)	NED	200006800	1:20.97	+0.57		38.49	1:20.97
15. Noa de Bock	De Duck	NED	200300318	1:22.49	+0.62		39.95	1:22.49
16. Lieke Stoker	WS Twente	NED	200301412	1:23.39	+0.88		41.42	1:23.39
17. Renske Haasbroek	OEZA	NED	200303752	1:23.63	+0.78		40.91	1:23.63
18. Leonie Smit	EZCL (SG)	NED	200301978	1:25.28	+0.74		40.87	1:25.28
19. Daphne van Rees	Octopus-ZVV (SG)	NED	200301766	1:27.15	+0.77		42.61	1:27.15

Masters 25+

1. Hannah Schellekens	TRB-RES	NED	199706614	1:10.24	+0.65		34.45	1:10.24
2. Nadja Roovers	Hieronymus	NED	199800798	1:10.93	+0.78		34.49	1:10.93
3. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	1:11.57	+0.51		34.95	1:11.57
4. Jade Broek	OEZA	NED	199702300	1:11.98	+0.69		34.32	1:11.98
5. Nais Van Oudenhove	Cercle De Natation Sportcity VBELwe CNSW/001686/99			1:17.02	+0.69		37.24	1:17.02
6. Lisa Truijnen	Nederweert	NED	199701942	1:17.28	+0.74		37.50	1:17.28
7. Jade Groeneveld	De Biesboschwemmers	NED	199900480	1:17.42	+0.65		36.54	1:17.42
8. Iris Bastiaansen	De Amstel	NED	199902006	1:17.48	+0.71		37.94	1:17.48
9. Moniek van Langevelde	ESCA Zwemmen	NED	199803160	1:18.14	+0.65		37.97	1:18.14
10. Anne Groen	OEZA	NED	199505996	1:18.48	+0.91		37.76	1:18.48
11. Jet Kleine	MSV-Zeemacht	NED	199903384	1:18.63	+0.67		38.66	1:18.63
12. Rosalie Baarda	Orca	NED	199903460	1:18.68	+0.64		36.72	1:18.68
13. Janine de Groot	NDD	NED	199500092	1:20.20	+0.69		37.77	1:20.20
14. Saartje Vermeulen	Z&PC Zegenwerp	NED	199900934	1:20.37	+0.69		38.81	1:20.37
15. Lotte Eising	ZPC AMERSFOORT	NED	199502098	1:20.64	+0.61		38.63	1:20.64
16. Diane Schoenmaker	PSV	NED	199502920	1:20.85	+0.74		39.43	1:20.85
17. Anouk van der Lans	Westland Swimming Stars	NED	199801614	1:20.95	+0.74		39.61	1:20.95
18. Nina Tourton	ZOB'66	NED	199603612	1:22.10	+0.67		40.08	1:22.10
19. Tamara van den Brink	Niemo Barracuda	NED	199804182	1:26.23	+0.75		41.23	1:26.23
DIS Daniela Macetas	Cercle De Natation Sportcity VBELwe CNSW/013891/95				+0.86			
<i>RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.</i>								
DIS Babette van der Kaaij	Blue Marlins	NED	199902234		+0.66			
<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
AFGEM J. van Omme - van Veen	Zwemvereniging Hoogland	NED	199603192					

Masters 30+

1. Mabel Suli	WVZ	NED	199307964	1:10.55	+0.66		34.59	1:10.55
2. Manon van Strien	WVZ	NED	199400770	1:14.19	+0.81		35.59	1:14.19
3. Désirée Emmen	De Warande	NED	199204862	1:15.29	+0.70		35.99	1:15.29
4. Elmi Roelofsen	Octopus-ZVV (SG)	NED	199008198	1:16.85	+0.83		36.17	1:16.85
5. Adela Vázquez García	ZVL-1886 Center	NED	199307952	1:20.44	+0.57		38.42	1:20.44
6. Getrude Corporaal	Steenwijk 1934	NED	199200380	1:20.71	+0.75		38.25	1:20.71



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 40, Dames, 100m rugslag, Masters 30+

rang naam	vereniging			tijd	RT	PARA	50m	100m
7. Wendy de Bruin	ZOB'66	NED	199206320	1:22.15	+0.56		40.04	1:22.15
8. Tessa van Dijk-Mosch	MSV-Zeemacht	NED	199102172	1:25.80	+0.70		40.34	1:25.80
9. Whitley Rens	De Schotejil	NED	199007520	1:27.19	+1.89		42.10	1:27.19
10. Esther Kwebeman	TriVia	NED	199106374	1:27.38	+0.84		41.65	1:27.38
11. Margot van de Rakt	VZV Njord	NED	199300618	1:28.74	+0.79		43.16	1:28.74
12. Elke Schellekens	Neptunus'58	NED	199301550	1:32.80	+0.65		44.98	1:32.80
AFGEM Suzanne Mosch	MSV-Zeemacht	NED	199400548					
NG Kimberley van Buren	De Duck	NED	199304136					

Masters 35+

1. Jana Vanden Broeck <i>Kampioenschapsrecord</i>	Cercle Royal De Natation De EBELLE	BEL	19820189	1:12.62	+0.66		34.64	1:12.62
2. Jenny Schouten	PSV	NED	198703674	1:14.42	+0.78		36.06	1:14.42
3. Sabine Zimmermann	Aachener SV 06	GER	101578	1:17.20	+0.86		38.42	1:17.20
4. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	1:17.67	+0.81		37.64	1:17.67
5. J. Koolen-Kaptheijns	Tempo	NED	198706288	1:20.89	+0.68		38.66	1:20.89
6. Linda van Klei	GZC DONK	NED	198802088	1:21.84	+0.77		40.38	1:21.84
7. Marlies Jehoel-van As	PSV	NED	198500074	1:26.20	+0.66		41.35	1:26.20

Masters 40+

1. Maike Zeterberg	Zehlendorfer TSV 1888	GER	066680	1:13.60	+0.61		35.70	1:13.60
2. Delia Badoux	WVZ	NED	198000042	1:16.85	+0.65		37.68	1:16.85
3. Roos van Esch	ACZ	NED	198200468	1:17.68	+0.81		38.25	1:17.68
4. Joke De Temmerman	Lokerse Zwemvereniging	BEL	LZV/21076/82	1:18.04	+0.74		37.49	1:18.04
5. Debbie van Rooijen	IJZPC	NED	198201402	1:18.60	+0.75		38.19	1:18.60
6. Hanneke Heymen	WS Twente	NED	198400968	1:21.86	+0.64		40.47	1:21.86
7. Angela Giezen	Zwemvereniging Hoogland	NED	198302796	1:22.38	+0.81		40.70	1:22.38
8. Tonia Ruybroek	Poseidon'56	NED	198101290	1:23.68	+0.74		39.19	1:23.68
9. E. Poortvliet - Koedam	De Duinkickers	NED	198001824	1:24.32	+0.78		41.69	1:24.32
10. Hoda Elridi	PSV	NED	198102382	1:37.34	+0.77		47.54	1:37.34

Masters 45+

1. Monique Boets	ZPC De Kanaalstreek	NED	197600230	1:20.27	+0.72		38.48	1:20.27
2. Mirjan den Drijver	Westland Swimming Stars	NED	197500884	1:21.56	+0.77		39.69	1:21.56
3. Geraldine Trainor	De Duck	NED	197500544	1:23.69	+0.87		40.38	1:23.69
4. Jolanda van Gendt	PSV	NED	197800266	1:24.19	+0.70		40.98	1:24.19
5. A. Knegt-Besseminders	De Spatters	NED	197601064	1:35.49	+0.71		45.48	1:35.49
6. Clementine van Bruxvoort	Feijenoord Albion Zwemclub	NED	197700138	1:45.17	+0.94		50.41	1:45.17

Masters 50+

1. Johanna van Wijnen	De Biesboschzwemmers	NED	197201072	1:18.01	+0.76		38.11	1:18.01
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:20.61	+0.89		38.94	1:20.61
3. Valérie Rolland	Cercle De Natation Sportcity	BEL	VBELwe CNSW/004276/61	1:21.92	+0.67		39.72	1:21.92
4. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:23.81	+0.85		40.46	1:23.81
5. Trudie van Niezenhuis	TZC-Vahalis	NED	197100444	1:26.45	+0.69		41.43	1:26.45
6. Marjolein Klunne	Hieronymus	NED	197101098	1:28.63	+0.70		42.43	1:28.63
7. Elise Kenworthy	LinK	NED	197101126	1:32.84	+0.89		45.58	1:32.84
8. Nathasja Konijn	GZC DONK	NED	197100992	1:41.00	+0.83		48.87	1:41.00
NG.ZA Danielle Schipper	ZOB'66	NED	197001078					
NG Bianca Groot	MSV-Zeemacht	NED	197000652					

Masters 55+

1. Allie Price	Bridgend Swim Club	GBR	547582	1:17.78	+0.64		37.28	1:17.78
2. Petra Blum	SG Bayer	GER	274174	1:26.13	+0.88		41.94	1:26.13
3. Laura Staal	Oceanus	NED	196700358	1:26.60	+0.83		42.40	1:26.60
4. Annette van Dok	MSV-Zeemacht	NED	196800742	1:41.37	+0.97		48.28	1:41.37



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 40, Dames, 100m rugslag

Masters 60+

1. Judith Cromjongh	De Zwoer	NED	196400054	1:22.12	+0.76	39.14	1:22.12
<i>Nederlands Masters Record</i>							
2. Margriet Grove-Lingeman	Triton	NED	196200080	1:28.07	+0.77	42.28	1:28.07
3. Maud Peuten-Evers	Mosa-Regio	NED	196400584	1:31.93	+0.83	45.81	1:31.93
4. K. van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	1:34.77	+0.77	44.01	1:34.77
5. Marleen Malais	ESCA Zwemmen	NED	196300542	1:37.55	+0.82	46.81	1:37.55

Masters 70+

1. A. Gilding-Tussaud	WS Twente	NED	195000038	2:00.38	+0.95	57.89	2:00.38
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Masters 75+

1. Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	2:25.02	*+0.92	1:08.32	2:25.02
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Masters 85+

1. Lottie Geurts	PSV	NED	193500006	2:26.94	+1.06	1:12.08	2:26.94
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Programmanr. 41
05-05-2024 - 17:19

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging			tijd	RT	PARA		
80+, Heren								
1.	Poseidon'56	NED		1:41.28	+0.78			
	Ryan van den Ouden	99	+0.78	25.35	Gerard Willighagen	01	+0.37	24.98
	Sam Beer	96	+0.40	26.33	Erik van Gemert	03	+0.41	24.62
2.	HZ&PC Heerenveen 1	NED		1:43.16	+0.73			
	Richard Kuipers	97	+0.73	26.40	Remco Dijkstra	01	+0.26	25.44
	Rob van Wier	99	+0.43	26.51	Jorian Darwinkel	03	+0.31	24.81
3.	MSV-Zeemacht 2	NED		1:45.91	+0.66			
	Boyd Wijkman	01	+0.66	26.63	Jordi de Nijs	98	+0.45	26.01
	Marco van der Wulp	03	+0.60	27.72	Mees Minneboo	02	+0.39	25.55
100+, Heren								
1.	De Warande	NED		1:40.96	+0.62			
	Nicko Kamphuis	99	+0.62	25.27	Tom Balsen Versteeg	00	+0.26	25.03
	Craig Frankum	90	+0.21	25.95	Marijn in 't Veld	00	+0.44	24.71
2.	ESCA Zwemmen 3	NED		1:50.90	+0.74			
	Mike Schel	94	+0.74	27.24	Wessel Haverkamp	02	+0.37	27.32
	Job Esink	98	+0.32	29.49	Mees Laar	96	+0.26	26.85
3.	PSV 6	NED		2:05.51	+0.65			
	Basem Rashed	03	+0.65	30.77	Andrea Guzzon	92	+0.23	28.42
	Mike van der Sanden	95	+0.64	37.70	Remco van der Graaf	87	+0.46	28.62
120+, Heren								
1.	DAW 1	NED		1:41.89	+0.69			
	Luc Mul	02	+0.69	24.31	Michel de Maesschalck	91	+0.50	26.34
	Paul Oudendijk	81	+0.39	28.31	Felix Geenen	95	+0.30	22.93
2.	ESCA Zwemmen 2	NED		1:42.66	+0.71			
	Jurre Stammes	97	+0.71	26.05	Tim de Vrugt	93	+0.39	26.07
	Sander de Vrugt	89	+0.18	25.68	Peter Rothengatter	97	+0.22	24.86
3.	ZPCH 1	NED		1:42.79	+0.65			
	Thomas Vastenhout	02	+0.65	25.17	Jasper van Heijst	76	+0.28	26.19
	Ruud Holswilder	78	+0.19	25.67	Lucas Douwma	04	+0.38	25.76
4.	ZPC AMERSFOORT 3	NED		1:46.63	+0.65			
	Tom van den Akker	02	+0.65	26.33	Rob van Vliet	84	+0.12	27.22
	Martijn Giezen	85	+0.24	27.38	Jelle Blankestijn	98	+0.32	25.70



Open Nederlandse Masters
Kampioenschappen 2024 lange baan
Eindhoven, 2-5 mei 2024



Programmanr. 41, Heren, 4 x 50m vrije slag, 120+

rang	vereniging				tijd	RT	PARA
5.	WVZ 11	WVZ		NED	1:49.94	+0.86	
	Leon Slingerland	68	+0.86	32.08	Jordy van Oel	98	+0.26 26.94
	Jasper Breugem	00	+0.08	25.80	Sander Kirillova	98	+0.10 25.12
6.	RZ Roermond 1	RZ		NED	1:51.13	+0.64	
	Sven Doezen	04	+0.64	27.59	Bert Schlicher	64	+0.38 29.09
	Gino Martijn	79	+0.31	28.33	Lars Hilkens	02	0.00 26.12
7.	ZOB'66 2	ZOB'66		NED	1:51.22	+0.65	
	Ruben Stolk	90	+0.65	28.50	Ian van Mullem	96	+0.27 26.93
	Ingmar de Gelder	70	+0.46	29.68	Nino van Krimpen	00	+0.35 26.11
8.	SG CWW Swim Team 1	SG CWW Swim Team		NED	1:51.92	+0.80	
	Mick van Kempen	02	+0.80	26.33	Jon de Wit	04	+0.36 26.94
	Evert Eekhoff	74	+0.26	31.16	Antwan van Engen	71	+0.37 27.49
9.	Hieronymus 2	Hieronymus		NED	2:04.25	+0.71	
	Teun van der Schrier	04	+0.71	25.69	Wim Donkersloot	68	+0.34 34.99
	Lené Wessels	76	+0.44	36.25	Paul Koster	93	+0.40 27.32
DIS	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)		NED		+0.67	
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>						
	Luuk Kresin	03	+0.67	26.29	Patrick Creemers	90	+0.11 26.61
	Eric Dumas	69	+0.47	33.30	Mike Jansen	02	-0.10

160+, Heren

1.	Niemo Barracuda 1	Niemo Barracuda		NED	1:43.43	+0.77	
	Mark Hensen	79	+0.77	26.51	Dennis Dortland	78	+0.26 27.67
	Pascal van Haren	87	+0.26	25.82	Jeroen Baars	92	+0.13 23.43
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			BEL	1:47.37	+0.72	
	Lionel Godeaux	60	+0.72	28.64	Hugues Herman	66	+0.44 27.21
	Julien Marquet	82	+0.15	26.33	Sébastien Francotte	92	+0.40 25.19
3.	Westland Swimming Stars 1	Westland Swimming Stars		NED	1:53.28	+0.62	
	Nick Boekestijn	99	+0.62	27.17	Mark Nuijten	60	+0.25 30.84
	Pieter Broek	77	+0.39	27.58	Patrick Wyrdean	97	+0.56 27.69
4.	ZVVS 1	ZVVS		NED	1:58.91	+0.75	
	Michael van der Reijden	75	+0.75	28.58	Bas van den Nouwelant	80	+0.49 27.50
	Jeroen Hoeksel	74	+0.49	34.77	Bram Piederiet	90	+0.25 28.06

200+, Heren

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		NED	1:49.43	+0.67	
	Chester Marsman	69	+0.67	26.70	Henk Kuipers	62	+0.27 31.14
	Erwin Buist	78	+0.13	26.68	Jeroen Zelsmann	77	24.91
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			BEL	2:03.74	+0.77	
	Nicolas Collard	89	+0.77	26.91	Olivier Bresoux	69	+0.38 31.18
	Thierry Schurmans	58	+0.31	33.91	Bruno Nahon	70	+0.52 31.74
3.	Poseidon'56 2	Poseidon'56		NED	2:17.69	+0.76	
	Jim Geestman	83	+0.76	26.46	Andre Exter	66	+0.63 42.01
	Marcel Vroegindewei	68	+0.43	28.60	Bob Lookermans	62	+1.07 40.62
4.	Steenwijk 1934 1	Steenwijk 1934		NED	2:32.68	+0.78	
	Rick Driezen	86	+0.78	27.34	Hans van Scheepen	62	+0.80 45.01
	Maarten Koolman	68	+0.65	50.30	Guido Keutgen	68	+0.29 30.03

240+, Heren

1.	De Rog 1	De Rog		NED	1:55.31	+0.63	
	Peter Bensen	63	+0.63	27.94	Rob Spetter	62	+0.31 29.76
	Erik Kamphuis	60	+0.33	29.64	Glen Le Clercq	68	+0.48 27.97
2.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL			BEL	2:35.01	+0.73	
	Antonio Friz	60	+0.73	33.48	Nicolas Gheis	84	+0.03 31.15
	Philippe Godbille	57	+0.46	35.08	Kevork Boyrazian	44	+0.77 55.30



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Programmanr. 41, 4 x 50m vrije slag

280+, Heren

1. PSV 3	PSV	NED	2:22.99	+0.76
Soan Thung	66 +0.76 28.59	André Pantekoek	58 +0.58 37.01	
Brend Brevé	52 +0.49 31.71	Nic Geers	38 +0.57 45.68	

80+, Dames

1. Nederweert 1	Nederweert	NED	1:54.61	+0.71
Daniëke Klomp	02 +0.71 28.44	Tamara Bloemers	98 +0.58 29.03	
Femke de Wit	01 +0.52 29.37	Dyonne Klomp	04 +0.25 27.77	
2. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	1:57.69	+0.67
Lianne van Wier	02 +0.67 28.55	Inge Dekker	02 +0.47 30.02	
Romy Jalving	00 +0.40 31.27	Leonie van Wier	02 +0.26 27.85	
3. De Rog 2	De Rog	NED	1:58.28	+0.66
Serina Damen	01 +0.66 28.87	Ilse Verheij	03 +0.32 28.42	
Ayla Thiessen	98 +0.48 31.73	Iris Le Clercq	04 +0.54 29.26	
4. ESCA Zwemmen 1	ESCA Zwemmen	NED	1:59.69	+0.68
Hannah Elting	04 +0.68 30.67	Rose Lether	04 +0.31 29.81	
Ellen ter Stege	99 +0.25 30.17	Moniek van Langevelde	98 +0.57 29.04	

100+, Dames

1. Hieronymus 3	Hieronymus	NED	1:53.93	+0.73
Christel Brugmans	00 +0.73 28.84	Nadja Roovers	98 +0.34 28.41	
Valesca van den Bogert	01 +0.22 28.76	Selene Wortel	97 +0.36 27.92	
2. Niemo Barracuda 2	Niemo Barracuda	NED	1:54.87	+0.75
Robin Pienaar	01 +0.75 29.91	Denise Boereboom	92 +0.48 28.32	
Melissa van der Heijden	96 +0.17 28.76	Amber Hesper	02 +0.42 27.88	
3. ACZ 2	ACZ	NED	1:56.84	+0.68
Mariska Scheel	93 +0.68 28.98	Iris van Rossum	00 +0.43 29.02	
Roos van Esch	82 +0.38 29.80	Carmen Lems	04 +0.16 29.04	
4. Orca 1	Orca	NED	1:58.29	+0.67
Froukje Osinga	00 +0.67 30.10	Annemiek Meulenbeld	95 +0.13 29.97	
Rosalie Baarda	99 +0.23 31.07	Marre Zandringa	97 +0.16 27.15	
5. PSV 5	PSV	NED	2:02.97	+0.81
Helena La	95 +0.81 32.17	Diane Schoenmaker	95 +0.54 31.08	
Fiona Meuffels	95 +0.29 29.44	Larissa Jansen	95 +0.39 30.28	
6. ZVL-1886 Center 1	ZVL-1886 Center	NED	2:04.99	+0.70
Lonneke Graansma	99 +0.70 30.57	Maartje Hids	99 +0.37 35.32	
Adela Vázquez Garcia	93 +0.49 31.22	Silke Molendijk	01 +0.12 27.88	
7. Z&PC Zegenwerp 1	Z&PC Zegenwerp	NED	2:07.71	+0.73
Isa Schellekens	00 +0.73 28.83	Alma Janssen	94 +0.33 32.42	
Kim de Laat	01 +0.39 35.06	Saartje Vermeulen	99 +0.35 31.40	
8. ZV Hoogland 1	Zwemvereniging Hoogland	NED	2:08.94	+0.70
Anne-Irene Ducheine	95 +0.70 30.91	Yvette Meijer	97 +0.57 32.42	
Angela Giezen	83 +0.27 32.47	Maaïke van Houten	02 +0.18 33.14	
9. Octopus-ZVV (SG) 1	Octopus-ZVV (SG)	NED	2:11.71	+0.78
Sheila ten Voorde	99 +0.78 31.00	Daphne van Rees	03 +0.46 32.41	
Monique Kok	86 +0.29 39.23	Elmi Roelofsen	90 +0.50 29.07	

120+, Dames

1. WVZ 12	WVZ	NED	1:54.50	+0.73
<i>Nederlands Masters Record</i>				
Lisa Klatten	92 +0.73 28.70	Delia Badoux	80 +0.23 27.70	
Lauren van IJl	00 +0.33 30.75	Leonie van Noort	93 +0.45 27.35	
2. De Biesboschzwemmers 8	De Biesboschzwemmers	NED	2:00.88	+0.64
Jade Groeneveld	99 +0.64 29.97	Johanna van Wijnen	72 +0.38 30.70	
Mandy Swart	99 +0.31 31.00	Sanne van de Pol	98 +0.42 29.21	
3. Poseidon'56 3	Poseidon'56	NED	2:05.22	+0.79
Rianne Bresser	99 +0.79 30.30	Kelly Wiglevan	95 +0.55 32.58	
Tonia Ruybroek	81 +0.39 32.89	Kelly de Jonge	97 +0.71 29.45	



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Programmanr. 41, Dames, 4 x 50m vrije slag, 120+

rang	vereniging				tijd	RT	PARA
4.	SG CWW Swim Team 2	SG CWW Swim Team	NED		2:07.01	+0.79	
	Lois van Oijen	04 +0.79	30.52	Laura ter Stege	96 +0.37	30.83	
	Els van den Eede	74	34.81	Yvette Ratering	72 +0.71	30.85	
5.	Westland Swimming Stars 2	Westland Swimming Stars	NED		2:08.31	+0.78	
	Mirjan den Drijver	75 +0.78	32.91	Netty Burik-Geijsen	63 +0.15	31.81	
	Anouk van der Lans	98 +0.47	32.67	Kim de Jong	04 +0.35	30.92	
6.	De Duck 8	De Duck	NED		2:10.71	+0.73	
	Leontine Groeneveldt	93 +0.73	30.65	Judith Kleinjan	98 +0.58	33.85	
	Rachel Trainor	77 +0.51	34.85	Geraldine Trainor	75 +0.48	31.36	
7.	De Rog 6	De Rog	NED		2:30.92	+0.73	
	Kim Hamakers	98 +0.73	34.98	Sandra Van der Helm	78 +0.43	36.54	
	Yvette Senden	93 +0.41	39.99	Karin Vermeer	83 +0.38	39.41	
AFGEM	ZV Hoogland 2	Zwemvereniging Hoogland	NED				
NG	MSV-Zeemacht 1	MSV-Zeemacht	NED				

160+, Dames

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED		1:59.66	+0.67	
	Lotte Eising	95 +0.67	30.27	Marije Jansen	85 +0.49	29.20	
	Lesley Cordial	67 +0.43	30.56	Lidia v. Bon-Rosenbrand	70 +0.19	29.63	
2.	Old Dutch 1	Old Dutch	NED		2:12.74	+0.77	
	Marleen Zantingh	78 +0.77	32.22	Chantal Verhoeff	79 +0.38	32.54	
	Karin van Nassau-van den Heuvel	66 +0.08	37.70	Patricia Brooijmans	79 +0.56	30.28	
3.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL				2:22.64	+0.68	
	Nathalie Blondeel	77 +0.68	30.64	Liudmila Skopina	57 +0.60	47.07	
	Stéphanie Schoemans	00 +0.25	28.54	Daniela Macetas	95 +0.23	36.39	
4.	PSV 4	PSV	NED		2:26.02	+0.75	
	Marties Jehoel-van As	85 +0.75	33.28	Janine Wilbers	84 +0.81	40.86	
	Hoda Elridi	81 +0.48	37.83	Jolanda van Gendt	78 +0.37	34.05	
AFGEM	Hieronymus 1	Hieronymus	NED				

200+, Dames

1.	De Geul 2	De Geul	NED		2:25.26	+0.74	
	Erica Muller	64 +0.74	42.61	Aafke Groot	83 +0.28	33.58	
	Marian Nederlof	76 +0.57	33.43	Marijke Campfens	69 +0.37	35.64	
2.	ESCA Zwemmen 5	ESCA Zwemmen	NED		2:27.11	+0.70	
	Rachel Verburgt	02 +0.70	32.31	Marion Kolkman-Pluim	60 +0.77	41.12	
	Marleen Malais	63 +0.54	38.85	Karin van der Star-Verhoeven	61 +0.28	34.83	
3.	LinK 1	LinK	NED		2:30.81	+0.90	
	Ilonka van der Meer	76 +0.90	36.35	Annette Spies	70 +0.67	38.96	
	José Bodde	69 +0.40	39.42	Elise Kenworthy	71 +0.68	36.08	

240+, Dames

1.	Cercle De Natation Sportcity WolCercle De Natation Sportcity WolBEL				2:35.87	+0.74	
	Kathy Van Lindt	71 +0.74	37.61	Valérie Rolland	71 +0.33	32.70	
	Claire Anthony	57 +0.48	36.18	Fernande Blondeel-Gourmet	52 +0.61	49.38	

280+, Dames

1.	PSV 8	PSV	NED		4:35.32	+0.88	
	Judith Sijbers	73 +0.88	42.42	Ineke Brouwers	52 +0.86	51.27	
	Lies Hartman	56 +0.37	1:04.68	Marianne Maandonks	26	1:56.95	

Programmanr. 41, 4 x 50m vrije slag

80+, Gemengd

1. Bubble 1	Bubble	NED	1:46.81	+0.68
Tim Speijer	03 +0.68 25.77	Hendrik Broekema	00 +0.31 25.09	
Sanne Kloezen	02 +0.35 28.62	Laura Setz	00 +0.52 27.33	
2. De Columbiaan 1	De Columbiaan	NED	1:46.91	+0.70
Daan Hogerhuis	03 +0.70 24.19	Bert Duivenvoorde	97 +0.38 24.76	
Julia Notenboom	03 +0.30 28.14	Daniëlle Vis	04 +0.34 29.82	
3. TriVia 1	TriVia	NED	1:52.40	+0.77
Esmée van Peer	02 +0.77 28.52	Rik Stahlie	02 +0.38 28.03	
Ilse Kramer	04 +0.30 31.48	Marc Kremer	90 +0.15 24.37	
4. Bubble 2	Bubble	NED	1:53.21	+0.69
Kevin Vermeulen	02 +0.69 26.87	Jorrik Kerdijk	96 +0.45 26.86	
Esmee Kloezen	02 +0.57 30.26	Marijke Drent	99 +0.50 29.22	
5. Neptunus'58 2	Neptunus'58	NED	1:56.76	+0.76
Nana Dekkers	02 +0.76 32.02	Jeroen van Dinther	97 +0.38 28.12	
Mirelle de Kort	00 +0.36 29.68	Rens Hoogenboom	04 +0.10 26.94	

100+, Gemengd

1. Blue Marlins 2	Blue Marlins	NED	1:47.58	+0.64
Babette van der Kaaij	99 +0.64 27.06	Stefan Petersen	94 +0.28 25.59	
Alisha Vieira	99 +0.51 28.01	Ferdy van Mastrigt	88 +0.52 26.92	
2. De Duck 7	De Duck	NED	1:53.40	+0.64
Noa de Bock	03 +0.64 29.80	Ryan van der Sluijs	01 +0.49 29.29	
Marcella van der Ent	96 +0.52 29.47	Jesper Oranje	92 +0.31 24.84	
3. Club Nautique Val de Fensch 1	Club Nautique Val de Fensch	FRA	1:54.10	+0.71
Gaspard Lammens	00 +0.71 27.53	Jean Terver	90 +0.47 27.52	
Lucie Terver	93 +0.44 30.32	Bénédicte Yax	98 +0.45 28.73	
4. ZOB'66 1	ZOB'66	NED	1:55.84	+0.71
Mart de Koning	02 +0.71 27.33	Daan Siebenheller	98 +0.26 26.62	
Nina Tourton	96 +0.15 31.35	Wendy de Bruin	92 +0.22 30.54	
5. ZPC Woerden 1	ZPC Woerden	NED	1:56.12	+0.66
Ian Terlouw	00 +0.66 26.03	Daphne Dols	99 +0.50 32.61	
Ilse van den Wijngaard	89 +0.25 31.19	Milan de Roo	01 +0.15 26.29	
6. Hydra 1	Hydra	NED	1:56.14	+0.67
Lisanne van Gennip	97 +0.67 31.56	Niek Kouwenberg	86 +0.01 27.33	
Silke van de Weijer	03 +0.49 30.12	Brian van Gennip	00 +0.49 27.13	
7. WS Twente 1	WS Twente	NED	1:59.58	+0.72
Lieke Stoker	03 +0.72 31.71	Romée Beverdam	01 +0.27 31.20	
Cars Wiegmann	94 +0.13 28.15	Sander Riezebos	94 +0.40 28.52	
8. Het Ravijn 1	Het Ravijn	NED	2:00.33	+0.79
Lotte de Vente	99 +0.79 33.40	William Kruihof	80 +0.38 27.65	
Lanco Manaf	04 +0.47 28.68	Ilse Valk	00 +0.43 30.60	
9. Niemo Barracuda 3	Niemo Barracuda	NED	2:02.53	+0.70
Tamara van den Brink	98 +0.70 32.20	Robin van Beusekom	92 +0.33 28.43	
Marijke Kommers	93 +0.42 32.06	Ids de Klerk	98 +0.47 29.84	
10. VZV Njord 6	VZV Njord	NED	2:05.72	+0.68
Jesper Pas	02 +0.68 28.31	Margot van de Rakt	93 +0.09 34.68	
Laura Folkers	01 +0.46 35.69	Luke van Elst	98 +0.49 27.04	
11. De Kempvis 1	De Kempvis	NED	2:09.75	+0.81
Kien Vuong	95 +0.81 32.02	Fleur Fikkers	01 +0.61 33.77	
Ingrid Johannes	89 +0.12 37.45	Daniel van der Sluijs	00 +0.14 26.51	
12. SBC2000 1	SBC2000	NED	2:12.65	+0.66
Nick Bongers	98 +0.66 27.58	Kim van Rossum	97 +0.40 38.93	
Leon Verschuren	93 +0.31 31.95	Coranda Vissers	97 +0.51 34.19	

Programmanr. 41, 4 x 50m vrije slag

120+, Gemengd

1.	Nuenen 1 <i>Kampioenschapsrecord</i>	Nuenen	NED	1:47.40	+0.71
	Lars Diesch	01 +0.71 25.41	Merel Phaff	01 +0.27 28.04	
	Koen Woestenborghs	88 +0.34 26.05	Anneloes Peulen	85 +0.29 27.90	
2.	Zwemlust- den Hommel 1 <i>Kampioenschapsrecord, voor startzwemmer</i>	Zwemlust- den Hommel	NED	1:48.54	+0.72
	Joan Kentrop	85 +0.72 24.80	Manon Kloosterman	97 +0.36 29.09	
	Matteo Viani	90 +0.38 25.67	Sophie Stekelenburg	04 +0.26 28.98	
3.	Aqua-Novio '94 1	Aqua-Novio '94	NED	1:49.88	+0.80
	Albert Boonstra	57 +0.80 28.23	Steven Uijl	93 +0.44 25.44	
	Natasja Sniijders	91 +1.61 28.55	Guusje van Lent	02 +0.28 27.66	
4.	De Amstel 1	De Amstel	NED	1:58.50	+0.71
	Iris Bastiaansen	99 +0.71 31.71	Iris van der Moolen	99 +0.45 30.65	
	Henri Michels	65 +0.43 30.79	Nick Sijmons	95 +0.12 25.35	
5.	Patrick-De Roersoppers (SG) 2 <i>*50m</i>	Patrick-De Roersoppers (SG)	NED	2:00.81	+0.79
	Senna Bongartz	03 +0.79 33.33	Koen Wijnands	98 +0.27 28.15	
	Pascalie Janssen	73 32.55	Max Martens	00 +0.40 26.78	
6.	De Rog 5	De Rog	NED	2:03.21	+0.75
	Vera Vergeest	02 +0.75 32.85	Dajenne Hurkmans	98 +0.60 31.22	
	Jasper Strijp	98 +0.29 29.22	Mark Kuin	71 +0.29 29.92	
7.	AZC 1	AZC	NED	2:04.57	+0.75
	Jessica Braat	02 +0.75 30.75	Patrick Brouwer	93 +0.55 29.04	
	Mariska Kroon-Zaal	88 +0.55 34.30	Ricardo van Dam	85 +0.72 30.48	
8.	De Marlijn (SG) 2	De Marlijn (SG)	NED	2:19.00	+0.74
	Fleur de Ridder	04 +0.74 33.97	Nasca van Dijk	03 +0.48 34.35	
	Michiel Verschueren	73 +0.30 36.54	Coen de Ridder	74 +0.42 34.14	
NG	ZPC AMERSFOORT 4	ZPC AMERSFOORT	NED		

160+, Gemengd

1.	De Treffers 1	De Treffers	NED	1:58.85	+0.74
	Tim van Grunsven	98 +0.74 26.45	Eric de Haas	65 +0.45 29.92	
	Nienke van Zoggel	90 +0.38 32.07	Miranda Pijnenburg	83 +0.36 30.41	
2.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED	2:00.09	+0.77
	Sandy Pleyte	75 +0.77 29.33	Jelita van Esseveld	98 +0.34 31.50	
	Marijke van Hoek	58 +0.19 34.93	Kalle van Gemert	98 +0.21 24.33	
3.	Neptunus'58 1	Neptunus'58	NED	2:02.39	+0.76
	Maarten vd Berkmortel	80 +0.76 29.17	Sandra Schellekens	85 +0.30 31.43	
	Rob van de Ven	71 +0.36 32.30	Selina Janssen	99 +0.42 29.49	
4.	TRB-RES 1	TRB-RES	NED	2:04.58	+0.86
	Juliska Coenders-Pejnenburg	90 +0.86 34.86	Edith Janssen-Koolen	73 +0.56 30.37	
	Bas Kremers	72 +0.54 31.26	Bjorn van de Goor	89 +0.31 28.09	
5.	San Giljan ASC 1 <i>Maltese Masters Record</i>	San Giljan ASC	MLT	2:11.24	+0.76
	Jonathan Gatt Colerio	81 +0.76 30.23	Petra Ellul Mercer	73 +0.06 39.13	
	Michela Scicluna	95 +0.27 33.66	Mark Sponeck	76 +0.52 28.22	
6.	AZC 2	AZC	NED	2:11.33	+0.69
	Wim de Lange	58 +0.69 34.33	Monique van Huizen	87 +0.35 30.05	
	Sandra Daamen-Posma	68 +0.52 38.02	Auke Sijperda	99 +0.52 28.93	
7.	MSV-Zeemacht 3	MSV-Zeemacht	NED	2:17.73	+1.06
	Annette van Dok	68 +1.06 42.24	Peter van Maurik	63 +0.33 32.49	
	Gerben Rozie	90 +0.28 31.81	Kyra Wesemann	02 +0.45 31.19	



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Programmanr. 41, 4 x 50m vrije slag

200+, Gemengd

1. De Biesboschzwemmers 7	De Biesboschzwemmers	NED	1:59.80	+0.75
Paul Wijinja	63 +0.75 30.15	Marjo Goelema-Koek	69 +0.35 30.24	
Henri Verschoor	70 +0.45 29.30	Anne-Marie Verschoor-Vos	81 +0.52 30.11	
2. PSV 7	PSV	NED	2:03.75	+0.84
Rogier Visser	73 +0.84 30.60	Gudule van der Meer	72 +0.56 31.60	
Tom Bandsma	77 +0.75 31.94	Carla Geurts	71 +0.21 29.61	
3. De Rog 3	De Rog	NED	2:07.20	+0.83
Regine Beckers-Stribos	70 +0.83 32.92	Wijnand Vergeest	68 +0.65 31.38	
Esther Vergeest	77 +0.35 35.21	Arjan Verheij	71 +0.39 27.69	
4. De Duinkickers 1	De Duinkickers	NED	2:11.60	+0.66
Marcel Brittijn	69 +0.66 31.34	Esther Poortvliet - Koedam	80 +0.60 31.61	
Robert de Brauwer	64 +0.53 31.47	Christine Buist	64 +0.72 37.18	
5. VZV Njord 7	VZV Njord	NED	2:23.83	+0.62
Francis Roosen	68 +0.62 29.34	Karin Sagonas-Koolen	70 +0.41 34.66	
Fabienne Verriet-Regensburg	75 +0.39 46.01	Jacques Verriet	70 +0.12 33.82	
6. De Duinkickers 2	De Duinkickers	NED	2:27.15	+0.93
Connor Elemans	91 +0.93 30.48	Inge Roskam	78 +0.38 34.34	
Mathieu Rikken	67 +0.34 30.10	Annet Verhoeven - Steggerda	46 52.23	
7. SWOL 1894 11	SWOL 1894	NED	2:35.81	+0.75
Christine Nieuwenhuis	51 +0.75 35.34	Peter van Velzen	78 +0.63 41.57	
Jessica van Velzen	76 +0.57 40.00	Maxim Hardziyenka	72 +0.77 38.90	
8. ESCA Zwemmen 4	ESCA Zwemmen	NED	2:46.84	+0.75
Paul Rutten	80 +0.75 34.39	Corra Smulders	66 +0.67 42.87	
Frank Kraus	60 +0.83 39.53	Marleen Robbers	66 +0.70 50.05	

240+, Gemengd

1. TriVia 2	TriVia	NED	2:16.13	+0.70
Jeroen Temme	72 +0.70 30.06	Hannie Poletiek	59 +0.42 38.07	
Margriet Pasma	55 +0.25 37.10	Theo Bakker	64 +0.52 30.90	
2. De Rog 4	De Rog	NED	2:28.83	+0.96
Sjoerd Van de Berg	54 +0.96 42.29	Katja De Beer	68 +0.82 34.21	
Ageeth Westenbrink	67 +0.81 39.76	Roy Le Clercq	64 +0.55 32.57	
3. GZC DONK 1	GZC DONK	NED	2:32.84	+0.88
Lia Bijkerk	60 +0.88 40.38	Nathasja Konijn	71 +0.81 40.09	
Peter Coffeng	57 +0.72 36.95	Pierre de Groot	64 +0.56 35.42	

320+, Gemengd

1. PSV 1	PSV	NED	2:58.71	+0.88
<i>Kampioenschapsrecord</i>				
Corrie Verhoeven	46 +0.88 39.42	Jan Nuijten	49 +0.79 39.43	
Lottie Geurts	35 +0.79 52.64	Rob Hanou	43 +0.79 47.22	